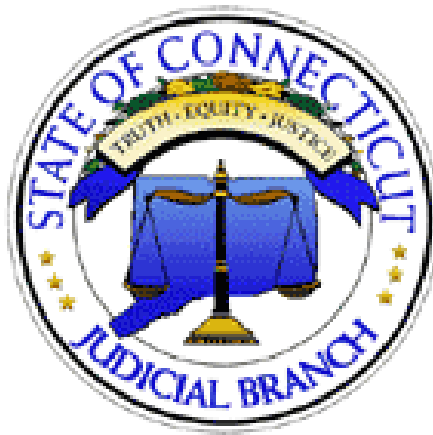


March 28, 2011

The calendar is found online at: <https://cssd.ctclearinghouse.org/CourseCatalog>



## Court Support Services Division

**Inclement Weather Line:**

(for any CSSD classes found in this calendar)

**860-793-7227**

Please call or email Wheeler Clinic if you are unable to attend a class and ask to speak with someone about CSSD trainings  
860-793-2164

# January - March 2011 Training Calendar

## INSTRUCTIONS FOR USING THE CSSD TRAINING CALENDAR

This booklet is the CSSD Training Calendar for January 1 - March 31, 2011. As always, this new calendar of classes is found online and can be accessed through the Training Calendar website. <https://cssd.ctclearinghouse.org/CourseCatalog>. If you have saved this URL as a "favorite", you may have to re-enter it into your browser and re-save it to see the current calendar.

***Please note: Only 3 calendar months of the Training Calendar are visible at a time with a start date of the 1st of each month for the 3-month period.***

I would encourage you to become familiar with the CSSD registration system and online catalog of courses. **The most current version of the catalog will always be online.**

If you wish to register all students on-line under one supervisor's name, you may use the same email address for multiple students but each student must create their own student account and have a unique password. Please keep a list of passwords at your office. If you forget a password, call Laura Minor or Debbie Winiarski at Wheeler Clinic.

When a student signs up for a class online, he/she should be sure to click on the "complete" button on the last registration screen. If that isn't done, the student is **not** registered and will not receive an email confirmation.

If your staff members do not have access to computers, you may copy the faxable "student account" form in this calendar, fill one out for each student and fax it to Wheeler Clinic at 860-793-9813. Each student will be registered by Wheeler staff and a confirmation will be faxed to you if you do not have access to email.

Also, those without computers will be able to register for classes by phone (instructions are found on page 3 of the calendar). A confirmation/notification email address or fax number must be given. If a student or his/her supervisor can't be contacted by email; the fax or phone number given to Wheeler Clinic will be used to notify you about cancelled classes, etc.

If your staff members haven't registered as students yet, please have them do so as soon as possible. This is the only way to register for the CSSD required and recommended classes found in this calendar. Please call either Laura Minor or Debbie Winiarski if you have questions about registration (860-793-2164).

We have included directions to all of the sites where these spring classes will be offered. Directions are also available online. Please do not use MapQuest or GPS for these sites.

Please remember, if a student cannot attend a class, Wheeler Clinic should be notified as soon as possible by email or phone. There are often waiting lists to get into classes and as much notice as possible is helpful to notify other potential students.

Thank you for your interest and cooperation.

Laura DiFelice  
CSSD Training Academy Supervisor

## **Instructions for students without email access:**

**1. Create a student account either:**

A. **online** (if you can access the internet on a computer) at  
<https://cssd.ctclearinghouse.org/CourseCatalog>

**OR**

B. **by fax** - complete the student account form and fax it to Wheeler Clinic - make sure that you select a password. Please make sure that you supply us with your fax number in the space provided so that we may contact you when your account has been set up. Use the faxable form on the next page. PLEASE GIVE US AN EMAIL ADDRESS, even if it's your personal one. We are not able to fax all of the student emails.

2. If you cannot use a computer to sign up for a class, call 860-793-2164 and ask for Debbie, Laura or Lici. We will need your name and your password and we will put you into the class. We will fax you a confirmation and directions.

3. If you are unable to attend, please call Wheeler Clinic as soon as you know that you won't be able to attend.

4. If the class is cancelled or the location changes, we will use the email, phone number and/or fax that you gave in your student account information to contact you. If this information changes, please call us and let us know.

5. If you become able to use email for class registration, please let us know so that we can change your student account to notify you by email.

6. As always, please call Laura, Debbie or Lici with questions at 860-793-2164.

### **Inclement Weather Line:**

**(for any CSSD classes found in this calendar)**

**860-793-7227**

**Please call or email Wheeler Clinic if you are unable to attend a class.**

**860-793-2164**

**Ext. 4642 - Debbie**

**Ext. 4640 - Laura**

**Ext. 4641 - Lici**

**Lminor@wheelerclinic.org**

**Dwiniarski@wheelerclinic.org**

**ADiaz@wheelerclinic.org**

**CSSD Training Calendar**  
**Student Account Information**  
**( Please use this faxable form only if you are**  
**unable to register online )**

**PLEASE PRINT LEGIBLY**

\* required field

First Name: \* \_\_\_\_\_

Last Name: \* \_\_\_\_\_

Job Title: \* \_\_\_\_\_

Account Type: **Contractor** (you work for an agency funded by CSSD) / **CSSD Employee** (you work for the State)

Agency Name: \_\_\_\_\_

Address: \* \_\_\_\_\_

City: \* \_\_\_\_\_

State: Connecticut

Zip: \* \_\_\_\_\_

Day Phone: \* (ex. XXX-XXX-XXXX) \_\_\_\_\_

Work Email (if available): \_\_\_\_\_

Fax Number (MANDATORY if you have no email) \* \_\_\_\_\_

Alternate email or cell phone number: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Supervisor Contact Info: Phone or Email \_\_\_\_\_

Name of CSSD-funded Program (if you're not a CSSD employee)  
\_\_\_\_\_

Password: \* six (6) character password required – Create a combination of letters and numbers. \_\_\_\_ (CSSD Employees must use their employee ID number)

Confirm Password: \* \_\_\_\_

The email address you provide serves as your account user name.

Please complete personal information for all students on the form above. Each student must have a unique password. You may use one email address for multiple students. Please fax or mail each completed form to:

CSSD Training Calendar  
Wheeler Clinic, Inc.  
334 Farmington Ave., Plainville, CT 06062  
Fax: 860-793-9813  
Questions?? 860-793-2164 and ask for Debbie or Laura or Lici

Classes that I want to sign up for now are (**only 3 mos. are open for registration at a time**)

Class name and number

Date of class

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

CSSD Training Calendar January - March 2011 Class Offerings	Dates	Trainer
<p><b>Canceled- Adolescent Development 1011d</b> - This class will provide an overview of adolescent development to persons working with children in the juvenile justice system. The seminar will identify who are the children and adolescents in the juvenile justice system, provide an overview of the basic principles of normal adolescent development and insight into abnormal adolescent development. Development will be understood through a positive youth development framework and issues of risk, protection and resiliency will be explored. Finally, an overview of screening, assessing, and providing prevention and intervention services will be provided. The instructor will use case examples and class participation in a series of exercises to achieve the learning objectives. This class is appropriate for anyone working directly or indirectly with adolescents and young adults in the justice and child welfare systems. 1 session. <b>Location:</b> Plainville Business Center, Training Center 1, Plainville, CT</p>	Fr, 3/4/11 9:00AM - 4:00PM	<a href="#">Franks, PhD</a>
<p><b>Adolescent Development, the Parent-Teen relationship and Drug Abuse 1011a</b> A strong understanding of adolescent development is crucial to effective family treatment. However, psycho-education alone is not enough. We will identify how to integrate a solid foundation of knowledge about physical, cognitive (brain changes), and social emotional development in to the treatment of high risk teens and parents. Three major areas that are critical to the teen-parent relationship are connection, monitoring, and psychological autonomy. We will discuss styles of parenting as well as tips for parents, and providers. Additionally, we will discuss, through case examples, how drug use derails adolescent development and its implications within a family . 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	Th, 2/10/11 9:00AM - 4:00PM	<a href="#">Melquist, MA, LPC</a>
<p><b>Aggression Replacement Training (ART) 1011a</b> MUST BRING THE CURRICULUM - see below- These sessions will review the ART curriculum developed by Arnold Goldstein, Barry Glick and John Gibbs. ART is comprehensive, multi-modal curriculum, composed of skillstreaming, Anger Control Training and Moral Reasoning Training. These three components attempt to address the behavioral, emotional and cognitive needs of clients to make pro-social changes in changing aggressive behavior. The training will cover all three components of the curriculum, with demonstrations as well as hands-on learning opportunities. Two sessions. NOTE: All participants are asked to bring a copy of the Aggression Replacement Curriculum to the training. Each site planning to use this curriculum must own their own copy. you may purchase the curriculum at <a href="http://www.researchpress.com/product/item/6500/">http://www.researchpress.com/product/item/6500/</a> Please note: This is a new <b>THIRD EDITION with a CD</b>. Students may still bring the old 2nd edition "purple book" edition. Title of book: Aggression Replacement Training: A Comprehensive Intervention for Aggressive Youth (Paperback). Authors: Dr. Arnold P. Goldstein, Dr. Barry Glick, and Dr. John C. Gibbs. <b>Preference to contracted services, but appropriate for JPO and Juvenile Detention staff also!</b> <b>Location:</b> North Mountain Road facility conference room, New Britain, CT</p>	Mo, Tu 1/10 & 1/11/11 9:00AM-4:00PM	<a href="#">Brandes</a>
<p><b>Anger Reduction 1011c</b> - This session will examine a number of critical issues that are important building blocks for successful anger management treatment. Topics include recognizing anger as a therapeutic target, the neglect of anger in scientific literature, what this means for practitioners, a review of assessment techniques and a model for developing a therapeutic alliance with angry clients. Effective, ineffective and untested treatments for anger will be reviewed as well as a comprehensive intervention model. 2 sessions. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	We, Fr , 3/9 & 3/11/11 9:00AM – 4:00PM	<a href="#">Tafrate, Ph.D</a>

<b>Boys Council 1011b</b> —The workshop provides a comprehensive course on The Council model for participants of all experience levels and solidly sets the foundation for implementing a dynamic strengths-based group approach to promote boys' and young men's safe, strong and healthy passage through adolescent years. The subject matter relates to the scope of practice in juvenile justice and community based settings in its particular attention to boys' developmental stages and needs, building staff skills to meet a core developmental need in boys for strong, positive relationships. The Council recognizes boys' strengths and capacities, challenges stereotypes, questions unsafe attitudes about masculinity, and encourages solidarity through personal and collective responsibility. Staff will learn how to create a healthy and structured environment whereby boys and young men can gain the vital opportunity to address masculine definitions and behaviors and build their capacities to find their innate value and create good lives, individually and collectively. Workshop facilitators use an experiential model of learning to include lecture, demonstration, group discussion, case studies, simulation, small group interaction, and brainstorming to stimulate participants' learning. 2 sessions. <b>Location:</b> Community Renewal Team Lumsden Center 1 & 2, Hartford, CT	Mo, Tu, 2/28 & 3/1/11 8:30AM— 4:30PM	<a href="#">Tyrol</a>
<b>Caring for the Caregiver 1011a</b> This training is a day devoted to the participant. Each person will have a chance to explore how she or he can better care for themselves while maintaining a career in the human services field. Many individuals who are in the field are Caregivers and often put their own needs last while taking care of others. This training is an opportunity to explore some of the most important aspects of self care and balance in our daily lives. Dress casual. 1 session. <b>Location:</b> Plainville Business Center Training Center 1, third floor, Plainville, CT	Th 3/3/11 9:00AM - 4:00PM	<a href="#">McCusker</a>
<b>Client Engagement 1011c</b> (Pre-requisite-Motivational Interviewing)- This training will help staff with the engagement process of clients from intake through successful completion of interventions, utilizing motivational interviewing techniques and strength-based principles. <b>Must take Motivational Interviewing 2 or 3 day class before taking Client Engagement</b> - 1 Session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT	We 2/23/11 9:00AM - 4:00PM	<a href="#">Tafrate, Ph.D</a>
<b>Cognitive Behavioral Therapy (Part I &amp; Part II) 1011c</b> - This course will provide an overview of the Cognitive Behavioral Theories of emotional disturbance and change. Participants will learn how to apply the cognitive model of assessment to clients experiencing a wide variety of emotional, behavioral and personality problems. Techniques for challenging irrational and distorted beliefs and dysfunctional patterns will also be reviewed and practiced through role-play demonstrations. Participants will also learn strategies to assist clients in fostering productive belief systems and functional behaviors. Methods of applying cognitive principals to clients participating in individual or group sessions will also be discussed. Students must plan on attending both Part I & Part II (2 days total) in order to receive credit. <b>Frameworks as a pre-req is helpful but not mandatory.</b> 2 Sessions. <b>Location: Plainville Business Center Training Center 1 on 1/26 and Training Center 3 on 1/28.</b> Plainville, CT	We, Fr 1/26/ & 1/28/11 9:00AM - 4:00PM	<a href="#">Tafrate, Ph.D</a>
<b>CANCELED- Cognitive Behavioral Therapy (Part I &amp; Part II) 1011d</b> 2 sessions. <b>Location:</b> Wheeler Clinic's North Mountain Road Facility, New Britain, CT	We, Fr 3/2 & 3/4/11 9:00AM - 4:00PM	<a href="#">Tafrate, Ph.D</a>
<b>CANCELED- Creating a Culture of Leadership 1011b</b> –This course will benefit supervisory staff at any stage of professional development, as a culture can be shifted by anyone within an organization. Participants will learn about: characteristics of effective leaders, understanding their strengths, skills to increase leadership competency, how a company culture is created, and much more. Leadership principles are based upon the evidence-based research of Kouszes & Posner, authors of the Leadership Challenge. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Mo, 2/7/11 9:00AM - 4:00PM	<a href="#">Petachi, MS</a>
<b>Criminal Thinking and Anti-Social Logic 1011d</b> - This training will focus on the themes in criminal thinking, including victim-stance, entitlement, and self-supporting and self-validating thinking patterns. This training will assist participants in understanding the mind of the offender. 1 Session. <b>Location:</b> Plainville Business Center Training Center 1 , Plainville, CT	Th, 3/24/11 9:00AM – 4:00PM	<a href="#">Mitchell, Ph.D.</a>

<p><b>CANCELED - Cultural Competency and Trauma 1011d</b> – This training provides a one-day overview of how diversity impacts the work that CSSD employees and contractors do with families. Culturally-specific family structure, values and conflicts that may arrive from cultural clashes within the agency and within the community will be explored. A variety of modalities are used to expose the students to a diverse array of perspectives. Specific information about minority cultures in Connecticut including immigrant populations and multiracial families will be presented. Interactive exercises and group discussion are used to enhance learning. The film, “Strong at the Broken Places” will be viewed with facilitated discussion held following the viewing. Participants will develop suggestions for improving cultural competency and understanding within their individual workplaces. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	<p>Th, 2/3/11 9:00AM– 4:00PM</p>	<p><a href="#">Minor, MS</a></p>
<p><b>Disproportionate Minority Contact 1011a</b> - This training will provide participants with information on the history of Disproportionate Minority Contact (DMC) in Connecticut and nationally. It will also address the factors that impact DMC and what DMC looks like in Connecticut’s system. Participants will learn about the multiple initiatives in Connecticut to eliminate DMC and how each of us can be a part of the solution. 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT</p>	<p>Th, 2/9/10 1:00PM- 4:00PM</p>	<p><a href="#">Jackson</a></p>
<p><b>CANCELED- Eating Disorders 1011b</b> The Eating Disorders course was developed to build awareness of how to effectively work with criminal justice system involved clients who are struggling with eating disorders. The course focuses on symptom detection, diagnostic criteria, etiology and treatment implications for the different types of eating disorders. Participants will also learn how to proportionately respond to eating disorder severity and facilitate appropriate referrals. Eating disorders are discussed within a stress and coping and socio-cultural framework to enhance understanding and empathy, and to promote an effective working relationship with this population. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	<p>Mo, 2/28/11 9:00AM - 4:00PM</p>	<p><a href="#">Taylor, Ph.D.</a></p>
<p><b>Engaging Youth and Their Families - 1011a - Target Attendee Groups: Youth Probation Officers, and JRRC/ YRRC, MST and IICAPS providers who serve Youth.</b> If you have ever asked: "How can I convince this parent to care when they are just waiting for the kid to turn 18 so they can kick him out?", then this training is for you. This interactive training will build upon concepts from the Adolescent Development, MI, and Client Engagement trainings. "Engaging our Youth" will further explore the unique skills needed to engage Youth and their families in services. The target audience for this training is Probation Officers and Service Providers who work with 16 &amp; 17 year olds. Please come prepared to discuss techniques you employ, success stories and challenges that you have yet to overcome. 1 session. <b>Location:</b> Plainville Business Center, Training Center 1, Plainville, CT</p>	<p>Mo, 1/31/11 9:00AM - 12 noon</p>	<p><a href="#">Franks, PhD</a></p>
<p><b>Family Mediation - FSC’s only - reserved through CSSD and Amy Brady</b> - Provide attendees with conflict management/ communication skills and direction in applying those skills to family conflict with an emphasis on mediating crisis situations, conflict coaching, and conflict communication skills. 2 sessions. <b>Location:</b> Community Renewal Team, Lumsden Center, third floor, Hartford, CT</p>	<p>Th, Fr 1/6 &amp; 1/7/11 9:00AM - 4:00PM</p>	<p><a href="#">Brummer</a></p>
<p><b>Female Responsive Strategies and Culture 1011c</b> - This training is designed to raise participants’ awareness about women/girls’ unique needs and provide them with skills that will help them to work with females more effectively. The training connects participants to information and research on female psychosocial development, women’s unique needs, the principles of gender specific programming for women and describes best practices that can be integrated into the structure and operations of programs. This training is interactive and draws from participant experience and knowledge. 1 Session. <b>Location:</b> Wheeler Clinic North Mountain Road facility, New Britain, CT</p>	<p>Tu, 2/8/11 9:00AM - 4:00PM</p>	<p><a href="#">Parkhouse</a></p>
<p><b>CANCELED - Frameworks of Effective Interventions for Adults 1011b</b> - CSSD is committed to a Risk Reduction Framework. This Framework relies on 8 primary principles that form a theoretical foundation for administrative, management, probation and provider functions. In this training, the 8 principles of the RR Framework will be articulated and discussed. Particular attention will be paid to the research that supports these principles, how they are operationalized, and the on-going challenges and opportunities they present. This class focuses on how this approach applies to juvenile clients. 1 Session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	<p>We, 1/12/11 9:00 AM- 4:00PM</p>	<p><a href="#">Lanza</a></p>



<b>Frameworks of Effective Interventions for Juveniles 1011c</b> - CSSD is committed to a Risk Reduction Framework. This Framework relies on 8 primary principles that form a theoretical foundation for administrative, management, probation and provider functions. In this training, the 8 principles of the RR Framework will be articulated and discussed. Particular attention will be paid to the research that supports these principles, how they are operationalized, and the on-going challenges and opportunities they present. This class focuses on how this approach applies to juvenile clients. 1 Session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Th 2/17/11 9:00AM - 4:00PM	<a href="#">Revaz</a>
<b>FSC Model Training 1011b:</b> This training is for the Family Support Center Program staff. This is a full day training on the Family Support Center Model "a multi-service one-stop program for Family with Service Needs juveniles". Program staff will receive an overview of the model, core services, and system collaborations. 1 session. <b>Location:</b> Wheeler Clinic North Mountain Road facility, New Britain, CT	Fr 1/14/11 9:00AM - 4:00PM	<a href="#">Nowakowski</a>
<b>Girls Circle 1011b</b> — Girls' Circle is a structured support group that addresses the specialized needs of girls ages 9–18 by integrating relational–cultural theory (RCT), resiliency practices, and skills training into a specific format designed to increase positive connection, personal and collective strengths, and competence in girls. It aims to counteract social and interpersonal forces that impede girls' growth and development and has been used since 1994 in a broad spectrum of settings with diverse female populations and programs. The theoretical underpinning of the Girls' Circle relies on RCT, which suggests that growth-fostering relationships are a central human necessity and that disconnections are the source of psychological problems. The theory views a girl's connections with others as a central organizing feature in her psychological makeup. The quality of these connections determines her overall psychological health, self-image, and relationships. Within this theoretical framework, the Girls' Circle model aims not only to reduce risk factors for delinquent behavior but also to increase protective factors for resiliency against difficult situations 2 sessions. <b>Location:</b> Community Renewal Team Lumsden Center 1 and 2, Hartford, CT	We, Th 2/9 & 2/10/11 8:30AM— 4:30 PM	<a href="#">Tyrol</a>
<b>Grief and Loss 1011e</b> -The experience of a single loss or successive losses in the life of an adult can have a significant impact on his/her functioning. We will explore the area of grief and loss as it pertains specifically to adults, especially focusing on divorce, death, family relationships, friendships, aging/health, incarceration, substance abuse and careers. We will also look at how professionals can recognize behaviors associated with adults in the grief process and how to assist adults in resolving their losses. 1 session. <b>Location:</b> Wheeler Clinic North Mountain Road facility, New Britain, CT	Fr 2/25/11 9:00AM - 4:00PM	<a href="#">Donegan.</a> <a href="#">MSW.</a> <a href="#">Donegan.</a> <a href="#">MSW</a>
<b>Group Facilitation 1011b-</b> This training will focus on the skills necessary to run effective group sessions. Participants will discover how learning styles and personality impact the group process and how to manage these dynamics effectively. Participants will learn how to deal effectively with challenging groups and the conflict management skills needed to run successful group sessions. 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT	Mo 1/10/11 9:00AM- 4:00PM	<a href="#">Fraser</a>
<b>Group Facilitation 1011c</b> -1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT (YES! Program staff have priority)	Mo 1/3/10 9:00AM- 4:00PM	<a href="#">Fraser</a>
<b>CANCELED - Hispanic Culture Series 1011b</b> This two day course utilizes didactic and experiential learning to provide an introduction and overview of a culturally appropriate model of care adapted for Latina/o clients, and that takes into account the integration of cultural values in treatment. Specifically, participants will gain awareness about the three largest Latino subgroups in the U.S., key cultural values, and the clinical relevance and assessment of such values. In addition, participants will gain familiarity with the utilization of an integrated cognitive behavioral-interpersonal psychotherapy-motivational interviewing model to facilitate change within the therapeutic relationship. Attendance on both days is expected. 2 sessions <b>Location:</b> Plainville Business Center Training Center 3, Plainville, CT	Tu, Tu 2/15 & 2/22/11 9:00AM- 4:00PM	Anez-Nava, Ed.S.,Psy.D



<p><b>CANCELED-Intro to Clinical Issues Regarding Sexual Orientation, Gender Identity and Expression 1011d</b> ( <i>May be taken with the half-day Intro to Sexual Orientation, etc. class</i>) The assessment of individuals in these special populations as to whether their personal preferences and identity issues are causing personal conflict is a complex process. The integration of the information into the individual's treatment experience requires both compassion and respect for the struggles that they often encounter within themselves, within their personal lives, and within society at large. This training will address each of these issues through open discussion, case vignettes, and an overview of materials relevant to each of the factors. 1 half-day session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT</p>	<p>Tu 2/15/11 1:00PM - 4:00PM</p>	<p><a href="#">O'Sullivan</a></p>
<p><b>CANCELED-Intro to Clinical Issues Regarding Sexual Orientation, Gender Identity and Expression 1011e.</b> 1 session - half day. <b>Location:</b> Plainville Business Center, Training Center 1, Plainville, CT</p>	<p>Th, 3/1/11 9:00AM 12:00PM</p>	<p><a href="#">O'Sullivan</a></p>
<p><b>CANCELED- Intro to Gambling Addiction and Treatment 1011c</b> - The "Invisible" Addiction: Problem/Compulsive Gambling. Why Do We Need To Talk About This? The U.S has become a gambling society. Gambling is mainstream, accepted and glamorized. For most people it is recreation but for many it is risky behavior that can bring severe consequences to the individual, family and community. This training will examine disordered gambling, similarities and differences between gambling and other addictions, assessment and diagnosis, treatment considerations, risk and protective factors, warning signs, special populations/issues 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	<p>Fr 3/25/11 9:00AM - 4:00 PM</p>	<p><a href="#">Devendorf</a></p>
<p><b>Intro to Juvenile Justice 1011c</b> - This training provides an introduction to the juvenile justice system, emphasizing its history and purpose, the ways juvenile and adult court differ, and explaining terms and processes such as adjudication, judicial and non-judicial case handling, delinquency and status offenses, pre-dispositional studies and confidentiality. Time is also dedicated to discussing the role of the contracted service provider, courtroom etiquette and other "do's and don'ts." 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	<p>Mo 1/24/11 9:30AM - 4:00PM</p>	<p><a href="#">Calderoni</a></p>
<p><b>CANCELED-Introduction to Sexual Orientation, Gender Identity and Expression 1011e</b> - In this very interactive session, participants will review basic issues regarding lesbian, gay, bisexual, transgender, questioning and intersex youth and adults. The conversation will include the impact of homophobia and other forms of discrimination on both youth and adults. Participants will become familiar with the importance of using correct terminology and having respectful interactions both with clients and with co-workers. ( <i>This class is introductory and morning only. A separate class (Intro to Clinical Skills )is offered with an in-depth look at clinical issues</i>). One half-day session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT</p>	<p>Tu, 2/15/11 9:00AM - 12 PM</p>	<p><a href="#">O'Sullivan</a></p>
<p><b>CANCELED- Introduction to Sexual Orientation, Gender Identity and Expression 1011f</b> 1 session - half-day. <b>Location:</b> Connecticut Clearinghouse conference room Plainville, CT</p>	<p>We 3/23/11 9:00AM - 12:00PM</p>	<p><a href="#">O'Sullivan</a></p>
<p><b>Intro to TARGET 1011a</b> - Juvenile justice systems increasingly are mandated to provide evidence-based interventions for youth. As research and experience have shown, evidence-based trauma-informed interventions are of particular importance because most justice-involved youth have experienced traumatic violence, maltreatment, or loss (Ford, et al., 2007, NCMHJJ Paper). TARGET (Trauma Affect Regulation: Guide for Education and Therapy) is an educational and therapeutic approach for the prevention and treatment of complex Post-traumatic Stress Disorder. This workshop will provide an overview of the conceptual framework for TARGET and the seven-step sequence of skills, the FREEDOM Steps, that are designed to enable youth and adults to understand and gain control of trauma-related stress reactions. 1 session. <b>Location:</b> Advanced Trauma Solutions, Farmington, CT.</p>	<p>Th 1/13/11 9AM -12 noon</p>	<p><a href="#">Ford, MA</a></p>
<p><b>Intro to TARGET 1011b</b> - 1 session. <b>Location:</b> Advanced Trauma Solutions, Farmington , CT</p>	<p>Th, 3/24/11 9AM -12 noon</p>	<p><a href="#">Ford, MA</a></p>

<b>Introduction to Trauma 1011d</b> - This class is a basic introduction to trauma, presented in "layman's terms," designed to increase understanding of clients that may have experienced trauma over the course of their lives. Several concepts will be discussed including "trauma" and/or "traumatic event", human response to trauma, issues related to trust, safety and survival, as well as terms such as PTSD (Post Traumatic Stress Disorder) and Vicarious Trauma. Practical and effective approaches in working with clients will be reviewed. 1 session. <b>Location:</b> Plainville Business Center, Training Center 1, Plainville, CT	Fr 2/25/11 9:00AM - 4:00PM	<a href="#">Varanelli, LCSW</a>
<b>CANCELED -JAG Training 1011a</b> - <u>ONLY AVAILABLE WITH REGISTRATION THROUGH ERIKA NOWAKOWSKI AT CSSD.</u> 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Fr, 1/21/11, 9:00AM - 4:00PM	<a href="#">O'Neil</a>
<b>CANCELED -MAYSI-2 1011c - PRE-REQ - Suicide Prevention - Exceptions may be made for YES/ FSC expansion sites with permission from CSSD.</b> Best practice standards require that all youth entering the juvenile justice system receive an evidence-based mental health screening to identify emergent risk and mental health needs. The MAYSI-2 is a brief, standardized tool that meets best practice standards. In this training session, attendees are provided information regarding the development and research support for the MAYSI-2. Attendees are also provided a framework for administering and scoring the MAYSI-2 with emphasis on how to integrate MAYSI-2 results into management and referral decisions. 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT	Tu, 1/18/11 1:00PM - 4:00PM	<a href="#">Cruise, PhD</a>
<b>MAYSI-2 1011d PRE-REQ - Suicide Prevention - Exceptions may be made for YES/ FSC expansion sites with permission from CSSD.</b> - 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Tu, 3/22/11 1:00PM- 4:00PM	<a href="#">Cruise, PhD</a>
<b>MET/ CBT (Cannabis Youth Treatment) 1011c Pre-Requisites Motivational Interviewing, CBT preferred</b> -Target Groups: CSSD Contractors (Priority-YES! PROGRAM STAFF and Juvenile Programs)! Students must bring the curriculum with them to training found at <a href="http://kap.samhsa.gov/products/manuals/cyt/index.htm">http://kap.samhsa.gov/products/manuals/cyt/index.htm</a> . <b>Print out the first two volumes (includes all 12 sessions of the curriculum).</b> You will need to order or print out the other 3 volumes to have on hand at your sites. Introduces providers to the motivational enhancement therapy/cognitive behavioral therapy (MET/ CBT) approach to treating adolescent marijuana users. Provides instructions on conducting individual and group sessions on skills such as solving problems, managing anger and depression, improving communication skills, coping with cravings and urges to use marijuana, planning for high-risk situations, and coping with relapse. 3 sessions. <b>Location:</b> Wheeler Clinic North Mountain Road facility, New Britain, CT	Mo, Tu, We 1/24, 1/25 & 1/26/11 9:00AM - 4:00PM	<a href="#">Parkhouse</a>
<b>Canceled - Myers-Briggs Type Indicator (MBTI) 1011c</b> – The Myers-Briggs Type Indicator (MBTI) is a widely used personality inventory. The test was introduced in 1942, the work of mother and daughter Katharine C. Myers Briggs and Isabel Briggs. There are now several different versions of the test available. The Myers-Briggs inventory is based on Carl Jung's theory of types, outlined in his 1921 work <i>Psychological Types</i> . Jung's theory holds that human beings are either <i>introverts</i> or <i>extraverts</i> , and their behavior follows from these inborn psychological types. He also believed that people take in and process information different ways, based on their personality traits. This training is designed for <b>managerial staff</b> and will assist them in understanding their leadership style and aid them in designing supervision strategies to get the most out of their employees. 1 session. <b>Location:</b> Community Solutions, Inc. Windsor, CT	Tu 3/15/11 9:00AM – 4:00PM	<a href="#">Brandes</a>
<b>CHANGED LOCATION Motivational Interviewing 1011g</b> - This is a 2 day interactive seminar designed to train staff in the effective use of basic and advanced strategies of motivational interviewing, an effective, client-centered, non-confrontational approach to increasing internal motivation for change. Participants will be taught how to apply these strategies to their day to day occupations, through the use of role plays, demonstrations and other experiential activities. 2 Sessions. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	We, Fr 2/16 & 2/18/11 9:00AM - 4:00PM	<a href="#">Tafrate, Ph.D.</a>

<b>Overview of Mental Illness 1011e</b> (may be taken with Overview of Psychotropic Drugs) – This half-day training will cover the basic signs and symptoms of the major mental health disorders and their potential impact on the functioning of the individual. The disorders will be discussed using case studies and film vignettes as well as handouts outlining the similar as well as differing criteria for each which can complicate the process of intervention and stabilization. 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT	Mo, 2/28/11 1:00PM – 4:00PM	<a href="#">O'Sullivan</a>
<b>Overview of Psychotropic Drugs 1011e</b> (may be taken with Overview of Mental Illness) This half-day training will cover the major medications utilized to treat the major mental health disorders as well as the addictive disorders. Potential pros and cons of the various medications to include side effects will be discussed as well as the potential for danger if the medications are mixed with alcohol or street drugs. 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT	Mo, 2/28/11 9:00AM – 12:00PM	<a href="#">O'Sullivan</a>
<b>Rational Emotive Behavioral Therapy (Cognitive Restructuring) 1011b</b> This course will provide the theory and principles of Rational Emotive Behavioral Therapy - and beyond. Additional information will be included that will enhance REBT and make it more effective with clients such as styles of interpersonal communication, power positions, assertiveness and conflict resolution. The course includes both didactic and experiential components. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room,	1/11/11 9:00AM - 4:00PM	<a href="#">Mulready, MD</a>
<b>CANCELED -Responsible Fatherhood and Domestic Violence 1011a</b> - How do we assess the safety and well-being of children of battering fathers? How do we assess the parenting capacity of battering fathers and intervene with them to ensure the safety of children? How do we assess how a battering father may be undermining his partner's parenting? These are difficult questions facing professionals in our community who are charged with the responsibility of working with families who have experienced domestic violence. This training will provide information and skills for community professionals to assess battering fathers, their potential for safe interactions with their children, as well as assess the healing needs of their children. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Th, 1/27/11 9:00AM- 4:00PM	<a href="#">Mandel</a>
<b>CANCELED-Responsible Fatherhood and Domestic Violence 1011b.</b> 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	We 3/2/11 9:00AM- 4:00PM	<a href="#">Mandel</a>
<b>CANCELED - Sexual and Gender Identity in Youth-Serving Agencies 1011a</b> Lesbian, Gay, Bisexual, and increasingly, transgender youth and young adults are coming out earlier— a reality that has significant ramifications for court support services personnel. Often, youth-serving professionals — however open and accepting they might be — feel little prepared to deal with the issues associated with sexual and gender minority status in our culture – or in our detention centers. This lively, interactive discussion will offer participants the opportunity to explore the issues; differentiate between personal values and cultural myths or stereotypes which, if unexplored, can significantly impact one's ability to work effectively with sexual minority populations; assess their readiness to effectively serve this population, and develop strategies for providing affirming, culturally competent programs and services to LGBT clients within CSSD. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Th, 1/6/11 9:00AM - 12 noon.	<a href="#">McHaelen, MSW</a>
<b>Sexual and Gender Identity in Youth-Serving Agencies 1011b</b> 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT	Mo, 3/28/11 9:00AM - 12 noon	<a href="#">McHaelen, MSW</a>
<b>Strength-Based Approaches for Working with Youth 1011c</b> -This program will help practitioners to approach clients with a greater concern for their strengths and competencies. Practitioners will learn how to recognize, identify, document and enhance strengths in clients for better outcomes. 1 session. <b>Location:</b> Wheeler Clinic N. Mountain Road Facility, New Britain, CT	We 2/2/11 9:00AM - 4:00PM	<a href="#">Tafrate, PhD</a>
<b>Strength-Based Approaches for Working with Youth 1011d</b> -1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	We 3/30/11 9:00AM - 4:00PM	<a href="#">Tafrate, PhD</a>
<b>Strength-Based Approaches for Working with Youth 1011g</b> -1 session. <b>Location:</b> Wheeler Clinic N. Mountain Road Facility, New Britain, CT	Fri, 2/11/11 9:00AM - 4:00PM	<a href="#">Tafrate, PhD</a>

<b>Stress Management for Professionals via Self-Care 1011a</b> This workshop takes a holistic self care approach to managing stress. It includes information on nutrition, spirituality and stress reduction techniques that can be repeated at home or in the office. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Mo, 2/14/11 9:00AM - 4:00PM	<a href="#">Mulready, MD</a>
<b>Suicide Prevention 1011d</b> - This training will cover major topics of suicide and provide participants with skills to feel better equipped to manage a client experiencing thoughts or behaviors of suicide. The participant will be able to distinguish the difference between suicidal gestures, ideation and intent and self-injurious behaviors. The day will be an interactive approach to assist you to identify the warning signs of suicidal behavior, identify and understand the risk factors in certain populations and conduct a skilled suicide assessment, evaluating lethality, and use techniques to deescalate, support and intervene with suicidal persons. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Mo 1/10/11 9:00AM - 4:00PM	<a href="#">Eckert, LPC, LADC</a>
<b>Suicide Prevention 1011e</b> - 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT	Tu, 3/1/11 9:00AM - 4:00PM	<a href="#">Eckert, LPC, LADC</a>
<b>TARGET 1 1011c Level 1</b> -(open to CSSD-funded community-based YES! and FSC programs that are receiving ongoing consultation and quality assurance from Advanced Trauma Solutions) TARGET (Trauma Affect Regulation: Guide for Education and Therapy) is an educational and therapeutic approach for the prevention and treatment of complex Post-traumatic Stress Disorder. This workshop will provide an overview of the TARGET conceptual framework and FREEDOM skill set that was developed by Dr. Julian Ford to address the core issue for trauma survivors, trauma-related biological reactivity. This workshop will redefine the nature and dynamics of psychological trauma and explain how trauma causes "post-traumatic stress" by changing the brain and body's stress response systems. TARGET is an approach that enhances resilience by helping survivors move from survival coping to emotional, mental, and relational regulation. This initial 3 day training will cover the impact of traumatic stress on the brain, social and emotional development, and ability to regulate affect; the neurobiology of stress and coping; and introduction to the key concepts, terms, and skills for using TARGET. This training is the first step for program staff who are interested in providing trauma-informed care and will be using the TARGET skills with youth in their roles as counselors, clinical coordinators, educational or vocational specialists, case managers, case aides, or juvenile probation officers. This course is a prerequisite for the TARGET Level 2 Skills Integration training. 3 sessions. <b>Location:</b> Advanced Trauma Solutions, Farmington, CT	Tu, We, Th 2/8,2/9 & 2/10/11 9:00AM - 4:00PM	<a href="#">Ford, MA</a>
<b>CANCELED- TARGET 2 1011b</b> - Level 2 (open to CSSD-funded community-based YES! and FSC programs that are receiving ongoing consultation and quality assurance from Advanced Trauma Solutions) TARGET (Trauma Affect Regulation: Guide for Education and Therapy) Skills Integration Training is designed for staff who have completed the 3 day TARGET Level 1 Skills Training and are actively conducting TARGET groups for youth. The focus of this training will be on understanding and integrating key TARGET concepts, and practical application of the FREEDOM steps. Participants will have the opportunity to work on structuring TARGET groups and using the FREEDOM steps fluidly to help clients process stressful experiences and build resilience. To be eligible for Level 2 TARGET training, participants must have completed Level 1 training, conducted at least 2 TARGET groups, and submitted tapes of their work for fidelity monitoring. 3 sessions. <b>Location:</b> Advanced Trauma Solutions, Farmington, CT	Tu, We, Th 3/29,3/30 & 3/31/11 9:00AM - 4:00PM	<a href="#">Ford, MA</a>
<b>Teambuilding for Supervisors: Activities and Exercises to Build a Strong Team 1011b (for CSSD staff working in Juvenile Residential Facilities ONLY)</b> Research demonstrates that a strong team, with common goals and mission is necessary to implement evidence based practices. Turnover can be reduced by building camaraderie and dedication to the team. This training will be highly interactive, with team building activities that can be used in your program as part of staff development days or staff meetings to energize and unify team members. Please wear comfortable clothing and flat shoes or sneakers. 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT	We, 3/23/11 8:30AM - 3:00PM	<a href="#">Parkhouse</a>

<p><b>CANCELED - Technology in the Teen World 1011b</b> - This training will explore many aspects of our current technology and how it affects present day adolescents. A historic view will be taken to best see how technology has influenced teens to date and what may be in store for the future. Time will be spent on how technology can help and/or hinder teen relationships and adolescent development. We will also review how to set technological boundaries with teen clients . 1 session. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT</p>	<p>Tu, 9:00AM – 4:00PM 2/1/11</p>	<p><a href="#">Donegan, MSW.</a> <a href="#">Donegan, MSW</a></p>
<p><b>CANCELED- Training for Trainers: Becoming a better trainer 1011b-</b> This workshop is intended for people who desire to learn or enhance their training skills. It is not intended for experienced trainers. The workshop is a combination of didactic and hands-on experience in a safe learning environment Guidelines for developing a curriculum or using a prepared curriculum will be presented along with key group process strategies and tasks. The participants will work in a team to create or adapt a training product to have hands-on experience working with the material. The product will be presented to the instructor and other members of the group for feedback on content, methods and training style. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	<p>Fr 2/11/11 9:00AM - 4:00PM</p>	<p><a href="#">Mulready, MD</a></p>
<p><b>VOICES 1011a</b> - This two-day training presents a strength-based, trauma-informed program model designed for girls (12-17) in community and institutional settings. The foundation of this manualized curriculum, <i>Voices: A program of Self-Discovery and Empowerment for Girls</i>, is based on the integration of the following theories: psychological development, attachment, resilience, addiction, and trauma. The program materials consist of a facilitator's guide and a participant journal. The therapeutic approaches include psycho-educational, cognitive-behavioral, relational, and expressive arts. This training describes the world of girls, as well as providing an overview of the elements needed for creating gender-responsive services. The focus is on interactive exercises that demonstrate the strategies that can be used with girls and young women. The topics covered include developing a positive sense of self, building healthy relationships, substance abuse, physical and emotional wellness, sexuality and planning for a positive future. <b>Location:</b> Plainville Business Center Training Center 1, Plainville, CT</p>	<p>We, Th 1/5 &amp; 1/6 /11 9:00AM - 4:00PM</p>	<p><a href="#">Covington, Ph.D.</a></p>
<p><b>Women's Issues in Treatment 1011a</b> - This training will focus upon the specific challenges that face women as they attempt to stabilize and move forward from addiction and psychiatric diagnoses. Focus will be upon creative approaches that are gender specific and will assist female clients in moving forward in their recovery. The training will utilize lectorettes, small group activities, case studies, and film vignettes to assist the trainee in practicing assessment, treatment planning, and interventions that are gender specific. 1 session. <b>Location:</b> Connecticut Clearinghouse conference room, Plainville, CT</p>	<p>Tu, 1/25/11 9:00AM- 4:00PM</p>	<p><a href="#">O'Sullivan</a></p>
<p><b>CANCELED - Working with European American/ European Origin Individuals and Families 1011a</b> - This course is for those seeking more information about working with persons of European descent. Oftentimes, these cultures are seen as homogenous. European American cultures will be explored in historical and contemporary contexts. The multiplicity of groups and how they have been influenced by history, war, oppression, immigration/migration, family structure, communication styles, spirituality and health practices will be discussed among some of the topics. The importance of understanding and addressing the specific cultural/ethnic differences in working with individuals, families and communities will help foster effective communications and help provide more competent services and resources. This training will also provide foundational information for other cultural trainings. 1 session. <b>Location:</b> Multicultural Leadership Institute, Wallingford, CT</p>	<p>Fr, 1/21/11 9:00AM - 4:00PM</p>	<p><a href="#">Chartier</a></p>
<p><b>CANCELED - Working with Southeast Asian Individuals and Families 1011a</b> - This course is for those seeking more information about working with South East Asian individuals, families and communities. A number of South east Asian cultures that are predominant in CT will be examined. We will look across the lifespan, gender roles, and both in traditional and modern contexts. The roles of prominent historical movements, events, trauma and cultural pressures will also be explored. Also addressed are health beliefs and concepts of wellness and illness that also play a key part in daily life across many of these cultures. We will also explore effective communication, what to avoid, and how to use interpreters as necessary. This training will also provide foundational information for other cultural trainings. 1 session. <b>Location:</b> Multicultural Leadership Institute, Wallingford, CT</p>	<p>We, 1/19/11 9:00AM - 4:00PM</p>	<p><a href="#">Tuoc Phan, M.A.</a></p>



**Directions to Leeway, Inc.  
40 Albert St., New Haven, CT**

Telephone: 1-800-406-1048

OR 203-865-0068

Contact Person: Blanca Ayala

Fax: 203-865-0399

E-mail: [info@leeway.net](mailto:info@leeway.net)

Website: <http://www.leeway.net>

**Parking is to the back of the building or on the street.**

<http://www.leeway.net/contact.html>

Business Hours: 8:00am-5:00pm, Monday-Friday

Visiting Hours: 11:00am-8:00pm, seven days a week

**Directions:**

From downtown New Haven: Head north on State Street. After passing the right-hand turn to Middletown Avenue and Ferry Street, take the second right at Costume Bazaar (Albert Street), just before the Hamden border. The Leeway facility is the first building on your right after Costume Bazaar.

**From the Interstate:**

Take I95 (either direction) to **I-91 North** (toward Hartford), take Exit 6 (Willow Street, Blatchley Avenue), turn left onto Willow Street at the end of the ramp. Take the first left onto State Street. Head north on State and proceed as directed from downtown New Haven.

**From I-91 South:** Take exit 7 toward Ferry St/Fair Haven 0.2 mi. Turn left at Middletown Ave 387 ft. Turn right at Ferry St 358 ft. Turn right at State St/US-5 0.5 mi. Look for "Costume Bazaar" on your right and immediately after it, turn right at Albert St 430 ft.

**By Public Transportation (Bus):**

From the Green in downtown New Haven (which is a stop for buses from surrounding communities): at the corner of Church and Elm (near the New Haven Savings Bank), take the M bus (marked Washington Avenue/State Street) to the corner of State and Albert Streets (near the Costume Bazaar). When you get off the bus, cross State Street and walk a few yards down Albert Street to Leeway, the first building on the right. The fare from New Haven to Leeway is \$1. There is no service on Sunday.

For more information including schedules, call CT Transit, New Haven, 203-624-0151, TTY 785-8930, <http://www.cttransit.com>

**Wheeler Clinic North Mountain Road Facility**  
Adult Risk Reduction Center  
Alternative Incarceration Center and Adult Outpatient Services  
75 North Mountain Road  
New Britain 06053  
*Front Desk Phone (860) 229-6820*  
**Questions please call Laura Minor at 860-978-1210**  
**Driving Directions: <http://www.wheelerclinic.org>**

**\*\*Parking is available to the side of the building and at the lowest level of the building.**

**From I 91 North (from New Haven):**

Take Exit 22N onto Route 9 North towards New Britain  
Take Exit 28 onto Route 72 West (left exit) towards New Britain/Bristol  
Take Exit 7, Route 372, Corbin Avenue  
At the end of the ramp, turn right onto Corbin Avenue/Route 372 West  
Turn left at the first light onto West Main Street/Route 372  
Proceed about .6 miles to North Mountain Road and turn right  
After 1/10 mile, you will see signs on the right for Wheeler Clinic and the  
Department of Motor Vehicles.  
Turn right, and stay right. The ARRC/AIC building is in the rear to the right of the  
DMV building

**From I 91 South (from Windsor Locks):**

In Hartford, take Exit 32A, I-84 West, and follow directions below.

**From I 84 West (from Hartford):**

Take Exit 35 - Route 72 East toward New Britain (left exit)  
Take Exit 7, Route 372, Corbin Avenue (first exit on the right after you leave 84)  
At the end of the ramp turn left onto Corbin Avenue/Route 372 West  
Turn left at the second light onto 372 West/West Main Street  
Proceed .6 miles and turn right onto North Mountain Road After 1/10 mile, you will see signs on the  
right for Wheeler Clinic and the  
Department of Motor Vehicles.  
Turn right, and stay right. The ARRC/AIC building is in the rear to the right of the  
DMV building

**From I 84 East (from Waterbury)**

Take Exit 34 - Crooked Street/Route 372  
Turn left at the end of the ramp onto Route 372 East  
Proceed about 1.5 miles to North Mountain Road  
After 1/10 mile, you will see signs on the right for Wheeler Clinic and the  
Department of Motor Vehicles.  
Turn right, and stay right. The ARRC/AIC building is in the rear to the right of the  
DMV building



## **Connecticut Clearinghouse**

334 Farmington Avenue

Plainville, CT 06062

Tel: 800.232.4424

Questions please call Laura Minor at 860-793-2164

Visit website at: [www.ctclearinghouse.org](http://www.ctclearinghouse.org)

Parking is directly in front of and to the side & rear of the building.

### **Driving Directions:**

#### **From Danbury – Waterbury Area**

Take Interstate 84 East to Exit 34 (Crooked St.). At the end of the exit, turn left. At the light, turn left onto Route 372. Go to the fifth light, and turn right onto Farmington Avenue (Route 10).

Connecticut Clearinghouse is one mile on the right.

#### **From Hartford Area**

Take Interstate 84 West to Exit 33 (Route 72 West, Bristol). Bear to the right and take Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

#### **From Middletown Area**

Take Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

#### **From Southern Connecticut**

Take Interstate 95 North to New Haven. Take the exit for Interstate 91 North toward Hartford. Take Exit 22N onto Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

#### **From Southeastern Connecticut**

Take Interstate 95 South to Exit 69 onto Route 9 North. In New Britain, take Exit 28 onto Route 72 West. When Route 72 West merges with Interstate 84 West, stay in the right lane. Take Exit 33 (Route 72 West, Bristol), then Exit 2 (New Britain Ave., Plainville, Route 372). At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

#### **From Northeastern Connecticut**

Take Interstate 84 West to Exit 33 (Route 72). Bear to the right and take Exit 2 (New Britain Ave., Plainville, Route 372) exit. At the end of the exit ramp, turn left onto Route 372. Go to the third light, and turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is one mile on the right.

#### **From Northwestern Connecticut**

Follow Route 44 East to Route 177 South in Canton. Continue on Route 177 through Unionville, crossing over Route 6 and past Tunxis Community College. Proceed one mile past the college, and turn left at the light onto Northwest Drive. Go straight at the stop sign to the next traffic light. Turn right onto Farmington Avenue (Route 10). Connecticut Clearinghouse is a quarter mile on the left.

## **Wheeler Clinic, Inc**

Plainville Business Center

74 East Street (Rt. 10)

Plainville, CT 06062

Facility Contact person: Pat Sharpe 860-793-4492

Questions/Cancellations please call Laura Minor at 860-793-2164

**Driving Directions:** <http://www.wheelerclinic.org>

### **From I-84 West (from Hartford):**

Take exit 33, Route 72 West toward Bristol. This is a highway connector.

Take the first exit off 72 West connector, signed New Britain Avenue/Plainville, Route 372 (Exit 2)

At the end of the exit ramp, turn left onto Route 372 West

Proceed about 0.8 miles and turn left onto East Street/Route 10 South

Go ¼ mile. Plainville Business Center is on the left, across from Gnazzo's Grocery store

### **From I-84 East (from Waterbury):**

Take exit 33, Route 72 West toward Bristol. This is a left exit onto a highway connector

Take the first exit off connector (Exit 1), Route 177, No. Washington Street

Go left at the end of the ramp onto Route 177, No. Washington Street

Go .8 miles and turn left at light onto Broad Street

Go .7 miles and turn left onto East Street, Route 10 South

Plainville Business Center is about ¼ down on the left, across from Gnazzo's Grocery store

### **From I-91 North (New Haven/Meriden):**

Take Exit 22N onto Route 9 North toward New Britain

Take Exit 28 – Route 72 West (left exit) toward Bristol

Merge briefly onto I-84 West

Take Exit 33, Route 72 West toward Bristol. This is a highway connector

Take first exit off connector (Exit 2), New Britain Avenue/Plainville/Route 372

At the end of the exit ramp, turn left onto Route 372 West

Proceed about 0.8 miles and turn left onto East Street, Route 10 South

Go ¼ mile. Plainville Business Center is on the left, across from Gnazzo's Grocery

**Community Renewal Team, (CRT), Inc.**

555 Windsor Street,  
Hartford, CT 06120

**Phone (860) 560-5600**

**Parking is in the lot across the street from the building.**

**DRIVING DIRECTIONS:**

**From 91 N and S**

Take the Trumbull Street exit #32 B and go straight up Trumbull Street, cross over Market Street and take a right onto Windsor Street. Follow for 1.5 miles to #555, a gray building on the left. Visitor parking is on the right, across the street from the building. Please see receptionist upon entering.

**From I-84 East** (from Waterbury) Take the Main Street exit #50, go left at the first light onto Trumbull St., bear right going through the next light which is the Main Street intersection. Take the first left onto Windsor Street. Follow for 1.5 miles to #555, a gray building on the left. Visitor parking is on the right, across the street from the building. Please see receptionist upon entering.

**From I-84 West** (from Manchester)

Take the **US-44 W** exit, **EXIT 50**, toward **I-91 S/MAIN ST.** At light go right onto Market Street, then first left onto Pleasant Street. Take first right onto Windsor Street. Follow for 1.5 miles to #555, a gray building on the left. Visitor parking is on the right, across the street from the building. Please see receptionist upon entering.

## **Community Solutions, Inc. (CSI)**

4 Griffin Rd N  
Windsor, CT 06095  
Facility Tel. 860-683-7100

Questions please call Laura Minor at 860-793-2164

### **Taking I-84 E (from Waterbury/Danbury)**

1. Take exit 51 to merge onto I-91 N toward Springfield 7.8 mi
2. Take exit 38 to merge onto CT-75 N/Poquonock Ave toward Poquonock 0.6 mi
3. Take the ramp onto Day Hill Rd 3.9 mi
4. Turn right at Blue Hills Ave Ext/CT-187 N 0.1 mi
5. Turn right at Griffin Rd N

### **Taking I-84 W (from Vernon/Manchester)**

1. Take exit 61 for I-291 W toward Windsor 0.5 mi
2. Merge onto I-291 N 5.4 mi
3. Take exit 1 for CT-218 W toward Bloomfield 0.5 mi
4. Turn left at CT-218/Putnam Hwy
- Continue to follow CT-218 1.0 mi
5. Turn right at Blue Hills Ave/CT-187
- Continue to follow CT-187 4.8 mi
6. Turn right at Griffin Rd N

### **Taking I-91 North (from New Haven)**

1. Take exit 38 to merge onto CT-75 N/Poquonock Ave toward Poquonock 0.6 mi
2. Take the ramp onto Day Hill Rd 3.9 mi
3. Turn right at Blue Hills Ave Ext/CT-187 N 0.1 mi
4. Turn right at Griffin Rd N

### **Taking I-91 South (From Windsor Locks)**

1. Take exit 38A-38B for CT-75 toward Poquonock/Windsor 0.2 mi
2. Take exit 38B on the left to merge onto Day Hill Rd 3.9 mi
3. Turn right at Blue Hills Ave Ext/CT-187 N 0.1 mi
4. Turn right at Griffin Rd N

# **ITBD (Institute of Technology and Business Development)**

Central Connecticut State University  
185 Main Street New Britain, Connecticut, 06051  
Tel. 860.832.0700

## **Parking - THERE IS A CHARGE**

Parking is available in the Municipal Parking Garage in back of the ITBD building (access is on Chestnut Street).

### **From I-84 (Waterbury – East)**

Exit 35 (left exit) to Route 72 East. Take Exit 9 - Main Street. At end of the exit take a right. At the next light take a right onto Chestnut Street, the Municipal Parking Garage is on the right. Should you wish to proceed to the front of the ITBD building, take another right onto Main Street. ITBD is a red brick building located on the right.

### **From I-84 (Hartford – West)**

Exit 39A to Route 9 South. Take Exit 27 – Chestnut Street (left exit). At the end of the exit take a right onto Chestnut Street, after the 2nd light, the Municipal Parking Garage is on the right. Should you wish to proceed to the front of the ITBD building, continue to the third light. Take a right onto Main Street. ITBD is a red brick building located on the right.

### **From the South (Routes 9, 91 or 15)**

Go north on route 9 to Exit 26 – Downtown New Britain. Go straight at the end of the exit, take a left at the following traffic light (CVS is on the corner) onto Chestnut Street. The Municipal Parking Garage is on the right. Should you wish to proceed to the front of the ITBD building, take your second right onto Main Street. ITBD is a red brick building located on the right.

Advanced Trauma Solutions, Inc. (ATS)  
17 Talcott Notch Road  
Farmington, CT 06032  
860-269-8663

### **Directions to ATS Office and Auditorium -**

#### **From I84 West or East**

Take exit 39. At the end of the off-ramp turn right onto Farmington Avenue (Rt. 4). Continue on Farmington Ave. for 1 mile and turn left on Talcott Notch Rd. Turn left on Talcott Forest (first left). The building is the first red brick building on the right. Parking is available in the front and rear of the building. (Note: although the address is Talcott Notch, the building faces Talcott Forest).

#### **From Rt. 9 North**

Take I84 West and get off on exit 39. Take exit 39. At the end of the off-ramp turn right onto Farmington Avenue (Rt. 4). Continue on Farmington Ave. for 1 mile and turn left on Talcott Notch Rd. Turn left on Talcott Forest (first left). The building is the first red brick building on the right. Parking is available in the front and rear of the building. (Note: although the address is Talcott Notch, the building faces Talcott Forest).

### **Auditorium -**

Enter the building from the front. The auditorium is on the first floor right off the lobby (the door in front of the stairs).

### **Directions from ATS office to Highways -**

From parking lot turn left onto Talcott Forest, then right on Talcott Notch. At first stop light turn right onto Farmington Avenue (Rt. 4).

#### **To I84 East or West**

Continue on Farmington Avenue 1 mile and turn left onto highway.

#### **To Rt. 9**

Continue on Farmington Avenue approximately 1/2 mile and turn left on South Road. Turn right onto Colt Hwy. and right onto I84 East. Stay in right lane and go right onto Rt. 9 South.

## **Directions to the Multicultural Leadership Institute's (MLI) Wallingford Office**

Training events are held in the Luis Marcano Learning Center

### **Multicultural Leadership Institute, Inc. (MLI)**

*100 South Turnpike Road, Suite C,*

*Wallingford, CT 06492*

**Telephone Number: 203.793-1952**

*The MLI is across the road from the Oakdale (Toyota) Music Theater. We are in the same building as the Quinnipiac Chamber of Commerce. There is ample parking. Use the main building entrance. MLI shares an office suite with the CT Certification Board (CCB). Follow signs that say either MLI or CCB.*

### **From CT-15 / Wilbur Cross Parkway South (from Hartford)**

Take EXIT 64 toward WALLINGFORD.

Turn LEFT off of the exit onto S TURNPIKE RD.

Drive about  $\frac{3}{4}$  mile and turn LEFT into the Oakdale Professional Park.

Once you have turned into the Park, the [MLI](#) office is in Building 100, Suite C

### **From CT-15 / Wilbur Cross Parkway North (from New Haven)**

Take EXIT 64 toward WALLINGFORD.

Turn LEFT off of the exit onto QUINNIPIAC ST.

QUINNIPIAC ST becomes S TURNPIKE RD.

Drive about  $\frac{3}{4}$  mile and turn LEFT into the Oakdale Professional Park.

Once you have turned into the Park, the [MLI](#) office is in Building 100, Suite C

### **From Route 91 North (from New Haven)**

Take LEFT EXIT 13 toward US-5 / WALLINGFORD / NORTH HAVEN

Road Merges into WHARTON BROOK CONN.

At light, Turn LEFT onto S COLONY RD / US-5.

Immediately turn RIGHT onto TOELLES RD.

At the end of road, turn RIGHT onto HARTFORD TURNPIKE.

HARTFORD TURNPIKE becomes S TURNPIKE RD.

Follow S TURNPIKE RD. for 1 mile and take a RIGHT into Oakdale Professional Park.

The [MLI](#) office is Building 100, Suite C.

### **From Route 91 South (from Hartford)**

Merge onto CT-15 S / WILBUR CROSS PKWY via EXIT 17.

**FOLLOW DIRECTIONS FROM CT-15 / Wilbur Cross Parkway SOUTH.**

### **From Route 95 North (Bridgeport & Stamford)**

Merge onto CT-8 N via EXIT 27A toward TRUMBULL / WATERBURY

Merge onto CT-15 N via EXIT 9

Take EXIT 64 toward WALLINGFORD.

Turn LEFT off of the exit onto S TURNPIKE RD.

Drive about  $\frac{3}{4}$  mile and turn LEFT into the Oakdale Professional Park.

Once you have turned into the Park, the [MLI](#) office is in Building 100, Suite C

### **From Route 95 South (from New London)**

Take the I-91 N exit- EXIT 48- toward HARTFORD.

Merge onto I-91 N via EXIT 2 on the LEFT toward HARTFORD.

**FOLLOW DIRECTIONS FROM 91 NORTH.**