



Lift Lines

= No. 184, April 2016 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Mt. High

Let it snow



It has been snowing lately on Mt. Hood again. Also, according to Joel Gratz at OpenSnow.com, "During mid and late April, nearly all long-range forecasts point to a pretty darn active weather pattern with multiple storms across the west."

We are blessed to live near Mt. Hood, where the ski areas stay open as long as there is snow, which usually means till the end of May and beyond. In the meantime, most other ski areas across the United States have already closed or will close by about April 10.

Ski For a Cause

Ski for a good cause. Take your pick.

April 9: Ski to Defeat ALS. Details at: www.skitodefeatal.org

Photos

Got any photos of club events?

Send a few of the best to Emilio, for inclusion in the newsletter and/or the web site, or ...

Post them in any online photo album such as Photobucket or Snapfish and give us the web address (the link).

Note the color code.
Our club is blue.

2016 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

APRIL

Apr. 9 (Sat.): Ski to Defeat ALS
Apr. 10 (Sun): Timberline adventure
Apr. 11 (Mon): Mt. High Board meeting
Apr. 15 (Fri): Rat Attack Awards Party
 - at McMenamins Edgefield
Apr. 23 (Sat): Timberline adventure
Apr. 23 (Sat): Season Ender Bender
Apr. 30 (Sat): Timberline adventure

MAY

May 7 (Sat.): Timberline adventure
May 14 (Sat.): Timberline adventure
May 25 (Wed): Mt. High Social & Elections

JUNE

June 8 - 12: FWSA Convention -Scottsdale
June 15-22: Idaho bike trip

JULY

July 9 (Sat.): Neighborhood Greenway
 bike ride
July 10 (Sun): Bike to the Dike

Timberline Adventures



Emilio Trampuz and Sue Tjernlund in Little Zig Zag canyon. Photo by Tom Rodrigues

Emilio will continue to offer guided tours of Zig Zag canyon, Little Zig Zag canyon, Sand canyon, and everything in between. Which parts we'll ski depends on the snow and on which lifts will be open.

We discovered a new route deeper into Little Zig Zag canyon than before, then traversing to Sand canyon and out to the Glade Trail. This route is possible only if there is enough snow to ski to Government Camp.

Any intermediate skier can do it. Join us for some fun! If you don't already have a Fusion pass, get a **Spring Pass** for just \$109.

We'll do this almost every weekend, either Saturday or Sunday. Meet at McDonald's in Sandy at 7:30 - 7:45 am, or at Timberline's day lodge at 9:00 am. We'll announce each of these outings our [All-Club Forum](#), and the [Weekend skiing](#) section on the TRIPS page.

Crystal Mountain bus trip

March 18-20, 2016. This was our last bus trip of the season. 36 people participated. The weather was good on Saturday and early Sunday, but around lunch time, it started snowing. IT was wet snow which gradually turned to rain, so we decided to leave the ski area early, by 1:00 pm, which brought us back to Portland 3 hours earlier than originally planned. Most of us got home before dark.

A special treat was that **John Andrew** and his son **Jack**, who live in Renton, WA, came to ski with us on Saturday. John Andrew is on a mission to ski all of North American ski areas. We wrote about him in Lift Lines about a year or two ago, and John and his wife Jewel have formally joined our club. John says he is “proud to be a card carrying member of the Mountain High Snowsport Club.”

There are over 700 ski areas in all of the United States and Canada, and John has skied 528 so far. An article about him appeared in the Wall Street Journal on March 21, 2016. See <http://www.wsj.com/articles/second-acts-skiing-and-then-more-skiing-1458525872>

John is now 84 years old and skied on groomed trails. His son Jack went into ungroomed snow with several of our club members. He knows the mountain well and Kay Kinyon said he was impressed by Jack’s knowledge, his skill as a skier, and his great ability to inform and guide people.

Photo by John Andrew



Unloading the bus, getting ready to ski



Photo by Linda McGavin

Buzz, Jack, Bruce, Mark, and Kay



Karl, Kurt, Mark, Emilio, Kay, John, and Jack



John Andrew, leading the pack. Kurt Krueger watching



Kurt getting ready to drop in.

See many more trip photos at www.mthigh.org/Photos.htm.

Mt. High Mt. High Cookbook

We are putting together a Mountain High cookbook!

Please contribute a recipe. Any recipe from our club members is welcome.

Even more welcome if it has some connection to the club, such as if you have ever prepared it for our Chocolate party, our

Picnic, Seafood party, brought it on a ski trip bus, or any other club event.

Desserts, main dishes, hors d'oeuvres, drinks, whatever!

Please send your contributions to Debbi Kor, ijustwannarun1@comcast.net

Schnee Vogeli Season Ender Bender

April 23 (Sat.) 7 pm.

The Schnee Vogeli Ski Club ("Snow Birds") invites us all to come celebrate the end of the season at The Ratskeller in Government Camp.

Live music by "Cadillacs For Everyone".

Tickets: \$15 available from your favorite

Schnee Vogeli Ski Club member.

Email: SeasonEnder@SchneeVogeli.com, or contact **Gordon Lusk** at rivergordy@gmail.com or 503-804-8363.

The number of tickets is limited. Get yours now. Must be 21 or older.

Mt. High**Quarterly Social & Club elections**

DATE: Wednesday, May 25.

TIME: 6:30 pm - 9:00 pm

PLACE: Famous Dave's

7121 SW Nyberg St.
Tualatin, OR 97062

ELECTIONS: It's that time of the year again. We will be holding our annual elections at our May Social event/meeting, to be held on May 25.

We will be at Famous Dave's again, in Tualatin. Karen Michels is working to set things up for us.

If you are interested in joining your Mountain High Snowsports Club Board of Directors, there are four positions that we will be voting on: President, Vice President, Secretary and Treasurer. We have several appointed positions on our Board now: Trip Leaders, Newsletter Editor and PacRat Race Coordinator for Mt. High. Please let me know if you are interested in running for one of these 4 main Board positions, or for our vacant position as Activities Director, or possibly an additional Trip Leader or PacRat Race Coordinator. If you would like to be a "Board Member at Large", talk with me about what you may have in mind. Debbi needs to hear from you no later than May 15th.

We will advise you of the exact date of the Meeting as soon as we have it locked in.

If you wish to get more involved with the club, please volunteer or self-nominate yourself for any of the Board positions. **CONTACT: Debbi Kor**, 503-314-7078, ijustwannarun1@comcast.net



Mt. High Summer Biking Trip

CDA Trail: 72 mile paved trail across the Idaho panhandle,
plus the **Hiawatha trail:** 15 miles of dirt road

See trail map at: <http://www.mthigh.org/Maps/CDA-Trail-Map.jpg>

See elevation map: <http://www.mthigh.org/Maps/CDA-Trail-elevation-map.gif>

June 15 - 22, 2016. (Wednesday - Wednesday)

Come join us June 15th thru the 22nd for an exciting bike trip to Idaho. The trip will be a casual car pool trip, so you can do as little or as much of it as you like.

It is planned around two locations on the Trail of the Coeur d'Alenes, Kellogg, Idaho and Harrison, Idaho. The 72 mile long paved CDA trail is part of the rails to trails system (any type of bike will work on this). The trail has an elevation gain of about 800 feet. Most of that elevation gain is on the western and eastern edges of the trail, so those can be skipped if desired. There will be options for shuttling and riding one way if attendees want to do that, or to ride out and back from the motel locations.

We also plan to do the 15 mile long family friendly Trail of the Hiawatha while in the area (not paved and not for road bikes). We have this planned for Friday the 17th to get discounted group rates. I highly recommend bringing additional flash-lights and a jacket for this ride in particular. It is cold and dark in the tunnels!!

We have reserved rooms at a group rate and they are being held until mid April under Mountain High. Both hotels are right on the CDA trail for easy access. The Harrison location is also right on Lake Coeur d'Alene, which is a fantastic area for boating and water activities. Lodging is limited and time sensitive, so reserve now.

Hotel pricing at **Guest House Inn in Kellogg**

June 15th and 16th = \$74 plus tax per night

June 17th = \$129 plus tax

Contact manager Alex at 208-783-1234 to book in our group block.

Hotel pricing at **Lakeview Lodge in Harrison**

\$125 to \$300 per night depending on type and size of room.

Contact Suzanne at 208-689-789.

NOTE: pricing is per room, so add a roommate and cut the cost in half.

We are planning to have a **pre-trip get together** to find out when people want to come and what type of riding they want to do on the trip (i.e. shuttle or out-and-back, how many miles, etc.).

For more details contact: **Karen Michels**, skiklynn@gmail.com



Mt. High Neighborhood Greenway Ride 

July 9 (Saturday). 9 or 10 am start. Cost: Free.

Two starts: Option 1: Start at 9 am, leaving from Main City Park, Gresham to PDX & back. 30 miles, Level B.



Option 2: Start 10-10:15 at Sellwood Riverfront Park, when Gresham people arrive. Level A-B, 24 miles.

We'll regroup at Rockwood Central Park around 175th for

those who bring a snack or lunch; bathrooms available here. Helmet & liability release required. Maps provided. If you arrive late, find maps on back of a green safari van.

Detailed directions at [www.mthigh.org/Events/Neighborhood-Greenway-\(Bikeway\).pdf](http://www.mthigh.org/Events/Neighborhood-Greenway-(Bikeway).pdf). This is a "No Drop" ride where Dick Bonillo will be with the fast group and Jackie will sweep so no one gets left alone behind.

Contact: Jackie Bonillo, jbon1960@comcast.net or 503-706-9668.

Mt. High Bike to the Dike 

July 10 (Sunday). 9 am start. Cost: Free.

Meet at: Linnemann Station, Gresham, OR. 3804 W Powell Loop (1 block south of Powell)



Description: 2 lakes, 1 park, 1 dike, 1 historic Indian site (photo opportunity). 26 miles, A+ level.

We'll ride on Fairview Trail and a wide street bike lane with only a

short distance without a bike lane; then on the dike that few people know about.

Helmet required. All participants must sign a liability release form. Maps & release form provided. If you arrive late you will find maps on the back of a green safari van. This is a "No Drop" ride. Nobody left behind.

Lunch afterwards will be at the Cedarville Tavern.

Contact: Jackie Bonillo, jbon1960@comcast.net or 503-706-9668.



Northwest Ski Club Council
Ski & Ride Challenge

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in British Columbia, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming. Just save your lift tickets and/or receipts.



Ski & Ride Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2015-2016 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon**, **Washington**, **Hawaii**, as well as our commercial member resorts in **British Columbia** (Big White, Sun Peaks, Whitewater, Kicking Horse, Fernie, Kimberley and Nakiska), one in **Colorado** (Aspen/Snowmass), 3 in **Idaho** (Brundage Mt., Schweitzer Mt., and Sun Valley), and 2 in **Wyoming** (Grand Targhee, Jackson Hole).

Save your lift tickets or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.

Safety Tips for Self Rescue

How would you have dealt with a similar situation?



The situation

On our recent trip to Lost Trail ski area in Montana, our club member Phil Mant ventured a bit too far in search of good snow and got lost. He wasn't sure where he was. The good news is that he was well prepared and had the knowledge and skills to help himself and to summon help. How would you have dealt with a similar situation? Here are the tools he used, as well as one tool he might have used if he had had it.

Trail Map

How often do you ski with a trail map in your pocket? A map can help you figure out where you are. But most trail maps also contain some other useful information, such as the phone number for the ski patrol. Aha! Now we are close to help. Trail map to the rescue! Let's call ski patrol!

Phone

Do you carry your cell phone with you when skiing? If not, you'd be in trouble. Lots of people leave their cell phones in their car. That would not have helped here. Fortunately, Phil had a phone, so he called ski patrol. Ski patrol asked him where he was, and he gave the general description of the direction in which he went. But, it's a big mountain. Where should the patrol start searching? GPS coordinates might help.

GPS

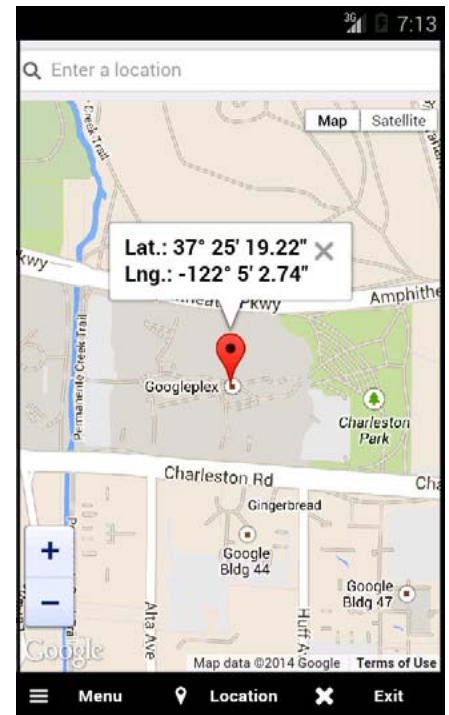
If you have a smartphone, chances are that it has GPS built in. But, do you know how to use it? It's not that complicated. Try playing with it and learn it before you get yourself into a situation like this.

First, make sure GPS is activated on your phone. It might have been turned off to save battery life. On most phones, you will find either a GPS switch or a LOCATION switch. Make sure that is turned on.

Then use an app such as MAPS, to zoom in to your location and read out your GPS coordinates. Try it. Practice before you need it.

Pen and Paper

If your phone supports multi-tasking, you can be on the phone with ski patrol at the same time that you search for your coordinates, and then you can simply read them out loud to your rescuers. But, if you are not sure how to do both things at the same time, or if you get disconnected, or your battery is running low, it would help to have a pen to write down the coordinates, so you'll have them the next time you connect with ski patrol.



Whistle

So, ski patrol is getting closer to you. They use their whistles to signal you, and they are hoping to hear back from you. You can hear their whistles, but they are still too far away and they can't hear your shouts. Having your own loud whistle would definitely help. A whistle should be a permanent feature in your jacket pocket.

Happy ending

Phil had all the tools mentioned above, except for a whistle. Most importantly, he knew how to use his smartphone and how to find his GPS coordinates. Thanks to that, the ski patrol found him quite easily.



Speed Racers Corner

Edited by Alan Bean
Mountain High Racing Director
503-849-8009 or Racing@mthigh.org



PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Alan Bean
Mt. High Racing Director

Well it has been a typical super El Niño year of warm blowing rain, ice and snow pellets on race days but the Mt High teams have proved their metal and persevered to be in competition for eight of the top ten spots. The **Shysters, Ocho Plus** and those old **Ruttin' Rats** put some distance between themselves and the rest of the field the fourth race and look to have the inside track for the top three spots. The rest is too close to call filling out the top ten, and sets up an exciting evening at the Rat Attack when the final standings will be announced in Steve Harvey fashion.

For those new racers, the big event of the season - **Rat Attack dinner, awards** and live music till they kick us out - is set for Friday night **April 15th** at the **McMenamins Edgefield** campus in Troutdale. See this link for all the details: www.mthigh.org/#Rat_Attack. I am personally inviting anyone that did not race this year but would like to participate or get a start on teaming for next year; just RSVP to me at Racing@mthigh.com and I'll get you on the list (\$38 at the door for guests).

All captains please get your teams **RSVP list** together and send to Sylvia the party director, or myself, by this coming Monday April 11th.

Also if anyone is interested in some two/three club **golfing** on the campus before the Party let me know and we'll play starting about 4:30 or so. This will likely be one of the best Rat Attack events in history so don't miss it.

There is one more opportunity to get some racing in at Mt Hood Meadows this Saturday **April 9th**, a charity, pirate themed event that sounds like quite a kick, <https://www.skihood.com/schedule-events/special-events/april1/mazot-fest>.

Stay true to Speed and stay tuned next month for Party photos and awards wrap up.

Team Standings After 4 Races

- 1). **Schussing Shysters**
- 2). **The Ocho Plus**
- 3). Ruttin' Rats
- 4). **Awesome tAles**
- 5). Oui Ski
- 6). **Moose on the Loose**
- 7). Ragnar's Two
- 8). **Mixed Nuts**
- 9). **Avalanche Express**
- 10). Ragnar's Rangers
- 11). **Rattitudes**
- 13). **Mt. Hoodlums**
- 16). **Chilled Brewskis**
- 17). **Vertigo Madness**
- 18). **Frosted Flakes**

* Note: The teams in bold are our Mountain High club teams



Rat Attack

Apr. 15 (Friday) 6 pm - 12 am (midnight)

Location: McMenamins Edgefield Blackberry Hall - 2126 SW Halsey Street, Troutdale OR 97060

Theme: "Black Tie / Blue Jeans" (see more on the attached info sheet)

Guest fee: \$38 (this is cost to PACRAT)

No-host bar opens at 6 p.m., and dinner will be served at 7:15, followed by awards (and a few surprises).

SPECIAL TREAT! DANCE TO THE MUSIC OF "THRILL RIDE" UNTIL MIDNIGHT!!

ULTRA SUPER IMPORTANT: This year we need your RSVP, and we need it before 5 p.m. on Monday, April 11th.

CAPTAINS - Please communicate with your teammates. Make sure they get RSVPs for themselves and their guests to Sylvia ASAP, at e-mail sylviakearns@outlook.com.

Everyone who sends an RSVP gets an extra door prize ticket!!

READ THE [RAT ATTACK INFO](#) ON OUR WEB SITE AND GET THOSE RSVPs IN BEFORE 5 P.M. ON MONDAY!!

Far West Convention

84TH FWSA CONVENTION



June 9 - 12, 2016. The annual Far West Ski Association Convention is coming up at the DoubleTree Resort by Hilton Hotels, Paradise Valley, 5401 N. Scottsdale Rd., Scottsdale, Arizona 85250-7090. Phone: 800-498-7396 Web: <http://doubletree.hilton.com/> It is hosted by the Arizona Ski Club Council. Members of all ski clubs in the West are invited to come and participate.

What Happens at a Far West Convention?

Events include a silent auction on Friday Night, and the **Travel Expo** (where delegates meet one-on-one with resort personnel to plan future trips) on Saturday morning. Attend **educational leadership panel sessions** such as Improving Social Media savvy and the latest equipment, meet and greet with **ski personalities** like Billy Kidd and Jordan Romero (youngest person to climb Mt. Everest), and attend the **awards banquet and dance** on Saturday night. There will be a business meeting on Sunday,

at which time officers are elected, and other Association business takes place, as well as a sponsored Brunch, and LOTS of door prizes to be given away. All of these events (and meals!) are included in your registration fee.

Also available (for an additional fee) are optional events such as the Michael German Memorial Golf Tournament, Western Journey – Museum of the West & Fiesta Lunch, Discover Old Town Scottsdale via Segway, Scottsdale's Entertainment District Pub Crawl, Music Instrument Museum - World Music Experience & Kona Grill Lunch, or a Spa Lamar Day.

How do I Register?

It's so easy! You can (1) sign up with your club president/delegate chairperson (Debbi Kor), (2) complete the forms, write a check, and mail to the FWSA Convention Registrar (Karen James), or (3) sign up online at <http://www.fwsa.org/Conventions/FW-2016Conv/Registration/FW-2016Conv-Regristration.html> and pay with PayPal. The registration form on the FWSA web site is at: <http://www.fwsa.org/Conventions/FW-2016Conv/Registration/pdfs/4-2016-Conv-Del%20Registration-Form.pdf> . That's all there is to it! You're in!

Now make your **hotel reservations**, at \$99 per day per room, and you'll be golden! **Be sure to tell your club delegate chairperson** if you sign up directly so that you'll be included on the Credentials Form as a Voting Delegate! Mountain High club members should contact **Debbi Kor** at: 503-314-7078, ijustwannarun1@comcast.net. She will coordinate all our delegates.

How do WE and our CLUB benefit?

Mountain High Board of Directors has voted to reimburse club members who attend the convention as full voting delegates up to \$600 to be divided among the registered attendees. In addition, there are other incentives that will come directly back to Mountain High. These include:

Far West is offering the 6-pack incentive again this year. This offer provides 1 free registration (\$159) with every 6 paid. The reimbursement comes **AFTER** the convention. So, if we send 6, we'd get back \$159. If we send 12, we'd get back \$308. If we get enough delegates from our club, the club would receive this reimbursement, and the Board would decide how best to use it: split it up among the delegates, or use for a future club event.

More questions? Contact: **Debbi Kor**, Delegate Chairperson, 503-314-7078, ijustwannarun1@comcast.net

NOTE: The Far West Convention is hosted by a different ski club council each year. In 2014, it was held in Oregon, and it will come back to Oregon in 5 or 6 years. In 2015, it was held in San Diego, CA. Other typical locations are: San Diego (CA), Los Angeles (CA), Reno (NV), Phoenix (AZ), and the San Francisco Bay Area.

"The Voice of the Western Skier"





January 28 – February 4, 2017 Annual ski week organized by the Far West Ski Association.

Breckenridge or “Breck” (as Summit County locals call it) is a destination ski resort with the perfect blend of everything you could want on a ski vacation: world-class skiing for all levels, a fun nightlife scene, great restaurants, and a historic downtown. Breckenridge is a former mining town with Victorian architecture. It will be the combination of the exhilarating on-mountain skiing, the historic town activities and the organized group experiences that will make this an exciting and memorable trip.

Breck has five interconnected peaks, which offer an amazing variety of skiing for all skill levels. Peak 10 offers steep runs and challenging moguls. Peak 9 is best for beginners. Situated in the heart of the resort, Peak 8 is packed with trails for all levels. The upper part of Peak 8 is composed of advanced and expert terrain, and is served by the highest lift in North America. Intermediate skiers will feel at home on Peak 7’s blue runs. Peak 6 is also geared primarily to intermediate skiers, but also includes a large amount of advanced terrain and chutes.

We will be staying at the Mountain Thunder Lodge, an elegant stone-and-timber condominium lodge situated in a beautiful wooded area along a ski run. The lodging is ski-in, with only a short walk to the base gondola in town that goes to Peaks 7 & 8. See pictures of the lodging at: <http://www.breckresorts.com/lodging/mountain-thunder-lodge/overview.aspx?cmpid=PPC303950342>

Lodging and Amenities Package per person, double occupancy = **\$1025.**** This price does not include discount lift tickets or transportation. What is included is:

- 7 nights lodging (double occupancy per bedroom)
- Portage for luggage
- Registration
- Welcome Party
- Pub Crawl
- Northwest Ski Club Council Night Dinner
- Mountain Picnic
- Après Ski Party
- Activity Fee - Racing and Scavenger Hunt
- Banquet with Dancing

** For private bedroom add single supplement: **\$675.**

Anyone who chooses to purchase an Epic Pass (various Epic Passes are available) through Sports America Tours will receive a \$50 discount on the Basic Package price. Here’s the link to view the pass options: <https://www.sportsamerica.com/epic-fwsa> Please contact the trip leader if you are interested in this option.

For most of us, significantly discounted group lift tickets are the best option for this trip and cost as follows:

5 of 6 day adult \$375, with the option of a 6th day for an additional \$35.

5 of 6 day senior (65 and over) \$332, with the option of a 6th day for an additional \$25.

Your multiple day lift ticket is good at all Vail Resorts (Breck, Keystone, Vail, and Beaver Creek) and at Arapahoe Basin. There is free Summit County bus service to Keystone and Arapahoe Basin. Up to 2 days of the 5 day lift ticket may be used at Vail or Beaver Creek during the week. We are planning an optional mid-week chartered bus trip to Vail.

See details in the trip flyer. <http://www.mthigh.org/Trips/2017-FWSA-Ski-Week-Breckenridge-Flyer-01.pdf>

Questions? Contact **Rod Robinson** at rdrobinson@aol.com or 541-344-7170.

To sign up: Send a \$100, deposit. Make your checks payable to: **Northwest Ski Club Council**. Mail should be addressed to:

NWSCC | Breckenridge Trip,
Rod Robinson, 5230 Overbrook Ln., Eugene, OR 97405

More ski trips info at: www.mthigh.org/Trips.htm.



Ski Area News

Magic Mile Chair Falls to the Ground

At Timberline ski area, on Thursday, March 31, 2016, a chair on the Magic Mile lift detached and fell off the cable and to the ground. Nobody was injured. The lift was closed the next day (Friday) for inspection and repairs. It reopened on Sunday. Timberline's announcement on social media said:

"At approximately 1:45pm today there was a mechanical malfunction on the Magic Mile chair lift. A chair detached from the cable on the downhill side of the lift. The chair lift was not occupied. No customers or staff were involved in the incident. All guests were offloaded in a timely manner. The Magic Mile will be closed until further notice, pending a thorough investigation involving the lift manufacturer and a 3rd party lift engineer. Timberline Lodge thanks all guests on the lift for their patience and apologizes the inconvenience. We are compiling all details of the incident, which will be posted as soon as possible."

Mt. Shasta Ski Park Available for Sale

The owners and operators of Mt. Shasta Ski Park, Mount Shasta California, have decided to sell their ski area and bike park. They have employed Mike Krongel to represent them in the sale process. A page of information is available to those interested parties who execute a confidentiality/non-disclosure agreement with Wintun Development. If interested, please contact Mike Krongel to receive a copy of the CA/NDA for execution.

Mt. Shasta Ski Park opened in December, 1985. With one notable exception, that being the non-winter of 2013 - 2014, the area has operated continuously and ski and bike operations gross up to \$5.365 Million, generate up to 167,000 visits and operate up to 137 days per season.

Contact Mike Krongel @ (617) 816 7544 or email him at krongel@mirusresortadvisors.com if interested.

Blackcomb Extends Ski Season

Blackcomb has decided to extend its ski season by an additional week. The closing date of Blackcomb Mountain is now May 30, 2016. Whistler Mountain's last day of skiing will remain April 17, 2016.

Hemlock, B.C. - from Small to Giant

If you haven't heard of the Hemlock ski area in British Columbia, you soon will, due to a massive expansion. It's north of the town of Chilliwack, in the Fraser Valley, north of the Fraser and Harrison rivers. It currently operates 35 trails and 4 lifts on 875 acres.

The British Columbia government has approved a plan to expand the resort to almost 15,000 acres, with 23 chairlifts and 20,000 hotel beds. The expansion will include hiking trails, horseback riding, a downhill mountain bike park, zip lines, tree walk adventures, an 18-hole golf course, boating and swimming on Harrison lake. Development will occur over the next 60 years.

New Lifts for 2016-2017 Ski Season

Jackson Hole has announced a new gondola for the 2016/2017 ski season. The new Doppelmayr-built Sweetwater Gondola will be located between the existing Bridger Gondola and Teewinot High Speed Quad and will have a mid-station approximately a third of the way up the mountain in the Solitude area, then continues up to terminate above the Casper Restaurant. It will feature eight-passenger cabins and will take 7.5 minutes to make its ascent with an hourly uplift capacity of 2,000 people. The gondola was chosen as the best type of lift to allow easy and safe uploading and downloading of kids for the resort's new children's teaching facility.

The Arizona Snowbowl will get its first high-speed 6-pack lift, The Grand Canyon Express, this summer.

Purgatory will have a two-way surface lift to transport guests between the 3 and 5 lifts and the new Legends high speed quad next ski season.

Zermatt. After surpassing its 10-year average annual snowfall of inches, Zermatt is working on a new six-passenger high-speed chairlift and a new 3S gondola lift (set to become the world's highest). The new chairlift is set to open next winter, but it will be three years until the new gondola to Europe's highest lift accessible point, on the Matterhorn glacier paradise (Klein Matterhorn) opens for the 2018/2019 ski season. Because of the extreme conditions, teams can only work on the new lift for up to 100 days each spring/summer.

Man & Woman of the Year



Karen Michels, our Membership director, has led a number of bike rides last summer and organized one of our best ski trips to Canada so far.



Steve Royce, our Secretary, has attended all Board meetings, kept accurate meeting Minutes, and participated in the club's decision making.

Mountain High Meeting

Usually last Monday. This is an exception.

April 11 (Mon.): Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

- | | | | |
|-----------------------------|-----------------|--------------------|--|
| President: | Debbi Kor | H: 503-314-7078, | President@mthigh.org |
| Vice-President: | Terry White | H: 503-781-4558 | TWhite223@msn.com |
| Secretary: | Steve Royce | H: 503-413-0493, | wsroyce49@frontier.com |
| Treasurer: | Nancy Pratt | H: 503-593-9427, | Treasurer@mthigh.org |
| Past President: | Kurt Krueger | H: 503-625-1492, | President@mthigh.org |
| Membership Director: | Karen Michels | H: 503-984-9210, | skiklynn@gmail.com |
| Racing Director: | Alan Bean | H: 503-849-8009, | Racing@mthigh.org |
| Newsletter Editor: | Emilio Trampuz | H: 1-503-378-0171, | newsletter@mthigh.org |
| Social Activities: | Debbi Kor | H: 503-314-7078, | ijustwannarun1@comcast.net |
| Golf: | Cal Eddy | H: 503-805-8606, | baebaw@ccgmail.net |
| Hiking: | Chris Brooks | H: 503-764-5323, | jruffman@aol.com |
| Bike rides: | Jackie Bonillo | H: 503-663-3359, | jbon1960@comcast.net |
| Bike rides: | Karen Michels | H: 503-984-9210, | skiklynn@gmail.com |
| Biking / Hiking: | Chas Westergren | H: 971-506-7699, | Chashisk@Yahoo.com |
| Mid-week skiing: | Ken Brundidge | H: 503-720-0620, | KenBrundidge@comcast.net |
| Trip Director: | Linda McGavin | H: 503-652-2840, | Trips@mthigh.org |
| Trip Leader: | Sandra Smith | H: 503-646-4591, | sandra@pacifier.com |

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: New membership or Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

- Email Preferences:**
- Newsletter (once a month): yes, link only yes, complete file no
 - No changes
 - Club news & events (between newsletters): yes no
 - (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): yes no
 - Is it OK to share your email address with other club members? Yes No

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

- Please take my money, and apply it toward the following Ski Club fun stuff:
- | | Deposit? | Paid in full? |
|--|----------|---------------|
| <input type="checkbox"/> Annual Membership (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40) | \$ _____ | _____ |
| <input type="checkbox"/> PACRAT Racing (2015) \$99 for the whole season . Team: _____ | \$ _____ | _____ |
| <input type="checkbox"/> Canada trip (Jan 24-30). Adult=\$1095, w/Fusion=\$888. Senior=\$1033, w/Fusion=\$849. Dep.=\$250 | \$ _____ | _____ |
| <input type="checkbox"/> Montana trip (Feb 21-27). Total=\$825. Dep.=\$250 <small>(Please circle your choice above)</small> | \$ _____ | _____ |
| <input type="checkbox"/> Crystal Mt. trip (March 18-20). Total=\$250. Dep.=\$100 | \$ _____ | _____ |
| <input type="checkbox"/> Other: _____ | \$ _____ | _____ |

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

Club membership = 245 Newsletter Distribution

The April issue is posted on our web site. Also:
 277 copies sent via email (as PDF files)
 15 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>

FWSA**Diving Trip to Fiji****Sept. 24 - Oct. 8, 2016**

Beqa Lagoon Resort: September 24 – October 1, 2016
 Diver Package: \$1,916. Non-Diver Package: \$1,383.
 Single Supp. Add - \$308.

Paradise Taveuni Resort: October 1 – 8, 2016
 Diver Package: \$2,171. Non-Diver Package: \$1,220.
 Single Supp. Add - \$747.

You can do Beqa (week 1), Paradise (week 2) or both.

Each week, the price includes:

- 7 nights – based on 2 per room. All meals daily
- Use of paddle boards, kayaks & catamarans
- 5 days (12 boat dives at Beqa, 16 at Paradise)

Contact: Randy Lew, FWSA Dive Trip Leader, 7007
 SW Iron Horse St., Wilsonville, OR 97070.

Cell: 530/304-0802 e-mail: FWSA13Randy@telis.org

Info: <http://www.fwsa.org/Travel/Dive/2016-FWSA-Fiji/Fiji-Index.html>

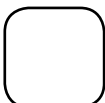
Shred Hood

Shred Hood, a very informative online magazine, published by **Ben Jacklet**, covers everything related to Mt. Hood, including:

- * [Magic Mile Chair Detaches and Falls to Ground](#)
- * [How Asit Rathod Fell Victim to Mt. Hood Triangle](#)
- * [March Powder Brings April Chowder](#)
- * [MTR Wins Third Straight Candy Cup Trophy](#)
- * [Michaela Shiffrin's Winning Run in Aspen](#)
- * [Pond Skimming Shenanigans](#)

This is just a very small sample of the wealth of information available on the Shred Hood site.

Subscribe to it for free. Just enter your email address in the blue box on the right side of the page at Shred-Hood.org



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.