WHAT TO DO WHEN AN INJURY OCCURS

FIRST! Have the employee complete the-

CITY OF HAMPTON/HAMPTON CITY SCHOOLS REPORT OF WORK-RELATED INJURY OR ILLNESS FORM EIR FORM 1000

Revised July 2014

Make sure your copy is up to date Revised July 2014 <u>a complete packet has 4 Pages</u>

If you have older forms, please contact Risk Management at 727-6617 to obtain the current forms

Older forms can be used temporarily after hours if needed

NEXT! – Upon completion of the **EIR FORM 1000**

- ➤ Have the employee choose a doctor from the Panel of Physicians located on page 2 IMPORTANT FACTS ABOUT WORKERS' COMPENSATION
- The employee <u>must</u> write the doctor's name in the space provided on the **EIR FORM 1000** under Physician's Information.
- ➤ If the employee chooses not to seek treatment at this time have them initial in the space provided on the **EIR FORM 1000** under Physician's Information.
- > Provide the employee with a copy of the following documents for their records-
 - 1. IMPORTANT FACTS ABOUT WORKERS' COMPENSATION (page 2)
 - 2. **CITY OF HAMPTON AND HAMPTON CITY SCHOOLS PHYSICIAN'S MEDICAL REPORT** (page 3- with the top portion filled out by the Nurse/Supervisor)
 - EXPRESS SCRIPTS PRESCRIPTION FORM
 (page 4- also filled out by the Nurse/Supervisor)

LAST! - Make sure you send the report to Risk Management immediately!

PLEASE BE AWARE THAT ALL EIR FORM 1000'S MUST BE TURNED IN UPON COMPLETION

FAX THE EIR FORM TO 727-1470

IF YOU DO NOT HAVE A FAX MACHINE PLEASE REPORT THE INJURY BY PHONE TO 727-6617 AND SEND THE HARD COPY BY INTEROFFICE MAIL. FOR AFTER HOURS INJURIES PLEASE LEAVE A VOICEMAIL AND SOMEONE FROM THE OFFICE WILL CONTACT YOU AS SOON AS POSSIBLE.

All injury reports for Public Works and Parks & Recreation please report injuries to Mark White

CITY OF HAMPTON HAMPTON CITY SCHOOLS EIR FORM 1000

Report of Work-Related Injury or Illness (Revised July 2014)

PAGE 1

NOTE: PLEASE FORWARD REPORT TO RISK MANAGEMENT AND SAFETY.

Employee								
Name of employee (Last, First, Middle)			Social Security Number			Sex Male Female		
Department/School			Date of	birth			Job Title	
Home Address City		City		State	Zip Code		Date of Hire	
Time and Place of Injury/Illness	;			u .			1	
Location where incident occurred				of injury or illness Tin a.m. □ p.m. □		Tim	e began work a.m.	
Date injury or illness reported	ry or illness reported Person to whom reported Nam		Name of other	e of other witness			If fatal, give date of death	
Incident Type			Injur	Injury Type				
Animal Bite		gainst/By	В	Burn Sprain/S Cut/Puncture Fracture		None Skin Rash Sprain/Strain Fracture		
Body Part Affected			l.					
Left Right / Abdomen Groin Toes Hand Ankle Wrist Arm Head Back Hip Chest Knee Ear Leg Elbow Mouth Eye Neck Face Nose Shoulder Other Employee's Action Bending Driving Riding Running Sitting Squatting Standing Walking Other Surface Type Brick Dirt Stone Carpet Grass Tile Concrete Pavement Wood Other Employee's Version of How Incident Occurred								
Physician's Information								
Panel Physician (name and address)				Note to Supervisor: Please make sure employees choose from the Panel Doctors located on the back of the form even if they choose not to seek treatment at this time				
Medical Assistance Waiver: (Please initial in space provided) I do not want medical treatment at this time. Has employee returned to work? \Boxed Yes \Boxed No								
Please initial here to confirm you have received the Important Facts About Workers' Compensation Form								
EMPLOYEE: (name, signature, title)			Date				Phone Number	
Supervisor's Comment								
SUPERVISOR: (name, signature, title)			Date				Phone Number	

IMPORTANT FACTS ABOUT WORKERS' COMPENSATION

It is the employee's responsibility to:

- Report any work-related injury or illness immediately to his/her supervisor
- If necessary, see a doctor on the Panel of Physicians for medical treatment and follow the doctor's instructions.
- Get written authorization from physician indicating work status. A disability note is required for <u>ALL</u> time missed and cannot be back dated.
- Stay in touch with his/her supervisor and provide supervisor with doctor's written authorization for work status.

The Virginia Worker's Compensation Act directs coverage for workers injured in a work-related accident or who develops a work-related illness. Risk Management's compensation claims administrator determines if an injury or illness is covered under the Act and may conduct an investigation to make that determination. **Please be aware that not all circumstances are covered.**

Workers' compensation benefits:

- · Begin on the eight calendar day of disability.
- Are normally equal to two-thirds of your average weekly earnings.
- Are not subject to federal, state or social security taxes.
- Are paid by special checks issued through our workers' compensation claims administrator.
- Cover expenses for medical treatment provided by a doctor selected from the approved panel of physicians.

PANEL OF PHYSICIANS

When a work-related injury requires immediate medical care, the first concern is to assure prompt and appropriate treatment—then a supervisor should be notified. For serious injuries an ambulance should be called to transport the employee to the hospital. The following physicians are authorized to provide medical care for work-related injuries:

Dr. Robert Mahoney Sentara Medical Group 747 J. Clyde Morris Blvd Newport News, Virginia 23601 (757) 599-6117 No Appointment Needed/Patient Walk-In Hours 8:00am to 8:00pm 7 days a week

Dr. Roxanne Dietzler
732 Thimble Shoals Blvd. Suite 102
Newport News, Virginia 23606
(757) 599-3623
No Appointment Needed/Patient Walk-In
Hours 7:00am to 3:30pm Monday thru Friday
Not open Saturday or Sunday

Dr. Michael Baddar I & O Medical Center 593 Aberdeen Rd. Hampton, Virginia 23661 (757) 825-1100 No Appointment Needed/Patient Walk-In Hours 7:30am to 7:30pm Monday thru Friday Saturday and Sunday 9:00am to 2:30pm

Dr. Malak Isaac
Patient First- Hampton Location
2304 West Mercury Blvd.
Hampton, Virginia 23666
(757) 951-1579
No Appointment Needed/Patient Walk-In
Hours 8:00am to 10:00pm 7 days a week

NOTE: You can help control our medical costs by using the hospital emergency room only when medically necessary (life threatening). Hospital emergency rooms will be used for treatment of emergencies only. Emergency care is defined as profuse bleeding, broken bones, unconsciousness, shock, etc.

Medical treatment should be scheduled around working hours unless it is an emergency as defined above. Please be aware that unauthorized use of leave due to an injury may not be covered by Workers' Compensation and may be applied towards your sick leave. If you have guestions about the use of leave during appointments please contact Risk Management at 757-727-6617.

If you are provided modified duty by a panel physican above contact your supervisor immediately and provide your supervisor with your doctor's note so that accommodations can be made.

To be covered for payment, treatment other than emergency care must be sought from a doctor on this Panel of Physicians. Any exceptions require prior approval from the workers' compensation claims administrator. If you select any other physician for treatment, including your own doctor, you must pay for this expense. Please note that medical expenses for work-related injuries or illnesses are not covered by our group medical insurance plans (eg. Trigon Blue Cross and Blue Shield, MAMSI)

CITY OF HAMPTON AND HAMPTON CITY SCHOOLS PHYSICIAN'S MEDICAL REPORT

TO PHYSICIAN: Please treat for the injury he/she reported receiving while	working
on (date)	
SUPERVISOR: SCHOOL NAME/CITY DEPARTMENT:	
TO BE COMPLETED BY THE ATTENDING PHYSICIAN	
Is this event work-related? ☐ Yes ☐ No	
Date and Time of Visit: Discharge Time:	
Diagnosis and Treatment:	
Is employee taking any medication which could affect behavior or performance at work?] No
Is employee scheduled for a follow-up visit: Yes No If Yes, When?	
Employee can return to work:	
☐ With no restrictions on (date)	
☐ With restrictions on (date)	
☐ No work until (date)	
Please check work restrictions which apply:	
☐ No use of affected limb ☐ Limited use of affected limb ☐ Limited walking	
☐ Limited bending/stooping/climbing ☐ No work outside ☐ Keep affected part clean and dr	у
□ No lifting over lbs. □ No operating of equipment □ No Driving	
Other	
Additional comments and instructions:	
Physician's Signature	

NOTICE TO PHYSICIAN:

We expect the best medical treatment and care you can provide for our employee. We also want him/her to return to work as soon as possible so that he/she can continue to receive full wages and so that we can maintain continued efficiency and minimize our accident costs.

In most cases, we believe that getting the employee back to work is the best rehabilitative treatment we can provide. We recognize that this depends on the physical limitations, if any, and the jobs available. We make every effort to offer temporary work consideration for our employees. Please call RISK MANAGEMENT at 757-726-6617 if there are any questions about our employees not being able to return to work.

Once you have completed this form, hand it back to the employee so that he/she can return it to the supervisor.

SUPERVISOR: PLEASE SEND ORIGINAL OF THE COMPLETED FORM TO SAFETY.





First Fill Temporary Prescription Services Card To Be Used Effective January 15, 2013

Attention Injured Worker: On your first visit, please give this notice to any pharmacy listed below to expedite the processing of your approved workers' compensation prescriptions. (Based on the established parameters by your employer.) Questions or need assistance locating a participating pharmacy: Call the Express Scripts Contact Center at 800-945-5951.

Atencion Trabajador Lesionado: Este formulario de identificación para servicios temporales de prescripción de recetas por compensación del trabajador DEBERÁ SER PRESENTADO a su farmacéutico al surtir su(s) receta(s) inicial(es). Si tiene cualquier duda o necesita localizar una farmacia participante, por favor contacte al área de Atención a Clientes de Express Scripts, en el teléfono 866-945-5951.

Attention Supervisor: Please complete the following information for the injured worker

ID#: SSN to be presented to	s Script the pharmacy at the time the on is filled.	Employee Information					
Date of Injury		Name:					
Group#: KVQA		Address:					
Employee DOB:		Employer: CITY OF HAMPTON					
Attention Pharmacist: Express Scripts administers this workers' compensation prescription program. Follow the steps below to submit a claim. For assistance, call the Express Scripts Contact Center at 888-786-9640.							
Pharmacy Processing Steps							
Step1	Enter bin number 003858	, 3					
Step 2	Enter processor control A4						
Step 3	Enter the group number as it appears above						
Step 4	Enter the injured worker's 9 digit ID#						
Step 5	Enter first name & last name						
Step 6	Enter the injured worker's date of injury (enter in PA field in the format ccyymmdd)						
Step 0			ymmaay				
	Participati	ng Pharmacy Chains					
A&P	Acme Pharmacy	Albertson's	Albertson's/Acme				
Albertson's/Osco	Albertson's/Sav-On	Amerisource Bergen	Anchor Pharmacies				
Arrow	Aurora	Bartell Drugs	Biggs				
Bi-Lo Brookshire Brothers	Bi-Mart Brookshire Grocery	BJ's Wholesale	Brooks Carrs				
Cash Wise	Coburn's	Bruno Costco	Curs				
CVS	D&W	Dahl's	Dierberg's				
Discount Drugmart	Doc's Drugs	Dominicks	Drug Emporium				
Drug Fair	Drug Town	Drug World	Eckerd				
Econofoods	EPIC Pharmacy Network	FamilyMeds	Farm Fresh				
Farmer Jack	Food City	Food Lion	Fred's				
Gemmel	Giant	Giant Eagle	Giant Foods				
Hannaford	Harris Teeter	H-E-B	Hi-School Pharmacy				
Hy-Vee	Jewel/Osco	Kash n Karry	Keltsch				
Kerr	Kmart	Knight Drugs	Kroger				
LeaderNet (PSAO)	Longs Drug Store	Major Value	Marsh Drugs				
Medic Discount Minyard	Medicap NCS HealthCare	Medistat Neighborcare	Meijer Network Pharmacueticals				
Northeast Pharmacy Services	Osco	P&C Food Market	Pamida				
Park Nicollet	Pathmark	Pavilions	Price Chopper				
Publix	Quality Markets	Raley's	Randalls				
Rite Aid	Rosauers	Rx Express	RXD				
Safeway	Sam's Club	Sav-On	Save Mart				
Schnucks	Scolari's	Sedano Shan Dita	Shaw's				
Shop 'N Save Stop & Shop	Shopko Sun Mart	ShopRite Super Fresh	Snyder Super Rx				
Target	Texas Oncology Svc	The Pharm	Thrifty White				
Times	Tom Thumb	Tops	Ukrop's				
United Drugs	United Supermarkets	Vons	Waldbaums				
Walgreens'	Wal-Mart	Vons Wegmans	Weis				
Weis	v v ai-IVIdi t	weginalis	4 A C I S				