



April 8, 2013

Subject: Oral-facial safety in contact sports

Dear parents,

During the rest of the school year, your child may be participating in a contact sport where mouth guards are either mandatory or highly recommended.

Health Canada (www.hc-sc.gc.ca/hl-vs/iyh-vsv/life-vie/mouth-dents-eng.php) states that while custom-made mouth guards are the most expensive, they have a better fit, which means better protection and more comfort.

With the health and safety of your child in mind, we recommend that students obtain a custom fitted mouth guard either through their dentist or through the impression session we have organized at the school. The session will take place on April 22 at 12:30 in the Physics lab. Please complete the attached form and return it to the Athletic Director by April 21, 2013. The school will continue to supply the self moulding mouth guards for all contact sports.

If you choose a mouth guard from the session, you may contact Marc David at Maxxgard Laboratories at (514) 945-1895 with any questions.

Sincerely,

Mike Maurovich
Athletic Director
Selwyn House School

