

The Royal Infirmary of Edinburgh
51 Little France Crescent
Edinburgh

EH16 4SA

Endoscopy Unit

OESOPHAGO-GASTRO DUODENOSCOPY WITH BOTOX INJECTION

PATIENT DISCHARGE INFORMATION

Today you had an examination of your oesophagus, stomach and duodenum. Any after effects are usually minimal and may take the following form:

ABDOMINAL DISCOMFORT

You may feel a little bloated and have some wind-like pains because of the air introduced into your stomach during the procedure. This should settle within a few hours.

SORE THROAT

You may have a sore throat. This is quite normal and will pass after 24 to 48 hours. If you had a biopsy taken you may cough or bring up a small amount of blood-stained fluid.

COMPLICATIONS

Contact the Endoscopy Unit, NHS 24 or A&E if you experience any of the following:

- Any severe pain in the neck, chest or abdomen
- Cough up blood, more than a small amount
- Experience breathing difficulties
- Develop a high temperature, sweats or chills
- Pass blood (red or black) in your bowel movements
- Vomiting

Contact numbers can be found on the back of this page.

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MEDICATION

Please continue to take any regular medication unless otherwise advised.

DISCOMFORT AT THE INJECTION SITE

You may experience slight discomfort at the site where the sedative injection was given.

If this site becomes increasingly red, tender or swollen, please seek advice from your GP.

DIFFICULTY IN SWALLOWING

After this procedure, you may experience some difficulty in swallowing solid food. This will improve within 2 to 3 days.

DIET

Following oesophageal dilatation it is recommended that you follow this regime.

Day of procedure: "Sloppy" diet, e.g., porridge, custard, yoghurt etc.

Day 1 after procedure: Normal diet avoiding abrasive foods such as toast.

Day 2 after procedure: Normal diet.

SEDATION

Sedation makes you drowsy and can impair your reflexes and judgement.

For 24 hours after you have had sedation:

Do not drive.

Do not go to work.

Do not drink alcohol.

Do not sign any important documents.

Do not use any kind of machinery including household appliances.

Avoid looking after young children.

Take extra care in the bath or shower.

Do not take sleeping tablets.

A copy of the report will be sent to your referring doctor and GP.

If you had biopsies taken the results will be with your GP in approx 21 days.

Prior to making an appointment with your GP regarding your results, please contact your health centre to ensure they have received them.

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FOLLOWING YOUR PROCEDURE TODAY YOU WILL REQUIRE:

- No further follow up
- Follow up with GP
- Follow up in Clinic
- Follow up procedure

Any other relevant information

CONTACT NUMBERS

Endoscopy Unit 0131 242 1600
Monday to Friday between 8am and 5pm

NHS 24 08454 242424

Accident and Emergency 0131 536 1000
Through The Royal Infirmary of Edinburgh switchboard

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