

Summer Kids Kamp



**SUMMER DAY CAMP FOR
AGES 5-12!**

Outdoor adventures, field trips & friends!



Cameron Park Community Services District
2502 Country Club Drive
Cameron Park, CA 95682
(530) 677-2231

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**KIDS DAY CAMP
OFFERS 10 WEEKS OF
SUMMER FUN!**

Camp Hours:
Monday thru Friday
7:30am-5:30pm

Fee: \$160/week

T-Shirts:
Included or
\$10 for an extra shirt

Sibling Discount:
\$10 off EACH child for
2 or more siblings

Wednesday:
Field Trip day!!!
Camper T-shirt required.

To register, visit or call:
www.cameronpark.org
**Cameron Park Community
Services District Office
(530) 677-2231**

Dates	Theme	Description	Fieldtrip
Week 1 June 1-5	Get This Party Started!	Join us this summer for arts & crafts, games, music, swimming, etc!	Folsom Lake Bowl
Week 2 June 8-12	Fear Factor	Campers get out of your comfort zone & try new games or a fast slide down the water slide. Create new and fun memories!	Sky High
Week 3 June 15-19	Wacky Tacky Week	Each day will have a wacky theme-- crazy hat day, inside out day, silly games & costumes!	Monster Mini Golf
Week 4 June 22-26	Summer's Super Heroes	Calling all Kid Super Heroes! We need your help to celebrate our local heroes.	State Capitol
Week 5 June 29- July 3	Kids-Kamp's Got Talent!	The spotlight is on. Show off your shining talent! Lip synch, act out a skit, etc. Show camp what you've got.	Roller King, Roseville
Week 6 July 6-10	S'mores & The Great Outdoor	Celebrate the great outdoors with activities based around a traditional camp setting.	Marshall Gold Disc. Park
Week 7 July 13-17	Around The World in 5 Days	Grab your passport, get ready to discover other countries & traditions!	EDH Regal Theatre
Week 8 July 20-24	Buggin' Out	Put on your hiking shoes as we explore the lake & nearby areas for hands-on fun with	Berry Heaven, USA
Week 9 July 27- 31	Back to the Future	Explore the past, future and get ready for a week of fun that is out of this world.	Discovery Museum
Week 10 August 3-7	Making Waves	Nobody will stay dry this week. Get ready for some wet & wild fun with all the water games!	Sac. State Aquatic Center

General Program Information

Summer Kids Camp spends the majority of the time outdoors at Cameron Park Lake and the Community Center. Children participate in a variety of activities including sports, arts & crafts, and games in group rotations throughout the morning. Each afternoon is filled with swimming at Cameron Park Community Pool or Cameron Park Lake. Every Wednesday are field trips**. There are also occasional camp-wide activities and contests that fit each week's theme.

** There is no additional cost for field trips **BUT** Camper T-shirts must be worn, extras can be purchased for \$10 each. (This helps staff easily identify campers.)

The general daily schedule is as follows:

7:30-8:30am	Check-In and Small Activities
8:30-9:30am	Arts and Craft Activity
9:30-9:45am	Staff introductions, rules & announcements
9:45-10:15am	Snack time and Apply Sunscreen
10:30-11:45am	Activity
11:45-12:00pm	Sunscreen
12:00-12:45pm	Lunch
12:45-1:00pm	Transport or Gym Game
1:30-3:00pm	Swimming
3:00-3:15pm	Prepare to leave pool area
3:15-3:45pm	Snack
3:45-4:15pm	Arts and Craft or Game
4:15-5:30pm	Game or Craft
5:30pm	Camp Day ends

We will spend Monday and Thursday afternoons at the lake, as well as all day on Fridays.

Drop-Off/Pick Up Location

Drop Off Location: Refer to the weekly schedule that you receive to determine where to pick-up and drop off your child. When drop off is at the lake, you will need to bring and sign-in your child inside the Gazebo. Please remind your child to check-in each morning.

Pick Up Location: Pick up your child in the Gazebo at Cameron Park Lake or the Classroom located next to the Gym at the Community Center. Park in the parking lot by the restrooms at Cameron Park Lake and the main parking lot at the Community Center. **You or someone on your child's authorized pick up list must check out your child each day.** Anyone picking up a child must be over 18 and have a valid Driver's License and be on the list. No phone calls or notes allowed. A late pick-up fee of \$1 per minute will be assessed so be sure to pick up on time!

Early pick-up: Please contact us at (530) 677-2231. Children are involved in activities throughout the park and CSD and we may be able to save you time with advance notice by letting the staff know the child will be picked up early; be sure to check out with Camp Staff before departure.

Kids Summer Day Camp
Cameron Park Community Services District
2502 Country Club Drive • Cameron Park, CA 95682
(530) 677-2231 • FAX (530) 677-2201

Thank you for enrolling your child in the Cameron Park Kids Summer Day Camp program. Please familiarize yourself with this packet and return the following **TWO FORMS** to the Cameron Park Community Center office at 2502 Country Club Drive, Cameron Park, 95682 or give to the Camp Director in the morning when you arrive for camp. Every child **MUST** have these forms on file in order to be left under the supervision of the Camp Staff. If you have any questions, please contact the CSD at (530) 677-2231.

- Information Form
- Waiver Form

Registration Information

- You may register for a single week session or multiple sessions at one time. We will not hold spaces without payment, and may decline registration for safety reasons if the Staff/Camper ratio has reached its maximum. **PLEASE REGISTER YOUR CHILD NO LATER THAN THE THURSDAY BEFORE THE CAMP SESSION BEGINS.** This allows us to have a more accurate count of campers and the amount of staffing needed for the week.
- **Children must be registered, and all paperwork completed, before the child is left in our care.** Please allow yourself extra time to complete it on-site if you have not returned it prior to the first day of camp.
- This is a recreation program run by the Cameron Park Community Services District. Our staff is trained exclusively for summer day camp. We are not a licensed child care facility or a day care program.
- Program hours are 7:30am - 5:30pm.
- Be aware that **photos may be taken** of this program for publication in our activity guide, Facebook page, website and other promotional use. Please note on your child's information form if you object to your child's photo being used.
- **SWIM LESSONS – We can escort children to or from swim lessons or other park activities when we are on-site.** Sierra Sharks Swim Team members may be signed out of camp by a coach under the discretion of the swimmer's parent. Please inform staff ahead of time and if we are not at the Community Center we will **NOT** transport children to the Community Center for Swim Lessons.

Refund Policy

We will issue refunds under the following circumstances:

- *Dissatisfaction with the program for first-time campers:* We are proud of our program, and believe it to be of high quality. However, we know not all programs are right for every child. If you have any questions or concerns, please contact the Recreation Coordinator immediately at (530) 677-2231. We can address any issues and will discuss further if this program is ultimately the right fit for your child.

- *Cancellation prior to the start of the session:* If you cancel prior to the start of the session, you will receive a full refund, minus a \$5 administrative fee. If you cancel after the first day of the session, you will receive a pro-rated refund.
- *Serious illness of camper or death in the family:* provided the CSD is notified within two days of the absence.

PLEASE NOTE: Refunds will NOT be given for missed days or for suspension.

Pro-Rated Policy:

Pro-rated fee will be \$39 per day. You must contact our front office in order to receive pro-rated rate. However, a \$20 charge will be added to the pro-rated amount on field trip days (generally Wednesdays).

Please review the following with your child prior to the first day of camp.

Camp and Program Rules:

1. Follow directions; listen to, respect, and cooperate with others. Respect the park, facilities, and animals.
2. Keep one foot on the ground at all times; NO TREE CLIMBING!
3. Keep rocks and all “ground stuff” on the ground. Do not throw things.
4. Get permission before leaving your activity area. Always use the “Buddy System”.
5. You must wear shoes at all times at camp, except while swimming.
6. Do not bring cell phones, toys or valuables from home.
7. Leave the geese ALONE at Cameron Park Lake.

Pool Rules:

1. No running on the pool deck.
2. No horseplay or roughhousing in the pool area. Do not push people into the pool.
3. You may not leave the pool area until your group leaves or you notify the rec. leader.

Behavioral Policies

Inappropriate behavior will be addressed promptly. The situation will be discussed by the staff and the participant(s) involved. The parent(s) of the child(ren) may be contacted.

The following format is used:

- | | |
|-------------|---|
| 1st offense | Warning |
| 2nd offense | Removal from activity & loss of pool time for that day. |
| 3rd offense | Removal from activity; child speaks to Recreation Coordinator, parent may be contacted. |

Possible consequences include a time out from group activities, loss of some pool time, loss of special activities, suspension from field trip, or having to write a letter home. Should you receive one of these letters, please discuss the incident with your child, sign the letter (so we know you received it), and return it to camp the next day.

Further offenses may result in the child being sent home, suspended from one or more full days of camp. If the behavior is such that the child is a danger to himself or others, or is interfering with the program, you will

be asked to pick up your child from camp immediately. NO REFUNDS will be issued for children missing camp due to behavioral incidents.

Physical aggression or violence is addressed as follows:

- 1st offense Removal from activity, speak to Recreation Coordinator, parents will be called. If the child is uncooperative, violent, or disrespectful of staff, the child will be sent home.
- 2nd offense Suspended from the field trip, may also be suspended additional full days of camp.
- 3rd offense Permanent removal from program.

The actions taken by staff will be governed by the age of the child and the behavior. If the staff feels the child is a danger to him/herself or others, he or she will be immediately suspended from the program. Our program is recreational in nature; staff is not trained in psychological or behavioral disorders. Staff will attempt to work with the child and parents within reason, however the safety of all the children and our staff is paramount. No child will be allowed to participate if he or she threatens the safety of others.

Electronics and Cell Phones

- We are not responsible for lost, damaged or stolen belongings. Toys or valuables are not recommended for camp.
- **Cell phones are not allowed at camp.** If a cell phone is a necessity, phones must be left in backpacks during camp hours. Staff members have access to District phones if parental contact is mandatory. Continual program disruptions by cell phones will result in the phone being turned in to the Director for parent pick - up.

The Staff

We are very proud of the quality of staff we have assembled for this program. Our staff is hired and trained specifically for these leadership positions. To be considered for a Camp Recreation Leader position, an applicant must be a minimum of 17 years of age and have experience working with children ages 5-12. Candidates are screened through two interviews, a reference check and a background check for any criminal convictions. Our staff are certified in CPR and First Aid. All undergo yearly training which includes activity and games training, leadership skills, problem solving skills, and water safety training. Many of our staff members are in college, training to work with children in full-time careers as teachers, psychologists or social workers. All have been selected for their enthusiasm, love of children, and the particular skills and strengths they bring to the program.

Field Trips

All Kids Camp participants are REQUIRED to wear a **Kids Camp T-shirt** on field trips along with a CPCSD field trip wrist band. Extra Camp t-shirts can be purchased at the District Office for \$10 each and wrist bands are provided the day of the fieldtrip.

If your child doesn't want to go on the trip, or you choose not to send your child on the trip, you must keep your child at home. We have no alternative care for your child. There are no refunds for children who do not attend trips.

All field trips leave promptly so it is important that your child be on time. Children attending the field trip must ride the bus to and from the destination. There are no refunds for children who miss the bus and subsequently miss the field trip. Parents may not transport children to attend the field trip. If we are having a special event at the park, you are welcome to attend.

You will receive a reminder a few days before the trip informing you of details such as departure time, items your child needs to bring, return time, etc. Spending money is optional. Children are solely responsible for their spending money; staff cannot hold money for campers.

Medications

Children who take medication during camp hours should bring it in their lunch container. The lunch container should be labeled with the child's name and the medication **MUST BE LABELED** with the child's name and content. Children can be reminded to take medication, but they are responsible for doing so. Children with life threatening conditions such as asthma or bee sting allergies should keep their medication with them. The medication portion of the Participant Information Form must be completed for children taking or carrying medication at camp. **Camp staff cannot administer or hold onto medication.**

*We will make every reasonable effort to comply with the *Americans with Disabilities Act*. If, due to some form of disability, your child requires special accommodations, please call us in advance at (530) 677-2231.

Things to bring to Camp

- Shoes** – Children must arrive to camp with closed toed shoes to be able to run in and clothing that can get dirty. Sandals and flip flops may be worn during pool time.
- Backpack** - Children will carry their belongings as they change activity locations. Please ensure that your child's bag is light enough for him or her to carry. Two shoulder strapped bags are suggested.
- Snack** – Morning snack is at 9:45am and many children need a snack after swimming at 3:15pm. Snacks are separate from lunch and often times require an additional drink to be packed.
- Lunch** – Each camper is responsible for providing their own lunch. Lunch time is “camp wide” at 12:00pm. An insulated lunch sack with an ice pack is suggested. Sharing or trading food is not allowed at Camp.
- Swimsuit** – We will visit the Cameron Park Community Pool or Cameron Park Lake EVERY DAY from 1:00pm-3:00pm. Swimming attire is required in order to swim.
- Towel** – Your child will need a towel for water activities and pool time.
- Sunscreen** – Each camper needs to bring sunscreen and apply it to **themselves** several times a day. Camp Leaders and friends can assist with applying sunscreen to the face and back **ONLY**.
- Water** – Refillable water containers are recommended. Water breaks are encouraged throughout the day to keep hydrated. Drinking fountains are available for refills.

VERY IMPORTANT: 90% of the camper's day will be spent outside and we want them protected as much as possible, water and sunscreen are a must, hats are encouraged.

By returning the information forms included in this packet, you are acknowledging you have received and read this packet.

Cameron Park Community Services District • Summer Day Camp Information Form

Week(s) Attending: _____

Child's Information:

Child's Name: _____ Birth Date: _____ Age: _____

Preferred Name ("nick name"): _____ Sex: **M** **F** T-Shirt Size: _____

Address: _____ City: _____ Zip: _____

Child lives with: Both Parents Mother Father Other: _____

Parent/Guardian Information

Name: _____ Work/Cell Phone: _____ Relationship: _____

Name: _____ Work/Cell Phone: _____ Relationship: _____

Permission to pick up your child (must be 18yrs old; may request to show I.D.)

*additions and changes can be made at any time, contact the Site Supervisor

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

• Is there anyone who is **NEVER** to pick up your child? _____

• Is there any other information we should know about your child? (Special concerns or fears) _____

Medical Information

Any allergies (food, drugs, insects)?: _____

Medical concerns or activity restrictions? _____

Current medications and dosage _____

Complete only if your child takes medication during Camp hours

The child named above will be taking medication while at camp. CPCSD staff has my permission to counsel camp staff regarding the possible effects of the medication on my child. I will not hold Cameron Park Community Services District or its employees responsible if my child refuses to take the medication.

Parent's Signature _____ Parent's Name (print) _____

A.) Medication name _____ Reason for medication _____

Dosage _____ Time to be taken _____ If "as needed": how often may it be taken? _____

Side effects _____ Signs of over dosage _____

B.) Medication name _____ Reason for medication _____

Dosage _____ Time to be taken _____ If "as needed": how often may it be taken? _____

Side effects _____ Signs of over dosage _____

• How did you hear about our program? _____

• Is there someone we can thank for referring you? (Name) _____

Please contact us if your child requires special accommodations to fully enjoy our Day Camp Program.

Cameron Park Community Services District • Summer Day Camp Information Form

Class: Day Camp

Location: Cameron Park Lake/Community Center

Days: Monday - Friday

Dates: 6/1-8/7, 2015

Times: 7:30am – 5:30pm

Instructor: Staff

The Cameron Park Community Services District's Day Camp program is based in Cameron Park Lake and the Community Center. Planned activities make extensive use of the ball fields, courts, buildings, picnic areas, open spaces, and petting barn. Wildlife does flourish in the vicinity of Cameron Park Lake. Gophers, poisonous and non-poisonous snakes, and skunks have all been encountered by park users. Bee stings do occur, however infrequently.

Arts and Crafts activities involve paints, pastes, glues, paper, scissors, crayons, other basic materials, and items found by participants. Active games are conducted on turf, asphalt, concrete, and unimproved exterior surfaces, while indoor activities of active and passive types are held on tiled and hardwood floors. Games engaged in by participants may involve balls, bats, frisbees, and hula hoops; they may require running, skipping, sliding, and jumping.

Quite often there are other activities taking place in the surrounding areas during the course of Day Camp. Some of these activities are sponsored by the Park District, some by other agencies, and many are unscheduled and spontaneous use of the area by groups and individuals. District maintenance activities such as mowing, watering, trimming, repairing, and cleaning are ongoing.

Parents of children who take medication during camp assume all responsibility and risk of that medication. District will not be held responsible for injuries or problems that occur due to the use of medication. District is not responsible for medication which is lost, stolen, or traded by children. Problems may include: overdose, child refusing to take medication, or injuries to a child who receives medication prescribed to another child. District staff will not administer medication or assist child in taking medication. District will not be held responsible if child forgets or refuses to take medication.

Please be advised that the District places the highest priority on the safety of your child. Staff is well trained and staff-participant ratios are lower than many comparable programs. However, with activities taking place out-of-doors, over many acres of park space, accidents and injuries are possible, although serious injuries are exceedingly rare. Day Camp participants are subject to the usual assortment of abrasions, cuts, and sprains that active children experience.

Agreement, Waiver, and Release – General

This constitutes our application and consent that the above names minor(s) participating Kids Camp sponsored by the Cameron Park Community Services District. We understand and acknowledge that the Recreational Program may involve risk of injury to participants, including injury from bodily contact with other participants and /or other risks inherent in the activity and that the District has no medical insurance or coverage for injuries resulting from such recreational activity. The undersigned further agrees to indemnify and hold the Cameron Park Community Services District harmless from and against any and all liability for any injury which may be suffered by the aforementioned individual(s) arising out of or in any way connected with his/her participation in this activity. I understand that no refunds will be given after the first class is held.

If immediate contact cannot be made for any emergency medical care, I authorize and consent to such emergency medical care and treatment prescribed by a duly licensed physician as the physician deems advisable, and the undersigned will be responsible for the costs of any such medical care or treatment.

I further accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the "Releasees" named above. As parent(s) and/or legal guardian(s), I consent to instruct the minor participating in any district class to inspect the facilities and equipment to be used, or I will inspect said facility and equipment myself, and if he or she believes anything is unsafe, the participant or parent/legal guardian should immediately advise the instructor of such condition and refuse to participate until the faulty condition is corrected. Participant should be fully instructed by parent(s) and/or legal guardian(s) and encouraged to adhere to all class rules and common courtesy. I agree that this Waiver and Release Agreement covers each and every activity sponsored by the above district including class make-ups and extensions and the "Releasees" are released in each and every activity and event for the duration of the program.

PARENTAL CONSENT: I hereby consent that my son/daughter participate in the above activity, and I hereby execute the above Agreement, Waiver, and Release on his/her behalf. I state that said minor is physically able to participate in said activity. I hereby agree to indemnify and hold persons and entities mentioned above free and harmless from any loss, liability, damage, cost, or expense which they may incur as a result of the death or any injury or property damage that said minor may sustain while participating in said activity. **I have carefully read the above agreement, waiver, and release, and fully understand its contents. I am aware that this is a release of liability and a contract between myself and the above District, and I sign it of my free will.**

SIGNATURE _____ PRINT NAME _____

NAME OF PARTICIPANT _____ DATE _____



2502 Country Club Drive, Cameron Park, Ca. 95682
530-677-2231

Dear Parents,

As you know at Kids Summer Day Kamp, we are doing a number of activities and games throughout the day. As part of our routine staff has asked that on some days the kids be allowed to watch a movie. It is extremely difficult to find just "G" movies as many new animated movies are rated "PG," if you are okay with us showing "PG" rated movies here at Kids Kamp can you please sign and return this form to the Kids Kamp Staff as soon as possible. I hope your kids are having a great summer and will continue to do so while enrolled in the Kids Summer Day Kamp Program.

Thank You,

- Yes, my child can watch "PG" rated movies
- No, my child cannot watch "PG" rated movies

Child's Name: _____

Child's Name: _____

Child's Name: _____

Parent Signature

Date