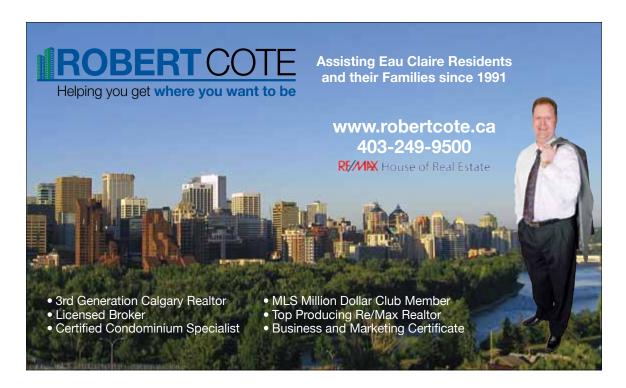
EAUCLAIRE









Eau Claire Community Assoc. c/o Calgary YMCA, 101-3 St. SW Calgary, AB T2P 4G6 Phone: 403.269.9896 info@eauclaireca.com | www.eauclaireca.com/

Elected Officials



Ward 7 Office P.O. Box 2100, Station M Calgary, AB, CanadaT2P 2M5 Phone:403-268-2430 Fax:403-268-3823 Email: alderweb@calgary.ca

Web: www.calgary.ca/ward7

MLA Kent Hehr

Councillor Druh Farrell



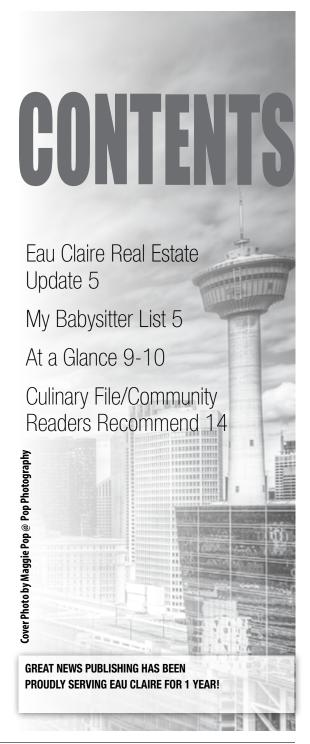
Calgary-Buffalo #130, 1177 - 11 Avenue SW Calgary, AB Canada T2R 1K9 Phone: (403) 244-7737 Fax: (403) 541-9106 Email: calgary.buffalo@assembly.ab.ca

NEWSLETTER AD SALES





Great News Publishing Ltd. 403.720.0762 | 403.263.3044 sales@great-news.ca | www.great-news.ca



YOUR COMMUNITY CONNECTIONS

SCHOOLS

(S) denotes Separate (FR) denotes French Immersion (SP) denotes Spanish Bilingual

William Reid (FR)	K-4	403.777.6940
Connaught/Kingsland	K-6	403.777.8560
(temporary)		
Mount Royal	7-9	403.777.7980
Western Canada (FR)	10-12	403.228.5363
Elboya (FR)	5-9	403.777.7760
Killarney - Montessori	K-6	403.777.8360
Glamorgan	K-7	403.777.8310
Fairview	8	403.777.7900
Henry Wise Wood	9-12	403.253.2261
Westgate (SP)	K-5	403.777.8420
Bishop Pinkham (SP)	Gr. 6	403.777.7840

Robert Warren (SP)	7-9	403.777.7690
William Aberhart (SP)	10-12	403.289.2551
Sacred Heart (S)	K-6	403.500.2004
St. Monica (S)	K-9	403.500.2001
St. Mary's High School (S)	10-12	403.500.2024
Holy Name (S) (FR)	K-6	403.500.2006
St. Michael (S) (FR)	K-9, 7-9 (FR)	403.246.1551
École Terre des Jeunes	K-6	403.247.2458
Ste-Marguerite-		
Bourgeoys (S) (FR)	K-12	403.240.2007
École de la Rose		
sauvage (FR)	7-12	403.230.3112

WORSHIP

Calgary Chinese United Church 403,268,4388

Cathedral Church of the Redeemer 403.269.1905

Central United Church 403.269.3701

Chinese Pentecostal Church 403.263.6059

Ethiopian & Ertriea Philadelphia Assembly of God 403.264.6744

Knox United Church 403,269,8382

COMMUNITY

 Memorial Park Library
 403.260.2600

 Central Library
 403.260-2600

 Eau Claire YMCA
 403.269.6701

 Teleride
 403.974.4000

 Teletext
 Text your stop # to 74000

 Scouts Canada
 403.283.4993

St. Francis of Assisi 403.266.2512

Mountainview Grace Church 403.252.7790

Street Church 403.607.4434

The Church of Immanuel 403.262.3723

The Ripple Centre info@ripplecentre.com

Trinity Lutheran Church 403.266.1570

POLITICIANS

Councillor Druh Farrell ward07@calgary.ca Ward 7 Office MLA Kent Hehr - Calgary Buffalo 403.244.7737 Constituency Office



Last 12 Months Eau Claire
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
September 2014	\$632,071	\$614,485
August 2014	\$994,850	\$990,625
July 2014	\$979,650	\$903,800
June 2014	\$963,093	\$947,293
May 2014	\$721,900	\$710,500
April 2014	\$611,500	\$599,444
March 2014	\$658,360	\$646,200
February 2014	\$499,560	\$481,400
January 2014	\$514,466	\$503,733
December 2013	\$507,300	\$494,566
November 2013	\$724,914	\$698,142
October 2013	\$875,700	\$844,138

Last 12 Months Eau Claire
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
September 2014	12	7
August 2014	5	4
July 2014	12	10
June 2014	9	15
May 2014	15	2
April 2014	8	9
March 2014	10	5
February 2014	8	5
January 2014	10	6
December 2013	7	3
November 2013	4	7
October 2013	7	9
Total	107	82

To view the specific SOLD Listings that comprise the above MLS averages please visit eau_claire.great-news.ca



Name	Age	Contact	Course
Nia	15	403-991-8045	Yes
Grace	15	403-604-4366	No
Abigail	17	705-706-4338	No
Caeli	17	587-228-1721	Yes
Nathalie	20	403-909-0933	Yes
Sarah	21	587-225-2160	No
Christoph	23	587-998-6172	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Mexican Food Market

Salsita has everything you need to spice-up your fiesta! Bring in your recipes and pick up the ingredients along with useful cooking tips. Or, let us do the cooking. Check out our catering menu at salsita.ca.

Salsita carries a variety of entrées prepared in-house for home consumption: enchilada casseroles, tamales, specialty gluten-free salsas & guacamole, corn tortillas, empanadas, produce, groceries and much more. Dinner will be served in no time!

Want more? Come to a cooking class. Classes are fun and hands-on, a perfect night out, a tasty gift or simply to enjoy authentic Mexican food in Calgary.

777 Northmount Dr. NW 403-289-2202 • www.salsita.ca



THE CENTRAL LIBRARY

616 Macleod Trail SE, T2G 2M2 • 403-260-2600 www.calgarypubliclibrary.com

FOR ALL AGES

Marvellous Movies

Join us for movies from the library's video collection! 11:30 a.m. – 1:30 p.m. – no registration required 2nd Floor Program Room

Ratatouille

Friday, November 7

Mary Poppins

Friday, November 21

• Tale of Desperaux

Friday, December 5

• Muppet's Christmas Carol

Friday, December 19



JUST FOR BABIES Baby Bookworms

"Grow a Reader" with books, rhymes and songs you'll have fun sharing with your little one. Ages 13 months to 23 months with a parent/caregiver. Registration required.

Thursdays, November 6 – December 11 10:00 a.m. – 10:45 a.m. OR 11:15 a.m. – 12 p.m.

JUST FOR TODDLERS

1-2-3: Count With Me!

Your toddler will love this introduction to numeracy and have fun with number using rhyme, songs, books and active play. Ages 2 to 3 with a parent/caregiver. Registration required.

Wednesdays, October 29 – December 17 10:15 a.m. – 11:00 a.m.

JUST FOR FAMILIES

Drop-in Family Storytime

Drop in for stories, songs and finger plays the whole family can enjoy. Ages 2 to 5 with a parent/caregiver. No registration required.

Fridays, until December 12 10:15 a.m. – 10:45 a.m.

JUST FOR SCHOOL KIDS Create a Holiday Card

Learn about the basic forms of calligraphy, and use a

special calligraphy pen to make your very own holiday greeting card. Ages 9 to 12. Registration begins November 12.

Saturday, December 6 2:00 p.m. – 4:00 p.m.

ADULT

Mischief, Mayhem and Murders of Calgary

Join us for some historical spine-tingling entertainment.

(50+ Coffee and Conversation)

Friday, November 7

2:00 p.m. - 3:30 p.m.

Swing City: Big Band Music in Calgary

How has Swing music affected today's jazz scene in Calgary? Why was Big Band music so popular and controversial? Discover the reasons Big Band Swing sparked a dance craze between 1930 and 1950.

Thursday, November 20

6:30 p.m. - 8:00 p.m.

2nd Floor John Dutton Theatre

The Starfish Throwers

Discover how a sixth grader, a five-star chef and a retired school teacher fight what seems to be an unwinnable war against hunger until they discover their impact may reach much further than their actions.

Tuesday, November 18

7:00 p.m. - 9:00 p.m.

2nd Floor John Dutton Theatre

No Registration Required

Photography Club

10:30 a.m. - 12:30 p.m.

November 22: aLand Beyond the River

December 20: Digital Photography – Tips to Improve Your Skills

Thursday Afternoon at the Movies

Thursdays, 1:00 p.m. – 3:30 p.m.

- October 30: Suddenly, Last Summer
- November 6: Despicable Me 2
- November 13: For Whom the Bell Tolls
- November 20: Pirates of Penzance
- November 27: Ladder 49
- December 4: The Three Lives of Thomasina
- December 11: Cool Runnings
- December 18: Love Actually
- 2nd Floor John Dutton Theatre

No registration required

~continued next page~



1221 2nd St. SW • calgarypubliclibrary.com General Inquiries: 403-260-2600 •Program Registration: 403-260-2620

> Monday, Friday & Saturday 10 AM – 5 PM Tuesday, Wednesday & Thursday Noon – 8 PM Sundays (mid-Sept to mid-May) Noon – 5 PM

Writer in Residence Manuscript Submission and Individual Consultations

Calgary Public Library is very pleased to present our 2014 Writer in Residence, Rosemary Nixon. Rosemary's residency will run from September 1 to November 30, 2014. The Writer in Residence acts as a mentor to writers in the community, reviewing manuscripts and providing constructive criticism and advice during individual consultations. Rosemary will offer encouragement and a critical eye to beginning writers who are seeking to find their own literary voice, as well as to those more established writers who desire a professional appraisal of their work. Consultations are available by appointment only. You must have a current Calgary Public Library membership in order to participate in this program. For details on how to submit a manuscript for review, please visit www.calgarypubliclibrary.com and go to the **Programs** page, or call Memorial Park Library at 403-221-2006.

Exercise-ing Your Imaginative Muscle with Writer in Residence, Rosemary Nixon

Trigger your imagination through writing prompts ranging from creating defamiliarized characters to developing suspense; tools augmenting skills to apply to your work-in-progress.

Tuesdays, October 7 and November 4, 6:00 – 8:00pm

Inside a Good Sentence: a workshop with Writer in Residence, Rosemary Nixon

One good sentence after another. Like rogue waves, rogue sentences roil with energy, their whole greater than the sum of their parts. Let's create!
Saturday, October 25, 1 - 4pm
Registration required

Art Circuit - Central Memorial Park and 4th Street SW

Join us on a walking tour of the city of Calgary's art collection and discover the gems of the Library's collection.

Thursday October 2 and November 6, 12:15 - 1:15pm Registration required Meet inside Memorial Park Library

"Motherwild" by Ken Rivard

Join Ken Rivard for the launch of his tenth book, Motherwild, a work of beauty, a coming-of-age story and the eventual healing of a mother-son relationship. Thursday, October 2, 7 - 8:30pm

"After You've Gone" by Lori Hahnel

Join Lori Hahnel as she launches her new novel After You've Gone, the story of a Regina jazz guitarist and her Seattle record producer granddaughter. Thursday, October 9, 7 - 8:30pm

THE CENTRAL LIBRARY CONT'D

WORLD WAR I: THE GLOBAL PICTURE What Caused World War I

Join Military Historian, Stéphane Guevremont, as he explores contemporary interpretations of the many factors which contributed to the start of the First World War in 1914.

Thursday, October 30, 7:00 – 9:00 p.m. 2nd Floor John Dutton Theatre

The Eastern Front 1914

Learn how the Great War evolved on the Eastern Front and how this helps explain events in the Ukraine today.

Presented by Military Historian, Stéphane Guevremont. Friday, November 7, 7:00 – 9:00 p.m.

2nd Floor John Dutton Theatre

Christmas on the Western Front

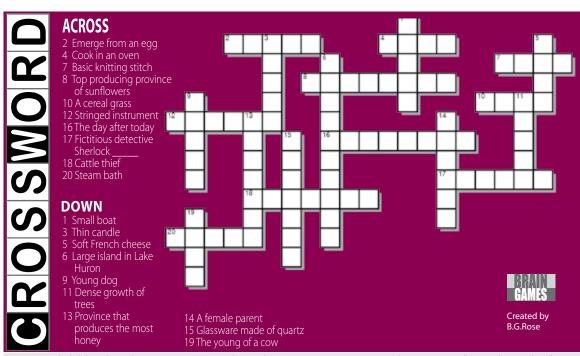
Relive the first five months on the Western Front during 1914, culminating in the incredible Christmas truce event.

Presented by Military Historian, Stéphane Guevremont. Friday, November 28, 7:00 – 9:00 p.m. 2nd Floor John Dutton Theatre

Register online at calgarypubliclibrary.com or by calling 403.260.2620.







Across: 2.hatch 4.bake 7.purl 8.Manitoba 10.rice 12.guitar 16.tomorrow 17.Holmes 18.rustler 20.sauna Down: 1.canoe 3.taper 5.Brie 6.Manitoulin 9.puppy 11.copse 13.Alberta 14.mother 15.crystal 19.calf

www.balancepaint.com

AT A GLANCE...

- October 8 Calgary Flames & Vancouver Canucks face off at 8:00 pm at the Saddledome. (SN, TVA SPORTS 2) www.calgaryflames.com
- October 14-19 WordFest takes place at various venues in Calgary and Banff. For details and information – 403.237.9068 / www.wordfest.com
- October 14 November 9 Liberation Days is an inspiring WWII drama performed by Theatre Calgary. 403.294.7447 / www.theatrecalgary.com
- October 16 Maceo Parker performs as part of Epcor Centre's TD Jazz Series at 7:30 pm at Jack Singer Concert Hall. 403.294.9494 / www.epcorcentre.org
- October 17 & 18 Rocky Mountain Wine & Food Festival offers a variety of wine, scotch, beer and spirits, as well as gourmet food samples from local restaurants and hotels at the BMO Centre, Stampede Park. 403.228.0777 / www. rockymountainwine.com
- October 18 Mary Chapin Carpenter in Concert with Calgary Philharmonic Orchestra – 8:00 pm – Jack Singer Concert Hall. 403.571.0849 / www.cpo-live.com
- October 19 Louis Armstrong & Miles Davis' Kind of Blue is performed by Calgary Jazz Orchestra at 7:00 pm at River Park Church. 403.239.8545 / www. calgaryjazzorchestra.com
- October 19 Calgary Hitmen & Regina Pats face off at 4:00 pm at the Saddledome, www.hitmenhockey.com
- October 20 & 21 The Man in Black A Tribute to Johnny Cash with Shawn Barker, runs at Stage West. 403.243.6642 / www.wtagewestcalgary.com
- October 23 Diego El Cigala performs at 7:30 pm at Jack Singer Concert Hall. Epcor Centre's BD&P World Music Series. 403.294.9494 / www.epcorcentre.org
- October 23-26 Oktoberfest is celebrated at Spruce Meadows with up-close competition and the indoor comforts of the Equi-Plex. www.sprucemeadows.com
- October 24 Calgary Stampeders vs Saskatchewan Roughriders at 7:30 pm at McMahon Stadium. www. stampeders.com/2014-schedule
- October 26 Calgary Hitmen vs Prince George Cougars at 4:00 pm at the Saddledome. www.hitmenhockey.com
- October 30 Classical Superstar Joshua Bell performs with the Calgary Philharmonic Orchestra at 8:00 pm at Jack Singer Concert Hall. 403.571.0849 / www.cpo-live.com
- October 31 Calgary Flames vs Nashville Predators at 7:00 pm at the Saddledome. www.calgaryflames.com e. & o. e.

OCTOBER 5 - GREEN EGGS & HAM - SYMPHONY SUNDAY FOR KIDS

performed by the Calgary Philharmonic Orchestra – 3:00 pm at Jack Singer Concert Hall. 403.571.0849 / www.cpo-live.com

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OCTOBER 23-25 THE THREE MUSKETEERS

is performed by Alberta Ballet. 403.245.4549 / www.albertaballet.com



SATURDAYS IN OCTOBER – PUMPKIN & SCARECROW FESTIVAL

at Kayben Farms, just north of Okotoks. Corn maze, live music, kids activities and more. 403.938.2857 / www.kayben.com



NOVEMBER 8 - DREAMS:

Ultimate Tribute to Fleetwood Mac at Deerfoot Inn & Casino – wristband 6:30 / show 9:00 pm. 403.236.7529 / www. deerfootinn.com



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NOVEMBER 8 – DECEMBER 7 THE GAME'S AFOOT

performed at Vertigo Theatre as part of the BD&P Mystery Theatre Series. Evening performances 7:30 pm — matinees 2:00 pm. 403.221.3708 / www.vertigotheatre.com



NOVEMBER 8, 12 & 14 SILENT NIGHT

Canadian premiere of this Pulitzer Prize winning opera is performed by Calgary Opera, and tells the First World War story of a truce on Christmas Eve 1914. 403.262.7286 / www.calgaryopera.com



AT A GLANCE...

- November 1 23 Beauty and the Beast performed by Loose Moose Theatre for Kids. For detailed information 403.265.5682 / www.loosemoose.com
- November 3 Gordon Lightfoot performs at Jack Singer Concert Hall, Epcor Centre at 8:00 pm. 403.294.9494 / www.epcorcentre.org
- November 7 The Bills play their acoustic roots music at Southwood United Church as part of Fish Creek Concerts season, www.fishcreekconcerts.com
- November 12 & 15 From Broadway With Love performed by the Calgary Philharmonic Orchestra at 8:00 pm each evening – Jack Singer Concert Hall. 403.571.0849 / cpo-live.com
- November 13 Calgary Flames vs Arizona Coyotes at the Saddledome 7:00 pm. www.calgaryflames.com
- November 14 February 15 Pirates of the North Saskatchewan at Jubilations Dinner Theatre.
 403.249.7799 / www.jubilations.ca
- November 20 Calgary Flames & Chicago Blackhawks face off at 7:00 pm at the Saddledome. www.calgaryflames.com
- November 21 30 Where the Wild Things Are is one of five Canadian productions for young audiences from Y Stage Theatre Series 2014/2015 season at Vertigo Theatre. Evening performances 7:00 pm, matinees 12:30 and 3:00 pm. 403.221.3708 / www. vertigotheatre.com
- November 21 December 4 J'Aime Paris Festival
 A tribute to Parisian music performed by Calgary
 Philharmonic Orchestra at Jack Singer Concert Hall. For detailed information, 403.571.0849 / cpo-live.com
- November 23 Calgary Hitmen vs Red Deer Rebels at 4:00 pm at the Saddledome. www.hitmenhockey. com
- November 27 30 GIRAF is an animation festival featuring interactive workshops, artist talks, and activities for the whole family. Globe Cinema and Quickdraw Animation Society. 403.261.5767 / www. giraffest.ca
- November 28 December 22 Peter Pan the Musical High-flying fun for the whole family performed by Storybook Theatre. More details 302.216.0808 / www.storybooktheatre.org
- November 30 102nd Grey Cup in Vancouver at 4:00 pm Mountain time.

e. & o. e.

KENSINGTON WINE MARKET

2014 FALL TASTING SCHEDULE

1. Passport Series I, Cabernet
"Cabernet Without the Makeup" or "Cabs that Taste Like Cab"! However you want to say it, this will be a great "global" comparison tasting. For the love of Cab, sign up!
Thr Oct 2
2. Cru Beaujolais\$40
This tasting will feature some of the most delicious wine on the planet, reds often overlooked due to their fancy neighbor (Burgundy) to the north. We'll taste the best
Grand Crus available. Tue Oct 7
3. Okanagan Mini Wine Festival\$30
This will be a mini walk about showcasing the very best Okanagan wines in the house. We'll have lots of food, good music and of course wine! Thr Oct 9
4. Give Thanks for Bourbon
Our resident Bourbon expert, Hunter Sullivan, will take you on an exploration of America's biggest contribution to the World of whisk(e)y. You'll sample whiskies you'll be
very thankful for! Fri Oct 10
5. Rare Malt
Only the rarest whiskies, those more than 20 years of age, or from closed distilleries are considered for this very special tasting. Tue Oct 14
6. The World of Port
Cynthia Opsal is a port expert! Her official title is, "Cavalerio of La Confraria do Vinho do Porto". Say that after a glass or two. She is also lots of fun. Join us for a tasting of the
best the houses of The Fladgate Partnership have to offer. Thr Oct 16
7. Brews Festival
This in store walk about is all about beer! It's been a while since we hosted a beer festival, so we're excited to show you what we've got! Fri Oct 17
8. Modern Cocktail
What makes a great cocktail? Let our "mixologist" Phil Grandbois be your guide. You'll learn the tricks, the techniques, and the ingredients all put together with a dash of
fun! Tue Oct 21
9. Passport Single Varietal II, Nebbiolo\$40
"Nebbia" is Italian for fog, and the hills of northern Italy, Piedmont, are often shrouded in mist. Nebbiolo is the grape for the most famous red wine of the region, Barolo.
This tasting will show you what we mean! Thr Oct 23
10. Spanish Wine Festival!\$40
Travel the country at this mini walk about. We'll showcase the best reds, whites, cavas and sherry in the house. Music, cheese, tapas, wineit's gonna be a party! Fri Oct 24
11. What's Next, Beer & Cheese!
Think wine and cheese make the perfect match! Think again! Beer is cheese's true soul mate. Tue Oct 28
12. Bordeaux 2011\$45
The 2011 Bordeaux wines have been referred to as the "back to reality" vintage. While the wines may not have garnered the "over the top" scores of the 2009 and 2010, the
prices aren't over the top either! This is a great opportunity to taste some famous producers. Thr Oct 30
13. Brewster's Trick or Treat
This tasting is all about funky brews, and even funkier dress up! Prizes for the best and worstcostumes. We know the beer will be great. Stand up format. Fri Oct 31
14. Glendronach Casks Tasting w/ Stewart Buchanan\$40
Stewart will be in town to guide us through a range of Glendronach single malts including two casks bottled exclusively for the Kensington Wine Market (1993 and 2003).
Tue Nov 4
15. Passport Single Varietal III, Cabernet Franc\$40
One of the most interesting and tasty varietals and sadly often overlooked. Grown primarily in Bordeaux and the Loire Valley, it also thrives in Canada! Let's explore the
secrets of Cab Franc together. Fri Nov 7
16. Pinot Wars
OK, Pinot Noir grows all over the world, but who does it best? You'll have to be the judge, and to up the ante, you won't know where your wines come from until the end.
Let the battle begin! Tue Nov 11
18. Wine Fest & Christmas Sale\$40
We clear the floor to make room for a "store wide" tasting of our best. Food, wine, music; don't delay as it sells out quickly. You'll also enjoy "early bird" sale prices! Sale runs to
Sun Nov 16 Fri Nov 14
19. Seasonal Brews, Winter\$30
When the weather outside is stormy, it's time for some warming winter brews. Spicy, full bodied and strong, all guaranteed to please the palate on a cold winter's night.
Tue Nov 18
20. Rioja Superstars\$45
Tucked into the north eastern corner of Spain, this growing region is undergoing a revolution of style. Meet some of the famous traditionalists as well as the "new" upstart
faces of Rioja. Fri Nov 21
21. Raucous Rum\$50
We'll round up some of the finest sipping rums the world has to offer. Come sip a sampling of new, old and rare offerings, including unique independent rum bottlings.
Tue Nov 25
22. Champagne Festival
what more fitting wrap up for our fall tasting screenie than a mini buodies walk about: The holidays will soon be upon us, so now's the time to taste test your holiday favorites. Fri Nov 28
IGYOTICS. 111 NOV 20



The City Of Calgary Launching New Pet Licensing Website

Animal & Bylaw Services is launching a new pet licensing website in order to improve service to Calgarians.

Effective 8 a.m. on September 29, the new website will launch at https://petlicence.calgary.ca.

If you previously bookmarked the animal licensing website, please DELETE your bookmark, it will no longer be in effect after the scheduled date and time.

After testing of the new site is complete in the spring of 2015, we will have the ability to add features such as Interac, automatic withdrawals and renewals. Currently, pet owners can only pay by credit card when using the online service or calling 311.

If you want to use another form of payment, such as Interac, please register your pet licensing bill with your own bank.

In Calgary, all cats and dogs over three (3) months of age must be licensed. An animal license enables The City to return your missing cat or dog to you and it tells others that your lost pet is not a stray and needs to be returned to his family.

For more information, visit Calgary.ca and search Licensing a Cat or Dog.

Animal & Bylaw Services has a new Facebook page! Subscribing the ABS Facebook page is the best way to keep up-to-date on our feature events, campaigns, promotions and news.

Please "Like" us on Facebook and share our page with friends, family and colleagues and help us reach our membership goals:

- 500 likes by Halloween
- 1,000 likes by New Year's Day

Join us today!



Halloween Safety

Alberta Health Services EMS would like to remind parents and trick-or-treaters of some basic Halloween safety tips, as October 31st approaches. Halloween can be an exciting time for children, but with the distraction of treats and costumes, safety rules can easily be forgotten. Take some time to review these simple tips and reminders to help ensure Halloween is a safe night for all.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply.
 Be sure to cross the road at marked cross walks, or well lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.
- Pre-determine boundaries to trick-or-treat within, and establish a firm time to return home.

Costumes

- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flameresistant.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking
- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.

in & around schools community

News from Western Canada High School

Home of the Redhawks!

Congratulations to Western Canada High School's IB students for their outstanding 2013-2014 results. There were a combined 265 Grade 11 and Grade 12 students who wrote exams in May 2014, with a record 51 of those students receiving a full IB diploma (nine of which were granted French Immersion bilingual diplomas). Our students came out ahead of the world average in every subject area, with our IB diploma recipients averaging 36 out of a possible 45 points (well above the world average of 29.9 points). For the second time in three years, Western had a student achieve a perfect 45 points. Alice Z. achieved the perfect score this year (something that only 100 -200 students in the world achieve). We wish all our Western graduates the best of success in their future endeavours.

Cross country, Football, Girls Soccer and Volley Ball seasons are in full swing. For more details check our website: http://schools.cbe.ab.ca/b816/.



ARE YOU ON PRESCRIPTION MEDICATIONS?



IDA Healthmed Pharmacy in Midnapore Calgary offers you Great Pharmacy Services and Great Offers!

- FREE \$5 GIFT CARD WITH EVERY PHARMACY VISIT FOR PRESCRIPTIONS, PLUS AN ADDITIONAL \$5 GIFT CARD WITH EVERY 5 ADDITIONAL PRESCRIPTION ITEMS*
- Free \$5 Gift Card with every Medications delivery*
- Free \$5 Gift Card with every No-Charge Medication
 Assessment for Patients with Chronic Diseases* (please call for more info)
- Free Blister Packaging
- Free Delivery of Prescriptions City-Wide
- Free Pick-Up of Prescriptions City-Wide
- We accept Prescriptions faxed from Doctors' offices
- All Drug Plans accepted. Offer applies to all drug plans, as well as cash clients.
- Easy Transfer of your Medication File from other pharmacies.
- We serve Clients in Group Homes as well.

*One Card per Customer per day. Offer applies to Prescription items only whether a new prescription or a refill. Gift Cards from a Well-Known General Retailer. Offers available at the Midnapore location only.

IDA Healthmed Pharmacy

22, 240 Midpark Way SE T2X 1N4 Calgary Alberta (Behind Dollarama) Tel: 403.254.8448 Fax: 403.254.8414 Toll Free: 1.877.564.8448



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CULINARY FILE

Chocolate and peanut butter lovers – these cookies are for you!

CHOCOLATE CRINKLES

- 1 ¾ cup cups granulated sugar
- 1 cup unsweetened cocoa powder
- 1 cup unsweetened applesauce
- ½ cup canola oil
- 2 teaspoons vanilla
- 2 1/4 cups flour
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1 cup icing sugar

Using an electric mixer, combine sugar, cocoa powder, applesauce, oil and vanilla until well blended. In a separate bowl, whisk together the flour, baking powder and salt.

Add flour mixture to the cocoa mixture in three parts, beating well after each addition until a soft, moist batter is achieved.

Cover the bowl with plastic wrap and refrigerate for at least 2 hours or overnight.

Preheat oven to 350 degrees F and line 2 baking sheets with parchment paper.

Sift icing sugar into a shallow bowl. Scoop spoonfuls of dough and roll between your hands to form 1 ½ inch balls. Roll in icing sugar until well coated and place on baking sheets approximately two inches apart.

Bake for 10 minutes, but double check in 8. They should be puffed up and just set so they'll have a soft, brownie-like texture.

Cool on a rack and store in an airtight container for up to two days.

PEANUT BUTTER CUP COOKIES

½ cup margarine or butter

½ cup granulated sugar

½ cup packed light brown sugar

½ cup creamy peanut butter

- 1 large egg
- ½ teaspoon vanilla
- 1 1/4 cups all purpose flour
- 34 teaspoon baking soda
- ¼ teaspoon salt
- 24 miniature peanut butter cups

Beat butter, sugars and peanut butter together until smooth and creamy. Mix in the egg and vanilla, and then add the flour, soda, and salt.

Spoon 1-inch mounds into mini muffin tins, and bake for 8-10 minutes at 350 degrees F.

While the cookie mixture is baking, remove the wrappers from 24 mini peanut butter cups.

Remove muffin tins from oven and immediately press a peanut butter cup into the centre of the dough until only the top shows.

Cool on a wire rack until easy to handle, and carefully remove from the muffin tins. Enjoy!

BG Rose

COMMUNITY READERS RECOMMEND.



Fiction

- Bittersweet Colleen McCullough
- The Hundred-Foot Journey Richard C. Morais
- The Long Way Home Louise Penny
- All the Light We Cannot See Anthony Doerr
- Identical Scott Turow
- Top Secret W.E.B. Griffin

Non-fiction

- Olivier Philip Ziegler
- Flash Boys Michael Lewis
- Jane Austen's England Roy & Lesley Adkins
- Mona Lisa: A Life Discovered Dianne Hales
- The Zhivago Affair Peter Finn, Petra Couvee
- The Third Plate Dan Barber

Children's

- Where Is the Green Sheep? Mem Fox
- Animalia Graeme Base
- Bridge to Terabithia Katherine Paterson



Technology and Your Child's Brain

It's such an easy thing to do, distracting your toddler when you need a few extra moments of peace, by handing the child your iphone. But you may want to think twice about doing that. In fact, it's best to hand them a book instead.

It's true there are many early literacy resources on the internet and wonderful apps designed to promote early reading, but there is a dark side to all that convenience. Increasingly, studies show that regular internet exposure can change brain development, altering neural pathways to favour superficial understanding over deep thought. Brain imaging studies among internet addicts show shrinkage of areas of the grey matter that are responsible for planning, prioritizing, organizing, and impulse control, as well as those that suppress socially unacceptable impulses. These brain scans also show reduced cortical thickness and loss of some white matter, resulting in misfiring of brain network pathways and cognitive impairment. Excessive online use is linked to depression, poor school performance, increased irritability and impulsiveness.

But even without the spectre of internet addiction looming, online use among children is particularly worrisome for the structural and functional changes it causes in the developing brain. Digital natives seem to be superior to those who grew up without the internet in terms of snap decision-making and juggling increased sensory input, but they have been shown to have greatly reduced attention spans and decreased abilities to focus deeply and at length.

To learn more about how the internet affects your child's brain, plan to attend Calgary Reads' next Big Book Club event on October 16th, 2014. Keynote speaker Nicholas Carr will read from and discuss his acclaimed book *The Shallows: How the Internet is Changing the Way We Think, Read and Remember.* For more information on this event (and for resources to help your child develop critical literacy skills and develop a joy of reading), visit calgaryreads.com.

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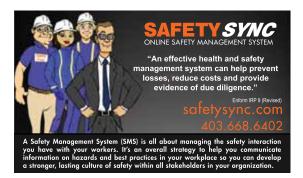
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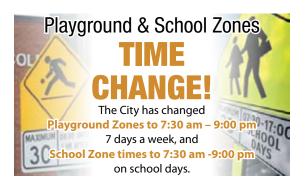
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The history of **Thanksgiving in Canada** can be traced back to 1578, when navigator Martin Frobisher set out from England in search of a route to the Orient by sailing north. Although he never found the passage, he did establish what later became Newfoundland and Labrador. His formal celebration giving thanks for safe passage is considered the first Canadian Thanksgiving.

Thanksgiving is the time of year when families customarily gather together in their homes to enjoy the harvest. A common image is a cornucopia filled with seasonal vegetables, representing the "Horn of Plenty", a symbol of bounty in ancient Greece. Turkeys, pumpkins, ears of corn and large displays of food are also used to symbolize Thanksgiving Day.

On January 31, 1957, parliament officially announced Thanksgiving Day as the second Monday in October. It was declared "a day of general Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed".



A MESSAGE FROM YOUR COUNCILLOR

DRUH FARRELL WARD 7

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A Safer, Pedestrian-Friendly City

All Calgarians experience the city as a pedestrian. Whether we drive, take transit, cycle, walk, in-line skate, or skateboard, most of us start or end our trips on foot. From the people who walk to work every day, to the hundreds of thousands of riders of our trains and buses, to the bustling activity on our neighbourhood streets, the safety of pedestrians is vitally important.

The pedestrian experience is critical to the success of Calgary and its future. Over the last ten years, Calgary has made tremendous improvements in pedestrian infrastructure; yet much of the city was built without pedestrians in mind, lacking key links within neighbourhoods and to transit stops.

While Calgary has strategies for other forms of transportation including automobile and goods movement, transit, cycling, and pathways, we have yet to develop one for pedestrians and mobility device users. That is about to change. A plan is in the works to improve all aspects of the walking experience and increase pedestrian activity through education, engineering, investment, and enforcement. It will tackle how to make Calgary's streets safe for our youngest and oldest pedestrians, how to improve connections, and how an improved walking environment can create a healthier and more livable city.

Even one pedestrian fatality is too many. We are committed to protecting pedestrians and creating a culture of safety and respect by addressing street design and behaviour. Working with Calgary Police Services, Calgary's transportation engineers will analyze data to better understand the nature of collisions involving pedestrians and guide the tools, policies, and education programs to improve safety.

We can take action before the final policy is complete. Plans are already in motion to test new safety tools, including inroad lighting and conflict-analysis technology that will measure near-misses and identify issues before anyone gets hurt. We also expanded our pilot program of Rapid Flashing Beacons with continued success.

The strategy will be the result of a 16 month effort including a series of public meetings to develop a plan of action. In the meantime, let's look out for one another and ensure that we all return home safe and sound.

MP CALGARY CENTRE

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Did you know that Canadians are often at a disadvantage when they try to do business here at home? As a nation, we have greater free trade access for foreign firms and investors wanting to do business in Canada than Canadians have.

While international trade is important, internal trade barriers are absolutely hammering both consumers and employers. It's estimated that internal trade barriers cost the country several billion dollars a year. While no one seems to know exactly how much, some believe the hit to Canada's economy could be as high as \$50 billion a year. Whatever the number is, it is staggering.

Back in 2006, Canada had free trade agreements with only five countries. Today, Canada has binding free trade agreements with 43 countries around the world, making up half the global marketplace. During that time, little has been done to improve the movement of goods and services within our own borders. These made-in-Canada restrictions are putting us at a disadvantage.

It restricts consumer choices and drives up prices. Frankly, it's not very efficient. The situation has to change if the country is going to remain competitive within the global marketplace.

Businesses are operating today in a very competitive global market. If we Balkanize our economy into 13 regional ones, it will be much more difficult for Canadian companies to become globally competitive.

Our Conservative government is making it a top priority to improve this situation.

Trade is vital within Canada, just like it is beyond our borders. At a time when Canada is reaching new trade agreements around the world that seek to eliminate irritants and barriers to international trade, our government is working here at home to eliminate domestic regulation that leads to increased and unnecessary costs for our businesses, which in turn limits growth and job creation.

Our government has created a new internal trade barriers index, to help increase knowledge of the barriers to domestic trade and identity priority areas to take action.

Nearly 40 percent of Canada's trade occurs within its borders. Making it easier to move goods and services is in our own best interest.

COMMUNITY ANNOUNGEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

VOLUNTEER FOR CANADA'S LARGEST POPPY CAM-PAIGN! October 31 - November 11. Volunteers needed in SE and SW Calgary communities to deliver Poppy Boxes to stores, and take donations at local shopping centres and stores. Help support local Veterans and help carry the torch for Veterans who are no longer able to volunteer. Contact Rhonda at 403-607-7596 or email rrisebrough@gmail.com, or send a tweet to @PoppyLegion285.

DYAY44 (G) 111 Saving Time

ends Sunday, November 2nd at 2:00 a.m.

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Alberta Health Care	403.310.0000
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ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433
HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Care	403.955.6200
South Calgary Urgent Care	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	
(Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Senior's Resource	
(SeniorConnect)	403.266.6200
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	211 and 311
Elder Abuse Resource Line (65+)	403.705.3250
Kerby Centre for the 55 plus	403.705.3246
Neighbour Mediation Hotline	403.269.2707
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CLOSET COLLECTORS

In North America it is a little known fact that nearly 90% of the population has some type of money collection. This might be just a few pennies that are no longer being minted or a coin that looks different. It could be something you were given as a tip or it could be something over 100 years old. It may be something you picked out of change or a one or two-dollar bill that you have kept. Perhaps it was something inherited or leftover change from a vacation. Invariably these heirlooms or curiosities are in a box in the attic, stuffed into an old trunk or suitcase, stored in a jar or album or they may be rattling around the bottom of a sock drawer. Virtually all of us have this sort of money somewhere in our home.

The **Calgary Numismatic Society** (**CNS**) is one of Canada's oldest and most active coin clubs. Founded in 1950, members of the **CNS** have been leaders in the study, preservation and informing others on the value of their coins, paper money, tokens, merchant script (e.g. Canadian Tire money), and medals, both military and civilian. Numismatics is the study of money in all its forms so the **CNS** is more than just a coin club. It may also be your introduction into the hobby of coin collecting or a way of having questions about money answered without the worry of having to sell your collection on the spot.

The **CNS** welcomes visitors and new members. We meet ten times a year on the fourth Tuesday of the month (except July and August) at the **Woodcreek Community Centre 1991 Woodcreek Dr. SW, Calgary**. The meetings begin at 7:30 pm.

The **CNS** has an active youth program known as the Coinivores for those age 6-17. This group meets the second Saturday of each month in the **Community Room of the Calgary Co-op at 8818 Macleod Tr. SE** from 2-4 pm.

At a **CNS** meeting you can ask as many questions as you like, show a few examples of what you have been keeping and get direction on how to buy more, sell what you have or be directed on how to find out more about the money we all have somewhere in our home. The **CNS** website is as follows:

www.calgarynumismaticsociety.org



