

This Year's Program includes the following Guest Speakers:

Leonard Gomella, MD Jefferson University Hospitals Philadelphia, PA

Mitchell Humphreys, MD Mayo Clinic Scottsdale, AZ

Sheryl Kingsberg, PhD Case Western Reserve University Cleveland, OH

Dana Ohl, MD University of Michigan Ann Arbor, MI

Allen Seftel, MD Cooper University Hospital Camden, NJ

MARK YOUR CALENDARS AND MAKE PLANS TO JOIN US



Visit the website today at www.ousweb.org

Ohio Urological Society

2016 Annual Spring Meeting March 4 - 5, 2016

Westin Cleveland Downtown Hotel Cleveland, Ohio

Earn up to **10.5** *AMA PRA Category 1 Credits*TM. See inside for details.

PRESIDENT'S MESSAGE

SECRETARY'S REPORT

The Ohio Urological Society (OUS) Board of Directors has been hard at work planning the 2016 Annual Spring Meeting. This event is the highlight of the year for the society and offers an opportunity for our members, residents, visiting speakers and corporate partners to get together and learn about some of latest controversies in urology.

Much thought and effort has gone into planning this upcoming program. While attendance has been stable in recent years, our goal is to try to grow the society and make it an appealing meeting for all healthcare professionals with an interest in urology to attend. We have attempted to incorporate as much of your feedback as possible into the planning of this year's program. As such, we are pleased to once again bring a live surgery to this year's meeting, thanks to Bodo Knudsen's expertise in PCNL.

The meeting will be held in Cleveland at the Westin Cleveland Downtown Hotel, March 4-5, 2016.

Below are a few "fun facts" about Cleveland for those of you not familiar with the local area:

Its not a bird, not a plane, it's Superman!-he was born in Cleveland from the imaginations of Jerry Siegel & Joe Shuster-1933. He'll be on display at the airport.

Take note from the airplane as you fly above Cleveland, The Rock and Roll Hall of Fame and Museum was designed by IM Pei to look like a record player.

The Cleveland Cavaliers are playing over the weekend: 3/4: Cleveland Cavaliers vs Washington Wizards, Quicken Loans Arena

3/5: Cleveland Cavaliers vs Boston Celtics, Quicken Loans Arena

Please visit Destination Cleveland for information about other entertainment and dining options: http:// www.thisiscleveland.com/

I look forward to seeing you all here in Cleveland this spring. Please feel free to contact me directly at <u>Edward.cherullo@UHhospitals.org</u> if you have any questions or concerns regarding the Ohio Urological Society.



Edward Cherullo, MD OUS President

TREASURER'S REPORT

Our organization has a total of \$40,162 in our deposit accounts as of December 1, 2015. Our investment holding in our UBS account has \$231,712.99 similar to 2014.

We encourage everyone to pay their 2016 annual dues (notices have been sent).

It is our goal to make 2016 our best meeting ever. Please invite your peers to join OUS and participate in our annual meeting!



Dear Colleagues and Friends,

I am very excited to share with you the wonderful program planned for this year's Ohio Urological Society (OUS) 2016 Annual Spring Meeting to be held March 4-5, 2016 in Cleveland. The OUS board has organized what promises to be one of our best meetings with a diversity of topics and speakers sure to benefit everyone, no matter their practice focus.

Our program will begin on Friday evening with a **Welcome Reception** and an opportunity to mingle with colleagues and old friends from around the state. We once again will have the opportunity to hear from elected officials on political and health care policies relevant to our membership.

We will host our **Moderated Poster Session** on Friday evening; this is a chance to hear our residents from around the state present the latest research that they are working on.

Our Saturday morning program will begin with resident research presentations highlighting the best projects.

We are pleased to once again offer a **live surgical broadcast**. This year we will feature a PCNL surgery that will be moderated by one of our guest speakers, Dr. Mitch Humphreys from Mayo Clinic Scottsdale in Scottsdale, AZ. There will be opportunity for questions and real-time interaction between the audience in the meeting room and Bodo Knudsen's team in the OR. To note, Dr. Humphreys has an engaging presence and is sure to be entertaining as well as informative.

Our next session, *Controversies in Prostate Cancer* will feature Dr. Leonard Gomella from Jefferson University in Philadelphia speaking about the role of the urologist and our own Andrew Stephenson providing an overview of the latest in diagnostics. With the controversies surrounding prostate cancer today the panel discussion is sure to be lively.

We are pleased to have with us this year Dr. Dana Ohl, from University of Michigan in Ann Arbor, who is our NCS visiting professor. He will be speaking about the urological care of the transgender patient. This is part of an exciting session featuring *Controversies in Sexual Health* that will also feature presentations from our other Ohio guest speakers; Dr. Sheryl Kingsberg and Dr. Allen Seftel.

After our Industry Sponsored lunch we will return to a lively discussion about *Controversies in Stone Disease*. Dr. Humphreys will present his State of the Art Lecture: Stone Disease Diagnosis; Medical Management and Prevention. This will be followed by a panel discussion featuring some of our local colleagues.

Finally, we will have our *Controversies in Voiding Dysfunction* session where we will hear what's new in both female and male surgery management.

As a new addition to this year's program we will conclude with a fun session featuring **Bizarre and Interesting Cases** that will be submitted by residents across the state.

I encourage everyone to join us in Cleveland for what promises to be a great meeting! Please invite your local colleagues and partners to come and participate in the OUS.

Best regards,

Geoffrey Box, MD



2016 ANNUAL SPRING MEETING PROGRAM

MARCH 4-5, 2016		11:10 a.m 11:30 a.m.	The Role of the Urologist in Treating Female HSDD	
Westin Cleveland Downtown, Cleveland, OH			Sheryl Kingsberg, PhD Case Western Reserve University– Cleveland, OH	
Current Controversies in Urology		11:30 a.m 11:50 a.m.	NCS Visiting Professor Lecture: Urological Care	
The General Session is located in <i>Vanda North and South</i> . The Exhibit Hall is located in the <i>Orchid Ballroom</i> . Speakers and times are subject to change.			of the Transgender Patient Dana Ohl, MD University of Michigan – Ann Arbor, MI	
2:00 p.m. – 6:00 p.m. 1:00 p.m. – 5:00 p.m. 6:00 p.m. – 9:00 p.m.	FRIDAY, MARCH 4, 2016 Registration/Information Desk Board of Directors Meeting Exhibit Hall Open	11:50 a.m. –12:20 p.m.	Sexual Medicine Practice Panel Moderator: Allen Seftel, MD Cooper University Hospital – Camden, NJ	
6:00 p.m. – 9:00 p.m. 6:00 p.m. – 7:00 p.m. 7:00 p.m. – 9:00 p.m.	Welcome Reception/Visit Exhibits & Posters Political Speaker Moderated Resident Poster Exhibition Resident Program Chair: Joshua Ebel, MD		 Panelists: Sheryl Kingsberg, PhD Case Western Reserve University – Cleveland, OH Dana Ohl, MD University of Michigan – Ann Arbor, MI Kevin Spear, MD 	
6:30 a.m. – 5:30 p.m.	ATURDAY, MARCH 5, 2016 Registration/Information Desk Open Breakfast In Exhibit Hall Exhibit Hall Open		Center for Urologic Health, LLC – Akron, OH	
6:30 a.m. – 7:30 a.m. 6:30 a.m. – 3:30 p.m.		12:20 p.m 1:30 p.m.	Industry Sponsored Lunch	
7:00 a.m. – 7:30 a.m.	Resident Poster Podium Presentations	1:30 p.m. – 2:40 p.m.	Current Controversies in Stone Disease	
7:30 a.m. – 9:00 a.m.	Live Surgery: PCNL Bodo Knudsen, MD Ohio State University – Columbus, OH	1:30 p.m. – 2:10 p.m.	<u>State of the Art Lecture:</u> Stone Disease Diagnosis; Medical Management and Prevention Mitchell Humphreys, MD Mayo Clinic – Scottsdale, AZ	
	<u>Moderators:</u> Mitchell Humphreys, MD Mayo Clinic – Scottsdale, AZ Leonard Gomella, MD	2:10 p.m. – 2:40 p.m.	Stone Disease Practice Panel Moderator: Bodo Knudsen, MD Ohio State University – Columbus, OH Panelists:	
9:00 a.m. – 9:30 a.m.	Jefferson University Hospitals – Philadelphia, PA Break/Visit Exhibits & Posters		Mitchell Humphreys, MD Mayo Clinic – Scottsdale, AZ	
9:30 a.m. - 10:50 a.m.	Current Controversies in Prostate Cancer		Khaled Shahrour, MD University of Toledo – Toledo, OH	
9:30 a.m. – 9:50 a.m.	What is the Role of the Urologists? Leonard Gomella, MD Jefferson University Hospitals – Philadelphia, PA		Srihanan Sivalingram, MD Cleveland Clinic – Cleveland, OH Mark Stovsky, MD Cleveland Clinic – Cleveland, OH	
9:50 a.m. 10:10 a.m.	Practical Recommendations for the Use of Genetic Testing in Prostate Cancer Andrew Stephenson, MD	2:40 p.m. – 3:10 p.m.	Break/Visit Exhibits & Posters	
		3:10 p.m. – 4:30 p.m.	Current Controversies in Voiding Dysfunction	
10:10 a.m10:40 a.m.	Cleveland Clinic – Cleveland, OH 10 a.m10:40 a.m. Prostate Cancer Practice Panel Moderator: Leonard Gomella, MD Jefferson University Hospitals – Philadelphia, PA		<i>Female</i> : What's New in the Management of Re- fractory Overactive Bladder? Adonis Hijaz, MD <i>University Hospitals- CWRU – Cleveland, OH</i>	
	Panelists: Joshua Nething, MD Center for Urologic Health, LLC – Akron, OH Ahmed Shabsigh, MD Ohio State University – Columbus, OH Andrew Stephenson, MD Cleveland Clinic – Cleveland, OH	3:40 p.m. – 4:00 p.m.	Male: Surgical Management of BPH: The Role of HoLep Mitchell Humphreys, MD Mayo Clinic – Scottsdale, AZ	
		4:00 p.m. – 4:30 p.m.	Male Voiding Dysfunction Practice Panel Moderator: James Ulchaker, MD Cleveland Clinic – Cleveland, OH	
10:40 a.m 10:50 a.m.	Developing a Population-Based Cohort of Prostate Cancer Survivors to Assess Racial Disparities Robert Abouassaly, MD University Hospitals- CWRU – Cleveland, OH Simon P. Kim, MD, MPH University Hospitals- CWRU – Cleveland, OH		Panelists: Mitchell Humphreys, MD Mayo Clinic – Scottsdale, AZ Steven Ochs, MD Urology One Inc Canton, OH Ajay Singla, MD	
10:50 a.m. – 12:20 p.m.	Current Controversies in Sexual Medicine		University of Toledo - Toledo, OH	
10:50 a.m. – 11:10 a.m.	The Changing Face of Male Hypogonadism Allen Seftel, MD Cooper University Hospital – Camden, NJ	4:30 p.m. – 5:00 p.m.	Bizarre and Interesting Cases Moderator: Geoffrey Box, MD Ohio State University - Columbus, OH	
		5:00 p.m. – 5:15 p.m.	Poster Awards	
		5:15 p.m. – 5:30 p.m.	Annual Business Meeting	

NEEDS & OBJECTIVES

NEEDS

The diagnosis and management of urologic stone disease carry with it the obligatory risk of medical or surgical complications. Pre-therapeutic identification of those individuals at specific risk, as well as the early identification of these complications and timely therapeutic intervention to treat them are imperative for the successful management of the disease as well as patient safety.

Percutaneous renal surgery is a specialized area of urology that utilizes image guided access techniques, scopes and special lithotripters to access the urinary tract and remove stones in a minimally invasive manner. Knowledge regarding the best application of this technology, its unique risks to our patients, how to avoid or minimize those risks, and what to do when they do occur is essential. Knowledge of the risks and proper performance of percutaneous renal surgery is imperative.

The medical management of nephrolithiasis can be complex and include initial evaluation, dietary modification, pharmacologic treatment and decisions of appropriate follow-up. Identifying those patients best suited for each option is critical to providing safe, appropriate care. Also, urologists should be aware of the American Urological Association (AUA) guidelines for medical management or kidney stones.

Female Hypoactive Sexual Desire Disorder is a very prevalent sexual disorder in women of all ages. Understanding the evaluation, diagnosis and treatment options are important for practicing urologists. The FDA recently approved the first drug to treat this disorder. Urologists should have knowledge of the indications and side effects of this medication.

Lower urinary tract symptoms secondary to clinical BPH are some of the most common conditions treated by urologists. Usually these symptoms can be managed medically, but surgical intervention is sometimes indicated. Patient and procedure selection is critical to successful patient outcomes.

Medications are used as first-line therapy for overactive bladder (OAB), but surgical options become necessary or are preferred in some patients. There have been advances in these procedures that have brought many benefits and some new complications. The correct use of these procedures has improved the quality of life for many patients but patient selection, complication recognition and management can be complex and understanding these issues is paramount to patient care.

It is imperative that urologists are familiar with the standards of care authored by the World Professional Association for Transgender Health as it relates to the role of the urologists, and the improvement of patient care.

EDUCATIONAL OBJECTIVES

At the conclusion of the OUS 2016 Annual Spring Meeting, attendees should be able to:

- 1. Describe various techniques used in percutaneous renal surgery to maximize outcomes and minimize complications.
- 2. Describe the available genetic tests for assisting with the management of prostate cancer patients.
- Explain the evaluation and management of nephrolithiasis and patient selection for medical expulsive therapy, shock wave lithotripsy, retrograde renal surgery and percutaneous nephrolithotomy (PCNL).
- Recognize the agents and strategies used for refractory overactive bladder and their efficacy and side effects.
- 5. Identify current indications for the appropriate use of testosterone.
- 6. Identify the role of the urologist with transgender patient care.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American College of Legal Medicine and the OUS. The American College of Legal Medicine in accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA CATEGORY 1 CREDITSTM

The American College of Legal Medicine designates this live activity for a maximum of 10.5 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

GENERAL DISCLAIMER

The statements and opinions contained in this program are solely those of the individual authors and contributors and not of the OUS. The appearance of the advertisements is not a warranty, endorsement, or approval of the products or services advertised or of their effectiveness, quality, or safety. The content of this publication may contain discussion of off-label uses of some of the agents mentioned. Please consult the prescribing information for full disclosure of approved uses. The OUS disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in the abstracts or advertisements.

Special Assistance

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help pus better serve you Call (847) 752-6245 if you require special assistance to fully participate in the meeting.

GENERAL MEETING INFORMATION

Registration/Information Desk Hours

Location: Grand Foyer	
Friday, March, 4, 2016	2:00 p.m. – 6:00 p.m.
Saturday, March 5, 2016	6:00 a.m. – 5:30 p.m.

Exhibit Hall Hours Location: Orchid Ba

Location: Orchid Ballroom	
Friday, March 4, 2016	6:00 p.m. – 9:00 p.m.
Saturday, March 5, 2016	6:30 a.m. – 3:30 p.m.

EVENING FUNCITONS

Welcome Reception

Friday, March 4, 2016 Location: Orchid Ballroom

Attire: Business Casual

Cost: Two tickets are included in meeting registration; additional tickets are \$65.00.

REGISTRATION INFORMATION

The Executive Office of the Ohio Urological Society manages registration for the OUS 2016 Annual Spring Meeting. Please call the OUS office at (847) 752-6245 if you have any questions.

6:00 p.m. - 9:00 p.m.

Registration Fee Includes:

Scientific Sessions Two tickets to the Welcome Reception Program Materials

Early Registration Deadline

Meeting Registration forms must be received by the OUS Executive Office by 2/11/16 to receive the discounted early registration rate. All forms received after this deadline will be assessed at the regular registration fee.

Registration Cancellation and Refund Policy

Registration refund requests must be submitted in writing to the OUS Executive Office by no later than 2/11/16. All refund requests will be subject to a \$25 processing fee. No refunds will be made after 2/11/16.

Special Needs

For accommodations on the basis of disability or special dietary needs, please call (847) 752-6245.

Questions

Contact the OUS Executive Office by: Phone: (847) 752-6245 Fax: (847) 960-3861 Website: <u>www.ousweb.org</u> OUS 2016 Annual Spring Meeting | March 4-5, 2016

REGISTRATION FORM

The deadline for discounted early registration is 2/11/16. After 2/11/16, regular fees will apply to online & onsite registration. Registration fees are subject to change. To lock in these rates, register now!

Please select the category that best describes your status:

☐ Student/Trainee ☐ ☐ Fellow	□ Urology Fellow □ Industry Employee □ Resident □ Researcher	D Physician	Din Non-Physician Provider		
or by email donna@ousweb.org to	contact Sue O'Sullivan in the Industry I receive information regarding the exh	Relations Department at (84) ibiting and promotional part	7) 752-6249 nerships.		
How did you learn about this conference? (Check a	ll that apply)				
 Advertisement in Professional Journal Member Newsletter Word-of-Mouth/Colleague 	Calendar/Monthly ListingRegistration Brochure Mailer	EmailWebsite			
Please print clearly:					
Name:					
	ree(s): Badge First Name:				
Address:					
City:					
Phone:					
Email:					
MEETING REGISTRATION Registration Categories					
	EARLY DISCOUNTED (after 2/11/16)	REGULAR FEES (after 2/11/16)	TOTAL COST		
📮 Member	\$150	\$175	=\$		
D Nonmember	\$225	\$275	=\$		
Senior Member	\$150 \$75	\$175 \$100	=\$		
 Allied Health Professional PA/NP Member Allied Health Professional PA/NP Non Member 	\$75 r \$125	\$100 \$150	=\$ =\$		
Urology Resident	Complimentary	Complimentary	-\$		
Urology Fellow	Complimentary	Complimentary			
□ Urology Student	Complimentary	Complimentary			
TOTAL REGISTRATION FEE			=\$		

BACK BY POPULAR DEMAND...

Resident Registration Package Free for Ohio Urology Residents. The Ohio Urological Society is pleased to offer again this year the Resident Registration Package – FREE for Ohio Urology residents! This package includes:

Meeting Registration

- D Two Tickets for the Welcome Reception; and
- One Night's Room and Tax at the Westin Cleveland Downtown Hotel

Simply register for the meeting on the meeting registration form and mark the night you need accommodations. The OUS Executive Office will make your hotel reservations and send a confirmation number approximately two weeks prior to the meeting.

Requests for hotel reservations must be submitted by 2/11/16.

Hotel Reservations for Urology Residents You will receive confirmation of your hotel reservations about two weeks prior to the meeting date. Please make reservations for me at The Westin Cleveland Downtown Hotel for: Friday, March 4, 2016

PAYMENT INFORMATION

The Ohio Urological Society requires full payment for registration fees and al additional tickets by check or credit card.

	Check (Payable to OUS)	🗆 Visa	□ MasterCard	
Credit Card	#:			
Expiration	Date:			_CVV#:
Name on C	redit Card:			
Billing Add	lress:			

The issuer of the card identified on this item is authorized to pay the amount shown as TOTAL upon proper presentation. I promise to pay such TOTAL (together with any other charges due thereon) subject to and in accordance with the agreement governing the use of such card.

Signature:

If paying by check, please forward payment to:

Ohio Urological Society Attn: Registration 16 Montclair Avenue, Suite 2 Montclair, NJ 07042

Registration Cancellation & Refund Policy

Registration refund requests must be submitted in writing to the Ohio Urological Society Executive Office by 2/11/16. All refund requests will be subject to a \$25 processing fee. No refunds will be made after 2/11/16.

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The Westin Cleveland Downtown

777 Saint Clair Ave, NE Cleveland, OH 44114 Main: (216) 771-7700 Website: www.westincleveland.com

Reservation Link: https://www.starwoodmeeting.com/Book/OUS2016

Room Rate: OUS has negotiated a discounted rate of \$149.00 per night plus tax (currently 16.5%) at the Westin Cleveland Downtown Hotel.

Hotel Deadline: The deadline to receive the OUS group rate is 2/6/16. OUS encourages you to make your reservations early, as the hotel and discount block may sell out before this date. After this date, reservations will be accepted based on availability and higher rates may apply.

Reservations: Attendees are responsible for making their own reservations by calling (216) 771-7700 or online at https://www.starwoodmeeting.com/Book/OUS2016.

Hotel Deposit and Cancellation Policy: 24 hour cancellation policy

Valet Parking: \$30/day

DIRECTIONS & TRANSPORTATION

From Cleveland Hopkins Intl Airport

* From the airport, take the OH-237 North ramp toward Interstate 71 North / Interstate 480 / Cleveland

* Merge onto Berea Freeway North Berea Freeway North merges into I-71 North

- * I-71 North merges into Interstate 90 East
- * Merge onto US-422 West / OH-43 / OH-14 West / OH-8
- * Take Exit 171 B toward Ontario Street
- * Turn right onto Saint Clair Avenue NE
- * Proceed past East 6th Street and the hotel is on the left

From Akron-Canton Regional Airport

- * Take 77 North and merge onto 90 East
- * Continue on 90 East to the East 9th Street exit
- * Take East 9th Street to Saint Clair Avenue
- * Make a left on to Saint Clair Avenue
- * Hotel is ahead on the right hand side

From East

- * Take 90 West to Route 2 West to the East 9th Street Exit
- * Make a left onto East 9th Street
- * Take East 9th Street 2 blocks to Saint Clair Avenue
- * Make Right on Saint Clair Avenue
- * The hotel is ahead on the right hand side

From West

- * Take 90 East to the East 9th Street Exit
- * Take East 9th Street to Saint Clair Avenue
- * Make a right onto Saint Clair Avenue
- * The hotel will be ahead on the right hand side

From Highway 77

- * From 77 take the East 9th Street exit to Saint Clair Avenue
- * Make a left onto Saint Clair Avenue
- * The hotel will be ahead on the right hand side

From Highway 71

- * From 71 merge on to I-90 East
- * Take the East 9th Street exit
- * Once on East 9th Street, go 7 traffic lights to Saint Clair Avenue
- * Make a left on to Saint Clair Avenue
- * The hotel will be ahead on the right hand side

Airport

From Cleveland Hopkins Intl Airport

Taxi Fee: Approximately \$35 Travel Time: 15-30 minutes

Shima Limousine Travel Time: 15-30 minutes Contact: (440) 918-6400 or toll-fee (888) 546-6288; Reservation required and should be made at least 24 hours in advance

Train / Amtrak The rail station is less than one mile to our hotel.

Public Transit

Greater Cleveland Regional Transit Authority (RTA)

Fee: \$2.50 Travel Time: 30 minutes Departures: Every 15 minutes Location: Located on the lower level of the main terminal Service between CLE and downtown Cleveland via the Tower City Station



OHIO UROLOGICAL SOCIETY 16 Montclair Avenue, Suite 2 Montclair, New Jersey 07042

MARK YOUR CALENDARS!

American Urological Association 2016 Annual Meeting May 6-10, 2016 San Diego, CA

North Central Section 90th Annual Meeting September 7-11, 2016 Fairmont Chicago Hotel Chicago, IL