

## **Summer Camp What to Bring List**

The following What To Bring list is to be followed closely. This list includes all clothing and equipment you will need for your time at Camp and on your wilderness trip (trail). Campers who have enrolled in the Porcupine Mountains Backpacking or the Apostle Island Sea Kayaking trip, please refer to the additional salmon colored equipment list included in your packet!

- ✓ Campers should wear the kind of outdoor clothing in which they will feel most comfortable. Camp Manito-wish does not require a special uniform for campers, however, clothes should be suitable for camping - do not bring good clothing.
- ✓ Laundry service is offered weekly. All clothing must be marked with the camper's name (name tape order info at the end of this list).
- ✓ Leave valuables at home. Camp is not responsible for lost, stolen, or damaged items.
- ✓ Pack in soft luggage/duffle bags as each camper has limited storage space in their cabin.

#### DO NOT BRING:

Good clothing, food of any kind (gum, candy or snacks), electronics, cell phones, curling irons, or hair dryers.

Cell phones with a camera feature are not considered cameras at Manito-wish.

(Above items brought by mistake will be held for your camper.)

#### FOR THE CABIN AND AT CAMP

For the Cabin and Camp			
Stuff	Quantity	Comments	Check List
Warm blankets	1-2	It's required that each camper have warm blankets and a sleeping bag. It can get into the 30s on occasion.	
Twin bed sheet sets	1-2	A second set is nice to have if you need to have one set washed.	
Pillow cases	1-2		
Pillow	1		
Sleeping clothes	2 sets	Bring something for cold northern Wisconsin nights.	
Bath towels	3		
Wash cloths	2		
Personal grooming articles/toiletries	1 set	Combs, nail clippers, deodorant, toothbrush, toothpaste, soap, shampoo, feminine hygiene products, etc.	
Flip flops/Shower sandals	1 pair	To be worn to the washhouse and during showers.	
White dress shirt	1-2	For Sunday, picture day, and banquet.	
Socks & underwear	8-10 changes	Enough for one week. Laundry is done once a week.	
Swimsuit	2	These will be used at Camp and on your trip.	
Pants & shorts	4 pair	Include one pair of khaki colored shorts or pants for Sunday.	
T-shirts	5-7		
Sweatshirt/fleece	2		

Long sleeve shirts	2-3		
Laundry bag*	1	Mesh or cloth bag labeled with camper's name.	
Flannel Shirt	Optional	Paul or Pauline Bunyan Day embraces lumberjack themes. Think about bringing some clothing to embrace it!	
Musical	Optional	Many campers enjoy playing their guitar, trumpet or other	
instruments		instrument	
Books/journals	Optional		

Items with an \* can be ordered or purchased at Camp (Order must be received by April 30, 2015)

# FOR WILDERNESS TRIP (ALL campers will go on the trail!)

Footwear			
Equipment	Quantity	Comments	<b>Check List</b>
Hiking boots	1	Look for boots with good ankle protection and support and a durable sole. These will get wet. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip.	
Socks	3	Heavy wool, merino wool or ragg, or thick polypro (no cotton).	
Campsite shoes	1	Cross Trainers, tennis or running shoes in good condition for around camp and short day hikes. Sandals, Keens, Crocs or any footwear where the foot is exposed will not be allowed on the trip.	
Water Shoes	1	Full coverage water shoes (no skin exposed below the ankle) to be worn for the swim challenge and sailing. *these will get wet.	

Upper Body Clothing			
Equipment	Quantity	Comments	<b>Check List</b>
Light to mid- weight long underwear top*	1	Synthetic or merino wool base layer top. No cotton.	
Fleece jacket*	1	Should fit over other layers. Can be generic brands for fleece.	
Rain jacket*	1	We recommend "rain proof" not "rain resistant." Durable and heavy duty water proofing is highly recommended, and should fit over all layers.	
Lightweight short sleeve top	1-2	This can be a cotton t-shirt or polypro top.	

Lower Body Clothing			
Equipment	Quantity	Comments	<b>Check List</b>
Light to midweight long underwear *	1	Synthetic or merino wool. No cotton.	
Fleece pants	1-optional	Can be generic brands. Older fleece tends to lose its loft.	
Rain pants*	1	Water proof and durable. Vinyl/rubberized is okay.	
Lightweight tripping pants	1	Zip off, quick dry pants have worked well as bug and sun protection. Nylon wind pants also work well.	
Nylon shorts or swim shorts	1	They will be used for hiking and around camp and swimming. Girls tend to like 2-piece suits for ease of going to the bathroom.	
Underwear	2-3 pair	Personal preference. For girls, sports bras made out of a moisture wicking material are recommended.	

Hands and Head				
Equipment	Quantity	Comments	<b>Check List</b>	
Wool/fleece hat *	1	Anything that will cover your ears.		
Baseball cap or hat with brim *	1	Sun protection is the primary use.		
Bandannas*	2-3	Any old bandanna will do. Great for using with DDT bug spray so it does not de-waterproof your gear. Optional for boys, highly recommended for girls.		

Sleeping Equipment				
Equipment	Quantity	Comments	Check List	
Sleeping bag *	1	We recommend synthetic bags rated to 20 to 30 degrees F, with a stuff sack. <b>Should fit into at least a 20"x30" stuff sack.</b>		
Sleeping pad *	1-optional	Should be foam and 3/8" thick that will serve as the insulator between you and the ground. Pads can be borrowed from Camp.		

# Items with an $\ast$ can be ordered or bought at Camp (Order must be received by April 30, 2012)

Paddle				
Equipment Quantity Comments Check L			<b>Check List</b>	
Paddle *	1-Optional	We have Mohawk paddles that you can borrow. If you would like to purchase paddles at Camp we have Bending Branches Loons and Mohawk paddles for sale.		

Miscellaneous Personal Gear			
Equipment	Quantity	Comments	Check List
Sunglasses with	1 pair	Any good quality sunglasses with 100% UV protection will	
floating straps/		work. If you wear prescription glasses and have impaired	
croakies.		vision without them, bring prescription sunglasses or high	
		quality clip-ons. Polarized glasses are a plus on the water, but	
		not required.	
Sunscreen	1	One tube or bottle of 8oz. Make sure it is at least SPF 30 or	
	REQUIRED	greater. If you burn easily, bring zinc oxide.	
Lip balm*	1 -optional	Stick or cream. Make sure it provides sun protection.	
Insect repellant*	1	Non-aerosol	
Water bottle *	1	Wide-mouth quart or liter size.	
Camera*	1-optional	Small, light and durable. Extra memory cards and batteries	
		also recommended. A waterproof case is nice to have. We	
		have disposable cameras for purchase.	
Knife	1-optional	Small pocketknife or Leatherman. Counselor will hold on to	
		when not on trail.	
Headlamp *	1	More versatile than a traditional flashlight. Inexpensive ones	
		can be found by Petzl, Black Diamond and Princeton Tec.	
Bug head net	1	Many past leaders and participants enjoyed having a head net	

		for just before sunset.	
Crazy Creek or similar camp chair *	1 - optional	Many former campers recommend these for around the campsite	
Stuff sack*	1-2	This will be used to pack your clothing for the trip. You can use a nylon stuff sack and line it with a garbage bag or get a dry bag.  Try to get a smaller size of 20 L (no more than 30 L or 10"x20")	

Items with an \* can be ordered or purchased at Camp (Order must be received by April 30, 2015)

# For Specialty Trips – please refer to the additional salmon colored equipment list included in your packet!

### **ANY QUESTIONS?**

Call us at 715-385-2312 or e-mail us at camp@manito-wish.org.

\*SLEEPING BAGS, SLEEPING PADS, LONG UNDERWEAR, RAIN SUITS and CRAZY CREEK chairs can be pre-ordered through Camp Manito-wish. Orders must be placed by April 30, 2014!

\*\*NAME TAPES: Every item brought to camp must bear the name of the camper. For your convenience, an order form for Sterling Name Tape (1-800-654-5210) is enclosed. Mention **K1626** when ordering.