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LovingOurCommunity.org 40 Love-in-Actions Ideas for FAMILIES & INDIVIDUALS

Prayerfully look over these possible ideas. Keep track and see how many you can do over the next 40 Days. Each day talk with each other about items you did (and what happened) and what you are planning on doing. See how many lives you and your family can touch in 40 days!

- 1. Cook a meal for an individual or family who is sick, recovering from surgery, recently had a baby, etc.
- 2. Give a book you have to a friend who would be helped by it.
- 3. When you notice someone that seems lost or needs help, ask if you can be of help.
- 4. Hold the door open for someone.
- 5. Let someone go in line ahead of you at the store.
- 6. Smile at people that you walk by and say Good Morning or Good afternoon..
- 7. When you buy a snack, buy two and share it with someone.
- 8. Tell others about the 40 Day Generous Life devotional (available for free at <u>www.LovingOurCommunity.org</u>) and invite them to participate. Post news about this on Facebook, Twitter, social media, or send out emails.
- Begin to discuss and plan a LOVE-IN-ACTION PROJECT you can do with your family, group, church, co-workers, friends, school, church, or others. Help the needy, nonprofits, the neighbors/neighborhood, schools, etc.
- 10. If you buy something to drink, give the cashier extra cash to pay for the next person's drink.
- 11. Help return shopping carts in the parking lot to where they belong.
- 12. Buy a dozen donuts and take it to a fire or police station and tell them thank you for what they do.
- 13. Send a thank you text, note, email or make a phone call to thank someone who has played a special part in your life in the past.
- 14. Walk through you neighborhood and say hi and introduce yourself to people you haven't met or talked to in awhile.
- 15. Be kind or do something nice for someone you dislike.
- 16. Buy some \$5 fast food restaurant gift cards you can give to homeless people OR make some "help the homeless kits" to have available in your car (put travel size shampoo, toothpaste, socks, Christian book/tract, \$5 gift card for fast food, nail clippers, etc into a zip lock bag).
- 17. Offer to care for a neighbor's or friend's pet, plants, or yard when they go on a trip.
- 18. When you are making a meal, make extra and share it with someone in need.
- 19. Put together a "baby kit" for a new mother (diapers, formula, bottles, food, stuffed animal, clothes, etc.).
- 20. Give someone or several people a hug today.
- 21. Stop by the home of a single mom, widow, or retiree in your neighborhood and ask if there is any way you could be of help to them.
- 22. Share a funny story or one of your favorite jokes with someone today that will make them smile or laugh.
- 23. Call a friend you haven't talked to for a year or more.
- 24. Walk through your neighborhood and say a prayer for each family.
- 25. Bake or buy some snacks and take it to work or school to share with others.
- 26. Tip someone 50% on your restaurant bill.
- 27. Offer to pray for someone you know who is upset, hurting, or going through a difficult time.
- 28. Treat someone to the movies, event, or an activity.
- 29. Invite someone in your neighborhood over for a meal or dessert.
- 30. Take 30 minutes and go through your closets, cabinets, drawers, or storage areas and give away or donate items you are no longer using to someone who could use them.
- 31. Make a donation to a ministry or nonprofit in honor or memory of a loved one.
- 32. Give or send someone flowers.
- 33. Go visit an elderly person and take them a snack or gift.
- 34. Put money in someone's parking meter that has expired.
- 35. Help a neighbor, single mom, or elderly person/couple with needed house projects or repairs (mow the grass, clean the yard, fix fence, paint, rake leaves, shovel snow, etc.)
- 36. Let someone "in" when traffic is tight. Wave to them and smile.
- 37. Tell your pastor or Sunday School teacher something specific they said, taught, or did that has really be helpful in your life.
- 38. Offer to babysit someone's children or take them on an outing so the parent(s) can get a needed break or date.
- 39. When you are at the store, purchase an extra bag of groceries and give them to a single mom, widow, or needy family you know.
- 40. Invite a foreigner or foreign family to your home for a meal or to celebrate a national or religious holiday together.

Let your way of life be beautiful before all children of men...that they may see your beautiful works and praise God... 1 Peter 2:12

If someone asks about your Christian hope, always be ready to explain it. 1 Peter 3:15

Pure and undefiled religion before God the Father is this: to care for orphans and widows in their misfortune. James 1:27

The LORD watches over the foreigner and sustains the fatherless and the widow. Psalm 146:9



LovingOurCommunity.org 40 Love-In-Action Ideas for GROUPS

Jesus said, "LET your light shine before men IN SUCH A WAY that they may SEE your good works, and glorify your Father who is in heaven." Matthew 5:16

HELP ORGANIZE YOUR GROUP (of any size!)

to accomplish one or more of the following LOVE-IN-ACTION ideas during the 40 Days. Invite local media to help promote or cover the event.

- 1. Work with local officials to paint over graffiti in your community.
- 2. Help clean and fix up a run-down playground OR convert a vacant lot into a playground.
- 3. Run neighborhood Vacation Bible Schools in needy neighborhoods.
- 4. Volunteer with a local nonprofit that helps builds or repair houses for people in need.
- 5. Organize a community or neighborhood free dog wash.
- 6. Put together a clothing or jackets-for-kids drive to benefit people in need.
- 7. Organize doctors/nurses/dentists/hygienists to offer a day or eve of free services.
- 8. Conduct a food drive to serve needy people in the community.
- 9. Offer a WE-LOVE-OUR-COMMUNITY day with free haircuts, eye exams, oil changes, etc.
- 10. Get permission to paint fire hydrants, park benches, fences, or no parking areas.
- 11. Work with officials to organize your group to clean and do any needed projects at a sports field or park.
- 12. Collect unused make-up, perfume, and cosmetics for a center for abused women.
- 13. Organize a local blood drive with your group.
- 14. Organize workers to trim overgrown trees/bushes on walking paths or in parks.
- 15. Beautify your community by cleaning up trash at a park, beach, river, illegal dump site, stretch of road, or in a needy neighborhood.
- 16. Contact a nursing home and offer to put on a special holiday program, event, talent show, musical program, or service project.
- 17. Ask a government official about some of your community's greatest needs that volunteers could help fix. Organize a team of volunteers to help.
- 18. Contact school officials to find out if there are needs you can help them meet (painting, cleaning, tutors, helping needy students, etc.). WATCH VIDEO
- 19. Work with prison chaplains to help prisoner's spouses and children (food baskets, Christmas presents, birthday presents, or school supplies).
- 20. Work with a school and collect backpacks and school supplies to give to children of families who can't afford them.
- 21. Volunteer to host a special holiday event for an agency that helps foreigners learn English or for international students.
- 22. Offer a free community car wash. Use it as an opportunity to tell people that God freely loves them. Or use it to collection donations for a project.
- 23. Partner with a need-meeting ministry or nonprofit to provide needed volunteers for a special program, event, or project.
- 24. Work with a nursing home and provide rides or a shuttle service to church services, the mall, or a special activity.
- 25. Conduct an eye-glasses donation drive. Collect old unused eye glasses from children and adults and partner with an organization that provides donated glasses to needy children or adults.
- 26. Make plans to organize a BETTER-JOBS-BETTER-DAYS-AHEAD SEMINAR or <u>program</u> for unemployed or under-employed adults. Offer sessions on God's purpose for work, interviewing skills, resume building, job searching skills, wardrobe/grooming tips, job training programs and courses in your area, on-going weekly support groups, people to pray for them, <u>conduct career assessment surveys</u>, financial training, etc.)
- 27. Look at your community's events calendar, pick an event, and find out how you can send volunteers to help serve at the event.
- 28. Have an APPRECIATION SUNDAY for a specific group of professionals. For example, at a church have students nominate their favorite teacher and then invite the teacher and their family to a Sunday service where you honor all the nominated teachers with flowers and a FAVORITE-TEACHER CERTIFICATE signed by the pastor, parent/s, and the student/s.
- 29. Contact an official at the juvenile court system and find out if there is something you can do to help troubled at-risk youth.
- 30. Organize a free water give-away day. Provide free water at a sporting event, intersection, motorcycle rally, parade, etc.
- 31. Get permission to organize a flash mob singing event at a mall over a religious holiday (Easter, Christmas).
- 32. Organize a group to offer LOVING-OUR-COMMUNITY free gift wrapping services at a mall over the Christmas holidays.
- 33. Offer cold soft drinks, water, or snack giveaway to retail shop employees or street vendors.
- 34. Sunglasses giveaway at a sporting event. Work with a \$1 store or order online (for as little as 25 cents each). Go through the stadium offering free sun glasses are part of a LOVING-OUR-COMMUNITY DAY.
- 35. Organize a free automobile oil change and fluids check day for single moms or widows. You can also add a bicycle tune-up station for children's bikes. Have people in your group distribute flyer invites to people they know.
- 36. Work with a local gas station to celebrate the 40 Day Generous Life devotional by subsidizing everyone's gas fill-up by 40 cents per gallon or liter. Hold up signs saying: GOD LOVES YOU: 40 cents off each gallon of gas. Give people a copy of the devotional or info about the free online version.
- 37. Organize a Volunteer Fair for your church or group. Provide tables in a lobby and invite local NGO's, schools, camps, hospitals, and others to promote volunteer opportunities.
- 38. Organize a group to volunteer to pack, cook, or handout food at a local food bank, holiday dinner for the homeless and needy, etc.
- 39. Contact a group that works with disabled people, volunteer to build needed wheel chair ramps at their home.
- 40. Set up a plan to collect donations from your group (and/or those they know) for a cause, special need, or to help a need-meeting nonprofit or ministry. © List compiled by Dr. Brian Kluth for <u>www.LovingOurCommunity.org</u> – 40 Days of TRANSFORMATINOAL GENEROSITY™ - Learn | Serve | Give | Celebrate

