Maverick Swim Club 11th Annual Winter Splash January 2 – 4, 2015 Sanction Number ILS15-0101

Meet Director	Entry Chairperson	Safety Chairperson	
	Sandy Carpenter	Marianne Torres	
TBA	1701 Quincy Ave, Suite 28		
	Naperville, Il 60540	Meet Referee	
	630-557-MAVS	David Garza	
	admin@mavswim.org		

Format: This is a Timed Final USA Sanctioned meet. 13-14 and 15 & Over events will be swum together but separated by age group for results.

Friday:	Warm-ups:	5:00 PM
	Meet Start:	6:00 PM
	Positive Check In closes:	5:20 PM
Saturday & Sunday AM	Warm-ups:	7:00 AM
	Meet Start:	8:00 AM
	Positive Check In closes:	7:20 AM
Saturday & Sunday	Warm-ups:	10:45 AM
MID DAY	Meet Start:	11:45 AM
	Positive Check-In closes:	11:05 AM
Saturday & Sunday PM	Warm-ups:	1:45 PM
	Meet Start:	2:45 PM
	Positive Check-In closes:	2:05 PM

Location: Metea Valley High School

1801 N. Eola Road Aurora, Il 60502

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than locker rooms or other designated areas is not appropriate and is prohibited.

Facility: The pool is a 25 yard, 8 lane facility with non-turbulent lane lines. The pool is 13 feet deep at the start going down to 8 feet at the turn end. The competition course has not been certified in accordance with 104.2.2C(4). There is also a 3 lane warm-up or cool-down pool which varies in depth from 3 feet to 4 feet 4 inches. An electronic Colorado Timing System will be used with touch pads and a readout board. The starting blocks conform to USA Swimming standards. Metea Valley High School and its pool are both handicap accessible and the school and school grounds are smoke free.

Rules and Safety: All current USA Swimming and ISI Rules and Regulations apply. ISI and USA Swimming safety rules will be strictly enforced.

Eligibility: All USA Swimming registered swimmers are eligible. All swimmers must be registered prior to entry deadline. Entries listed as "Registration applied for" will not be accepted. Registration forms can be obtained from the Illinois Swimming Office, 1400 E. Touhy Ave., Suite 245, Des Plaines, II. 60018. A swimmer's age as of January 2, 2015 will determine their age for the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with the requirement.

USA Swimming, Inc. Membership: Insurance regulations require that all swimmers, judges, starters, and referees be a current member of USA Swimming. It is each club's responsibility to register their swimmers, coaches, and officials. Swimmers, coaches and officials who are not current members of USA Swimming may not participate in the meet or be on deck.

Coaches: All coaches must be currently registered with USA Swimming and must continuously display their current USA Coach Member registration card at all times while on deck.

Entry Deadline: Entries will not be accepted by the Entry Chairperson before 9:00 A.M. on Monday, December 1, 2014. Email entries to the Entry Chairperson at admin@mavswim.org Hand deliveries and faxed entries will not be accepted.

Entries: All entries will comply with current USA Swimming and ISI Rules and Regulations. Current registration number, age, first name, middle initial, and last name must appear on all entries.

A completed and signed Summary Fee/Release Form and check for payment in full must be received within five business days of receipt of the e-mail. Checks are to be made payable to

the Maverick Swim Club. Failure to enclose all required paperwork shall be sufficient grounds for refusal of the entry.

The Maverick Swim Club will accept no responsibility for transmission errors of entries. It will remain up to the sender to verify receipt of entries.

Entries will be accepted at the admin@mavswim.org address only for the Meet Entry Chairperson.

Entry Fees: Entry fees are \$4.00 per individual event. Relay events are \$7.00 per relay. In addition, there is a surcharge of \$2.00 per swimmer to be charged and sent to Illinois Swimming, and another \$2.00 per swimmer facilities charge.

Entry Limitations: Deck entries will not be permitted. Swimmers may swim a maximum of 3 individual events, plus 1 Relay per session, with the exception of Friday evening. On Friday evening, swimmers 12 & under are limited to 1 event. The Maverick Swim Club reserves the right to limit the number of heats to conform to a four hour time line for each session.

Additional Limitations: The following events may be limited to the 4 fastest heats based on times submitted for entry: **Friday Evening**: 9-10 & 11-12 200 IM, Open 400 IM, 9-10 & 11-12 200 Free, and Open 500 Free. **Saturday & Sunday AM**: 9-10 100 IM, 9-10 & 11-12 100 Fly.

A 1650 Free will be offered. The top 24 qualifying times for girls and the top 24 qualifying times for boys will swim (fastest to slowest). Should limitations be necessary, a copy of those sessions, including the 1650 session, will be sent to each team so that affected swimmers may be notified.

Events: In accordance with USA Swimming Rules; Articles 105 and 202.1.13, the meet referee has the authority to accommodate swimmers with disabilities. It is the responsibility of the coaches and/or swimmers to contact the meet referee prior to the competition with specific requests.

Positive Check In: All events will be Positive Check In, timed finals. If a swimmer fails to check in, The Maverick Swim Club cannot guarantee they will be able to compete in any or all events. A separate positive check-in for the 1650 Free will be held beginning a 4:00 PM. The 1650 positive check-in will close 40 minutes prior to the first heat of that event. **All swimmers in the 1650 must provide 2 timers and a lap counter to be able to swim.**

Seeding: All events will be timed finals, swum slowest to fastest. Short course 25 yard times should be submitted for entry purposes. Any swimmers with non-conforming times or no times will be seeded in the slowest heats.

Relay Events: Printed relay cards will be available in the coaches' packets. Coaches are to list the relay swimmers' last names and first initial on the card. All cards must be returned to the scorers' table.

Awards: Awards will be given to all 12 & Under swimmers, 1st through 8th place. Relays will be awarded 1st through 3rd place.

Admission: Admission will be charged.

Concessions: Concessions will be available for purchase for swimmers and their families throughout the meet.

Meet Results: Results will be sent to Illinois Swimming, each participating team, and full results will be posted on the Maverick Swim Club web site.

EVENTS

Friday Night

Girls		Boys
1	9-10 200 IM	2
3	11-12 200 IM	4
5	Open 400 IM	6
7	9-10 200 Free	8
9	11-12 200 Free	10
11	Open 500 Free	12
	Saturday Morning	
13	9-10 100 Free	14
15	8 & Under 50 Free	16
17	9-10 50 Breast	18
19	8 & Under 25 Butterfly	20
21	9-10 50 Back	22
23	8 & Under 25 Breast	24
25	9-10 100 Butterfly	26
27	8 & Under 100 Freestyle Relay	28
29	9-10 200 Freestyle Relay	30
	Saturday Mid Day	
31	11-12 100 Free	32
33	11-12 50 Breast	34
35	11-12 100 Butterfly	36
37	11-12 50 Back	38
39	11-12 200 Freestyle Relay	40
	Saturday Afternoon	
41	Open 200 Butterfly	42
43	Open 200 Freestyle	44
45	Open 100 Breast	46
47	Open 50 Freestyle	48
49	Open 200 Back	50
51	Open 200 Freestyle Relay	52

Saturday Evening

Women's 1650 Freestyle

97

	Sunday Morning	
53	9-10 100 IM	54
55	8 & Under 25 Free	56
57	9-10 100 Breast	58
59	8 & Under 25 Back	60
61	9-10 50 Free	62
63	8 & Under 100 IM	64
65	9-10 50 Butterfly	66
67	8 & Under 100 Medley Relay	68
69	9-10 100 Back	70
71	9-10 200 Medley Relay	72
	Sunday Mid Day	
73	11-12 100 IM	74
75	11-12 50 Free	76
77	11-12 100 Breast	78
79	11-12 50 Butterfly	80
81	11-12 100 Back	82
83	11-12 200 Medley Relay	84
	Sunday Afternoon	
85	Open 100 Butterfly	86
87	Open 200 IM	88
89	Open 100 Free	90
91	Open 100 Back	92
93	Open 200 Breast	94
95	Open 200 Medley Relay	96
	Sunday Evening	
	Men's 1650 Free	98

CONTROLLED MEET WARM-UP and SAFETY GUIDELINES

To be posted at all ISI Sanction/Approved competitions

A. WARM-UP PROCEDURES

- General Warm-up (first 30-45 minutes)
 - a. NO DIVING allowed from the blocks or edge of pool. Swimmers must enter the pool feet first, while maintaining contact with the deck with the body and a hand from the start end of the pool.
 - No sprinting or pace work allowed during this general warm-up session.
 - c. Entry into pool from starting end of pool only, unless noted otherwise by the meet director and meet referee.
- 2. Specific Warm-up (last 30-45 minutes)
 - Push/Pace Lanes Push off one or two lengths from starting end. Circle swim only. NO DIVING.
 - b. Diving Lanes Sprint lanes for diving from blocks or for backstroke starts in specified lanes at designated times. (One length only)

 c. General Warm-up Lanes - NO DIVING. Circle swim only.

 - d. At approximately half way through diving and push/pace, additional lanes may be opened at the request of the coach.

POOL	LANE USE		
	PUSH/PACE	DIVING	GENERAL WARM-UP
6 LANE	186	2&5	3,4
8 LANE	1&8	28.7	3,4,5,6
10 LANE	1&10	2&9	3,4,5,6,7,8

B. SAFETY GUIDELINES

Coaches Responsibilities

- a. Coaches shall instruct their swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
- b. Coaches shall actively supervise their swimmers throughout the warm-up session at meets and all practices.

2. Host Team Responsibilities

- Marshaling
 - 1) A minimum of two (2) marshals, who report to and receive instructions from the Meet Referee, shall be on the deck during the warm-up session.
 - Marshals shall be current members of USA Swimming.
 - 3) Marshals shall have the authority to remove from the deck, for the remainder of the warm-up session, any swimmer or coach who is in violation of safety or warm-up procedures.
- b. The host team shall provide signs for each lane at both ends of the pool, which indicate the designated use during warm-up.
- c. Warm-up times and lane assignments shall be published in the meet information and posted at several locations around the pool area. The following statement shall appear in the information: "Illinois Swimming, Inc. Safety Guidelines and Warm-up Procedures will be in affect at this meet.
- d. An announcer shall be on duty for the entire Warm-up session to announce lane and/or time changes and to assist with the conduct of the Warm-up.
- e. Hazards in locker rooms, on the deck area or in areas used by coaches, swimmers, spectators, or officials shall be removed or clearly marked.

3. Miscellaneous:

- a. Backstrokes shall ensure that they are not starting at the same time as a swimmer on the blocks.
- Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- c. Swimmers are required to exit the pool upon completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- Warm-up procedures shall be enforced for any breaks scheduled during the competition.
- e. The Referee may restrict use of bands, hand paddles, or fins during warm-up. The Referee shall have control over mitigation actions necessary to relieve situations deemed as dangerous or impairing the safety of other swimmers.

NOTE: Host clubs may, with the consent of the Meet Director and Meet Referee, modify the warm-up time schedule or recommended lane assignments depending on pool configuration, number of swimmers or other consideration, so long as safety considerations are not compromised. Any such changes shall be announced, and/or posted prominently in the pool area.

Effective: November 3, 2004

11th Winter Splash January 2-4, 2015 Sanction Number: ILS

Summary and Release Form

This competed and signed summary of fees and release form, including a check made payable to Maverick Swim Club must be received no later than December 8, 2014.

Maverick Swim Club 1701 Quincy Ave Suite 28 Naperville, Il 60540

Name of Club:	LSC Club Code
Name and Contact Information of Person	n Submitting Entry:
	Email:
Phone Number:	
	X \$4.00
Number of Relay Events	X \$7.00
Number of Swimmers	X \$4.00
	Total Fees
rights and claims for damages which may accrue agair Club; Naperville School District 204; or their represent any contestant or representative in said meet as a	ending to be legally bound, hereby consign, waive, and release any and ast United States Swimming Inc.; Illinois Swimming, Inc.; Maverick Swim atives, employees, or successors, for any or all injuries suffered by me our athletes included in this entry and participating in this sanctioned of USA Swimming.
Signature:	Date:
(Coach, Club Representative, o	