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Team

# Coach /Mission Staff Emergency Contact List

NAME	TEAM	ROLE	PHONE	EMAIL

## **EMERGENCY CONTACT NUMBERS FOR ATHLETES/COACHES**

ATHLETE		CONTACT			
NAME	EMG NAME	NUMBER	EMAIL	DOB	

Special Olympics Newfoundland & Labrador		ATTEN	<u>1D</u>	A	<u>N</u>	C	E			
Special Olympics Newfoundland & Labrador	NAME	# of Bags								# of Bags
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#### [INSERT DATE]

#### **CELL PHONE NUMBERS**

	Last Name	First Name	Cellphone Number
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10			ak ak
11	Spec	ial Olym undland & Lab	pics 🚄 🥦
12	Newfo	undland & Lat	rador S
	140000	ariataria a Lab	, addi

#### [INSERT DATE]

#### **HOTEL ROOM LISTING BY NAME**

	NAME	POSITION	HOTEL ROOM NUMBER
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9			
10			2626
11	5		Impics 📜 📜
12	Ń		Labrador
13	/ /		Labrador
14			• • • • • • • • • • • • • • • • • • • •
15			
16			
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#### [INSERT DATE]

#### **HOTEL ROOM LISTING BY NUMBER**

	HOTEL ROOM NUMBER	NAME	POSITION
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#### [INSERT DATE]

## **HOTEL ACCOMMODATIONS**

	NAME	POSITION	NAME	POSITION	HOTEL ROOM NUMBER
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## [INSERT DATE]

## **TEAM REGISTRATION LIST**

CHEF DE MISSION:
MANAGER:
MISSION STAFF:
Coaches:
Special Olympics List athletes' names wfoundland & Labrador
List athletes' names
Coaches:
List athletes' names

#### **GENERAL SCHEDULE**

[11]	[INSERT DAY AND DATE HERE]			
TIME	EVENT			
[INSERT TIME]	E.g. Board bus at [INSERT LOCATION]			

[INSERT DAY AND DATE HERE]				
TIME	EVENT			
[INSERT TIME]	E.g. Board bus at [INSERT LOCATION]			
Specia	al Olympics 💋 🕦			
	ndland & Labrador			
12/2/2/2				

[INSERT DAY AND DATE HERE]			
TIME	EVENT		
[INSERT TIME]	E.g. Board bus at [INSERT LOCATION]		

[INSERTALL SCHEDULES PROVIDED FROM SONL HEAD OFFICE THAT ARE REQUIRED DURING EVENT SUCH AS MASTER SCHEDULE AND SPORT SPECIFIC SCHEDULES, ETC]

#### HOTEL ROOM DOOR NAME TAG TEMPLATES

(INSERT YOUR CLUBS LOGO IF DESIRED, CUT, LAMINATE AND RE USE FOR ALL COMPETITIONS/GAMES)



# **NAME**





**NAME** 

#### **EMERGENCY NUMBERS TEMPLATE**

[CUT, LAMINATE AND PLACE IN BACK OF ACCREDITATION LANYARD]

#### **EMERGENCY NUMBERS IN CORNER BROOK**

#### **EMERGENCY NUMBERS IN CORNER BROOK**

Police - 555-5555 Police - 555-5555

Ambulance - Call 911 (if busy call 555-5555) Ambulance - Call 911 (if busy call 555-5555)

Hospital ER Dept. - 555-5555 Hospital ER Dept. - 555-5555

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Ambulance - Call 911 (if busy call 555-5555) Ambulance - Call 911 (if busy call 555-5555)

Hospital ER Dept. - 555-5555 Hospital ER Dept. - 555-5555

Special Olympics

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Hospital ER Dept. - 555-5555 Hospital ER Dept. - 555-5555

#### **EMERGENCY NUMBERS IN CORNER BROOK**

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Police - 555-5555 Police - 555-5555

Hospital ER Dept. - 555-5555 Hospital ER Dept. - 555-5555

#### **TEAM CELL PHONE LISTING**

# [INSERT CLUB LOGO WHERE DESIRED, CUT, LAMINATE, PLACE IN BACK OF ACCREDITATION LANYARD]





Name 000-0000 Name 000-0000

Bus DriverBus DriverNameNameNameNameNameName

Name Name

Name **Special Olympics**Newfoundland & Labrador



## [INSERT DATES]

#### **ACTION ITEM LISTING IN PREPARATION OF EVENT**

	Task	Responsibility	Status
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2.			
3.			
5.			
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37.	New Country of Orlandon
37. 38.	Special Olympics Newfoundland & Labrador
	Newfoundland & Labrador
38.	Newfoundland & Labrador
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38. 39. 40. 41. 42. 43. 44. 45. 46. 47.	Newfoundland & Labrador

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AS O	Special Olympics Newfoundland & Labrador

## [INSERT DATE]

## **PACKING LIST (SAMPLE)**

[this can be used to pass out to athlete prior to

competition]

These items must be given to your Head (if no respite work		• • • • • • • • • • • • • • • • • • • •				
Medications - Clearly marked with name and times to take meds						
Toiletries		General Clothing/ Other Items				
Toothbrush/toothpaste		Pajamas (1 pair)				
Comb/brush		Socks (5 pairs)				
Deodorant		Underwear (4 pairs)				
Shaving supplies		T-Shirts (2 t-shirts)				
Any toiletries that may be required by		Pants (2 pairs - comfortable for travel on				
females		bus)				
Special Oly						
Newfoundland & L	.ab	Comfortable shoes required for dance and				
		opening ceremonies				
		Flashlight				
		Whistle				
		Belt				
Opening Ceremo	onies	s / Team Clothing				
Team vest		Team gold shirt				
Team jacket		Black pants (your own pair)				
Team black shirt		Team hat				
Curling Competiti	on G	ear/Equipment				
Curling jacket						
Curling pants						
Gloves or mittens (2 pairs)						
Thermal base layer						
Helmet, curling shoes and broom will be tra	anspo	orted by your team coach				

	Snowshoeing Competition Gear/Equipment							
	Snowshoes		Sunglasses					
	Thermal base layer		Team running pants					
	Team running jacket		Running socks (at least 4 pairs)					
	Gloves or mittens ( 2 pairs)		Appropriate racing boots					
	Skiing Compet	ition Ge	ar/Equipment					
	Skis		Thermal base layer					
	Appropriate boots		Gloves or mittens (2 pairs)					
	Ski poles		Skiing outfit					
	Neck warmer		Skiing hat/headband					
	Opti	ional Ite	ems					
	Athletes can bring an autograph book, gar	me/musi	c device and magazine if they wish					
	Athletes can bring some money (not a lot needed - maybe \$20 max.)							
	Healthy snacks are permitted							
	Camera (responsibility for safekeeping by athlete / respite worker)							
No	Laptops permitted wfoundland &	& Lab	rador (S)					
Ple	ase note - if athlete brings any personal el	lectroni	c devices such as iPad, iPod, etc., we					
car	nnot guarantee the safety of these devices	s. These	items will be the responsibility of the					
ath	llete/respite worker to secure.							

It is recommended that all clothing/articles be clearly marked with athlete's name.

This packing list is to be used as a reference guide to assist athletes and caregivers when getting ready for the trip to [INSERT LOCATION]. Cell phones are welcomed; however, their use will not be permitted during competition times.

There will be a **No SMOKING POLICY** while we are traveling.

We are traveling to [insert location] on bus. We will leave the [insert location] parking lot on [insert day], [month] [date] at [time]. Be there by [time] a.m. to load the bus.

Teams are staying at a hotel in [location]. We will be returning home immediately following competition on [day], [month] [date]. **Estimated departure time is [time] p.m. pending competitions and medal presentations.** 

Anticipated time of return to [location] is [time]. We can call any family member/caregiver when we leave [location] so you will know what time to pickup your athlete at the [location] parking lot. Just tell [name/position] know when you drop your athlete off to us.

IN CASE OF EMERGENCY YOU CAN CONTACT THE TEAM MEMBERS LISTED BELOW BY CALLING

Could be Chef de Mission or Manager name and number



## [DATE]

## PACKING LIST SPORT SPECIFC(SAMPLE)

[this can be used to give to athletes prior to

#### competition]

These items must be given to your Head Coach when you are dropped off on [day] (if no respite worker is going with you)							
☐ Medications - Clearly marked with name and times to take meds							
Toiletries General Clothing/ Other Items							
Toothbrush/toothpaste		Pajamas (1 pair)					
Comb/brush		Socks (5 pairs)					
Deodorant		Underwear (4 pairs)					
Shaving supplies		T-Shirts (2 t-shirts)					
Any toiletries that may be required by		Pants (2 pairs - comfortable for travel on					
females		bus)					
Special Oly	$\square$	<b>Diffit</b> r banquet/dance					
		Comfortable shoes required for dance and					
rvew, our ataria a i	·uD	opening ceremonies					
		Flashlight					
		Whistle					
		Belt					
Opening Ceremo	onies	s / Team Clothing					
Team vest		Team gold shirt					
Team jacket		Black pants (your own pair)					
Team black shirt		Team hat					
		_ ,					
Curling Competition	on G	ear/Equipment					
Curling jacket							
Curling pants							
Gloves or mittens (2 pairs)							
Thermal base layer							
Helmet curling shoes and broom will be tra	ansna	orted by your team coach					

	Optional Items
	Athletes can bring an autograph book, game/music device and magazine if they wish
	Athletes can bring some money (not a lot needed - maybe \$20 max.)
	Healthy snacks are permitted
	Camera (responsibility for safekeeping by athlete / respite worker)
No	Laptops permitted.
can	ase note - if athlete brings any personal electronic devices such as iPad, iPod, etc., we not guarantee the safety of these devices. These items will be the responsibility of the lete/respite worker to secure.

It is recommended that all clothing/articles be clearly marked with athlete's name.

This packing list is to be used as a reference guide to assist athletes and caregivers when getting ready for the trip to [location]. Cell phones are welcomed; however, their use will not be permitted during competition times.

Newfoundland & Labrador

There will be a **No SMOKING POLICY** while we are traveling.

We are traveling to [location] on bus. We will leave the [location] parking lot on [day], [month] [date] at [time]. Be there by [time] a.m. to load the bus.

Teams are staying at a hotel in [location]. We will be returning home immediately following competition on [day], [month] [date]. **Estimated departure time is [time] p.m. pending competitions and medal presentations.** 

Anticipated time of return to [location] is [time]. We can call any family member/caregiver when we leave [location] so you will know what time to pickup your athlete at the [location] parking lot. Just tell [Name/Position] know when you drop your athlete off to us.

IN CASE OF EMERGENCY YOU CAN CONTACT THE TEAM MEMBERS LISTED BELOW BY CALLING

**INSERT NAME/POSITION AND PHONE NUMBER** 



# Emergency Action Plan [COMPETITION NAME] [VENUE]

- 1. Who is in charge?
  - a. Backup?
- 2. Who is the "call person"?
  - a. Backup:
- 3. Emergency Numbers for site?
  - a. Ambulance: 555.5555
  - b. Fire: 555.5555
  - c. Police: 555.5555
  - d. Hospital: 555.5555
- 4. Are athlete medicals on site?
  - a. Where?
  - b. Access available to?
- 5. First -Aid kit on site?
  - a. Where?
  - b. Who has access?
- 6. Directions for Emergency Vehicles/ Personnel:
  - α.
- 7. Safety area in case of evacuation?

#### [INSERT COMPETITION HERE]

#### **MEDICAL LOG**

_		FRIDAY	SATURDAY		SUNDAY	
ATHLETE NAME	AM	PM	AM	PM	AM	PM
Molly		10:15PM		10:05PM		
		1 Xtra Stregth				
		Tylenol				
Sally		10:10PM	9:55AM			
		2 Midol	2 Midol	10:05PM	10:00AM	
Billy		10:20PM	8:00AM	10:15PM	8:15AM	
Bobby		NO MEDICINES GIVEN				
Johnny			NO MEDICI	NES GIVEN		
Suzy		10:20PM	10:00AM	10:20PM	8:00AM	

<sup>\*</sup>This is a sample only

#### [INSERT COMPETITION NAME HERE]

#### **BUSSING ATTENDANCE LIST**

	TRIP 1: FROM [VENUE] TO [VENUE]		TRIP 2: FROM [VENUE] TO [VENUE]			
	NAME	PRESENT			NAME	PRESENT
1				1		
2				2		
3				3		
4				4		
5				5		
6				6		
7				7		
8				8		
9				9		
			-			

#### **EMERGENCY CONTACT NUMBERS FOR ATHLETES/COACHES**

	_	CONTACT						
	NAME	EMG NAME	NUMBER	EMAIL	DOB	ALLERGIES		
1				_				
2				_				
3				_				
4				_				
5				_				
6				_				
7				_				
8								
9								

## [ADD BLANK SHEETS OF PAPER FOR

