State Building & Construction Trades Council of CA Train-the-Trainer Course 2014

Agenda — Day One

8:00 - 8:45am	 Introductions and Overview Course overview Pre-test Review course binder Cal/OSHA Quiz 			
8:45 - 10:00	Toxics In Construction Training • Model teaching the curriculum			
10:00 - 10:15	Break			
10:15 - 12:00	Toxics In Construction Training (cont.) • Model teaching the curriculum			
12:00 - 12:30	Lunch (provided) (Pick Teams and Training Topics)			
12:30 - 2:00	Health Effects of Toxic Hazards Guest speaker, Dr. Robert Harrison, MD, MPH, Occupational Medicine Specialist, Clinical Professor of medicine, UCSF			
2:00 - 2:15	Break			
2:15 - 3:45	 Equipment Demonstration Guest speaker: Wayne Benedict, Senior Director Business Development, HILTI Inc. 			
3:45 - 4:00pm • •	Wrap Up Day One Post test Evaluate Day One			

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Agenda — Day Two

8:00 - 8:15am	Welcome BackReview Post TestOverview of Day Two			
8:15 - 9:00	 How Adults Learn Best Review Cal/OSHA Quiz Elements of good and bad training Interactive training methods Aim for the bull's eye 			
9:00 - 10:00	Cal/OSHA Speaker Discusses enforcement perspective on toxic exposures in CA construction			
10:00 - 10:15	Break			
10:15 - 10:30	Cal/OSHA Speaker (cont.) Q & A			
10:30 - 12:30	 Prepare Teach Back Presentations Assemble teams from Day One Review objectives and guidelines Teams prepare to teach a 15-minute session on their selected topic 			
12:30 - 1:00	Working Lunch (continue preparation if needed)			
1:00 - 3:30	Practice Teaching-Student Presentations			
3:30 - 4:00pm	 Evaluation, and SBCTC Paperwork Review SBCTC course paperwork Day 2 course evaluation Course certificates Next steps 			

What Do You Know About Cal/OSHA?

True	Fa lse		
		1.	The employer, the workers, and the union are all legally responsible for providing a safe and healthful workplace.
		2.	Only a worker directly affected by a hazardous situation may file a complaint with Cal/OSHA.
		3.	You must be a U.S. citizen to file a complaint with Cal/OSHA.
		4.	Employers will know when an inspector is coming and who filed the complaint.
		5.	During an inspection, Cal/OSHA inspectors must talk to workers.
		6.	Workers in California may refuse to do work that poses a substantial probability that death or serious physical harm could result.
		7.	It is illegal for a California employer to fire a worker because he/she complains about unsafe or unhealthful working conditions on the job.
		8.	If you suspect that something is hazardous in your workplace, the best course of action is always to call Cal/OSHA right away.

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Pre-Test

Name:	Date:
1. List th	nree factors that determine if a substance is likely to cause harm:
1	
2	
3	
2. List t	hree ways toxic substances enter your body:
1	
2	
3	
3. List th	nree forms of toxic substances:
1.	
2	
3	
-	in the difference between an acute and chronic health effect and give an ple of each.
Acute:	
Example	e:
Chronic); ;
Example	e:

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Pre-Test (cont'd)

5. What does "PEL" stand for? What is it? Who enforces it?
PEL:
What is it?
Who enforces it?
6. What are the 9 symbols called in the new Globally Harmonized System of Classification and Labeling of Chemicals (GHS)?
7. OSHA requires that six types of information must be listed on the GHS labels. Name three of them:
1
2
8. How many sections are required for the new Safety Data Sheets?
9. When must distributors use the new GHS labels on their products? (Circle the correct answer.)
a) December 1, 2013
b) December 1, 2014
c) December 1, 2015

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Pre-Test (cont'd)

10. What are the three types of controls referred to in the hierarchy of controls?
a)
b)
c)
11. List three things required by Cal/OSHA under their Respiratory regulation (Title 8, CCR, Section 5144):
1
2
3
12. Why is PPE the least effective type of control?
I3. What can workers do to protect their family members from the dusts and fibers hey're exposed to at construction job sites?

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Post-Test

Name:	Date:
1. List tl	hree factors that determine if a substance is likely to cause harm:
1	
2	
3	
2. List	three ways toxic substances enter your body:
1	
2	
3	
3. List tl	hree forms of toxic substances:
1	
2.	
3.	
4. Expla	ain the difference between an acute and chronic health effect and give an apple of each.
Acute:	
Exampl	e:
Chroni	c:
Exampl	e:

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State Building & Construction Trades Council of CA TOT Course Evaluation 2014

T	raining Date: You	r Name (optio	onal):					
lı	Instructors: Nazima El-Askari, LOHP and Laura Boatman, SBCTC							
	hank you for taking the time to com and will be used to improve the progr	•	uation. Your	feedback is	important			
C	Overall Training Elements							
Please rate the following aspects of the training, using the scale below:								
		Poor	Fair	Good	Excellent			
	Content of training	1	2	3	4			
	Organization of training	1	2	3	4			
	Quality of presenters	1	2	3	4			
	Relevance to your work	1	2	3	4			
	Opportunity for participation	1	2	3	4			
	Quality of materials/binder	1	2	3	4			
	Overall course rating	1	2	3	4			
C	Comments				_			

State Building & Construction Trades Council of CA TOT Course Evaluation 2014

Please evaluate each training topic below. Circle the best answer.

	Not Useful	Useful	Very Useful
Curriculum	1	2	3
PPT slides	1	2	3
Silica Video-Canada	1	2	3
Silica Video-SBCTC	1	2	3
Pyramid Game	1	2	3
Guest Speaker: Dr. Harrison, MD	1	2	3
Hilti demonstration	1	2	3
Cal/OSHA Speaker	1	2	3
Practice Teaching	1	2	3
Training Facility	1	2	3

How confident are you teaching co-workers or students about health and safety using the activities from this course?					
Not confident	Somewhat confident	Confident			
Comments					

State Building & Construction Trades Council of CA TOT Course Evaluation 2014

What did you like most about the training?
How could the training be improved?
What additional training would you like on health & safety at your job?
Other comments?