



Quality TIMES

Quarterly Training Opportunities and Resources
for Early Childhood Educators

Spring is a Time to Focus on Children and Child Care Providers!

April-June 2016
Volume 5 Number 3

Registration Now OPEN for Sky's the Limit Conference

Make plans and register early to attend the Sky's the Limit Conference. Featured presenters include nationally recognized Maryann "Mar." Harman and our own local expert, Dr. Kevin Walsh. Professional development is available for administrators, teachers, and family day care home providers.



Free Community Concert Music with "Mar."



In celebration of the Month of the Young Child, Childcare Resources is having a FREE community concert for children and their families on Friday, April 22nd. Please assist us in publicizing the concert to families in your program. In the Quality Times is an informational flyer that you can display or make copies to hand out.



May 8, 2016

Childcare Resources is honored to provide training and technical assistance to the wonderful and hardworking child care providers. We commend you and thank you for your commitment to the field of early care and education.

During the month of May, each provider that attends training will receive a special gift from Childcare Resources!



**Training Sessions
Listed
Chronologically
By Month
Page 8**



**Sky's the Limit
Conference
Information
&
Registration
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**Promotional Flyer
for Concert!
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Childcare Resources Training and Registration Policies

We appreciate your respect of our training policies and procedures and look forward to providing an effective learning environment for all of our participants.

Childcare Resources is the proud recipient of the National Quality Assurance Designation by Child Care Aware of America and the 2004 Exemplar Award by the International Association for Continuing Education and Training (IACET). We are dedicated to providing the highest quality experience for child care providers seeking assistance and training that enhances the quality of care for children in central Alabama.

Every training is evaluated for Continuing Education Unit (CEU) approval.

- Sessions that offer CEUs have undergone a process of evaluation and development and successfully met rigorous criteria in accordance with IACET guidelines.
- All trainings are related to one of the Alabama Department of Human Resources (DHR) Training Categories, Child Development Associate (CDA) Content Areas, and Alabama Pathways Core Knowledge Areas (CKA).

Training Policies

1. Childcare Resources' training is open to all persons regardless of race, national origin, religion, age, sex, political beliefs or disability.
2. Submission of a registration form grants permission for Childcare Resources to take photographs during training to use in agency publications and on social media.
3. Training begins on time. You are expected to arrive on time. Once the training begins, entering the training will be prohibited.
4. Childcare Resources is an authorized provider by the International Association for Continuing Education and Training (IACET). To receive full clock hours and CEU credit, you must be present for the entire training.
5. Learners are expected to actively participate in all training activities; complete a pre- and post-assessment, which will be used for the evaluation of the learning outcomes and learning expectations; and submit a training evaluation.
6. Children are not permitted at any training session.
7. Cancellations are permitted **one full business day** prior to scheduled training. Refunds are not available. A Training Voucher will be issued and can be applied to future trainings.
8. Substitution Policy: Substitutions are only allowed for paid trainings and must be completed **one full business day** in advance of a training. If you would like to send a substitute in the place of a registered learner, you must complete a registration form for the new learner and call Margie Walker at (205) 945-0018 ext. 300. Substitutions the day of the training will not be permitted. The original registered learner will be withdrawn from registration and must re-register with a new form.
9. Training Attendance Policy: Due to high demand of our trainings and limited seating, Childcare Resources will allow learners to have three no-shows in a 12-month period for pre-registered trainings. After three no-shows, you will be notified that you are not allowed to pre-register for trainings. You will be allowed to arrive at the time of the training and register for any available seating. Seating will not be guaranteed and is based on availability.
10. Inclement Weather: In the event of a weather-related delay or closure at Childcare Resources, updates will be posted on the agency's website, www.ccr-bhm.org. Any affected session(s) will be rescheduled with the new date communicated via the website.

Registration Procedures

1. Please register using Quality Times registration forms or Cvent on our website. **FORMS MUST BE COMPLETE!**
2. One applicant per registration form. You may duplicate the form as needed.
3. Fee-based trainings must be paid before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received, registration is incomplete.
4. You will receive an email through Cvent to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 300.
5. Checks, money orders, MasterCard, Discover, American Express, PayPal and Visa are accepted for payment. Please see registration forms for more information.
6. Trainings are enrolled on a first come, first served basis. Please register early!

The Learning Legend

Training Level

Basic	For entry level professionals who are new to early childhood and/or school-age care; covers a foundational understanding and demonstration of developing skills.
Intermediate	For professionals who have at least 2 years experience and 120 hours of training in child development and are moving toward more formal education; includes expanding knowledge, application and refining skills.
Advanced	For professionals who have at least 3 years of experience and 30 credit hours in child development. Advanced level training focuses on a more thorough knowledge and understanding of developmentally appropriate practice, and highly effective application and demonstration of skills.
All	For professionals of all levels of education and experience

DHR Minimum Standards Training Areas

CD	Child Development	CCPF	Child Care Professional and the Family
HSUP	Health, Safety and Universal Precautions	LD	Language Development
QCCL	Quality Child Care and Licensing	PDG	Positive Discipline and Guidance
AM	Administration and Management		

Alabama Pathways Core Knowledge Areas (CKA)

CGD	Child Growth and Development
HSN	Health, Safety and Nutrition
LEE	Learning Experiences and Enrichment
DIV	Diversity
COA	Child Observation and Assessment (Planning for Individual Needs)
MA	Management and Administration
ICFC	Interaction with children, families and community

Child Development Associate (CDA) Content Areas

1	Planning a safe and healthy environment to invite learning
2	Steps to advance children's physical and intellectual development
3	Positive ways to support children's social and emotional development
4	Strategies to establish productive relationships with families
5	Strategies to manage an effective program operation
6	Maintaining a commitment to professionalism
7	Observing and recording children's behavior
8	Principles of child growth and development

Target Age Group

Infant	Birth to 12 months	Preschool	3 and 4 year olds
Toddler	1 and 2 year olds (13-36 months)	School Age	5 and 12 year olds

Courses are coded according to DHR Minimum Standard Categories, Child Development Associate (CDA) Content Areas and the Alabama Pathways Core Knowledge Areas (CKA). Please refer to this page to determine the topic areas covered in each course.

Training Registration Form

We make quality child care happen.

2016
April May June

*Required Information for all learners
**Required for first time learners

Privacy Policy: All learner records and correspondence will be sent to the learner address on this form.

Learner Information

*Learner Name (Please Print): *Is this your first training with us? Y N		*Learner Address: (Include Street Address, city, state and zip code)	
*Learner Home Phone:	*Gender <input type="checkbox"/> Female <input type="checkbox"/> Male	*Learner Email: Join our email list: Y N	*Learner Race: <input type="checkbox"/> African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other_____
*Learner Cell Phone:			
*What is your role in working with children? <input type="checkbox"/> Center Director <input type="checkbox"/> Center Teacher <input type="checkbox"/> Center Support Staff <input type="checkbox"/> Family Child Care Home Licensee		<input type="checkbox"/> Group Home Licensee <input type="checkbox"/> Group Home Assistant <input type="checkbox"/> Interested in Family Child Care Home <input type="checkbox"/> Interested in Being a Center Teacher	<input type="checkbox"/> Interested in Being a Center Director <input type="checkbox"/> Relative Care Provider <input type="checkbox"/> Parent <input type="checkbox"/> Other_____
*Employer Name:		*Employer Address:	
*Business Phone:	*Business Email:		*Business City/County: <input type="checkbox"/> Birmingham City <input type="checkbox"/> Shelby <input type="checkbox"/> Blount <input type="checkbox"/> Walker <input type="checkbox"/> Jefferson <input type="checkbox"/> Other_____
*Number of Children served:			
*Type of Child Care Provider: <input type="checkbox"/> Child Care Center <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Relative Care		<input type="checkbox"/> Family Child Care Group Home <input type="checkbox"/> Elementary School Grades K-8 <input type="checkbox"/> Other_____	*Is this Provider: <input type="checkbox"/> Licensed <input type="checkbox"/> Licensed-Exempt
**How did you learn about Childcare Resources?		**How do you receive the Quality Times? <input type="checkbox"/> I do not receive the Quality Times <input type="checkbox"/> Mail <input type="checkbox"/> Email <input type="checkbox"/> Internet <input type="checkbox"/> I want to receive the Quality Times by <input type="checkbox"/> Mail <input type="checkbox"/> Email	

Registration Procedures

Please register using our agency registration forms. **FORMS MUST BE COMPLETE!**

- One applicant per registration form. You may duplicate the form as needed.
- Select the training dates on the back of this form and mail or deliver this form with payment to:
Childcare Resources, 244 West Valley Avenue, Suite 200, Birmingham, AL 35209
- Fee based trainings must be paid in full before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received, registration is incomplete.
- You will receive an email to confirm registration. If you do not receive confirmation within 24 hours of the training, please call (205) 945-0018 ext. 300.
- Checks, money orders, MasterCard, Discover, Visa, PayPal and American Express are accepted for payment.
- Trainings are enrolled on a first come, first served basis. **Please register early!**
- Cancellations and Substitutions are permitted **ONE FULL business day** in advance of the training. You will be issued a Training Voucher for cancellations. **NO CASH REFUNDS WILL BE GIVEN.**
- Please review our **Training Attendance and Substitution Policies** on page 2 of the Quality Times before submitting this form.



Payment Procedures

- Proof of payment is required for your registration to be complete. Therefore, faxed registration forms will not be processed for fee based training.
- You may submit a check or money order with this form and return it to Childcare Resources via mail.
- If you would like to pay by PayPal or credit card go online to www.ccr-bhm.org. Click on Providers-Training and Technical Assistance-Quality Times and proceed with online registration hosted by Cvent.

Payment Method: (Circle)

Check Cash
Money Order

Free	AELG Sessions 1-3			Free	Director's Series: Part 4- A Reflective Approach in Early Care Practices: Using Reflective Thinking Within Different Educational Areas		
	☐	Tuesday, April 19, 2016	8:30am-3:30pm		☐	Tuesday, June 14, 2016	9:00am-12:00pm
Free	AELG Sessions 4-6			Free	Distance Learning Course Partnership with APT: Right From Birth Closeout		
	☐	Tuesday, May 17, 2016	8:30am-3:30pm		☐	Tuesday, June 28, 2016	6:00pm-7:30pm
Free	AELG Sessions 7-9			Free	Distance Learning Course Partnership with APT: Right From Birth Orientation		
	☐	Tuesday, June 21, 2016	8:30am-3:30pm		☐	Wednesday, April 6, 2016	12:00pm-1:30pm
Free	APT Presents: Teaching Empathy and Other Life Skills			Free	Early Care Safety and Emergency Preparedness		
	☐	Thursday, May 12, 2016	2:00pm-4:00pm		☐	Wednesday, June 1, 2016	9:00am-11:30am
Free	ASQ-3: Ages and Stages Questionnaire: Decoded			\$15	First Steps to a Career in Child Care		
	☐	Tuesday, April 26, 2016	9:00am-11:30am		☐	Friday, April 8, 2016	12:00pm-1:30pm
Free	ASQ-SE: Ages and Stages Questionnaire: Social-Emotional				☐	Friday, June 3, 2016	12:00pm-1:30pm
	☐	Tuesday, June 28, 2016	9:00am-11:30am	Free	Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting		
Free	Asthma and the Young Child: What Every Child Care Provider Should Know				☐	Thursday, May 12, 2016	9:00am-11:30am
	☐	Wednesday, May 11, 2016	9:00am-11:30am	\$15	Health and Safety Training: JCDH		
Free	Autism Spectrum Disorders: Strategies that Work				☐	Thursday, May 19, 2016	6:00pm-8:30pm
	☐	Wednesday, April 13, 2016	12:00pm-2:30pm	\$15	Health and Safety Training: JCDH		
Free	Building a Healthy Start Module 4: Creating a Healthy Environment for Infants and Toddlers in Early Childhood Settings				☐	Tuesday, June 7, 2016	12:00pm-2:30pm
	☐	Thursday, April 14, 2016	9:00am-11:30am	\$15	Inquiry Based Science: Earth & Science		
Free	Building a Healthy Start Module 5: Promoting Optimal Social Emotional Development of Infants and Toddlers in Early Childhood Settings				☐	Tuesday, April 5, 2016	9:00am-11:30am
	☐	Thursday, May 19, 2016	9:00am-11:30am	\$15	Inquiry Based Science: Life Science		
Free	CDA 101: Orientation to Earning Your Credential				☐	Wednesday, June 15, 2016	9:00am-11:30am
	☐	Tuesday, April 19, 2016	9:00am-11:30am	Free	Managing Food Allergies in the Early Childhood Setting		
\$50	CDA: Professional Portfolio and CDA Competency Statements				☐	Thursday, April 21, 2016	12:00pm-2:30pm
	☐	Tuesday, May 24, 2016	8:30am-4:30pm	Free	Measure and Improve Leadership and Management Practices: An Overview of the Program Administrative Scale (PAS)		
Free	CCR Presents APT: "1,2,3 Yes!" Creative Early Childhood Conflict Resolutions				☐	Wednesday, May 18, 2016	9:00am-11:30am
	☐	Tuesday, April 5, 2016	2:00pm-4:00pm	Free	Measuring Infant/Toddler Quality: An Overview of the Infant Toddler Environment Rating Scale (ITERS-R)		
Free	Director's Network Walker County: Maximize Marketing Online with Childcare Resources				☐	Wednesday, April 27, 2016	9:00am-11:30am
	☐	Tuesday, April 12, 2016	12:00pm-1:30pm	Free	Mental Illness in the Child Care Setting: Serving Children with Mental Illness		
Free	Director's Series: Part 3- A Reflective Approach in Early Care Practices: From Me to We...Individual Reflection to Group Reflection				☐	Wednesday, May 18, 2016	12:00pm-2:30pm
	☐	Wednesday, April 6, 2016	9:00am-12:00pm	Free	Positive Guidance: What? Why? How?		
					☐	Thursday, June 23, 2016	6:00pm-8:30pm

- Free **Recognizing and Addressing Developmental Delay in Children Ages Birth to Three**
 - Wednesday, April 20, 2016 9:00am-11:30am
- Free **Train to Retain: Successful Staff Orientation Methods**
 - Wednesday, May 11, 2016 12:00pm-2:30pm
- Free **Walker County Super Saturday: Connecting the Dots from Infants to Preschool-Knowledge**
 - Saturday, May 14, 2016 8:00am-10:15am
 - Saturday, May 14, 2016 10:30am-12:30pm
- Free **Welcome to Child Care I**
 - Tuesday, April 12, 2016 8:30am-3:30pm
- Free **Welcome to Child Care II**
 - Tuesday, May 10, 2016 8:30am-3:30pm
- Free **What Do Preschoolers Need? An Overview of Early Education Environment Rating Scale**
 - Wednesday, May 4, 2016 9:00am-11:30am
- Free **Who will be their Voice? Protecting Children from Abuse**
 - Thursday, May 26, 2016 1:00pm-3:30pm
- Free **Who's Watching the Children?**
 - Thursday, May 26, 2016 6:00pm-8:30pm
- Free **Working with Diverse Families: An Introduction to Cultural Competence**
 - Wednesday, June 8, 2016 9:00am-11:30am
- Free **Your Role in Preventing Child Abuse and Neglect**
 - Thursday, April 21, 2016 9:00am-11:30am

Name of Learner: _____

Total Amount Due: _____

Parenting Counts Workshops

Exploring - Emotion Coaching - Communicating - Handling Stress

In collaboration with Alabama Public Television and Talaris Research Institute, Childcare Resources is pleased to offer FREE Parenting Counts training workshops for parent groups or on-site staff meetings. This is a wonderful way to provide social and learning opportunities for your parents.

To schedule a Parenting Counts Workshop, please call (205) 945-0018, press 9.

A FREE library of resources and services

**Monday-Friday
8:30am-4:00pm**

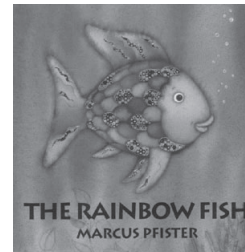


**Childcare Resources
244 West Valley Avenue Suite 200
Birmingham, AL 35209**

Laminating ☐ Die Cuts ☐ Resources ☐
Theme Boxes ☐ Music CDs ☐ Puppets ☐
Resource Books and much more!

Betty's Book Nook Featured this Quarter:

Rainbow Fish
By: Marcus Pfister



The most beautiful fish in the ocean is asked to share one of his shining scales with a little blue fish, to which he refuses. All the other fish in the sea leave him alone, and he wonders why. He goes to the wise octopus for advice, and she tells him to give away his scales. Rainbow Fish reluctantly does so, except for one. In the end, he is less beautiful than he was before, but he has new friends and is now the happiest fish in the sea.

Childcare Resources offers training for individual child care programs to address your specific training needs.

Goals:

- To enhance best practices within child care facilities
- To assist child care professionals with putting knowledge into action
- To provide consultation and needs assessment for directors

Child Development Consultants will guide directors and administrators on selecting services that will provide professional development and technical assistance.

Child care programs are limited to two onsite trainings per calendar year. Some onsite trainings will require technical assistance.

Limited Availability
Call Catrice Pruitt at the Provider Intake Line
(205) 945-0018 and press 9.
Services rendered will be on a first come, first served basis.

**Join us for FREE
CPR and First
Aid Training!**



**Thursday, April 7, 2016
9:00am-12:00pm**

**Childcare Resources' Conference Room
Call Margie Walker to register.
(205) 945-0018, ext. 300.**

Limited to 8 participants.

April Training Sessions

Inquiry Based Science: Earth & Science

Date Offered: Tuesday, April 5, 2016; 9:00am-11:30am

Location: Childcare Resources' Conference Room; 244 West Valley Avenue, Suite 200, Birmingham, AL 35209

Deadline to Register: March 15

Cost: \$15.00

Target Age Group: Preschool

DHR Categories: CD

Funded By: UWCA

Training Hours: 2.5

CDA Categories: 2

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: LEE

Young children are naturally curious. Learn strategies to foster scientific knowledge by providing a rich environment, introduce scientific vocabulary, and provide opportunities for children to solve problems and investigate using hands-on experiences. Earth science is the study of our earth and its atmosphere.

Childcare Resources Presents APT: "1,2,3 YES!" Creative Early Childhood Conflict Resolutions

Date Offered: Tuesday, April 5, 2016; 2:00pm-4:00pm

Location: Childcare Resources' Conference Room; 244 West Valley Avenue, Suite 200, Birmingham, AL 35209

Deadline to Register: March 15

Cost: Free

Target Age Group: Toddlers, Preschool

DHR Categories: CD; CCPF; PDG

Funded By: DHR

Training Hours: 2

CDA Categories: 3, 4, 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD; ICFC

We should always try to get along with other people. Sometimes that means having to resolve conflicts. This can seem easier said than done and it definitely takes practice. This is a new 2-hour workshop designed by Alabama Public Television that will help children understand and practice healthy ways of resolving conflict. This workshop combines video segments and educational materials to teach child care providers and parents how to help children practice a variety of techniques that will help them resolve conflict. All participants will receive a set of children's books and a folder with resource materials that relate to the topic discussed.

Director's Series: Part 3 - A Reflective Approach in Early Care Practices: From Me to We... Individual Reflection to Group Reflection

Date Offered: Wednesday, April 6, 2016; 9:00am-12:00pm

Location: Childcare Resources' Conference Room; 244 West Valley Avenue, Suite 200, Birmingham, AL 35209

Deadline to Register: March 16

Cost: Free

Target Age Group: All

DHR Categories: CCPF

Funded By: DHR

Training Hours: 3

CDA Categories: 6

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: PPD

Join us as we continue with our third session in our Director's Series. In this session we will review concepts from previous sessions, analyze the importance of reflection, discover how to transition from individual reflection to a reflective community of practice, and investigate the benefits and challenges of creating our own community of practice in order to improve our skills as directors and teachers while encouraging others to do the same.

Distance Learning Course Partnership with Alabama Public Television: Right from Birth Orientation

Date Offered: Wednesday, April 6, 2016; 12:00pm-1:30pm

Location: Childcare Resources' Board Room; 244 West Valley Avenue, Suite 200, Birmingham, AL 35209

Deadline to Register: March 16

Cost: Free

Target Age Group: Infant/Toddler

DHR Categories: CD; CCPF; HSUP; QCCL; LD; PDG

Funded By: DHR

Training Hours: 14

CDA Categories: 1, 2, 3, 4, 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD; HSN; COA; ICFC; LEE

A Ready To Learn Service of the Educational Services Department of Alabama Public Television. This workshop series is designed for parents and child care professionals serving children, birth to eighteen months. It is delivered as a 12-part series of 30-minute programs for Broadcast Distance Learning. It presents current and practical advice on supporting children's learning from the day they are born. You MUST have access to a television that receives APTV to participate. These sessions will be completed independently with the televised sessions on Saturday mornings from 7:00am-7:30am beginning on Saturday, April 9, 2016. You must attend both the orientation held on Wednesday, April 6, 12:00-1:30 and the final session held on Tuesday, June 28, 6:00-7:30.

April Training Sessions

First Steps to a Career in Child Care

Date Offered: Friday, April 8, 2016; 12:00pm-1:30pm

Location: Childcare Resources' Conference Room; 244 West Valley Avenue, Suite 200, Birmingham, AL 35209

Deadline to Register: March 18

Cost: Free

Target Age Group: All

DHR Categories: QCCL

Funded By: DHR

Training Hours: 1.5

CDA Categories: 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: PPD

Do you have a dream to open a child care center or family child care home? Your questions may include hours, time, cost, location and resources. Come join us for a mini-session on how to get started and we will answer many of the common questions you have about opening a child care program. Please feel free to bring a lunch. This session is intended ONLY for individuals who are new to Childcare Resources and have not attended a training session.

Welcome to Child Care I

Date Offered: Tuesday April 12, 2016; 8:30am-3:30pm

Location: Childcare Resources' Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: March 22

Cost: Free

Target Age Group: All

DHR Categories: 2 hrs.: HSUP; 2 hrs.: QCCL;
2 hrs.: CCPF

Funded By: DHR

Training Hours: 6

CDA Categories: 2 hrs.: 1; 2 hrs.: 4;
1 hr.: 5; 1 hr.: 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: 2 hrs.: HSN;
2 hrs.: PPD; 1 hr.: MA; 1 hr.: ICFC

This session covers topics required in the DHR Minimum Standards for new providers. We will discuss child development, quality child care and licensing, positive guidance and discipline. This session helps early educators who are new to the field form a foundation of skills necessary to be successful.

Walker County Director's Network: Maximize Marketing Online with Childcare Resources

Date Offered: Tuesday, April 12, 2016; 12:00pm-1:30pm

Location: Christ United Methodist Church; 1401 Jones Dairy Rd, Jasper, AL 35501

Deadline to Register: March 22

Cost: Free

Target Age Group: All

DHR Categories: AM

Funded By: DHR

Training Hours: 1.5

CDA Categories: 6

Training Level: Basic

CEUs Offered: No

CKA Categories: MA

Childcare Resources will host an informative and unique opportunity for directors to learn how they can utilize our Resource and Referral database to input information, pictures and forms about their programs for parents to access in their online searches. It's like a free additional website! We also offer the opportunity to be a part of a focus group involved in the launching of this new program.

Autism Spectrum Disorders: Strategies that Work

Date Offered: Wednesday, April 13, 2016; 12:00pm-2:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: March 23

Cost: Free

Target Age Group: All

DHR Categories: CD

Funded By: DHR

Training Hours: 2.5

CDA Categories: 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD

They are not "autistic children" but rather "children with autism." The Medical Team with Children's of Alabama Medical Autism Clinic will discuss characteristics of Autism Spectrum Disorder and the critical need to assess children and their behavior. They will also share how a child with autism might behave, the message within the behavior, stereotypic behavior and how to arrange your preschool environment for success.

April Training Sessions

Building a Healthy Start Module 4: Creating a Healthy Environment for Infants and Toddlers in Early Childhood Settings

Date Offered: Thursday, April 14, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: March 24

Cost: Free

Target Age Group: Infant/Toddler

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

Creating a Healthy Environment for Infants and Toddlers in Early Childhood Settings is the fourth module in the series- Building a Healthy Start. In collaboration with Alabama Department of Public Health, Childcare Resources will present training that focuses on environmental health concerns in child care that are specific to the care of infants and toddlers.

CDA 101: Orientation to Earning Your Credential

Date Offered: Tuesday, April 19, 2016; 9:00am-11:30am

Location: Childcare Resources Board Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: March 29

Cost: Free

Target Age Group: All

DHR Categories: CCPF

Funded By: DHR

Training Hours: 2.5

CDA Categories: 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: PPD

This is a pre-requisite for individuals who wish to enroll in the CDA Credential Training. Learn about the CDA credential, how it can benefit your career, what you need to do to achieve the credential, the requirements necessary to start, cost and additional resources to further your career in early childhood education.

Recognizing and Addressing Developmental Delay in Children Ages Birth to Three

Date Offered: Wednesday, April 20, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: March 30

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Intermediate

CEUs Offered: No

CKA Categories: HSN

Do you recognize the signs of developmental delay in younger children? Do you know how to articulate developmental milestones to your staff and parents? Would you feel comfortable addressing concerns about a child's development? Heather Johnson, MPH, with Parents as Teachers, and Tyesha Gibbs, will help you answer "Yes" to all the above questions and more. Participants will be given an overview of how to best assist parents in navigating the emotional roller coaster, as well as the maze of special health care services to be offered upon diagnosis.

Your Role in Preventing Child Abuse and Neglect

Date Offered: Thursday, April 21, 2016; 9:00am-11:30am

Location: Childcare Resources Board Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: March 31

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: CTF

Training Hours: 2.5

CDA Categories: 1

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: HSN

As child care providers, it is our responsibility to ensure the well-being of the children in our care. You will learn how to recognize signs of suspected child abuse and neglect, interact with the shaken baby simulator doll and practice making a mandatory reporting phone call to DHR.

April Training Sessions

Managing Food Allergies in the Early Childhood Setting

Date Offered: Thursday, April 21, 2016; 12:00pm-2:30p,

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: March 31

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Advanced

CEUs Offered: No

CKA Categories: HSN

It is no surprise to find a list of food allergens on a child's enrollment form. Ann Fox with the Alabama Department of Public Health will share how managing food allergens in the early childhood classroom is a collaborative effort involving parents, teachers and the child.

ASQ-3: Ages and Stages Questionnaire: Decoded

Date Offered: Tuesday, April 26, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 5

Cost: Free

Target Age Group: All

DHR Categories: CD; LD

Funded By: DHR

Training Hours: 2.5

CDA Categories: 2; 3; 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD; LE; COA

Research shows that children in Alabama are at risk for developmental delays. Knowing how to meet the needs of each child can influence future success. Learn how to perform an appropriate developmental assessment and apply the results to your daily lesson plans and daily routines using the ASQ3 developmental tool. Childcare Resources is available to send consultants to your center to aid you in technical assistance when implementing ASQ3.

Measuring Infant/Toddler Quality: An overview of the Infant Toddler Environment Rating Scale (ITERS-R)

Date Offered: Wednesday, April 27, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 6

Cost: Free

Target Age Group: Infant/Toddler

DHR Categories: QCCL

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1; 5; 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: CGD; LEE

One of the most widely easy-to-use resources to help early childhood programs examine their environment and learning programs is the Infant Toddler Environment Rating Scale-Revised (ITERS-R). This is an easy to use tool that examines a program's environment (space and furnishings, personal care routines, activities, interactions, listening, talking, and program structure). After attending this training, child care providers will possess the knowledge of what a high-quality infants/toddler program encompasses.

May Training Sessions

What Do Preschoolers Need? An Overview of Early Education Environment Rating Scale (ECERS-R)

Date Offered: Wednesday, May 4, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 13

Cost: Free

Target Age Group: Preschool

DHR Categories: CD; HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: CGD; LEE

One of the most widely used resources to help early childhood programs examine their environment and learning programs is the Early Childhood Environment Rating Scale-Revised (ECERS-R). It is an easy-to-use tool that examines a program's environment (space and furnishings, personal care routines, activities, interactions, listening and talking, and program structure). It is designed for programs serving children 2 1/2 -5 years old. After attending this training, child care providers will possess the knowledge of what a high-quality preschool program encompasses.

May Training Sessions

Welcome to Child Care II

Date Offered: Tuesday May 10, 2016; 8:30am-3:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 19

Cost: Free

Target Age Group: All

DHR Categories: 2 hrs.: CD; 2 hrs.: LD;
2 hrs.: PDG

Funded By: DHR

Training Hours: 6

CDA Categories: 1 hr.: 2; 2 hrs.: 3;
1 hr.: 7; 2 hrs.: 8

Training Level: Basic

CEUs Offered: Yes

CKA Categories: 2 hrs.: CGD;
1 hr.: LEE; 1 hr.: DIV;
1 hr.: COA; 1 hr.: ICFC

Learners will build on the skills learned in Welcome to Child Care I by further exploring topics required in the DHR Minimum Standards for new providers. We will discuss the child care professional and family, language development, health, safety and universal precautions.

Asthma and the Young Child: What Every Child Care Provider Should Know

Date Offered: Wednesday, May 11, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 20

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Advanced

CEUs Offered: No

CKA Categories: HSN

Asthma is the most common chronic disease in children and remains the leading cause of hospitalization and emergency room visits, despite advances in medication and treatment options. Under the guidance of Dr. Terry Magruder with UAB Department of Pediatrics, this training will improve and increase our knowledge and skills in asthma awareness and management, particularly for children 5 years and younger.

Train to Retain: Successful Staff Orientation Methods

Date Offered: Wednesday, May 11, 2016; 12:00pm-2:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 20

Cost: Free

Target Age Group: All

DHR Categories: AM

Funded By: DHR

Training Hours: 2.5

CDA Categories: 5; 6

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: MA

Research shows that training employees increases worker productivity, improves employee satisfaction and consequently staff retention. This workshop will provide strategies to develop a successful Teacher Orientation Packet and the Seven Steps of Staff Retention.

Health 101: The Basics of Keeping Children Healthy and Safe in a Child Care Setting

Date Offered: Thursday, May 12, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 21

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

Put those infections behind bars. Get those childhood rashes off the street. Healthy Child Care Alabama will share safety, diapering and proper hand washing tips for practical application in your child care program.

May Training Sessions

APT Presents: Teaching Empathy and Other Life Skills

Date Offered: Thursday, May 12, 2016; 2:00pm-4:00pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 21

Cost: Free

Target Age Group: Preschool

DHR Categories: CD

Funded By: DHR

Training Hours: 2

CDA Categories: 3; 8

Training Level: Basic

CEUs Offered: No

CKA Categories: CGD

Studies show that children are more likely to develop a strong sense of empathy when their own emotional needs are being met. APT will introduce some important life skills to teach children: a sense of self-awareness and the ability to distinguish one's own feelings from the feelings of others; putting oneself in another person's shoes; and being able to regulate one's own emotional responses.

Walker County Super Saturday: Connecting the Dots from Infants to Preschool-Knowledge

Date Offered: Saturday, May 14, 2016; 8:00am-10:15am

Location: The ARC of Walker County; 910 Oak Hill Road Jasper, AL 35504

Deadline to Register: April 23

Cost: Free

Target Age Group: All

DHR Categories: CD

Funded By: DHR

Training Hours: 2

CDA Categories: 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD

The early years present a prime opportunity to positively influence the course of a young child's life. School readiness unfolds in everyday moments, yet many young children lack the keys needed for a good start to school readiness. Some children are falling behind even before they arrive at a pre-kindergarten classroom door. Join us for Super Saturday as experts in the field of early care and education reveal the key ingredients for healthy positive child development and how to apply them in your classrooms. **(All learners will attend this first session.)**

Walker County Super Saturday: Connecting the Dots from Infants to Preschool-Application

Date Offered: Saturday, May 14, 2016; 10:30am-12:30pm

Location: The ARC of Walker County; 910 Oak Hill Road Jasper, AL 35504

Deadline to Register: April 23

Cost: Free

Target Age Group: All

DHR Categories: CD

Funded By: DHR

Training Hours: 2

CDA Categories: 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD

The early years present a prime opportunity to positively influence the course of a young child's life. School readiness unfolds in everyday moments, yet many young children lack the keys needed for a good start to school readiness. Some children are falling behind even before they arrive at a pre-kindergarten classroom door. Join us for Super Saturday as experts in the field of early care and education reveal the key ingredients for healthy positive child development and how to apply them in your classrooms. **(Learners will be asked to choose the infant/toddler or preschool track.)**

Mental Illness in the Child Care Setting: Serving Children with Mental Illness

Date Offered: Wednesday, May 18, 2016; 12:00pm-2:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 27

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Intermediate

CEUs Offered: No

CKA Categories: HSN

Children can develop the same mental health conditions as adults, but their symptoms may be different. Join us as we understand the warning signs of mental illness in children, key characteristics of specific illness disorders, four common mental illnesses in children, family reactions to a child's diagnosis and how to provide positive supports to the children and their families.

May Training Sessions

Measure and Improve Leadership and Management Practices: An Overview of the Program Administrative Scale (PAS)

Date Offered: Wednesday, May 18, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 27

Cost: Free

Target Age Group: All

DHR Categories: AM

Funded By: DHR

Training Hours: 2.5

CDA Categories: 5

Training Level: Basic

CEUs Offered: Yes

CKA Categories: LEE

The Program Administration Scale (PAS) is an assessment tool to help administrators who want to achieve best practices in operating a quality child care center. This tool allows for a center director to measure and evaluate their administrative practices to gain feedback on where they can strengthen their program. Learners will identify the different areas of assessment and how this tool is used for targeted evaluation of their program.

Building a Healthy Start Module 5: Promoting Optimal Social Emotional Development of Infants and Toddlers in Early Childhood Settings

Date Offered: Thursday, May 19, 2016; 9:00am-11:00am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 28

Cost: Free

Target Age Group: Infant/Toddler

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2

CDA Categories: 1

Training Level: Basic

CEUs Offered: No

CKA Categories: HSN

Promoting Optimal Social Emotional Development of Infants and Toddlers in Early Childhood Settings is the fifth module in the series-Building a Healthy Start. In collaboration with Alabama Department of Public Health, Childcare Resources will present training that focuses on a developmental approach to fostering the best social emotional development of infants and toddlers in child care.

Health and Safety Training: JCDH

Dates Offered: Thursday, May 19, 2016; 6:00pm-8:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: April 28

Cost: \$15

Target Age Group: All

DHR Categories: HSUP

Funded By: UWCA

Training Hours: 2.5

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

This training meets the newly revised Jefferson County Department of Health Child Care Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements, childhood health and wellness, childhood illnesses, diapering, toileting and hand washing, food service, nutrition and other health and safety related topics.

CDA: Professional Portfolio and CDA Competency Statements

Date Offered: Tuesday, May 24, 2016; 8:30am-4:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 3

Cost: \$50

Target Age Group: All

DHR Categories: CCPF

Funded By: UWCA

Training Hours: 2.5

CDA Categories: 6

Training Level: Basic

CEUs Offered: Yes

CKA Categories: PPD

This session will specifically target the requirements for building and organizing your portfolio. It is intended to be a reflective professional development experience in the writing of the competency statements based on the resource collection. The finalized Professional Portfolio will be a visual tool of what professionals know and implement in the early care and education of young children. Lunch, supplies and a portfolio file box is provided. This training also offers Technical Assistance.

May Training Sessions

Who's Watching the Children?

Date Offered: Thursday, May 26, 2016; 6:00pm-8:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 4

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

Supervision is an essential part of providing a safe environment for children in our care. Through this training, learners will recognize the importance of supervision and the dangers that can occur when children are left unsupervised.

June Training Sessions

Early Care Safety and Emergency Preparedness

Date Offered: Wednesday, June 1, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 11

Cost: Free

Target Age Group: All

DHR Categories: HSUP

Funded By: DHR

Training Hours: 2.5

CDA Categories: 1

Training Level: Advanced

CEUs Offered: No

CKA Categories: HSN

In case of an emergency are you prepared? Kerri Williamson with the National Association of School Resource Officers (NASRO) will provide valuable information about safety concerns and considerations, and discuss emergency preparedness. Don't just dial 911; learn the appropriate steps to take in a real emergency.

First Steps to a Career in Child Care

Date Offered: Friday, June 3, 2016; 12:00pm-1:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 13

Cost: Free

Target Age Group: All

DHR Categories: QCCL

Funded By: DHR

Training Hours: 1.5

CDA Categories: 6

Training Level: Basic

CEUs Offered: No

CKA Categories: PPD

Do you have a dream to open a child care center or family child care home? Your questions may include hours, time, cost, location and resources. Come join us for a mini-session on how to get started and we will answer many of the common questions you have about opening a child care program. Please feel free to bring a lunch. This session is intended ONLY for individuals who are new to Childcare Resources and have not attended a training session.

Health and Safety Training: JCDH

Date Offered: Tuesday, June 7, 2016; 12:00pm-2:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 17

Cost: \$15

Target Age Group: All

DHR Categories: HSUP

Funded By: UWCA

Training Hours: 2.5

CDA Categories: 1

Training Level: Basic

CEUs Offered: Yes

CKA Categories: HSN

This training meets the newly revised Jefferson County Department of Health Child Care Regulations as of July 2015; however, it is suitable for all counties. Topics will include employee requirements, childhood health and wellness, childhood illnesses, diapering, toileting and hand washing, food service, nutrition and other health and safety related topics.

June Training Sessions

Working with Diverse Families: An Introduction to Cultural Awareness

Date Offered: Wednesday, June 8, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 19

Cost: Free

Target Age Group: All

DHR Categories: CCPF

Funded By: DHR

Training Hours: 2.5

CDA Categories: 4

Training Level: Intermediate

CEUs Offered: No

CKA Categories: DIV

Race, Immigrant Families, Family Values-How do these factors and others impact your work? How comfortable are you working with diverse families? Through self-reflection we will investigate what cultural factors impact our behaviors. We will discuss strategies for being culturally aware. How can we be sensitive to those who have different views, beliefs, or family structures? Let's learn together!

Director's Series: Part 4 - A Reflective Approach in Early Care Practices: Using Reflective Thinking Within Different Educational Areas

Date Offered: Tuesday, June 14, 2016; 9:00am-12:00pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 25

Cost: Free

Target Age Group:All

DHR Categories: CCPF

Funded By: DHR

Training Hours: 3

CDA Categories: 6

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: PPD

Join us for our fourth session in our Director's Series. We will review previous session information, explore reflective topics, evaluate our strengths, create strategies to improve our weaknesses, and analyze how to make reflective practice work in our own environments. Whether a new or seasoned director, come discover how reflecting practices can help improve skills and make a greater impact on children's learning!

Inquiry Based Science: Life Science

Date Offered: Wednesday, June 15, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 24

Cost: \$15

Target Age Group: Preschool

DHR Categories: CD

Funded By: UWCA

Training Hours: 2.5

CDA Categories: 2

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: LEE

Young children are naturally curious. Learn strategies to foster scientific knowledge, to introduce scientific vocabulary, and to provide hands-on opportunities for children to solve problems. Life Science is the study of living things.

Positive Guidance: What? Why? How?

Date Offered: Thursday, June 23, 2016; 6:00pm-8:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: May 31

Cost: Free

Target Age Group: All

DHR Categories: PDG

Funded By: DHR

Training Hours: 2.5

CDA Categories: 3

Training Level: Intermediate

CEUs Offered: Yes

CKA Categories: ICFC

Through this training learners will learn the importance of using positive discipline and guidance when it comes to redirecting children's behavior. Learners will gain strategies to better understand WHAT happens when children misbehave, WHY the behavior is happening and HOW to work with the children to promote positive behavior.

June Training Sessions

Distance Learning Course Partnership with Alabama Public Television: Right from Birth Closeout

Date Offered: Tuesday, June 28, 2016; 6:00pm-7:30pm

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: June 1

Cost: Free

Target Age Group: Infant/Toddler

DHR Categories: CD; CCPF; HSUP;
QCCL; LD; PDG

Funded By: DHR

Training Hours: 14

CDA Categories: 1; 2; 3; 4; 8

Training Level: Intermediate

CEUs Offered: No

CKA Categories: CGD; HSN;
LEE; COA; ICFC

A Ready To Learn Service of the Educational Services Department of Alabama Public Television. This workshop series is designed for parents and child care professionals serving children, birth to eighteen months. It is delivered as a 12-part series of 30-minute programs for Broadcast Distance Learning. It presents current and practical advice on supporting children's learning from the day they are born. You MUST have access to a television that receives APTV to participate. These sessions will be completed independently with the televised sessions on Saturday mornings from 7:00am-7:30am beginning on Saturday, April 9, 2016. You must attend both the orientation held on Wednesday, April 6, 12:00-1:30 and the final session held on Tuesday, June, 28, 6:00-7:30.

ASQ-SE: Ages and Stages Questionnaire: Social-Emotional

Date Offered: Tuesday, June 28, 2016; 9:00am-11:30am

Location: Childcare Resources Conference Room; 244 West Valley Avenue, Suite 200 Birmingham, AL 35209

Deadline to Register: June 1

Cost: Free

Target Age Group: All

DHR Categories: CD

Funded By: DHR

Training Hours: 2.5

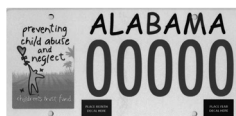
CDA Categories: 3; 7

Training Level: Intermediate

CEUs Offered: No

CKA Categories: COA; CGD

A major obstacle in delivering appropriate early intervention service is the timeliness of identifying young children who are experiencing developmental delays. Danna Perdue-Melton with Help Me Grow, Central Alabama, will guide us through the ASQ-SE screening process which helps to determine if further evaluation is required for referral of intervention services.



Learn more at www.ctf.alabama.gov



Alabama Early Learning Guidelines Credential

The Alabama Early Learning Guidelines (AELG) provide the professional building blocks necessary to prepare each child for future success in school and life. Learners will develop a basic understanding of concepts and terminology related to child development. The AELG series consists of 9 modules. In order to attend all 9 sessions, you must first attend the orientation session. Registration for the orientation session registers you for all 9 modules. If you have attended the orientation and missed a module please call or email Catrice Pruitt (205) 945-0018 ext. 322 or cpruitt@ccr-bhm.org to register for the module you need to makeup.

AELG Session 1: Orientation				
DHR Categories: CD	CDA Categories: 8	CKA Categories: CGD	Tuesday, April 19, 2016	8:30am-3:30pm
AELG Session 2: Observation				Lunch Break
DHR Categories: CD	CDA Categories: 7, 8	CKA Categories: COA, CGD		
AELG Session 3: The Role of the Parent and Caregiver				
DHR Categories: CCPF, QCCL	CDA Categories: 4, 6	CKA Categories: ICFC, PPD		

AELG Session 4: Self-Concept and Emotional Development				
DHR Categories: CD, PDG	CDA Categories: 3, 8	CKA Categories: CGD, DIV	Tuesday, May 17, 2016	8:30am-3:30pm
AELG Session 5: Social Development				Lunch Break
DHR Categories: CD, PDG	CDA Categories: 3, 8	CKA Categories: CGDA		
AELG Session 6: Language and Literacy				
DHR Categories: LD	CDA Categories: 2, 8	CKA Categories: CGD		

AELG Session 7: Physical Development				
DHR Categories: CD, HSUP	CDA Categories: 1, 2, 8	CKA Categories: CGD, HSN		
AELG Session 8: Cognitive Development				
DHR Categories: CD	CDA Categories: 2, 8	CKA Categories: CGD	Tuesday, June 21, 2016	8:30am-3:30pm
AELG Session 9: Putting it All Together for Alabama's Children				Lunch Break
DHR Categories: CCPF, QCCL	CDA Categories: 4, 6	CKA Categories: ICFC PPD		

AELG Guidelines Course Descriptions

The Alabama Early Learning Guidelines (AELG) are a guide to the building blocks necessary to prepare each child for their future in school and life and they are intended to be inclusive for all children. AELG is a result of a collaboration between the Alabama Department of Human Resources (DHR) and various stakeholders across the state. The AELG consist of nine modules:

1. Orientation: This session will involve learners in activities to become familiar with the AELG course and basic child development concepts. It will explain the origin and the purpose of AELG, list the sessions included and help learners develop a basic understanding of concepts and terminology related to child development.

2. Observation: This session will involve learners in activities to understand the critical importance of child observations. It will identify the purpose of intentional child observations, children's learning styles and will demonstrate techniques of observing and reflecting on children, and how to complete a developmental checklist.

3. The Role of Parent and Caregiver: This session will involve learners in activities to help facilitate positive relationships between parents and caregivers. The session will help learners become familiar with ways to help start, build and maintain positive relationships when children are in out-of-home care and learn how to set a positive tone for a partnership between parents and caregivers.

4. Self-concept and Emotional Development: This session will engage learners in activities that can be used to help children develop a positive picture of self, understand and express their emotions. Learners will also use AELG to help children build self-esteem, identify and name their emotions and regulate behaviors.

5. Social Development: This session will engage learners in activities that can be used to help children enhance their social interaction skills, identify strategies

to help children develop trusting relationships with nurturing adults, demonstrate caring cooperation and role play relationship dynamics.

6. Language and Literacy: This session will teach learners to stimulate and enhance children's communication skills. It will engage learners in using AELG to understand verbal and non-verbal communication, explore various methods of communication, identify with home languages, and become familiar with ages and stages of language and literacy development.

7. Physical Development: This session will teach learners to stimulate and enhance children's physical skills necessary for healthy development. Learners will engage in becoming familiar with how children develop gross and fine motor skills and ways to enhance self-help skills.

8. Cognitive Development: This session will engage learners in activities that can be used to help children build and expand concepts to develop problem-solving skills. Learners will gain an understanding of basic concepts and relationships, apply knowledge to new situations and problem solving.

9. Putting It all Together: This session will have learners participate in activities that encourage the use of all available resources for caregivers, families and children. The session will help participants provide additional resources and materials to parents to promote high quality care and education and pull together information from previous AELG sessions.

Note: You **MUST** attend the Orientation Session first in order to attend sessions 2-9. Upon completion of each session you will receive a certificate. When all 9 sessions have been completed you will receive a Certificate from the Alabama Department of Human Resources.





Sky's The Limit Conference

**Saturday, April 23, 2016
8:30 am – 3:30 pm**

**Hyatt Regency Birmingham
The Wynfrey Hotel
1000 Riverchase Galleria
Hoover, Alabama 35244**

**FREE Concert for parents, children
and child care providers**

Music with Mar.

Friday, April 22, 2016

6:00 pm – 7:00 pm

Alys Stephens Center

Reynolds-Kirschbaum Recital Hall

1200 10th Avenue South

Birmingham, AL 35205

Sky's the Limit Annual Conference

Saturday, April 23, 2016 8:30 am – 3:30 pm

Offering 5.5 hours of training

Back by Popular Demand! The Sky's the Limit Conference will provide attendees with current, innovative and entertaining information. The conference will have:

- New presenters and vendors
- Local and national experts
- Compelling, informative and engaging training sessions
- Multiple training sessions for administrators, teachers and family day care home owners

Registration Information
\$50 Registration Fee
Register Early as Space is Limited!
Registration Deadline: April 11, 2016
\$65 Registration Fee for registrations that are postmarked/received after April 11.

Featured Presenters

Maryann "Mar." Harmon



The opening keynote: **What We Give Them Today, They Will Keep Forever** will offer participants the opportunity to gain an understanding of how information is provided to children in the first few years of life are the tools they will use into adulthood. It is important to provide the

following: a healthy attitude, strong value system, basic skills, communication skills, the ability to love and to be loved, tolerance and acceptance of others, the ability to laugh and a sense of safety.

Smiling, dancing and singing all help a child's development. This session will demonstrate how to use music and movement activities to enhance a child's development in all four main areas: social, motor, language and cognitive. Using the frog theme, Mar. engages the audience with songs that teach math, science, social studies, language and social skills. All the songs are based on brain research. This is a fun and engaging session that you will not FROGET!

Maryann "Mar." Harmon is a music educator with a Bachelor's Degree in Music and a Master's Degree in Education with an emphasis in Early Childhood. She is the founder of the internationally-enjoyed Music with Mar. Brain Research Based program. Her recordings have received several national awards. Currently, she teaches and travels around the world performing in concerts and lecturing at conferences.

Dr. Kevin Walsh



During the lunch session: **America at the Crossroad of Education** participants will have the privilege to hear from Dr.

Kevin Walsh. Every generation in the American Culture has to and must determine "What is Education" and how should it be enacted "played out" by those educating children. It is past time for all of us to answer this vital question! His presentation will be the beginning point to get us started on ensuring children are provided the education and support they need to become successful in life.

Dr. Walsh is the Director of Learning for Life: In School Character Education - Greater Alabama Council of Boy Scouts and Director of Human Resources at Citation. Dr. Walsh has his doctorate in Early Childhood and Elementary Education with a double minor in Philosophy of Education and Psychology. Dr. Walsh has authored four books on character development which are currently available from Amazon.

Morning Training Sessions 10:45 am to 12:15 pm

Dealing With Difficult People

Presenter: Peter Miller, EdD, Family and Home Solutions

Training Level: Basic
DHR Categories: CCPF

Target Age Group: All
CDA Categories: 4; 6

Training Hours: 1.5
CKA Categories: PPD

Whether you are dealing with a difficult colleague or parent, participants will learn how to discuss elements of conflict. As you learn the elements of conflict and practice conflict resolution, you will experience greater confidence and better relationships. Come to this session and learn how you are the key to empowerment in every situation.

Extending a Craft into a Creative Art Experience

Presenter: Amber McKinstry, Reading Readiness Coordinator, Success By 6, United Way of Central Alabama

Training Level: Basic
DHR Categories: CD

Target Age Group: Preschool
CDA Categories: 2; 3

Training Hours: 1.5
CKA Categories: LEE

Do you know the difference between having children participate in making a craft versus having a creative art experience? Come and learn the stages of art and how to help children move from one stage to the next. Participants will view samples of art and leave the training with ideas ready to implement in their program.

Good Leadership: Being What You Believe

Presenter: Beckie McRee, Child Development Consultant, Childcare Resources

Training Level: Intermediate
DHR Categories: AM

Target Age Group: All
CDA Categories: 6

Training Hours: 1.5
CKA Categories: PPD

The heart of a program is the director's/owner's beliefs about themselves, the children and proven practices and how they integrate those beliefs into their programs to increase the quality of care the children and families receive. Join us as we participate in an introspective journey that helps us to remember that doing the right thing for children is what early care is all about and the goal of every good director. **This session is for administrators and program owners.**

How to Find "Hidden Treasures" in Good Storybooks

Presenter: Theresa Patterson, Program Coordinator, Alabama Department of Early Childhood Education, Office of School Readiness

Training Level: Intermediate
DHR Categories: LD

Target Age Group: Preschool, School Age
CDA Categories: 3; 8

Training Hours: 1.5
CKA Categories: PPD; ICFC

In this make-n-take session, participants will learn various ways to explore popular storybooks and unlock the hidden treasures within each story. Participants will create activities that will extend the story beyond the classroom and will enhance parent-child engagement at home.

Helpful Information for the Conference

- Registration will open at 8:15 am. Plan to check-in and visit vendors before the opening keynote presentation which begins at 9:00 am.
- Parking is \$9 to park in the Wynfrey parking lot, \$11 for valet or free in the retail parking lots. The Galleria entrances by Belk and Macy's open at 8:00 am. The Wynfrey entrance from inside the mall is located on the 2nd level above the food court.
- Conference rooms can vary in temperature. Dress in layers.
- Come prepared to take notes.

Morning Training Sessions 10:45 am to 12:15 pm

Mindful Music

Presenter: Mar. Harmon, M.Ed, Music with Mar.

Training Level: Basic
DHR Categories: PDG

Target Age Group: Toddlers, Preschool
CDA Categories: 3

Training Hours: 1.5
CKA Categories: LEE

In order to develop into a well-functioning adult, children must learn how to self-regulate. How are they supposed to learn if they cannot self-regulate? When too much focus is placed on learning cognitive skills too early, little ones can not learn, and much of the knowledge is not retained. Using a combination of music, movement, yoga, and breathing techniques, this session shows ways to help children learn to control their bodies whether it is to be energized, focused or calm.

Navigating Social Studies Using GPS: Geography, People, and Spaces

Presenter: Amy Bradley, Child Development Consultant Childcare Resources; Amanda Leemon, Parent Education Coordinator, Childcare Resources

Training Level: Intermediate
DHR Categories: CD; LD

Target Age Group: Preschool
CDA Categories: 2; 3

Training Hours: 1.5
CKA Categories: DIV; LEE

Children can expand their knowledge of cultures, places, people and the environment during daily firsthand experiences. Through active learning, participants will discover strategies to use children's natural curiosity as a way to build on and extend social studies experiences in the classroom.

Recognizing and Addressing Developmental Delays: In Children Ages Birth to Three

Presenter: Heather Johnson, MPH, Parents as Teachers, United Cerebral Palsy

Training Level: Intermediate
DHR Categories: HSUP

Target Age Group: Infant, Toddlers
CDA Categories: 1

Training Hours: 1.5
CKA Categories: HSN

This session will outline developmental milestones in children, ages birth to three years. Participants will be given the tools and language to discuss developmental delays with their supervisor and with parents. Participants will be given an overview of how to best assist parents in navigating the emotional roller coaster, as well as, the maze of special health care services upon diagnosis.

The Future of Family Child Care

Presenter: Elaine Miller, PhD, Clinical Associate Professor and Director of Family Child Care Programs, Auburn University

Training Level: Basic
DHR Categories: CCPF

Target Age Group: All
CDA Categories: 6

Training Hours: 1.5
CKA Categories: PPD

Participants will examine the opportunities and future directions for the family child care field. Participants will identify their status in the field and determine trajectories and next steps in professional development. Participants will discuss what these new directions will mean to their ability to continue caring for children. **This session is for family day care providers and those interested in operating a family day care home.**

**2 teach is
+2 touch lives
4 ever**

Afternoon Training Sessions 1:45 pm to 3:15 pm

Beyond the Book: Learning Through Story Extension

Presenter: Kelley Barton MS, Director, Goddard Child Development Center; Gwen Simonetti, Executive Director, Elizabeth Perry Rushton Child Development Center

Training Level: Intermediate
DHR Categories: CD

Target Age Group: Preschool
CDA Categories: 2; 3; 8

Training Hours: 1.5
CKA Categories: CGD; LEE

Books provide adventure and awaken the imagination! They are not just for reading -- they are essential tools to facilitate and extend learning to all areas of development. Come and learn how to create fun and engaging activities related to your favorite children's books.

Everybody Speaks Music

Presenter: Mar. Harmon, M.Ed, Music with Mar.

Training Level: Basic
DHR Categories: CD

Target Age Group: All
CDA Categories: 3

Training Hours: 1.5
CKA Categories: DIV

Children come into our lives speaking many languages. Multiculturalism should be incorporated into your daily routine and not treated as something special/different. The importance of music is evident in all cultures. Music aids in brain development, retention, builds an appreciation and respect for others, and creates a sense of community and pleasure.

Growing in the Garden with Kids

Presenter: Peter Miller EdD, Family and Home Solutions

Training Level: Basic
DHR Categories: CD

Target Age Group: All
CDA Categories: 8

Training Hours: 1.5
CKA Categories: LEE

Bugs, dirt, and flowers are all naturally attractive to children, but also central to science. In this session, participants will learn how to develop a child-centered garden on your program's property. Peter will take the fear out of gardening for those who claim they have no "green thumb" and help guide you in developing a "green thumb" to pass on to the children in your care.

Hula Hoops, Lollipops and Puzzles

Presenter: Alissa Simpson MS, Director of St. Mark Child Development Center

Training Level: Intermediate
DHR Categories: AM

Target Age Group: All
CDA Categories: 5

Training Hours: 1.5
CKA Categories: MA

What do hula hoops, lollipops and puzzles have in common? They are all part of innovative activities that can be used to empower staff to have relationships with co-workers. If you are interested in learning ideas to have effective, fun and engaging team meetings, then this session is for you! In this session, you will be introduced to activities that foster intentional interactions among all staff which provide the opportunity to build and enhance relationships. Activities discussed can be used at staff orientation, at monthly meetings, and parent meetings. **This session is for administrators and program owners.**

**To the World You May be Just a Teacher
but to Your Students, You are a HERO!**

Afternoon Training Sessions 1:45 pm to 3:15 pm

Jazzing Up Math and Science Centers

Presenter: Amber McKinstry, Reading Readiness Coordinator, Success By 6, United Way of Central Alabama

Training Level: Basic
DHR Categories: CD

Target Age Group: Preschool
CDA Categories: 2

Training Hours: 1.5
CKA Categories: LEE

Are the math and science centers in your program exciting and engaging for children? In this session, participants will learn examples of developmentally appropriate activities that invite children to explore math and science centers. Participants will leave the session with plans to enhance learning activities throughout the year.

Making Every Moment Count-Using Routines to Enhance Infant Development

Presenter: Donna Godbee, Early Childhood Specialist, Childcare Resources

Training Level: Basic
DHR Categories: CD

Target Age Group: Infant
CDA Categories: 8

Training Hours: 1.5
CKA Categories: CGD

Did you know that basic routines with infants are opportunities to impact growth in all domains of learning? Explore the potential of every interaction that you have with babies in your care. You will walk away with practical ideas that can be implemented immediately!

Science Is Simple with “Growing Up Wild” Curriculum

Presenter: Theresa Patterson, Program Coordinator, Alabama Department of Early Childhood Education, Office of School Readiness

Training Level: Intermediate
DHR Categories: CCPF

Target Age Group: Preschool, School Age
CDA Categories: 6

Training Hours: 1.5
CKA Categories: PPD

Children are full of questions: how do flowers bloom; why is the sky blue; how do bees make honey; or how did the caterpillar change into a butterfly? During this session, teachers will be working with the educational curriculum “Growing Up Wild”, which builds on children’s sense of wonder about nature and invites them to explore the world around them through a wide range of activities and experiences. Participants will develop lessons for parents to use at home with their children to encourage families to spend more time outdoors and appreciate nature together.

So, I Have an Afterschool Program: Now, What Do I Do?

Presenter: Paul Morin M.Ed, ALACN Statewide Coordinator, ACEA President, Auburn University

Training Level: Intermediate
DHR Categories: QCCL

Target Age Group: School Age
CDA Categories: 5

Training Hours: 1.5
CKA Categories: LEE

The significant demand for Afterschool Programming is ever increasing. Join us as we discuss the tremendous opportunity and world of resources for student engagement and enhanced learning during those pivotal out-of-school times, which include before, after, and full-time summer care.

**A teacher takes a hand, opens a mind,
touches a heart, and shapes the future.**

Sky's the Limit Conference Registration Form

*Learner Name (Please Print):		*Gender <input type="checkbox"/> Female <input type="checkbox"/> Male	*Learner Address: (Include Street Address, city, state and zip code)	
*Learner Home Phone:		*Learner Email: Join our email list: Y N		*Learner Race: <input type="checkbox"/> African-American <input type="checkbox"/> Caucasian <input type="checkbox"/> Hispanic <input type="checkbox"/> Other_____
*Learner Cell Phone:		*What is your role in working with children? <input type="checkbox"/> Center Director <input type="checkbox"/> Group Home Licensee <input type="checkbox"/> Interested in Being a Center Director <input type="checkbox"/> Center Teacher <input type="checkbox"/> Group Home Assistant <input type="checkbox"/> Relative Care Provider <input type="checkbox"/> Center Support Staff <input type="checkbox"/> Interested in Family Child Care Home <input type="checkbox"/> Parent <input type="checkbox"/> Family Child Care Home Licensee <input type="checkbox"/> Interested in Being a Center Teacher <input type="checkbox"/> Other_____		
*Employer Name:		*Employer Address:		
*Business Phone:		*Business Email:		*Business City/County: <input type="checkbox"/> Birmingham City <input type="checkbox"/> Shelby <input type="checkbox"/> Blount <input type="checkbox"/> Walker <input type="checkbox"/> Jefferson <input type="checkbox"/> Other_____
*Number of Children served:		*Type of Child Care Provider: <input type="checkbox"/> Child Care Center <input type="checkbox"/> Family Child Care Group Home <input type="checkbox"/> Is this Provider: <input type="checkbox"/> Family Child Care Home <input type="checkbox"/> Elementary School Grades K-8 <input type="checkbox"/> Licensed <input type="checkbox"/> Relative Care <input type="checkbox"/> Other_____ <input type="checkbox"/> Licensed-Exempt		
*How did you learn about Childcare Resources?		**How do you receive the Quality Times? <input type="checkbox"/> I do not receive the Quality Times <input type="checkbox"/> Mail <input type="checkbox"/> Email <input type="checkbox"/> Internet <input type="checkbox"/> I want to receive the Quality Times by <input type="checkbox"/> Mail <input type="checkbox"/> Email		

Registration Procedures

Please register using our agency registration forms. **BOTH SIDES OF THE FORM MUST BE COMPLETE!**

1. One applicant per registration form. You may duplicate the form as needed.
2. Select the training sessions on the back of this form and mail or deliver this form with payment to:
Childcare Resources, 244 West Valley Avenue, Suite 200, Birmingham, AL 35209
3. Conference registration must be paid in full before the registration deadline for registration to be complete. A \$35 fee will be charged for all returned checks. If payment is not received, registration is incomplete.
4. You will receive an email to confirm registration. If you do not receive confirmation by April 11, please call Margie Walker (205) 945-0018 ext. 300.
5. MasterCard, Discover, Visa and American Express and PayPal are accepted for payment through our website with online registration hosted by Cvent.
6. Training sessions are enrolled on a first come, first served basis. If completing a paper registration, please choose a 1st and 2nd training choice for each session and mail form with check and money order.
7. Cancellations and Substitutions are permitted **ONE FULL business day** in advance of the training. You will be issued a Training Voucher for cancellations. **NO CASH REFUNDS WILL BE GIVEN.**

Registration Information: \$50 Registration Fee

Registration Deadline: April 11, 2016

\$65 Registration Fee for registrations postmarked/received after April 11, 2016

Payment Procedures

1. Proof of payment is required for your registration to be complete. Therefore, faxed registration forms will not be processed for fee based training.
2. You may submit a check or money order with this form and return it to Childcare Resources via mail.
3. If you would like to pay by PayPal or credit card go online to www.ccr-bhm.org.

Payment Method: (Circle)	
Check	Cash
Money Order	

Sky's the Limit Conference Registration Form

Opening Keynote- What We Give Them Today, They Will Keep Forever!
9:00 am - 10:30 am

Morning Sessions 10:45 am - 12:15 pm

Check your 1st Choice for the Morning Session	Check your 2nd Choice for the Morning Session
<input type="radio"/> Dealing With Difficult People	<input type="radio"/> Dealing With Difficult People
<input type="radio"/> Extending a Craft into a Creative Art Experience	<input type="radio"/> Extending a Craft into a Creative Art Experience
<input type="radio"/> Good Leadership: Being What You Believe	<input type="radio"/> Good Leadership: Being What You Believe
<input type="radio"/> How to Find "Hidden Treasures" in Good Storybooks	<input type="radio"/> How to Find "Hidden Treasures" in Good Storybooks
<input type="radio"/> Mindful Music	<input type="radio"/> Mindful Music
<input type="radio"/> Navigating Social Studies Using GPS: Geography, People, and Spaces	<input type="radio"/> Navigating Social Studies Using GPS: Geography, People, and Spaces
<input type="radio"/> Recognizing and Addressing Developmental Delays: In Children Ages Birth to 3	<input type="radio"/> Recognizing and Addressing Developmental Delays: In Children Ages Birth to 3
<input type="radio"/> The Future of Family Child Care	<input type="radio"/> The Future of Family Child Care

Lunch Session- America at the Crossroad of Education

12:30 pm- 1:30 pm

Lunch menu: Plated Entree Salad with Herbed Grilled Chicken, Roasted Shallots, Heritage Tomato, Corn Bread Croutons, Brown Sugar Vinaigrette and Ranch Dressings (on side), Vanilla Bean Cheesecake or Pecan Pie.
If you have a special dietary need please contact Sharon Holloway at sholloway@ccr-bhm.org

Afternoon Sessions 1:45 pm - 3:15 pm

Check your 1st Choice for the Afternoon Session	Check your 2nd Choice for the Afternoon Session
<input type="radio"/> Beyond the Book: Learning Through Story Extension	<input type="radio"/> Beyond the Book: Learning Through Story Extension
<input type="radio"/> Everybody Speaks Music	<input type="radio"/> Everybody Speaks Music
<input type="radio"/> Growing in the Garden with Kids	<input type="radio"/> Growing in the Garden with Kids
<input type="radio"/> Hula Hoops, Lollipops and Puzzles	<input type="radio"/> Hula Hoops, Lollipops and Puzzles
<input type="radio"/> Jazzing Up Math and Science Centers	<input type="radio"/> Jazzing Up Math and Science Centers
<input type="radio"/> Making Every Moment Count-Using Routines to Enhance Infant Development	<input type="radio"/> Making Every Moment Count-Using Routines to Enhance Infant Development
<input type="radio"/> Science Is Simple with "Growing Up Wild" Curriculum	<input type="radio"/> Science Is Simple with "Growing Up Wild" Curriculum
<input type="radio"/> So, I Have an Afterschool Program: Now, What Do I Do?	<input type="radio"/> So, I Have an Afterschool Program: Now, What Do I Do?

Featuring:



Maryann Mar. Harman is coming to Birmingham to offer a free concert for children and their families.

Mar. has been dedicated to quality, brain research-based music for over 30 years. Smiling, dancing and singing all help a child's development. Her sessions help to demonstrate how to use music and movement activities to enhance a child's development in all four main areas-social, motor, language and cognitive. Learn more by visiting her website: www.musicwithMar.com.

Friday, April 22, 2016

at 6:00 pm

Alys Stephens Center

Reynolds-Kirschbaum Recital Hall

1200 10th Ave South, Birmingham, Al 35205

**Registration Required
for more information and tickets visit**

We make quality child care happen.



Child care providers please share with parents by posting this flyer in your program!

Spring 2016

We make quality child care happen.

**Training Opportunities,
News and Resources
for the Early Care
Educator**



Serving Blount, Jefferson,
Shelby and Walker
counties



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(800) 822-2734
www.ccr-bhm.org



The mission of Childcare
Resources is to make quality
care and education of
children happen by providing
information, education
and assistance to families,
providers of child care and
the community.



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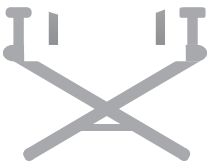
**Childcare Resources will be closed on
Memorial Day, May 30, 2016.**

Director's Network

All Network Meetings are 12:00pm-1:30pm.
More information on page 9.

Tuesday, April 12, 2016
Maximize Marketing Online
with Childcare Resources

Christ United Methodist Church
1408 Jones Dairy Rd
Jasper, AL 35501



SUPER SATURDAY

Walker County
Saturday, March 14, 2016
8:00am-12:30pm

The ARC of Walker County
910 Oak Hill Road
Jasper, AL 35504

More information available on page 13.
Registration available on enclosed form.

Stay connected with us through social media!



links are available at www.ccr-bhm.org