

Summer - Fall 2015

Inside:

Swimming Lessons
Playgroup
Sand Crafters
100 Book Club
Touch-a-Truck
Soccer Camp
Summer Soccer Skills
Bear Cub Lacrosse
Fall Soccer
Amusement Park Tickets
Adult Softball
Senior Summer Cafe

Northwood Recreation





Northwood Recreation Department

Department Staff

Kathy Coe, Recreation Director
Josh Gustafson, Beach Coordinator
Mike Brieger, League Coordinator

Commission Members

Heather Heigis, Chairman
Rob Rodler, Vice-Chairman
Jon White, Secretary
Destiny Felch
Vacant
Vacant

Office Hours and Location

Monday, Thursday, & Friday
8:00 AM - 3:00 PM
818 1st NH Turnpike
Northwood, NH 03261

Phone: 942-5586 x209

Fax: 942-9107

E-mail: recreation@northwoodnh.org

Information

Participant Registration

Many of our popular programs fill up fast so get your registration in early so you are sure not to miss out.

How to Register

1. Download registration form OR pick one up at the Town Hall
2. Complete the form
3. Return forms to the Recreation Department by mail or by foot 24 hours a day by using the drop box in front of the Town Hall.
4. Include payment for the program at the time of registration. Checks should be payable to "Town of Northwood".

Visit our Website

Find us on the Town's web site at www.northwoodnh.org and on Facebook.

Photo Policy

We may take photographs and/or video of program participants for our marketing purposes only. If you do not want your child to be photographed please note this on your Registration Form.

Returned Check Policy

A \$25.00 processing charge will be assessed for any checks returned by your bank as not payable.

Recreation Scholarships

The Northwood Recreation Department tries to keep it's program fees at an affordable level. If you have an unusual family financial situation, scholarships are available for many (but not all) youth programs. Scholarships are not available to non-residents or for adult programs. Contact the Recreation Department for additional information.

Tickets

Discount Summer Attraction Tickets Available

The Northwood Recreation Department is offering discount tickets to Funtown Splashtown USA, Water Country, Six Flags New England, Attitash Mountain Resort, Cranmore Mountain Resort and Bromley Mountain Adventure Park. Community members will save a significant amount of money and time at the gate by purchasing their tickets at our department. Call the Recreation Department at 603-942-5586 x209 for more information.

Visit the Recreation Department to purchase your tickets. Monday, Thursday, & Friday.



Funtown Splashtown, Saco ME 48" and taller - \$27
At the gate you would pay \$36 (48" and taller)



Water Country, Portsmouth, NH 48" and taller - \$32
At the gate you would pay \$38.99 (48" and taller)



Six Flags New England - \$38
At the gate you would pay \$59.99 (general admission)



Attitash Mountain Resort, Bartlett, NH
48" & taller—\$43 - at the gate you would pay \$49
Under 48" - \$18 - at the gate you would pay \$25
General Admission Ticket includes unlimited use of Mountain Coaster, Alpine Slide, Aquaboggan Waterslides, Airbag Jump, Sidewinder Waterslide, Buddy Bear's Play pool, Scenic Chair Ride, EuroBungy Trampoline, Climbing Wall and Mountain Biking trails (downhill and cross-country; does not include rental equipment).



Bromley Mountain, Peru, Vermont
48" tall and up Mountain Adventure Passes \$31 - at the gate you would pay \$45
Unlimited use of rides in the Mountain Adventure Park. Does not include Aerial Adventure Park or Sun Mountain Flyer. 48" tall and up. Shoot the rapids on the Big Splash, shoot some hoops, or shoot a hole-in-one. Ride the fast track on the triple-track Alpine Slide, tackle the Giant Swing, or throw a back flip on a Trampoline thing. Your adventure awaits!



Cranmore Mountain Resort, North Conway
Over 54" Value Pass \$33 - at the gate you would pay \$39
Under 54" Value Pass \$23 - at the gate you would pay \$29
Value Pass entitles the holder to unlimited use for one day (during operating hours) of the Mountain Coaster, Giant Swing, Summer Tubing, Summit Chairlift, Spider Climb, Bungy Trampoline, Bouncy Houses and Soaring Eagle Zip Line, Spider Climber, Climbing Wall, & Continuous Belay at the Resort.

Preschool Programs

Parent-Child Swimming Lessons



Class Description

This class is designed to give parents the tools to work with their children to help them become comfortable with the water.

Level 1 - Water Exploration.
Introduces basic skills to parents and children. Parents are taught to safely work with their child in the water. Children are introduced to basic skills and getting acclimated to the water.



AGES: 18 months - 3 years
COST: Free for Northwood Residents
DATE: July 13th - July 16th
TIME: 2:30 - 2:50 PM
LOCATION: Bennett Bridge Beach
REGISTER BY: Monday, July 6th
LATE REGISTRATION FEE: \$5.00

Playgroup

Play Date Schedule

- October 19th - Play-Doh
- October 26th - Scavenger Hunt
- November 2nd - Painting
- November 9th - Arts & Crafts

Give your child a chance to socialize with others the same age while enjoying. Parents, meet new friends or catch up with old friends.

AGES: 2 - 4 years
COST: free for residents,
DATES: Monday, October 19th, 26th, November 2nd, 9th
TIME: 10:00 AM - 11:00 AM
LOCATION: Community Hall
REGISTER BY: Thursday, October 8th

Tiny Tikes Soccer



Tiny Tikes is our introduction to soccer. Kids enjoy socializing with each other while learning the basic skills of the sport.

Shin guards are required. Team t-shirt is provided.



SAVE THE DATE - End of Season Ice Cream Party on October 17th at the Town Hall @ 3:30

AGES: 3 years old - entering kindergarten in the fall
DATE: Saturdays; September 12th, 19th, 26th, October 10th, 17th
(There is no soccer on Deerfield Fair weekend)
TIME: 2:30 - 3:15 PM
LOCATION: Northwood Athletic Fields
COST BEFORE AUGUST 13TH: \$40.00; **AFTER AUGUST 13TH:** \$50
REGISTER BY: August 13th to ensure a place on the team

Preschool & Youth Programs

Sand Crafters



Time to think about sun, sand, and crafts! The Chesley Memorial Library will host two special "Sandcrafter" sessions at Bennett Bridge

Beach. Learn how to make a sand candle at the first session, the craft for the second session will be determined at a later date.

AGES: All ages welcome
COST: Free
DATE: Thursday July 23rd & August 13th
TIME: 2:00 - 4:00
LOCATION: Bennett Bridge Beach
REGISTRATION: required in advance

Touch-a-Truck

Join us at the Bean Hole Bash for the Recreation Department & Chesley Memorial Library sponsored Touch-a-Truck.



If your child is fascinated by big things or loves trucks, then don't miss this! We plan to have trucks of lots of different sizes, shapes, and colors. You can look, touch, AND climb on!



AGES: All
COST: Free
DATE: July 25th
TIME: 11:00 - 12:00
LOCATION: Coe-Brown parking lot

Lindsay and Her Puppet Pals

Meet Lindsay and Her Puppet Pals. Lindsay's highly interactive, comedic performances delight the young and the young at heart. Her jumbo sized, hand crafted puppets charm even the most timid audience members and provide lovable characters for thoughtful and memorable short tales. Kids are known to chatter about their favorite crazy puppets for weeks after a show! The Chesley Memorial Library received a Kids, Books & The Arts grant for this program. Funding for the Kids, Books, and the Arts event is provided by the



Jack and Dorothy Byrne Foundation, CHILIS, Cogswell Benevolent Trust, and is supported in part by a grant from the NH State Council on the Arts & the National Endowment for the Arts as well as funds administered by the NH State Library and provided by the Institute of Museum and Library Services.

AGES: All ages welcome
COST: Free
DATE: Saturday, July 11
TIME: 2:00 PM
LOCATION: TBA
REGISTRATION not required

NORTHWOOD BEAN HOLE

Bash

July 24 & 25, 2015



2015 NORTHWOOD BEAN HOLE BASH SCHEDULE

FRIDAY, JULY 24

TIME	EVENT	SPONSOR	LOCATION
4:00 PM	LIGHTING OF THE BEAN PIT	NORTHWOOD FIRE RESCUE ASSOC	TOWN HALL GROUNDS
5:00 PM	DUNK TANK	NORTHWOOD POLICE ASSOC	TOWN HALL GROUNDS
5:00 PM	FOOD TRAILER OPENS	NORTHWOOD CRANKPULLERS	TOWN HALL GROUNDS
6:00 PM	RED, WHITE & BLUE COUNTRY AUCTION	BEAN HOLE BASH ASSOCIATION	UNDER THE TENT
6:00 PM	START OF HORSESHOE TOURNAMENT	BEAN HOLE BASH ASSOCIATION	TOWN HALL GROUNDS
6:00 PM	START OF SOFTBALL TOURNAMENT	NORTHWOOD RECREATION	CBNA BALLFIELD
6:00 PM	FREE KIDS MOVIE NIGHT SHOWING THE LEGO MOVIE	NORTHWOOD PTA	INSIDE TOWN HALL
11:00 PM-ISH	BURYING OF THE BEANS	NORTHWOOD FIRE RESCUE ASSOC	TOWN HALL GROUNDS

SATURDAY, JULY 25

TIME	EVENT	SPONSOR	LOCATION
8:00 AM-10:00 AM	BREAKFAST	NORTHWOOD UCC	TOWN HALL GROUNDS
8:00 AM-5:00 PM	CRAFT FAIR	BEAN HOLE BASH ASSOCIATION	TOWN HALL GROUNDS
8:00 AM	NORTHWOOD HISTORICAL SOCIETY DISPLAY	NORTHWOOD HISTORICAL SOCIETY	OLD SHOE SHOP
8:00 AM	DIVISION OF FOREST AND LAND DISPLAY	BEAN HOLE BASH ASSOCIATION	TOWN HALL GROUNDS
8:00 AM	BAKE SALE AND CRAFTS	HARVEY LAKE WOMEN'S CLUB	INSIDE TOWN HALL
9:00 AM	DROP IN BUILD YOUR OWN CRAFTS	CHESLEY LIBRARY	INSIDE TOWN HALL
9:00 AM	SADDLEBACK MT. 'BASH TRAIL BOUNCE" XC RACE	BEAN HOLE BASH ASSOCIATION	TOWN HALL TO STATE PARK
10:00 AM	FOOD TRAILER OPENS	NORTHWOOD CRANKPULLERS	TOWN HALL GROUNDS
10:00 AM	FACE PAINTING	NORTHWOOD GIRL SCOUTS	TOWN HALL GROUNDS
10:00 AM- 3:00 PM	HORSESHOE FREE PLAY	BEAN HOLE BASH ASSOCIATION	TOWN HALL GROUNDS
10:00 AM	DUNK TANK	NORTHWOOD POLICE ASSOCIATION	TOWN HALL GROUNDS
10:00 AM	LEOPOLD BENCH BUILDING	NALMC	TOWN HALL GROUNDS
10:00 AM	FIREMEN'S MUSTER	NORTHWOOD FIRE RESCUE DEPT	CBNA BEHIND SMITH HALL
10:00 AM, 12:00 PM-2:00 PM	SOFTBALL TOURNAMENT CONTINUES	NORTHWOOD RECREATION	CBNA BALLFIELD
11:00 AM-12:00 PM	TOUCH A TRUCK	NORTHWOOD RECREATION	CBNA PARKING LOT
2:00 PM	NORTHWOOD SCHOOL COLORING CONTEST RECOGNITION	NORTHWOOD FIRE RESCUE ASSOC	UNDER TENT TOWN HALL
4:00 PM	UNCOVERING OF THE BEAN PIT	NORTHWOOD FIRE RESCUE ASSOC	TOWN HALL GROUNDS
5:00 PM	BEAN SUPPER	NORTHWOOD FIRE RESCUE ASSOC	TOWN HALL GROUNDS

PLEASE LEAVE YOUR PETS AT HOME, THANK YOU

**PARKING AT COE BROWN PARKING LOT OFF FROM BOW LAKE ROAD, HANDICAP PARKING
LOWER LEVEL OF THE TOWN HALL**

Willow's Run

5K Trail Run/Walk

August 8, 2015



Willow's



Saturday, 8/8/15 @ 9:30am
Coe- Brown Northwood Academy
Northwood, NH

Sign up at willowsrun.wordpress.com
or at 8:30am on race day.



All proceeds toward suicide prevention initiatives at CBNA.

Youth Programs

Swimming Lessons

AGES: 3 years & older
COST: Free for Northwood Residents
LOCATION: Mary Waldron Beach
REGISTER BY: Monday, June 29th
LATE REGISTRATION FEE: \$5.00



Session One
 day

July 6th - July 17th
 12:00 - 12:25 - Level 1
 12:30 - 12:55 - Level 2
 1:00 - 1:25 - Level 3
 1:30 - 1:55 - Level 4

Session Two
 day

July 27th - August 7th
 12:00 - 12:25 - Level 1
 12:30 - 12:55 - Level 2
 1:00 - 1:25 - Level 3
 1:30 - 1:55 - Level 4

Session One
 evening

July 6th - July 17th
 5:00 - 5:25 - Level 1
 5:30 - 5:55 - Level 2
 6:00 - 6:25 - Level 3
 6:30 - 6:55 - Level 4

Session Two
 evening

July 27th - August 7th
 5:00 - 5:25 - Level 1
 5:30 - 5:55 - Level 2
 6:00 - 6:25 - Level 3
 6:30 - 6:55 - Level 4

Class Description


A two week swim lesson Session includes lessons 25 minutes each day, (Monday - Friday).

Level 1 - Water Exploration.
 For children with no previous water experience, leave parent willingly, are introduced to kicking, floating, and submerging.


Level 2 - Primary Skills.
 For children who have passed level 1. Introduction to front and back crawl, front and back glides, and orientation to the deep water.

Level 3 - Stroke Development.
 For children who have passed level 2. Stroke coordination and improvement. Introduction to elementary backstroke, kneeling dive, all stroke kicks, rotary breathing, and safety and survival skills.

Level 4 - Stroke improvement. For children who have passed Level 3. Review front and back crawl, introduction to breast stroke, butterfly, sidestroke, standing dive, and self-rescue techniques.



GENERAL CONSTRUCTION
STEVE ANTHONY



(603) 942-8058

1076 FIRST N.H. TURNPIKE
 NORTHWOOD, N.H. 03261

Youth Programs

Bear Cub Lacrosse



The Northwood Recreation Department is excited to be offering a lacrosse program again this summer. This program is designed to introduce lacrosse skills and practice those skills in game situations played as a scrimmage within our program.

About our coaches...

We are very fortunate to have 2 experienced coaches; Ryan Hanavan, the Coe-Brown Boys Lacrosse Coach and Brandon Albert, the Coe-Brown Girls Lacrosse Coach, committed to seeing that this program is a success. They will be teaching skills on Tuesday nights to each age group and will be running scrimmages on Thursday's. They will also be teaching every parent interested in learning how to coach lacrosse.

Information Night... Sunday, June 7th - 6:00PM

We will be holding an information night to answer questions you may have at the Northwood Town Hall. Ryan and Brandon will be giving an overview of the program. We will have discounts available through Brine Sports on first time equipment purchases. There is also used equipment available which is less costly than purchasing new.



Parent volunteers are needed...

Coaches clinic on June 14th 6:00 - 7:00 PM,

Please plan to attend the clinic if you are interested in helping. Your attendance at the clinic will help to make the first practice night much smoother.

Like all programs offered by the Northwood Recreation Department, this program is driven by the participation and coaching from the parents involved. Parents will work directly with Ryan and Brandon.

What you provide...

K, 1st & 2nd grade boys and girls: a stick

3rd - 8th grade girls: a stick, goggles, and mouth guard

3rd - 8th grade boys: a stick, gloves, helmet, arm pads, shoulder pads, and mouth guard

GRADES: K, 1st, & 2nd

COST: \$35.00 Northwood & Strafford residents
(\$40.00 after June 19th)

\$45.00 non-residents (\$50.00 after June 19th)

cost includes a reversible lacrosse jersey

DATES: Tuesdays / Thursdays - July 7th - August 6th

TIME: 6:00 - 7:00PM

LOCATION: Bow Lake Rd Field

GRADES: 3rd, 4th, & 5th

COST: \$35.00 Northwood & Strafford residents
(\$40.00 after June 19th)

\$45.00 non-residents (\$50.00 after June 19th)

cost includes a reversible lacrosse jersey

DATES: Tuesdays / Thursdays - July 7th - August 6th

TIME: 6:00 - 7:00PM

LOCATION: Bow Lake Rd Field

GRADES: 6th, 7th, & 8th

COST: \$35.00 Northwood & Strafford residents
(\$40.00 after June 19th)

\$45.00 non-residents (\$50.00 after June 19th)

cost includes a reversible lacrosse jersey

DATES: Tuesdays / Thursdays - July 7th - August 6th

TIME: 7:15 - 8:30PM

LOCATION: Bow Lake Rd Field

Youth Programs

Soccer Camp

with Seacoast United Soccer Club



AGES: 4, 5 & 6
 COST: \$85.00 through June 29
 \$90.00 after June 29th
 DATE: August 10th - 14th
 TIME: 9:00 - 10:30 AM
 LOCATION: Northwood Athletic Fields
 REGISTER with the Recreation Department or online
 at www.seacoastunited.com
 BY: Friday, August 7th



Seacoast United Soccer Camps provide players of all abilities with the rare opportunity to receive high-level soccer coaching from a team of coaching experts.

Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament.

AGES: 6 - 13
 COST: \$115.00 through June 29
 \$120.00 after June 29th
 DATE: August 10th - 14th
 TIME: 9:00 AM - 12:00 AM
 LOCATION: Northwood Athletic Fields
 REGISTER with the Recreation Department or online
 at www.seacoastunited.com
 BY: Friday, August 7th



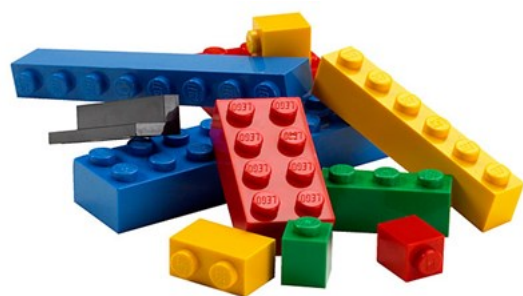
Shirt & Ball are included



Lego Club

Meet your friends and neighbors at the Chesley Memorial Library for Lego Club. Over one thousand LEGO pieces are on hand. Build towers, dragons, trucks, cars, airplanes, rockets...let your imagination run free! Come for summer reading program activities and stay for Lego Club. Parents and caretakers:

the Friends of the Library have a coffee bar (donations accepted) so you can enjoy a cup of coffee or tea while



Northwood
DINER
 SIMPLY GOOD!
 1335 First NH Turnpike, (Route 4), Northwood

AGES: All ages welcome
 COST: Free
 DATE: Wednesdays
 TIME: 10:30 - 6:30 PM
 LOCATION: Chesley Memorial Library
 REGISTRATION: not required

Youth Programs

100 Book Club

Give your child the tools to become a successful reader! Join the "100 Books Before Club" sponsored by the Chesley Memorial Library with help from Northwood School teachers. The program is open to any child from birth to the start of kindergarten. Reading aloud to children at birth strengthens their language skills and builds their vocabulary - two important tools for learning to read when they enter kindergarten.



- **Register** at Chesley Memorial Library and take home your first reading log.
- **Track Your Reading** - Each time you read a book with your child, color in a shape on the reading log.
- **Show us Your Reading Logs** - When you reach 25 books, bring your reading log to the library and get a small prize.
- **Read More Books!** When you get all the way to 100, you will receive a library tote bag and will automatically be entered in the 1,000 Books Before Kindergarten Club.

Summer Soccer Skills

If your child is looking to fine tune specific skills or would like to enjoy another night of soccer, this program is ideal. It is designed to compliment the regular season.

GRADE: 1st - 3rd
COST: \$20.00
DATE: Wednesday July 8th, 15th, 22nd, 29th, August 5th, 12th, & 19th
TIME: 6:00 - 7:00 PM
LOCATION: Northwood Athletic Fields
REGISTER BY: Monday, July 6th



GRADE: 4th - 6th
COST: \$20.00
DATE: Wednesday July 8th, 15th, 22nd, 29th, August 5th, 12th, & 19th
TIME: 6:00 - 7:00 PM
LOCATION: Northwood Athletic Fields
REGISTER BY: Monday, July 6th

www.FIRSTCITYCARS.com



"More than just a well traveled Logo"



Fall Soccer



Q: Why are we so crazy about the soccer deadline??

A: At the Recreation Department we understand summer is the worst possible time to make a deadline. We are fully aware of the frustration of parents who miss signing their child up for soccer especially if that means late fees or possibly not getting on a team.

So, I wanted to take just a second to explain to you why we have such a firm date. Once we find out how many children we have participating in the program, we divide the kids into teams that allow for your child to have the maximum amount of play time. In a nutshell we want you to get your money's worth and a positive experience for your child. There is nothing worse for you or your child than only getting to play a small portion of the game because the teams were over-filled. Once we know how many teams we have, we work to build a game schedule with the other towns.

OK, ready for it... here comes the tricky part. If, after the deadline, we get an onslaught of late ad-ons, our only option is to add them to existing teams. As you can imagine, we would get a lot of angry emails if a child is on a team of 30 kids. So, we do need to close teams when the number of kids reach 12.

Now that you know the process, you get to choose to roll the dice and hope for open spots after the deadline and get to pay the complementary \$10 late fee or register before the deadline ensuring a spot on the team.

Hope you have an excellent summer and thank you for your understanding.
Heather Heigis - Recreation Commission Chair

Grades 1 & 2



Games: Games will be scheduled on Monday evenings and Saturday mornings beginning September 12th through October 24th. Expect to travel to bordering towns to play these games.

Practice: Expect to practice one night a week beginning the week of August 31st.

Teams: These will be co-ed teams.

Required equipment: shin guards, uniform shirt is provided



Grades 5 & 6

Games: Games will be scheduled on Wednesday evenings (girls), Thursday evenings (boys) and Saturday mornings beginning August 29th through October 24th. Expect to travel to bordering towns to play these games.

Practice: Expect to practice two nights a week beginning the week of August 24th.

Teams: These will be gender specific teams.

Required equipment: shin guards, uniform shirt is provided



Grades 3 & 4

Games: Games will be scheduled on Monday evenings (boys), Tuesday evenings (girls) and Saturday mornings beginning August 29th through October 24th. Expect to travel to bordering towns to play these games.

Practice: Expect to practice two nights a week beginning the week of August 24th.

Teams: These will be gender specific teams.

Required equipment: shin guards, uniform shirt is provided



AGES: entering grades 1 & 6 in the fall
 FIRST PRACTICE: Week of August 24th
 COST before August 3rd: \$55.00; after August 3rd \$65.00
 REGISTER BY: August 3rd to ensure a place on the team



Adult Programs

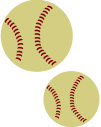
Senior Summer Cafe



Meet a friend, make a friend!
The Chesley Memorial Library Senior Café meets every Monday from 1:00-2:30 p.m. Are you looking for a chance to get out and make new friends? Would you like to enjoy some home baked goodies? There is no specific program planned for each week; we might talk about books, make decorations for the library, play Trivial Pursuit, or we might just visit and enjoy each other's company.

Registration not required
Please call the library at 942-5472 or visit www.chesleylib.com for more information.

Co-Ed Slow Pitch Softball



To register a team...
Download and complete the Team Roster from the website. Team Manager must attach a "Northwood Recreation Registration Form" for EVERY player on the team to the Team Roster. Return completed packet with payment to the Recreation Department. Teams provide your own uniforms.

NEW THIS YEAR

We will have a league tournament with the championship games to take place during the Bean Hole Bash on July 25 & 26th. The winning team will have recognition on the wall of fame and bragging rights.

AGE: 18+ (must be 18 by July 6th, 2015)
COST: \$195.00 / Team
TIME: 6:00 PM
DATE: Weeknights, weeks of July 6th - August 14th
LOCATION: Northwood Elementary School
REGISTER BY: June 18
LATE REGISTRATION FEE: \$30 / TEAM (space permitting)





Difeo Construction

Full Service Commercial & Residential Company

John Difeo

95 Ridge Rd
Northwood NH 03261

603-944-6078

603-942-6023

difeoconstruction@yahoo.com

www.Difeoconstruction.com



DEERFIELD BULLDOGS FOOTBALL AND CHEER

Grade Levels: 3rd/4th Grade Football and Cheerleading (Instructional)
5th/6th Grade Football and Cheerleading
7th/8th Grade Football and Cheerleading

- All games played in the Seacoast Area
- Our experienced board and staff are committed to player safety, development and teamwork.
- We offer Football and Cheer to the following towns: Deerfield, Northwood, Epsom, Allenstown, Candia and Pittsfield.

Get a head start for the 2015 season. Practices start second week of August



For more information email or visit our website

DeerfieldBulldogs@gmail.com



www.deerfieldbulldogs.com

Northwood Athletic Fields

Northwood Athletic Fields phase II update

On March 10, 2015, the Northwood Community voted to give \$50,000 toward the construction of the Northwood Athletic Fields. The Recreation Department, Recreation Commission, and Ballfields Committee are thankful for your support. Work is currently underway to attempt to remove a piece of ledge overlapping the field space. After that is completed, a true calculation for the amount of top soil needed can be determined. We look forward to the day when we can use the new fields.

Thank you for your continued support!

Town Beaches

The Town of Northwood has three public beaches open to residents. Beaches are open from Memorial Day weekend through Labor Day weekend.

Mary Waldron Beach: Located at 416 Bow Lake Rd.

Amenities: handicap accessible portable bathroom, raft, picnic tables, sandy beach, boat launch

Bennett's Bridge Beach: Located at 61 Bennett Bridge Rd

Amenities: handicap accessible portable bathroom, picnic tables, sandy beach

Northwood Lake Beach: Located on 57 Lake Shore Dr.

Amenities: handicap accessible portable bathroom, picnic tables, wheel chair accessible picnic table, sandy beach,

*Parking is limited at Mary Waldron & Bennett Bridge Beach. Please carpool if possible.

Water Status

Water is tested and monitored by the Health Officer. When elevated levels of E.coli bacteria are present, notices will be posted at the entrance to the waterfront.

Lifeguards

The Recreation Department staffs the beaches with lifeguards as scheduling permits.

Upon arrival at the beach take notice of sign indicating if the lifeguard is on duty as well as the location of the lifeguard on duty. Lifeguards employed by the Town will always be dressed in a uniform that clearly identifies the individual as a lifeguard using the universal "GUARD" marking.

Resident Pass

All Northwood property owners/renters are required to obtain a Transfer Station Pass which also serves as Beach Pass. There are no fees for Northwood residents to use the beaches.

Advertise Here

The key to good marketing is finding a way to get your company noticed amidst the piles of junk mail and constant adds that hit your consumer daily. Most mailings go directly from the mailbox to the recycling bin without ever making it in the house.

So how do you get your company's ad not only in the house but on the coffee table or even better on the fridge???. Advertise in the Northwood Recreation quarterly brochure and ensure that your business ad will live in a house for 3 months at a time. That is 6 times as long as the average magazine and 90 days longer than the average paper! This brochure becomes a parent's activity bible throughout the year. It contains important information for almost every member of the Town of Northwood.

This year we will be focusing on a wide variety of activities and programs for members of the community ages 6 months through adulthood. Over 1000 Northwood residents participate in our programs each year.

The Seasonal brochure is sent home with the students in grades kindergarten through 8th grade, posted to the Recreation Department's website, emailed to our database of 600 people, and distributed at the Town Hall.

Businesses have the opportunity to have a presence in the brochure. The details are outlined below. We believe you will find this to be a cost effective way to reach nearly every parent in Northwood and many other community members while supporting a community organization.



RETURN THIS PORTION TO THE RECREATION DEPARTMENT TODAY!!!

We have reserved space in the next brochure for your company to advertise and at the same time support the Northwood Recreation Department.

Contact Name _____
Company Name _____
Address _____
Email _____
Contact Phone Number _____
Ad size _____
Cost _____

Advertise by brochure for:

Business Card	\$25.00
1/4 Page	\$35.00
1/2 Page	\$50.00
Full Page	\$90.00

OR...

Advertise for a year
(4 brochures) for:

Business Card	\$90.00
1/4 Page	\$130.00
1/2 Page	\$180.00
Full Page	\$320.00

Please provide print ready art work or business card in the size you chose. E-mail to recreation@northwoodnh.org or mail with your contact information to the Recreation Department, 818 First NH Turnpike, Northwood, NH 03261 with checks payable to "Town of Northwood".

Northwood Recreation Registration Form

Adult Contact Information

Name _____

Address _____

Primary Phone Number _____ Secondary Phone Number _____

Email _____

Emergency Contact _____

Primary Phone Number _____ Secondary Phone Number _____

Emergency Contact _____ Relationship _____

Primary Phone Number _____ Secondary Phone Number _____

Please specify any medical, emotional or physical issues participant may have. Please be specific.

I can Coach! Yes _____ no _____ Assistant Coach! Yes _____ no _____

Participant Name	Age at program start	Grade in Sept 2015	Gender	Program Name	Session # (if applicable)	Fee	Shirt Size (if applicable)

Total Due

I authorize the Northwood Recreation Department staff to administer basic and temporary first aid to me if necessary. In the event of a serious injury, I give the Northwood Recreation Department permission to transport me to a hospital or another emergency facility to receive emergency medical treatment. I also authorize ambulance/rescue squad attendants to administer such treatment as is medically necessary and I authorize licensed health practitioners working in the hospital or emergency medical facility to examine and provide emergency medical treatment to me if warranted.

I give permission for photographs to be taken during the program for which I am registered. I understand that the intended use of photos is reserved strictly for publicity of the programs of the Recreation Department.

Program Cancellation: Northwood Recreation reserves the right to cancel any program, event, or activity for any reason preventing a quality outcome. Note that money/monies paid for registration of any cancelled program will be refunded in full to registrar post cancellation.

Age requirements: Northwood Recreation puts great consideration into its age and/or grade requirements. Please follow the age requirements, and understand that they are set to benefit the participants and instructors to make the program a positive experience for all.

Refunds: Deposit is non-refundable. The Town of Northwood and the Northwood Recreation Department encourages registrants to consider their schedules prior to registration. No fee will be refunded after the program begins. This policy is strictly enforced.

I release, absolve, indemnify and hold harmless the Town of Northwood, The Northwood Recreation Department, staff and volunteers, in the event of injury while participating in the above named program.

Parent/ Legal Guardian Signature: _____ **Date:** _____