

SLIPPERY ROCK UNIVERSITY WINTER POLE VAULT CLINIC

Held at the Morrow Field House on Slippery Rock University Campus

Clinic # 1 Saturday - January 7th 2006 8:00am - Noon
Clinic # 2 Sunday - January 8th 2006 8:00am - Noon

BRING YOUR OWN POLES AND STUBBIES (Poles optional for beginners)

All vaulters and coaches welcomed-- male and female, young and old. Athletes and coaches must choose to attend either Saturday or Sunday. However, if there is space available, athletes and coaches may attend on both days. **When applications are received applicants will be called to confirm their acceptance into the clinic.

There will be two different categories of vaulters at each clinic. There will be “**Experienced**” vaulters that have at least one year of vaulting experience, and there will “**Beginner**” vaulters for those just getting started. There will be a maximum of 30 vaulters in each category. The 30 **Experienced** vaulters will be divided into two groups of 15 each. **Experienced** vaulters will have general instruction, drills and at least 1 ½ hours of vaulting. **Beginner** vaulters will have instruction mixed with drills. **Beginners** will not have time at the pole vault pit. An unlimited number of coaches will be free to roam in all areas of the clinic.

The lead instructor will be C.J. Morgante. C.J. has had a great deal of experience and success as a vaulter and vault coach. C.J is currently the pole vault coach at Butler H.S. A former All-Conference vaulter at Allegheny College, C.J. is an instructor at the Slippery Rock University Summer Pole Vault Camps as well as an instructor at the Vertical Village held in Erie, Pa. Assisting C.J. Morgante will be other experienced vault instructors as well as former and current Slippery Rock University pole vaulters.

ONE REGISTRATION FORM PER ATHLETE OR COACH. Look at www.rockathletics.com or call 724-738-2798 if you need additional forms. E-mail john.papa@sru.edu

Applications must include a check for \$40 per person payable to **SRU Track and Field**. Those that get accepted to participate on both days will pay the additional \$40 at the clinic.

Check one Experienced Beginner Coach

Check one I wish to attend Saturday I wish to attend Sunday

I can attend either day I wish to attend both days

Name _____ Phone _____

Address _____

____ Age Personal best vault if experienced male female

Return form and check to: John Papa, Athletic Dept., Slippery Rock University, Slippery Rock, Pa 16057