

January –March 2015 Training Calendar

View classes and register at: <https://cssd.ctclearinghouse.org>

◀ This “Winter Spring 2015” calendar was updated on January 23, 2015

Court Support Services Division



CSSD Training Calendar administered by Wheeler Clinic, Inc.

Inclement Weather/ Cancellation Line for classes found in this calendar:

860-793-7227

INSTRUCTIONS FOR USING THIS CSSD TRAINING CALENDAR AND WEBSITE

Welcome!

This booklet contains the CSSD Training Calendar administered by Wheeler Clinic. This new calendar of classes for July through September, 2014, is also found online and can be accessed through the Training Calendar website, <https://cssd.ctclearinghouse.org>. If you have previously saved this URL as a "favorite", you may have to re-enter it into your browser in order to see the current calendar as new information is added often.

We would encourage you to become familiar with the CSSD registration system and online catalog of courses. The most current version of the catalog will always be online. Only three calendar months of trainings are available for registration.

If you wish to register all students online under one supervisor's name, you may use the same email address for multiple students but each student must have their own student account and have a unique password. All training registrations must be in the name of the student who is attending that training. This is the only way to register for the CSSD classes found in this calendar. Please keep a list of your staff's passwords at your office. If you forget a password, call Wheeler Clinic at 860-793-2164.

When registering for a class online, be sure to click on the "complete" button on the last registration screen. This reserves your spot in the training. If you do not do this, the registration is not saved. After registration online is completed, the system will immediately send an automated confirmation to the primary email address on the student account.

If your staff members do not have access to computers, you may copy the faxable "student account" form on page 4, fill one out for each student and fax it to Wheeler Clinic at 860-793-9813. Each student will be registered by a Wheeler staff. Also, you will be able to register for classes by phone (instructions are found on page 3). An email address or fax number must be given in order to receive confirmation. If a student or his/her supervisor can't be contacted by email; the fax or phone number given to Wheeler Clinic will be used to notify you about canceled classes, etc.

Please remember, if a student cannot attend a class, Wheeler Clinic should be notified as soon as possible by email or phone. There are often waiting lists to get into classes and as much notice as possible is helpful to notify other potential students.

Important! Please note -

Before creating an account, you must check with your Program Director to be sure that your agency AND your specific program is funded under an existing CSSD contract. You cannot attend trainings unless your program is *currently* funded.

Thank you for your interest and cooperation,
CSSD Training Academy



INSTRUCTIONS FOR STUDENTS WITHOUT EMAIL ACCESS:

To create a student account, **either:**

ONLINE:

If you can access the internet on a computer, type this URL into the address bar:

<https://cssd.ctclearinghouse.org/>

- OR -

FAX:

1. Complete the student account form (on page 4) and fax it to Wheeler Clinic - make sure that you select a password. Please make sure that you supply us with your fax number in the space provided. Use the faxable form on the next page. **PLEASE GIVE US AN EMAIL ADDRESS**, even if it's your personal one. We are not able to fax all of the student correspondence.
1. If you cannot use a computer to sign up for a class, call 860-793-2164 and ask to speak with someone about the CSSD Training Calendar. They will need your name and your password to put you into the class. We can fax you a confirmation and directions.
2. If you are unable to attend, please call Wheeler Clinic as soon as you know that you won't be able to attend.
3. If the class is canceled or the location changes, we will use the email, phone number and/or fax that you gave in your student account information to contact you. If this information changes, please call us and let us know.
4. If you become able to use email for class registration, please let us know so that we can change your student account to notify you by email.

Directions to our training facilities are at the end of this catalog.

If you are unable to attend a class, please call or email Wheeler Clinic:

Phone: 860-793-2164

Email: CSSDCalendar@wheelerclinic.org

Inclement Weather/Cancellation Line
(for any CSSD classes found in this calendar)

860-793-7227

CSSD Training Calendar Student Account Information

↻ Please use this faxable form ONLY if you are unable to register online ↻

If you have registered for trainings in the past and changed your name or moved to a different agency which is funded by CSSD, please do not create a new account! Give us a call and we would be happy to re-activate your old one so that your CSSD training history will be within a single account on the CSSD Training Calendar database.

Fill in ALL fields, and please print neatly. Call if you have any questions: 860-793-2164.

First Name: _____ Last Name: _____

Job Title: _____

Contractor (I work for an agency funded by CSSD)

CSSD Employee (I work for CSSD)

Account Type. Check only one side and fill in all info on that side:

AGENCY NAME _____

DEPARTMENT _____

PROGRAM _____

PROGRAM MANAGER _____

WORK ADDRESS _____

WORK ADDRESS _____

CITY/STATE/ZIP _____

CITY/STATE/ZIP _____

WORK PHONE _____

WORK PHONE _____

CELL PHONE _____

CELL PHONE _____

EMAIL * _____

EMAIL * _____

THIS IS YOUR USER NAME. ALL CSSD CALENDAR CORRESPONDENCE WILL GO TO THIS ADDRESS

THIS IS YOUR USER NAME. ALL CSSD CALENDAR CORRESPONDENCE WILL GO TO THIS ADDRESS

PASSWORD (6 CHARACTERS) _____

PASSWORD (6-DIGIT CSSD ID NUMBER) _____

6 CHARACTERS ONLY. USE THIS PASSWORD TO ACCESS YOUR STUDENT ACCOUNT

6 NUMBERS ONLY. USE YOUR CSSD ID TO ACCESS YOUR STUDENT ACCOUNT

ALTERNATE EMAIL (OPTIONAL) _____

ALTERNATE EMAIL (OPTIONAL) _____

* IF YOU DO NOT HAVE ACCESS TO WORK EMAIL AND CANNOT USE A HOME EMAIL ADDRESS, PLEASE USE SUPERVISOR'S OR CONTACT US FOR ALTERNATE COMMUNICATION OPTION.

Fax Number (MANDATORY if you have no email) _____

Who manages your account? (check one): Myself My Supervisor

Supervisor's Name: _____

Supervisor Contact Info: Phone or Email: _____

Supervisors: If you are creating and submitting account forms for your staff, you may use your email address for multiple accounts, but each account must have a unique password. All correspondence, including reminders and updates, will go to your email address. You will need to disseminate this information to the student in a timely manner.

↻ Enter your training choices below. You may register for classes within the current month, and 2 months ahead ↻

Class Name

Date of Class

Class Name	Date of Class

Fax this form to: **860-793-9813**

Or mail to: **CSSD Training Calendar at Wheeler Clinic, Inc.
334 Farmington Avenue, Plainville, CT 06062
Attn: D. Winiarski or C. Sisco**

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CSSD Course Offerings by Date— January

Borderline Personality Disorder—1415b Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Mary K. O’Sullivan	Mon. January 5, 2015
Female Responsive Culture and Strategies—1415e Location: Community Solutions, Windsor, CT Time: 9:00 AM — 4:00 PM Instructor: Cindy Peterson, MS	Tue. January 6, 2015
CDCS-CYFSC New User Training—1415x Location: East Hartford Training Center, East Hartford, CT Time: 9:30 AM — 1:00 PM Instructor: Brian McLaughlin	Wed. January 7, 2015 CANCELLED
JAG Administration (Scoring)—1415d Location: Plainville Business Center, 3rd floor, Training Center 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Casey O’Neill	Wed. January 7, 2015
When Pink and Blue Are Not Enough (PART ONE)—1415b1 Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 12:00 PM Instructor: Robin P. McHaelen, MSW	Thu. January 8, 2015
When Pink and Blue Are Not Enough (PART TWO)—1415b2 Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 1:00 PM— 4:00 PM Instructor: Robin P. McHaelen, MSW	Thu. January 8, 2015
CDCS-AIC New User Training—1415e Location: East Hartford Training Center, East Hartford, CT Time: 9:30 AM — 3:00 PM Instructor: Brian McLaughlin	Fri. January 9, 2015
Mental Health & Co-Occurring Disorders—1415c Location: Plainville Business Center, 3rd floor, Training Center 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Mary K. O’Sullivan	Mon. January 12, 2015
Motivational Interviewing (3-day)— 1415c Location: Community Solutions, Inc., Windsor, CT Time: 9:00 AM — 4:00 PM Instructor: Tiffany Parkhouse	Mon. January 12, Wed. January 14, & Wed. January 21, 2015 CANCELLED
Motivational Interviewing (3-day)— 1415d Location: Community Solutions, Inc., Windsor, CT Time: 9:00 AM — 4:00 PM Instructor: Tiffany Parkhouse	Wed. January 14, Wed. January 21, & Wed. February 4

CSSD Course Offerings by Date—January

<p>Overview of Alternative in the Community Interventions—1415c Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Lisa Brandes</p>	Thu. January 15, 2015
<p>Overview of Educational Advocacy—1415c Location: Plainville Business Center, 3rd floor, Training Center 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Bet Gailor & Jillian Griswold</p>	Thu. January 15, 2015
<p>CDCS-ABHS New User Training— 1415e Location: East Hartford Training Center, East Hartford, CT Time: 9:30 AM — 1:00 PM Instructor: Brian McLaughlin</p>	Fri. January 16, 2015
<p>Intro to Trauma—1415d Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Judy McCusker, MA</p>	Tue. January 20, 2015
<p>The Council for Boys and Young Men (2-day)—1415a Location: ITBD, CCSU Room 322, New Britain, CT Time: 8:30 AM — 4:30 PM Instructor: Dan Bland & Victoria Mahand</p>	Tue. January 20 & Wed. January 21, 2015
<p>The Lifestyle & Culture of Today's Youth—1415b Location: Plainville Business Center, 3rd floor, Training Center 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Kamora Le'Ella Herrington & Robin P. McHaelen, MSW</p>	Tue. January 20, 2015
<p>Cognitive Behavioral Therapy (2-day)—1415g Location: North Mountain Road Facility in New Britain, CT (Day 1) Community Solutions, Windsor, CT (Day 2) Time: 9:00 AM — 4:00 PM Instructors: Raymond "Chip" Tafrate, Ph.D</p>	Fri. January 23 & Fri. January 30, 2015
<p>The Effects or Impact of Hispanic Culture (2-day)—1415c Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Luis Anez-Nava, Ed.S., Psy.D</p>	Thu. January 22 & Thu. January 29, 2015
<p>VOICES (2-day)—1415c Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Kimberly Sokoloff Selvaggi</p>	Mon. January 26 & Wed. January 28, 2015
<p>CDCS-CYFSC New User Training—1415y Location: East Hartford Training Center, East Hartford, CT Time: 9:30 AM — 1:00 PM Instructor: Brian McLaughlin</p>	Tue. January 27, 2015

CSSD Course Offerings by Date—January

<p>Girls Circle Facilitator Training (2-day) (Facilitators Only)—1415a Location: ITBD, CCSU Room 313, New Britain, CT Time: 8:30 AM — 4:30 PM Instructors: Giovanna Taormina & Victoria Mahand, MSW</p>	<p>Tue. January 27 & Wed. January 28, 2015</p>
<p>Strength-Based Approaches for Working with Youth—1415f Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Raymond “Chip” Tafrate, Ph.D</p>	<p>Thu. January 29, 2015</p>

CSSD Course Offerings by Date—February

<p>MET/CBT/FSN (4-day)—1415c Location: Community Solutions, Inc., Windsor, CT Time: 9:00 AM — 4:00 PM Instructor: Cindy Peterson, MS</p>	<p>Tue. February 3, Wed. February 4, Thu. February 5 & Fri. February 6, 2015</p>
<p>Motivational Interviewing (2-day)—1415g Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Tracy Eckert, LPC, LADC</p>	<p>Thu. February 5 & Tue. February 10, 2015</p>
<p>CDCS-AIC New User Training—1415f Location: East Hartford Training Center, East Hartford, CT Time: 9:30 AM — 3:00 PM Instructor: Brian McLaughlin</p>	<p>Fri. February 6, 2015</p>
<p>Trauma Informed Professionals (TIPS) (3-day)—1415b Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Mary K. O’Sullivan</p>	<p>Fri. February 6, Wed. February 18 & Wed. March 25, 2015</p>
<p>Group Facilitation—1415g Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Jessica Fraser</p>	<p>Mon. February 9, 2015</p>
<p>Professional Ethics & Boundaries/Time-Management for Support Staff—1415a Location: Plainville Business Center, 3rd Floor, Training Room1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Tiffany Parkhouse & Gina Ohanesian, MSOB</p>	<p>Fri. February 13, 2015</p>
<p>CDCS-ABHS New User Training—1415f Location: East Hartford Training Center Time: 9:30 AM — 1:00 PM Instructors: Brian McLaughlin</p>	<p>Fri. February 13, 2015</p>
<p>Intro to Trauma—1415e Location: CT Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Judy McCusker, MA</p>	<p>Tue. February 17, 2015</p>
<p>LSI/ASUS-r (4-day)—1415c Location: Plainville Business Center, 3rd Floor, Training Room1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Richard Pavasaris</p>	<p>Thu. February 19, Fri. February 20, Mon. February 23 &</p>
<p>Client Engagement (2-day)—1415 Location: North Mountain Road Facility in New Britain, CT Time: 9:00 AM — 4:00 PM Instructor: Raymond “Chip” Tafrate, Ph.D</p>	<p>Thu. February 19 & Fri. February 20, 2015</p>

CSSD Course Offerings by Date—February

<p>Human Trafficking (PART ONE)— 1415c Location: ITBD, CCSU Room 322, New Britain, CT Time: 9:00 AM — 4:00 PM Instructors: Stefania Agliano & Bryan Hall</p>	<p>Fri. February 20, 2015</p>
<p>Family Mediation—1415b Location: ITBD, CCSU Room 305, New Britain, CT Time: 9:00 AM — 4:00 PM Instructor: Brenda Cavanaugh</p>	<p>Mon. February 23 & Fri. February 27, 2015</p>
<p>Aggression Replacement Training (2-day)—1415f Location: Connecticut Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Lisa Brandes</p>	<p>Tue. February 24 & Wed. February 25, 2015</p>
<p>JAG Administration—1415e Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Casey O’Neill</p>	<p>Wed. February 25, 2015</p>
<p>Frameworks of Effective Interventions for Juveniles & Intro to Juvenile Justice—1415a Location: CT Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Daisy Ortiz, Carmen Garcia & Denise A. Kupstis</p>	<p>Thu. February 26, 2015</p>
<p>Frameworks of Effective Interventions for Adults—1415c Location: North Mountain Road Facility in New Britain, CT Time: 9:00 AM — 4:00 PM Instructor: Brian DeLude</p>	<p>Fri. February 27, 2015</p>

CSSD Course Offerings by Date—March

<p>Management Skills for Support Staff (Open to Admin Staff only)—1415e Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Deanne Shapiro</p>	Tue. March 3, 2015
<p>Vicarious Trauma - Managing the Flames without Getting Scorched —1415b Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Mary K. O’Sullivan</p>	Wed. March 4, 2015
<p>Cognitive Behavioral Therapy (2-day)—1415h Location: North Mountain Road Facility in New Britain, CT Time: 9:00 AM — 4:00 PM Instructor: Raymond “Chip” Tafrate, Ph.D</p>	Thu. March 5 & Fri. March 6, 2015
<p>CDCS– AIC New User Training—1415g Location: East Hartford Training Center Time: 9:30 AM — 3:00 PM Instructor: Brian McLaughlin</p>	Fri. March 6, 2015
<p>Suicide Prevention—1415c Location: CT Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Tracy Eckert, LPC, LADC</p>	Mon. March 9, 2015
<p>JAG Overview—1415e Location: CT Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 1:00 PM Instructor: Casey O’Neill</p>	Tue. March 10, 2015
<p>Strength-Based Approaches for Working with Youth—1415g Location: CT Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Raymond “Chip” Tafrate, Ph.D</p>	Thu. March 12, 2015
<p>CDCS– ABHS New User Training—1415g Location: East Hartford Training Center Time: 9:30 AM — 1:00 PM Instructor: Brian McLaughlin</p>	Fri. March 13, 2015
<p>Criminal Thinking & Anti-Social Logic—1415d Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Damon Mitchell, Ph.D</p>	Fri. March 13, 2015
<p>Women’s Issues in Treatment—1415c Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Mary K. O’Sullivan</p>	Wed. March 18, 2015

CSSD Course Offerings by Date—March

<p>Female Responsive Culture & Strategies—1415f Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Cindy Peterson, MS</p>	Thu. March 19, 2015
<p>Grief and Loss—1415b Location: CT Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Maureen & Michael Donegan</p>	Fri. March 20, 2015
<p>Human Trafficking (PART TWO)—1415c Location: Plainville Business Center, 3rd Floor, Training Room 1 in Plainville, CT Time: 9:00 AM — 4:00 PM Instructors: Stefania Agliano & Bryan Hall</p>	Fri. March 20, 2015
<p>Overview of Interventions—1415c Location: CT Clearinghouse, Conference Room in Plainville, CT Time: 9:00 AM — 4:00 PM Instructor: Judy McCusker, MA</p>	Tue. March 24, 2015

CSSD Course Offerings by Name

Name	Instructor	Location	Dates
Aggression Replacement Training (2-day)	Lisa Brandes	CT Clearinghouse Conference Room	Tue. February 24 & Wed. February 25, 2015
Borderline Personality Disorder	Mary K. O'Sullivan	CT Clearinghouse Conference Room	Mon. January 5, 2015
Client Engagement (2-day)	Raymond "Chip" Tafrate, Ph.D	Wheeler Clinic North Mountain Road New Britain, CT	Thu. February 19 & Fri. February 20, 2015
CDCS-ABHS New User Training	Brian McLaughlin	East Hartford Training Center	Fri. January 16, 2015 Fri. February 13, 2015 Fri. March 13, 2015
CDCS-AIC New User Training	Brian McLaughlin	East Hartford Training Center	Fri. January 9, 2015 Fri. February 6, 2015 Fri. March 6, 2015
CDCS-CYFSC New User Training	Brian McLaughlin	East Hartford Training Center	Wed. January 7, 2015 CANCELLED Tue. January 27, 2015
Cognitive Behavioral Therapy (2-day)	Raymond "Chip" Tafrate, Ph.D	Wheeler Clinic North Mountain Road New Britain, CT	Fri. January 23 & Fri. January 30, 2015 (1/30 Location: Community Solutions, Windsor, CT) Thu. March 5 & Fri. March 6, 2015

CSSD Course Offerings by Name

Criminal Thinking & Anti-Social Logic	Damon Mitchell, Ph.D	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Fri. March 13, 2015
Family Mediation	Brenda Cavanaugh	ITBD, CCSU Room 305 New Britain, CT	Mon. February 23 & Fri. February 27, 2015
Female Responsive Culture & Strategies	Cindy Peterson, MS	Community Solutions Inc. Windsor, CT Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Tue. January 6, 2015 Thu. March 12, 2015
Frameworks of Effective Interventions for Adults	Brian DeLude	Wheeler Clinic North Mountain Road New Britain, CT	Fri. February 27, 2015
Frameworks of Effective Interventions for Juveniles & Intro to Juvenile Justice	Daisy Ortiz, Carmen Garcia & Denise A. Kupstis	CT Clearinghouse Conference Room	Thu. February 26, 2015
Girls Circle Facilitator Training 2-day (Facilitators only)	Giovanna Taormina & Victoria Mahand, MSW	ITBD, CSSU Room 313 New Britain, CT	Tue. January 27 & Wed. January 28, 2015
Grief and Loss	Maureen & Michael Donegan	CT Clearinghouse Conference Room	Fri. March 20, 2015
Group Facilitation	Jessica Fraser	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Mon. February 9, 2015
Human Trafficking (PART ONE)	Stefania Agliano & Bryan Hall	ITBD, CSSU Room 322 New Britain, CT	Fri. February 20, 2015
Human Trafficking (PART TWO)	Stefania Agliano & Bryan Hall	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Fri. March 20, 2015

CSSD Course Offerings by Name

Name	Instructor	Location	Dates
Intro to Trauma	Judy McCusker, MA	CT Clearinghouse Conference Room	Tue. January 20, 2015 Tue. February 17, 2015
JAG Administration	Casey O'Neill	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Wed. January 7, 2015 Wed. February 25, 2015
JAG Overview	Casey O'Neill	CT Clearinghouse Conference Room	Tue. March 10, 2015
LSI/ASUS-r (4-day)	Richard Pavasaris	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Thu. February 19, Fri. February 20, Mon. February 23 & Tue. February 24, 2015
Management Skills for Support Staff (Open to Admin Staff Only)	Deanne Shapiro	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Tue. March 3, 2015
Mental Health & Co-Occurring Disorders	Mary K. O'Sullivan	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Mon. January 12, 2015
MET/CBT/FSN (4-day)	Cindy Peterson, MS	Community Solutions, Inc. Windsor, CT	Tue. February 3, Wed. February 4, Thu. February 5 & Fri. February 6, 2015
Motivational Interviewing (2-day)	Tracy Eckert, LPC, LADC	CT Clearinghouse Conference Room	Thu. February 5 & Tue. February 10, 2015

CSSD Course Offerings by Name

Name	Instructor	Location	Dates
Motivational Interviewing (3-day)	Tiffany Parkhouse	Community Solutions, Inc. Windsor, CT	Mon. January 12, Wed. January 14 & Wed. January 21, 2015 CANCELLED Wed. January 14, Wed. January 21, & Wed. February 4, 2015
Overview of Alternative in the Community Interventions	Lisa Brandes	CT Clearinghouse Conference Room	Thu. January 15, 2015
Overview of Educational Advocacy	Bet Gailor & Jillian Griswold	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Thu. January 15, 2015
Overview of Interventions	Judy McCusker, MA	CT Clearinghouse Conference Room	Tue. March 24, 2015
Professional Ethics & Boundaries/Time Management for Support Staff	Tiffany Parkhouse & Gina Ohanesian, MSOB	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Fri. February 13, 2015
Strength-Based Approaches for Working with Youth	Raymond "Chip" Tafrate, Ph.D	Wheeler Clinic Plainville Business Center Third Floor Training Center 1 CT Clearinghouse Conference Room	Thu. January 29, 2015 Thu. March 12, 2015
Suicide Prevention	Tracy Eckert, LPC, LADC	CT Clearinghouse Conference Room	Mon. March 9, 2015

CSSD Course Offerings by Name

Name	Instructor	Location	Dates
The Council for Boys and Young Men (2-day) (Facilitators only from Juvenile Residential Services)	Dan Bland & Victoria Mahand	ITBD, CCSU Room #322 New Britain, CT	Tue. January 20 & Wed. January 21, 2015
The Effects or Impact of Hispanic Culture on Community Supervision (2-day)	Luis Anez-Nava, Ed.S., Psy.D	CT Clearinghouse Conference Room	Thu. January 22 & Thu. January 29, 2015
The Lifestyle & Culture of Today's Youth	Kamora Le'Ella Herrington & Robin P. McHaelen, MSW	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Tue. January 20, 2015
Trauma Informed Professionals— TIPS (3-day)	Mary K. O'Sullivan	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Fri. February 6, Wed. February 18 & Wed. March 25, 2015
Vicarious Trauma— Managing the Flames Without Getting Scorched	Mary K. O'Sullivan	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Wed. March 4, 2015
VOICES (2-day)	Kimberly Sokoloff Selvaggi	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Mon. January 26 & Wed. January 28, 2015

CSSD Course Offerings by Name

Name	Instructor	Location	Dates
When Pink and Blue are not Enough (PART ONE)	Robin P. McHaelen, MSW	CT Clearinghouse Conference Room	Thu. January 8, 2015
When Pink and Blue are not Enough (PART TWO)	Robin P. McHaelen, MSW	CT Clearinghouse Conference Room	Thu. January 8, 2015
Women's Issues in Treatment	Mary K. O'Sullivan	Wheeler Clinic Plainville Business Center Third Floor Training Center 1	Wed. March 18, 2015

CSSD Course Offerings with Descriptions

Aggression Replacement Training (ART) (2-days)

Instructor: Lisa Brandes

These sessions will review the ART curriculum developed by Arnold Goldstein, Barry Glick and John Gibbs. ART is comprehensive, multi-modal curriculum, composed of skill streaming, Anger Control Training and Moral Reasoning Training. These three components attempt to address the behavioral, emotional and cognitive needs of clients to make pro-social changes in changing aggressive behavior. The training will cover all three components of the curriculum, with demonstrations as well as hands-on learning opportunities.

Course Learning Objectives:

1. Participants will be able to run 30 sessions with integrity and fidelity reducing risk and recidivism

Borderline Personality Disorder

Instructor: Mary K. O'Sullivan

This course will review the etiology and symptoms of Borderline Personality Disorder and their impact upon the client's thinking, emotions, and behaviors. Effective strategies to maximize successful interactions with clients with Borderline Personality disorder will be discussed. Basic techniques of Dialectic Behavior Therapy (DBT) will be overviewed to assist in an understanding of the client's perceptions and reactions and ways to help them manage them.

Course Learning Objectives:

1. To identify prevalent symptoms of Borderline Personality Disorder (BPD)
2. To understand the effects of BPD on thinking, emotions, and behaviors
3. To discuss the effects of substances of abuse on the symptoms of BPD
4. To overview the current "best practice models" utilized to stabilize and treat clients with BPD to include DBT

CDCS-(ABHS, AIC & CYFSC) New User Training (1/2-day)

Instructor: Brian McLaughlin

CDCS New User Training provides an in-depth look at how CDCS data is used to measure client outcomes. Largely a hands-on training, participants will learn all aspects of CDCS data entry. Using a copy of the "real" CDCS website, users will practice entering client data, using the search feature and running reports in a manner that will prepare them to do the same in their offices.

Course Learning Objectives:

1. Staff will learn how CDCS data drives decision making about programs and services
2. Staff will acquire the practical skill of entering CDCS data accurately and in a timely manner
3. Staff will understand how reports are used to manage client data
4. Staff will learn about the CDCS data quality review process

Client Engagement (2-days)

Instructor: Raymond "Chip" Tafrate, Ph.D.

This 2-day training course is focused on advanced applications **(continued on next page...)**

CSSD Course Offerings with Descriptions

(Client Engagement continued...) of Motivational Interviewing (MI). *Therefore, a beginning MI course is a prerequisite and must be taken before Client Engagement.* On day one, practitioners will increase their overall MI proficiency by participating in advanced exercises targeting the core skills of reflecting and summarizing. Following a review of current research findings related to client change language (e.g., preparatory change talk, mobilizing change talk, and sustain-talk), practitioners will fine-tune their ability to recognize, reinforce, and respond to change talk that commonly emerges with justice-involved clients. The focus of day two is transitioning the use of MI skills to group formats. Following a review of general guidelines for using MI in groups, practitioners will participate in a series of structured real-play exercises and receive feedback while actually running small groups. Group exercises will correspond to the newly identified phases of group work: engaging the group, exploring perspectives, broadening perspectives, and moving into action.

Course Learning Objectives:

1. Increase proficiency in the core MI skills of reflecting and summarizing
2. Be able to recognize, elicit, and reinforce justice-involved clients' own reasons for changing self-defeating behaviors
3. Understand important guidelines and the four core processes for using MI in groups
4. Practice strategies for engaging groups
5. Become skilled at moving group members toward actions likely to decrease criminogenic risks and increase pro-social activities

Cognitive Behavioral Therapy (CBT) (2-days)

Instructor: Raymond "Chip" Tafrate, Ph.D.

This 2-day training course is focused on developing foundational skills in Cognitive-Behavioral Therapy (CBT) for justice-involved clients. As a group of interventions, CBT approaches are currently the most empirically supported change strategies for helping people who suffer from a wide variety of emotional, behavioral, and personality problems. Practitioners will become familiar with the critical distinctions between traditional mental health treatment and programming for justice-involved clients. Basic principles of the CBT model and the three historical waves of CBT will be reviewed. Practitioners will learn to recognize and elicit a range of relevant thinking patterns commonly found among justice-involved adolescents and adults and to incorporate thinking targets into case management, supervision, and programming. Finally, practitioners will have opportunities to practice CBT conversations about client values and life priorities and several CBT sequences designed to improve client decision-making. Through a series of structured learning activities that include small group exercises, role-plays, and 'real'-plays, practitioners will develop basic skills so that they can immediately apply CBT interventions with their own clients.

Course Learning Objectives:

1. Develop a basic level of proficiency in CBT so that the model can be utilized with justice-involved adolescents and adults
2. Understand the various historical influences that shape current CBT programs and practice.
3. Recognize the distinctions between traditional mental health treatment and programming for forensic clients
4. Be able to identify critical thinking patterns in current ongoing cases
5. Conceptualize thinking targets as part of an overall case management, supervision, and programming plan **(continued on next page...)**

(Cognitive Behavioral Therapy continued...)

6. Practice CBT conversations about clients' values and life priorities
7. Become skilled at CBT sequences designed to improve client day-to-day decision-making

Criminal Thinking and Anti-Social Logic

Instructor: Damon Mitchell, Ph. D.

This introductory course concerns the nature of thinking patterns associated with the criminal, antisocial, and self-destructive patterns of behavior often observed in justice-involved clients. Through lecture, group discussion, and role play, participants will be introduced to diagnostic models of criminality, specific thinking patterns that may underlie criminal behavior patterns, and practice responding to criminal thinking statements.

Course Learning Objectives:

1. Understand current diagnostic systems related to criminal behavior patterns
2. Identify specific thinking patterns when expressed by justice-involved clients
3. Respond to criminal thinking statements in a productive manner that avoids resistance and confrontation

Family Mediation

Instructor: Brenda Cavanaugh

This workshop will address how to effectively communicate during conflict, with a particular focus on participants as third party assistants to families in conflict. Participants will learn basic skills to communicate in a nonviolent way creating a safe environment in which to address issues. The workshop will cover: attitudes to conflict; the tenets of Nonviolent Communication, created by Marshall Rosenberg, PhD; active listening; informal mediation; brainstorming solutions; dealing with challenging people and creating agreements. Participants will learn how to apply these skills to family conflict with an emphasis on mediating crisis situations, conflict coaching, and conflict communication skills.

Course Learning Objectives:

Participants will be able to:

1. Define interpersonal conflict and give real-life examples
2. List at least 2 styles/approaches to conflict
3. Construct an effective confrontation statement using observations, feelings, needs and requests
4. Employ brainstorming to create a list of solutions
5. Construct balanced, detailed and realistic agreements

Family Support Network (FSN Component to MET/CBT)

Instructors: Tiffany Parkhouse & Cindy Peterson, MS

This session will only address the Family Support Network (FSN) component of the MET/CBT/FSN curriculum. Only the students who attended the 3 day MET/CBT training in the past are required to attend in order to receive their full credit for the 4 day MET/CBT/FSN training.

Course Learning Objectives:

Coming Soon

CSSD Course Offerings with Descriptions

Female Responsive Culture and Strategies

Instructor: Cindy Peterson, MS

This training is designed to raise participants' awareness about women/girls' unique needs and provide them with skills that will help them to work with females more effectively. The training connects participants to information and research on female psychosocial development, women's unique needs, the principles of gender specific programming for women and describes best practices that can be integrated into the structure and operations of programs. This training is interactive and draws from participant experience and knowledge.

Course Learning Objectives:

1. Develop an understanding for Female Responsive principles
2. Develop strategies for working with women/girls in an evidence-based way

Foundation in Cultural Responsiveness 100 (FCR 100) (2-days)

Instructor: Joel Stamilio & Troy Brown

FCR 100 is a 2-day introductory workshop in cultural competency. The purpose of FCR 100 is to increase communication, understanding and respect among diverse groups and address critical issues of inclusion facing our society via an understanding of the principles of cultural diversity and cultural competency. This workshop will focus on exploring the role that culture plays in our daily interactions with others. Several interactive sessions will provide participants with the opportunity to examine both the challenges and opportunities that result from an increasingly diverse work environment and examine ways to develop cultural competence. No prerequisites required for this course.

Course Learning Objectives:

1. Participants will gain an understanding of what makes up an individual's cultural identity
2. Participants will gain and understanding as to why cultural competency is important in the workplace
3. Participants will gain a heightened awareness of their own cultural lenses and how those impact individuals from other groups
4. Participants will develop an understanding of how stereotypes are created, the impact of stereotypes and tips to decrease their use of stereotypes
5. Participants will learn about Implicit Bias and its effects on decision making
6. Participants will learn about micro-messages and strategies for positive use of micro-messages

Frameworks of Effective Interventions for Adults

Instructor: Brian DeLude

CSSD is committed to a Risk Reduction Framework. This Framework relies on 8 primary principles that form a theoretical foundation for administrative, management, probation and provider functions. In this training, the 8 principles of the RR Framework will be articulated and discussed. Particular attention will be paid to the research that supports these principles, how they are operationalized, and the on-going challenges and opportunities they present.

Course Learning Objectives:

Coming Soon

CSSD Course Offerings with Descriptions

Frameworks of Effective Interventions & Introduction to Juvenile Justice

Instructors: Daisy Ortiz, Carmen Garcia & Denise A. Kupstis

Frameworks Course Description: CSSD is committed to a Risk Reduction Framework. This Framework relies on 8 primary principles that form a theoretical foundation for administrative, management, probation and provider functions. In this training, the 8 principles of the RR Framework will be articulated and discussed. Particular attention will be paid to the research that supports these principles, how they are operationalized, and the on-going challenges and opportunities they present. This class focuses on how this approach applies to juvenile clients.

Course Learning Objectives: **Coming Soon**

Introduction to Juvenile Justice Course Description: This course is designed to familiarize the participants with the duties and responsibilities of the Juvenile Probation Officer. It will also provide the attendee an overview of the mission and purpose of the Juvenile Court, Juvenile Probation and the Court Support Services Division.

Course Learning Objectives:

1. Review history, philosophy, mission and purpose of the Juvenile Court, Juvenile Probation and the Court Support Services Division (CSSD).
2. Examine the principles that govern the role of the Juvenile Probation Officer as authorized by the Connecticut General Statutes and the Court Support Services Division (CSSD).
3. Review the duties and responsibilities of the Juvenile Probation Officer.

Girls Circle Facilitator Training (2-day)

Instructors: Giovanna Taormina & Victoria Mahand, MSW

Girls Circle Facilitator Training is a comprehensive two-day training course on the research-based Girls Circle model for participants of all experience levels that sets the foundation for implementing dynamic female responsive programming via Girls Circle support groups. Workshop facilitators use an experiential model of learning to include lecture, demonstration, group discussion, case studies, simulation, small group interaction, and brainstorming to stimulate participants' learning. This training equips community and juvenile justice staff and service-providers with the gender-specific aspects of adolescent girls' developmental stages and needs, trauma-informed best practices, and utilize relational, restorative, and motivational interviewing practices to promote healthy relationships and critical thinking in regard to their behavior and choices.

Girls Circle Facilitator Training offers a relational-cultural and strengths-based circle approach to increase positive connections that support, sustain, and restore girls' healthy relationships with adults, peers, and community, and promotes girls' resiliency and opportunities to take full advantage of their talents, academic interests, career pursuits, and potential for healthy relationships.

- Participants will gain knowledge and skills to provide an effective, gender-responsive support program for adolescent girls.
- Participants will increase skills to establish and support emotionally and relationally structured, safe settings and promote positive interactions amongst girls and between girls and adults.
- Participants will understand the Strengths-Based, Gender-responsive, trauma-informed relational cultural approaches to working with and **(continued on next page...)**

CSSD Course Offerings with Descriptions

(Girls Circle Facilitator Training (2-day) continued..)

- ...promoting healthy relationships with girls, and to provide; they will know the essential elements and steps of a Girls Circle program and how to facilitate healthy bonds and critical thinking around behaviors and decisions affecting their lives.

Course Learning Objectives:

Participants will be able to:

1. Describe relational-cultural theory and its' application to girls' development; the need for a "safe space."
2. Explain "resiliency" and the "strengths-based approach" and how it applies to the context of a girls' circle support group
3. State the Six Steps of a Girls Circle
4. Describe the Role of The Facilitator -and what it is not; including managing legal and ethical obligations, mandated reporting, confidentiality and exceptions, and addressing high risk situations
5. Establish safe environments based on circle principles and strengths-based group development
6. Address and manage challenging group dynamics with a strengths approach
7. Describe the "art" and science of best practice facilitation skills, especially for girls: Listening, effective questioning to promote critical thinking, Motivational Interviewing applied to a group context
8. Describe the Group Discussion Model that is integral to the Girls Circle model
9. Facilitate a small group activity and/or small group discussion and receive and provide constructive feedback on skills and effectiveness

Grief and Loss

Instructors: Maureen and Michael Donegan

The experience of a single loss or successive losses in the life of an adult can have a significant impact on his/her functioning. We will explore the area of grief and loss as it pertains specifically to adults, especially focusing on divorce, death, family relationships, friendships, aging/health, incarceration, substance abuse and careers. We will also look at how professionals can recognize behaviors associated with adults in the grief process and how to assist adults in resolving their losses.

Course Learning Objectives:

Coming Soon

Group Facilitation

Instructor: Jessica Fraser

This training will focus on the skills necessary to run effective group sessions. Participants will discover how learning styles and personality impact the group process and how to manage these dynamics effectively. Participants will learn how to deal effectively with challenging groups and the conflict management skills needed to run successful group sessions.

Course Learning Objectives:

1. Participants have the opportunity to explore their own learning style and strategies to recognize the learning styles of their participants. Strengths and challenges associated with each style are also discussed. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(Group Facilitation continued...)

2. Discussion of the individual roles participants play in groups as well as group management strategies.
3. Review of the stages groups go through as they develop and a discussion of strategies to assist in group development.
4. Exploration of the characteristics of the adult and adolescent learner.
5. Examining the role of the facilitator in the group process.
6. Discussion and practice of Motivational Interviewing and conflict resolution strategies.
7. Model and practice of a group exercise utilizing the “tell, show, do” model.

Human Trafficking (Part 1)

Instructors: Stefania Aqliano & Bryan Hall

Human Trafficking has skyrocketed to the 2nd most profitable criminal industry in the world, generating an estimated thirty-two billion dollars per year in revenue. Despite the alluring financial prospects to those who engage in the role of “perpetrator”, human trafficking equates to nothing more than modern day slavery. A vast majority of victims subjected to the myriad forms of trafficking are enslaved in the sex industry. Within that majority, it is estimated that 70% of victims being sold as sexual commodities are female, half of which are children under the age of 18. According to Ernie Allen, the former Executive Director of the National Center for Missing and Exploited Children (NCMEC), data indicates 100,000 to 300,000 American children have become enslaved in the sex industry. Domestic Minor Sex Trafficking, which specifically refers to and addresses the sale of children in the United States, is an increasingly problematic issue within our state’s borders, typically affecting Connecticut’s children involved with our child welfare and juvenile justice systems. In an effort to combat the growing number of children being sold in Connecticut, this training is offered as a method of educating participants on the issues related to domestic sex trafficking, its impact on the children and youth we serve, and the need for cross system collaboration to identify indicators and ultimately assist those affected.

Course Learning Objectives:

Coming Soon

Human Trafficking (Part 2)

Instructors: Stefania Aqliano & Bryan Hall

Day Two asks participants to take a deeper look into why this issue is emerging at an alarming rate globally and in the United States. In order to effectively abolish sex slavery there must be a focus on ending the Demand that creates the need for a continued supply of young, vulnerable children to be exploited. In this course, participants examine the larger context of societal issues that play a role in the existence of human trafficking and define other means of exploitation, such as child pornography.

Course Learning Objectives:

1. Define the origins of prostitution and pornography and its impact to current trends and issue related to Human Trafficking.
2. Identify the way in which child pornography is a means of sexual exploitation and sex trafficking.
3. Define current Federal and State Laws regarding child pornography. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(Human Trafficking (PART TWO) continued...)

4. Define various types of sex offenders, pedophiles, and persons who seek to have sex with children.
5. Identify the critical role the internet and violent pornography exploit women and children.
6. List the way the internet has become a virtual market place for the sale of children as sexual commodities.
7. Describe the impact of Social Media on the vulnerability of children and the predatory dangers for children while online.
8. Identify components of Internet Safety and how to keep children, youth, and family's safe while online.
9. Explain how Mass Media creates hyper masculinity and hyper sexualization and the connection to the sex trade; including trafficking.
10. Define the role of Mass Media, its current exploitation of the youth culture and the creation of the pimp culture.
11. Describe elements that contribute to the psychological profile of the pimp.
12. Identify the key players involved in the sex trafficking circuit and further define the role of the pimp.
13. Explore the psychological profile of the buyer and how their role ultimately creates the Demand.
14. Define the ways in which the issue of Demand is being addressed in the United States and in Connecticut.

Introduction to Trauma

Instructor: Judy McCusker, MA

This training is for non-clinical staff who want to understand the general concepts of what trauma is, what it does to our brain, and how we as non-clinical staff can work with someone who has trauma.

Course Learning Objectives:

1. Identify some causes of trauma
2. Identify some effects of trauma on brain
3. Be able to demonstrate activities that are supportive of resilience in juveniles that are dealing with trauma issues
4. Be able to discuss how these skills can improve their engagement with clients

JAG Administration (Scoring)

Instructor: Casey O'Neill

The Juvenile Assessment Generic (JAG) is a leading evidence based risk assessment tool that has been used by CSSD for over 10 years. Based on 47 interview oriented questions focusing on 5 areas of Criminogenic Factors, the JAG provides both specific areas of risk and protective factors, and is the driving force behind Juvenile Probation's length of probation, level of supervision, and treatment choices. This training will teach participants the different sections of the tool, how to administer the tool, and how to interpret those results. Trainees will also learn how to score the tool and match treatment options to existing JAG scores.

Course Learning Objectives: Coming Soon

CSSD Course Offerings with Descriptions

JAG Overview (1/2-day)

Instructor: Casey O'Neill

The Juvenile Assessment Generic (JAG) Overview is an interactive presentation that helps class members understand the purpose, general administration, and goals of CSSD's risk assessment and protective factor tool. How the JAG was created, its development, and current role in Juvenile Risk Assessment will be explored.

Course Learning Objectives:

Coming Soon

LSI/ASUS-r (4-days)

Instructor: Richard Pavasaris

Recommended Pre-Requisite: Frameworks & (MI) Motivational Interviewing

The 4 day inter-active multi-media Level of Service Inventory and Adult Substance Use Survey training course prepares the student with the basic concepts, practical application and interpretation of these two assessment instruments currently being utilized by the Court Support Services Division in Adult Supervision.

***Must take all 4 days for credit.**

Course Learning Objectives:

1. The participants will be able to accurately and correctly assess, score and interpret the results of the Level of Service Inventory Revised assessment and the Adult Substance Use Survey Revised assessment for clients referred to them.

LSI/ASUS-r Overview

Instructor: Richard Pavasaris

Recommended pre-requisites: MI (Motivational Interviewing) & Frameworks

This one day course reviews two risk assessments currently used in CSSD. It briefly reviews the theories that support use of risk assessments in the criminal justice system and their demonstrated benefits. It explores in some detail the Level Of Service Inventory Revised Risk Assessment and the Adult Substance Use Survey Revised, how they are administered, scored and their results are produced and interpreted.

Course Learning Objectives:

1. Participants will obtain a better knowledge of the two risk assessments used in CSSD and how their results can be utilized to help to reduce the risk of recidivism with their clients by getting a more comprehensive knowledge of their clients based upon the results of these two assessments.

Management Skills for Support Staff

Instructor: Deanne Shapiro

1. The professional talents and knowledge of support staff in many organizations are often overlooked, as is their interest in professional development and their potential for a career path in the organization. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(Management Skills continued...)

Yet support staff in today's workplace frequently fulfill responsibilities for communicating, managing, coordinating, and planning, all of which readily equips them for a future supervisory or managerial role if they so desired or significantly enhances their strategic value to their manager and organization in their current role. This program for support staff will provide them with a professional development opportunity to explore and expand their core competencies, their valuable contributions to the organization, and the skill sets that could position them for further career development.

Course Learning Objectives:

1. Examining the changing role of the administrative assistant/support staff employee as a strategic business partner.
2. Strengthening support staff self-confidence and ability in professional self-presentation, leadership, and change management.
3. Enhancing skills in self-management, managing upwards, managing multiple demands, and managing change.

Mental Health and Co-Occurring Disorders

Instructor: Mary-K O'Sullivan

This course will review the cyclical pattern present in co-occurring disorders and the current best practice models utilized for effective interventions. This course will cover the most prevalent DSM-V diagnoses present in the mental health and substance using populations which present in the treatment and criminal justice populations. A review of common signs, symptoms, and current medications will be reviewed. This course will be interactive utilizing lecture, small and large group discussions, as well as case studies and film vignettes to reinforce the materials presented.

Course Learning Objectives:

1. To identify prevalent symptoms of the major mental health disorders.
2. To understand the substance use disorders continuum
3. To discuss the complexity of the combination of the major mental health disorders and substance use disorders when they occur in tandem
4. To review the most common medications used to treat the major mental health disorders and the substance use disorders
5. To overview the current "best practice models" utilized to stabilize and treat clients with co-occurring disorders

MET/CBT/FSN: Cannabis Youth Training (4-days)

Instructor: Cindy Peterson, MS & Tiffany Parkhouse

This 4 day training is designed to teach staff about the MET/CBT/FSN curriculum for juvenile clients. Trainees, will be introduced to the curriculum, see examples of group sessions being run and have the opportunities to practice. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(MET/CBT/FSN 4-day continued...)

Course Learning Objectives:

Participants will:

1. Understand the theoretical framework behind MET/CBT/FSN
2. Have the opportunity to see and facilitate curriculum

Motivational Interviewing (2-days)

Instructor: Tracy Eckert, LPC, LADC

This two day course introduces the concepts and theories of communication and motivational interviewing skills through a combination of didactic and experiential learning situations. The primary objective of this course is for students to explore how to listen effectively, respond appropriately, guide the direction of a conversation, ask probing questions, develop and maintain rapport and deal with conflict and misunderstandings. This course is designed to introduce students to the theoretical basis of the Motivational Interviewing Style and help them begin to acquire the skills and strategies for using the style in diverse contexts and behavioral issues. Class sessions will emphasize, demonstration and allow for practice of communication and motivational interviewing skills and strategies while identifying poor communication interchanges, assess, revise and implement skills in the moment to quickly improve the interchange. We will explain the change process and understand how people change to enable them to appraise their client to determine the level of change to develop an appropriate style of intervening.

Course Learning Objectives:

1. Understand the theory and principles of motivational interviewing as an approach for empowering people to realize behavior goals.
2. Develop a basic level of proficiency in Motivational Interviewing (MI).
3. Become skilled at engaging clients and forming a collaborative relationship
4. Recognize the essential features of MI communication.. Develop a working understanding of the nature of ambivalence about behavior change and how to effectively work with clients to resolve their ambivalence as a means to effect behavior change.
5. Recognize client resistance and formulate new strategies to deal effectively with resistance.
6. Acquire and demonstrate skills and strategies to incorporate good communication and motivational interviewing into their professional practice.
7. Understand and Demonstrate Specific MI Techniques:
 - a. Starting off
 - b. Stages of change
 - c. WAR
 - d. OARS
 - e. DARN-C
 - f. FRAMES
 - g. Eliciting change talk
 - h. Helping client identify concerns
 - i. Helping client identify the problem
 - j. Helping the client identify barriers
 - k. Creating a change plan

CSSD Course Offerings with Descriptions

Motivational Interviewing (3-days)

Instructor: Raymond "Chip" Tafrate, Ph.D.

This 3-day training course is focused on developing the foundational skills of the Motivational Interviewing (MI) approach. Motivation is a key factor in people changing difficult and intractable human problems such as alcohol and drug dependence, persistent criminal lifestyle choices, intimate partner violence, and disruptive behavior disorders in youth. MI is currently the most scientifically supported approach for motivating people with difficult-to-change problems. Practitioners will become familiar with the basic theory of MI, practice client centered counseling skills, and learn to recognize, elicit, and reinforce key client verbalizations likely to lead to an effective plan for changing self-defeating behaviors. Through a series of structured learning activities that include role-plays, 'real'-plays, video demonstrations, and small group exercises, practitioners will develop and improve core skills so that they can immediately apply MI with their own clients.

Course Learning Objectives:

1. Develop a basic level of proficiency in Motivational Interviewing (MI) so that the model can be utilized with justice-involved clients.
2. Become skilled at engaging reluctant clients and forming a powerful and productive alliance at the early stages of supervision, case management, and programming.
3. Understand the newly developed four core processes of the MI approach.
4. Become skilled at developing a plan for supervision and case management that includes the client's most important reasons for change.
5. Be able to integrate MI with other evidence-based forensic practices.
6. Recognize the essential features of MI communication style and how it differs from other approaches.

Moving On (4-days)

Instructor: Ginnie Taylor

Training for the Moving On program is delivered over four days. The overarching goal of the training is to prepare participants to facilitate the program to justice system involved women. In this training we will:

- Explore the theoretical and empirical rationale for Moving On, including relational and strength-based strategies, motivational interviewing, and cognitive behavioral intervention.
- Review the gender-responsive literature that pertains to justice involved women
- Provide a detailed overview of program content
- Discuss issues related to program delivery, education, and implementation
- Encourage participant learning through role plays of assigned sessions.
- Receive feedback from trainer and peers following role plays.

Course Learning Objectives:

1. Understand the conceptual background, research, and theoretical approaches that Moving On is based on.
2. Learn the Content and Structure of Moving On.
3. Practice and receive feedback on facilitating Moving On sessions.

CSSD Course Offerings with Descriptions

Overview of Alternative in the Community (AIC) Interventions

Instructor: Lisa Brandes

This class provides an overview of all interventions at the Alternative in the Community programs. Participants will gain insight into the following interventions:

- Reasoning and Rehabilitation II-r
- Treating Alcohol Dependence
- Employment Services
- Job Development
- Moving On
- Strategic Case Management
- Motivational Interviewing Strategies.

Course Learning Objectives:

1. Participants will understand all interventions in the AIC programs.
2. Participants will be able to target interventions based on risk and criminogenic needs.
3. Participants will be able to support case managers, intervention specialists and job developers to be successful in their roles.

Overview of Interventions

Instructor: Judy McCusker, MA

Course content & objectives coming soon.

Overview of Educational Advocacy

Instructor: Bet Gailor & Jillian Griswold

Participants will examine the federal, state, and local requirements regarding district responsibility for the implementation of a comprehensive continuum of intervention for students demonstrating academic and behavioral difficulty. Specific emphasis will be placed upon the districts' responsibility to utilize scientifically researched based intervention (SRBI) strategies, including conducting functional behavioral assessments (FBAs) and implementing behavior intervention plans (BIPs), within the Least Restrictive Environment (LRE), and to evaluate the students' response to intervention (RTI) prior to initiating a referral to special education.

Course Learning Objectives:

1. Participants will learn how to navigate the educational system, including the process by which to obtain and advocate for special education, school accommodations, 504, and other specialized services, including remedies parents may have.
2. Participants will learn how the school discipline process works.

Professional Ethics, Boundaries & Time Management for Support Staff:

Instructor: Tiffany Parkhouse & Gina Ohanesian

This Training is only open to Support & Administrative Staff.

Professional Ethics & Boundaries course description: This course is designed to help participants explore their own values and beliefs regarding ethics and boundaries. The goal is to help participants gain a good understanding of the role ethics and boundaries play in being a leader/supervisor within CSSD and how they apply to their individual job responsibilities. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(Professional Ethics & Boundaries and Time Management continued...)

Time Management Course Description: This course is designed for individuals who want to use their time and resources more wisely to accomplish set goals. The time and resource learning will help individuals to identify areas where they have an opportunity to improve and to apply effective tools and techniques to better manage their time and resources. This course supports participants' ability to identify personal values and organizational goals to develop a strategy to accomplish goals within a value framework, while prioritizing and organizing tasks within the value framework to accomplish set goals.

Course Learning Objectives:

Professional Ethics & Boundaries:

1. Explore ethics and ethical behaviors.
2. Discuss Ethical Dilemmas found in the workplace.
3. Examine common unethical behaviors.
4. Review standards of professional conduct and CSSD policy
5. Overcome time wasters

Time Management:

6. Identify their values, goals and personal style
7. Identify their most productive times
8. Use their delegation skills
9. Better organize time and resources through personal action planning

Results-Based Accountability

Instructors: Barry Goff & Ron Schack

This one-day Results-Based Accountability (RBA) is designed to give program directors, supervisors/leads, clinicians, and case coordinators an introduction to RBA. Program elements include:

- Group exercise on the RBA thinking process.
- Presentation on population accountability
- Presentation on performance accountability
- Small group exercise to "turn the curve" on a population indicator or performance measure
- Small group exercise to develop performance measures for a program or agency

Course Learning Objectives:

1. Gain an understanding of the RBA thinking process, basic elements, and language.
2. Learn how and where RBA is being used in Connecticut for public accountability, strategic planning, public and philanthropic funding, contracting, and program improvement.
3. Understand how to develop a comprehensive RBA model that places an agency or program in the broader context of the quality of life result for a population.
4. Learn to "turn the curve" on a population indicator to develop population strategies or to "turn the curve" on a performance measure to develop program improvement actions.
5. Learn to develop a set of performance measures for a program or agency.

CSSD Course Offerings with Descriptions

Strength-Based Approaches for Working with Youth

Instructor: Raymond "Chip" Tafrate, Ph.D.

This 1-day training course is focused on developing skills for approaching justice-involved clients with a greater concern for their strengths and competencies. The basic premise of strength-based practice, as well as various influences that shape current strength-based programs, will be reviewed. Practitioners will become familiar with the important distinction between avoidance goals and approach goals. Through a series of structured learning activities, practitioners will learn how to elicit, recognize, and discuss strengths with their clients. Most importantly, practitioners will practice, with case examples, ways to practically incorporate client strengths into supervision and case management in a way that reduces the overall criminogenic risk profile.

Course Learning Objectives:

1. Develop a basic level of proficiency in strength-based practice so that the model can be utilized with justice-involved clients.
2. Understand the basic premise and influences that shape current strength-based strategies.
3. Recognize the distinction between avoidance goals and approach goals.
4. Be able to conceptualize client strengths as part of an overall case management, supervision, and programming plan. Practice eliciting, identifying, and having meaningful discussions with clients about their strengths and competencies.
5. Be able to integrate a strength-based approach with other evidence-based forensic practices.
6. Become skilled at utilizing client strengths in ways that offset criminogenic risk.

Stress Management (Open to Administrative Support Staff Only)

Instructor: Tracy Eckert LPC, LADC

This Training is only open to Support & Administrative Staff.

This workshop takes a holistic self-care approach to managing stress. It includes information on nutrition and stress reduction techniques that can be repeated at home or in the office. Please wear comfortable clothes and bring a yoga or exercise mat.

Course Learning Objectives:

1. Distinguish and define the different types of stress and the benefits/costs on the body, spirit and functioning.
2. Explore and identify personally how stress is impacting their lives.
3. Learn the importance of mind/body connection in stress. They will explore their own irrational thinking and expectations, and the impact on themselves, energy, motivation, feeling of power and life satisfaction.
4. Learn techniques for managing stress including cognitive and relaxation method.

Substance Abuse

Instructor: Mary-K O'Sullivan

This course will review the new diagnostic criteria in the DSM-V related to the substance use disorders as well as each of the major categories of the substances of abuse. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(Substance Abuse continued...) The substances reviewed will include the narcotics, the stimulants, the sedative-hypnotics including alcohol, the hallucinogens, as well the latest designer drugs. In addition, the medications used to assist clients in stabilization and recovery from the substance use disorders will be overviewed.

Course Learning Objectives:

1. To identify prevalent symptoms of the substance use disorders.
2. To understand the substance use disorders continuum.
3. To discuss the effects of the major categories of the substances of abuse.
4. To overview the current "best practice models" utilized to stabilize and treat clients with substance use disorders to include medication assisted treatment.

Suicide Prevention

Instructor: Tracy Eckert, LPC, LADC

This training will cover the risk and protective factors involved in suicide ideation. It will equip participants with skills that will better help them in identifying a client who is at risk or is experiencing thoughts or behaviors of suicide. The participant will be able to distinguish the difference between suicidal gestures, ideation, intent and self-injurious behaviors. This training will assist the participant to identify the warning signs of suicidal behavior, and identify and understand the risk factors in certain populations in jails and correctional facilities.

Course Learning Objectives:

1. Define standard suicide prevention terms, be able to distinguish the difference between suicidal ideation and intent.
2. Understand and identify the chemical, mental, genetic, social and situational risks and protective factors for suicide.
3. Understand the link between mental health, substance abuse and suicide.
4. Identify the warning signs of suicidal behavior.
5. Identify and understand the risk factors in certain populations: gender, GLBTQ, adolescents, elderly, criminal justice population and the co-occurring disordered.
6. Understand, in theory, how to ask about and respond to suicidal behavior.
7. Identify local agencies to assist with assessment, intervention and referral.
8. Understand self-care needs for workers, provide an overview of techniques and resources for care for workers.

The Council for Boys and Young Men

Instructor: Dan Bland

This training provides a comprehensive course on the program model The Council for Boys and Young Men, for participants of all experience levels. Provides foundation for implementing a dynamic strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years. The training incorporates a relational-cultural framework and masculinity research practices to help participants build on boys' abilities and create opportunities which allow them to grow as respectful leaders and connected allies in their communities. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(The Council for Boys and Young Men continued...) The Council for Boys and Young Men groups promote belonging, build assets, and deconstruct harmful beliefs about manhood. Workshop trainers use an experiential model of learning to include lecture, demonstration, group discussion, case studies, simulation, small group interaction, and brainstorming to stimulate participants' learning.

The subject matter relates to the scope of practice in in the juvenile justice and court services as well as community based sectors, as staff are equipped to support the rehabilitation of minors, promote safety and minimize conflict through restorative and culturally responsive practices, increase decision making skills and accountability, improve pro-social skills, behaviors, capacities and attitudes, particularly empathy, and increase protective factors in order to reduce recidivism and involvement in the justice system. The course provides particular attention to boys' developmental stages and needs, building participant skills to meet a core developmental need in boys for positive, trusted relationships. The model is utilized in all community-based service delivery models - including education, juvenile justice, child services, behavioral, and mental health treatment. Participants learn how to create a healthy and structured environment that is experiential and engaging so that boys and young men can gain the vital opportunity to address masculine definitions and behaviors and build their capacities to find their innate value and a sense of purpose – individually and collectively.

Course Learning Objectives:

1. Describe the theoretical framework for The Council for Boys and Young Men: a strengths-based approach, addressing masculinity beliefs, male adolescent brain development, trauma-responsive practices, rites of passages, within a relational-cultural context.
2. Explain “resiliency” and the "strengths-based approach” and how it applies to the context of a male development
3. State the Seven Steps of The Council for Boys and Young Men model
4. Describe the Role of The Facilitator -and what it is not; including managing legal and ethical obligations, mandated reporting, confidentiality and exceptions, and addressing high risk situations
5. Establish and apply safe emotional environments based on circle principles and strengths-based group development
6. Address and manage challenging group dynamics with a strengths based approach
7. Describe best practice facilitation skills: Listening, non-judgment, effective questioning to promote critical thinking, Motivational Interviewing applied to a group context
8. Describe the components of the Experiential Model that is integral to the The Council for Boys and Young Men's fifth and sixth steps of the structure
9. Demonstrate by facilitating a small group experiential activity and/or Reflection discussion and receive and provide constructive feedback on skills and effectiveness

The Effects or Impact of Hispanic Culture on Community Supervision (2-days)

Instructor: Luis Anez-Nava, Ed.S., Psy.D.

This interactive course will provide an introduction and overview to the use of a culturally appropriate model of care adapted for Latino clients. Specifically, participants will become familiar with key cultural values, the clinical relevance and assessment of such values, and specific motivational interviewing interventions to engage and facilitate change within the therapeutic relationship. **(continued on next page...)**

CSSD Course Offerings with Descriptions

(The Effects or Impact of Hispanic Culture continued...)

Course Learning Objectives:

1. Have an appreciation of the challenges and barriers involved in providing effective behavioral health care to Latino clients
2. Understand the clinical relevance of Latino cultural values as applied to this population in community mental health settings
3. Gain an understanding of how to use motivational interviewing techniques to facilitate engagement with a Latino population
4. Practice culturally responsive interventions that are congruent to the client's values and that facilitate change within the therapeutic relationship

The Lifestyle & Culture of Today's Youth

Instructor: Robin P. McHaelen, MSW

Participants will learn about the influence of social media, hip-hop, and culture on youths as well as tips for engaging youths.

Course Learning Objectives:

1. Increase participant knowledge, awareness and comfort with young adult cultures
2. Increase participant comfort and skills in addressing adult-ism in oneself and others
3. Strengthen participant ability to use youth culture as a tool for connecting with and engaging youth

Trauma Informed Professionals

Instructor: Mary-K O'Sullivan

Course content & objectives coming soon.

Vicarious Trauma—Managing the Flames without Getting Scorched

Instructor: Mary-K O'Sullivan

Vicarious Trauma occurs when the service provider experiences various symptoms as a result of their attempts to assist the client. The most common term used to describe vicarious trauma is "burn out". Vicarious trauma can occur swiftly after a single event or can build up over years as the service provider continues to bare witness to the adversity that their clients face. The impacts of vicarious trauma are often unconscious and in that way can be building to a crisis point without the individual being aware of the damage that is being caused.

Course Learning Objectives:

Coming Soon

VOICES (2-days)

Instructor: Kimberly Selvaqgi

This training is for VOICES facilitators and open to CYFSC staff only. If you are not in one of these programs, please contact Daisy Ortiz (CSSD Programs & Services) at: 860-721-2199, ext. 3145.

Adolescence is a time of tremendous discovery, struggle, and growth. This process is particularly difficult for girls as they face unique challenges along the road to healthy development. Their challenges can be exacerbated by our culture – which often offers girls a toxic environment in which to grow. Many young women lose their voice in this process. This workshop is based on the curriculum, *Voices: A Program of Self-Discovery and Empowerment for Girls*. The facilitator will take participants on a journey to discover the world of girls, and provide an overview of the elements needed for creating gender-responsive services. Participants will be guided through the curriculum, with interactive exercises that demonstrate the strategies that staff can use with girls. The topics covered include developing a positive sense of self, building healthy relationships, substance abuse, physical and emotional wellness, sexuality and planning for a positive future. The issues of young women and girls in the criminal justice system are also addressed.]

Course Learning Objectives:

1. The course will teach participants how to facilitate the groups and;
2. Take the girls through a process of understanding:
 - more about their experiences as girls
 - Exploring how the influences in their lives have impacted them
 - Learning skills and coping mechanisms to help them both now and in the future
 - Feeling safe and learning that this is a safe place to share their voices

When Pink and Blue are Not Enough (PART ONE)

Instructor: Robin McHaelan

Effective October 1, 2011, Connecticut employers with three or more employees are prohibited from discriminating against an employee or applicant based on gender identity or expression. Connecticut lawmakers defined “Gender identity or expression” as “a person’s gender-related identity, appearance or behavior, whether or not that gender-related identity, appearance or behavior is different from that traditionally associated with the person’s physiology or assigned sex at birth.” The law also protects youth in schools, residential treatment programs, detention, and other congregate care facilities. This interactive workshop offers CSSD staff an opportunity to differentiate between personal views and professional responsibilities, understand current policy, update their skills and ensure culturally competent service provision for all youth.

This training incorporates a combination of lecture, activities and discussion and includes the following:

- Values Clarification exploring the impact of personal views and values about gender and orientation
- Definitions (gender, gender identity, gender expression, orientation, etc.) and an overview of the gender continuum from early childhood through adolescence and young adulthood
- Exploration of the issues for transgender children and youth in detention
- Review of policies and protocols

Course Learning Objectives:

1. Increased knowledge regarding the concerns, issues and needs of this population in CSSD settings
2. Increased understanding and ability to enforce CSSD policies and procedures for youth in congregate settings
3. Increased confidence in their ability to competently and compassionately provide needed support and intervention to all of the youth under their care

When Pink and Blue are Not Enough (PART TWO)

Instructor: Robin McHaelen

Effective October 1, 2011, Connecticut employers with three or more employees are prohibited from discriminating against an employee or applicant based on gender identity or expression. Connecticut lawmakers defined "Gender identity or expression" as "a person's gender-related identity, appearance or behavior, whether or not that gender-related identity, appearance or behavior is different from that traditionally associated with the person's physiology or assigned sex at birth." The law also protects youth in schools, residential treatment programs, detention, and other congregate care facilities.

This interactive 6 hour workshop offers CSSD staff an opportunity to differentiate between personal views and professional responsibilities, understand current policy, update their skills and ensure culturally competent service provision for all youth. This training focuses on skill-building using case studies, scenarios and role-plays that give participants the opportunity to practice appropriate responses and interventions reflective of this population's unique needs

Course Learning Objectives:

1. Increased knowledge regarding the concerns, issues and needs of this population in CSSD settings
2. Increased understanding and ability to enforce CSSD policies and procedures for youth in congregate settings
3. Increased confidence in their ability to competently and compassionately provide needed support and intervention to all of the youth under their care

Women's Issues in Treatment

Instructor: Mary-K O'Sullivan

This course will review the etiology and symptoms of Women's Gender Specific issues and their impact upon the client's thinking, emotions, and behaviors. Issues such as societal pressures, clinical prevalence of depressive disorders and substance use, and oppression and lack of equal access to resources will be reviewed. In addition, strategies to assist women with these issues will be discussed through the use of case studies, film vignettes, and small group activities.

Course Learning Objectives:

1. To identify prevalent gender specific issues and challenges for clients
2. To understand the effects of these issues on thinking, emotions, and behaviors
3. To discuss the effects of substances of abuse on women
4. To overview the current "best practice models" utilized to stabilize and assist clients in managing these issues

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

Wheeler Clinic, Inc., Connecticut Clearinghouse (CTCH)

334 Farmington Avenue, Plainville, CT 06062

Parking is available on site.

From Danbury – Waterbury Area

Take Interstate 84 East to Exit 34 (Crooked St.). At the end of the exit, turn left. At the light, turn left onto Route 372. Go to the fifth light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Hartford Area

Take Interstate 84 West to Exit 33 (Route 72 West, Bristol). Bear to the right and take Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Middletown Area

Take Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Southern Connecticut

Take Interstate 95 North to New Haven. Take the exit for Interstate 91 North toward Hartford. Take Exit 22N onto Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Southeastern Connecticut

Take Interstate 95 South to Exit 69 onto Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Ave. (Route 10). Connecticut Clearinghouse is one mile on the right.

From Northeastern Connecticut

Take Interstate 84 West to Exit 33 (Route 72). Bear to the right and take Exit 2 (New Britain Ave., Plainville, Route 372) exit. At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Northwestern Connecticut

Follow Route 44 East to Route 177 South in Canton. Continue on Route 177 through Unionville, crossing over Route 6 and past Tunxis Community College. Proceed one mile past the college, and turn left at the light onto Northwest Drive. Go straight at the stop sign to the next traffic light. Turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is a quarter mile on the left.

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

Wheeler Clinic, Inc., Plainville Business Center (WC PBC TC)

74 East Street (Rt. 10), Plainville, CT 06062

Parking is available on site.

**ALL LOCATIONS FOR CLASSES AT THE PLAINVILLE BUSINESS CENTER ARE POSTED IN THE LOBBY
(TC2 & TC3 are on the 1st floor; TC1 is on the 3rd floor)**

From I-84 West (from Hartford):

Take Interstate 84 East to Exit 34 (Crooked St.). At the end of the exit, turn left. At the light, turn left onto Route 372. Go to the fifth light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right. Proceed about 0.8 miles and turn left onto East Street/Route 10 South. Go ¼ mile. Plainville Business Center is on the left, across from Gnazzo's Grocery store.

From I-84 East (from Waterbury):

Take exit 34, Route 72 West toward Bristol. This is a left exit onto a highway connector
Take the first exit off connector (Exit 1), Route 177, No. Washington Street
Go left at the end of the ramp onto Route 177, No. Washington Street
Go .8 miles and turn left at light onto Broad Street
Go .7 miles and turn left onto East Street, Route 10 South
Plainville Business Center is about ¼ down on the left, across from Gnazzo's Grocery store.

From I-91 North (New Haven/Meriden):

Take Exit 22N onto Route 9 North toward New Britain
Take Exit 28 – Route 72 West (left exit) toward Bristol
Merge briefly onto I-84 West
Take Exit 33, Route 72 West toward Bristol. This is a highway connector.
Take first exit off connector (Exit 2), New Britain Avenue/Plainville/Route 372
At the end of the exit ramp, turn left onto Route 372 West
Proceed about 0.8 miles and turn left onto East Street, Route 10 South
Go ¼ mile. Plainville Business Center is on the left, across from Gnazzo's Grocery.

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

Wheeler Clinic, Inc., North Mountain Road Facility (WC NMtRd)

75 North Mountain Road, New Britain, CT 06053

Parking is available on the side and in the lower level parking lots.

From I 91 North (from New Haven)

Take Exit 22N onto Route 9 North towards New Britain

Take Exit 28 onto Route 72 West (left exit) towards New Britain/Bristol

Take Exit 7, Route 372, Corbin Avenue

At the end of the ramp, turn right onto Corbin Avenue/Route 372 West

Turn left at the first light onto West Main Street/Route 372

Proceed about .6 miles to North Mountain Road and turn right

After 1/10 mile, you will see signs on the right for Wheeler Clinic and the Department of Motor Vehicles.

Turn right, and stay right

The ARRC/AIC building is in the rear to the right of the DMV building.

From I 91 South (from Windsor Locks)

In Hartford, take Exit 32A, I-84 West, and follow directions below.

From I 84 West (from Hartford)

Take Exit 35 - Route 72 East toward New Britain (left exit)

Take Exit 7, Route 372, Corbin Avenue (first exit on the right after you leave 84)

At the end of the ramp turn left onto Corbin Avenue/Route 372 West

Turn left at the second light onto 372 West/West Main Street

Proceed .6 miles and turn right onto North Mountain Road After 1/10 mile, you will see signs on the right for Wheeler Clinic and the Department of Motor Vehicles.

Turn right, and stay right

The ARRC/AIC building is in the rear to the right of the DMV building.

From I 84 East (from Waterbury)

Take Exit 34 - Crooked Street/Route 372

Turn left at the end of the ramp onto Route 372 East

Proceed about 1.5 miles to North Mountain Road

After 1/10 mile, you will see signs on the right for Wheeler Clinic and the Department of Motor Vehicles.

Turn right, and stay right

The ARRC/AIC building is in the rear to the right of the DMV building.

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

Institute of Technology and Business Development (ITBD)

Central Connecticut State University, 185 Main Street, New Britain, CT 06050

Parking is available in the Municipal Parking Garage in back of the ITBD building - bring ticket stub to class for validation.

From I-84 (Waterbury – East)

EXIT 35 (left exit) to Route 72 East. Take EXIT 9 - Main Street. At end of the exit take a RIGHT.

At the next light take a RIGHT onto Chestnut Street, the Municipal Parking Garage is on the right.

Should you wish to proceed to the front of the ITBD building, take another right onto Main Street.

ITBD is a red brick building located on the right.

From I-84 (Hartford – West)

EXIT 39A to Route 9 S. Take EXIT 27 (left exit). At the end of the exit take a RIGHT onto Chestnut Street.

After the 2nd light, the Municipal Parking Garage is on the right.

Should you wish to proceed to the front of the ITBD building, continue to the third light. Take a right onto Main Street. ITBD is a red brick building located on the right.

From the South (Routes 9, 91 or 15)

Take Route 9N to EXIT 26 – Downtown New Britain. Go STRAIGHT at the end of the exit.

Take a LEFT at the following traffic light (CVS is on the corner) onto Chestnut Street.

The Municipal Parking Garage is on the right.

Should you wish to proceed to the front of the ITBD building, take your second right onto Main Street. ITBD is a red brick building located on the right.

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

The Judicial Branch Learning Center (JBLC)

Riverview Square, 99 East River Drive - Floor 7, East Hartford, CT 06108

Riverview Square is a two-tower complex with an address of 99-101 East River Drive. The Learning Center is in the North Tower, 99 East River Drive. (This is the second building and is the closest to the highway.)

All training attendees must park at the Pitkin Street parking lot. The code for the electronic arm is 1227*.

From I-91 Southbound (Bradley Airport)

Take I-91 South to downtown Hartford

Take I-84 East, a left exit (stay in far right lane over the bridge)

Take the first exit - Exit 53, US44/Connecticut Boulevard/East River Drive

Bear right for East River Drive

At the stop sign, turn right

Continue under the overpass and turn left at the stop sign onto Pitkin Street.

The first driveway on the left is the entrance to the parking lot across from the Hampton Inn

From I-91 Northbound (New Haven)

Take I-91 North to Exit 29 (5-15 Boston I-84)

Stay in right lane and follow to East River Drive - Exit 90

Take Route 2 West to Pitkin Street – Exit 3

At the end of ramp turn left onto Pitkin Street

The parking lot will be on your right across from the Hampton Inn

From I-84 Eastbound (West Hartford)

Take I-84 East through Hartford tunnel (stay in right lane)

Take Exit 53, US-44/Connecticut Boulevard/East River Drive (move over two lanes, to the extreme right to take this exit)

Bear right for East River Drive

At the stop sign, turn right onto East River Drive

Continue under the overpass and turn left at the stop sign onto Pitkin Street.

The first driveway on the left is the entrance to the parking lot across from the Hampton Inn

From I-84 Westbound (East Hartford)

Take I-84 West to Exit 54 (Downtown Hartford)

Take first exit - Darlin Street

At end of ramp turn right

At the light turn right onto Pitkin Street

The parking lot is the last driveway on the right across from the Hampton Inn

From Route 2 (Glastonbury)

Take Exit 3 to Pitkin Street

At the end of ramp, turn left onto Pitkin Street

Continue to the end of Pitkin Street.

The parking lot is the last driveway on the right across from the Hampton Inn

*** Getting from Pitkin Street to Riverview Square:**

Upon exiting your car, turn right on East River Drive and go back under the overpass. Continue straight to the set of brick buildings on your left. Enter the parking lot and continue around to the right of the front building. The 2nd building of this complex is 99 East River Drive. You will need to sign in with Security before proceeding to the 7th floor.

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

Community Solutions, Inc. (CSI)

4 Griffin Road N, Windsor, CT 06095

From I-84 E (Waterbury/Danbury)

Take Exit 51 and merge onto I-91 N - toward Springfield.

Take Exit 38 to merge onto CT-75 N / Poquonock Ave, toward Poquonock. Take the ramp onto Day Hill Rd.

Turn right at Blue Hills Ave/CT-187. Continue to follow CT-187. Turn RIGHT at Griffin Rd N.

From I-84 W (Vernon/Manchester)

Take Exit 61 for I-291 W toward Windsor. Merge onto I-291 N.

Take Exit 38 to merge onto CT-75 N / Poquonock Ave, toward Poquonock. Take the ramp onto Day Hill Rd.

Turn right at Blue Hills Ave/CT-187. Continue to follow CT-187. Turn RIGHT at Griffin Rd N.

From I-91 North (New Haven)

Take Exit 38 to merge onto CT-75 N / Poquonock Ave, toward Poquonock. Take the ramp onto Day Hill Rd.

Turn right at Blue Hills Ave/CT-187. Continue to follow CT-187. Turn RIGHT at Griffin Rd N.

From I-91 South (Windsor Locks)

Take Exit 38A-38B for CT-75 toward Poquonock/Windsor

Take Exit 38B on the left to merge onto Day Hill Rd

Turn right at Blue Hills Ave/CT-187. Continue to follow CT-187. Turn RIGHT at Griffin Rd N.

255 Islandbrook Avenue Bridgeport, CT 06606

From I-91 South (Hartford)

Take 91 South to CT 15 South to CT 8 South

Take exit number 5 onto Chopsey Hill Rd. toward North Ave./Boston Ave

Turn right on North Ave

Turn left on Islandbrook Ave

From I-95 South

Take 95 South to CT 15 South to CT 8 South

Take exit number 5 onto Chopsey Hill Rd. toward North Ave./Boston Ave

Turn right on North Ave

Turn left on Islandbrook Ave

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

East Hartford Training Center (EHTC)

101 East River Drive, East Hartford, CT

*The code for the Pitkin Street Parking Lot is 1227**

I-91 Southbound (from Bradley Airport)

Take I-91 South to downtown Hartford
 Take I-84 East, a left exit (*stay in far right lane over the bridge*)
 Take the first Exit 53, US44/Connecticut Boulevard/East River Drive
 Bear right for East River Drive
 At the stop sign, turn right
 Take the first driveway on the right, Riverview Square
 Park accordingly - [see parking restrictions](#)

I-91 Northbound (from New Haven area)

Take I-91 North to Exit 29 (5-15 Boston I-84)
 Stay in right lane and follow to East River Drive - Exit 90
 Take Rte 2 West to East River Drive - Exit 4
 At the end of ramp turn left onto East River Drive
 At the first traffic light go straight
 Go through the next two stop signs (and underpass), Riverview Square is on the left
 Enter driveway
 Park accordingly - [see parking restrictions](#)

I-84 Eastbound (from West Hartford)

Take I-84 East through Hartford tunnel (stay in right lane)
 Take Exit 53, US-44/Connecticut Boulevard/East River Drive (move over two lanes, to the extreme right to take this exit)
 Bear right for East River Drive
 At the stop sign, turn right onto East River Drive
 Take the first driveway on the right, Riverview Square
 Park accordingly - [see parking restrictions](#)

I-84 Westbound (from East Hartford)

Take I-84 West to Exit 54 (Downtown Hartford)
 Take first exit - Darlin Street
 At end of ramp turn left
 At the stop sign, turn left on East River Drive
 Drive one-quarter mile to Riverview Square on the right
 Take the first driveway on the right, Riverview Square
 Park accordingly - [see parking restrictions](#)

Route 2 (from Glastonbury)

Take Exit 4 to East River Drive
 At the end of ramp, turn left onto East River Drive
 At the first traffic light go straight
 Go through the next two stop signs (and underpass), Riverview Square is on the left
 Enter driveway
 Park accordingly - [see parking restrictions](#)

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

Lafayette Circle Training Facility (LCTF)

1 Lafayette Circle, Bridgeport, CT

***Please note that the small parking lot in front of the training location is for adult probation parking only. The lot across the street has plenty of locations, but it is a metered lot. The parking meter takes both cash and credit cards.*

From the North:

Take Rte. 8 South to Exit 2 CT-130/Fairfield Avenue
Keep left at the fork, follow signs for Courtland St.; merge onto Courtland St.
Take a slight left onto Lafayette Circle

From the West

Take I-95 North to exit 27A – CT 25/CT-8
Take exit 2, Golden Hill Street, bear right at light
Continue straight to Fairfield Avenue
Slight left onto Lafayette Circle

From the East

Take I-95 South to exit 27A-CT 25/CT-8
Take exit 2, Golden Hill Street, bear right at light
Continue straight to Fairfield Avenue
Slight left onto Lafayette Circle

Directions to Training Facilities for CSSD Trainings through Wheeler Clinic, Inc.

Questions? Please call the CSSD Training Calendar at Wheeler Clinic: 860-793-2164

Project More, Zero Tolerance Conference Room

830 Grand Avenue, New Haven, CT

Parking is available at site.

From the north (via I-91 S)

1. At exit 4, take ramp on your right toward State St 0.2 mi
2. At end of ramp-Turn left onto Humphrey St 0.1 mi
3. Turn right onto East St 0.3 mi
4. Turn right onto Grand Ave 0.4 mi
5. Arrive at 830 Grand Ave, New Haven, CT 06511

The last intersection is Jefferson St

If you reach Olive St, you've gone too far

From the south (via I-95 N / Governor John Davis Lodge Tpke)

1. At exit 47, take ramp left for SR-34 West toward Downtown New Haven
0.7 mi
2. At exit 1, take ramp right toward Downtown New Haven 0.1 mi
3. Turn back on N Frontage Rd 0.1 mi
4. Turn left onto US-5 North / State St 0.4 mi
5. Bear right onto Grand Ave 0.2 mi
6. Arrive at 830 Grand Ave, New Haven, CT 06511

From the east (via I-95 S / Governor John Davis Lodge Tpke)

1. At exit 48, take ramp right for Hamilton Street toward Hartford
0.4 mi
2. Turn left onto Hamilton St 0.2 mi
3. Turn left onto Grand Ave 0.2 mi
4. Arrive at 830 Grand Ave, New Haven, CT 06511

From the west (via SR-34 / Legion Ave E)

1. Keep straight onto S Frontage Rd 0.3 mi
2. Turn left onto Church St S
3. Road name changes to Church St 0.5 mi
4. Turn right onto Elm St 0.2 mi