

ASHBURN VOLUNTEER FIRE & RESCUE DEPARTMENT
Citizen CPR
Course Registration Form

General Information

The Ashburn Volunteer Fire & Rescue Department (AVFRD) is a non-profit organization that provides Fire and Emergency Medical Services (EMS) to the local community. As part of our involvement with the community, we offer courses in *Cardiopulmonary Resuscitation* (CPR) to the public. The primary reason for this is that it is a very important skill. Minutes count. CPR is one of the first links in the *Chain of Survival* and all citizens should have some basic knowledge of how and when to use CPR.

CPR for Family and Friends. : (A class participation card is given at the end of the class, but is not considered a "credential.")

- This course targets all lay rescuers, such as school children, family members of patients at risk for sudden cardiac death, and other laypersons who want to learn rescue skills for loved ones. The course teaches rescuers skills in CPR and relief of foreign-body airway obstruction (FBAO/choking). It presents information about the AHA adult Chain of Survival and signs of heart attack, cardiac arrest, stroke and choking in adults. The text includes information about healthy heart living and action to reduce risk of cardiovascular disease in adults. The course also present information about the American Heart Association pediatric infant and child Chain of Survival, signs of choking in infants and children, prevention of sudden infant syndrome (SIDS) and prevention of the most common fatal injuries in infants and children. This class takes about 2 ½ - 3 hours

Costs: CPR Class Costs (AVFRD is a non-profit organization which may make this a tax-deductible expense. See your CPA for guidance.)

- The instruction we offer is free, as all of our instructors are volunteers. We charge only for the courseware and disposable materials. The costs proscribed below are for classes performed at the Ashburn Fire Rescue Station. We do not offer off-site classes

CPR/Family & Friends: \$20

Course Dates: Sunday, September 23, 2007 at 1 PM
Sunday, December 9, 2007 at 1 PM

Requested Course Date: _____ Alternate Date: _____

Name: _____

Address: _____

Telephone: (H) _____ (W) _____

Email Address: _____

Have you ever had a CPR course before? If so, how long ago? _____

How did you hear about this course? _____

Do you wish to be notified via email of future course offerings? _____

Do you wish to be notified via email of other AVFRD events? _____

Courses fill up fast, so please apply early. Registration deadline is 1 week prior to course date. Confirmations will be sent via email. If the course is full, you will be placed on a waiting list. The fee will be returned if the class is full (or you may apply it toward the next available session). If we are holding a spot for you in a class, and you do are not able to attend, please notify us of your cancellation prior to the deadline. Refunds will be sent, if requested, prior to the class deadline. If the demand warrants, additional classes may be offered throughout the year. *(Please check the web site or bulletin board in the front hall of the firehouse for the most up to date information and course schedules.)*

This course involves kneeling on the floor while performing rescue skills on a manikin. *Please check with your physician if you have any doubts about taking a class in CPR.*

The course is open to any individual **16 years of age or older** physically capable of performing the required skills.

If you are interested in registering for our next course, please fill out the application form on the front and attach a check for **\$20 made payable to Ashburn Volunteer Fire Rescue Department - CPR**. Payment is fully refundable up to the registration deadline (1 week prior to scheduled class). No refunds after registration deadline. Payment may be accomplished using ***Pay pal***

You may drop off your application at the firehouse or you may mail it to:

**Ashburn Volunteer Fire & Rescue Department
ATTN: CPR Committee Chair
20688 Ashburn Road
Ashburn, VA 20147**

Or email your registration to cpr@ashburnfirerescue.org