

DIABETES EDUCATOR COURSE

November 21 – 24, 2011
Hyatt Regency Toronto
Toronto, ON



kinghooper
DIABETES EDUCATION INC



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

Interprofessional
Continuing
Education



COURSE DESCRIPTION

Diabetes is an emerging epidemic. No matter what area of health care you work in, you will encounter people affected by diabetes. New approaches to diabetes management are continuously appearing.

This comprehensive four-day course is for health professionals from a variety of disciplines who face diabetes in practice. The goal is to update your understanding of the complexities of diabetes care, and learn effective approaches to educate those affected by diabetes. It is an ideal course if you are entering the dynamic, specialty field of diabetes education. This course is not specifically designed as preparation for the CDE examination, however it will serve as an excellent review in your preparation to become a certified diabetes educator.

The course format includes didactic and interactive presentations from a variety of experts, group discussions, and case studies. Opportunity will be provided to learn diabetes management innovations from technology and pharmaceutical companies during the interactive Exhibitors' Luncheon. Time is built in for networking with colleagues.

This is an intensive course that is sure to stimulate and motivate you. You will come away with a solid foundation in high quality diabetes management and education.

WHO SHOULD ATTEND

This course is for health professionals interested in diabetes management and education:

- Registered Nurses and Nurse Practitioners
- Dietitians and Nutritionists
- Pharmacists
- Social and Mental Health Workers
- Physicians
- Physiotherapists and other health professionals

PRE-READING REVIEW

We strongly recommend that all registrants review the Canadian Diabetes Association Clinical Practice Guidelines in advance of this course. These guidelines can be found at diabetes.ca.

CREDIT

This course is eligible for credit toward your Canadian Diabetes Educator Certification Maintenance Credit Portfolio. For more information, please visit the Canadian Diabetes Educator Certification Board website at cdec.ca.

COURSE OUTLINE

Monday, November 21

- 0800h Registration & Continental Breakfast
- 0845h Welcome & Introduction
- 0915h Overview of Diabetes
Barbara King Hooper, RN, MScN, CDE, CEO, Kinghooper Diabetes Education Inc. and Diabetes Clinical Nurse Specialist, Children's Hospital of Oakland, Oakland, CA, USA
- 1015h Break
- 1030h Nutrition Management in Diabetes
Wendy Levin, RD, CDE, Diabetes Educator, The Scarborough Hospital, Scarborough, ON
- 1200h Lunch (Provided)
- 1300h Physical Activity Management in Diabetes
Nanci Guest, MSc, RD, CSCS, 2010 Vancouver Olympics Athletes' Village Supervising Dietitian, and Owner, Power Play–Nutrition, Fitness, Performance, Toronto, ON
- 1430h Break
- 1445h Pharmacological Management of Diabetes
Bill Cornish, RPh, BScPhm, ACPR, Supervisor, Drug Information Services, Sunnybrook Health Sciences Centre, Toronto, ON
- 1600h Adjourn

Tuesday, November 22

- 0830h Review
Barbara King Hooper
- 0930h Diabetes Management from Toddlers to Teens
Ana Artiles, RN, CDE, Diabetes Educator, Hospital for Sick Children, Toronto, ON
- 1030h Break
- 1045h Diabetes Management in Pregnancy
Barbara Cleave, RN, BScN, CDE, Diabetes Nurse Clinician, Mount Sinai Hospital, Toronto, ON
- 1145h Exhibitors' Luncheon (Provided)
- 1330h Tools and Technologies for Monitoring: Meters, Pumps, Sensors
Barbara Cleave
- 1500h Break
- 1515h Chronic Complications of Diabetes
Alice Cheng, MD, FRCPC, Endocrinologist, St. Michael's Hospital, Toronto, ON
- 1630h Adjourn
- 1800h Dinner (Provided)

Wednesday, November 23

- 0830h Review
Barbara King Hooper
- 0915h Diabetes Management in Older Adults
*Cathy Benbow-Pleues, RN, MEd, CDE, Manager,
Halton Diabetes Program, Oakville, ON*
- 1015h Break
- 1030h Diabetes Management in First Nations
Communities
*Trenea Delormier, PhD, Pdt, Kahnawake
Schools Diabetes Prevention Project Research
Team and Community Advisory Board Member,
Kahnawake, QC*
- 1200h Lunch (On Your Own)
- 1330h Acute Complications of Diabetes
Barbara King Hooper
- 1430h Break
- 1445h Blood Glucose Pattern Management
Barbara King Hooper
- 1600h Adjourn

Thursday, November 24

- 0830h Review
Barbara King Hooper
- 0900h Helping People Learn
Barbara King Hooper
- 1100h Break
- 1115h Living with Diabetes
To Be Announced
- 1245h Adjourn
Thank you, and have a safe journey home!

This course outline is subject to change, including the named speakers. For the latest update, visit our website at interprofessional.ubc.ca/IN9568.

WHAT YOUR REGISTRATION INCLUDES

- Syllabus containing detailed handouts
- 1 breakfast, 2 lunches, 1 dinner, and daily morning and afternoon refreshment breaks
- Certificate of Attendance

LOCATION

The venue for this course is Hyatt Regency Toronto, 370 King Street West, Toronto, ON. A block of rooms with a special rate of \$149/night has been set aside until October 28, 2011. Please call The Hyatt directly for reservations on +1.416.343.1234 or toll-free +1.800.233.1234, and mention "Diabetes Educator Course rate".

- Early bird rate is \$695+HST (\$785.35) for fully paid registrations received by October 21, 2011
- Regular rate is \$795+HST (\$898.35)

Space is limited, so please register early.

First Name

Last Name

Profession/Title

Organization/Company

Mailing Address

City

Province/State

Postal/Zip Code

Country

Telephone

Email Address

- Yes, I will attend the course dinner on Tuesday, November 22
- No, I do not permit my email address to be shared on the participant list

Register ONLINE at:

interprofessional.ubc.ca/IN9568

Register by PHONE on:

+1.877.328.7744

or

+1.604.827.3112

Register by MAIL:

Send this completed registration form with a cheque payable to University of British Columbia by mail to Interprofessional Continuing Education, UBC, Room 105, 2194 Health Sciences Mall, Vancouver, BC, V6T 1Z3.

We cannot accept registrations by fax or credit card payments by mail at this time.

Full payment must be received at the time of registration. A receipt for tax purposes will be sent to you within two weeks of full receipt of your payment. (A \$25+HST processing fee will be charged for duplicate tax receipts.)

We reserve the right to cancel this course if registration is insufficient. In the event of cancellation, a full refund will be provided, and you will be placed on the priority list for the next course.

If you need to cancel, please notify us immediately. We will provide a refund, less a \$50+HST processing fee, for all cancellations confirmed in writing and received by October 21, 2011. There will be no refund for any cancellation received after October 21, 2011.

Please direct all other enquiries, including learning about sponsorship and exhibitor opportunities, to Yolande Chang at yolande.ipce@ubc.ca or **+1.604.822.7708**.



[Barbara King Hooper](#), RN, MScN, CDE founded Kinghooper Diabetes Education to educate health professionals and laypeople alike about all aspects of diabetes care and management. She has offered the Diabetes Educator Course in co-operation with the University of British Columbia for the last 20 years.

Barbara is a registered nurse and a certified diabetes educator. She has served on the national executives of both the Diabetes Educator Section of the Canadian Diabetes Association, and the Canadian Diabetes Educator Certification Board. She has a proven track record of effective patient education, continuing education workshops, diabetes education program development and evaluation, and health-related research. Barbara's extensive experience and expertise as a nurse and health educator in inpatient, outpatient, pediatric, long-term care, and native community settings allow her to provide a comprehensive, innovative course for health professionals wanting to learn about diabetes education. Her clients include Health Canada, tribal councils, and pharmaceutical companies.

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