SLOW COOKER PLAN On the Menu This Week..



Sweet and Sour Meatballs

over rice with green beans

Chicken Gyros with salad and chips

Smoky Chipotle Chicken Tacos in the Slow Cooker with black beans

Honey Pork Chops with green veggie and rolls

Bramble Beans with cornbread and salad

Southwestern Steak and Cornbread Dressing in the Slow Cooker with broccoli

EVERYDAY FOOD FOR BUSY PEOPLE