Student Mental Health Program
California Community Colleges

Thank you for agreeing to complete this California Community Colleges Student Mental Health Program (CCC SMHP) Capacity Survey of Campus- Based Mental Health Services. The Pacific Institute for Research and Evaluation (PIRE) is conducting this survey as part of the evaluation of the California Community Colleges Student Mental Health Program. This survey is targeting the most knowledgeable person about mental health service capacity at each California community college (including those who received Campus Based Grants in 2012 and those who did not receive these grants). We realize that colleges have varying levels of capacity for mental health services for a variety of reasons. The purpose of the survey is simply to better understand the current level of capacity across the California Community Colleges and to track change in capacity over time. The survey should take approximately 30 minutes to complete. While you can save your responses and return the survey at a later time, we ask that you complete this survey within ten days, if possible. Should you have any questions about the survey please contact David Collins, Research Scientist at PIRE. He can be reached by phone (502-238-7338) or email (collins@pire.org).

Note: Questions marked with an asterisk (*) require an answer due to how the questions are set up for the online survey.

1. **Please indicate what college you are responding about:** _____

2. **Does your college have a health center on campus that provides mental health services?**

   ○ No

   ○ Yes, mental health services are provided within a health center

   ○ Yes, mental health services are provided within a separate mental health center

   ○ My college does not have a health center or mental health center that provides mental health services, but has another office on campus that faculty, staff or students would contact related to student mental health issues or concerns

3. **As of July 1, 2012 did your college provide or support the following mental health services?**

	Yes	No	Don't Know
a. System in place for faculty, students and staff to refer students of concern to the appropriate health center, mental health center or other designated office	○	○	○
b. System in place for the health or mental health center staff to conduct appropriate assessments to identify the mental health services needed by students of concern	○	○	○
c. System in place for health or mental health center staff to refer students of concern to needed mental health services	○	○	○
d. Screening processes at on-campus health or mental health center to identify student mental health issues (e.g., administration of PHQ-9 or GAD-7)	○	○	○
e. Depression Screening Day events (e.g., at health fairs or other campus-wide events)	○	○	○
f. Faculty / Staff / Student Suicide Prevention Gatekeeper Training	○	○	○
g. Other Suicide Prevention Activities	○	○	○
h. Suicide Prevention Policies	○	○	○
i. One-on-one Services with a mental health professional offered on campus	○	○	○
j. Group Services with a mental health professional offered on campus	○	○	○
k. Behavioral Intervention Teams or Crisis Intervention and Response Teams	○	○	○
l. Threat Assessment Protocols	○	○	○
m. Electronic Health Reporting System	○	○	○
n. Peer to Peer Training	○	○	○
o. Other Peer to Peer Activities	○	○	○
p. Campus-based Mental Health Related Clubs / Chapters / Support Groups	○	○	○
q. Stigma and Discrimination Reduction Activities related to accessing mental health services (LGBTQ, Veterans)	○	○	○
r. Mental Health Service Resources available on college website to faculty, students, and staff	○	○	○
s. Mental Health Service Resources available to faculty, students, and staff through dissemination strategies other than college website (e.g., campus newsletter, flyers)	○	○	○

4. **Now thinking about the time period between July 1 and December 31, 2012 , during this time period did your college develop or expand (a)...**

   (*Indicate "Yes" even if only partially developed in that timeframe*.)

	Yes	No
a. System for faculty, students and staff to refer students of concern to the appropriate health center, mental health center or other designated office	○	○
b. System for the health or mental health center staff to conduct appropriate assessments to identify the mental health services needed by students of concern	○	○
c. System for health or mental health center staff to refer students of concern to needed mental health services	○	○
d. Screening processes at on-campus health or mental health center to identify student mental health issues (e.g., administration of PHQ-9 or GAD-7)	○	○
e. Depression Screening Day events (e.g., at health fairs or other campus-wide events)	○	○
f. Faculty / Staff / Student Suicide Prevention Gatekeeper Training	○	○
g. Other Suicide Prevention Activities	○	○
h. Suicide Prevention Policies	○	○
i. One-on-one Services with a mental health professional offered on campus	○	○
j. Group Services with a mental health professional offered on campus	○	○
k. Behavioral Intervention Teams or Crisis Intervention and Response Teams	○	○
l. Threat Assessment Protocols	○	○
m. Electronic Health Reporting System	○	○
n. Peer to Peer Training	○	○
o. Other Peer to Peer Activities	○	○
p. Campus-based Mental Health Related Clubs / Chapters / Support Groups	○	○
q. Stigma and Discrimination Reduction Activities related to accessing mental health services (LGBTQ, Veterans)	○	○
r. Mental Health Service Resources available on college website to faculty, students, and staff	○	○
s. Mental Health Service Resources available to faculty, students, and staff through dissemination strategies other than college website (e.g., campus newsletter, flyers)	○	○

5. **Again, thinking about the time period between July 1 and December 31, 2012, did your college collaborate with any of the following institutions in developing or expanding the following?**

	County mental health	Other California Community Colleges	Universities in the UC or CSU system	Training or T/A Provider (e.g., CARS or Kognito)
a. System for faculty, students and staff to refer students of concern to the appropriate health center, mental health center or other designated office	○	○	○	○
b. System for the health or mental health center staff to conduct appropriate assessments to identify the mental health services needed by students of concern	○	○	○	○
c. System for health or mental health center staff to refer students of concern to needed mental health services	○	○	○	○
d. Screening processes at on-campus health or mental health center to identify student mental health issues (e.g., administration of PHQ-9 or GAD-7)	○	○	○	○
e. Depression Screening Day events (e.g., at health fairs or other campus-wide events)	○	○	○	○
f. Faculty / Staff / Student Suicide Prevention Gatekeeper Training	○	○	○	○
g. Other Suicide Prevention Activities	○	○	○	○
h. Suicide Prevention Policies	○	○	○	○
i. One-on-one Services with a mental health professional offered on campus	○	○	○	○
j. Group Services with a mental health professional offered on campus	○	○	○	○
k. Behavioral Intervention Teams or Crisis Intervention and Response Teams	○	○	○	○
l. Threat Assessment Protocols	○	○	○	○
m. Electronic Health Reporting System	○	○	○	○
n. Peer to Peer Training	○	○	○	○
o. Other Peer to Peer Activities	○	○	○	○
p. Campus-based Mental Health Related Clubs / Chapters / Support Groups	○	○	○	○
q. Stigma and Discrimination Reduction Activities related to accessing mental health services (LGBTQ, Veterans)	○	○	○	○
r. Mental Health Service Resources available on college website to faculty, students, and staff	○	○	○	○
s. Mental Health Service Resources available to faculty, students, and staff through dissemination strategies other than college website (e.g., campus newsletter, flyers)	○	○	○	○

6. *** Between July 1 and December 31, 2012 did your college receive training or technical assistance that included a focus on building the mental health service capacity of your college?**

   ○ Yes

   ○ No

   ○ Don't Know

   — *If **No** or **Don't Know**, skip to Question 8.*

7. **How many times between July 1 and December 31, 2012 did your college receive training or technical assistance that included a focus on building the mental health service capacity of your college?**

   ○ Once

   ○ Twice

   ○ Three Times

   ○ Four times

   ○ Five times

   ○ Six or more times

8. **To what extent did the training or technical assistance your college received impact mental health programming or capacity building (e.g., system to referring students to needed mental health services) by your college between July 1 and December 31, 2012?**

   ○ No impact

   ○ Slight impact

   ○ Moderate impact

   ○ Large impact

9. *** Does your college charge a student health fee?**

   ○ Yes

   ○ No

   ○ Don't Know

   — *If **No** or **Don't Know**, skip to Question 11.*

10. What percentage of your college's health fee goes toward mental health services?

(Please do not include the % sign in your response): _____

11. What percentage of your college's health fee goes toward other health services?

(Please do not include the % sign in your response): _____

12. Of all the staff in your college's health center who provide mental health services to students, how many total hours per week do the staff work? (For example, if three staff people work 12 hours each, you would report 36 hours.)

Hours: _____

13. Of all of the staff on your campus who provide mental health services to students, how many fall within the following categories? Please note that we are asking about mental health services as distinct from academic/personal counseling.

(Please indicate the number of staff in the appropriate boxes below.)

a. # Psychiatrists or other licensed prescribers: _____

b. # Full-time mental health counselors/therapists: _____

c. # Part-time mental health counselors/therapists: _____

d. # Mental health counseling interns or trainees: _____

e. # Nurses: _____

f. # Other: _____

14. Please rate the extent to which you think…

	Not at all or to a very little extent	To a little extent	To some extent	To a great extent	To a very great extent
a. There are efforts in your college to link students of concern to mental health support services.	○	○	○	○	○
b. Faculty and staff are aware of these efforts.	○	○	○	○	○
c. Faculty and staff understand the importance of taking action to link students of concern to mental health support services.	○	○	○	○	○
d. Faculty and staff in your college understand the causes of psychological stress, its consequences, and how it impacts the institution or community.	○	○	○	○	○
e. The leaders of your college are supportive of efforts to link students of concern to mental health support services.	○	○	○	○	○
f. Resources are available in your college—people, time, money, space—to support efforts on this issue.	○	○	○	○	○
g. Your college's mental health service system has the capacity to adequately refer students of concern to needed mental health services.	○	○	○	○	○
h. Your college's mental health service system has the capacity to adequately track the referrals of students of concern to needed mental health services.	○	○	○	○	○
i. Your college's mental health community partners (e.g., county mental health) have the capacity to receive mental health referrals from you.	○	○	○	○	○

15. Did your college receive a Campus Based Grant from the California Community Colleges Student Mental Health Program in 2012?

○ Yes

○ No

○ Don't Know

16. Between July 1 and December 31, 2012 did your college partner in hosting a regional strategizing forum (RSF)?

○ Yes

○ No

○ Don't Know

17. **Between July 1 and December 31, 2012 did your college participate in a regional strategizing forum (RSF) hosted by another college?**

   ○ Yes

   ○ No

   ○ Don't Know

18. **If you answered "Yes" to either of the prior two questions, to what extent did your college's involvement in a RSF impact mental health programming or capacity building (e.g., system to referring students to needed mental health services)?**

   ○ No impact

   ○ Slight impact

   ○ Moderate impact

   ○ Large impact

19. *** Between July 1, 2012 and December 31, 2012,were faculty, staff, or students trained as trainers on mental health related topics? (That is, did they receive training that qualifies them to train others?)**

   ○ Yes

   ○ No

   *If **No** or **Don't Know**, skip to Question 20.*

   ○ Don't Know

20. **Indicate the number of people trained as trainers, by topic, between July 1 and December 31, 2012. Enter "0" if no persons were trained on a particular topic.**

   a. # Early recognition of students of concern: _____

   b. # Crisis or behavioral intervention: _____

   c. # Suicide prevention: _____

   d. # General mental health promotion: _____

   e. # Peer-to-peer: _____

   f. # Other (mental health related): _____

21. **The following asks about trainings on your campus between July 1 and December 31, 2012, conducted by your college or outside organizations, on the following mental health related topics. Trainings (as opposed to presentations) are often aimed at enhancing skills and motivating people to "act" on the information they receive. (DO NOT include Trainings of Trainers.)**

Were any trainings on the following topics conducted on your campus between July 1 and December 31, 2012? If the answer is Yes, please also indicate the primary audience.

	Yes (primary student audience)	Yes (primarily faculty/staff audience)	No
a. Training(s) on early recognition of students of concern	○	○	○
b. Training(s) on crisis or behavioral intervention	○	○	○
c. Training(s) on suicide prevention	○	○	○
d. Training(s) on general mental health promotion	○	○	○
e. Training(s) on peer-to-peer	○	○	○
f. Training(s) on other (mental health related)	○	○	○

22. **If your college provides on-campus mental health services, please provide the number of individual students who received mental health services on campus between July 1 and December 31, 2012. Count each individual student only once, even if s/he received services more than one time during this time period.**

    (If your college does not provide on-campus mental health services, please enter "0".)

    \# Students: (7/1/2012 through 12/31/2012): _____

23. **If your college provides on-campus mental health services, please provide the number of units of mental health service provided (i.e., a student seen three times between July 1 and December 31, 2012 would be counted as three units of service).**

    (If your college does not provide on-campus mental health services, please enter "0".)

    \# Students: (7/1/2012 through 12/31/2012): _____

24. *** Do you track the source of mental health referrals to your college's health or mental health center?**

    ○ Yes

    ○ No

    ○ Don't Know

    ○ Do not have a center or office on campus that receives student mental health referrals

    *If **any of these**, skip to Question 25.*

25. Indicate the source of new referrals between July 1 and December 31, 2012 (provide numbers for each):

    a. Health care provider (e.g., physician, nurse, or counselor): _____

    b. Campus faculty or staff member: _____

    c. A peer of the student: _____

    d. Family member of the student: _____

    e. Self-referral: _____

    f. Unknown: _____

    g. Other: _____

26. * Does your college refer students for off-campus mental health services?

    ○ Yes

    ○ No

            *If **No** or **Don't Know**, skip to Question 27.*

    ○ Don't Know

27. What is the number of students that your college referred for off-campus mental health services? (Please leave blank if you do not know the number.)

    # Students: (7/1/2012 through 12/31/2012): _____

28. * Do you track whether students whom you referred for off-campus services actually received the service?

    ○ Yes

    ○ No

    ○ Don't Know

                       *If **any of these**, you're finished. Survey is complete.*

    ○ Not applicable
       (do not refer any students
       for off-campus services)

29. Indicate the number of students whom you referred for off-campus services who actually received them.

    # Students: (7/1/2012 through 12/31/2012): _____