## TDChristian Intramural Hockey League 2015-16 SIGN UP SHEET

Intramural hockey is back for another year! See the other side of this sheet for information about the 2015-16 season. Please fill out this form and bring it to Mr. Terpstra in Room 15 before Friday, September 18.

The $\$ 200$ fee is payable by cheque made out to "TDChristian High School" before you step on the ice for your first scheduled game. No pay, no play!

Name: $\qquad$
Grade: $\qquad$ Gender: M F (circle one)

Hometown (or city closest to your home): $\qquad$
Preferred position: $\qquad$
Level of competition (house league, etc.) played last year (2014-15): $\qquad$
Level of competition (house league, etc.) played the year before (2013-14): $\qquad$
Who drives you to hockey? (check one):Me or a family member
Other intramural players (list MAXIMUM two names*): 1. $\qquad$
2. $\qquad$
*See other side of page for important info about carpooling limits.

## Are you new to TD's Intramural Hockey Program? Read this!

On Friday, September 18, we are hosting Intramural Hockey Day, and you are invited! This opportunity gives you a chance to get on the ice, and it gives us a chance to see you play!

You should note that we don't have tryouts for intramural hockey. If you can skate, you can play. So come on out (in full equipment) on Friday, September 18 at 3:30 p.m. at Woodbridge Arena (5020 Highway 7, Vaughan).

If you need a ride, email us at hockey@tdchristian.ca.


## 2015-16 TDChristian Intramural Hockey League

Welcome back to TDChristian and another year of ice hockey. We are looking forward to a great year with all of you! This has been an exciting tradition and we've seen a lot of talent and had a lot of fun over the years. Hockey is a popular sport at TDChristian, and we are blessed to be able to offer a comprehensive program; this year the program will include 5 teams, including both girls and boys from grades $9-12$. We have enough spaces to accommodate all students who wish to play. There will also be at least one teacher on each team- both to guarantee fun and safe games, and because we love the game too!

The games will usually be played on Fridays either before school from 7:00-8:00 a.m., or after school from 3:304:30p.m. Note that on Project Days we will play 2 morning games. The games will be played either at Al Palladini Arena on the corner of Islington Ave. and Rutherford Road in Woodbridge (morning games), or at Woodbridge Arena on the corner of Islington Ave. and Highway 7 in Woodbridge (afternoon games). It is important that you refer to the schedule (on the Splash page) and arrive on time at the proper place for your games. The schedule is updated periodically throughout the season. No refunds will be given for missed games or mix-ups.

A team may not use players from the other teams to fill vacancies- teams play with who they have so it is important that you try to make each game. Goalies may, however, call up one of the other goalies during the regular season if they cannot be there; we want to avoid any games without goalies. All games begin on time, so please be early enough to dress, warm-up, and be ready to start. You are responsible for arranging your own rides to and from the arena. Students are required to be at school by 8:45 a.m. after the morning game-the school's late policy will apply.

As in the past, you are required and expected to wear full equipment. You must wear a neck guard and a full visor or cage. Any player not properly equipped will be asked to leave the ice and may only return when wearing all required equipment. This is also a non-body-checking league, and the rule is to leave less-skilled, unwilling, and teacher-types alone. This is fun, yet competitive hockey with your peers. We see no reason for fighting or violent contact between players; any fighting will result in immediate removal from the game and expulsion from the league for the rest of the season. We believe that a higher standard of behaviour is expected for hockey at TDChristian, and any belligerence, foul talk or swearing, unnecessary contact, or unsportsmanlike conduct will result in immediate expulsion from the game, and will initiate a discipline meeting with the Hockey Leadership Team, consisting of some of the staff members in the league. We will try our best to ensure that each game will be reffed by a qualified adult. Their calls must be respected (even if not agreed to). The coaches of each team will be the staff member(s) and the appointed player captains on each team. Teams are encouraged to meet off-ice and develop unity and community.

Although many teachers love hockey and are players on all 5 teams, Mr. Terpstra and Mr. E. Vrieling will be the staff members'in charge.' Please direct all questions and concerns to either of them.

The fee this year will be $\$ 200$. This payment covers all of your games, the final tournament in February, as well as a stylish TDCH team jersey, which is yours to keep. This is an incredible deal! Make cheques out to "TDChristian High School." Each of you must submit the entire amount one full day before you step on the ice for the first time- No pay? No play!

We wish you all a great season! Skate well and prosper. Oh, and have fun!
Mr. Terpstra and Mr. E. Vrieling

## CARPOOLING RULES

Players are restricted to naming two other individuals with whom they will carpool. Teams will be formed honouring these carpools as best we can. In the past, large car pools dictated team formation and caused imbalance in the league. For the sake of the league, this rule is necessary to make teams more balanced.

Please do not create tangled carpooling knots; discuss with the other players that you are naming as your carpool mates. For instance, Player A can't name Player B and C as carpool mates, and then Player B name two other players (ie. Player D and Player E) as carpool mates.

