



Managing Complex Care for Older Adults: A Symposium for Primary Care Providers



FREE
Continuing
Education
Credits

Saturday

April 16, 2016

9 a.m. - 3:15 p.m.

Sampson Community College
Clinton, NC

 East Carolina University
College of Nursing

**SOUTHERN
REGIONAL AHEC**
AREA HEALTH EDUCATION CENTER

In affiliation with Duke University Medical Center
Part of the NC AHEC Program

Managing Complex Care for Older Adults: A Symposium for Primary Care Providers

Target Audience

Physicians, nurse practitioners, physician assistants, pharmacists, registered nurses, nursing home administrators and other clinical staff, including those in the fields of internal and family medicine, and Goshen health care team.

Program Description

This program is focused on geriatrics for primary care providers to deal more effectively with the most common geriatric problems facing the rural population.

Overall Objectives

Upon completion, participants will be able to:

- Apply an evidence-based geriatric approach to common primary care problems for older adults in Eastern NC.
- Identify risks, health promotion, and disease prevention activities to improve health outcomes for older farmers in rural healthcare settings.
- Engage the farming community to provide evidence-based education focused on the needs of aging adults.

Contact

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SR-AHEC Continuing Medical Education
910-678-7306
maria.papaderos@sr-ahec.org

Registration

Pre-registration is required. Please fill out the registration form provided or online at:

<http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=48725>

There is no fee to attend this program.

Credit

AMA PRA Category 1 Credit™: 6.0 hours

Credit Statement: Southern Regional AHEC designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Accreditation: Southern Regional AHEC is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

For Non-Physicians: Other health professionals will receive Southern Regional AHEC CEU and/or contact hours and a certificate of attendance from an *AMA PRA Category 1 Credit™* activity. These certificates are accepted by the NC boards for physician assistants, nurse practitioners, nurses, physical therapists and athletic trainers. License requirements are subject to change. Southern Regional AHEC recommends that participants contact their licensing boards with specific questions. Southern Regional AHEC will provide 0.6 Continuing Education Unit (6.0 contact hours) to participants upon completion of this activity.

Disclosure: Southern Regional AHEC adheres to ACCME Essential Areas and Policies regarding industry support of continuing medical education. Disclosure of faculty/planning committee members and commercial relationships will be made known at the activity. Speakers are also expected to openly disclose a discussion of any off-label, experimental, or investigational use of drugs or devices in their presentations.

Coordination: This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28722 and Geriatrics Workforce Enhancement Program for a total award of \$2,543,874.00 and 0% financed with nongovernmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. government.

This event is organized jointly by East Carolina University College of Nursing, its partners and Southern Regional AHEC. To get additional resources for primary care providers treating older patients, visit:
<http://www.nursing.ecu.edu/geriatric/index.cfm>

Agenda - Saturday, April 16

8:30-9 a.m. Registration

9-10:15 a.m. **The Presentation of Cognitive Impairment in Primary Care and What to Do**

Kenneth Steinweg, M.D., is a professor, director of the geriatric division and program director for the geriatric fellowship in the department of family medicine at Brody School of Medicine at East Carolina University. Dr. Steinweg completed medical school at the University of North Carolina at Chapel Hill in 1975 and went on to complete a family medicine residency at Womack Army Hospital at Fort Bragg, NC. Following an illustrious 25 year career in the US Army, Dr. Steinweg returned to Brody School of Medicine at ECU where he has maintained a large clinical practice and has taught geriatrics with medical students, family medicine residents, and geriatric fellows over the past 20 years. He served on the board of directors of the American Medical Directors Association and the board of directors of the North Carolina Academy of Family Physicians. Dr. Steinweg has received several awards including the department's outstanding teacher award in 2006 and the Brody School of Medicine Master Educator Award in 2007.



*Kenneth
Steinweg*

Objectives:

1. Understand the aging and cognitive demographics that will influence primary care the next 3 decades
2. Review the new DSM-5 criterion for cognitive impairment and be able to apply the standards for patient care
3. Examine the common screening tools for cognitive impairment in primary care and their advantages and disadvantages
4. Discuss evidence based recommendations for laboratory and imaging studies for patients with cognitive impairment.

10:15-10:30 a.m. Break



Agenda - Saturday, April 16

10:30-11:30 a.m. **Integrating Mental and Behavioral Health into your Practice: Tips and Tools for Success**



*Marissa
Carraway*

Marissa Carraway, Ph.D., graduated from ECU's Health Psychology Doctoral Program and completed both her predoctoral internship and postdoctoral fellowship in integrated health psychology at Cherokee Health Systems in Knoxville, TN. Dr. Carraway is a licensed psychologist and clinical assistant professor in the department of family medicine at ECU's Brody School of Medicine where she teaches medical residents and behavioral medicine students about integrated care. A large part of her role at family medicine is to implement and improve integrated care delivery for patients. She also works as an interventionist for a large clinical trial examining collaborative stepped care for patients with diabetes and depression. In addition, Dr. Carraway serves as adjunct clinical assistant professor in ECU's department of psychology.

Janna Daugherty, MSW, LCSW, LCAS, is the social work practitioner with the department of family medicine at ECU's Brody School of Medicine. As part of her role she provides social work services to adults served by the Monk Geriatric Center within the Department of Family Medicine. Ms. Daugherty has twenty years of social work experience and has worked with older adults as a DSS social worker in adult services and as a case manager for the Community Alternatives for Disabled Adults. As a clinician she has provided counseling services for older adults and their caregivers. She graduated from UNC-CH with a Bachelor of Arts in Sociology and from East Carolina University with a Master's Degree in Social Work.

Objectives:

1. Understand "Integrated Care", the importance of mental and behavioral health in primary care, and how mental/behavioral health providers fit into primary care practice.
2. Identify and screen patients in need of and appropriate for mental or behavioral health services.
3. Attendees will gain understanding of how to best function as the primary care team leader and effectively overcome common barriers to facilitating successful integrated care.

11:30 a.m.-1 p.m. **Lunch**

"It's who we are".... Work and Health of Aging Farmers



*Deborah
Reed*

Deborah B. Reed, Ph.D., MSN, MSPH, holds the Good Samaritan Endowed Professor Chair in community health nursing in the University of Kentucky's College of Nursing. Her innovative program of research with agricultural communities across the nation positions her as one of the leading authorities on the health and safety of farm families. Dr. Reed, who herself is from a farm family, has led five R01 level grants focused on improving the health and safety of children, youth, and senior adults in farm households. Her most recently funded grant is developing and testing a novel intervention, Farm Dinner Theater, as a venue for moving social norms about health and safety in farm communities.

Objectives:

1. Review and discuss family farming in the southern US.
2. Discuss the most common chronic health conditions and injuries of senior farmers.
3. Incorporate appropriate occupational health items in the health history.
4. Identify resources to assist with supportive farm work environments.

Agenda - Saturday, April 16

1-1:15 p.m. Break

1-2 p.m. *Afternoon Session for the Public*

1:15-2:15 p.m. **Update on the 2015 Beers Criteria**



*Ann Marie
Nye*

Ann Marie Nye, Pharm.D., FASCP, CGP, AGSF, is an associate professor of pharmacy practice at Campbell University and an affiliate associate professor with East Carolina University. She received her Doctor of Pharmacy in 2001 and Certificate in Aging Studies in 2000 from Virginia Commonwealth University/Medical College of Virginia. She then completed a geriatric pharmacy residency at the University of Texas and Audie Murphy Veteran Affairs Hospital. Currently, she works with the geriatric division in the department of family medicine at East Carolina University. Her primary practice site is at Golden Living Center in Greenville, a teaching nursing home. She participates in the interdisciplinary Falls and AGES clinics at the ECU Monk Geriatric Center.

Objectives:

1. Review potentially inappropriate medications on the Beers list and suggested alternatives
2. Describe the changes to the 2015 Beers criteria
3. Apply the 2015 Beers criteria to patient cases

2:15-3:15 p.m. **Advanced Care Directives, Goals of Care Discussion**



*Balaji
Pabbu*

Balaji Pabbu, M.D., is a clinical assistant professor in family medicine, and clinic director for, the department of geriatrics at East Carolina University. His interest lies in interprofessional education, medical student education, neuro-degenerative diseases, comprehensive geriatric evaluation, fall risk assessment, quality improvement and patient safety. He completed his undergraduate and medical doctorate at Sri Venkateswara Medical College, India (1996). He finished his family medicine residency at Ponom Valley Hospital Medical Center in Ponom California in 2009 before completing a geriatric fellowship at Thomas Jefferson University Hospital in Pennsylvania in 2010. Dr. Pabbu is board certified in family medicine, geriatrics, and hospice and palliative Care.

Objectives:

1. Review how to conduct a discussion on goals of care, and advanced care directives
2. Review the 7-step protocol to negotiate goals of care
3. Discuss how to communicate prognosis and its uncertainty
4. Express the importance in using Language effectively
5. Adjust care and communication according to culture.
6. Identify how to tell the truth and identify reasonable hope

3:15 p.m. Adjourn

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Registration Form

Form may be duplicated.

Geriatric Workforce Enhancement Spring Symposium

CASCE #48725 / CME160416

Phone: 910-678-7226 **Fax:** 910-323-0674

Online: <http://www.aheconnect.com/ncahec/eventdetail.aspx?EventID=48725>

Mail: SR-AHEC, Attention Registrar, 1601 Owen Drive, Fayetteville, NC 28304

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