

Newsletter Spring 2012

THANK YOU ALL for helping us make 2011 a great year of fundraising for the hospice.

Throughout 2011 our supporters have walked, run, organised events of every kind and even jumped out of planes to raise money for the hospice.

There are far too many people and events to mention, but here is just a taste of some of the fundraising support we received during 2011.



Some of our runners and riders in 2011: Events participated in included the Virgin London Marathon, Great South Run, Wessex 100 Cycle, British 10k, Bristol Half Marathon, Exmoor Half Marathon and the Blenheim Triathlon amongst many others.







The Hospice Nurses' organised the first ever **Hospice Garden Fete**.



Walkers enjoyed perfect weather for the **Waterside Walk**. Look out for the all new 20 mile **Up the Downs** walk in August 2012.



Team Huxtable completed an international car challenge visiting five countries in Europe within 48 hours.







Six daredevils chose to **jump out of an aeroplane** for the hospice!

We need to raise more this year to fund the vital services provided by the hospice – we can only achieve this with your help. *Read on to see how you can help in 2012!*



In the news

Salisbury Hospice Salisbury District Hospital Salisbury SP2 8BJ

Telephone: 01722 416353

fundraising@salisbury hospicecare.co.uk

www.salisburyhospicecare.co.uk

Patient enquiries Telephone: 01722 425113

Hospice Shop 11 Catherine Street Salisbury SP1 2DF Telephone 01722 411983

The office of Salisbury Hospicecare Trust (Reg Charity 1123314) is on the first floor of the hospice

It is open 9am - 5pm each weekday



Designed and printed by Salisbury Printing 01722 413330 It is with great sadness that I write of the death of **Derrick Alford**. He was an extraordinary and wonderful man who alongside his wife Vida and chair and co-founder of Salisbury Hospice Dr Peter Gillam, supported the charity as vice chair for over 20 years, and latterly as an enthusiastic and passionate advocate and supporter. He is remembered very fondly by staff and trustees, both as a committed and tremendously supportive trustee but also as someone with a great sense of humour and fun. He will be hugely missed by his family, the charity and his many friends.

My thanks to all of you who took part in our **Light up a Life** celebrations in December. The service in the Cathedral was magical, the lighting of the tree supported by the Bishopstone Singers and Amesbury Town Band was enormous fun and the mulled wine and mince pies (donated by Julie Huxtable) were very welcome! Thanks also to Andy and Nick for their hard work decorating the tree.

We do hope you will join us in making this year's **Midnight Walk** the biggest and best ever! Nearly 500 people took part last year, this year we are aiming for over 800 to join us on the 9th June for a midnight walk through Salisbury's streets. The sight of hundreds of

people sporting glow sticks and glow-in-the-dark necklaces is a sight not easy to forget. As ever there will be refreshments available at the half way point and bacon and sausage rolls at the end of the circular route at Five Rivers Leisure Centre.



Sarah Morley, Chief Executive

Midnight Walk Registration Now Open

Help us make this year's walk the best ever. Registration is now open, sign up now and tell all your friends too. Join our Facebook group for up to the minute news of the event and to share your stories.

Registration form enclosed. To download further forms: www.salisburyhospicecare.co.uk

Obituary

Derrick Alford was one of the earliest supporters of Salisbury Hospice and was a key figure in founding the charity. On being elected Mayor of Salisbury in 1981 Derrick chose Salisbury Hospice as his mayoral charity with the intention of raising enough money to fund two community palliative care nurses and a social worker. He continued to support the hospice, which opened its purpose built six-bedded in-patient unit in 1987.

Former senior nurse Helena Bridgman said "Derrick had the most tremendous sense of humour and was dedicated to ensuring the nursing team was looked after in order that we were able to offer the best possible care to patients. He will be hugely missed by all who knew him."

Derrick has given outstanding support to the hospice over the last 30 years. He was a trustee of the charity for over 20 years and was awarded the MBE for his charitable services in 2003.

His vision of a hospice for the Salisbury area led to the present day service which provides care and support for 10 in-patients and over 180 patients at any one time, in their homes or hospital as well as support for their families and friends.

Derrick's memory will live on in his legacy that is Salisbury Hospice today.

Derrick Alford pictured with Christine Wood and Helena Bridgman

Volunteer **Roger Green** was the winner of the Volunteer Award at the Salisbury NHS Striving for Excellence Awards 2011. The Volunteer Award recognises the dedication, adaptability and reliability that volunteers bring to their role.

Roger, who works in both the Hospice and the Pembroke Unit, has been a volunteer since 2000. His citation for the award says "He is dedicated, reliable and willing – working weekday shifts and providing emergency cover at weekends in the Hospice. As a bereavement support officer he also works with the Family Support Unit where his empathy and understanding is a key asset to the Unit".

Roger Green (second from right) collecting his award

Well done Roger – and thank you for all that you do to support the Hospice.







In the community



Wessex Chief Ranger of the Foresters Friendly Society, **George Brown**, chose Salisbury Hospice to benefit from their appeal in 2011.

Mr Brown is pictured presenting a cheque for £1,165.

The Tisbury Support Group held a champagne reception at Hatch House, Tisbury on Saturday 22nd October. 70 guests enjoyed a lovely evening of champagne and canapés and raised a superb total of $\pounds 2,355$ for the hospice.

Many thanks to the Tisbury Group who work so tirelessly to support the hospice and to Sir Henry and Lady Holly Rumbold for holding the event in their lovely home.

Lady Rumbold will also be opening her garden in support of the hospice on Sunday 17th June. Make a date in your diary!



Mike Cook raised a magnificent £2,415.37 during his year as Captain of the Seniors at Salisbury & South Wilts Golf Club. Our thanks to him, and to all those who supported his fundraising efforts at the Golf Club.

Bill and Joy Salter once again lit up their house for Christmas and raised a record breaking £351.33 for the hospice.

Here they are, pictured outside their beautifully decorated home.

Picture courtesy of Salisbury Newspapers



Keith Harris and **Dave Phillips** together make up the D K Experience. They provide discos at all kinds of events throughout the area, and raise funds for the hospice. Keith and Dave have been terrifically loyal supporters of the hospice for many years – raising almost $\pounds 2,000$ in the past year alone.

We are extremely grateful to them for their continuing support.



Supporter Patricia Heath has written a book '*Memories of my childhood in Urchfont village'*. Proceeds from sales of the book have raised a magnificent £525 for the Peter Gillam Day Centre.

Patricia is seen here showing the book to Staff Nurse Helen Storrar.

The annual **Sale of Sales** was held at the end of January at the High Post Inn. With fabulous stalls offering reductions of 30-75%, plus refreshments and light lunches available, shoppers were able to pick up fantastic bargains while having a great day out. Our thanks to Daphne Woolnough who has organised this wonderful shopping extravaganza for a great many years and raised thousands of pounds for Salisbury Hospice.

Bernie Farrenden organised a Jazz Concert in memory of the late Jim Byrne and raised £325 for the hospice.



Keen photographer **Nicky Fower** was so pleased with her holiday snaps she decided to use them to raise money for the hospice. She had a wonderful calendar produced which was sold locally and raised £1,265.00 for the hospice. Nicky was helped by her family and local businesses and is shown on the left of the picture presenting a cheque with her father on the right.

An enormous 'THANK YOU' to every one of our supporters who have helped the hospice by organising or supporting an event. There are too many to mention here but quite simply without your help we would not be able to continue to support the local people who depend on Salisbury Hospice.



Salisbury Hospicecare Business supporters

White Stuff shops, head office and distribution centre are all partnered with their own local charity. The Foundation gives regular grants to these charities, in addition to funds raised by staff and customers. White Stuff Salisbury has been partnered with Salisbury Hospice for the past few years.

With themed days including 'Wear a Tea Cosy on your Head' and 'Be a Superhero', last year staff threw themselves wholeheartedly into the spirit and not only dressed up but also baked cakes, held competitions and generally went above and beyond the call of duty to make the days the fantastic success they were. Over £3,000 was raised for the hospice.



Tracey Platt (pictured to the left of the mouse!) is also running the Virgin London Marathon in aid of the hospice



The Rose & Thistle in Rockbourne decided to raise funds for the hospice in a rather saucy way. A country calendar was produced showing various local 'lads and lasses' in their full glory! Our very sincere thanks to all those who were brave enough to bare all. The calendars made very entertaining Christmas presents and will no doubt raise many a smile as the months change.

Margaret Turner, an internationally renowned jewellery designer recently gave an extremely generous donation of £10,000. Margaret designed a beautiful pendant which was sold to benefit the hospice.

Margaret has long been a great supporter of the hospice, in particular being involved with 'Time Travellers' which helps children suffering with complicated grief. Her generous donation will fund the forthcoming Time Travellers day and also contribute towards the day to day resources used to help NEW WARD CONTRACTOR children cope with the loss of a loved one.

Matched Funding

Are any of your staff raising funds for the hospice? If your company can match their sponsorship it makes a huge difference and every penny helps.

Salisbury Dance Studio will be presenting 'ON YOUR MARKS, GET SET...' at Salisbury City Hall on Saturday 31st March and Sunday 1st April. The cast of approximately 350 dancers will be performing ballet, tap, modern and jazz. Proceeds of the event will be split between Salisbury Hospice and Lucy's Days Out. Tickets are available from the City Hall Box Office.



Calling local businesses – we need your help with the Midnight Walk. We are looking for sponsors to help us keep our costs down, volunteers to help marshal the route, teams to walk...



Get involved in one of Salisbury's biggest events and make this year's walk the best ever.

Events Diary

Saturday 3rd March Netheravon Singers Concert

in memory of Laurence Notley at Wilton Parish Church. Tickets £12 from The Playhouse Salisbury or on the door.

Sunday 11th March Bath Half Marathon

Sarah Clarke is running in memory of Major Mike Parke. To sponsor her visit www.justgiving.com/Sarah-Clarke21

Saturday 31st March & Sunday 1st April On Your Marks, Get Set

Join Salisbury School of Dance at their vibrant, exciting show at the City Hall. To book tickets go to www.cityhallsalisbury.co.uk

Friday 6th April

The Annual Hot Cross Bun Morning at East Grimstead Reading Room on Good Friday between 10am and 12noon.

Sunday 22nd April Virgin London Marathon 2012

Saturday 5th May

Downton Cuckoo Fair 2012 This is the 33rd year of this great family day out. Come along and support the hospice tombola stall and visit 28 The Borough for fabulous cakes and light refreshments sold in support of the hospice.

Saturday 9th June MIDNIGHT WALK – registration now open.

For more details of these and other events held in support of the hospice go to www.salisburyhospicecare.co.uk



How you can help



2012 Virgin London Marathon

This year we are very fortunate in having 3 marathon runners who will be competing in support of the hospice on 22 April. Our thanks to **Sarah Gent** (*pic left*), **Tracey Platt** (*pic right*) and **Clive Smith** who are currently training hard for the event.

If you can give your support to them by making a donation and returning it with the enclosed slip we will make sure that all their hard training is worthwhile.



British 10k London Run

This year we are once again entering a team of 12 runners in the Asics British 10k Run through Central London, which is being held on Sunday 10th July.

We still have places left to fill in our team, so are looking for runners to compete in support of the Hospice.

The British 10K London Run is the UK's most prestigious and sought-after 10km road race which is staged on the world's greatest route through the heart of central London. 25,000 runners fill the streets of the nation's capital and get the unique chance to run past many of the country's greatest landmarks including Big Ben, The London Eye, St Paul's Cathedral, Trafalgar Square and Westminster Abbey. Abilities range from charity fundraisers and recreational runners right through to Olympic champions! The 2012 event is staged just 19 days before the start of the Olympic Games and the excitement and buzz within London at this time should make for a truly special occasion and the best British 10k London Run in its 12 year history.

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If you would like the chance to compete and raise sponsorship for the hospice please phone:

Sue on 01722 416353 or email sue@salisburyhospicecare.co.uk

By running for us and raising sponsorship money you will be helping us raise the £1 million a year that we need to continue to run the Salisbury Hospice.



We will be running a bottle Tombola at the **Downton Cuckoo Fair** on Saturday 5th May and we are already collecting bottles of all kinds for the stall.

If you are able to donate a bottle for our stall we would be very grateful.



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This year **'By-Gone Days'** will be held on the weekend of the 4th & 5th August. If you have any good quality bric-a-brac, small items of furniture or books which can be sold, they can be taken at Brooklands Farm, South Gorley at any



time as they have storage. Also needed is a large upright freezer. If anyone can help please telephone 01425 652499 (evenings).

By-Gone Days is a wonderful family event which has raised many thousands of pounds over the years for Salisbury Hospice. Put it in your diary now for a great day out.

Would you be interested in starting a Hospice Support Group in your area? The group can be as large or small as you like and would raise funds for the hospice through events, collections etc in your local community.

We would love to hear from anyone who is interested in any of the areas which the hospice serves – and would be particularly pleased to have groups in the Amesbury and the New Forest area.

For more information or just to have an informal chat, please phone Sue or Celia on 01722 416353 or email fundraising@salisburyhospicecare.co.uk



How you can help

Gift Aid?

Gift Aid is an easy way to help us maximise the value of your donations, as we can reclaim tax from HM Revenue & Customs (HMRC) on its 'gross' equivalent – its value before tax was deducted at the basic rate.

What does it cost me and how much can we claim?

It won't cost you anything. Just fill in the form and we do the rest. We can claim 25 per cent from 5 April 2011. This means that for every £1 donated, we can claim an extra 25 pence.

How can I sign up to Gift Aid?

To qualify for Gift Aid, you must be a UK tax payer and pay an amount of UK tax (income tax and/or capital gains tax), which is equal to, or more than, the amount we will reclaim in the tax year.

I am no longer a tax payer, what do I have to do?

If your circumstances change and you no longer pay tax you need to inform us as soon as possible to amend our records accordingly otherwise we will keep on claiming.

Can you claim under my partner's name, if he/she is the tax payer?

We can only claim under the name of the person that made the donation in the first place.

By completing and returning the Gift Aid form below you will enable the charity to reclaim the tax on donations made by you in the past four years and any future donations, until you notify us otherwise.

Salisbury Hospicecare Trust (Charity No: 1123314) Gift Aid Declaration
Title: Forename(s):
Surname:
Address:
Postcode: Tel:
Email:
I am a UK tax payer and confirm I pay an amount of tax equal to the tax the charity reclaims on my donations.
Date of Declaration: / / Signature:

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Pennies make pounds!

SMALL CHANGE can make a BIG DIFFERENCE

Pennies really do add up to make pounds. Just by putting your small change in one of our loose change boxes you will be helping to support the patients, families and friends being cared for by Salisbury Hospice.



Businesses can also support the hospice by siting a collection box in their shop or office. Volunteer Jack Maple (pictured) counts all the coins that come in. Last year this totalled over £15,000! Our target for 2012 is £20,000. For a yellow collection box or a loose change box call the fundraising office on 01722 416353 or email fundraising@salisburyhospicecare.co.uk.



WHY NOT ENCOURAGE YOUR RELATIVES, FRIENDS AND WORK COLLEAGUES TO DO THE SAME?

Be part of one of Salisbury's Greatest Events

The Salisbury Hospice and Salisbury Journal Midnight Walk is a huge event which last year attracted almost 500 walkers and raised £50,000 for the hospice.

To make the night the success it is takes an enormous amount of planning and an even more enormous amount of volunteers! We need your help!! If you don't fancy walking but would be prepared to be a marshal we'd love to hear from you.

Fill out the Volunteer section in the enclosed Midnight Walk Registration Form and send it to us or if you would like more information call **Sue or Celia** on **01722 416353** or email: **fundraising@salisburyhospice care.co.uk.**

Help us stay in touch and save money too. In this digital age it's easy to keep in touch.

You can:

- Opt to receive the newsletter on-line
- Become our friend on Facebook
- Follow us via Twitter

Just visit the hospice website **www.salisburyhospicecare.co.uk** and click on the icons on the home page. Also we'd love to hear about what you are doing to raise funds for the hospice. We can put your event or challenge on the events page of the website. Send in your photos too, we have a gallery on the website and may use them in our newsletter.







Salisbury Donate now

Support Salisbury Hospice

Please complete this form and return it to Salisbury Hospice, SDH, Salisbury SP2 8BJ



Please tick here if you are a UK taxpayer and would like Salisbury Hospicecare Trust to reclaim the tax on any donations made over the previous four years and all donations in the future, until you notify us otherwise. This allows us to reclaim an extra 25p for every £1 donated – at no extra cost to you.

Your signature: