

Association for the Advancement of Applied Sport Psychology

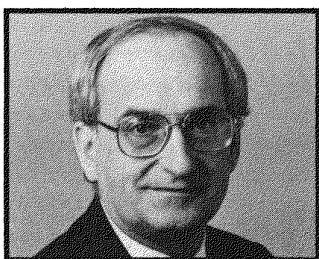
Fall 1997

Association Promotion

Vol. 12, No. 3

San Diego: Hot Spot for 1997's AAASP Conference!!

673 attendees from 22 countries



Leonard Zaichkowsky
President

**On Becoming an Expert in Sport
and Exercise Psychology**

After reflecting upon my position statement (Winter, 1996) and my presidential address in San Diego, I am absolutely con-

vinced that the main issues confronting all three areas, I will focus primarily on training of sport psychologists, (2) marketing of sport psychology, and (3) career opportunities in sport psychology. Although I believe these issues are important to all of us, it is particularly important to the people in training, both at the masters and doctoral level. In keeping with the recent global interest in the development of "expertise," and my particular fascination with the work of Ericsson and his colleagues, I am entitling this essay "on becoming an expert in sport and exercise psychology."

Perhaps, over the years, we as an organization have not listened to our large (approximately 50%) student membership. In San Diego, I attempted to direct most of my address to graduate students and in this commentary I wish to continue with you as the primary target audience. Given that space precludes an extensive discussion of

Ericsson probably has it right when he argues that to be an "expert" performer you need about 10 years and 10,000 hours of "deliberate" or quality practice. John Salmela and his colleagues and students at the University of Ottawa have confirmed this

(Continued on page 13)

1997 AAASP STRUCTURE

President-Elect
Robin Vealey

President
Leonard Zaichkowsky

Past President
Maureen Weiss

Publications Director
Dale Pease

Secretary-Treasurer
James Whelan

Student Representative
Thad Leffingwell

Health Psychology
Carole Oglesby

**Intervention/Performance
Enhancement**
John Salmela

Social Psychology
Bob Brustad

☑ IMPORTANT UPCOMING DATES TO REMEMBER ☑

January 15, 1998
February 1, 1998
February 1, 1998
February 13, 1998
February 15, 1998
February 15, 1998
March 1, 1998

Winter Newsletter Deadline
AAASP Dues
1998 Research Grant Proposals Due
AAASP Conference Abstracts Due
Dissertation Award Applications Due
Dorothy V. Harris Awards Due
Fellow Applications Due

Time to Renew Memberships!!

Renew your membership for 1998 NOW. Please be advised that membership renewals received after February 1, 1998 will be assessed a \$25 late charge.

CALL FOR 1998 RESEARCH GRANT PROPOSALS

This will be the fifth year that AAASP has funds available to sponsor research grants. Preference will be given to proposals that:

- 1) clearly integrate material from at least two of the sections of AAASP (Social Psychology, Health Psychology, Intervention/ Performance Enhancement);
- 2) integrate research and applied practice; and/or,
- 3) require money to conduct a worthy project and funding resources are not available.

Budget requests can range from \$250 to \$5,000. Total funding for 1998 equals \$5,000. Applicants must have been a continuous member of AAASP for at least three years. If students do not meet this criteria, they should co-author the proposal with a professional member. Deadline for receipt of application is February 1, 1998.

To receive application forms please contact:

Leonard Zaichkowsky
AAASP President
605 Commonwealth Ave.
Boston University
Boston, MA 62215
sport @ bu.edu

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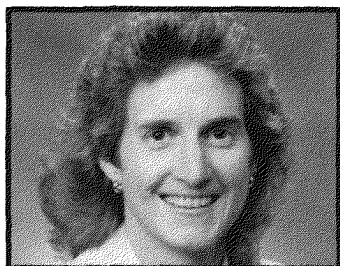
From the Publications Director Dale Pease

I especially want to thank Penny McCullagh for the tremendous amount of work she did in providing the AAASP membership with an outstanding conference. Penny's attention to detail and timely responses along with the work of Wade Gilbert in developing custom-made databases for developing and printing the conference program greatly reduced the time and effort required of this office. Also thanks to work of the section chairs in providing the necessary information for the newsletter.

I also want to welcome to our AAASP Newsletter Staff two new people. John Bowman will replace Jim Whelan and serve as associate editor focused on clinical issues. My new technical editor is Beryl Bailey who is a masters student in our MS in Exercise Science program with an emphasis in Sport Psychology. She is an outstanding student with a psychology undergraduate degree and is looking for a doctoral program for next year.

WELCOME TO E-BOARD

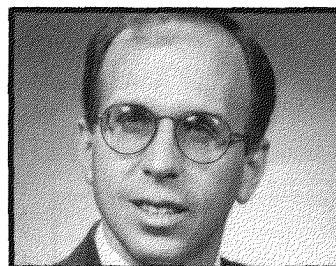
PRESIDENT-ELECT



ROBIN VEALEY

Dr. Robin S. Vealey is Associate Professor in the Department of Physical Education, Health, and Sport Studies at Miami University. Dr. Vealey has worked as a consultant for the U.S. Nordic Ski Team, U.S. Field Hockey, various elite level golfers, and athletes and teams at Miami University and the greater Cincinnati area. Dr. Vealey has published one book and over 25 journal articles and book chapters, and has presented over 90 professional lectures in the areas of self-confidence, competitive anxiety, coaching effectiveness, and mental training in sport.

SECRETARY-TREASURER



JAMES P. WHELAN

James P. Whelan is an Associate Professor at the University of Memphis and the Director of the University's Psychological Training Clinic. He also maintains a small practice in both sport and clinical psychology. He has over 25 publications and over 50 presentations. His sport psychology interests include psychological interventions for sport performance and ethical issues. His clinical publications include outcome evaluations and professional issues.

HEALTH PSYCHOLOGY



CAROLE OGLESBY

Carole Oglesby is a professor and former Chair of Physical Education at Temple University. She completed a B.S., M.S., and Ph.D. in Physical Education and is completing a Ph.D. in Counseling Psychology. She is a Fellow and Certified Consultant within AAASP and has, following a year internship at VA hospital, Coatesville, PA., received Level I and II certification in Eye Movement Desensitization Reprocessing (EMDR), in trauma treatment.

STUDENT REPRESENTATIVE



THAD LEFFINGWELL

Thad Leffingwell received a B.A. from Southwestern College in Kansas in 1992. While at Southwestern, Thad played on the varsity golf team. Thad earned an M.S. in Exercise and Sport Sciences from the University of Arizona in 1995, under the direction of Dr. Jean Williams. Thad was a teaching assistant and taught courses in stress management and applied sport psychology. He also participated in the development of the BEST program and was a consultant to the diving and women's tennis and volleyball teams. He is currently enrolled in a doctoral program at the University of Washington.

1997 CONFERENCE REPORT

Surfing Was A Success!!

Robin Vealey
President-Elect

If a stimulating and informative program wasn't enough to make the 1997 AAASP conference a success, the beautiful setting of the Catamaran Resort on Mission Bay did the trick.



MISSION BAY, SAN DIEGO

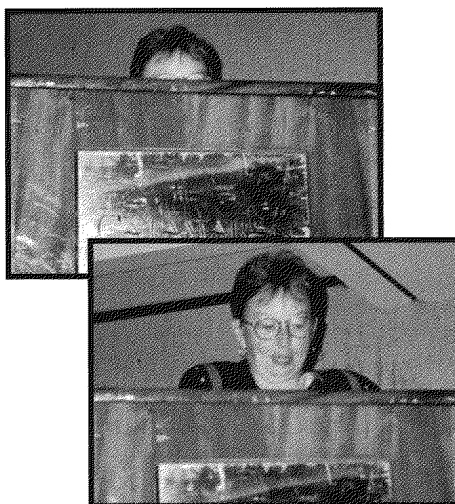
A few AAASP members became so enamored with Pacific Beach boogie boarding that I saw them in the airport with luggage and yes, boogie boards, headed back to... Ohio?? (Watch out for these folks in the Surf Cincinnati wave



COLEMAN GRIFFITH LECTURE

pool next summer!). Continuing a AAASP trend, the program was packed with multiple sessions running concurrently all day long which provided a rich smorgasbord of enticing choices. This smorgasbord format has ex-

panded our program offerings, but with it comes the frustration of keenly wanting to hear speakers or topics scheduled in the same time slot as well as speakers' disappointment in presenting to small, watered-down audiences. Although trite to say, we may be a victim of our own success in that the program has mushroomed as the membership has increased. Although a formal conference evaluation was not conducted, I invite members to give feedback to E-board members about the conference program format and content. I would

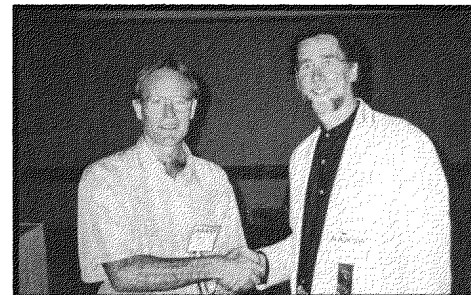


EMERGING CONFERENCE LEADER

appreciate any opinions/ suggestions sent my way at vealeys@muohio.edu, and I will present your feedback at the spring E-board meeting.

Pre-conference workshops on psychopathology, various mental skills training techniques and approaches, and exercise behavior provided a buoyant beginning to the week as many of them were conducted on a boat anchored at the Catamaran dock. Bruce Abernathy of the University of Queensland, as the Coleman Griffith Lecturer, demonstrated considerable expertise in describing his work on movement expertise in relation to theory

and practice. The Social Psychology Keynote speaker, Jay Coakley, captured my attention



BOB BRUSTAD & JAY COAKLEY

right away in suggesting that our focus should be on human beings (as opposed to human doings) and the development of athletes as people (as opposed to helping them subordinate their true selves to their athlete identity). Gloria Balague, as the Performance Enhancement/Intervention Keynote speaker, demonstrated her commitment to this focus by explaining her intervention approach and philosophy based on helping athletes understand their identity, values, and goals related to their pursuit of sport excellence. The Health Psychology Keynote speaker, orthopedic surgeon Richard Steadman, described his emphasis on the mental mind-set of athletes to facilitate rehabilitation.

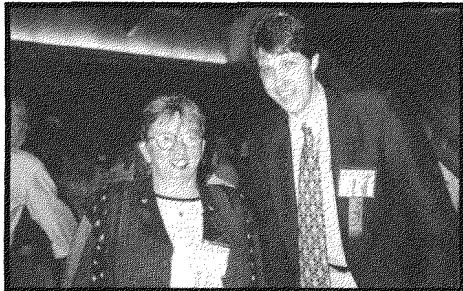


RICHARD STEADMAN & JOHN HEIL

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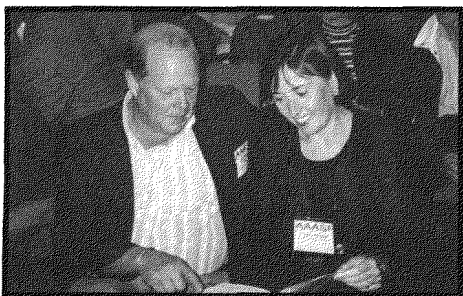
1997 CONFERENCE REPORT

Besides the keynotes, a wealth of information was presented via symposia, workshops, lectures, and posters emphasizing various aspects of the theory-research-practice relationship upon which AAASP is based. In particular, I thought that significant trends in our field were captured by presentations on



BRUCE ABERNATHY & PENNY MCCULLAGH

emerging and alternative research methodology to more fully understand and assess sport context, the customization of intervention approaches to specific sport needs and non-sport populations, and training, supervision, and career counseling needs for students. Congratulations to Toshihiko Tsutsumi from Boston University for the 1997 Dissertation Award as well as to Britt Brewer on his receipt

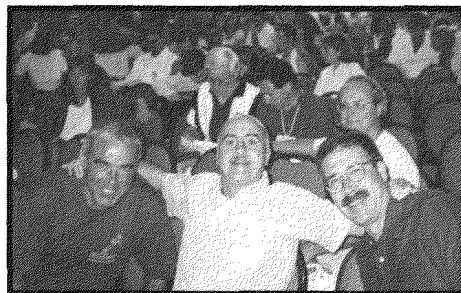


JOHN SALMELA & GLORIA BALAGUE

of the Dorothy Harris Young Scholar/Practitioner Award.

The conference also provided several

open forums for discussion of emerging professional issues for the field. In the open Certified Consultant meeting, certification requirements and procedures were extensively debated and I think that it is time to re-visit our standards and requirements especially in relation to the terminal degree requirement. In an open meeting with the AAASP E-board, the main focus of discussion revolved around the issue of accreditation of sport psychology programs. I attended a subsequent symposium on accreditation, and like certification, I think this issue should be more directly discussed and considered by the AAASP membership. Finally, a great deal of discussion and interaction at the conference focused on the continuing debate about the parameters or boundaries of our intervention work, and the efficacy of considering performance enhancement and education opportunities for clients outside of



KEYNOTE ADDRESS

sport which is often argued as a means to enhance career opportunities in the field. It is professional issues such as these that spawned the development of AAASP, and I think we should continue to "push the envelope" in defining our field and services for society. Also, be sure to read the minutes from the Fellows Meeting and the Business Meeting to keep current on actual and proposed changes in AAASP governance and policies.



STUDENT MEETING

We should all offer a special thanks to Penny McCullagh, who as Past-President, was the 1997 Conference Coordinator. The conference organization, attention to detail, and social activities clearly showed Penny's expertise as an organizer, leader, and applied social psychologist. Thanks, Penny. Thanks also to John Heil, who as senior section head, was responsible for the conference program which is an immense job. Finally, thanks to all of you who took the time to organize and present your thoughts and expertise on the program, and to the many AAASP committee chairs and members who spend a lot of time working to make our organization and our field better. Best wishes for an enjoyable and productive year, and I hope that you plan to bring your interest and expertise in sport psychology to the 1998 AAASP Conference in Hyannis, Massachusetts on Cape Cod from September 23-27. Oh yeah, and to those die-hard Ohio boogie boarders... bring your wet-suits!



MARIACHI BAND

AWARDS & ANNOUNCEMENTS

Call for 1998 Dorothy V. Harris Award Nominations

AAASP is pleased to accept nominations for the Dorothy V. Harris Memorial Award. The award acknowledges the distinguished contributions of Dorothy Harris to sport psychology by recognizing the efforts of a AAASP scholar/practitioner in the early stage of his/her scientific and/or professional career. The award may not always be given annually. When given, the Award consists of a plaque, a \$200 research grant, and a waiver of the registration fee for the conference in which the award is announced. Also, the recipient gives a 20-30 minute presentation summarizing his/her research/applied activity during that conference.

The recipient of the Award must meet the following criteria:

1. received a doctoral degree no more than seven years prior to nomination;
2. made significant contributions to AAASP through presentations, publications, and/or involvement on committees; and
3. demonstrated a record of scholarship that clearly establishes the individual as a leading scholar/practitioner when compared to a group of people at similar stages in their academic careers.

Evidence for this national/international distinction might include the innovation of the person's work, the impact the work has on the field of sport psychology, or the importance the work has in an applied setting. In all cases, the collected works of the individual should exhibit quality contributions that are both theoretical and practical and that have been subjected to the critical review of established scholars/practitioners in the individual's area of expertise. AAASP members who feel qualified can nominate themselves and are encouraged to do so. In addition, AAASP members are encouraged to nominate qualified individuals for this Award. The letter of nomination should be accompanied by three copies of the following:

1. an updated curriculum vitae;
2. a one-to-two page summary of the nominee's work emphasizing the basic/applied importance of that work;
3. reprints of five publications;
4. a letter of recommendation concerning the nominee's qualifications for the award; and,

Call for 1998 Dissertation Award Applications

Applicants for the Dissertation Award (assuming submissions met the standards set for the award) must meet the following guidelines:

1. complete a dissertation between 1/1/97 and 12/31/97 on a topic involving exercise and/or sport psychology
 2. membership in AAASP for the application year and year preceding application;
 3. submit one copy of the entire dissertation;
 4. provide five copies of a long abstract including, study purpose, method, results, and discussion. Up to three single-spaced pages may be submitted;
 5. include a letter of support (two pages maximum) from the chairperson of the dissertation committee and a signed cover sheet (used by universities and signed by dissertation committee members indicating acceptance and completion of dissertation work) with the application.
- No dissertation committee members will have direct involvement with any of the dissertations. Initial screening consists of blind review of the abstracts; final screening adds the letter of support, and an evaluation of the entire dissertation. The evaluation criteria equates to that used to review manuscripts for the Journal of Applied Sport Psychology.

Deadlines for receipt of all material is February 15, 1998. Address questions to Robin Vealey, who chairs the review committee.

Robin Vealey
Department of PHS: Philips Hall
Miami University
Oxford, OH 45056
513-529-2720 (phone)
513-529-5006 (fax)
vealeys@muohio.edu

5. the names, addresses, telephone numbers of two additional individuals who would write letters of recommendation for the nominee if called upon to do so.

Address all questions and nominations to President-Elect, Robin Vealey who shall chair the review committee. All nomination materials and recommendations must be received by **February 15, 1998.**

Call for 1998 AAASP Fellow Nominations

Members desiring to become a AAASP Fellow shall meet the following criteria:

1. demonstrated high standards of professional development by committing directly to the goals and long-range activities of the Association as evidenced by activities such as presentations at Association conferences, membership on Association committees, and contributions to Association publications;
2. an earned doctorate from an accredited institution in a field related to sport psychology;
3. been a member of the Association for at least three consecutive years;
4. made significant contributions to the scientific body of knowledge in sport psychology as evidenced by a distinguished record of publications; and,
5. received approval from the Fellow Review Committee.

We encourage members to nominate others for Fellow status or to nominate themselves if they feel qualified for this distinction. Send all nominations to the President-Elect, Robin Vealey, who chairs a Fellow Review Committee comprised of three Section Chairs. Dr. Vealey will forward the nominee a copy of the application materials.

Regardless of how an individual is nominated, the following application materials and references must be in the hands of Dr. Vealey by March 1, 1998 for consideration in the 1998 review process:

- (a) four copies of a one-page completed application form (available from Dr. Vealey) and
- (b) four copies of the candidate's curriculum vitae.

In addition, the candidate should send Fellow Candidate Reference Forms to two members of the Association, at least one of whom should be a Fellow, in time for those individuals to return a recommendation by March 1, 1998.

To receive information for the Dorothy Harris and/or Dissertation Awards as well as Fellow Nominations contact:

Dr. Robin Vealey
(see address/phone numbers in previous column)

AWARDS & ANNOUNCEMENTS

JOB LISTING: MAYO CLINIC TWO RESEARCH ASSISTANTS

The Mayo Clinic Sports Medicine Center will have openings for two Johannson-Gund Scholar research assistants as of July 1, 1998. Preferences will be given to applicants with a bachelor's degree and who plan a career in sport psychology and/or sports medicine. Higher degrees in these disciplines are also desirable. This is a one year, full-time opportunity to integrate research in sports psychology and sports medicine, and to gain clinical experience in a sports medicine environment. The assistantships are supported by the Johannson-Gund Endowment, which provides each candidate with a stipend of approximately \$750 per month. Deadline for applications is **February 1, 1998**.

Please contact:

**Dr. Aynsley Smith, R.N., Ph.D. or
Ms. Susan Malo, M.A.**
Mayo Clinic Sports Medicine Center
Charlton, Desk 1-C
200 First Street SW
Rochester, MN 55905
Phone: (507) 266-7793
Fax: (507) 266-1803
E-mail: smith.aynsley@mayo.edu
mayo.susan@mayo.edu

1997 DISSERTATION AWARD NASPE SPORT PSYCHOLOGY ACADEMY

for dissertations and doctoral degrees
completed between January 1, 1997
and December 31, 1997

Each year the NASPE Sport Psychology Academy presents an award for the outstanding doctoral dissertation completed during that year. The dissertation award recognizes student research that has the greatest potential for making a significant contribution to the knowledge base in sport psychology.

Dissertation will be judged on four primary

criteria: (a) the originality and significance of the problem; (b) the development of a unique and appropriate study design; (c) the use of rigorous and suitable data analysis procedures; (d) the concise and cogent discussion and interpretation of the results.

Dissertation award applicants should include an extended abstract not to exceed 1500 words (organized according to a-d above), a letter of support from the student's advisor that must also attest to the successful completion of the student's doctoral degree, and a brief resume. Send the abstract, letter of support, and resume to:

Vicki Ebbeck, Ph.D.
Chair-Elect,
NASPE Sport Psychology Academy
Langton Hall
Department of EXSS
Oregon State University
Corvallis, OR 97331

Deadline for receipt of application: **January 31, 1998**.

GRADUATE ASSISTANTSHIP DEPT. OF HUMAN KINETICS UNIVERSITY OF WISCONSIN-MILWAUKEE

The Department of Human Kinetics at the University of Wisconsin-Milwaukee has one graduate assistantship opening in the psychology of physical activity area (Master's degree level). The position starts August 24, 1998, is a one-year appointment (9 months) and is renewable.

Primary responsibilities are associated with the delivery of an undergraduate statistics course, and limited responsibilities associated with the delivery of psychology of physical activity and sociology of physical activity courses. Specific duties include directing of undergraduate review sessions, consulting with students during office hours, and assisting with other class administration needs. We are particularly interested in attracting students to this position who want to focus their graduate work on the psychology of physical activity.

Candidates should express their interest in the position by including a statement and other appropriate information (e.g., resume, vita, or narrative identifying relevant experiences for the appointment) with their completed set of application materials. Contact the **Graduate School (414-229-4982)**, the **Graduate Coordinator (Dr. Cynthia Hasbrook at 414-229-5677)**, or the **position supervisor (Dr. Barbara Meyer at 414-229-6080 or bbmeyer@csd.uwm.edu)** for materials and procedures.

UNIV. OF NORTH TEXAS ESTABLISHES SPORT PSYCHOLOGY CENTER

A new University of North Texas center will help athletes achieve their best potential by overcoming obstacles that may affect their concentration so they can focus on their game.

The Center for Sport Psychology and Performance Excellence will offer services in sport psychology and performance enhancement for fees, determined by the amount of services provided. Services will be provided for stress and anxiety management, visualization of better performance, team building and communication, injury rehabilitation and other areas. Youth and amateur athletes as well as professionals may use the center's services.

In addition to offering services to athletes, the Center for Sport Psychology and Performance Excellence will provide training opportunities for UNT students who plan to become sport psychologists.

The center staff is made up of UNT faculty members and graduate students who have years of professional and personal experience in sport and exercise psychology. Most are former collegiate athletes and coaches. All have worked extensively with athletes and exercisers in the past.

Contact:

**Nancy Kolsti at (940) 565-3509
or metro at (817) 267-0651**

CONFERENCES

AAASP

The **Association for the Advancement of Applied Sport Psychology** will hold its annual conference from **September 23-27 at Cape Cod, Massachusetts**.

Past-President and Conference Coordinator is Maureen Weiss. Program Chair is senior section chair John Salmela.

Materials for submitting abstracts, proposals for workshops, etc. will be mailed to AAASP members the first of December. Others seeking such materials can contact **Publications Director Dale Pease, Department of Health and Human Performance, University of Houston, Houston, TX 77204-5331 or DPEASE @ UH.EDU** or see web site

AABSS

The American Association of Behavioral and Social Sciences (AABSS) announces its first annual meeting at the Imperial Palace Hotel and Casino, Las Vegas from January 13-16, 1998. Proposals for presentation of papers and requests to chair session in all areas of Behavioral and Social Sciences will be accepted until November 3, 1997.

The AABSS is an interdisciplinary society focusing primarily upon teaching faculty at four year colleges and universities and applied professionals. The meeting will emphasize interaction and collegiality in a semi-formal and cordial environment.

There are two main objectives of this meeting. The first is to provide an interdisciplinary opportunity for the presentation of academic papers representing disciplines throughout the behavioral and social sciences— including the administration of these areas in academia. The second objective is to assist in the development and exploration of new academic projects of interest to teaching faculty (i.e., "Interaction Between Librarians and Faculty in the Development of Courses, Book Selection, and Academic Projects"; "Helpful Academic Web Sites"; "Bibliographic Instruction").

To submit a proposal, provide either a completed paper or the title of your paper and a brief abstract not to exceed 250 words with the name(s), address(es), telephone number(s), fax number(s), and e-mail address(es) to the following address:

Dr. Norma Winston

President, AABSS

401 West Kennedy Blvd.

Tampa, FL 33606-1490

E-Mail: winstowe@eckerd.edu

The deadline for submission of accepted papers to the Conference Proceeding Journal is December 5, 1997.

For Further Information:

conference registration:

hotel reservations @ Imperial Palace: 1-800-351-7400

discounted airfare: 1-800-727-4414

THIRD WORLD CONGRESS ON MENTAL TRAINING

The theme for the upcoming conference for the Third World Congress on Mental Training will be "The Pursuit of Excellence in Performance." The conference will take place in Salt Lake City, Utah, from May 19th through May 23rd of 1999.

Sessions include:

Mental Skills for:

Health and Wellness

Performing Arts

Sports

Business

Teachers and Coaches

Convention Managers:

Dr. Keith Henschen of University of Utah

Dr. Rich Gordin of Utah State University

Cost for the conference:

Professional \$250.00

Students \$100.00

Call for Papers:

Send to Keith Henschen

University of Utah

Exercise and Sports Science

300 South 1850 East, Rm. 259

Salt Lake City, UT 84112-0920

CONFERENCES

NASPSA

The annual conference for the **North American Society for Psychology of Sport and Physical Activity (NASPSA)** will take place from **June 11th through June 14th, 1998** in **St. Charles, Illinois** at the Pheasant Run Resort.

Conference Program Committee Chairs:

Motor Learning/Control

Heather Camahan— University of Waterloo

Sport and Exercise Psychology

Bert Carron— University of Western Ontario

Motor Development

Jody Jensen— University of Texas at Austin

If there are any questions please contact Howie Zelaznik at:

hzelaz@purdue.edu

Dept of HKLS

Purdue University

1362 Lambert

West Lafayette, IN 47907

ICSP CONFERENCE IN CHINA

The **International Conference of Sport Psychology (ICSP)** will take place from **August 2 - August 7, 1998** in **Beijing, China**. The official language of the ICSP will be English (no need to worry about taking a crash course in the Chinese language!!).

There are certain guidelines and requirements for proposals.

The following must be submitted:

an abstract with a maximum of 100 words typed

non-returnable floppy disk with name, paper title, software

used, stating whether PC or Mac based

registration and proposal reply form should be completed

and sent to Chair of Organizing Committee

In order to be included in the proceedings, each participant must submit two hard copies of the completed manuscript and one disk to the Chair of the Organizing Committee by April 15, 1998. The manuscripts will be included in printed proceedings at the conference.

Deadlines:

proposals must be postmarked by April 15, 1998

pre-registration must be postmarked by June 1, 1998

hotel reservation must be confirmed by June 1, 1998

A letter confirming acceptance of your proposal will be sent to you by May 10, 1998.

Hotel Accommodations:

The China Hall of Science & Technology has been selected as the official hotel and Conference setting. The China Hall of Science & Technology has the most sophisticated facilities and equipment in China for international conferences containing a 4-star hotel.

Rates:

discounted hotel room for non-presenters: \$45.00 / room (2 people)

discounted hotel room for presenters/ co-presenters: free (2 people)

To confirm your hotel accommodations, please complete a Hotel Reservation Form, and forward it directly to the ICSP Organizing Committee, Dept. of Health, Physical Education and Athletics, Valdosta State University, Ga 31698.

Airfare:

Estimated round trip ticket: \$970.00

Contact Premier Travels for more information:

2100 Parklake Dr Ste C; Atlanta, Ga 30345

(888)818-8686; fax (770)492-1205

For further information/ to request application forms, contact:

Dr. Ray Wood

US Military Academy

West Point, NY

pr4127@EXMAIL.USM.edu

SECTION & COMMITTEE REPORTS

Health Psychology John Heil

This year's conference began as a pile of submissions (which arrived in a logarithmic distribution) that ultimately became too large to fit in my car. Fortunately, I had a pick-up truck to transport materials to where they needed to be processed. The conference ended with an energized visit to San Diego in September (nearly 650 participants from 30 countries). In between, this felt like a giant game of question and answers via phone, fax, and E-mail. I hope that membership feels well served. The growing number of submissions makes the conference program planning a larger and more complex endeavor by the year. Fortunately, we have begun to move into the paperless (less paper) era as a computerized data base was put into operation for the first time. Many thanks to John Salmela and Wade Gilbert for their efforts at this—and of their continuing work towards moving us toward electronic submission for the millennium.

I appreciate the opportunity to serve as committee chair and would like to thank outgoing members Gloria Balague of the University of Illinois at Chicago Circle, Robert McGowan of the University of Richmond, and student member Natalie Durand Bush of the University of Ottawa. Wes Sime of the University of Nebraska and Aynsley Smith of the Mayo Clinic remain on the committee and will continue to work with Carole Oglesby, the newly elected chair.

Good Health!

Social Psychology Bob Brustad

The Social Psychology committee is pleased to announce that Dr. Carol Dweck will be the keynote speaker for our section at the 1998 conference in Cape Cod. Carol is currently a professor in the Department of Psychology at Columbia University in New York City after spending many years at the University of Illinois. Her line of research addresses social-cognitive dimensions of motivation, personality, and social development. She has written on issues highly relevant to sport psychologists, including a paper on the topic of "learned helplessness" in sport. Many of our members are very familiar with her line of research and have employed her perspectives in their own study of sport behavior. We

are delighted that Dr. Dweck will present the keynote speech for our section in Cape Cod.

As chair of the Social Psychology committee, I would like to extend thanks to the committee members who were instrumental in putting together this year's program. Thanks go to Sally White, Judy Van Raalte, Cindy Pemberton, Mary Fry, and Al Smith. Much of their work during this past year was conducted on very short notice as the program committee developed a new system for handling the exponential growth in AAASP conference submissions. Special thanks go to Sally and Judy who served on the committee for three years and now can look forward to more sun and fewer abstracts on their Spring break. Also, thanks go to Al Smith who served as our student representative over the past year. I would like to welcome our new committee members: Lavon Williams of Northern Illinois University and Jeff Martin from Wayne State University. In addition, Tony Amorose of the University of Virginia will replace Al as our new student member.

I have received a very favorable response to this year's program in the Social Psychology section. Jay Coakley's keynote address was very well received by the membership and was a great stimulus for discussion throughout the conference. There were a record number of presentations in our section and I believe that the quality was also very high. One of the goals of the committee for next year's conference is to increase the number of symposia and colloquia submitted due to the very positive response that members had to these forms of presentation. So, please consider putting together a symposium or colloquium on a topic of interest for next year's conference.

Social Psychology Committee

Bob Brustad (Chair)

University of Northern Colorado

Cindy Pemberton

University of Missouri, Kansas City

Mary Fry

University of Memphis

Lavon Williams

Northern Illinois University

Jeff Martin

Wayne State University

Tony Amorose (Student Rep)

University of Virginia

Intervention/Performance Enhancement John Salmela

The San Diego Program

The I/PE committee provided an excellent collaborative effort in 1996-97 by first of all selecting, the first woman AAASP keynote in Gloria Balague. Gloria jump started the Saturday morning with a humanistic, yet down-to-earth presentation which revealed a number of qualities which I revere in speakers: honesty, credibility and humor. Having myself wandered through an existence that has been judged by myself and perhaps others, as being imperfect, I was touched by Gloria's "I didn't have a clue on that issue" viewpoint on some touchy subjects (human frailty both as consultants and world champions; perceived homosexual labeling of high level heterosexual female athletes; dealing with spirituality and values of exceptional performers; and to other issues related to other seemingly "weird" aspects of athletes' lives, which are totally normal within their own context)... I was struck, in contrast, with others in our field who attempt to apply "magic sport psychology powder" to the same situations and self-report to be effective in all cases. For me, and many others, Gloria was a breath of fresh air that was not only needed, but was an imperative to move this field from accepting mundane political correctness and politeness, to the challenging of many issues which make us feel uneasy when placed in real situations, and then dealing with them.

The I/PE program also plowed through a large number of potential program contributions and I believe that the overall result ended up with a very diverse and positive end result. It is a natural reality, as gate keepers for the annual conference in an emerging area, that choices be made between the innovative idea must be promoted, while self-promotion without innovation, weakens both AAASP's reputation and program.

The Cape Cod Program

As Senior Program Chair for the 1998, I have learned over the last two years that the review process, while in and only itself is interesting, the mechanics of this enterprise and the resulting repercussions in producing our summer newsletter, the actual conference program, the acknowledgment to authors, the provision of feedback to contributors ("and the beat goes on"), was extremely burden-

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SECTION & COMMITTEE REPORTS

(Continued from page 10)

some (The names of Fred and Wilma Flintstone often came to mind late at night with papers covering the normal papers which are on my floor). But, this is also a part of an emerging and dynamic society which puts together an increasingly complex and voluminous, not only a program, but also a mission for our field.

The Executive Board of AAASP has supported the initiative to make most aspects of the submission, review, acknowledgment of receipt, summer Newsletter program, conference abstracts, conference abstract publication in JASP, and the notice to authors plus review comments to be carried out electronically! From my perspective, if we keep the word "advancement" in AAASP, everyone in a leadership or administrative role has to be wired, at least, by e-mail.

Wade Gilbert, one of our students at the University of Ottawa, has created and refined the Wizard system which allowed all program chairs to facilitate the production of this year's program output. This year, as Senior Program Chair, with the help of both Wade and Natalie Durand-Bush, we will attempt to make another mega-step in facilitating the submission process (no more return post cards with various affixed postage stamps, no stiff cardboard, no five copies of blind and titled long and short abstracts). However, you had better know how to follow the explicit instructions and submit submissions on IBM formatted disks. Last year we had between 10-15% rejections because of more submissions and more digressions from the suggested formats.

The review process will be sent to the committee members electronically and their comments will be returned to the program chairs and to me in the same way. This should save us a lot of time getting what we think is one of our most important products in your hands, and the summer newsletter with the complete program. Do you know of another association that provides the same luxury?

Reminder: This year, the submission date has been moved up two weeks to February, Friday the 13th... Scary, eh?

John H. Salmela, PhD
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1998 I/PE Keynote Speaker:
John T. Partington

Student Representative Thad Leffingwell

It was great seeing many of you in San Diego! As usual, the conference had a wonderful turnout of student members, and students contributed to the program in many important ways. One of the most exciting things about AAASP is the vitality and energy of the student membership.

Although only a few weeks into my one-year term as your student representative, I'm already busy on a number of projects. The Regional Representatives have become a valuable part of the outreach efforts of the organization and I am glad that many of the available positions have already been filled by willing and able volunteers (see list at the end). I am still looking for volunteers for the Southwest (FL, GA, AL, MS), Great Lakes (WI, IA, IL, MN), Great Plains (WY, KS, NE, ND, SD), and Southern California Regions as well as for many of the international regions, including Eastern and Western Australia. If you would like to volunteer for one of these regions, please contact me. Within the next few weeks, I will be contacting the Regional Reps with some ideas and objectives for the coming year.

I am also working on setting up some Internet resources for AAASP student members. A student web page is in the works that will include the names, addresses, and e-mail links for all Executive Board Members and Regional Representatives. I am also working on developing some type of an on-line discussion opportunity for students to discuss AAASP issues. I am investigating the technologies available and should have something in the works by the end of the year.

Thanks to those of you who attended the students' meeting and expressed your opinions on the issue of graduate training and accreditation. The commitment and energy in those discussions made for one of the most exciting student meetings in my memory! Trust that your opinions and ideas are being heard. The Executive Board is forming a graduate training committee to look at the issues, which will (as do all committees) include student representation. If you are interested in serving on any AAASP committees, please contact me.

It's not too early to start thinking of ideas for student workshops and symposia for next year's conference in Cape Cod! Please contact me if you have any ideas about what you think students would like to see on the program.

Let me conclude this report with a big thank

you to our outgoing representative, Shelley Wiechman. As a colleague and office-mate of Shelley's here at the UW, I can attest to the incredible commitment and effort Shelley brought to the position last year on behalf of the students. Way to go, Shell!

Thad Leffingwell
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Regional Reps for 1997-98

New England (NY, VT, NH, ME, MA, CT, RI)
Robert Fazio and Sean Blair, Springfield College

Mid Atlantic (VA, WV, PA, DE, MD, NJ)
Cheryl Goldman, West Virginia University
Scott Green, Virginia Commonwealth

Carolinas (NC, SC)
Justine Reel, UNC-Greensboro

Midwest (MI, IN, OH)
Casey Wilson, Purdue University

South (KY, MO, TN, AR)
Matt Johnson, University of Tennessee

South Central (TX, OK, LA)
Matthew Baysden, Oklahoma State University

Southwest (UT, CO, AZ, NM)
David Conroy, University of Utah

Pacific Northwest (WA, MT, OR, ID)
Sam Maniar, University of Montana

Northern California (No. CA, NV)
Jim Skelton, JFK University

Eastern Canada
Natalie Durand-Bush, University of Ottawa

Western Canada
Alissa Fourkas, Simon Fraser University
Karen MacNeill, University of Calgary

New Zealand
Jeremy Dugdale, University of Otago

Sport Psychology in China

Submitted by Bill Straub

Much of the recent success in sport psychology in China may be attributed to the work of the members of the Sport Psychology Association. National congresses were held in Guangdong (1993), and in Xian (1995). During the Xian conference, Dr. Tian Maijiu was selected as the new president of SPA. Approximately 62 papers were presented at the Guangdong meeting. The content of the papers focused on emotions and feelings, personality, psychology in physical education, the psychology of training, and psychology in competition. In addition, papers were presented on mental training, psychological diagnosis, psychological characteristics of coaches and teachers and the psychology of selection. During this meeting, Professor Qiu Yijun presented a keynote address in which he outlined eight promising areas for sport psychology research. Yijun indicated that Chinese sport psychologists should focus attention on the development of a support system for athletes, psychological state and its regulation, motor learning and skill acquisition, diagnosis and evaluation, and the managerial psychology for sport teams. He also suggested that more attention should be given to research in the psychological aspects of sport and health, social psychology of elite athletes, and the professional training and establishment of clinical services for athletes.

Recent Research

During the period 1993-1996, Chinese researchers completed important research projects in many different aspects of sport psychology. Yijun, Beninebo and Zhuoying (1996) completed an investigation of the psychological characteristics and selection of elite athletes. Xueqing (1996) studied the psychological training of athletes and Weiduo (1995) investigated the use of EMG biofeedback to improve accuracy. Gender role of Chinese female basketball and soccer

players was studied by Chao (1995). Liwei (1995) investigated the intelligence of Chinese elite table tennis athletes. Other researchers studied such important topics as causal attributions (Bao, 1995), and WT-IQ test development and its application (Jiaxin, 1995).

Psychological Counseling & Training

Important advancements in the psychological aspects of counseling and training were made during the period 1993-1996. Dr. Qiu Zhuoying developed a new model for clinical workers and urged Chinese sport psychologists to work with coaches and athletes to help them solve psychological problems. As a result, many national sport teams now utilize the services of sport psychologists, including shooting (Liu Shuhui), table tennis (Lui Shuhui), tennis (Wang Renping), volleyball (Zhang Zhongqiu), cycling (Zhang Zhongqiu), weight lifting (Gao Cao), rowing (Xu Xiaodong), and fencing (Bei Nenbu).

International Academic Exchange & Professional Development

Chinese sport psychologists were very active during the period 1993-1996 attending and presenting papers at national, regional and international professional meetings. Representatives attended Olympic Scientific Congress, World Mental Training, and Asian Pacific Congresses to exchange ideas and learn more about sport psychology throughout the world. Yijun and Zhuoying (personal communication, June 10, 1996) stated that these activities help Chinese scholars to improve research and enhance relationships among sport psychologists from other countries.

Important advancements in professional development were made from 1993 to 1996. Under the leadership of Professor Qiu Yijun, a center for the training of professional sport psychologists was established at the Wuhan Institute of Physical Education. Currently, Wuhan is the

only institution in the People's Republic of China that has the authority to offer Bachelor and Master degree programs in sport psychology. Since 1984, approximately 100 undergraduate and 30 master degree students have graduated.

Future Directions

In his presidential address at the Fourth National Congress in 1995, Sport Psychology Association President Tian Maijiu presented an agenda for the future development of sport psychology. According to Maijiu, Chinese sport psychologists should focus attention on research that is related to health, psychological training and counseling, and the improvement of international and internal academic relationships with psychological and physical education institutions.

Due to the rapid development of sport psychology in China, Yijun and Zhuoying (personal communication, June 10, 1996) indicated that future research will be divided into two areas: competitive sports, and popular and leisure sports. National conferences are planned for 1997 and 1998.

ANNOUNCING:

CONTINUING EDUCATION COMMITTEE for 1998

New Chair

Gloria B. Solomon

Members

Greg Dale

Leslee Fisher

Chris Lantz

Tony McGroarty

Justine Allen (student member)

ICSP Conference in China- See p. 9 for Details

PRESIDENT'S MESSAGE

(Continued from page 1)

notion regarding the development of coaching expertise. Should it be any different in the development of "expert" sport psychologists? Probably not, but I await the definitive data on this question. As I reflect on my own professional development and the development of respected colleagues in the profession, Ericsson's formula appears to be quite accurate. To me this means patience is a key as you progress through your training and professional experiences. Despite high qualifications as a result of your formal academic study, and high personal self-efficacy as a sport psychology consultant, it has been my experience that coaches and administrators want "seasoned veterans" as their consultants. So be persistent but **patient**.

During this past year, numerous students from around the world have written or called me and asked my opinions on such questions as: Do I search out a training program that emphasizes sport science skills or counseling/clinical skills? Do I look for a program with a strong research focus or one with a strong applied focus? How important is a supervised internship? Based upon the questions I get asked and communications that I have read on the Internet it is clear to me that many of you feel uninformed and in some cases misinformed about graduate training, particularly in North America. This variability in training programs, and uncertainty about essential competencies has led some of you to ask that AAASP consider "accrediting graduate programs."

When considering graduate programs it is important that you talk to as many practicing applied sport psychologists as you can, talk to faculty at different universities and

read as much as you can about professional training (e.g., Van Raalte & Brewer, 1996). The new Directory of Graduate Programs in Applied Sport Psychology is a wonderful starting point for getting a sense of program emphasis such as research versus applied work, sport science versus counseling/clinical work, internships offered, number of faculty, etc. The best advice I can give you regarding the question of "what should I study?" is to examine closely the AAASP Certified Consultant Criteria document. I believe these standards which were developed a decade ago, although perhaps not perfect, provide excellent guidelines for preparation in sport psychology. For those of you in masters programs, obtain as many of these competencies as you can. If you truly want to be an applied sport psychologist, then rule out "research only" programs, if in fact they exist. The well balanced "scientist-practitioner" model is time tested and in my opinion produces the most competent practitioners. Having a strong theoretical orientation, skills in modes of inquiry, and knowledge about psychometrics enables us to be much more accountable (see Ron Smith's presidential address) and as such, better practitioners. It is important to remember that being research based is not incompatible with being applied. Empirically validated treatments (EVT's) are essential for the field of sport and exercise psychology.

More recently AAASP has specified internship hours, and this is crucial for your training. Seek out quality internship experiences that provide you with good supervision. It is also important that you diversify your experiences either with formal internships or volunteer work. For example be proactive in working with the elderly, chil-

dren in youth sport programs, high school and college sports programs. Some of you may also be fortunate enough to work with Olympic level and professional athletes, but do not assume this will happen.

I will conclude with some thoughts on how you might get valuable experience and perhaps job opportunities working with college level athletes. For many years my students have worked with the Boston University athletic department providing counseling in matters related to academics, sport performance enhancement, life skills, and career transition. They have all benefited from these experiences and many have pursued careers at colleges and universities as academic support/life skill coordinators. I would recommend that all of you seek out training experiences at the college level while you are in training. It might also be valuable for you to learn about the National Association of Athletic Advisors for Athletics (N4A), an association dedicated to supporting and enhancing the academic achievement of inter-collegiate student-athletes. As I mentioned in San Diego, I am currently discussing with Dr. Ron Brown, president of N4A how we might better work together to provide training and job opportunities for our students in applied sport psychology. For those of you interested in the N4A, please contact Dr. Brown at the University of Pittsburgh, Athletic Administration Building, Pittsburgh, PA, 15213.

ERROR!!!

In the Fall Newsletter 1996, an error was made in the web site address in the announcement of the new journal *Fund@mental*. Please note the correction.

E-Mail Address for
Fund@mental:

<http://tornade.ere.unmontreal.ca/~fourniejl>

VOICES FROM THE FIELD

EXPANDING SPORT PSYCHOLOGY'S REACH

by

Steven J. Danish, Scott L. Green, & John P. Brunelle

Where We Are Now

The number of students pursuing or wishing to pursue sport psychology is expanding rapidly. Among the reasons for this increase are: (1) athletes increasingly recognizing a connection between their mental state and their physical performance and want to learn more about that for themselves, or how to teach others to make such a connection; (2) students who have enjoyed sport and want to stay close to this environment following graduation; and (3) students who have experienced problems as athletes and want to understand themselves better, or help others overcome such problems. Regardless of the reasons, career opportunities in the field, as presently conceived, have not kept pace with student interest in the field.

A majority of the students entering the field seem to have a desire to work with elite amateur or professional athletes on performance-enhancement techniques and strategies, and to a lesser extent, with their personal problems. Unfortunately, few such opportunities exist. It is difficult to find 10 sport psychologists who work full-time and make their living with such athletes. The percentage of sport psychologists working in this area relative to the total number of sport psychologists seems comparable to the numbers cited in various studies of the percentage of intercollegiate student-athletes who can expect to make it to the professional ranks. For those of us who have worked with college athletes who expect to "make the pros," we know the continual frustration of trying to help these athletes understand the unreality of their expectations. Isn't it interesting that we have so much difficulty applying the same logic to ourselves?

If working with elite athletes is such an unlikely possibility, then we must ask, where can sport psychologists find work? What can you do when a well-known athlete already has a performance enhancement consultant; or when a professional team in your community won't return your calls; or when someone is willing to have you work with them, but for nothing?

Where We Should Be

This rather bleak projection is certainly not new to members of AAASP; however, it is not our intent to discourage anyone's dream or fantasy. Instead, we are proposing to expand career opportunities by expanding the definition of sport psychology. As we see it, sport psychology involves the use of sport to enhance competence and promote human development throughout the life-span. Sport psychologists, then, should be as concerned about "life" development as they are athletic development. For example, the Healthy Goals 2000 initiative sponsored by the U.S. Department of Health and Human Services seeks to promote health among all Americans. Many of the goals that make up this initiative relate to behaviors taught by sport psychologists. In other words, although the strategies and techniques of sport psychology may be valuable for improving athletic performance, their value extends well beyond sport. Therefore, sport psychologists must and should prepare themselves to work with individuals of all ages and at all skill levels who are committed to improving their sport performance as well as their life skills.

However, to expand the practice of sport psychology we must be able to do more than teach others sport and life skills. We must also adopt a broader set of professional values. These values include an emphasis on developing individual

and group competencies and a focus on helping each person reach his/ her potential in all life domains.

A prime target for our expanded role should be youth, especially at-risk youth. Estimates by Ewing & Seefeldt and by the Athletic Footwear Association suggest that there are 20 to 35 million 8 to 15 year-olds participating in nonschool sports and another 10 million 14 to 18 year-olds participation in school sports in the United States. We should be working with these youth and their recreation workers, youth workers and coaches to ensure that: (1) a healthy and enjoyable atmosphere is created for every participant; (2) an environment is provided where what is learned in sport can be transferred into other life domains; and (3) effective and efficient methods for identifying and training potential elite athletes in sport and life skills are developed.

Let us provide several examples. The first is the work of Don Hellison at the University of Illinois at Chicago. He has developed a program to use sport and exercise as a vehicle for teaching youth to take more responsibility for their well-being and to be more sensitive and responsible for the well-being of others. Through his book, *Teaching Responsibility through Physical Activity*, his training programs and his other writings, he trains teachers and coaches how to teach youth to be personally and socially responsible. He identifies five levels that encompass what it means for students to be responsible and what they need to be responsible for. These levels include learning to: respect the rights of others; understand the role of effort in improving oneself in physical activity and life; be self-directed in being responsible for their own well-being; be sensitive and responsible for the well-being of others; and apply what they have learned in different non-sport settings.

A second program that combines sport and life skills is the SUPER program. SUPER (Sports United to Promote Education and Recreation) is being developed by the Life Skills Center at Virginia Commonwealth University. Some of the workshops that make up the latest version of the program are presently being piloted. SUPER is a community-based, sport-oriented program that follows up on the Going for the Goal (GOAL) Program, the largest program developed at the Center to date. GOAL is a ten session, ten hour program taught by well-trained high school students to middle school students, primarily during school.

SUPER differs from GOAL in both content and setting. We felt it was essential to reach youth in a setting that was fun and in which they were willing to work to improve their performance. Sports is one such setting. SUPER is a 30-hour, 10-session program. Sessions are taught like sports clinics with participants involved in three sets of activities: learning the physical skills related to a specific sport; learning life skills related to sports in general; and playing the sport. As with GOAL, we are preparing both a Leader Manual and Student Activity Guide. Some of the life skills for which we have or are developing sessions include: (a) learning how to learn; (b) communicating with others; (c) managing anger; (d) being your own coach (learning positive self-talk); (e) giving and receiving feedback; (f) becoming part of a team; (g) increasing focus and concentration; and (h) learning how to win, lose and respect your opponent.

SUPER is taught by well-trained college students. SUPER student-leaders are often physical education majors or student-athletes. Consequently, they can

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VOICES FROM THE FIELD

(Continued from page 14)

teach sports skills and supervise the playing of the sport— both integral parts of the program's focus. Sometimes the college students co-teach the program with carefully selected and well-trained high school students.

Although GOAL and SUPER focus on different life skills, the general goals of the programs are the same. It is to teach youth how to succeed in school, in sports, in the family, and eventually in the world of work. In contrast to the role sport usually plays for sport psychologists, with these programs, it is a vehicle for teaching youth about life. The focus is on understanding how rather than how well someone plays and to facilitate the transfer of effort into areas beyond sport.

Building a Bridge to Where We Want to Go

Sport psychologists can have important roles in implementing program such as the ones developed by Hellison and the Life Skills Center. They can train and supervise others in the implementation of the program and/ or its evaluation. They can apply their education and training in developing their own life skills programs just as they have in developing sport or recreation programs.

Perhaps as well as any professional, sport psychologists understand that, as with all skills, life skills are taught, not "caught." Much of their education and training to be sport psychologists and physical educators has provided them with the basics. There are several key components necessary to teach life skills. First, they must have the ability to assist adolescents in setting and attaining goals. Second, they must be proficient at helping adolescents identify and transfer the physical and mental skills they acquire from one domain to another domain. Third, they must have an understanding of adolescence and the physical, cognitive, affective, and social/ interpersonal changes taking place during this period. Fourth, they must be instructional technologists who are able to design or redesign the life skill(s) to be learned. Fifth, they must have the ability to supervise, coach and train peer leaders. Sixth, they must have some training in counseling or listening skills.

With the exception of the latter, sport psychologists often already have these skills. Training in listening skills can be a helpful addition. It can help them better understand the specific developmental issues being experienced by the adolescent and assist the sport psychologist in designing or reconfiguring the life skill to be taught. Although there are a number of effective listening skills programs through which one can be taught these skills, to know how to do it requires practice with extensive feedback and continued supervision.

Conclusion

Today's youth are taking more risks with their health, lives, and future than ever before. It may not be as exciting as working with elite athletes, but the future of our nation is much more dependent on helping our youth reach their goals than it is on helping athletes win gold. So, as we consider career pathways, we must recognize that there are plenty of opportunities available— even ones where we can "make a difference." All we need to do is expand our vision.

INTERNATIONAL SPORTS JOURNAL

UNIVERSITY OF NEW HAVEN

CALL FOR PAPERS!!

This referred journal is founded for the purpose of disseminating new and current ideas, methods and techniques relating to the field of sports such as psychology, administration, law, medicine, and media. It is meant to serve as a forum to inform the academic and sports community throughout the nation and abroad.

The *International Sports Journal* welcomes both empirical— technical, historical, practical— and theoretical articles that can be applied or be pertinent to current sports issues and practices.

Preferred length of articles should not exceed 20 double-spaced typewritten pages, footnotes should appear on a separate page and follow a uniform style. The author should send 3 copies of his/her manuscript plus a short biography. All charts, graphs and tables must be submitted in camera ready form. Include also an abstract of not more than 50 words. The Journal will also accept shorter notes.

All articles are anonymously reviewed by the editorial board entirely in terms of scholarly content. All papers are promptly reviewed and the authors are notified of the results of the review.

The journal is published on a bi-annual basis.
Manuscripts should be submitted to:

International Sports Journal
Dr. Thomas Katsaros
Editor
University of New Haven
300 Orange Avenue
West Haven, CT 06516

CALL FOR NOMINATIONS!!

The Executive Board is soliciting nominations for the offices of President-Elect, Social Psychology Chair, and Student Representative for 1999. Submit your nominations to:

Robin Vealey
Department of PHS: Philips Hall
Miami University
Oxford, OH 45056

VOICES FROM THE FIELD

Positively Winning The Story of Linda Bunker

by
Ida Lee Wootten

Linda Bunker has an attitude. And that consistently positive attitude led her to be recognized in February during "Women in Sports: Salute to U.Va. Legends." She was lauded for her accomplishments as a sport psychologist, as well as for dedicating her career to promoting the benefits of athletics to women nationally—even while battling cancer.

"Winners see what they want to happen; losers see what they fear," she often says. That attitude has helped Bunker tackle challenges as an athlete and a cancer victim. Just before Thanksgiving 1992, she learned she had bone cancer in her pelvis and spine. Doctors suggested the approaching Christmas would be her last. She defied the odds by visualizing her insides as a video game, "watching" corpuscles battling the enemy.

The disease caused leg paralysis, but Bunker was determined to stay active. Despite hair and weight loss, excruciating pain and chemotherapy's agony, she mastered wheelchair tennis. "Staying active is important both psychologically and physically," she says. "Playing wheelchair tennis gave me a way to maintain involvement in a sport I loved.

"One of the things that happens to everyone facing this kind of illness is denial, anger and frustration, much like an athlete experiences if he or she loses a big match or suffers a career-ending injury," she adds. "But the 'why me?' attitude doesn't have any benefit, because the only thing you can control is your behavior and attitude. So I do the same thing I do with my athletes, which is to say, 'Nobody promised this would be a fair competition.' Attitude is a decision."

Growing up in the Midwest, "where little sayings are part of life," Bunker learned early about attitude from her tennis-coach father. "Playing tennis, I realized that there are always bad line calls or tough net breaks," she says. "If you let yourself focus on things like that, you think about things you can't control."

At the University of Illinois, Bunker lettered 12 times in three varsity sports. After earning a B.S., M.S., and Ph.D. in physical education, motor learning and sport psychology, she came to U.Va. in 1973. She is the Curry School's associate dean for graduate studies and admissions.

Three years ago doctors again told Bunker that the end was near. The cancer had invaded her spine, causing extensive damage to her left arm, neck and shoulder. Resolving to remain active, Bunker faced the news as another challenge. To work daily at U.Va., she spends more than an hour and a half in preparation each morning, as friends strap on back and neck braces and place her in an electric wheelchair. "Working allows me to keep my spirits up," she says. "I feel like I can contribute to other people's lives."

Before he died, "Arthur Ashe told me the best matches are the ones you lose because you learn something from them," she recalls. From facing cancer's challenges, Bunker has learned new ways to contribute and gained the ability to let others help. "It was hard to ask people for help," she adds, "yet I know how much I enjoy helping others."

The author or co-author of 14 how-to-succeed-in-sports books, Bunker likes "the notion that you can always structure the environment to be successful, even if you can't always win. I encourage parents to tell their children, 'It's not how many points you scores; it's the number of times you successfully handled the ball.'"

"I am convinced that my experiences in sport have prepared me for challenges in academics and with cancer. Being able to try new things; taking risks; being a team player; assuming responsibility for the things I can control, but letting go of the things that are outside of my control are all part of those lessons."

Linda Bunker proves attitude is a lesson for life.

Spring Board Meeting: The Minutes

Spring Board Meeting

Thursday, April 25, 1997

Present: Maureen Weiss, President; Penny McCullagh, Past-President; Len Zaichowsky, President-Elect; John Heil, Health Psychology Chair, John Salmela, Intervention/Performance Enhancement; Bob Brustad, Social Psychology Chair; Vikki Krane, Secretary-Treasurer; Dale Pease, Publications Director; and Shellie Wiechman, Student Representative. Wade Gilbert also was present to assist in the development of the conference program.

1. Call to order. Weiss called the meeting to order at 8:10 a.m. Weiss welcomed the EB and thanked everyone for their efforts.

2. Work groups: (a) Program committee (Heil, Salmela, Brustad, Wiechman, and Gilbert) worked on the program. (b) Brochure Review Group (Weiss, Zaichowsky, Pease, Krane) reviewed the two brochures submitted to the EB. The group addressed the Organizational Outreach Committee's brochure: A Consumer's Guide to Sport Psychology and the brochure developed by the Development Committee. Discussion addressed (a) the purposes of the brochures, (b) costs of producing the brochures, and (c) distribution of the brochures.

ACTION: Zaichowsky volunteered his wife, who is a technical editor, to revise the language of the development brochure to be more focused towards a lay audience.

3. Issues Related to Certified Consultants. Weiss acknowledged the thoroughness and hard work of the Certification Review committee, chaired by Bonnie Berger. The committee submitted several issues related to the certification criteria for consideration by the EB: (a) Grandparenting should be reinstated for individuals who received their doctorate prior to December 31, 1992, and the deadline for re-

questing grandparenting should be extended to December 31, 2002. (b) Individuals must have a minimum of 2 years involvement in AAASP (i.e., membership) prior to certification.

(c) Individuals who received doctoral degrees from other countries other than the US and Canada should be able to be considered for certification. (d) Criteria E: "Publications in Sport Psychology" should be re-titled "Publications/Presentations in Sport Psychology." (e) The requirement that applications have 3 publications should be changed to: Applicants should have 3 publications, one of which is in a refereed journal; have 3 presentations, 2 at national or international sport and exercise psychology conferences; have 1 refereed publication and 2 presentations at national or international sport and exercise psychology meetings; OR have 2 presentations at national or international sport and exercise psychology meetings plus 2 non-refereed sport psychology publications.

(f) Published abstracts or conference proceedings would not be acceptable as a refereed article. (g) The requirement for references should be: provide 3 letters of reference (not just names of references) and 2 letters must be from professionals in sport psychology.

DECISION: After much discussion, the EB agreed with the above changes.

ACTION: Weiss will work with Bonnie Berger to send letters to all Fellows describing the changes to the certification grandparenting procedures. Weiss also will be proactive in ensuring a quorum at the 1997 Fellows meeting. Krane will send Weiss Fellows' mailing labels.

The Certification Review Committee discussed the proposal concerning developing reciprocity between AAASP and BASES certification. The EB concurred that we would like to begin to build a relationship with BASES, yet we also recognize some fundamental differences between AAASP and BASES. Weiss described

that AAASP representatives will meet with representatives from BASES at the San Diego conference to discuss this issue.

Berger requested financial support for a graduate student to assist her as chair of the Certification Review Committee.

DECISION: (a) The certification application fee will be increased to \$125 for first time applicants, (b) a \$50 reapplication fee will be assessed of individuals who re-submit their certification application, and (c) AAASP will support a graduate student to assist the Certification Review Committee Chair; the chair will submit a budget to be approved by the EB. (e) ID Cards for CCs. Krane proposed that all CCs receive a laminated ID card at the time of certification. She presented a prototype and received EB feedback.

DECISION: Krane will make the CC ID cards, with the suggested changes.

4. Adjournment for lunch (12:00-2:00).

5. Brief tour of hotel and sleeping rooms (2:00-2:30).

6. Call to order. Weiss called the meeting back to order at 2:30.

7. CC Issues Discussion (con't).

It was proposed by Berger and Krane, and supported by the EB, that the new Certified Consultant Committee take on the responsibility of marketing CCs. This will include maintaining and processing the CC list for distribution and other marketing purposes.

A proposal to develop and maintain a web site for AAASP CCs was discussed. EB members voiced concern about (1) having a site for CCs separate from the AAASP home page, and (2) the costs involved. Rather, it was suggested

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Spring Board Meeting: The Minutes

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that we can list the CCs names and contact information on AAASP's web site. CCs then can add links to their own home pages, or send information on disk to our web manager, for an appropriate fee.

DECISION: The EB agreed not to support the proposal. AAASP already has a web site and we would like to centralize all AAASP information there. We also have a web manager already.

Finally, the issue of sport psychology and the NCAA was discussed. Currently, McCullagh and Craig Wrisberg are working with Maloney, Director of Legislative Services at the NCAA, to educate the NCAA about sport psychology services.

8. Discussion of Budget Issues (McCullagh, Krane).

McCullagh described that AAASP's operating costs are not covered by income from membership dues. She outlined that all members receive 3 newsletters, 2 journals, information about the conference, and access to various brochures at a cost of about \$55 per person. This fee does not include indirect costs (e.g., EB expenses, employees, etc.). Student membership does not cover the direct costs to AAASP. We also are continually increasing services offered to members. Weiss added that we need to reduce our reliance on conference income to cover AAASP operating costs. We should at least break even on our publications. The EB also discussed JASP finances at length. Historically this has been, and currently is, our biggest expense. McCullagh moved that we raise membership dues. Further discussion of this motion was tabled.

10. Adjournment for dinner at 7:00.

Saturday, April 26.

11. Call to order. Weiss called the meeting to

order at 8:10 a.m.

12. Work groups. (a) Newsletter Review Process (Pease, Weiss, McCullagh, Zaichkowsky). Pease proposed that (1) the President will review select articles (e.g., committee reports, potentially controversial information, etc.) before they are sent to the Publications Director, (2) only minor editing will be done upon further review by president after the mock-up is completed, and (3) the newsletter deadline dates will be moved up by one week to accommodate time for this process.

DECISION: The recommended procedure outlined by the Newsletter Review work group was accepted.

(b) Consultant Apprentice Program (CAP) proposal from Jim Taylor. Pease and Krane reviewed the proposal and the recommendation of the CE committee. In agreement with the CE committee, the proposal was not supported.

13. 1997 Conference Site Selection. Zaichkowsky reported on several sites he has considered in the Northwest region. Banff and Portland were discussed at length.

ACTION: Zaichkowsky will visit the sites as soon as possible and will report back to the EB.

14. Grant Review Committee Report (Salmela, Brustad, Heil, and Wiechman). Weiss reported that 2 grants were submitted and one was funded: Bert Carron and Paul Estabrooks were funded \$535 to examine Social Influences and Exercise Behavior in the Elderly.

15. Committee Reports

(a) Certification Review Committee (Berger). Krane noted that our records about CCs' year of certification is incomplete, so we do not have accurate information about when individuals need to be recertified. EB discussed how we could recreate the records.

ACTION: (a) Krane will work with Zaichkowsky to reconstruct our records as much as possible. (b) Weiss will communicate with Berger about recertification.

(b) Continuing Education Committee. Finch, chair, reported that for the 1997 conference, we are implementing different time frames for workshops: three 6 hour workshops and three 3 hour workshops will be offered (at varying times during the conference). Gloria Solomon will become new CE chair when Finch steps down after the conference. The chair position will be a 2 year term.

(c) Certified Consultants Committee. Gordin, chair, reported that the committee is working on marketing CCs, continuing communication with the NCAA, and investigating insurance plans for CCs to purchase. Weiss noted that the committee needs to develop a rotation of committee members so some members rotate off the committee in 1998, and others in 1999.

(d) Development Committee. Karen Cogan, chair, reported on the activities of the committee. Cogan will be stepping down as chair and Dan Gould will become chair of the committee. The EB discussed ways to obtain donations to the AAASP annual fund. Krane proposed that we could add to membership form, a box to check if members would like to donate \$1 or \$5 to the AAASP annual fund.

ACTION: Pease will add this to the 1998 membership form.

EB members discussed whether or not we should continue offering the Amerivox card as a fund raiser. So far, AAASP has gained no income from its use. It was decided that we will offer it one more year, and at that time it will be reassessed.

(e) Ethics Committee. Andy Meyers, chair, noted that the committee is working on publish-

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Spring Board Meeting: The Minutes

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ing the ethics guidelines and standards and they want to promote an ethics casebook.

(f) International Relations Committee Report. One candidate for Distinguished International Scholar was discussed, as was the process involved in awarding DIS.

(g) JASP. Bert Carron, JASP editor, submitted a Policy Manual for JASP. The EB discussed the manual at length. The EB made a variety of suggestions that will be forwarded to Carron.

16. Conference Review. McCullagh reported that we have hired a conference management firm to assist with the conference. They will arrange for AV, posters, catering, and all other on-site management duties. She also noted the highlights of the conference and social activities, and conference exhibitors. McCullagh will develop a policy about conference exhibit. She also noted the difficulties with getting insurance for the Mastery Run, and that we need a permit to run in city streets.

Laura Kenow, Outreach Committee member, is organizing a separate symposium for athletic trainers and personal trainers immediately prior to the conference. This will be a collaborative effort with AAASP, but separate from the conference.

Eddie O'Connor, Student Regional Representative, proposed a football tournament for 15-20 people. McCullagh will talk with him; this will not be possible due to facility constraints.

The EB reviewed a proposal to conduct a research project during the conference. A subgroup of the EB (Weiss, Pease, and Krane) discussed the proposal at length. The proposal was not supported by the EB.

Weiss recommended a "pod" set-up for the poster sessions. This would increase the interactions among presenters and attendees. Although the EB liked the idea, it will depend upon the space in the room whether or not it is

feasible.

Krane reported on the state of credit card payments. She noted that there were set-up costs associated with accepting credit card payments. Thus, she proposed that the new Secretary-Treasurer should look into this when setting up new AAASP bank accounts and the new Secretary-Treasurer then would make the necessary arrangements so that credit card payments can be accepted in the future.

DECISION: The new secretary-treasurer will implement acceptance of credit card payments to AAASP.

Cancellation policy for conference registration. Krane proposed, and the EB agreed, that the following policy be implemented: All registration cancellations must be received in writing (letter or e-mail). Cancellations received prior to the late registration date will be assessed a \$20 processing fee. Cancellations received prior to the conference, and after the early registration period will be assessed 40% of the registration fee. No refunds will be granted for cancellations received after the conference. All refunds will be processed after the conference.

Krane also proposed that all conference reimbursements from EB and committee members must be submitted to the Secretary-Treasurer by December 1.

ACTION: Krane and McCullagh will work out the logistics of getting all conference reimbursements on a timely basis

Wiechman raised the question of whether or not an individual who is not Certified can participate in an invited presentation about consulting practices. Discussion addressed that the EB does not limit participation in presentations, although we need to be consistent in our philosophy and practices. There were special circumstances surrounding the particular session to which she was referring.

17. Adjournment at 3:15 for a tour of San

Diego and dinner.

Sunday, April 27.

18. Call to order. Weiss called the meeting to order at 8:10.

19. Leadership Pool discussion. The EB discussed additional members to be considered in the leadership pool.

20. Budget Discussion (con't).

(a) JASP issues reviewed. The EB further discussed the financial status of JASP. A variety of suggestions for maintain costs and increasing revenues were discussed at length.

(b) Membership Dues. This issue was raised and tabled last fall because we needed to have a better understanding of the current budget situation to make an informed decision. As McCullagh and Krane reported, our operating expenses are not covered by our current dues income. Several suggestions were considered at length.

MOTION: Heil moved, and Zaichowsky seconded, that (a) we raise 1998 dues \$10 for students and \$20 for professionals (this will increase our income \$15,000); and (b) we review and develop a strategic plan all for all AAASP publications. Both motions passed unanimously.

ACTION: Weiss will develop a subcommittee of the EB to explore a strategic plan (e.g., consider look into HKP, reduce costs of student assistant, on-line journal, monograph, etc.).

MOTION: Krane moved, and Heil seconded, that we hire a management or accounting firm to develop a strategic plan for all of AAASP finances. The motion passed unanimously.

ACTION: Krane and McCullagh will follow-up on this.

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Spring Board Meeting: The Minutes

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21. EB Reports

(a) President Report. Weiss addressed member concerns related to accreditation. She also reported that (1) our insurance needs to be updated and renewed every year, (2) Fit will produce the 5th edition of Directory of Grad Programs, which will be available at conference.

Weiss proposed that we (1) develop and publish a practical magazine on applied sport psychology (similar to magazines published by the USOC and ACSM) and (2) we implement a student lunch with the leaders at the conference.

Two issues related to Fellows were addressed by Weiss: (1) the review process for Fellow, and (2) criteria for becoming an AAASP Fellow.

Recently the issue arose that some members of the Fellow Review Committee were not Fellows of AAASP but were in the situation of voting on who would become Fellows of AAASP. Current practices, although they are consistent with the Constitution, should be modified so that Fellows would be reviewing potential Fellows. Weiss proposed a change in the Constitution that would entail having Fellow submissions reviewed by a committee comprising AAASP Fellows. After much discussion, it was proposed that the wording in the Constitution be changed to: "There shall be a Fellow Review Committee consisting of the president-elect and the three section chairs with the president-elect serving as the chair. In the event that any one of these individuals is not a Fellow, she or he will be replaced by a member of the executive board who is a Fellow. The committee will comprise at least three members. If necessary, the President will appoint a member from outside the executive board to make up this committee." This change was agreed upon by all EB members. Because

this change is an amendment to the Constitution, it will need to be voted on by the membership at the business meeting and passed by at least a two-thirds vote.

Concerning the criteria for Fellow status, Weiss forwarded the following questions for consideration: Should the 3 consecutive years of membership be increased now that we're 12 years old? Should contributions to leadership in the organization (position and quality of performance) be added as a criterion? Should the emphasis on scholarly publications be balanced with a criterion that is more professional/consulting in nature? Subsequently Weiss recommended that an ad-hoc committee be chosen to review the present criteria, and in light of the evolution of AAASP, propose revised/new criteria keeping in mind that Fellows should comprise no more than 10% of the membership.

ACTION: Zaichkowsky will chair this committee and Weiss will write a letter inviting 3-4 Fellows to join this committee. Zaichkowsky will confer with the committee and report back in September at the fall meeting.

(b) Past President. McCullagh discussed a variety of logistical considerations for the conference (e.g., program space, acceptance/rejection letters for abstract submissions).

(c) President-Elect Report. Zaichkowsky reported that: Dorothy Harris Award will go to Britt Brewer and the Dissertation Award Committee has not reported final decision yet.

(d) Student Representative Report. Wiechman noted an interest in knowing what individuals charge for consulting. She developed a survey that she would like put on the agenda of the CC meeting and distribute at that meeting. EB concurred that this be approved.

ACTION: Weiss will communicate with Gordin about the survey administration.

Wiechman also reported that some students are dissatisfied about misleading information in the Graduate Directory (e.g., they enrolled in a program that was not consistent with what was advertised). Weiss suggested that students should talk with advisors first; if not satisfied, they need to talk with the department head. Then, disgruntled students should write a report to the EB acknowledging their concerns; the EB will maintain the confidentiality of this information.

ACTION: Wiechman will announce this at the student meeting. Wiechman also discussed difficulty in developing a list of potential internship sites. It was suggested that she could request this information on the CC survey.

(e) Secretary-Treasurer Report. Krane proposed that AAASP implement a media database and develop an interest form (for individuals who would like to become more involved in AAASP as a committee member, reviewer, etc.). The media database would help us appropriately forward requests from media seeking sport psychology experts. The EB suggested that on the membership form, members could provide 3-4 key words about one's areas of expertise. This would be recorded in the AAASP membership database. It also was agreed that an interest form will be available at the registration table at the conference.

(f) Publications report. Pease reported on the status of advertising in newsletter. The EB agreed that inserts could be put into the newsletter for advertisement.

22. Adjournment. Weiss expressed her gratitude for leadership and thanked everyone for all of their hard work. A special thanks was voiced to Salmela and Wade Gilbert for developing the new computer program for organizing the conference program.

The EB adjourned at 12 noon.

Fall Board Meeting: The Minutes

Business Meeting October 19, 1996 Williamsburg, VA

1. Call to order. McCullagh called the meeting to order at 5:45.

2. Approval of Minutes in Newsletter. Danish moved that the minutes be approved. The motion was seconded by Gould. Motion passed unanimously.

3. President's Remarks. McCullagh described that it has been a very successful year for AAASP in that several new initiatives have been launched. She further described that our progress has exceeded expectations. For example, our emphasis on the year of internationality has resulted in 23 countries being represented at this year's conference. Also, there is continued improvement in the quality of the conference program and the services offered to the membership. Now it is time to focus on ways to increase our resources.

McCullagh reported on the activities of the Sport Psychology Council, JASP and AAASP standing committees:

(a) The Sport Psychology Council, chaired by Michael Sachs, met Wednesday morning. This group discusses issues of concern to all sport psychology organizations (e.g., APA, USOC, ACSM, NASPSPA). Issues discussed included the NCAA, certification and the USOC registry.

(b) JASP is doing well under the direction of editor Bert Carron, section editors Kevin Spink, Diane Gill, Jim Taylor, and Al Petitpas, and with the assistance of the editorial assistant Heather Hausenblaus.

(c) The Continuing Education Committee, chaired by Laura Finch, reviewed and accepted proposals for 4 CE workshops (one was cancelled due to low registration). The committee members are discussing different

CE options (e.g., different formats and times for workshops). Laura Kenow has been collaborating with the NATA to get CE credits for their members for attendance at AAASP CE workshops. The NATA Executive Board discussed this issue, but did not want to formalize an agreement at this time. A list of regional NATA conferences will be published in the Newsletter so that AAASP members can submit to them and still provide NATA members with sport psychology information.

(d) The Organization/Outreach Committee, chaired by Linda Petlichkoff, has completed the brochure CC, AAASP: Questions and answers which discusses what is a CC, AAASP, and how an individual may become a CC. The committee currently is working on a second brochure, What is sport psychology.

(e) The Diversity Committee, chaired by Michael Sachs, has worked to educate presenters at AAASP about the need to be sensitive to diverse populations. This sentiment was expressed in the acceptance letter sent to all conference presenters. Currently, the committee is working on developing an educational column for the Newsletter.

(f) The International Relations Committee is chaired by Gloria Balague and has named the first Distinguished International Scholar: Lew Hardy of the United Kingdom. The goals of this committee are to communicate with sport psychologists in other countries and to inform US sport psychologists about what is going on in the rest of the world concerning sport psychology. The committee would like to increase opportunities to bring people from other countries to the AAASP conference, and to coordinate with other international sport psychology organizations.

(g) The Ethics Committee was co-chaired by Andy Meyers and Dan Gould who have worked very hard to get the ethics document completed. The revised ethical standards will be presented to the Fellows in the next meeting.

(h) The Development Committee, chaired by Karen Cogan, aims to raise money for AAASP. Currently they have two initiatives in place: (1) members are being asked to make a tax deductible donation to the AAASP Annual Fund, being launched right now. Examples of how money raised in this fund will be used include: increasing training opportunities, developing travel awards for students to come to conference, and in the future possibly supporting student internships. (2) The Amerivox phone card is still being sold. Cogan requested that members please continue to use the card.

(i) The Certification Review Committee has been chaired by Rich Gordin who is stepping down, and the new chair will be Bonnie Berger. Gordin announced the new CCs: Barry Copeland, Karen Hill, Bart Lerner, Doreen Greenberg, Greg Dale, Scott Martin, Mitchell Smith, Eric LaMott, Lewis Curry, Laura Finch, Wes Sime, and Gloria Solomon. There are now 123 CCs.

(j) A new committee, the Certified Consultants Committee, was recently developed. This committee will be chaired by Gordin and will address issues directly related to CCs (e.g., NCAA, recertification, easy access to personal liability for CCs, marketing CCs, promoting CCs, cooperation with British certification system). McCullagh emphasized that the Certified Consultant Committee will assist with issues directly related to CCs while the Certification Review Committee will review documents. Members of the Certified Consultant committee are Craig Wisberg, Betty Kelley, Bill Thierfelder, Frank Perna, and Mary Ann Kane.

(k) The NCAA Ad Hoc Committee was chaired by Wisberg. Members of the committee included Charlie Hardy, Jean Williams, Dave Yukelson, Ron Smith, Keith Henschen, Rick McGuire, and Bob Singer. This committee addressed the issues surrounding the NCAA rule interpretation that sport psychology consultants may not be on the practice field when

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Fall Board Meeting: The Minutes

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collegiate athletes are training. This interpretation angered the sport psychology community who engaged in a letter writing campaign in an attempt to change the rule interpretation. McCullagh and Wrisberg traveled to the NCAA and met with Mellone to discuss this issue. Mellone has offered to assist in facilitating a modification of this rule and hopefully a new proposal will come from his office.

(I) The ad hoc USOC Liaison is Jean Williams who will interface with the USOC concerning issues related to AAASP and the USOC registry.

4. Fellow Review Committee. Maureen Weiss chaired this committee and announced one new Fellow: Bruce Hale. Weiss also announced Judy Van Raalte as the recipient of the Dorothy Harris Young Scholar/Practitioner Award (Susan Ziegler, chaired the review committee) and Tom Raedeke as the recipient of the Dissertation Award (David Dziewaltowski chaired the review committee).

5. Secretary-Treasure Report. Krane reported that membership prior to the conference reached 900 and showed the membership breakdown by gender, professional/student status, area of professional preparation, and country. Krane also presented the 1996 income and expenses to date showing that AAASP income without the conference does not cover AAASP operating costs.

6. Conference Issues. Scanlan reported that conference registration is around 570, the largest ever. She also described a new program initiated at this conference whereby local university undergraduates were invited to attend the Sunday conference sessions for free.

7. New Business. McCullagh thanked Judith Lacertosa, conference manager, and Tara Scanlan for all of the efforts in putting together the conference. McCullagh also thanked Bill

Straub for serving as AAASP photographer during the conference and requested that members send in photographs from the conference since we are beginning an AAASP photo album for the archives.

Additional announcements included: (a) the next conference will be September 24-28, 1997 at the Catamaran Resort Hotel, San Diego, CA. The international theme will be continued. (b) The following conference will be September 23-27, 1998 in Cape Cod at the Tara Hyannis Hotel and Resort, also continuing the international theme. (c) The AAASP web site is: <http://sport.colorado.edu/~aaasp>

New business from the floor included the following announcements: (a) Finch requested suggestions and proposals for 1997 Continuing Education workshops. (b) Pease reminded members that newsletter submissions are due October 27. (c) Bert Carron requested that individuals who want to review articles for JASP let him know their areas of expertise. (d) Michael Sachs announced that the directory of graduate programs is being revised 1 year ahead of schedule. He requested that individuals submit information about new programs.

Jim Taylor brought up the concern that practitioners in AAASP were not being well represented; they do not have an adequate voice, and only 9 presentations were conducted by non-academic sport psychologists. He requested that AAASP be more pro-active addressing these concerns. Taylor further noted concerns about inadequate training of graduate students in applied sport psychology practice and he wants the EB to re-consider accreditation in sport psychology. McCullagh responded that the conference program comes from submissions from the membership and members should make suggestions to the Section Heads. She also noted that we have a committee structure within AAASP that also can make suggestions to the EB about the program; thus mechanisms are in place to

address this concern. McCullagh also described that 2 years ago a committee revisited accreditation, examined the advantages and disadvantages of it, and recommended that it was not feasible at that time. Also, McCullagh recommended that we should have an open forum at the conference next year so these issues may be clearly addressed.

Gloria Balague expressed a concern about the lack of support for sport psychology at the Olympic level, citing the lack of official sport psychologists at the Olympics. McCullagh responded that the new CC committee can address this issue.

8. Recognition of Outgoing EB Members. McCullagh thanked Chris Buntrock, Neil Widmeyer, and Tara Scanlan who have completed their terms on the EB.

9. Announcement of Election Results. The new EB members are: Shelly Wiechman as student representative, Bob Brustad, as social psychology chair, and Len Zaichkowsky as president-elect.

10. Passing of the Gavel. McCullagh passed the gavel to Weiss.

11. Adjournment. Danish moved and Gould seconded that the meeting be adjourned. Weiss adjourned the meeting at 6:40.

Vikki Krane, Ph.D.

Associate Professor

Secretary-Treasurer

School of HPER Association for the Advancement of

**Eppler Complex Applied Sport Psychology
Bowling Green State University**

Bowling Green, OH 43403

419-372-7233 (off)

419-372-0380 (fax)

BRAVO BOARD

Oregon State University— Corvallis

Dr. Bradley J. Cardinal has accepted a position at Oregon State University in Corvallis effective Fall, 1997. Prior to his appointment at Oregon State, Dr. Cardinal was on the faculty at Wayne State University in Detroit (1993-1997) and Eastern Washington University in Cheney (1987-1990). Dr. Cardinal received his Ph.D. in 1993 from Temple University in Philadelphia under the direction of Dr. Michael L. Sachs and was the recipient of Temple University's College of HPERD "Young Alumni Achievement Award" in 1996. His research interests focus on the psychosocial aspects of lifespan physical activity and exercise behavior change, promotion, and retention, as well as professional and ethical issues encountered by professionals in the field.

Texas Christian University

Dr. Gloria Solomon received her Ph.D. from University of California, Berkeley in 1993 under the direction of Dr. Brenda Bredemeier. She was an assistant professor at the University of Virginia from 1993-1996. She began her stint as assistant professor at TCU in 1996 and has developed a new master's program there. Her research interests focus upon the sociomoral development of children and youth through participation in sport.

Nanyang Technological University— Singapore

Dan Smith, formerly from S.U.N.Y. Brockport, has accepted a position as Sr. Lecturer at Nanyang Technological University in Singapore. His new address is:

Dr. Daniel Smith

School of Physical Education, NIE, NTU
Singapore 259756
e-mail: SMITH@NIEVAX.NIE.AC.SG
phone: office (65) 460-5368
fax (65) 468-7506
home (65) 256-2454

State University of New York— Brockport

Dr. Moira Stuart received her Ph.D. from Oregon State University in 1997 under the direction of Dr. Vicki Ebbeck. She was an assistant professor at Eastern Washington University in 1996-1997. Her research interests include moral development in children's sport and achievement motivation among children and teenagers.

Indiana University — Purdue University, Indianapolis

Dr. Eileen Udry was an assistant professor in exercise and movement science at the University of Oregon from 1995-1997. Her primary research interests are in the psychology of injury, and sources of stress and burnout in sport and exercise.

Miami— University of Ohio

Dr. Melissa Chase was an assistant professor in kinesiology at Purdue University from 1995-1997. Her primary research interests lie in the area of self-efficacy, such as sources of efficacy in children and coaches' self-efficacy.

University of Virginia

Dr. Alan Smith received his Ph.D. from the University of Oregon in 1997 under the direction of Dr. Maureen Weiss. His research interests include children's peer relationships in sport and motivational factors in youth sport.

University of Oregon

Dr. Diane Whaley received her Ph.D. from Oregon State University in 1997 under the direction of Dr. Vicki Ebbeck. Her research interests revolve around self-perceptions and exercise in older adults.

North Texas State University

Dr. Scott Martin received his Ph.D. from the University of Tennessee in 1995 under the direction of Dr. Craig Wrisberg. He has been a visiting assistant professor at NTSU since 1995. His research interests include psychological skills training for athletes and coaches.

University of Virginia

Dr. Maureen Weiss has been a professor at the University of Oregon for the last 16 years as well as the director of the children's summer sports program. She will be professor and director of sport and exercise psychology in the Curry School of Education at UVa. Her research has revolved around children's psychological and social development through sport and physical activity, with specific interests in self-perceptions, motivation, significant others' influence, observational learning, and moral development.

AAASP MEMBERSHIP APPLICATION FORM

I. BIOGRAPHICAL DATA* (Please print all information)

* Please leave blank any information that you do not wish to be published in the Membership Directory.

Name: _____
(Last) (First) (Middle)

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(Building)

(City) (State/ Province) (zip) (Country)

E-Mail Address: _____ Fax: _____

Telephone Number: Work: _____ Home: _____

Highest Degree: (please circle) BA BS MA MS Ph.D. EdD Other _____

Discipline: _____ Area of Specialization: _____
(e.g., P.E., Psychology) (e.g., Sport, Clinical)

Institution Degree Obtained From: _____

Current Employment or Institutional Affiliation: _____

Country of Permanent Employment/Residence: _____
(if different from above)

II. AREA(S) OF INTEREST (Please indicate all areas that apply)

_____ Intervention/Performance Enhancement

_____ Social Psychology

_____ Health Psychology

III. MEMBERSHIP CATEGORIES (Membership year January 1 - December 31)

Check One: _____ RENEWAL or _____ MEMBER

(Applications postmarked after February 1, 1998 require \$25 late charge. This does not apply to new members.)

Professional	\$90 (1998) _____	\$180 (1998-99) _____
Student	\$50 (1998) _____	\$100 (1998-99) _____
Affiliate	\$90 (1998) _____	\$180 (1998-99) _____
Late Fee (after Feb 1)	\$25 (1998) _____	

* Individuals whose membership has lapsed more than one year will have a processing fee of \$25 _____

IV. CERTIFIED CONSULTANT, AAASP (For Certified Consultants only)

Annual Dues	\$25 (1998) _____	\$50 (1998-99) _____
Late Fee (after Feb. 1)	\$10 _____	

Please indicate if you wish to be included on membership list mailings to:

Professional Organizations	_____ Yes _____ No
Business Requests	_____ Yes _____ No

Please make check payable to AAASP (US dollars only) and mail to:

Jim Whelan, Ph.D.
AAASP Secretary-Treasurer
Department of Psychology
University of Memphis
Memphis, TN 38152-6400

Total Dues and Late Fees: _____

A \$10.00 service charge will be assessed on returned checks. Returned international checks will be assessed \$35.00.

Winter Newsletter Deadline

The deadline for submitting information to be included in the Winter Newsletter is **January 15, 1998**. Please send information to:

Dale Pease, Publications Director
AAASP Editorial Office
Department of Health and Human Performance
123 Melcher Gymnasium
University of Houston
Houston, Tx. 77204-5331

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