



**MARYVILLE CITY SCHOOLS COORDINATED SCHOOL HEALTH
STUDENT HEALTH SCREENING FORM**



Affix Student Label Here

Height: _____ in. Weight: _____ lbs. Body Mass Index: _____ Percentile: _____

Blood Pressure: _____ / _____ Scoliosis: _____ (pass or fail) - 6th grade only

Vision

Near Right Left
 Acuity 20/_____ Acuity 20/_____ Glasses / Contacts (circle only if wearing)
 Glasses: Broken / Lost / Not wearing / Refuses to wear (circle if appropriate)
 Far Acuity 20/_____ Acuity 20/_____ Color Perception (grade K): Passed / Failed

Hearing (pass or fail)

Right Left

1000 Hz _____ _____ Circle if appropriate:
 History of hearing loss and/or surgery
 2000 Hz _____ _____ PE Tubes
 4000 Hz _____ _____ Hearing Aid(s)

RESCREEN INFORMATION

Blood Pressure Systolic _____ Diastolic _____ Date _____ Time _____

Systolic _____ Diastolic _____ Date _____ Time _____

Vision	Right	Left	Hearing (pass or fail)	Right	Left
Near	Acuity 20/_____	Acuity 20/_____	1000 Hz	_____	_____
Far	Acuity 20/_____	Acuity 20/_____	2000 Hz	_____	_____
Glasses / Contacts (circle only if wearing)			4000 Hz	_____	_____
Date _____			Date _____		

FINAL SCREENING RESULTS: (Rescreen and referral information are located on the back of this page.)		
<i>Type of Screening</i>	<i>Within Normal Range</i>	<i>Referral Recommended</i>
Body Mass Index		
Blood Pressure		
Vision		
Hearing		
Scoliosis (6 th Grade Only)		

Screening Notes/Comments: _____

Screening Requested by _____ Date(s) Absent _____



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Guidelines for Health Screening Referrals

Maryville City Schools are participating in a mass public health screening as required by the Tennessee Department of Education Office of Coordinated School Health. *Only* a health care provider, after thorough assessment, may diagnose a child.

Body Mass Index (TCA 49-6-1404):

A recommendation for a referral is made if a student is above the 85th percentile or below the 5th percentile.

- Body mass index is calculated by inserting a child’s height and weight into a formula specific to a child’s age and gender; the result can be used as one measure of body fat composition.
- According to the Centers for Disease Control and Prevention, “Although BMI is used to screen for overweight in children and teens, BMI is not a diagnostic tool.” In other words, a high BMI does not necessarily mean a child is overweight.
- To determine whether a child has excess body fat, further assessments such as skinfold thickness measurements, the child’s diet, physical activity level, and family history should be conducted by the health care provider. For nutrition counseling, please contact Heather Ledbetter (982-8968) for more information.
- Eating disorders that cause underweight such as anorexia nervosa and bulimia nervosa are complex conditions. All eating disorders require treatment from a health care provider.

Body Mass Index Chart for Children and Adolescents, www.cdc.gov

Weight Status Category	Percentile Range
Underweight	Less than the 5 th percentile
Healthy weight	5 th percentile to less than the 85 th percentile
Overweight	85 th to less than the 95 th percentile
Obese	Equal to or greater than the 95 th percentile

Blood Pressure:

A recommendation for a referral is made if a student’s blood pressure is above the 90th percentile.

- If the initial blood pressure reading is high, the student’s blood pressure is rescreened. If the second blood pressure reading is high, the student’s blood pressure is rescreened for a second time. If the third reading is still high, a recommendation for a referral is made. In short, a referral is only made after a total of three blood pressure readings.
- The normal range of BP is determined by gender, age, and height.

Hearing (TCA 49-6-5004):

A recommendation for a referral is made if the level of response is above 20dB on any of the three Hertz levels of 1000, 2000, and 4000.

- A student is rescreened if he/she fails one or more frequencies in one or both ears. If the student fails the second screening, a recommendation for a referral is made.

Scoliosis:

The student is asked to stand straight, and then bend forward while the examiner looks from the front, the back and the side. The screener looks for obvious curves, rib humps, uneven shoulders, waist or hips. The screener makes the recommendation for referral.

Vision (TCA 49-6-5004):

Failure in one or more of the following areas is confirmed by a second screening:

- Inability to read 20/30 (grades K-12) or 20/40 for PreK.
- A two-line or greater difference between the two eyes.

If the student fails the second screening or the color perception test (grade K only), a recommendation for a referral is made.