Individual Training Plan (ITP) UCSF Psychiatry Research Resident Training Program (RRTP)

Instructions to Mentees:

Please complete this form yearly and give a copy to your career mentor before your mentoring session. Please attach a copy of your CV, with relevant publications, presentations, and awards.

Instructions to Mentors:

Please review the mentee's CV and this form prior to meeting your mentee.

Date:

Mentee Name:

Career Mentor Name:

Research Advisor Name:

Major clinical interest:							
Major research focus:							
Child?		Yes	No				
Advanced training:							
PhD	Yes	No	Area				
МРН	Yes	No	Area				
MS	Yes	No	Area				
Other: Area_	Yes_	No					

Future Professional Goals

<u>Short Term Goals (e.g., post doc, K award, etc)</u> List your professional goals for the next 5 years. Be as specific as possible.

- 1. Goal:
- 2. Goal:
- **3.** Goal:

Long Term Goals (Academic research career, industry, % time in research vs clinical, etc) List your long term (e.g., next 10 years) professional goals. Again, be specific.

1. Goal:

- 2. Goal:
- **3.** Goal:

Work Life Balance Considerations (e.g., family, location, etc)

PGY 2 year:

Time Allocation as determined by RTP/RRTP:

Research home clinic at VA=4 hrs/wk research time Delaying family therapy to 4th year=4 hrs/wk research time (optional)

Clinical needs:

VA 1st half of year Y____ N____

Home clinics (choose one in addition to PTSD and SA):

PTSD Substance Abuse HIV/AIDS Mood Disorders Telepsychiatry Women š Health Geriatric Mood Assessment Community Addictions Research	required required						
Family therapy in this year? Y Research home clinic? Y		N N					
Research needs:							
Training in Clinical Research (TICR) course?							
Yes No	N/A						
Ethical conduct of research (CITI course) (required) taken?							
Ethical treatment of animals	Yes	No	_N/A				
Other:							

Apply to RRTP in spring (Usually January)

RRTP Goals

List your professional goals for the coming year. Be as specific as possible, and indicate how you will assess if the goal was accomplished (expected outcome).

1. Goal:

Expected outcome:

2. Goal:

Expected outcome:

Long Term Goals

List your professional goals for the RRTP (next 2-3 years). Again, be specific, and indicate how you will assess if the goal was accomplished.

1. Goal:

Expected outcome:

2. Goal:

Expected outcome:

PGY 3 year:

Time Allocation as determined by RTP/RRTP:

30% Research 70% Clinical Care/Didactics

Based on a 40 hour week of *scheduled* activities (not counting administrative time such as paperwork)

All day Monday and Friday afternoon blocked for research time

Clinical needs:

Specialty clinics:

Anxiety Depression WMH Geriatrics Psychosis

Research needs:

Training needs (be specific and also identify how you will achieve these training needs, specific courses, etc):								
Ethical treatment of	fanimals	Yes	No	N/A				
Ethical conduct of r	esearch (CIT	l course) (required) take	n?				
TICR course?	Yes	N	0	N/A				

Statistics:

Clinical research methods:

Technical or other research skills needed:

Travel?	Y	N

Timing/length:

RRTP Goals

List your professional goals for the coming year. Be as specific as possible, and indicate how you will assess if the goal was accomplished (expected outcome).

1. Goal:

Expected outcome:

2. Goal:

Expected outcome:

Long Term Goals

List your professional goals for the RRTP (next 1-2 years). Again, be specific, and indicate how you will assess if the goal was accomplished.

1. Goal:

Expected outcome:

2. Goal:

Expected outcome:

PGY 4 year:

Time Allocation as determined by RTP/RRTP:

75-90% Research

10-25% Clinical Care/Didactics (including family therapy if delayed)

Clinical needs:

Family therapy in this year? Y_____ N____

Training needs (be specific and also identify how you will achieve these training needs, specific courses, etc):

Statistics:

Clinical research methods:

Technical or other research skills needed:

Travel?

Presentations?

RRTP Goals

List your professional goals for the coming year. Be as specific as possible, and indicate how you will assess if the goal was accomplished (expected outcome).

3. Goal:

Expected outcome:

4. Goal:

Expected outcome:

Long Term Goals

List your professional goals for the next 3-5 years . Again, be specific, and indicate how you will assess if the goal was accomplished.

3. Goal:

Expected outcome:

4. Goal:

Expected outcome: