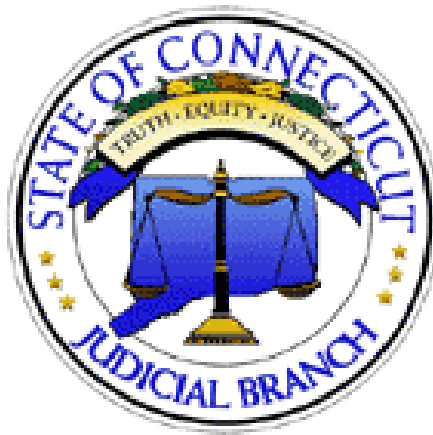


8/29/2011

The calendar is found online at
<https://cssd.ctclearinghouse.org>



Court Support Services Division

Incident Weather Line:

(for any CSSD classes found in this calendar)

860-793-7227

Please call, 860-793-2164, or
email CSSDCalendar@WheelerClinic.org
Wheeler Clinic if you are unable to attend a class

July– September 2011 Training Calendar

INSTRUCTIONS FOR USING THE CSSD TRAINING CALENDAR

This booklet is the CSSD Training Calendar for July 1 - September 30, 2011. As always, this new calendar of classes is found online and can be accessed through the Training Calendar website. <https://cssd.ctclearinghouse.org/>. If you have saved this URL as a "favorite", you may have to re-enter it into your browser and re-save it to see the current calendar.

Please note: Only 3 calendar months of the Training Calendar are visible at a time with a start date of the 1st of each month for the 3-month period.

I would encourage you to become familiar with the CSSD registration system and online catalog of courses. **The most current version of the catalog will always be online.**

If you wish to register all students online under one supervisor's name, you may use the same email address for multiple students but each student must create their own student account and have a unique password. Please keep a list of passwords at your office. If you forget a password, call Wheeler Clinic at 860-793-2164 and tell them that you have a CSSD-related question.

When a student signs up for a class online, he/she should be sure to click on the "complete" button on the last registration screen. If that isn't done, the student is **not** registered and will not receive an email confirmation.

If your staff members do not have access to computers, you may copy the faxable "student account" form in this calendar, fill one out for each student and fax it to Wheeler Clinic at 860-793-9813. Each student will be registered by Wheeler staff and a confirmation will be faxed to you if you do not have access to email.

Also, those without computers will be able to register for classes by phone (instructions are found on page 3 of the calendar). A confirmation/notification email address or fax number must be given. If a student or his/her supervisor can't be contacted by email; the fax or phone number given to Wheeler Clinic will be used to notify you about cancelled classes, etc.

If your staff members haven't registered as students yet, please have them do so as soon as possible. This is the only way to register for the CSSD required and recommended classes found in this calendar. Please call Wheeler Clinic at 860-793-2164 if you have questions about registration.

We have included directions to all of the sites where these summer classes will be offered. Directions are also available online. Please do not use MapQuest or GPS for these sites.

Please remember, if a student cannot attend a class, Wheeler Clinic should be notified as soon as possible by email or phone. There are often waiting lists to get into classes and as much notice as possible is helpful to notify other potential students.

Thank you for your interest and cooperation.

Laura DiFelice
CSSD Training Academy Supervisor

Instructions for students without email access:

1. Create a student account **either**:

A. **online** (if you can access the internet on a computer) at
<https://cssd.ctclearinghouse.org/>

OR

B. **by fax** - complete the student account form and fax it to Wheeler Clinic - make sure that you select a password. Please make sure that you supply us with your fax number in the space provided so that we may contact you when your account has been set up. Use the faxable form on the next page. PLEASE GIVE US AN EMAIL ADDRESS, even if it's your personal one. We are not able to fax all of the student emails.

2. If you cannot use a computer to sign up for a class, call 860-793-2164 and ask to speak with someone about the CSSD training calendar. They will need your name and your password to put you into the class. We can fax you a confirmation and directions.

3. If you are unable to attend, please call Wheeler Clinic as soon as you know that you won't be able to attend.

4. If the class is cancelled or the location changes, we will use the email, phone number and/or fax that you gave in your student account information to contact you. If this information changes, please call us and let us know.

5. If you become able to use email for class registration, please let us know so that we can change your student account to notify you by email.

6. As always, please call 860-793-2164 and tell them that you have a CSSD-related question or email us at CSSDcalendar@wheelerclinic.org.

Incident Weather Line:

(for any CSSD classes found in this calendar)

860-793-7227

Please call or email Wheeler Clinic if you are unable to attend a class.

Call 860-793-2164 and say that you need to cancel a class or email CSSDcalendar@wheelerclinic.org

CSSD Training Calendar
Student Account Information
(Please use this faxable form only if you are
unable to register online)

PLEASE PRINT LEGIBLY

* required field

First Name: * _____

Last Name: * _____

Job Title: * _____

Account Type: **Contractor** (you work for an agency funded by CSSD) / **CSSD Employee** (you work for the State)

Agency Name: _____

Address: * _____

City: * _____

State: Connecticut

Zip: * _____

Day Phone: * (ex. XXX-XXX-XXXX) _____

Work Email (if available): _____

Fax Number (MANDATORY if you have no email) * _____

Alternate email or cell phone number: _____

Supervisor: _____

Supervisor Contact Info: Phone or Email _____

Name of CSSD-funded Program (if you're not a CSSD employee)

Password: * six (6) character password required – Create a combination of letters and numbers. ____ (CSSD Employees must use their employee ID number)

Confirm Password: * _____

The email address you provide serves as your account user name.

Please complete personal information for all students on the form above. Each student must have a unique password. You may use one email address for multiple students. Please fax or mail each completed form to:

CSSD Training Calendar
Wheeler Clinic, Inc.
334 Farmington Ave., Plainville, CT 06062
Fax: 860-793-9813

Questions?? 860-793-2164 and ask to speak with someone about CSSD trainings.

Classes that I want to sign up for now are (**only 3 mos. are open for registration at a time**)

Class name and number

Date of class

CSSD Training Calendar July-September 2011 Class Offerings

<p>A Flight Plan-Managing Multiple Priorities 1112a- Are you feeling like too many things are up in the air? Trouble keeping all of your goals, agendas and projects afloat? Then this one-day workshop is for you! A Flight Plan: Managing Multiple Priorities will prepare management staff to effectively manage and balance multiple priorities in the workplace. This lively, interactive and FUN session uses a <i>flight deck</i> as the backdrop to accomplish the goals. Participants will understand principles of effective time management, including setting work goals, organization strategies and taking charge of time. 1 session. Location: Plainville Business Center, Training Center 1, third floor, Plainville, CT</p>	<p>Tues., 8/2/11 9:00AM- 4:00PM</p>	<p><u>Brungard</u></p>
<p>CANCELED- A Primer of Cultural Competency 1112a- This course will serve as an introductory training for those seeking more information on how to foster their own, their program's or their organization's cultural competence. We will provide an overview of cultural competence principles and theories, and address the ongoing process of how to work towards becoming more culturally competent service providers. We will focus on key concept areas of self-awareness, knowledge and job-related skills. Organizational and program level domains of cultural competency, as well as an overview of how to plan for cultural competency will also be addressed. This course will offer presentations and dialogue as well as some interactive activities. This course also services as a Primer, to create a learning foundation for those who elect to take MLI's other culture-related courses. 1 session. Location: William Caspar Graustein Memorial Fund, Hamden, CT.</p>	<p>Mon., 8/29/11 9:00 AM- 4:00PM</p>	<p><u>Chartier</u></p>
<p>CANCELED- Adolescent Development 1112a - This class will provide an overview of adolescent development to persons working with children in the juvenile justice system. The seminar will identify who are the children and adolescents in the juvenile justice system, provide an overview of the basic principles of normal adolescent development and insight into abnormal adolescent development. Development will be understood through a positive youth development framework and issues of risk, protection and resiliency will be explored. Finally, an overview of screening, assessing, and providing prevention and intervention services will be provided. The instructor will use case examples and class participation in a series of exercises to achieve the learning objectives. This class is appropriate for anyone working directly or indirectly with adolescents and young adults in the justice and child welfare systems. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Thurs., 8/4/11 9:30 AM- 4:30PM</p>	<p><u>Franks, PhD</u></p>
<p>Adolescent Development, the Parent-Teen Relationship and Drug Abuse 1112a A strong understanding of adolescent development is crucial to effective family treatment. However, psycho-education alone is not enough. We will identify how to integrate a solid foundation of knowledge about physical, cognitive (brain changes), and social emotional development in to the treatment of high risk teens and parents. Three major areas that are critical to the teen-parent relationship are connection, monitoring, and psychological autonomy. We will discuss styles of parenting as well as tips for parents, and providers. Additionally, we will discuss, through case examples, how drug use derails adolescent development and its implications within a family. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Thurs., 7/14/11 9:00AM - 4:00PM</p>	<p><u>Melquist, MA, LPC</u></p>
<p>Adolescent Development, the Parent-Teen Relationship and Drug Abuse 1112b 1 Session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Thurs., 9/15/11 9:00AM- 4:00PM</p>	<p><u>Melquist, MA, LPC</u></p>
<p>Aggression Replacement Training (ART) 1112a MUST BRING THE CURRICULUM - see below- These sessions will review the ART curriculum developed by Arnold Goldstein, Barry Glick and John Gibbs. ART is comprehensive, multi-modal curriculum, composed of skill streaming, Anger Control Training and Moral Reasoning Training. These three components attempt to address the behavioral, emotional and cognitive needs of clients to make pro-social changes in changing aggressive behavior. The training will cover all three components of the curriculum, with demonstrations as well as hands-on learning opportunities. Two sessions. NOTE: All participants are asked to bring a copy of the Aggression Replacement Curriculum to the training. Each site planning to use this curriculum must own their own copy. you may purchase the curriculum at http://www.researchpress.com/product/item/6500/ Please note: This is a new THIRD EDITION with a CD. Students may still bring the old second-edition "purple book" edition. Title of book: Aggression Replacement Training: A Comprehensive Intervention for Aggressive Youth (Paperback). Authors: Dr. Arnold P. Goldstein, Dr. Barry Glick, and Dr. John C. Gibbs. Preference to contracted services, but appropriate for JPO and Juvenile Detention staff also! Location: Plainville Business Center, Training Center 1, third floor, Plainville, CT</p>	<p>Wed., Thurs., 9/7 & 9/8/11 9:00AM- 4:00PM</p>	<p><u>Brandes</u></p>

<p>CANCELED- Anger Reduction 1112a- This session will examine a number of critical issues that are important building blocks for successful anger management treatment. Topics include recognizing anger as a therapeutic target, the neglect of anger in scientific literature, what this means for practitioners, a review of assessment techniques and a model for developing a therapeutic alliance with angry clients. Effective, ineffective and untested treatments for anger will be reviewed as well as a comprehensive intervention model. 2 sessions. Location: Wheeler Clinic North Mountain Road facility, New Britain, CT</p>	<p>Thurs., 9/8 & 9/15/11 9:00 AM- 4:00 PM</p>	<p><u>Tafrate, Ph.D</u></p>
<p>Caring for the Caregiver 1112a This training is a day devoted to the participant. Each person will have a chance to explore how she or he can better care for themselves while maintaining a career in the human services field. Many individuals who are in the field are Caregivers and often put their own needs last while taking care of others. This training is an opportunity to explore some of the most important aspects of self care and balance in our daily lives. Dress casual. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Thurs., 8/25/11 9:00 AM- 4:00 PM</p>	<p><u>McCusker</u></p>
<p>Client Engagement 1112a (Pre-requisite-Motivational Interviewing)- This training will help staff with the engagement process of clients from intake through successful completion of interventions, utilizing motivational interviewing techniques and strength-based principles. Must take Motivational Interviewing 2 or 3 day class before taking Client Engagement - 1 Session. Location: Plainville Business Center, Training Center 3, first floor, Plainville, CT</p>	<p>Thurs., 9/22/11 9:00 AM- 4:00PM</p>	<p><u>Tafrate, Ph.D</u></p>
<p>Cognitive Behavioral Therapy (Part I & Part II) 1112a- This course will provide an overview of the Cognitive Behavioral Theories of emotional disturbance and change. Participants will learn how to apply the cognitive model of assessment to clients experiencing a wide variety of emotional, behavioral and personality problems. Techniques for challenging irrational and distorted beliefs and dysfunctional patterns will also be reviewed and practiced through role-play demonstrations. Participants will also learn strategies to assist clients in fostering productive belief systems and functional behaviors. Methods of applying cognitive principals to clients participating in individual or group sessions will also be discussed. Students must plan on attending both Part I & Part II (2 days total) in order to receive credit. Frameworks as a pre-req is helpful but not mandatory. 2 Sessions. Location: Wheeler Clinic North Mountain Road facility, New Britain, CT</p>	<p>Mon., Tues., 7/18 & 7/19/11 9:00 AM- 4:00PM</p>	<p><u>Tafrate, Ph.D</u></p>
<p>CANCELED- Creating a Culture of Leadership 1112a -This course will benefit supervisory staff at any stage of professional development, as a culture can be shifted by anyone within an organization. Participants will learn about: characteristics of effective leaders, understanding their strengths, skills to increase leadership competency, how a company culture is created, and much more. Leadership principles are based upon the evidence-based research of Kouszes & Posner, authors of the Leadership Challenge. 1 session. Location: Plainville Business Center, Training Center 1, Third Floor, Plainville, CT</p>	<p>Mon., 8/29/11 9:00AM- 4:00PM</p>	<p><u>Petachi, MS</u></p>
<p>Criminal Thinking and Anti-Social Logic 1112a - This training will focus on the themes in criminal thinking, including victim-stance, entitlement, and self-supporting and self –validating thinking patterns. This training will assist participants in understanding the mind of the offender. 1 Session. Location: Plainville Business Center Training Center 1, third floor, Plainville, CT</p>	<p>Fri., 9/9/11 9:00AM- 4:00PM</p>	<p><u>Mitchell, Ph.D.</u></p>
<p>Disproportionate Minority Contact 1112a - This training will provide participants with information on the history of Disproportionate Minority Contact (DMC) in Connecticut and nationally. It will also address the factors that impact DMC and what DMC looks like in Connecticut’s system. Participants will learn about the multiple initiatives in Connecticut to eliminate DMC and how each of us can be a part of the solution. 1 session. Location: Plainville Business Center Training Center 1, third floor, Plainville, CT</p>	<p>Mon., 9/19/11 9:00 AM- 12:00 PM</p>	<p><u>Jackson</u></p>
<p>Eating Disorders 1112a The Eating Disorders course was developed to build awareness of how to effectively work with criminal justice system involved clients who are struggling with eating disorders. The course focuses on symptom detection, diagnostic criteria, etiology and treatment implications for the different types of eating disorders. Participants will also learn how to proportionately respond to eating disorder severity and facilitate appropriate referrals. Eating disorders are discussed within a stress and coping and socio-cultural framework to enhance understanding and empathy, and to promote an effective working relationship with this population. 1 session. Location: Community Solutions Inc, students will be directed to the appropriate room, Windsor, CT</p>	<p>Wed., 9/28/11 9:00AM- 4:00PM</p>	<p><u>Taylor, Ph.D.</u></p>

<p>Engaging Youth and Their Families - 1112a - Target Attendee Groups: Youth Probation Officers, and YES!, MST and ICAPS providers who serve Youth. If you have ever asked: "How can I convince this parent to care when they are just waiting for the kid to turn 18 so they can kick him out?", then this training is for you. This interactive training will build upon concepts from the Adolescent Development, MI, and Client Engagement trainings. "Engaging our Youth" will further explore the unique skills needed to engage Youth and their families in services. The target audience for this training is Probation Officers and Service Providers who work with 16 & 17 year olds. Please come prepared to discuss techniques you employ, success stories and challenges that you have yet to overcome. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Mon., 8/1/11 9:30AM – 12:30PM</p>	<p><u>Franks, PhD</u></p>
<p>European American Cultures- and the Revelation of Attendant Privilege 1112a - Oftentimes, "Caucasian" cultures are thought of as homogenous. This course is for those seeking more information about working with diverse persons of European descent/ European Americans. We will explore some of Connecticut's predominant groups and how they have been influenced by history, war, oppression, immigration/migration, family structure, communication styles, spirituality and health practices will be discussed among some of the topics. The importance of understanding and addressing the specific group cultural/ethnic differences in working with individuals, families and communities will help foster effective communications and help provide more culturally competent services and resources. This training is part of a Cultural Competency Series, and will also provide foundational information for MLI's other cultural trainings. 1 session. Location: William Caspar Graustein Memorial Fund, Hamden, CT.</p>	<p>Wed., 9/21/11 9:00 AM- 4:00 PM</p>	<p><u>Chartier</u></p>
<p>Female Responsive Strategies and Culture 1112a - This training is designed to raise participants' awareness about women/girls' unique needs and provide them with skills that will help them to work with females more effectively. The training connects participants to information and research on female psychosocial development, women's unique needs, the principles of gender specific programming for women and describes best practices that can be integrated into the structure and operations of programs. This training is interactive and draws from participant experience and knowledge. 1 Session. Location: Community Solutions Inc, students will be directed to appropriate room, Windsor, CT</p>	<p>Fri., 9/23/11 9:00 AM- 4:00PM</p>	<p><u>Parkhouse</u></p>
<p>Frameworks of Effective Interventions for Adults 1112a- CSSD is committed to a Risk Reduction Framework. This Framework relies on 8 primary principles that form a theoretical foundation for administrative, management, probation and provider functions. In this training, the 8 principles of the RR Framework will be articulated and discussed. Particular attention will be paid to the research that supports these principles, how they are operationalized, and the on-going challenges and opportunities they present. This class focuses on how this approach applies to adult clients. 1 Session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Wed., 7/13/11 9:00 AM- 4:00 PM</p>	<p><u>Delude,</u> <u>Rushkowski</u></p>
<p>Frameworks of Effective Interventions for Juveniles 1112a- CSSD is committed to a Risk Reduction Framework. This Framework relies on 8 primary principles that form a theoretical foundation for administrative, management, probation and provider functions. In this training, the 8 principles of the RR Framework will be articulated and discussed. Particular attention will be paid to the research that supports these principles, how they are operational zed, and the on-going challenges and opportunities they present. This class focuses on how this approach applies to juvenile clients. 1 Session. Location: Plainville Business Center, Training Center 1, 3rd floor, Plainville, CT</p>	<p>Thurs., 7/14/11 9:00 AM- 4:00 PM</p>	<p><u>Revaz</u></p>
<p>Frameworks of Effective Interventions for Juveniles 1112b - 1 session. Location: Plainville Business Center, Training Center 1, 3rd floor, Plainville, CT</p>	<p>Thurs., 9/29/11 9:00 AM- 4:00 PM</p>	<p><u>Revaz</u></p>
<p>FSC Services Model- This one day training on the Family Support Center (FSC) model "a multi-service one-stop program for Family with Service Needs juveniles. FSC staff and YES staff will be trained on model approach and practice for the following key areas, screening and assessment, collaborative plan, collaborative plan review, and service levels. Training will also consist of review of FSC forms, referral process, system collaboration and communication, and triage process. There will also be a review of roles and responsibilities of the Case Managers, Educational Advocates, and Clinical Coordinators." 1 session. Location: Plainville Business Center, Training Center 3, 1st floor, Plainville, CT.</p>	<p>Fri., 9/30/11 9:00 AM- 4:00 PM</p>	<p><u>Contreras</u></p>

<p>Girls Circle 1112a— <i>Promoting Resiliency in Adolescent Girls</i>, provides a comprehensive course on the Girls Circle model for participants of all experience levels and solidly sets the foundation for implementing female responsive programming via Girls Circle support groups; a dynamic strengths-based group approach to promote girls’ resiliency and self-esteem during their adolescent development. Trainers use an experiential model of learning to include lecture, demonstration, discussion, activities, simulation, and brainstorming to stimulate participants’ learning, and individual and small group work in practicum to provide adults with the knowledge, skills, and support to effectively facilitate Girls Circle support groups. Staff learn how to create a healthy, safe, and structured environment whereby girls explore female identity, their behaviors and decisions, and to strengthen their capacities to create healthy life experiences, individually and collectively. Facilitator Manuals will be provided. 2 sessions. Location: Institute of Technology and Business Development (ITBD), room 319, New Britain, CT</p>	<p>Thurs., Fri., 9/15 & 9/16/11 8:30 AM– 4:30 PM</p>	<p><u>Tyrol</u></p>
<p>Grief and Loss 1112a -The experience of a single loss or successive losses in the life of an adult can have a significant impact on his/her functioning. We will explore the area of grief and loss as it pertains specifically to adults, especially focusing on divorce, death, family relationships, friendships, aging/health, incarceration, substance abuse and careers. We will also look at how professionals can recognize behaviors associated with adults in the grief process and how to assist adults in resolving their losses. 1 session. Location: Plainville Business Center, Training Center 1, third floor, Plainville, CT</p>	<p>Thurs., 7/7/11 9:00 AM– 4:00 PM</p>	<p><u>Donegan,</u> <u>MSW,</u> <u>Donegan,</u> <u>MSW</u></p>
<p>Grief and Loss 1112b—1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Fri., 9/30/11 9:00 AM– 4:00 PM</p>	<p><u>Donegan,</u> <u>MSW,</u> <u>Donegan,</u> <u>MSW</u></p>
<p>Group Facilitation 1112a- This training will focus on the skills necessary to run effective group sessions. Participants will discover how learning styles and personality impact the group process and how to manage these dynamics effectively. Participants will learn how to deal effectively with challenging groups and the conflict management skills needed to run successful group sessions. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Thurs., 7/28/11 9:00AM– 4:00PM</p>	<p><u>Fraser</u></p>
<p>Intro to Clinical Issues Regarding Sexual Orientation, Gender Identity and Expression 1112a (<i>May be taken with the half-day Intro to Sexual Orientation, etc. class</i>) The assessment of individuals in these special populations as to whether their personal preferences and identity issues are causing personal conflict is a complex process. The integration of the information into the individual's treatment experience requires both compassion and respect for the struggles that they often encounter within themselves, within their personal lives, and within society at large. This training will address each of these issues through open discussion, case vignettes, and an overview of materials relevant to each of the factors. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Mon., 9/12/11 1:00 PM– 4:00PM</p>	<p><u>O’Sullivan</u></p>
<p>Intro to Gambling Addiction and Treatment 1112a - The “Invisible” Addiction: Problem/Compulsive Gambling. Why Do We Need To Talk About This? The U.S has become a gambling society. Gambling is mainstream, accepted and glamorized. For most people it is recreation but for many it is risky behavior that can bring severe consequences to the individual, family and community. This training will examine disordered gambling, similarities and differences between gambling and other addictions, assessment and diagnosis, treatment considerations, risk and protective factors, warning signs, special populations/issues 1 session. Location: Connecticut Clearinghouse, Plainville, CT.</p>	<p>Wed., 9/7/11 9:00 AM– 4:00 PM</p>	<p><u>Devendorf</u></p>
<p>Intro to Juvenile Justice 1112a - This session provides an introduction to the Juvenile Justice System, briefly highlighting the history, original purpose, and the distinguishing features from the adult system. The training focuses on the structure of the Juvenile Court in CT, with emphasis on the different types of matters handled, and case processing and dispositional options. There is also an emphasis on the current goals and practices of community-based supervision, recent important developments that have shaped Juvenile Probation practices, and the role of the contracted provider.1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Thurs., 7/21/11 9:00 AM– 1:00 PM</p>	<p><u>Bibbiani</u></p>
<p>Intro to Juvenile Justice 1112b - 1 session. Location: Plainville Business Center , Training Center 1, third floor, Plainville, CT</p>	<p>Wed., 9/21/11 9:00 AM– 1:00 PM</p>	<p><u>Bibbiani</u></p>

<p>Introduction to Sexual Orientation, Gender Identity and Expression 1112a - In this very interactive session, participants will review basic issues regarding lesbian, gay, bisexual, transgender, questioning and intersex youth and adults. The conversation will include the impact of homophobia and other forms of discrimination on both youth and adults. Participants will become familiar with the importance of using correct terminology and having respectful interactions both with clients and with co-workers. (<i>This class is introductory and morning only. A separate class (Intro to Clinical Skills) is offered with an in-depth look at clinical issues</i>). 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Mon., 9/12/11 9:00 AM– 12:00 PM</p>	<p><u>O'Sullivan</u></p>
<p>Intro to TARGET 1112a - Juvenile justice systems increasingly are mandated to provide evidence-based interventions for youth. As research and experience have shown, evidence-based trauma-informed interventions are of particular importance because most justice-involved youth have experienced traumatic violence, maltreatment, or loss (Ford, et al., 2007, NCMHJJ Paper). TARGET (Trauma Affect Regulation: Guide for Education and Therapy) is an educational and therapeutic approach for the prevention and treatment of complex Post-traumatic Stress Disorder. This workshop will provide an overview of the conceptual framework for TARGET and the seven-step sequence of skills, the FREEDOM Steps, that are designed to enable youth and adults to understand and gain control of trauma-related stress reactions. 1 session. Location: Advanced Trauma Solutions, auditorium, Farmington, CT.</p>	<p>Fri., 7/29/11 9:00AM– 12:00PM</p>	<p><u>Ford, MA</u></p>
<p>CANCELED- Introduction to Trauma 1112a - This class is a basic introduction to trauma, presented in "layman's terms," designed to increase understanding of clients that may have experienced trauma over the course of their lives. Several concepts will be discussed including "trauma" and/or "traumatic event", human response to trauma, issues related to trust, safety and survival, as well as terms such as PTSD (Post Traumatic Stress Disorder) and Vicarious Trauma. Practical and effective approaches in working with clients will be reviewed. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Fri., 8/19/11 9:00AM– 4:00PM</p>	<p><u>Varanelli, LCSW</u></p>
<p>LSI/ ASUS –r Overview 1112a (Motivational Interviewing & Frameworks are strongly suggested prior to taking this class.) The one day overview of the Level of Service Inventory and Adult Substance Use survey assessments will give the participant an introduction to these two assessment tools that the Court Support Services Division currently uses in their work with adult criminal offenders. The one day overview will review the purpose and intent of using assessments in evaluating the type of services and level of services that an offender may need in order to reduce the level of recidivism for the offender. The administration and scoring of both assessments will be reviewed as well as the interpretation of the results and how that information can be utilized in case planning for the future with the offender. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Tues., 7/26/11 9:00- 4:00 PM</p>	<p><u>Pavasaris</u></p>
<p>LSI/ ASUS –r Overview 1112b (Motivational Interviewing & Frameworks are strongly suggested prior to taking this class.) 1 session. Location: Plainville Business Center, Training Center 1, third floor, Plainville, CT</p>	<p>Fri., 9/2/11 9:00- 4:00 PM</p>	<p><u>Pavasaris</u></p>
<p>LSI/ ASUS-r Refresher 1112a (must have had full 4 day class) 1112a - THIS CLASS IS A REVIEW FOR THOSE WHO ADMINISTER THE LSI AND ASUS. This course will review the purpose, goals and practical skills required to administer and properly score the Level of Service Inventory Assessment and the Adult Substance Use Survey. It will review the results of both assessments and how they may be used in aiding participants in the supervision of their clients and referring for appropriate services to assist in reducing recidivism by addressing their client's criminogenic needs. This training is intended for those individual who <u>currently are required as part of their job requirements to complete the LSI and ASUS assessment instruments</u>, have previously received basic training in administering both assessment instruments and who only need a refresher to reinforce the concepts and practical skills required to properly administer these assessments. Pre-requisite - 4 day basic class. Participants will need to bring an LSI and ASUS with them from their caseload so that we can use those examples at the end of the day to have them see "real" world application. 1 Session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Wed., 7/27/11 9:00AM - 4:00PM</p>	<p><u>Pavasaris</u></p>
<p>CANCELED- LSI/ ASUS-r Refresher 1112b (must have had full 4 day class) 1112b 1 Session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Fri., 8/26/11 9:00 AM- 4:00 PM</p>	<p><u>Pavasaris</u></p>

<p>CANCELED- LSI/ ASUS-r Refresher 1112c (must have had full 4 day class) 1112c 1 Session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Thurs., 9/1/11 9:00 AM- 4:00 PM</p>	<p>Pavasaris</p>
<p>CANCELED- MAYSI-2 1112a - PRE-REQ - Suicide Prevention - Exceptions may be made for YES/ FSC expansion sites with permission from CSSD. Best practice standards require that all youth entering the juvenile justice system receive an evidence-based mental health screening to identify emergent risk and mental health needs. The MAYSI-2 is a brief, standardized tool that meets best practice standards. In this training session, attendees are provided information regarding the development and research support for the MAYSI-2. Attendees are also provided a framework for administering and scoring the MAYSI-2 with emphasis on how to integrate MAYSI-2 results into management and referral decisions. 1 session. Location: Plainville Business Center Training Center 1, Plainville, CT</p>	<p>Tues., 7/19/11 1:00 PM- 4:00PM</p>	<p>Cruise, PhD</p>
<p>MAYSI-2 1112b- PRE-REQ - Suicide Prevention - Exceptions may be made for YES/ FSC expansion sites with permission from CSSD. 1 session. Location: Connecticut Clearinghouse, Plainville, CT.</p>	<p>Wed., 8/17/11 1:00 PM- 4:00PM</p>	<p>Cruise, PhD</p>
<p>CANCELED- MET/ CBT (Cannabis Youth Treatment) 1112a Pre-Requisites Motivational Interviewing, CBT preferred -Target Groups: CSSD Contractors (Priority-YES! PROGRAM STAFF and Juvenile Programs)! Students must bring the curriculum with them to training found at http://kap.samhsa.gov/products/manuals/cyt/index.htm. Print out the first two volumes (includes all 12 sessions of the curriculum). You will need to order or print out the other 3 volumes to have on hand at your sites. Introduces providers to the motivational enhancement therapy/ cognitive behavioral therapy (MET/CBT) approach to treating adolescent marijuana users. Provides instructions on conducting individual and group sessions on skills such as solving problems, managing anger and depression, improving communication skills, coping with cravings and urges to use marijuana, planning for high-risk situations, and coping with relapse. 3 sessions. Location: Plainville Business Center, Training Center 1, third floor, Plainville, CT</p>	<p>Tues., Wed., Thurs., 8/23, 8/24 & 8/25/11 9:00AM- 4:00PM</p>	<p>Parkhouse</p>
<p>Motivational Interviewing 1112a - This is a 2 day interactive seminar designed to train staff in the effective use of basic and advanced strategies of motivational interviewing, an effective, client-centered, non-confrontational approach to increasing internal motivation for change. Participants will be taught how to apply these strategies to their day to day occupations, through the use of role plays, demonstrations and other experiential activities. 2 Sessions. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Fri., 7/8 & 7/15/11 9:00 AM- 4:00 PM</p>	<p>Eckert LPC, LADC</p>
<p>Motivational Interviewing 1112b - 2 Sessions. Location: Wheeler Clinic North Mountain Road facility, New Britain, CT</p>	<p>Fri., Thurs., 9/23 & 9/29/11 9:00AM- 4:00PM</p>	<p>Tafrate, Ph.D.</p>
<p>Overview of Intervention 1112a- For PD's, and PO's in the YES! program only- This training is an overview of the interventions offered by the YES programs. It will comprise of a brief description of Voices, MET/CBT, ART, Target and Viewpoints. Some of the information to be presented and discussed in the training will include how long each intervention runs, what the interventions goals are and what some possible client needs are that would be appropriate for referral. The training is targeted to help program staff and Juvenile Probation Officers have a context to make referral decisions and to be able to have a common understanding for future communication. This training is not meant to be used to train individuals for facilitation of these interventions. This is a training for PD's and PO's in the YES programs intended to enhance decision making around referrals to YES interventions. 1 session. Location: Plainville Business Center, Training Center 1, third floor, Plainville, CT.</p>	<p>Tues., 9/20/11 8:30 AM- 1:00PM</p>	<p>McCusker</p>
<p>Overview of Mental Illness 1112a (may be taken with Overview of Psychotropic Drugs) – This half-day training will cover the basic signs and symptoms of the major mental health disorders and their potential impact on the functioning of the individual. The disorders will be discussed using case studies and film vignettes as well as handouts outlining the similar as well as differing criteria for each which can complicate the process of intervention and stabilization. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Tues., 8/2/11 1:00 PM- 4:00 PM</p>	<p>O'Sullivan</p>

CANCELED-Overview of Motivational Interviewing 1112b- This training is an overview of basic and advanced strategies of motivational interviewing, an effective, client-centered, non-confrontational approach to increasing internal motivation for change. Participants will be taught how to apply these strategies to their day to day occupations through the use of role plays, demonstrations and other experiential activities. 1 Session. Location: Connecticut Clearinghouse, Plainville, CT	Tues., 8/9/11 9:00AM– 12:00PM	Eckert LPC, LADC
Overview of Psychotropic Drugs 1112a (may be taken with Overview of Mental Illness) This half-day training will cover the major medications utilized to treat the major mental health disorders as well as the addictive disorders. Potential pros and cons of the various medications to include side effects will be discussed as well as the potential for danger if the medications are mixed with alcohol or street drugs. 1 session. Location: Connecticut Clearinghouse, Plainville, CT	Tues., 8/2/11 9:00 AM– 12:00 PM	O'Sullivan
Overview of the IEP: Map to an Appropriate Program 1112a Participants will review the guidelines with respect to local education agency obligation to conduct Functional Behavioral Assessments for students exhibiting behavioral difficulties in the educational setting. Participants will also be provided a comprehensive review of the process for the conducting Functional Behavioral Assessments and developing Behavioral Intervention Plans. This training is for Educational Advocates for the YES and FSC programs. Location: Connecticut Clearinghouse, Plainville, CT	Monday, 8/15/11 9:00 AM– 1:00PM	Kaufman
Professional Ethics 1112a- This course covers important issues for professionals working in the human services field. It covers the following issues in a didactic and experiential format: definition of ethics, exploring ethical principles, appropriate boundaries (rigid, diffuse, flexible, appropriate touch) review of the code of ethics for several professions (criminal justice officer, social workers, certified counselors) and sexual harassment. 1 session. Location: Connecticut Clearinghouse, Plainville, CT	Thurs., 7/7/11 9:00AM – 4:00PM	Mulready, MD
Rational Emotive Behavioral Therapy (Cognitive Restructuring) 1112a This course will provide the theory and principles of Rational Emotive Behavioral Therapy – and beyond. Additional information will be included that will enhance REBT and make it more effective with clients such as styles of interpersonal communication, power positions, assertiveness and conflict resolution. The course includes both didactic and experiential components. 1 session. Location: Connecticut Clearinghouse, Plainville, CT	Tues., 9/20/11 9:00AM - 4:00PM	Mulready, MD
Sexual and Gender Identity in Youth-Serving Agencies 1112a Lesbian, Gay, Bisexual, and increasingly, transgender youth and young adults are coming out earlier– a reality that has significant ramifications for court support services personnel. Often, youth-serving professionals — however open and accepting they might be — feel little prepared to deal with the issues associated with sexual and gender minority status in our culture – or in our detention centers. This lively, interactive discussion will offer participants the opportunity to explore the issues; differentiate between personal values and cultural myths or stereotypes which, if unexplored, can significantly impact one's ability to work effectively with sexual minority populations; assess their readiness to effectively serve this population, and develop strategies for providing affirming, culturally competent programs and services to LGBT clients within CSSD. 1 session. Location: Connecticut Clearinghouse, Plainville, CT	Mon., 7/25/11 9:00 AM– 12:00 PM	McHaelen, MSW
CANCELED- SIQ- “Screening and the Suicidal Ideation Questionnaire”1112a - Participants will trained on administering the SIQ and SIQ JR instruments. They will also be provided on the applicability of FSC screening and assessment instruments. FSC, YES & Mentoring program staff only. 1 session. Location: Connecticut Clearinghouse, Plainville, CT	Wed., 8/17/11 12:00 PM– 1:00 PM	Krauss, Psy.D
Strength-Based Approaches for Working with Youth 1112a -This program will help practitioners to approach clients with a greater concern for their strengths and competencies. Practitioners will learn how to recognize, identify, document and enhance strengths in clients for better outcomes. 1 session. Location: Connecticut Clearinghouse, Plainville, CT	Tues., 8/23/11 9:00 AM - 4:00 PM	Brandes
Stress Management for Professionals via Self-Care 1112a This workshop takes a holistic self care approach to managing stress. It includes information on nutrition, spirituality and stress reduction techniques that can be repeated at home or in the office. 1 session. Location: Connecticut Clearinghouse, Plainville, CT	Thurs., 8/11/11 9:00AM - 4:00PM	Mulready, MD

<p>Suicide Prevention 1112a - This training will cover major topics of suicide and provide participants with skills to feel better equipped to manage a client experiencing thoughts or behaviors of suicide. The participant will be able to distinguish the difference between suicidal gestures, ideation and intent and self-injurious behaviors. The day will be an interactive approach to assist you to identify the warning signs of suicidal behavior, identify and understand the risk factors in certain populations and conduct a skilled suicide assessment, evaluating lethality, and use techniques to deescalate, support and intervene with suicidal persons. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Tues., 7/19/11 9:00AM- 4:00PM</p>	<p><u>Eckert,</u> <u>LPC, LADC</u></p>
<p>Suicide Prevention 1112b - 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Tues., 9/13/11 9:00AM- 4:00PM</p>	<p><u>Eckert,</u> <u>LPC, LADC</u></p>
<p>TARGET 1 1112a Level 1-(open to CSSD-funded community-based YES! and FSC programs that are receiving ongoing consultation and quality assurance from Advanced Trauma Solutions) TARGET (Trauma Affect Regulation: Guide for Education and Therapy) is an educational and therapeutic approach for the prevention and treatment of complex Post-traumatic Stress Disorder. This workshop will provide an overview of the TARGET conceptual framework and FREEDOM skill set that was developed by Dr. Julian Ford to address the core issue for trauma survivors, trauma-related biological reactivity. This workshop will redefine the nature and dynamics of psychological trauma and explain how trauma causes “post-traumatic stress” by changing the brain and body’s stress response systems. TARGET is an approach that enhances resilience by helping survivors move from survival coping to emotional, mental, and relational regulation. This initial 3 day training will cover the impact of traumatic stress on the brain, social and emotional development, and ability to regulate affect; the neurobiology of stress and coping; and introduction to the key concepts, terms, and skills for using TARGET. This training is the first step for program staff who are interested in providing trauma-informed care and will be using the TARGET skills with youth in their roles as counselors, clinical coordinators, educational or vocational specialists, case managers, case aides, or juvenile probation officers. This course is a prerequisite for the TARGET Level 2 Skills Integration training. 3 sessions. Location: Advanced Trauma Solutions, auditorium, Farmington, CT</p>	<p>Mon., Tues., Wed., 8/8, 8/9, 8/10/11 9:00AM– 4:00PM</p>	<p><u>Ford, MA</u></p>
<p>TARGET 2 1112a - Level 2 (open to CSSD-funded community-based YES! and FSC programs that are receiving ongoing consultation and quality assurance from Advanced Trauma Solutions) TARGET (Trauma Affect Regulation: Guide for Education and Therapy) Skills Integration Training is designed for staff who have completed the 3 day TARGET Level 1 Skills Training and are actively conducting TARGET groups for youth. The focus of this training will be on understanding and integrating key TARGET concepts, and practical application of the FREEDOM steps. Participants will have the opportunity to work on structuring TARGET groups and using the FREEDOM steps fluidly to help clients process stressful experiences and build resilience. To be eligible for Level 2 TARGET training, participants must have completed Level 1 training, conducted at least 2 TARGET groups, and submitted tapes of their work for fidelity monitoring. 3 sessions. Location: Plainville Business Center Training Center 1, third floor, Plainville, CT</p>	<p>Mon., Tues., Wed., 9/26, 9/27, 9/28/11 9:00AM– 4:00PM</p>	<p><u>Ford, MA</u></p>
<p>Teambuilding for Supervisors: Activities and Exercises to Build a Strong Team 1112a (for CSSD staff working in Juvenile Residential Facilities ONLY) Research demonstrates that a strong team, with common goals and mission is necessary to implement evidence based practices. Turnover can be reduced by building camaraderie and dedication to the team. This training will be highly interactive, with team building activities that can be used in your program as part of staff development days or staff meetings to energize and unify team members. Please wear comfortable clothing and flat shoes or sneakers. 1 session. Location: Plainville Business Center Training Center 1, third floor, Plainville, CT</p>	<p>Thurs., 9/22/11 9:00AM - 4:00PM</p>	<p><u>Brandes</u></p>
<p>Technology in the Teen World 1112a - This training will explore many aspects of our current technology and how it affects present day adolescents. A historic view will be taken to best see how technology has influenced teens to date and what may be in store for the future. Time will be spent on how technology can help and/or hinder teen relationships and adolescent development. We will also review how to set technological boundaries with teen clients . 1 session. Location: Wheeler Clinic North Mountain Road facility, New Britain, CT</p>	<p>Fri., 8/26/11 9:00AM– 4:00 PM</p>	<p><u>Donegan,</u> <u>MSW,</u> <u>Donegan,</u> <u>MSW</u></p>

<p>The Council for Boys and Young Men 1112a– This training provides a comprehensive course on The Council model for participants of all experience levels and solidly sets the foundation for implementing male responsive programming via Council support group; a dynamic strengths-based group approach to promote boys' and young men's safe, strong and healthy passage through pre-teen and adolescent years. Trainers use an experiential model of learning to include lecture, demonstration, discussion, activities, simulation, and brainstorming to stimulate participants' learning, and individual and small group work in practicum to provide adults with the knowledge, skills, and support to effectively facilitate Council support groups. Staff learn how to create a healthy, safe, and structured environment whereby boys and young men experience the vital opportunity to address masculine definitions, their behaviors and decisions, and to strengthen their capacities to create healthy life experiences, individually and collectively. Facilitator Manuals will be provided. 2 sessions. Location: Institute of Technology and Business Development (ITBD), room 319, New Britain, CT</p>	<p>Thurs., Fri., 9/22 & 9/23/11 8:30AM– 4:30PM</p>	<p><u>Tyrol. Bland</u></p>
<p>The Functional Behavior Assessment (FBA) and Behavior Intervention Plan (BIP) Participants will review the guidelines with respect to local education agency obligation to conduct Functional Behavioral Assessments for students exhibiting behavioral difficulties in the educational setting. Participants will also be provided a comprehensive review of the process for the conducting Functional Behavioral Assessments and developing Behavioral Intervention Plans. This training is for Educational Advocates for the YES and FSC programs. Location: Connecticut Clearinghouse, Plainville, CT.</p>	<p>Monday, 8/22/11 9:00 AM– 1:00PM</p>	<p><u>Kaufman</u></p>
<p>CANCELED- Training for Trainers: Becoming a Better Trainer 1112a- This workshop is intended for people who desire to learn or enhance their training skills. It is not intended for experienced trainers. The workshop is a combination of didactic and hands-on experience in a safe learning environment Guidelines for developing a curriculum or using a prepared curriculum will be presented along with key group process strategies and tasks. The participants will work in a team to create or adapt a training product to have hands-on experience working with the material. The product will be presented to the instructor and other members of the group for feedback on content, methods and training style. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Tues., 8/16/11 9:00AM - 4:00PM</p>	<p><u>Mulready, MD</u></p>
<p>Vicarious Trauma & Its Impact on Service Providers 1112a - Vicarious Trauma occurs when the service provider experiences various symptoms as a result of their attempts to assist the client. The most common term used to describe vicarious trauma is “burn out”. Vicarious trauma can occur swiftly after a single event or can build up over years as the service provider continues to bare witness to the adversity that their clients face. The impacts of vicarious trauma are often unconscious and in that way can be building to a crisis point without the individual being aware of the damage that is being caused. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Mon., 9/26/11 9:00 AM- 4:00 PM</p>	<p><u>O'Sullivan</u></p>
<p>Viewpoints- 1112a- Viewpoints is a group training program for at-risk youth. The ten-lesson curriculum is designed to teach social problem-solving skills, increase impulse control, promote empathy, and develop prosocial attitudes in adolescents. The program covers topics such as peer pressure, drugs and alcohol, stress, fairness, and prejudice. Lessons involve reading, writing, and group discussion. Each lesson poses real-life problem situations that are interesting, relevant, and highly thought provoking. Students will receive an email from CSSD prior to the Viewpoints training with an attached manual (Book 3) as well as the teachers' guide for copying, please print them out and bring them to the class. 1 session. Location: Plainville Business Center, Training Center 1, 3rd floor, Plainville, CT</p>	<p>Fri., 7/15/11 9:00 AM– 4:00PM</p>	<p><u>Macomber</u></p>
<p>CANCELED- Viewpoints- 1112b- 1 session. Location: Plainville Business Center, Training Center 1, 3rd floor, Plainville, CT</p>	<p>Fri., 8/26/11 9:00 AM– 4:00PM</p>	<p><u>Macomber</u></p>
<p>Women's Issues in Treatment 1112a - This training will focus upon the specific challenges that face women as they attempt to stabilize and move forward from addiction and psychiatric diagnoses. Focus will be upon creative approaches that are gender specific and will assist female clients in moving forward in their recovery. The training will utilize lectorettes, small group activities, case studies, and film vignettes to assist the trainee in practicing assessment, treatment planning, and interventions that are gender specific. 1 session. Location: Connecticut Clearinghouse, Plainville, CT</p>	<p>Mon., 8/8/11 9:00 AM– 4:00 PM</p>	<p><u>O'Sullivan</u></p>

Working with Southeast Asian Individuals and Families 1112a - This course is for those seeking more information about how to work more appropriately and effectively with South East Asian individuals, families and communities. Some of the predominant South East Asian cultures in Connecticut will be examined. We will look across the lifespan, gender roles, and both in traditional and modern contexts. The roles of historical events, trauma and cultural pressures will also be explored. Also addressed are health beliefs and concepts of wellness and illness that also play a key part in daily life across many of these cultures. We will also explore effective communication, what to avoid, and how to use or not use interpreters. This training will also provide foundational information for other trainings as part of MLI's Cultural Competence series offerings. 1 session. **Location:** William Caspar Graustein Memorial Fund, Hamden, CT.

Wed.,
9/14/11
9:00 AM-
4:00P M

[Tuoc Phan,
M.A.](#)

CANCELED-Youth Self-Esteem & Empowerment 1112a- This workshop provides didactic and experiential components designed to build self-esteem and empowerment in youth. It is a skill oriented course that the participant can adapt to his/her target population. The course is most effective when all topics are covered but each cluster can be presented as a stand alone workshop. Topics will be chosen by the workshop participants Topics include: overview of empowerment, you and the science of cybernetics, knowing me, irrational beliefs, self image, love and acceptance, positions of power, styles of interpersonal behavior, personal power, ladder of communication, assertiveness, conflict resolution, self soothing, forgiveness, exploring options: prosperity and abundance, and universal power.1 session. **Location:** Connecticut Clearinghouse, Plainville, CT

Tues.,
9/27/11
9:00 AM-
4:00 PM

[Mulready,
MD](#)

Youth Self-Esteem & Empowerment 1112b- This workshop provides didactic and experiential components designed to build self-esteem and empowerment in youth. It is a skill oriented course that the participant can adapt to his/her target population. The course is most effective when all topics are covered but each cluster can be presented as a stand alone workshop. Topics will be chosen by the workshop participants Topics include: overview of empowerment, you and the science of cybernetics, knowing me, irrational beliefs, self image, love and acceptance, positions of power, styles of interpersonal behavior, personal power, ladder of communication, assertiveness, conflict resolution, self soothing, forgiveness, exploring options: prosperity and abundance, and universal power.1 session. **Location:** Connecticut Clearinghouse, Plainville, CT

Tues.,
8/30/11
9:00 AM-
4:00 PM

[Mulready,
MD](#)

**Wheeler Clinic, Inc
Connecticut Clearinghouse**

334 Farmington Avenue

Plainville, CT 06062

Tel: 800.232.4424

Questions please call 860-793-2164

Parking is directly in front of and to the side & rear of the building

From Danbury – Waterbury Area

Take Interstate 84 East to Exit 34 (Crooked St.). At the end of the exit, turn left. At the light, turn left onto Route 372. Go to the fifth light, and turn right onto Farmington Avenue (Route 10).

Connecticut Clearinghouse is one mile on the right.

From Hartford Area

Take Interstate 84 West to Exit 33 (Route 72 West, Bristol). Bear to the right and take Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Middletown Area

Take Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Southern Connecticut

Take Interstate 95 North to New Haven. Take the exit for Interstate 91 North toward Hartford. Take Exit 22N onto Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Southeastern Connecticut

Take Interstate 95 South to Exit 69 onto Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Northeastern Connecticut

Take Interstate 84 West to Exit 33 (Route 72). Bear to the right and take Exit 2 (New Britain Ave., Plainville, Route 372) exit. At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

From Northwestern Connecticut

Follow Route 44 East to Route 177 South in Canton. Continue on Route 177 through Unionville, crossing over Route 6 and past Tunxis Community College. Proceed one mile past the college, and turn left at the light onto Northwest Drive. Go straight at the stop sign to the next traffic light. Turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is a quarter mile on the left.

**Wheeler Clinic, Inc
North Mountain Road Facility**

75 North Mountain Road

New Britain 06053

Front Desk Phone (860) 229-6820

Questions please call 860-793-2164

Parking is available to the side of the building and at the lowest level of the building

From I 91 North (from New Haven):

Take Exit 22N onto Route 9 North towards New Britain

Take Exit 28 onto Route 72 West (left exit) towards New Britain/Bristol

Take Exit 7, Route 372, Corbin Avenue

At the end of the ramp, turn right onto Corbin Avenue/Route 372 West

Turn left at the first light onto West Main Street/Route 372

Proceed about .6 miles to North Mountain Road and turn right

After 1/10 mile, you will see signs on the right for Wheeler Clinic and the
Department of Motor Vehicles.

Turn right, and stay right. The ARRC/AIC building is in the rear to the right of the
DMV building

From I 91 South (from Windsor Locks):

In Hartford, take Exit 32A, I-84 West, and follow directions below.

From I 84 West (from Hartford):

Take Exit 35 - Route 72 East toward New Britain (left exit)

Take Exit 7, Route 372, Corbin Avenue (first exit on the right after you leave 84)

At the end of the ramp turn left onto Corbin Avenue/Route 372 West

Turn left at the second light onto 372 West/West Main Street

Proceed .6 miles and turn right onto North Mountain Road After 1/10 mile, you will see signs on the
right for Wheeler Clinic and the

Department of Motor Vehicles.

Turn right, and stay right. The ARRC/AIC building is in the rear to the right of the
DMV building

From I 84 East (from Waterbury)

Take Exit 34 - Crooked Street/Route 372

Turn left at the end of the ramp onto Route 372 East

Proceed about 1.5 miles to North Mountain Road

After 1/10 mile, you will see signs on the right for Wheeler Clinic and the
Department of Motor Vehicles.

Turn right, and stay right. The ARRC/AIC building is in the rear to the right of the
DMV building

Wheeler Clinic, Inc
Plainville Business Center

74 East Street (Rt. 10)

Plainville, CT 06062

860-793-4492

Questions please call 860-793-2164

ALL LOCATIONS FOR CLASSES AT THE PLAINVILLE BUSINESS CENTER ARE POSTED IN THE LOBBY

From I-84 West (from Hartford):

Take exit 33, Route 72 West toward Bristol. This is a highway connector.

Take the first exit off 72 West connector, signed New Britain Avenue/Plainville, Route 372 (Exit 2)

At the end of the exit ramp, turn left onto Route 372 West

Proceed about 0.8 miles and turn left onto East Street/Route 10 South

Go ¼ mile. Plainville Business Center is on the left, across from Gnazzo's Grocery store

From I-84 East (from Waterbury):

Take exit 33, Route 72 West toward Bristol. This is a left exit onto a highway connector

Take the first exit off connector (Exit 1), Route 177, No. Washington Street

Go left at the end of the ramp onto Route 177, No. Washington Street

Go .8 miles and turn left at light onto Broad Street

Go .7 miles and turn left onto East Street, Route 10 South

Plainville Business Center is about ¼ down on the left, across from Gnazzo's Grocery store

From I-91 North (New Haven/Meriden):

Take Exit 22N onto Route 9 North toward New Britain

Take Exit 28 – Route 72 West (left exit) toward Bristol

Merge briefly onto I-84 West

Take Exit 33, Route 72 West toward Bristol. This is a highway connector

Take first exit off connector (Exit 2), New Britain Avenue/Plainville/Route 372

At the end of the exit ramp, turn left onto Route 372 West

Proceed about 0.8 miles and turn left onto East Street, Route 10 South

Go ¼ mile. Plainville Business Center is on the left, across from Gnazzo's Grocery

Community Renewal Team, (CRT), Inc.

555 Windsor Street,
Hartford, CT 06120
(860) 560-5600

Questions please call 860-793-2164

Parking is in the lot across the street from the building.

From 91 N and S

Take the Trumbull Street exit #32 B and go straight up Trumbull Street, cross over Market Street and take a right onto Windsor Street. Follow for 1.5 miles to #555, a gray building on the left. Visitor parking is on the right, across the street from the building. Please see receptionist upon entering.

From I-84 East (from Waterbury)

Take the Main Street exit #50, go left at the first light onto Trumbull St., bear right going through the next light which is the Main Street intersection. Take the first left onto Windsor Street. Follow for 1.5 miles to #555, a gray building on the left. Visitor parking is on the right, across the street from the building. Please see receptionist upon entering.

From I-84 West (from Manchester)

Take the **US-44 W** exit, **EXIT 50**, toward **I-91 S/MAIN ST.** At light go right onto Market Street, then first left onto Pleasant Street. Take first right onto Windsor Street. Follow for 1.5 miles to #555, a gray building on the left. Visitor parking is on the right, across the street from the building. Please see receptionist upon entering.

Advanced Trauma Solutions, Inc. (ATS)

17 Talcott Notch Road

Farmington, CT 06032

860-269-8663

Questions please call 860-793-2164

Directions to ATS Office and Auditorium -

From I84 West or East

Take exit 39. At the end of the off-ramp turn right onto Farmington Avenue (Rt. 4). Continue on Farmington Ave. for 1 mile and turn left on Talcott Notch Rd. Turn left on Talcott Forest (first left). The building is the first red brick building on the right. Parking is available in the front and rear of the building. (Note: although the address is Talcott Notch, the building faces Talcott Forest).

From Rt. 9 North

Take I84 West and get off on exit 39. Take exit 39. At the end of the off-ramp turn right onto Farmington Avenue (Rt. 4). Continue on Farmington Ave. for 1 mile and turn left on Talcott Notch Rd. Turn left on Talcott Forest (first left). The building is the first red brick building on the right. Parking is available in the front and rear of the building.

(Note: although the address is Talcott Notch, the building faces Talcott Forest).

Auditorium -

Enter the building from the front. The auditorium is on the first floor right off the lobby (the door in front of the stairs).

Directions from ATS office to Highways -

From parking lot turn left onto Talcott Forest, then right on Talcott Notch. At first stop light turn right onto Farmington Avenue (Rt. 4).

To I84 East or West

Continue on Farmington Avenue 1 mile and turn left onto highway.

To Rt. 9

Continue on Farmington Avenue approximately 1/2 mile and turn left on South Road. Turn right onto Colt Hwy. and right onto I84 East. Stay in right lane and go right onto Rt. 9 South.

ITBD (Institute of Technology and Business Development)

Central Connecticut State University
185 Main Street New Britain, Connecticut, 06051
Tel. 860.832.0700

Questions please call 860-793-2164

Parking - THERE IS A CHARGE

Parking is available in the Municipal Parking Garage in back of the ITBD building (access is on Chestnut Street).

From I-84 (Waterbury – East)

Exit 35 (left exit) to Route 72 East. Take Exit 9 - Main Street. At end of the exit take a right. At the next light take a right onto Chestnut Street, the Municipal Parking Garage is on the right. Should you wish to proceed to the front of the ITBD building, take another right onto Main Street. ITBD is a red brick building located on the right.

From I-84 (Hartford – West)

Exit 39A to Route 9 South. Take Exit 27 – Chestnut Street (left exit). At the end of the exit take a right onto Chestnut Street, after the 2nd light, the Municipal Parking Garage is on the right. Should you wish to proceed to the front of the ITBD building, continue to the third light. Take a right onto Main Street. ITBD is a red brick building located on the right.

From the South (Routes 9, 91 or 15)

Go north on route 9 to Exit 26 – Downtown New Britain. Go straight at the end of the exit, take a left at the following traffic light (CVS is on the corner) onto Chestnut Street. The Municipal Parking Garage is on the right. Should you wish to proceed to the front of the ITBD building, take your second right onto Main Street. ITBD is a red brick building located on the right.

William Caspar Graustein Memorial Fund

One Hamden Center
2319 Whitney Avenue, Suite 2B
Hamden, CT 06518
Location Phone ONLY: 203-230-3330 (Main)

From Merritt Parkway (Route 15) Northbound

Take exit 61.

At the end of the ramp, turn right onto Whitney Avenue.

Proceed under Route 15 and through one traffic light. Hamden Center is on the right.

From Merritt Parkway (Route 15) Southbound

Take exit 62 and proceed as in directions above.

From I-91 North or South

Take exit 10. The exit ramp becomes Route 40.

Take exit 1 off Route 40.

Turn left at end of exit ramp onto Devine Street.

Turn left at traffic light onto Hartford Turnpike.

Turn right at next light onto Dixwell Avenue.

Proceed up hill, straight through one light, down hill and under an overpass.

Turn left at next traffic light into the parking area for Hamden Center.

Community Solutions, Inc. (CSI)

4 Griffin Rd N
Windsor, CT 06095
860-683-7100

Questions please call 860-793-2164

Taking I-84 E (from Waterbury/Danbury)

1. Take exit 51 to merge onto I-91 N toward Springfield 7.8 mi
2. Take exit 38 to merge onto CT-75 N/Poquonock Ave toward Poquonock 0.6 mi
3. Take the ramp onto Day Hill Rd 3.9 mi
4. Turn right at Blue Hills Ave Ext/CT-187 N 0.1 mi
5. Turn right at Griffin Rd N

Taking I-84 W (from Vernon/Manchester)

1. Take exit 61 for I-291 W toward Windsor 0.5 mi
2. Merge onto I-291 N 5.4 mi
3. Take exit 1 for CT-218 W toward Bloomfield 0.5 mi
4. Turn left at CT-218/Putnam Hwy
Continue to follow CT-218 1.0 mi
5. Turn right at Blue Hills Ave/CT-187
Continue to follow CT-187 4.8 mi
6. Turn right at Griffin Rd N

Taking I-91 North (from New Haven)

1. Take exit 38 to merge onto CT-75 N/Poquonock Ave toward Poquonock 0.6 mi
2. Take the ramp onto Day Hill Rd 3.9 mi
3. Turn right at Blue Hills Ave Ext/CT-187 N 0.1 mi
4. Turn right at Griffin Rd N

Taking I-91 South (From Windsor Locks)

1. Take exit 38A-38B for CT-75 toward Poquonock/Windsor 0.2 mi
2. Take exit 38B on the left to merge onto Day Hill Rd 3.9 mi
3. Turn right at Blue Hills Ave Ext/CT-187 N 0.1 mi
4. Turn right at Griffin Rd N

Leeway, Inc.

40 Albert Street

New Haven, CT

Telephone: 1-800-406-1048 or 203-865-0068

Questions please call 860-793-2164

Parking is to the back of the building or on the street

Directions:

From downtown New Haven: Head north on State Street. After passing the right-hand turn to Middletown Avenue and Ferry Street, take the second right at Costume Bazaar (Albert Street), just before the Hamden border. The Leeway facility is the first building on your right after Costume Bazaar.

From the Interstate:

Take I95 (either direction) to **I-91 North** (toward Hartford), take Exit 6 (Willow Street, Blatchley Avenue), turn left onto Willow Street at the end of the ramp. Take the first left onto State Street. Head north on State and proceed as directed from downtown New Haven.

From I-91 South: Take exit 7 toward Ferry St/Fair Haven 0.2 mi. Turn left at Middletown Ave 387 ft. Turn right at Ferry St 358 ft. Turn right at State St/US-5 0.5 mi. Look for “Costume Bazaar” on your right and immediately after it, turn right at Albert St 430 ft.

By Public Transportation (Bus):

From the Green in downtown New Haven (which is a stop for buses from surrounding communities): at the corner of Church and Elm (near the New Haven Savings Bank), take the M bus (marked Washington Avenue/State Street) to the corner of State and Albert Streets (near the Costume Bazaar). When you get off the bus, cross State Street and walk a few yards down Albert Street to Leeway, the first building on the right. The fare from New Haven to Leeway is \$1. There is no service on Sunday.

For more information including schedules, call CT Transit, New Haven, 203-624-0151, TTY 785-8930, <http://www.cttransit.com>