WAIVER AND RELEASE AND ASSUMPTION OF RISK AGREEMENT

In consideration of me being permitted to participate in any way in the **US Figure Skating (USFS) and/or Colorado Skating Club (CSC)** sponsored Activities ("Activity"), I agree:

- I understand the nature of Colorado Skating Club activities and believe I am qualified to participate in such
 Activity. I further acknowledge that I am aware the activity will be conducted in facilities open to the public during
 the Activity. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately
 discontinue further participation in the Activity.
- 2. I FULLY UNDERSTAND that: (a) **USFS and/or Colorado Skating Club** Activities involve risks and dangers of **SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH** ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inaction's, the actions or inaction's of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and **I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES** incurred as a result of my Participation in the Activity.
- 3. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS USFS and/or Colorado Skating Club, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, or anyone on my behalf makes a claim against any of the Releasees named above, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COSTS ANY MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

Printed Name of Participant	Signature of Participant or Parent/ Guardian (if Participant is a minor)	Date
Printed Name of Witness	Signature of Witness	 Date

COLORADO SKATING CLUB PRINT & ELECTRONIC MEDIA WAIVER

The Colorado Skating Club (CSC) publishes several print and electronic media for use by its membership. CSC may take pictures or video of and write articles about its members and the skating club's activities including but not limited to Competitions, Ice Shows and the Annual Banquet for use on the CSC Bulletin Board at the South Suburban Ice Arena, the CSC Website and as part of any CSC publications including but not limited to the CSC Newsletter. Member's information may only be included in these publications with the written consent of the member or parent/guardian (in the member is a minor).

Please check all appropriate boxes.

PRINT MEDIA.	inciliaina	but not limited to	The C.S.C. News	IEITER

- [] Yes, I give permission for CSC to use pictures, video and /or written information about myself or the member indicated (if member is a minor) in the following printed media:
- [] CSC Newsletter
- [] CSC bulletin Board

[] No, I do not want pictures, video and/or written information about myself or the member indicated (if the member is a minor) to be used in printed media as described above.						
ELECTRONIC MEDIA: including but not limited to the CSC Website.						
[] Yes, I give permission for CSC to use pictures, video and/or written information about myself or the member indicated (if the member is a minor) in electronic media as described above. Only first names will be used when associated with pictures. [] check here if you do not want your name or name of member indicated (if member is a minor) associated with pictures. [] No, I do not want pictures, video and/or written information about myself or the member indicated (if member is a minor) to be used in electronic media as described above.						
I acknowledge by my signature below that I understand the above stated information and that my consent is valid for as long as I am (or the member indicated, if a minor) a current CSC member unless I otherwise notify CSC in writing.						
Name of CSC Member	Signature of CSC Member or Parent/Guardian (if member is a minor)	Date				