



## Registration Policies

- All participants and organizations must hold a current National Ability Center membership.
- Participant Packet, Registration Form, and payment/payment plan\* must be received in order to process the registration. Information remains current for one calendar year. Paperwork must be updated annually.
- **Session Lessons:** All session registrations must be received **two weeks** prior to the start of the session. Late registrations will be charged a \$10 late fee (with the exception of new members) and will be put on a wait list and accommodated if space is available.
- **Individual Lessons:** Registration requests must be received **one week** prior to the date requested. Registrations received with less than one week notice will be put on a wait list and accommodated if space is available. The Registration Coordinator will contact you if space becomes available. Direct contact must be made by phone or email for all confirmations at least 48 hours in advance or your spot will be filled.
- All registrations must be completed **48 hours** in advance of the lesson/program date.
  - **Ski and Snowboard Program** will accept walk-ins on a space available basis. Please call 435-940-1596 for availability.

## \*Payment Plan/Scholarship

- Participants who demonstrate financial need may apply for a payment plan or scholarship to participate in programs and activities. If needed, please request the Scholarship or Payment Plan Application from [registration@discovernac.org](mailto:registration@discovernac.org), complete and submit the Application Form with the Registration Request. You will be notified of a decision prior to receiving your confirmation letter.

## Cancellation Policy\*

1 week notice or more – Full refund minus \$10 processing fee

Less than 1 week notice – 50% refund

Less than 24 hours notice/no show – No refund

\* Exceptions to this policy include medical emergencies and highway/resort closures. The fact that it is snowing or chains are required does not warrant a credit or refund for a canceled lesson.

### Make-Up Lessons

- Make-up lessons for *session* lessons only *may* be available for a small fee:
  - Equestrian (private lessons only), Ski & Snowboard (equipment rentals not guaranteed), Water Sports - \$20
  - Archery, Cycling, Climbing, Aquatics - \$5
- No shows are not eligible for make-ups

## Equestrian Program Age & Weight Limits

- These age and weight limits have been set to ensure properly fitted equipment and to keep you and our resources safe.
  - Adaptive Riding:
    - Minimum age: 4 years old
    - Maximum weight: 200 lbs. Participants over this weight limit are invited to participate in unmounted activities such as Equine Facilitated Learning or groundwork lessons.
  - Hippotherapy:
    - Minimum age: 2 years old
    - Maximum weight: 100 lbs

## Helmet Policy

- All people while on horseback at the National Ability Center must wear ASTM-SEI approved Equestrian helmets.
- ASTM-SEI approved Equestrian helmets must be worn by all students at all time when in the barn or arena working with or around the horses.

## Precautions and Contraindications for Equine Assisted Activities and Therapies

This is only a brief list to provide some examples, please contact the Equestrian Program at 435-649-3991 x. 617 for more detailed information.

### **Precautions**

- Challenging behaviors
- Fatigue levels
- Medical equipment
- Paralysis below T-6
- Spinal Curvature, fixation/fusion
- Poor balance
- Seizures
- Medications
- Sensory limitations
- Allergies

### **Contraindications**

- Lack of physician's release for EAAT
- Children under 2 years old (4 years for therapeutic riding)
- Weight over 200 lbs. (100 lbs for Hippotherapy)
- Atlantoaxial Instability
- Inability to communicate pain
- Poor head control
- Persistent primitive reflexes
- Low skin integrity on weight bearing surfaces
- Females with indwelling catheters
- Complete spinal cord injury above T-6
- Insufficient spinal mobility to accommodate the movement of the equine
- Adults who are unable to sit unassisted on a flat surface with a back rest

**Please refer to the Participant Handbook for a full description of all program policies and procedures.**



# National Ability Center

Equestrian Program  
Hippotherapy  
2012-2013 Registration Form

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Patient weight: \_\_\_\_\_ Height: \_\_\_\_\_ Age: \_\_\_\_\_ Disability: \_\_\_\_\_  
Phone: Home: \_\_\_\_\_ Cell: \_\_\_\_\_  
Parent/Guardian: \_\_\_\_\_ Email: \_\_\_\_\_

PLEASE INDICATE AT LEAST YOUR 1<sup>ST</sup>, 2<sup>ND</sup>, AND 3<sup>RD</sup> CHOICE OF RIDE TIMES. We will do our best to accommodate your 1<sup>st</sup> or 2<sup>nd</sup> choices. Spaces in our classes will be filled based on the order in which the registration forms are received in our Administrative Office.

Monday	Tuesday	Wednesday	Thursday
9:30 am	2:00 pm	<del>6:00 pm</del>	<del>1:30 pm</del>
10:30 am	3:00 pm	-----	<del>2:30 pm</del>
<del>11:30 am</del>	<del>4:00 pm</del>	-----	<del>3:30 pm</del>
12:30 pm	<del>5:00 pm</del>	-----	<del>4:30 pm</del>
-----	<del>6:00 pm</del>	-----	5:30 pm

This registration form is due 3 weeks prior to the first day of the session. Confirmation letters will be emailed two weeks prior to the start of session for riders with a disability and one week prior to riders without a disability.

I would like to receive my confirmation letter via:     \_\_\_ Mail     \_\_\_ Email  
(Please provide email address at the top of this form)

Session Schedule:

## Fall

September 10<sup>th</sup> - December 15<sup>th</sup>, no Hippotherapy October 9, 22-27 and November 22-24

## Please refer to our billing and cancellation policies and procedures

Scholarship: All participants must complete a scholarship and payment plan application prior to the registration deadline to be considered for scholarship. Scholarships are only awarded based on need. Please see the Participant Handbook for more information.