

Forms Kit

March 2014 - February 2015

Open Enrollment Instructions 2014

The open enrollment period for the March 1, 2014 to February 28, 2015 plan year is occurring now! During this period, employees can elect new coverage, terminate and/or change their current coverage options. Changes made during the open enrollment period will be effective March 1, 2014. Changes made outside this period are only allowed due to a qualifying life changing event such as marriage, divorce, the birth or adoption of a child, and loss of other health coverage. Forms must be submitted within 30 days of a qualifying event. The forms below are required for the benefits plan year of 2014, which begins on March 1. All employees must complete the Payroll Deduction Authorization form for this year by 02/24.

- 1. To facilitate the open enrollment we will be using ADP. Once you log onto ADP, click on the benefits tab and then click on review change benefits. The wizard will then walk you through your benefit selections.
- 2. Because this is the first year using the ADP system, please complete the **2014 Employee Benefits**Payroll Deduction Authorization Form: EVERY EMPLOYEE MUST complete this page. If you choose not to elect a line of coverage, please circle "Waive". For ease, you can either email the form to benefits@foxholetechnology.com or fax it to 703-877-0266.
- 3. Anthem Medical: The attached forms should be used to enroll in Medical coverage for the POS and PPO plans.
 - If you have **no changes** to make to your current plan, you **do not** need to complete the Employee Health Enrollment application.
 - If you are electing Medical coverage for the first time you must complete the Employee Health Enrollment application.
 - If you are making any plan changes (switching plans, enrolling dependents, etc.) You must complete the Anthem Member Change Form.
- 4. <u>Discovery Benefits Flexible Spending Account</u>: Foxhole Technology offers 3 types of flexible Spending accounts:
 - Medical FSA
 - Dependent Care
 - Qualified Transportation Plan

The ADP benefits wizard will walk you through these benefits selections. If you chose not to elect, please Decline this coverage.

If you have any questions please do not hesitate to call (301) 921-7804 or contact:

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2014 Employee Benefits Payroll Deduction Authorization

- 11						
EMPLOYEE INFORMATION						
EMPLOYEE NAME:	EMPLOYEE NAME:					
I elect the following benefits and designate the following amount for each benefit I have selected for the March 1, 2014 through February 8, 2015 Plan Year. Foxhole and I agree that my pay will be reduced by the amounts set forth below for each pay period (24) and plan year.						
Medic	cal Coverage - Anthem					
	POS	PPO				
Employee Only	□ \$33.99	□ \$63.45				
Employee & Spouse	□ \$85.68	□ \$155.45				
Employee & Child	□ \$52.25	□ \$94.80				
Employee & Children	□ \$77.76	□ \$141.08				
Employee & Family	□ \$117.99	□ \$214.09				
□ Waive						
IS THIS A CHANGE IN COVERAGE FROM LAST YEAR?						
Waiver of Participation: I certify that I am covered for health benefits under another plan, and therefore waive my right to be covered under the group health plans offered by iBEN. I understand that if I wish to participate at a later date, I may be required to furnish a HIPAA certificate of prior coverage as a condition for coverage or I may have a waiting period for any pre-existing conditions. My coverage is provided through (Carrier Name):						
My coverage is provided through (Carrier Name):						

FLEXIBLE SPENDING ACCOUNTS CARRIER						
	Salary Reduction Per Pay	Nun	nber of Pay Period	s A	Annual Election	
☐ Dependent Care FSA	·	Х	24	= _	•	
(Maximum of \$5,00	0 per household) Benefit available	for fam	ilies with both paren	ts working or a	ttending school	
☐ Medical Expense FSA	·	Х	24	=	·	
	(Maximu	m of \$2	,500)			
□ Parking FSA	·	X	24	= _	·	
	(Parking – Monthly	Maximu	ım Pre-tax \$250)			
☐ Transit FSA	··	X	24	=	••	
	(Transit – Monthly I	Maximu	m Pre-tax \$130)			
☐ I waive participation i	n the Flexible Spending Accoun	t				
	ALL E	BENEFI"	ΓS			
I understand and agree	I understand and agree that the deductions I have requested above will be deducted from my paychecks pre-tax in accordance with the company's Section 125 Plans.					
	2014 REQUIRED	FEDEF	RAL NOTICES			
Patient Protection and A Designation of Primary Coverage for Obstetric of	xisting Condition Exclusion Affordable Care Act Notices Care Providers or Gynecological Care	□ 0 □ N □ S	ummary of Benefit Grandfather Status Medicare Part D pecial Enrollment Vomen's Health an	Disclosure Notice Id Cancer Righ	nts Act	
☐ Prohibition on Rescissio	ns		lewborn Mother's	Health Protec	ction Act	
	:			ate:		
Ticase print your run name	•					

EMPLOYEE HEALTH ENROLLMENT APPLICATION (Group Size 15+) Please PRINT in ink and return to your employer. Use extra sheets of paper if necessary. The Primary Care **APP** Physician (PCP) listings of Anthem and its affiliated POS company can be obtained through www.anthem.com. EMPLOYER/GROUP USE ONLY Group Name **Group Number Effective Date** M D Date of hire Full time hire date # Hours working per week Date of eligibility for coverage Position/Title Employee's Social Security #: 1. CHECK COMPANY(S) AND WRITE IN PRODUCT THAT APPLIES. APPLICATION COMPLETED FOR: ☐ Anthem Blue Cross and Blue Shield (PPO). HealthKeepers, Inc. (POS) Note for Lumenos Health Savings Account (HSA) enrollees: If you enroll in an Anthem Lumenos HSA plan, Anthem will facilitate the opening of a Health Savings Account in your name, if directed by your employer. **Coverage Option** If your employer/group offers POS coverage which does not permit you to receive the full range of covered services from the provider of your choice, you will also have the option at the time of your initial enrollment and at each renewal to choose a health care plan allowing you to access care from the provider of your choice ("point-of-service" plan). This point-of-service plan may be offered by the HMO. Anthem Blue Cross and Blue Shield or by another carrier. 2. REASON FOR APPLICATION (Check as many as apply) Marriage Initial enrollment ☐ Annual open enrollment Date of marriage: L New hire Loss of eligibility for other coverage Rehire – Date of rehire: L Date previous coverage ended: ☐ COBRA – Qualifying Event: Birth of child Event Date: L ■ Add Dependent* Date of adoption/placement for adoption, court order or legal appointment: -*If adding a dependent due to adoption, placement for adoption, medical child support order, legal appointment (such as quardianship), legal documentation must be attached to the enrollment application. 3. TYPE OF COVERAGE/PLAN **Health Coverage Vision Coverage** Employee and One Child Employee Only Voluntary Vision ☐ Employee and Children ☐ Employee and Spouse (type of coverage must match health coverage) ■ Employee and Family **4. EMPLOYEE INFORMATION*** (Please refer to Definitions of Eligibility, Section 9) * If applying for coverage that requires a Primary Care Physician (PCP), list the PCP name, PCP number and address. Date of birth (MM/DD/YYYY) Sex: Social security # □м □ F M.I. Last name First name Street address (Please include Apt. #) City State Zip Daytime phone (with area code) Evening phone (with area code) Émail address Anthem PCP ID number* Anthem PCP name* (please provide first and last name)

Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia. Anthem Blue Cross and Blue Shield and its affiliated HMO, HealthKeepers, Inc., are independent licensees of the Blue Cross and Blue Shield Association. ®ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association. 490773 (7/12) 301704

PCP Address

Current patient?

5. FAMILY INFORMATION* (If electing Employee Only q	overage, skip to Sec	ction 6)	
*If applying for HMO or POS co	verage, list the PCP name and	PCP number. Each fo	amily member may select a different I	PCP.
Please indicate the relationship b	petween you and each depende of adding a newborn for which	ent and provide the soc their social security n	ate sheet and attach it to the applicat cial security number and date of birth number is not available, please compl tained.	for each
Relationship to applicant	Social security #		Date of birth (MM/DD/YYYY)	Sex:
□Spouse □Domestic Partne		. – , , , ,		□м□ғ
Last name		First name		M.I.
				1 1
Anthem PCP Name*			Anthem PCP ID #*	
Francis and the same				
Email address				
Anthem PCP Address			Current patient?	
l			□Yes □No	
Relationship to applicant	Social security #		Date of birth (MM/DD/YYYY)	Sex:
☐ Child		. –		□м□ғ
Last name		First name		M.I.
				1 1
Check all that apply:				
Child is covered by non-cus				
☐ Child is over age 25 and dis	abled/handicapped prior to a	age 26 (attach physic	cian certification)	
Anthem PCP Name*			Anthem PCP ID #*	
Email address (optional – depe	ndent must be age 18 or old	er)		
Anthem PCP Address			Current patient?	
Anthem 1 of Address			□Yes □No	
Delationalis to applicant	Coolel coording #			Com
Relationship to applicant	Social security #		Date of birth (MM/DD/YYYY)	Sex:
☐Child Last name		First name		<u> </u>
Lastriane		Tilotilanie		
Check all that apply:				
☐ Child is covered by non-cust	todial parent due to medical	child support order ((attach documentation)	
☐ Child is over age 25 and dis	abled/handicapped prior to a	age 26 (attach physic	cian certification)	
Anthem PCP Name*			Anthem PCP ID #*	
Email address (optional – depe	ndent must be age 18 or old	er)		
				1 1
Anthem PCP Address			Current patient?	
1 , , , , , , , ,			☐Yes ☐No	

IF NO DEPENDENTS, PLEASE SKIP TO QUESTION 6 ON PAGE 3

Relationship to applicant	Social security #	<u> </u>	Date o	f birth (MM	/DD/YYY	Y)	Sex:
☐Child					1		□м□ғ
Last name		First name					M.I.
Check all that apply:					`		
Ī	odial parent due to medical child s				on)		
•	bled/handicapped prior to age 26	(attach physic					
Anthem PCP Name*				Anthem Po	CP ID #*		
Email address (optional – depen	dent must be age 18 or older)						
	to the state age 10 of older)		1 1	1 1	1 1	1 1	1 1
Anthem PCP Address				Current pa	tient?		
				☐Yes ☐N	lo		
Relationship to applicant	Social security #		Date o	f birth (MM	/DD/YY\	Y)	Sex:
		1 1 1		1 , 1		,	□м□ғ
Last name		First name				· · ·	M.I.
			1 1	1 1	1 1	1 1	1 1
Check all that apply:							
_	odial parent due to medical child s				on)		
☐ Child is over age 25 and disa	bled/handicapped prior to age 26	(attach physic	cian certi	fication)			
Anthem PCP Name*				Anthem Po	CP ID #*		
Email address (optional – depen	dent must be age 18 or older)						
Anthem PCP Address				Current pa	tient?		
, , , , , , , , , , , , , , , , , , , ,				☐Yes ☐N			
6. TELL US ABOUT YOUR OT	HER INSURANCE						
	MO that you or your family members on on a separate sheet and attach it t			vithin the pa	ıst 24 moi	ıths incli	ıding
Other carrier/plan name	in on a sepanoire sincer and another in	Policy/ID nur					
- Carlet Garrien plan riame		i olioy/ID IIdi	IIIOCI				
T							
	ease indicate whom this coverage		heck all	that apply):			
▎	Self □Spouse □All Children	Las	st Name			Fire	st Name
Do you intend to continue this	coverage? □Yes □No						
If no, please provide cancellati	_						
If yes, please provide the follow	•						
Address of other coverage							
						<u> </u>	1 1
City				St	ate Zip		
Dhono number of other corrier/s	lon Policy holder name	/Loot First NA	1.\		1	1 1	1 1
Phone number of other carrier/p	lan Policyholder name	(Lasi, Misi, M	.1.)				
Policyholder's date of birth Ty	no of coverage:			1 1			
	pe of coverage:	nouranea	īNas Cs	oup Incurs	200		
	Health □Dental □Group li	isurance 🖵	INOU GL	oup Insurai	ICE		

				Dogo 4 of 4	
				Page 4 of 4	
7. MEDICARE COVERAGE					
If you or your dependents are enrolled in Mo sheet and attach it to the application.	edicare Part A, B & L	Complete the following	ing. List additional de	ependents on a separate	
		First a suss		NA 1	
Last name of covered person		First name		M.I.	
HIC#	Medicare Part A	Medicare Part B	Medicare Part D	65 or over:	
1110 11	Effective date	Effective date	Effective date	□Working □Retired	
				<u> </u>	
Reason for Medicare Entitlement: □Age □Disability □End Stage R	Renal Disease (ESR	RD) □ESRD & D	Nicability		
	teriai Disease (ESK	.D) GESKD & D	nsability		
8. DEFINITIONS					
Eligible employee:					
 An active employee of the Group as defined by the employer and a 	Policyholder who w	orks the number of	hours per week to b	be eligible for benefits	
state or federal wage tax reports.	Sproved by Anthein	as of the effective t	uate. Employment i	nust be verillable ironi	
 An employee, as defined above, w 					
the group imposed waiting period Any other class of persons identifi	tor eligibility (if any)) and applies for cov	verage within 31 da	ys. val of their eligibility is	
obtained from the HMO or Anthen	n Blue Cross and B	lue Shield; or	a that written approv	var or their engionity is	
Employees eligible for continuous	coverage under sta	ate or federal laws,	e.g. COBRA.		
 To become an eligible employee, a director or officer of a corporate Group must meet the same requirements as other employees of the Group Policyholder. 					
 Independent contractors (those will 	hose wages are rep	orted on IRS Form	1099) are consider	ed to be self-employed	
and are not eligible for group coverage.					
Eligible dependent:	00				
 Employee's spouse, or children age 26 or younger, which includes a newborn, natural child, or a child placed with the employee for adoption, a stepchild or any other child for whom the employee has legal guardianship or court 					
ordered custody. The age limit for	enrolling a child is	age 26. Coverage	for children will end	on the last day of the	
month in which the children reach	age 26.	llmont or maintainin	a annallment of an	upmarried shild who	
 The age limit of 26 does not apply cannot support himself or herself 	because of mental	retardation, mental	illness, or physical	incapacity that began	
prior to the child reaching the age	limit. Coverage ma	av be obtained for tl	he child who is bey	ond the age limit at	
the initial enrollment if the employee provides proof of handicap and dependence at the time of enrollment. (The employee may be asked to provide a physician's certification of the dependent's condition.)					
Dependents eligible for continuous coverage under State or Federal laws, e.g. COBRA.					
9. EMPLOYEE CERTIFICATION (Please date and sign this certification.)					
I certify that I have read or have had read to me the completed application, and I realize any false statement or misrepresentation in the application may result in loss of coverage under the policy.					
• For Lumenos Health Savings Account enrollees: Except as otherwise provided in any agreement between me and					
the financial custodian, the custodian of my Health Savings Account (HSA), I understand that my authorization is					
required before the financial custodian may provide Anthem with information regarding my HSA. I hereby authorize the financial custodian to provide Anthem with information about my HSA, including account number, account balance					
and information regarding account					

- revoke my authorization at any time.
- If the Company checked on page 1 of this application is Anthem Blue Cross and Blue Shield (Anthem), I understand that if false or misleading information is discovered within two years after the effective date of my coverage, Anthem may void my coverage without advance notice and refund my premium (less any claims paid) back to the effective date shown on this application, or may adjust the group's premium retroactively to my effective date. If the amount of benefits paid by Anthem exceeds the premiums paid, I agree to refund the excess amount to Anthem.
- If the Company checked on page one of this application is HealthKeepers, Inc., I understand that the health maintenance organization (HMO) may cancel my coverage with 31 days advance written notice of termination if it finds, within two years of the effective date of my coverage, that I misrepresented information on this application.

The employee, and any person authorized to	act on behalf of the employee	e, is entitled to receive a c	opy of this form and
will be provided with a copy upon their reque	st.		

wiii be provided with a	a copy upon their request.	
Employee Signature		. Date

Member Change Form

Instructions: Please complete in ink and return to your employer. Use extra sheets of paper if necessary. Anthem's Primary Care Physician (PCP) listings can be obtained through www.anthem.com. **MCF** IF ADDING AN ELIGIBLE DEPENDENT PLEASE COMPLETE ENROLLMENT APPLICATION. GROUP INFORMATION – This section should be completed by Group Administrator (if applicable) ☐ HealthKeepers, Inc. (POS) Effective date of change ☐Priority Health Care, Inc. (HMO) (subject to plan guidelines) ☐Peninsula Health Care, Inc. (HMO) ☐Anthem Blue Cross and Blue Shield (Par/PPO) Group Name **Group Number** Dav Year Mο **MEMBER INFORMATION** (please print or type) Member identification number (Please provide information as shown on your ID card): Last name First name M.I. Personal Data Change ☐ Name Change (employee only) Address Change (Please check the appropriate boxes and complete only those Name Correction (employee & dependent) Phone Number Change items requesting to be changed as of the effective date noted above. Social Security Number Correction For social security number, attach appropriate documentation.) New name - Last name First Name M.I. New address - Street Apt. # City State Zip New daytime phone (with area code) New evening phone (with area code) Correction of social security number ☐ Change in Type Remove all dependent(s) ☐ Remove child (please provide child's last and first name): of Membership ☐ Remove spouse Member's first name Current physician New physician Current patient? ☐ Yes □ No ☐ Yes 🖵 No ☐ Yes □ No Divorced Cancellation of Coverage Left organization ■ Moved out of service area Deceased **Authorization** I authorize the changes, as shown above, to be made by the requested effective date. I authorize my employer to make changes in payroll deductions if required by the health coverage changes I have made. I understand that these changes are effective only after they are accepted by my employer and received by the health care company. Member signature Date Home Telephone Employer or Group Administrator signature (if applicable) Date Telephone