

PRESIDENT'S MESSAGE



Charlotte Grosz
President

As I sit down to write this message to you, it's New Year's Eve, 2012, and I have been thinking about the usual "resolutions" that most of us forget about within a month. Instead of writing words of my own, I am going to send you a wonderful quote from Mother Teresa, since there is no way I could ever write her message any better.

- ◆ "If you are kind, people may accuse you of ulterior motives. Be kind anyway.
- ◆ If you are honest, people may cheat you. Be honest anyway.
- ◆ If you find happiness, people may be jealous. Be happy anyway.
- ◆ The good you do today may be forgotten tomorrow. Do good anyway.
- ◆ Give the world the best you have and it may never be enough. Give your best any-

way.

- ◆ If you are successful, you will win some unfaithful friends and some genuine enemies. Succeed anyway.
- ◆ If you are honest and sincere, people may deceive you. Be honest and sincere anyway.
- ◆ What you spend years creating, others could destroy overnight. Create anyway.
- ◆ If you find serenity and happiness, some may be jealous. Be happy anyway.
- ◆ People are often unreasonable, irrational and self-centered. Forgive them anyway.
- ◆ For you see, in the end, it is between you and God. It was never between you and them anyway."

And one last part of her message:

"Reach high, for stars lie hidden in your soul. Dream deep, for every dream precedes the goal".

That is my New Year's wish for all of you!

HAPPY NEW YEAR!

President Charlotte

MONEY JAR FOR BACKPACK BUDDIES

There will be a Money Jar at Business Meeting to collect donations for Backpack Buddies.

The need is on-going. In the spirit, please give generously!

Thank you from your Service Committee.



ALTRUSA INTERNATIONAL OF LONGVIEW-KELSO
Business Meeting at CAP in Altrusa Room
December 13, 2012

Call to Order: The meeting was called to order by President Charlotte Grosz at 12:00 pm.

Attendance: Pat Gurrad, Anne DeFrancisco, Charlotte Grosz, Lois Brudi, Cindy Donaldson, Pat Vining, Carol Ryan, Ella Youmans, Shirley Heitzmann, Diane SueWing, Mark Bell, Pat Stankevich, Suzanne Martinson, Judy Flaskerud, Aileen Stanford, Carol McNair, Kathy Demarest, Mary Harding, Joann Law, Judy Kirby, Beverly Coryell, Karen Dennis, Gena Parfundi, Sara Parkin, Patricia Bosh, Sue Kirk, Yolanda Dietel, Sara Burt, Glenda Schuh, Nancy Russell, Charlotte Balint, Edith Uthmann
Introduction of Guests: No guests today.

Altrusa Accent: Ilona Kerby reported that the United Nations observed Human Rights Day on Dec. 10th. The observance was adopted by the UN on 12/10/1948. You can see more about the day on the UN web site. Ilona also talked about the different categories of Altrusa membership. They are as follows: Active (an active member) Emeritus(served at least 10 years but no longer able to participate in club activities), Affiliated (club that has disbanded or a member who is in a club that does not have 20 members), Life Member(past president of International or retired executive director of International), Honorary Member(a person who has done special service for the community but is not a member of a club).

Announcement:

- ◆ Sue Kirk sent around a sign-up sheet for the Holiday Luncheon to be held on Dec. 20th at the Monticello Hotel.
- ◆ Pat Vining thanked everyone who helped at Cocoa in the Park.
- ◆ Judy Flaskerud thanked everyone for helping with the Salvation Bell Ringing. Approximately \$950.00 was collected.
- ◆ June White thanked everyone for helping with Walk n' Knock.

Minutes: Minutes were approved as published.

Motions:

#1: That we approve the job description for the Nominating Committee as approved by the board at the Dec.6, 2012 meeting. After much discussion, the motion was amended. The motion reads: I move that we delete the sentence, "In addition, the current president-elect shall serve in a non-voting, ex-officio role to this committee. Motion made by Ilona Kerby and seconded by Sara Burt. Motion was voted on and approved.

#2: That we scan and copy to a digital device all of the club information we currently have in notebooks. A copy would go to the President, a copy to the committee chair and one copy to be kept in the file at CAP. In addition, a copy of all the club material will be stored on the International website in our club's shared files. There was some discussion. The record retention committee will look into it further. The motion was approved.

#3: That we have coffee and water at the business and program meetings, and if we can find a caterer, lunch at the business meetings, if cost is between \$5.00-\$11.00 (Reservations required for lunch) Coffee and water available for \$1.00. Motion approved.

Treasurer's Report: Anne DeFrancisco gave the treasurer's report. There were no corrections. It will be placed on file.

Vice President: Nancy Russell reported that there will be no program meetings in November and December. The January meeting will have a theme of helping ourselves. More information to come.

Committee Reports:

Ways and Means: Karen Dennis reported that we sold over 15 cases of pecans. All the bags of flour are sold. 4 jugs of oil were sold. We have 2 jugs left for sale.

Service: June White thanked Judy Flaskerud for chairing the Bell Ringing and Pat Vining for chairing Cocoa in the Park. June chaired the Walk n' Knock event. It was also reported that the Service Committee gave \$85.00 to the Cowlitz Runners projects, \$100.00 to Carrolls Elementary School, \$125.00 to CAP. We are still collecting socks for the homeless. The next meeting will be on Jan 17th.

Literacy Connection: Beverly Coryell held up a handmade thank you card from the children at Kessler School for the books we donated to the library. We have books for Catlin School but they need to be covered with plastic book covers and entered into the computer system. If a member wants to volunteer at Catlin library, it is open in the morning.

Backpack Buddies: Sue Kirk reported that we now deliver 180 bags of food per week. She thanked everyone who helped put the bags together. She also reported that the Emmanuel Lutheran Church sent a check for \$2400.00 for Backpack Buddies. Some LCC students who are getting their GED's will be helping us fill bags as a community service project. We also received canned goods from donations at Burgerville last Thursday.

Business Meeting at CAP in Altrusa Room December 13, 2012

Membership: Kathy Williamson thanked everyone for items for the bazaar. \$450.00 plus, was collected from the sales. The next membership event will be on Jan.31st at Peardale. The theme will be Chinese New Year. Please bring guest and prospective members.

Hospitality: No report

Conference: Plan on coming to the Conference in Kennewick, WA. More information in January.

Convention: Information is in the Newsletter.

Communication: Joann Law reported that pictures are being put on our club Facebook page.

Newsletter: Judy Kirby thanked Bonnie Canaday for filling in for her while she was on vacation.

BRR: No further discussion.

Time Keeper: No report

Correspondence: Pat Vining received a Cowlitz County Museum Catalog and a thank you note from the Longview Library for our donation of \$150.00.

Charlotte Grosz read a letter from Chris Connerly, Governor Elect of District Twelve, thanking us for our hospitality.

Unfinished Business: None reported

Altrusan of the Month: Kathy Williamson, Membership Chair.

Birthdays for December: June White and Ella Youmans

Kathy Demarest won the All for Fun money.

Meeting adjourned: 1:15 pm

Pat Vining, Secretary



Happy 2013



ALTRUSA TALENT SEARCH

Opportunities to invigorate and revitalize our club **NAME:** _____

Are you or do you know a member who might be interested in guiding or shaping our club this next year?

Sign your name on this form or indicate the name of your suggestion next to the position or po-

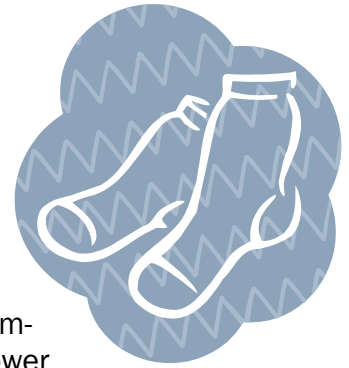
*All positions are
available for consid-*

- President
- President - Elect
- Vice President
- Secretary
- Treasurer
- Assistant Treasurer
- Membership Chair
- Service Chair
- Ways and Means Chair
- Director at Large

- All for Fun
- Awards
- Backpack Buddies
- BRR
- Communications
- Conference/Convention
- Historian/Scrapbook
- Hospitality
- Hours
- I Dit a Read
- Literacy Connections
- Newsletter
- Parliamentarian
- Photographers
- Public Relations

MEN'S & WOMEN'S SOCKS NEEDED

Homeless men & women need socks!!!! A clean, dry pair to change into when theirs get worn, dirty, and/or wet. It is suggested that each member bring men's or women's socks to any Altrusa Meeting. The socks may be new or gently used but clean. This will be an on-going project, so bring what you can, when you can. We have 800 homeless people in our community!!! Those who wish to take a shower may do so at a downtown Longview church on Tuesdays, from 8:30 to 11:30. Church members clean the shower between uses. In her capacity as Community Outreach for the Homeless, Anna Leslie hands out socks & jeans on "shower day". WAY TO GO, Anna. We're glad to help you help the homeless. Thank you from your Service Committee.



Happy January

LET'S RECYCLE!

ALUMINUM CAN PULL TABS – To Patricia Bosh who gives to Ronald McDonald House.

PRINTER INK CARTRIDGES – To RSVP in the CAP building.

PINK YOGURT TOPS – To Arleen Hubble for Cancer

CELL PHONES, EYE GLASSES & HEARING AIDS – Kelso Lions Club

COTTAGE CHEESE CONTAINERS – To CAP who uses them for seniors to take home leftovers.

SOUP LABELS & EDUCATION COUPONS – to Lois Brudi for Three Rivers School

PERSONAL CARE ITEMS— Are you traveling this summer? Don't forget to bring home the toiletries: soap, shampoo, lotion, shower caps, etc. from hotels & motels. These items are always needed by women & children who reside at the Emergency Support Shelter. to June White for Emergency Support Shelter.

CANCELLED STAMPS -The Sons of Norway collects cancelled stamps. They send them to Seattle, the Seattle office sends them to NORWAY where they are sold to collectors and the money is used to help handicapped children. The rules are easy to follow: No torn stamps. Must have at least a 1/4" margin all the way around the stamp None of the stamps that say "presorted" on the stamps.

Collect your cancelled stamps in a snack bag, zip-loc bag, or similar storage method. When the bag is full, bring it to Altrusa & put it on our "Recycling" table. June White will collect the stamps and deliver them to the Sons of Norway hall on Catlin Street.





**Service Report
June White**

The Service Committee will meet on January 17th at noon at CAP. We have several requests to discuss.

Upcoming Service events are:

- ◆ I Dit A Read
- ◆ Scholarships
- ◆ Youth Awards Luncheon in April

We will continue to collect SOCKS for the Homeless and Wish List items for the Emergency Support Shelter.

Please continue to RECYCLE; see list published elsewhere in the newsletter.

Please turn in your hours

To timekeeper Gwyn Gross.

- ◆ **HAND THEM IN**
- ◆ **EMAIL THEM IN**
- ◆ **SNAIL MAIL THEM IN**

BUT PLEASE TURN THEM IN!



Gwyn Gross
larryngwyn@comcast.net
124 Jones Rd. Kelso 98626



**Membership Report
Kathy Williamson**

Remember members, save the date of January 31st for our “Chinese New Year” membership

Celebration. We will gather at 6 p.m. for fun, food and fellowship at the Peardale Community Room. We look forward to entertaining guests who are possible new candidates for membership to our club. Invite your friends and co-workers.

We will be serving oriental dishes and look forward to having you try some origami and learn about our sponsorship at the Amity Orphanage in China. There will be signup for the evening at the January 10th business meeting and the January 17th committee meeting.

Important!!! We are still looking for new members to initiate into our club this year, so let Kathy or another committee member know of anyone who you know might be interested in serving the community with us. Help us extent our base of service.

The membership development committee will be meeting on January 17th, on the regular committee meeting day to finalize plans for the membership function on the 31st. Committee members are all asked to attend this meeting.

GOT TIME?

Bring a buddy and come to the basement at CAP to pack the backpack buddies bags. Before the meetings, after the meetings or anytime CAP is open.

See Rick downstairs.

Keep your hours spent to turn in to Gwyn Gross.

Thanks!





**Ways and Means
Karen Dennis**

Happy New Year to everyone!
We have 4 more pounds of pecans left; if you want some for your freezer, now's your

chance!

We have a profit of \$1,450.40 - \$252.31 = **\$1,198.09**. If we sell the other 4 pounds, we'll make an additional \$44.00. We also made a profit on the Dark Chocolate Covered Pecans of **\$198.75** for a total of **\$1,396.84**. (We had budgeted \$600....) Fantastic!

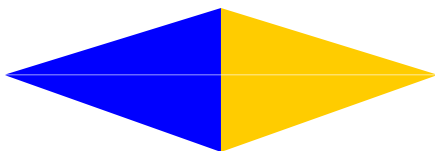
What a terrific job! Kudos & thanks to Patricia & Edith!!

There will not be a Committee Meeting this month.

Thank you!
Karen Dennis

JANUARY 2013

- 3 Board Meeting CAP
- 10 Business Meeting CAP
- 17 Committee Meeting CAP
- 24 Program Meeting tba
- 31 Chinese New Year Membership Event at Peardale



FEBRUARY 2013

- 7 Board Meeting CAP
- 14 Business Meeting CAP
- 21 Committee Meeting CAP
- 28 Program Meeting



**Vice president report
Nancy Russell**

Time to Rev Up the VIM & VIGOR! There are so many demands on our time and so many expectations that we

forget to take time for ourselves. Getting back to structure after the holidays and setting new commitments for our year often needs a reminder to take some time to ground ourselves, make sure WE are fit and on a healthy track. Our January Program Meeting will encourage you that it is okay to be there for yourself, in fact you must take care of yourself before you are any use to anyone else!

We look forward to each member (and bring a guest!) attending this meeting - start the new year with hints and encouragement to obtain and sustain your good health and energy!

Thursday, Jan. 24 — (12 noon - 1 PM)

At the LONGVIEW COUNTRY CLUB

Yummy to the tummy healthful lunch choices! Lunch reservations a must! Sign-up Sheets at the next 2 meetings or email/call Nancy Russell to confirm your lunch choice:

- ◆ \$8 Hearty Soup and Scrumptious Roll
- ◆ \$10-\$13 Gardenburger or Prime beef with all the trappings.

Price includes beverage, tax, tip; more details on the Sign-Up sheet. *(This is not your run-of-the-mill fast food soup or burger... this is the Country Club's chef 's special for Altrusa!)*

Guest speaker on Vim & Vigor from Peace-health

Be good to yourself and attend on the 24th! And YES, this is a "B.A.G." meeting: Share the vigor and Bring A Guest!

YOUR NAME

Fill in your hours on this calendar for all your volunteer time that has NOT been tracked by sign-in sheets and give to our time keeper

BIRTHDAYS

17 Jan Kerby
 19 Mary Gillespie
 23 Thelma Somers (emeritus)

HAPPY BIRTHDAY

JANUARY 2013

SUN MON TUE WED THU FRI SAT

		1	2	3 BOARD MEETING CAP	4	5
6	7	8	9	10 BUSINESS MEETINGS CAP	11	12
13	14	15	16	17 COMMITTEE MEETINGS AT CAP 	18	19 
20	21	22	23	24 PROGRAM MEETING AT LONGVIEW COUNTRY CLUB	25	26
27	28	29	30	31 MEMBERSHIP EVENT AT PEARDALE	Please total your volunteer hours Altrusa service & fundraising total _____ Altrusa Membership total _____ Other hours _____	