



# MEDICAL EXAMINATION REPORT FOR COMMERCIAL DRIVER FITNESS DETERMINATION

## 1. DRIVER INFORMATION Driver completes this section. PRINT IN CAPITAL LETTERS - USING BLACK OR DARK BLUE INK.

LAST NAME	FIRST	DRIVER LICENSE NUMBER

ADDRESS	CITY	STATE	ZIP	WORK TELEPHONE NUMBER ( )	HOME TELEPHONE NUMBER ( )
SOCIAL SECURITY NUMBER	LICENSE CLASS <input type="checkbox"/> A <input type="checkbox"/> B <input type="checkbox"/> C	STATE OF ISSUE	<input type="checkbox"/> New certification <input type="checkbox"/> Recertification <input type="checkbox"/> Follow up		
BIRTHDATE	AGE	SEX <input type="checkbox"/> M <input type="checkbox"/> F	EYES	HAIR	

**PLEASE READ THE "INSTRUCTIONS TO THE DRIVER" BEFORE ANSWERING.**

**MARK ONE OF THE DRIVING TYPES BELOW**

- |   |   |
|---|---|
| <input type="checkbox"/> NI Non-Excepted Interstate | <input type="checkbox"/> EI Excepted Interstate (Not available in California) |
| <input type="checkbox"/> NA Non-Excepted Intrastate | <input type="checkbox"/> EA Excepted Intrastate (Not available in California) |

**CHECK ONE OF THE BOXES BELOW**

- I am **NOT** submitting this medical examination report to obtain a certificate to operate a School Bus, School Pupil Activity Bus, Youth Bus, General Public Paratransit Vehicle, or Farm Labor Vehicle.
- I AM** submitting this medical examination report to apply for or retain a certificate to operate a School Bus, School Pupil Activity Bus, Youth Bus, General Public Paratransit Vehicle, or Farm Labor Vehicle.

**PLEASE READ THE FOLLOWING INFORMATION**

If you indicated you have submitted this medical examination report for one or more of the certificates listed above, your medical examination **MUST** be performed by a Physician Assistant, Advanced Practice Registered Nurse, Doctor of Medicine (MD), Doctor of Osteopathy (DO), or a Doctor of Chiropractic (Chiropractor) listed on the most current National Registry of Certified Medical Examiners. Your medical examination report and medical certificate **MUST** be signed by the physician who performed the examination. If your medical examination report does not indicate your medical examination was performed by an MD, DO, Physician Assistant, Advanced Practice Registered Nurse or a Chiropractor listed on the most current National Registry of Certified Medical Examiners; DMV will not process your certificate application or accept your medical examination report, and your medical examination report will be returned to you.

## 2. HEALTH HISTORY Driver completes this section, but medical examiner is encouraged to discuss with driver.

<table border="0"> <tr><td><b>Yes No</b></td><td></td></tr> <tr><td><input type="checkbox"/> <input type="checkbox"/></td><td>Any illness or injury in last 5 years</td></tr> <tr><td><input type="checkbox"/> <input type="checkbox"/></td><td>Head/Brain injuries, disorders or illnesses</td></tr> <tr><td><input type="checkbox"/> <input type="checkbox"/></td><td>Seizures, epilepsy <input type="checkbox"/> medication _____</td></tr> <tr><td><input type="checkbox"/> <input type="checkbox"/></td><td>Eye disorders or impaired vision (except corrective lenses)</td></tr> <tr><td><input type="checkbox"/> <input type="checkbox"/></td><td>Ear disorders, loss of hearing or balance</td></tr> <tr><td><input type="checkbox"/> <input type="checkbox"/></td><td>Heart disease or heart attack, other cardiovascular condition <input type="checkbox"/> medication _____</td></tr> <tr><td><input type="checkbox"/> <input type="checkbox"/></td><td>Heart surgery (valve replacement/ bypass, angioplasty, 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For any YES answer, indicate onset date, diagnosis, treating physician's name and address, and any current limitation. List all medications (including over-the-counter medications) used regularly or recently. (Attach additional sheet, if needed).

**I certify (or declare) under penalty of perjury under the laws of the State of California that the foregoing is true and correct. I understand that inaccurate, false or missing information may invalidate the examination and my Medical Examiner's Certification.**

DRIVER'S SIGNATURE <b>X</b>	DATE MM DD YY YY
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DRIVER LICENSE NUMBER	NAME	DATE OF EXAM
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**MEDICAL EXAMINER COMPLETES SECTIONS 3 THROUGH 8**

QUALIFIED	NOT QUALIFIED	Check each item in appropriate box to show "Qualified" or "Not Qualified". Explain any special findings or test results NOT in an acceptable tolerance range.																																				
<input type="checkbox"/>	<input type="checkbox"/>	<p><b>3. VISION Numerical readings must be provided</b></p> <p><b>Standard:</b> At least 20/40 acuity (Snellen) in each eye with or without correction. At least 70 degrees peripheral in horizontal meridian measured in each eye. The use of corrective lenses should be noted on the Medical Examiner's Certificate.</p> <p><b>INSTRUCTIONS:</b> When other than the Snellen chart is used, give test results in Snellen-comparable values. In recording distance vision, use 20 feet as normal. Report visual acuity as a ratio with 20 as numerator and the smallest type read at 20 feet as denominator. If the applicant wears corrective lenses, these should be worn while acuity is being tested. If the driver habitually wears contact lenses, or intends to do so while driving, sufficient evidence of good tolerance and adaptation to their use must be obvious. Monocular drivers are not qualified.</p> <table border="1"> <thead> <tr> <th colspan="4">Numerical readings must be provided.</th> <th rowspan="2">Applicant can recognize and distinguish among traffic control signals and devices showing standard red, green and amber colors?..... <input type="checkbox"/> Yes <input type="checkbox"/> No</th> </tr> <tr> <th>ACUITY</th> <th>UNCORRECTED</th> <th>CORRECTED</th> <th>HORIZONTAL FIELD OF VISION</th> </tr> </thead> <tbody> <tr> <td>Right Eye</td> <td>20/</td> <td>20/</td> <td>Right Eye</td> <td rowspan="2">Applicant meets visual acuity requirement only when wearing: ..... <input type="checkbox"/> Corrective Lenses</td> </tr> <tr> <td>Left Eye</td> <td>20/</td> <td>20/</td> <td>Left Eye</td> </tr> <tr> <td>Both Eyes</td> <td>20/</td> <td>20/</td> <td></td> <td>Monocular Vision (one eye blind):..... <input type="checkbox"/> Yes <input type="checkbox"/> No</td> </tr> </tbody> </table> <p>Complete next line only if vision testing is done by an ophthalmologist or optometrist</p> <table border="1"> <tr> <td>DATE OF EXAMINATION</td> <td>(IF APPLICABLE) NAME OF OPHTHALMOLOGIST OR OPTOMETRIST (PRINT)</td> </tr> <tr> <td>TELEPHONE NUMBER</td> <td>LICENSE NUMBER/STATE OF ISSUE</td> </tr> <tr> <td></td> <td>SIGNATURE</td> </tr> </table> <p align="right"><b>X</b></p>	Numerical readings must be provided.				Applicant can recognize and distinguish among traffic control signals and devices showing standard red, green and amber colors?..... <input type="checkbox"/> Yes <input type="checkbox"/> No	ACUITY	UNCORRECTED	CORRECTED	HORIZONTAL FIELD OF VISION	Right Eye	20/	20/	Right Eye	Applicant meets visual acuity requirement only when wearing: ..... <input type="checkbox"/> Corrective Lenses	Left Eye	20/	20/	Left Eye	Both Eyes	20/	20/		Monocular Vision (one eye blind):..... <input type="checkbox"/> Yes <input type="checkbox"/> No	DATE OF EXAMINATION	(IF APPLICABLE) NAME OF OPHTHALMOLOGIST OR OPTOMETRIST (PRINT)	TELEPHONE NUMBER	LICENSE NUMBER/STATE OF ISSUE		SIGNATURE							
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<input type="checkbox"/>	<input type="checkbox"/>	<p><b>4. HEARING Numerical readings must be provided.</b></p> <p><b>Standard:</b> a) Must first perceive forced whispered voice <math>\geq</math> 5 ft., with or without hearing aid, or b) average hearing loss in better ear <math>\leq</math> 40 dB.</p> <p><input type="checkbox"/> Check if hearing aid used for tests. <input type="checkbox"/> Check if hearing aid <b>required</b> to meet standard.</p> <p><b>INSTRUCTIONS:</b> To convert audiometric test results from ISO to ANSI, - 14 dB from ISO for 500 Hz, - 10dB for 1,000 Hz, - 8.5 dB for 2,000 Hz. To average, add the readings for 3 frequencies tested and divide by 3.</p> <table border="1"> <thead> <tr> <th rowspan="2"></th> <th colspan="2">Numerical readings must be recorded.</th> <th colspan="3">RIGHT EAR</th> <th colspan="3">LEFT EAR</th> </tr> <tr> <th>RIGHT EAR</th> <th>LEFT EAR</th> <th>500 Hz</th> <th>1000 Hz</th> <th>2000 Hz</th> <th>500 Hz</th> <th>1000 Hz</th> <th>2000 Hz</th> </tr> </thead> <tbody> <tr> <td>a) Record distance from individual at which forced whispered voice can first be heard.</td> <td align="center">FT.</td> <td align="center">FT.</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>b) If audiometer is used, record hearing loss in decibels. (acc. to ANSI Z24.5-1951)</td> <td></td> <td></td> <td align="center" colspan="3">AVERAGE</td> <td align="center" colspan="3">AVERAGE</td> </tr> </tbody> </table>		Numerical readings must be recorded.		RIGHT EAR			LEFT EAR			RIGHT EAR	LEFT EAR	500 Hz	1000 Hz	2000 Hz	500 Hz	1000 Hz	2000 Hz	a) Record distance from individual at which forced whispered voice can first be heard.	FT.	FT.							b) If audiometer is used, record hearing loss in decibels. (acc. to ANSI Z24.5-1951)			AVERAGE			AVERAGE			
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<input type="checkbox"/>	<input type="checkbox"/>	<p><b>5. BLOOD PRESSURE/PULSE RATE Numerical readings must be recorded. Medical Examiner should take at least two readings to confirm BP.</b></p> <table border="1"> <thead> <tr> <th colspan="2">BLOOD PRESSURE</th> <th>READING</th> <th>HYPERTENSION CATEGORY</th> <th>EXPIRATION DATE FOR CERTIFICATION</th> <th>RECERTIFICATION</th> </tr> </thead> <tbody> <tr> <td>SYSTOLIC</td> <td>DIASTOLIC</td> <td>139/89 or lower with no history of Stage 1-3 hypertension currently requiring medication</td> <td>N/A Driver qualified</td> <td>2 years</td> <td>Every 2 years</td> </tr> <tr> <td></td> <td></td> <td>140-159/90-99</td> <td>Stage 1</td> <td>1 year</td> <td>1 year if 140/90 or less. One-time certificate for 3 months if 141-159/91-99.</td> </tr> <tr> <td colspan="2"><b>PULSE RATE</b></td> <td>160-179/100-109</td> <td>Stage 2</td> <td>One-time certificate for 3 months</td> <td>1 year from date of exam if 140/90 or less</td> </tr> <tr> <td colspan="2"><input type="checkbox"/> Regular <input type="checkbox"/> Irregular</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td colspan="2">RECORD PULSE RATE</td> <td>180/110 or higher</td> <td>Stage 3</td> <td>N/A Driver not qualified</td> <td>6 months from date of exam if 140/90 or less</td> </tr> </tbody> </table>	BLOOD PRESSURE		READING	HYPERTENSION CATEGORY	EXPIRATION DATE FOR CERTIFICATION	RECERTIFICATION	SYSTOLIC	DIASTOLIC	139/89 or lower with no history of Stage 1-3 hypertension currently requiring medication	N/A Driver qualified	2 years	Every 2 years			140-159/90-99	Stage 1	1 year	1 year if 140/90 or less. One-time certificate for 3 months if 141-159/91-99.	<b>PULSE RATE</b>		160-179/100-109	Stage 2	One-time certificate for 3 months	1 year from date of exam if 140/90 or less	<input type="checkbox"/> Regular <input type="checkbox"/> Irregular						RECORD PULSE RATE		180/110 or higher	Stage 3	N/A Driver not qualified	6 months from date of exam if 140/90 or less
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<input type="checkbox"/>	<input type="checkbox"/>	<p><b>6. LABORATORY AND OTHER TEST FINDINGS Numerical readings must be recorded.</b></p> <p><b>Urinalysis is required.</b> Protein, blood or sugar in the urine may be an indication for further testing to rule out any underlying medical problem.</p> <table border="1"> <thead> <tr> <th rowspan="2">OTHER TESTING (DESCRIBE AND RECORD)</th> <th colspan="4">URINE SPECIMEN</th> </tr> <tr> <th>SP.GR.</th> <th>PROTEIN</th> <th>BLOOD</th> <th>SUGAR</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	OTHER TESTING (DESCRIBE AND RECORD)	URINE SPECIMEN				SP.GR.	PROTEIN	BLOOD	SUGAR																											
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DRIVER LICENSE NUMBER	NAME	DATE OF EXAM
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## 7. PHYSICAL EXAMINATION

HEIGHT	IN.	WEIGHT	LBS.
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The presence of a certain condition may not necessarily disqualify a driver, particularly if the condition is controlled adequately, is not likely to worsen or is readily amenable to treatment. Even if a condition does not disqualify a driver, the medical examiner may consider deferring the driver temporarily. Also, the driver should be advised to take the necessary steps to correct the condition as soon as possible, particularly if the condition, if neglected, could result in more serious illness that might affect driving.

**Check YES if there are any abnormalities. Check NO if the body system is normal.** Discuss any YES answers in detail in the space below, and indicate whether it would affect the driver's ability to operate a commercial motor vehicle safely. Enter applicable item number before each comment. If organic disease is present, note that it has been compensated for. Check each item in appropriate box to show "Qualified" or "Not Qualified".

As you complete items 1 - 12 below, you will find some items that have no clearly defined measures to indicate a driver is "qualified" or "not qualified." For such items, please check "qualified" if the driver's condition appears within normal limits.

See Instructions To The Medical Examiner for guidance.

Any abnormalities present?

QUALIFIED	NOT QUALIFIED	BODY SYSTEM	CHECK FOR:	YES*	NO
		1. General Appearance	Marked overweight, tremor, signs of alcoholism, problem drinking, or drug abuse.		
		2. Eyes	Pupillary equality, reaction to light, accommodation, ocular motility, ocular muscle imbalance, extraocular movement, nystagmus, exophthalmos, strabismus uncorrected by corrective lenses, retinopathy, cataracts, aphakia, glaucoma, macular degeneration.		
		3. Ears	Middle ear disease, occlusion of external canal, perforated eardrums.		
		4. Mouth and Throat	Irremediable deformities likely to interfere with breathing or swallowing		
		5. Heart	Murmurs, extra sounds, enlarged heart, pacemaker.		
		6. Lungs and chest, not including breast examination	Abnormal chest wall expansion, abnormal respiratory rate, abnormal breath sounds including wheezes or alveolar rales, impaired respiratory function, dyspnea, cyanosis. Abnormal findings on physical exam may require further testing such as pulmonary tests and/or x-ray of chest.		
		7. Abdomen and Viscera	Enlarged liver, enlarged spleen, masses, bruits, hernia, significant abdominal Viscera wall muscle weakness.		
		8. Vascular system	Abnormal pulse and amplitude, carotid or arterial bruits, varicose veins.		
		9. Genito-urinary system.	Hernias.		
		10. Extremities - Limb impaired. Driver may be subject to SPE certificate if otherwise qualified.	Loss of impairment of leg, foot, toe, arm, hand, finger. Perceptible limp, deformities, atrophy, weakness, paralysis, clubbing, edema, hypotonia. Insufficient grasp and prehension in upper limb to maintain steering wheel grip. Insufficient mobility and strength in lower limb to operate pedals properly.		
		11. Spine, other musculoskeletal	Previous surgery, deformities, limitation of motion, tenderness.		
		12. Neurological	Impaired equilibrium, coordination or speech pattern; paresthesia asymmetric deep tendon reflexes, sensory or positional abnormalities, abnormal patellar and Babinski's reflexes, ataxia.		

\*COMMENTS

DRIVER LICENSE NUMBER	NAME	DATE OF EXAM
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**8. PHYSICIAN, CHIROPRACTOR, PHYSICIAN ASSISTANT, OR ADVANCED PRACTICE REGISTERED NURSE COMPLETES THIS SECTION**

DRIVER'S IDENTITY VERIFIED BY:  
 Driver License No: \_\_\_\_\_  Other Photo ID (Specify ID used): \_\_\_\_\_

**Medical Examiners Comments on Health History (The medical examiner must review and discuss with the driver any "yes" answers and potential hazards of medications, including over-the-counter medications, while driving.) If the driver has previously been diagnosed with Stage 1, Stage 2, or Stage 3 hypertension and continues to require medication for treatment of hypertension, please indicate here and follow instructions for reduced term of medical certificate.**

**Note certification status here. See *Instructions to the Medical Examiner* for guidance.**  
***I certify under penalty of perjury under the laws of the State of California that I am licensed, certified, and/or registered, in accordance with applicable State laws and regulations to perform physical examinations, that I have examined the driver named above in accordance with the Motor Carrier Safety Regulations (49 CFR 391.41 – 391.49) and with knowledge of the driving duties, I find this person:***

DMV COMPLETES THIS SECTION		
REVIEWED BY (Indicate Tech ID#)	FIELD OFFICE	HDQTRS
<input type="checkbox"/> Forward for further review		
UPDATED BY (TECH #)	DATE UPDATED	
DATE STAMP		

- (CHECK ALL THAT APPLY)**
- Meets standards in 49 CFR 391.41; qualifies for 2 year medical certificate.
  - Does not meet standards for interstate commerce.
    - Driver is unqualified based solely on 49 CFR 391.41(b) 1, 2, 10, or 11. May qualify for California intrastate restricted medical certificate (DL 51B). Note: A DL 51B is only issued by DMV.
  - Meets standards, but periodic evaluation required due to \_\_\_\_\_.
  - Driver qualified only for:
    - 3 months  6 months  1 year  Other \_\_\_\_\_
  - Temporarily disqualified due to (condition or medication): \_\_\_\_\_  
 Return to medical examiner's office for follow up on \_\_\_\_\_

**PLACE MEDICAL EXAMINER'S OFFICE STAMP IN THIS SPACE OR ATTACH OFFICE LETTERHEAD**

MEDICAL EXAM DATE	MEDICAL EXAM EXPIRATION DATE (MUST NOT EXCEED 2 YRS FROM DATE OF EXAM)
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- ONLY QUALIFIED WHEN:**
- Wearing corrective lenses
  - Wearing hearing aid
  - Accompanied by a \_\_\_\_\_ waiver/exemption. Driver must present exemption at time of certification.
  - Accompanied by a Skill Performance Evaluation (SPE) Certificate
  - Driving within an exempt intracity zone (not applicable in California)
  - Qualified by operation of 49 CFR 391.64

**A completed examination form is on file in my office.**

**INFORMATION BELOW MUST BE LEGIBLE OR THE FORM WILL BE RETURNED FOR CLARIFICATION**

MEDICAL EXAMINER'S LICENSE ISSUE STATE	MEDICAL EXAMINER LICENSE NUMBER	MEDICAL EXAMINER NATIONAL REGISTRY NUMBER
TITLE <input type="checkbox"/> Physician ( <input type="checkbox"/> M.D. <input type="checkbox"/> D.O.) <input type="checkbox"/> Chiropractor <input type="checkbox"/> Physician Assistant <input type="checkbox"/> Advanced Practice Registered Nurse		
MEDICAL EXAMINER'S PRINTED NAME (LAST, FIRST, MIDDLE)		
MEDICAL EXAMINER'S SIGNATURE <b>X</b>	MEDICAL EXAMINER'S TELEPHONE NUMBER ( )	

If driver meets standards, complete a Medical Examiner's Certificate according to 49 CFR 391.43(h). (Driver must carry certificate when operating a commercial vehicle.)