



FELDER--SRC
ALL-COMERS Track Meets
FREE
 USATF Sanction # 14-04-679
 OCC/SRC ARENA
 4585 West Seneca Turnpike
 Syracuse, NY 13215



Registration, 2:00 to 2:30, **Sat., December 13, 20, 2014—Sun., January 25, February 1, 2015**

Registration, 2:00 – 2:30 Meet, 2:30 - 5:30 pm Put-Away, 5:30 to 6:00 NO OVER-RUNS

Entry fee, None. Awards, None.

Age Groups (Notable, one-year increments through 6th birthday) **USATF Age Groups, Youth 6 & under, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18 Open, 19, 20-24, 25-29, 30-34, 34-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 84-89, 90-94, 95-99, 100-PLUS** (Notable, one-year increments following 100th birthday)

| December 13 | December 20 | January 25 | February 1 |
|------------------|-----------------------|---------------------------------|------------------|
| 800 | Yvonne's Relay | Pentathlon | 55 dash G/B |
| 55m dash B/G | Carnival | W/55hh/hj/disc/lj/800 | 55hurdles G/B |
| 55m hh B/G | 4 x 800 | M/55hh/lj/200/disc/1000 | Mile |
| Mile | 4 x 200 | Children Tri, G/ B, 7-8, | 400m |
| 200m | 4 x 400 | 9-10 shot, hj, 200/400 | high jump |
| high jump | SMR | Youth Pent., G/ B, 11- | long/triple jump |
| | (2-4-8-200) | 12, hh,sp,hj,lj,800/1000 | |
| | high jump | Pent/Y-Pent. (only) hh | |
| Long/triple jump | long/triple jump | Pent/Y-Pent. (only) | |
| | | 200/400/800/1000/1500 | |
| shot put | | -open long, triple jump- | |
| | shot put | --open shot put-- | shot put |

Please bring your own implements/throws. **Four attempts**, jumps, throws. **NO HAMMER. NO POLE VAULT.**
QUESTIONS 315-491-8328 lennieruns@aol.com Triple jumpers must be 13+.

WAI VER-participants/ volunteers

Name _____ M ___ F ___ Age ___ Birthdate _____ **USATF INDIV.#** _____
 Address _____ (if you have one)
 telephone _____

Please **print** name here _____ e-mail _____
 Persons age 17 and under, list parent/guardian name and address, if different from above.

Acknowledgement, Waiver, and Release from Liability. I acknowledge that participation in this developmental track meet is potentially hazardous and includes the possibility of death, serious injury, and property loss. I attest or verify that I am, and/or the above-named child is, medically able to safely complete these events. I assume all the risks associated with my participation and/or that of my child in this series of meets, including, but not limited to falls, actions, or contacts with other participants, volunteers, USATF, Games Makers, and spectators. I am aware that the medical support for this event will be personnel who will be prepared to administer first aid assistance only, I agree to abide by any decision of a meet volunteer relative to my ability and/or that of my child to safely complete any of these events. I also grant full permission to any and all of the foregoing to use any photographs of this event for any purpose whatsoever. **Having read** this waiver and knowing these facts, and on conditions of your accepting my participation and/or that of my child, I, myself, and anyone entitled to act on my behalf, waive, release, and discharge Felder Track and Field Club, the games makers and volunteers, Onondaga Community College, and all assigns and sponsors from all claims and liabilities of every kind or nature arising out of my participation and/or that of my child's participation in this track and field meet. **I hereby certify** that I have read all of the terms/conditions of this release and intend to be legally bound thereby.

Signature _____ Date _____
 (participant)
 Signature of Parent or Participant _____ Date _____
 (Office Only – please circle date, thank you.)

December 13 December 20 January 25 February 1