



Americans with Disabilities Act (ADA)
Accommodation Request Form

Date:

EMPLOYEE INFORMATION (PART 1)			
Name:		Work site:	
Address:		Position:	
City:		Supervisor:	
State:		Home Phone:	
Zipcode:		Cell Phone:	
EMAIL			
Please provide detailed responses to each question below.			
What is the situation or condition that is prompting you to make an accommodation request? (e.g. nature of impairment; chronic or temporary condition, etc.)			
Describe the conditions of employment or job responsibilities that would be affected by your accommodation request:			
What specific accommodation request(s) are you proposing?			
Describe the anticipated length of the accommodation(s) requested.			

Signature of EMPLOYEE

Date

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EMPLOYEE NAME: _____

MEDICAL CERTIFICATION (PART 2)	
<i>Part 2 must be completed by a licensed health care provider for the request to be considered:</i>	
Starting date for the accommodation(s):	
Anticipated end date for the accommodation(s):	
<p>Please state the physical and/ or mental impairment that substantially limits one or more major life activity. Also include whether the impairment is a permanent or temporary condition.</p> 	

If an employee requires an accommodation, please complete the appropriate sections. Please mark each applicable section and provide as much information as possible.

PHYSICAL ABILITIES: (If applicable to the medical condition.)	FULL RESTRICTION	PARTIAL RESTRICTION	NO RESTRICTION
Sedentary-Lifting 0 to 10 pounds			
Light-Lifting 10 to 20 pounds			
Moderate-Lifting 20 to 50 pounds			
Heavy-Lifting 50 to 100 pounds			
Pulling/Pushing, Carrying			
Reaching or working above shoulder			
Walking (hrs)			
Standing (hrs)			
Sitting (hrs)			
Stooping (hrs)			
Kneeling (hrs)			
Repeated Bending (hrs)			
Climbing (hrs)			
Operating motorized equipment			
Exposure Limitation (Specify):			
Other (please describe):			

COGNITIVE ABILITIES AND SENSORY SKILLS: (If applicable to the medical condition.)	NOT CAPABLE	LIMITED CAPABILITY	FULLY CAPABLE
Thinking/ Reasoning			
Concentrating			
Recalling/ Recollecting			
Critical decision-making			
Interacting with others			
Alertness			
Following directions			
Speech/ Communication			
Visual/ Spatial Processing			
Auditory			
Other (please describe):			

Is the employee taking medications that will impact their ability to work? No Yes
 (If yes, please explain below.)

Signature of Health Care Provider **Date**

Print Name of Health Care Provider **Name of Practice**

Address **City** **State** **Zip Code**

Completed Accommodation Request form (Parts 1 and 2) must be submitted to:

Heather Listebarger, ADA Coordinator
 Human Resources Department
 6410 Carolina Beach Road
 Wilmington, NC 28412
 Fax: 910-254-4129
Heather.listebarger@nhcs.net