

competition entry form

Competition entered _____

Entrant's details

- Please ✓ box
- ☐ Group winner
 - ☐ District winner
 - ☐ National Finalist
 - ☐ In criteria

Name _____

Address _____

Postcode _____

Telephone no. _____

Daytime telephone no. _____

Mobile no. _____

Email address _____

Date of birth _____

Joining date _____

Commencing weight _____

PAT _____

*Weight w/c at Group Finals _____

Waist measurement (men only) _____

(see chart on page 36)

*Height (without shoes and checked) _____

Maximum qualifying weight _____

Weight lost _____ in _____ weeks

*** Please ensure you physically check your member's height and weight *before* you complete and sign the entry form – a difference of an inch or two can mean your member is not in criteria to enter!**

Target information

Target weight _____ Date target weight achieved _____ in _____ weeks

Length of time maintained _____

Consultant and group details

Name _____ Code _____

Group _____ Session _____ Code _____

Date XpressWeigh started _____

*Please note if your member has Weight Record Sheets prior to your group going live on XpressWeigh we will need copies of the paper records too (or their Personal Passport).

Have you always been the entrant's Consultant? YES/NO _____ If NO how long have you been their Consultant? _____

Does entrant also attend another group? YES/NO _____ If YES name of Consultant _____

Name of other group attended _____

District Manager _____ Team Developer or Team Manager _____

Telephone no. _____ Email address _____

Please ensure you read and sign the agreements overleaf

Publicity agreement

I am prepared to gain publicity for Slimming World and will make myself available for press, radio and television interviews and photo calls. I understand that I may be required to attend appointments at short notice, on any given day. I will promote Slimming World to the best of my ability at all times. I also agree for my story and pictures to be featured on Slimming World's own website, www.slimmingworld.com. I acknowledge that the overleaf details, including before and after weights, will be disclosed in the event of me participating in any publicity on behalf of Slimming World.

I understand that my signature means that I agree to work with Slimming World for publicity about my weight loss and my participation in the competition. I'm aware that local news stories and posting updates about my weight loss success on social media sites such as Facebook or Twitter may attract the attention of freelance journalists and news agencies and national media. **As a competition entrant I will not send or pose for photographs for anyone other than Slimming World. I will keep the Slimming World press office informed of any approaches by the media and I will not sign any contracts with agencies or national publications without speaking to the Slimming World press office.**

Criteria

- You must have lost a minimum of 3 stone (excluding the Greatest Loser & Miss Slinky competitions – no minimum weight loss). The Man of the Year competition minimum weight loss is 5 stone, and Couple of the Year is combined 6 stone.
- You must have lost at least 7lbs within the last 12 months (excluding Diamond Member of the Year and Top Target Consultant competitions) whilst attending a Slimming World group.
- You must be under the maximum qualifying weight for your height (excluding the Greatest Loser competition).
- You are aged 18 or over (except when entering the Young Slimmer competition).
- Please also see individual competition pages for any additional criteria.

*Please note that you are **not eligible** to compete in the national finals if:*

- You have a gastric band.
- You have taken obesity drugs while losing weight.
- You have followed other slimming methods at the same time as attending Slimming World.
- You are a Slimming World Consultant or a new Consultant in training (unless entering Greatest Loser, Consultant Slimmer of the Year or Top Target Consultant competitions).

I declare that all the information provided on this form is true and correct and I agree to the terms and conditions above. I understand that this may be checked prior to or on the day of my attendance at the competition District/Semi-final.

Signed _____ Date _____

Please print name _____

Have you ever entered any other Slimming World competition? YES/NO (If YES please give details)

Have you received any publicity whilst or since losing weight? YES/NO (If YES please give details)

If you are entering Young Slimmer of the Year and are under 18, please ask your parent or guardian to sign here.

Signed _____ Date _____

Please print name _____

Consultant declaration

Consultant name _____ Code _____

I confirm I have checked my member's height, weight (and for men, waist measurement) and confirm they are within criteria.

Signed _____ Date _____

Don't forget to include...

Entry form (signed) • Questionnaire • Full length before & after photos • Copies of any Weight Record Sheets (or progress record pages from your member's Personal Progress Record) for all of their weight loss prior to transferring to XpressWeigh.

Please feel free to download this form from www.our-world.co.uk or request additional copies by calling your regional support team at Head Office.