

Nursing Staff Cue Card for Patients with Type 2 Diabetes and their Family Caregiver

Patient's name _____ Discharge Date _____

Follow-up appointments _____

Waiting on results from (labs, tests, etc) _____

Resources

Name of Primary Care Provider _____

Name of Endocrinologist _____

Social Worker _____ Case Manager _____

Other _____

Information about diabetes

- ☐ Tell me what you know about diabetes?
- ☐ Tell me what you should do if a problem arises?
- ☐ Tell me what you need to do when you leave here?

Medications

- ☐ When should you take your medication?
- ☐ Why are you taking each medication?
- ☐ What do you do if you miss a dose?

Diet/Exercise

- ☐ What type of foods should you avoid?
- ☐ What type of food is good to eat?
- ☐ What goals do you have for an exercise plan?

Glucose monitor and supplies

- ☐ When should you take your glucose?
- ☐ Walk me through how to use your meter.
- ☐ What should you do if your blood sugar is less than 70 or greater than 240?

Emotions and behaviors

- ☐ Do you have any depressive symptoms (lack of interest, loss of appetite or overeating)?
- ☐ Other emotional and behavioral issues? Counseling needs?
- ☐ Who to contact for depressive symptoms?

Financial and transportation issues

- ☐ Insurance and financial issues
- ☐ Can you fill your prescriptions?
- ☐ Transportation to appointments

Assessed Caregiver Discharge needs

- ☐ Caregivers' understanding of patients' care requirements and treatment plan.
- ☐ Caregiver's own emotions
- ☐ Caregiver's own health needs
- ☐ Available community resources