

Sample letter of introduction to State Legislator

The Honorable (Name of Legislator) Name of State Capitol Room Number of Legislator City, State, Zip Code

Date

Dear (TITLE of Legislator),

I am a U.S. Pain Foundation advocate and have lived in your district for (___) years. According to the Institute of Medicine's 2011 Pain Report, nearly 116 millions Americans deal with pain. Chronic pain is defined as persistent pain lasting longer than six months. It is the silent epidemic in our current health system that costs our nation an estimated 100 billion dollars a year.

As an elected leader, you are faced with many health-related legislative issues regarding people who live with pain. As a pain advocate, I would like to be considered as a resource to you on health and pain policy issues related to this critical health crisis affecting twenty-five percent of the country. Besides my work with U.S. Pain Foundation, I also belong to ______ (professional society name; am a doctor/nurse/counselor). I am dedicated to creating pain awareness and advocacy measures.

I would appreciate the opportunity to talk with you about the issues facing those with chronic pain. I will follow-up in a few weeks by contacting your office with information about how U.S. Pain Foundation is working in (state name) by leading advocacy efforts for those (state-ex: Californians) who live with chronic pain. In addition, please contact me directly if I may be of help to you in understanding issues regarding chronic pain.

My wish is that you continue to make the health and wellness of (state) a priority. Thank you for your service to the citizens of our community.

Sincerely,

(Your name) (Your Address) (Your email) (Your phone #) info@uspainfoundation.org www.uspainfoundation.org

Main: (800) 910-2462 Fax: (800) 929-4062 P.O. Box 2182 Shelton, CT 06484