

**MS/HS PHYSICAL EXAMINATION FORM**  
[to be signed by physician and returned to coach]

For participation in the athletic program, a medical exam is required of all students.

ONE medical exam is sufficient while a student is enrolled in the Middle or High School at ASH.

The school recommends that students have annual checkups.

It is the parent's responsibility to notify the athletic department should there be any change in a student's health or if he/she sustains injuries.

PLEASE NOTE: All 5<sup>th</sup> & 9<sup>th</sup> Graders and all new students must have a physical.

**ALL 6<sup>TH</sup>, 7<sup>TH</sup>, 8<sup>TH</sup>, 10<sup>TH</sup>, 11<sup>TH</sup> AND 12<sup>TH</sup> GRADERS WHO HAVE BEEN ON AN ASH MIDDLE OR HIGH SCHOOL TEAM DO NOT NEED A NEW PHYSICAL.**

New students may use an examination from a previous school if it is less than six months old.

NAME OF STUDENT \_\_\_\_\_ has been examined and found physically fit to participate in athletics.

Physician's SIGNATURE \_\_\_\_\_

DATE: \_\_\_\_\_