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THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

June 2015

PRESIDENT'S CORNER – JUNE

The main items at the May Committee Meeting were: setting the subsidy for this year's First Aid Training which Nigel Holmes is organising; appointing Mark Heath as our coordinator for the Federation Weekend at Daylesford in October; discussing plans to reduce the weight and contents of our very heavy First Aid Kits (Jenny Andrewes); discussing the draft of the new By-Laws led by Susan McInnes; and approving the updated Risk Management Plan.

The earthquakes in Nepal have brought terrible death and destruction on a beautiful poor country. Many of us have been to the destroyed areas or enjoyed seeing photos of their spectacular scenery. We have enjoyed the beauty of the country and the friendliness of the people. I encourage members to donate generously whether by cash to NGO's or camping goods (see ad below). We may be able to also help specific groups that work in the destroyed walking areas.

Our by-laws clearly state that an injured walker must not be left on their own:

'In the event of an emergency, a leader shall take such actions as are appropriate, and they ... may incur any reasonable expenditure to ensure the party's safe return. If a leader or participant becomes ill or is

(continued on page 3)

Nepal Earthquake Appeal



We urgently need funds to provide emergency supplies to Bhadratar village - situated 60kms from Kathmandu and badly affected by the recent earthquakes. Housing has been destroyed, the local school has suffered and the monsoon rains are coming.

Long term aid is also needed for our childrens homes in Kathmandu. Please help us continue to support our 47 children and our humanitarian work in Nepal



Contact Pauline Gleeson (president) on:
0428 742 477 or Mel Meeks: 0400 348492

www.ahsafoundation.org.au

Every cent goes straight to Nepal - no admin costs - even our website hosting is donated!

Due date for contributions (including August previews) to July News: 21 June

MEMBER OF



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria
362 William Street
(Cnr William and A'Beckett Streets)
Melbourne
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001
www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for *The News* is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au.

Please note:
Next committee meeting will take place on
Monday 1 June 2015

VALE SUE CLARKE

Suzanne (Sue) Clarke, a member and supporter of the Melbourne Bushies for over 25 years, died suddenly in April. Many of us have been on walks with Sue and her husband Derek over the years and are shocked and saddened by her passing. Our condolences go to Derek.

NEW MEMBERS

We welcome the following new members to the Club:

Angela Mccullough, Russell Turner,
Meredith Quick, Carmen Mauceri



The alternative departure point for the Sunday bus – outside the clubrooms in William Street.

ELECTRIC LAWN MOWER

Free to a good home. Well actually any home. Small Ozito electric lawn mower with catcher in working order. Nothing flash but it works. Would be suitable for a small area of lawn at a town house or villa units. If you have moved into new units and need a cheap option to mow some grass you can have this mower. If you do not have a long extension lead you may need to spend \$20 on a 20m lead. I picked it up on a nature strip throw out for my daughter's units, but her neighbour who mows the small lawn for the units prefers to use the hand mower. I am offering it to any member who may need a mower or knows someone who does, before I also put it out on a nature strip throw out. Location Essendon.

David Walsh

PRESIDENT'S CORNER (continued from page 1)

injured on a walk, that person cannot be left on their own. At least one club member should stay with the person until help is provided. If necessary the activity may need to be abandoned.'

At times this means that a walker will need to volunteer to accompany the injured person or the leader will have to select someone. Getting help may involve many people, getting a car to retrieve the person, carrying them out, going for help, calling an ambulance etc. Even if the person seems OK and can be taken to the bus or nearby town, a walker must still stay with the person. If necessary the leader can pay for transport to get an injured person home but in most cases someone will volunteer to do this.

Ideally the walk may be able to continue while the Injured person gets medical attention; however in some cases walks will have to be abandoned or shortened. The injured walker, which could be you or me, gets priority.

Reminders and information for this month:

- 1 **Membership Fees are now due.** You have until the end of June to renew and stay financial. We encourage you to renew early. Updated renewal forms are in this News **reminding you of the risks involved in bushwalking. By renewing you are acknowledging your acceptance of these risks. Please read the form carefully.**
- 2 When walks are previewed, especially for Sunday Walks, **leaders need to decide if the walks grading in the Quarterly Program is correct or needs to be adjusted up or down.** This should be done for the News and website previews as many members and visitors use the grading to decide whether to attend.
- 3 For Leaders, **please send any Incident Reports by email, not by Australia Post!**

This is my last President's Corner and marks the end of my seven years on the Committee. It has been fun most of the time, sometimes challenging and always interesting. I am happy to leave the Club's operations to a very capable Committee led by Ian Mair and I look forward to seeing the Club continue to prosper. I am also looking forward having more time for myself. Some reflections:

- Most members primarily care about the program of activities on offer. They have increasing expectations for interesting and varied programs with a sprinkling of overseas and interstate trips. They take for granted that the Committee will efficiently and effectively operate the Club.
- We as a Club, and I as President, have been very lucky we have had so many volunteers to fill all the positions needed for a modern bushwalking club. I still firmly believe that it's not enough for a Committee to effectively and efficiently run the Club, and meet the challenges that pop up from time to time. They also need to look to the Club's future directions to guide it through challenging times. And of course they should also know about the Club's history and heritage.
- Times will continue to change and clubs need to continually adapt to meet members' needs and increasing competition from a busy world.

Ian completed his South West Coast Path walk in England on 24 May and is currently chasing up some family matters in the UK before returning to Melbourne on 31 May ready to take up his new role on 1 June. I am sure there will be a presentation in the club room later this year which will be of interest to many members.

I am confident the Club is in good hands and will both prosper and grow in the future.

Mick Noonan

AND THE BATON MOVES ON ...

After 3 years and 2 months of outstanding commitment and drive to the role of President, Mick Noonan has passed over to myself, Ian Mair. With the support of successive Committees he has worked tirelessly to position the club for the challenges of the next 3-5 years. From 1st June I will be fortunate to take up the baton with the club in a sound position providing a diverse program of activities, a talented and purposeful Committee and a framework in place to respond to and adjust to changing circumstances and member expectations. As you read this Mick and Carol are already far away in Europe enjoying a well-deserved opportunity to do some long distance walking in Europe. I am sure I speak for all club members when I express our sincere thanks to Mick for his contributions and wish him and Carol a safe and enjoyable trip.

Ian Mair

BUSH SEARCH AND RESCUE

Bush Search and Rescue (BSAR) is a group of volunteers within the bushwalking fraternity who make their time available on an ad hoc basis to assist the Victorian Police when a search is required for anyone lost in the bush.

If any Melbourne Bushies are interested in joining this group, which basically requires backpacking experience, bush navigation skills and reasonable fitness, then the coming BSAR training weekend is available for them to attend. This gives an introduction and insight into the nature of a bush search.

Being involved in a search, particularly a successful one, is very rewarding. See comment from Derrick Brown below, and on page 6.

The next training weekend is scheduled for 20–21 June 2015. See details below. Please contact me if you are interested in attending.

Congratulations to Derrick Brown,

Derrick attended a recent successful search for young Luke Shambrook. His followup comment follows:

'I attended a morning tea by invitation this morning at Parliament House where people involved in the search for Luke Shambrook were recognised and thanked. The Minister for Emergency Services The Hon Jane Garrett MP, plus the Premier and sundry others made speeches of thanks to the Police, SES, Parks and BSAR. The best speech (and most genuine) was given by Luke's mother who told us that Luke is still recovering from his ordeal. The BSAR Field Organiser, Frank Zgoznic, got a mention (well-deserved, as he is extremely competent).'

Thanks To Jopie.

After many years as a member of BSAR Jopie Bodigraven has retired from that group. Jopie's association with the bush and his excellent navigational skills were a great asset to BSAR and will be missed (good time for others to step up). Many thanks Jopie for your years of service and making your time and expertise available for the search of persons lost in the bush.

BSAR TRAINING WEEKEND

This year's BSAR Annual Training weekend is being held on 20–21 June 2015 in the Fryers Ranges near Castlemaine. The weekend will provide BSAR members and other interested experienced bushwalkers with training in skills for bush search and rescue. The program is designed to be active and hands-on for all participants and includes:

Saturday 20/6: Workshops, search exercises, night navigation

Sunday 21/6: Participation in Victorian Rogaining Association (VRA) 6 hour rogaine (event entry fee will be covered by BSAR).

Prospective members

If you know any experienced bushwalkers interesting in joining BSAR and who meet or are close to meeting the requirements for BSAR membership or you know any potential and/or prospective members who would like to attend please advise your Club BSAR Delegate or ask them to send an email to training@bsar.org

Transport, departure and return times

A bus will be provided by Police Transport Branch. Details are:

Location: Police Bands Compound, end of Green Street, Northcote

Time/date: 07:00 hrs, Saturday 20 June

Parking: Available in compound, please park as directed.

Return: Green Street 18:30 hrs Sunday 21 June.

Please bring

- Day pack, packed ready for exercises off track in scrub, commencing on arrival Saturday morning
- Full water bottles
- Your copy of the BSAR manual, notebook, folder, pens and paper
- Garmin GPS and a hand-held CB radio if you have them.
- Equipment for camping on Saturday night (a gear bag or pack can be left at search base)

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Noticeboard

BUSH SEARCH AND RESCUE *(continued from page 4)*

- Food for the weekend; a meal will be supplied by the VRA at the conclusion of the Rogaine on Sunday.
- A folding chair is handy for the workshop sessions and in camp.
- A reminder of BSAR Policy: no shorts please.

What will be supplied

- Maps
- Fresh water will be available at search base
- A meal will be provided by the VRA after the Rogaine on Sunday at the Hash house.

If you have any questions about the weekend, please don't hesitate to ring one of the organisers:

Eric Krista 0419 986 878

Peter Campbell 0409 417 504

David Laing, BSAR Delegate for Melbourne Bushwalkers

UPDATED RISK MANAGEMENT PLAN

The Risk Management Plan has had a major upgrade. Risks are now grouped in categories, similar to Future Directions Categories where possible

- Activities – day and extended outdoor activities, social activities
- People – injuries, skills, behaviour, social, decision making, children/visitors/members/leaders
- Equipment – equipment used on activities by members
- Membership – numbers, age, activity, diversity,
- Organisation/Governance – club level risks, structure
- Assets – finances, clubrooms, processes/procedures, owned equipment
- External – other organisations, climate/weather.

Many new risks from our Future Directions work and other sources have been added. For leaders there is lots of good information, so have a look and see what's new.

Mick Noonan



Melbourne Bushies camped near Roper's Hut, Bogong High Plains, March 2015



The view from Boroka Lookout, taken by Deb Shand on the Grampians track maintenance weekend, May 2015

Members' contributions

THE LUKE SEARCH

I returned home late on Easter Monday after our weekend walking trip to find a BSAR callout for Luke Shambrook awaiting me. Luke had been missing since Friday and a large search had failed to find him. The BSAR searchers were retired, having been searching Saturday, Sunday and Monday and a new search team was requested. Luke's beanie had been found and this prompted further searching. The call-out was for one day only, so as no overnight gear or food was required it was a fairly easy decision for me to make. We left the Northcote police depot at 6 am and I slept most of the way to Lake Eildon. There was much activity in evidence with a large police presence plus SES, Parks staff, volunteers and the press. All of the areas close to the campsite had been thoroughly searched so we were assigned to searching the steep gullies further away where it had been thought young Luke would not have ventured. As everyone now knows, this is where he was found and my team was conducting a line search when we received the news that he had been spotted. We were on the scene within a few minutes and we made up the stretcher party to carry Luke out of the gully to the waiting ambulance.

I attended a morning tea by invitation on Wednesday 22 April at Parliament House where people involved in the search for Luke were recognised and thanked. The Minister for Emergency Services The Hon Jane Garrett MP and the Premier made speeches of thanks to the Police, SES, Parks and BSAR. Luke's mother made a heart-warming speech of thanks and said that Luke was still recovering from his ordeal. The BSAR Field Organiser, Frank Zgoznic, got a well-deserved mention, having been present throughout the search.

This was a great outcome and one that provides encouragement to BSAR volunteers to participate in these searches where our experience and training can influence the result. Melbourne bushies should consider joining!

Derrick Brown

Willis's Walkabouts

Kimberley Wild Rivers, The Isdell 28 June - 12 July



It's been 15 years since I last did a walk along the middle Isdell, one of the largest yet least known rivers in the Kimberley. **I want to go back.** I dug out some of my old slides and had a look. **Now I want to go back even more.** (If I had a good slide scanner, I could show you why. The blurry scan at right gives no more than a hint.)

Special offer 1. Take **\$500 off** the list price, new price \$2295. (No other discounts apply with this offer.)

Special offer 2. We'll give you a free ride between Darwin and Kununurra in either or both directions. We may even extend the trip by a day at no extra charge.



www.bushwalkingholidays.com.au rwillis@internode.on.net Ph: 08 8985 2134

LETTER FROM ENGLAND (2) – ST IVES TO POOLE

After 46 days (including 3 rest days) and over 1000 km my trip around the south-west corner of England on the South West Coast Path drew to a close in the historic coastal port of Poole. Mixed emotions came with the realisation that this walk was now over. A sense of achievement in having completed the journey blended with a feeling of loss of something that has become part of a daily routine. Mind you, a few late obstacles on the penultimate day took all of my resolve to push on. A major detour to get around an army tank training area and a foul shift in the weather combined to test body and spirit. The thunderous roar of gunfire in an adjacent valley mixed with bursts of peppering hailstones were not what I had expected.

In my first letter I outlined the rugged cliff-top walking and absorbing coastal villages of the north of Devon and Cornwall, as far as the popular village resort of St Ives. Refreshed after a day of rest in St Ives, the cliffs and valleys in this remoter part of England maintained their interest, especially with an increasing introduction of 'atmospherics'. The locals brushed it aside with the simple acknowledgement that it was April and there are always fogs and showers in April.

In a matter of days the walk rounds Lands End, the most westerly point of England, and Lizard Point, the most southerly point. The cliffs change their character with a change in geology and the character of the walk seems to change in concert. More benign ports open up for the yachting fraternity, sandy beaches and larger communities become more frequent and the legendary water-based pirates of the west coast give way to their modern land-based landlord descendants as accommodation becomes more in demand. The walking remains fascinating, albeit less rugged, and the forays into and out of the populated areas offer a glimpse of the coastal sub-culture. Bathing boxes stand like sentinels arrayed around any accessible sandy inlet and holiday parks pop up unexpectedly like planned shanty towns. It is not the end of the undeveloped coast's natural beauty, however, and there is much to experience along the World Heritage Listed Jurassic Coast stretching along East Devon and Dorset to the walk's final destination.

Would I recommend the walk to others? Definitely in parts, but perhaps not in total unless you are a walk-bagger. A lasting memory is the extent to which the South West Coast Path owes its charm to the National Trust ('a charity that works to preserve and protect historic places and spaces'). Large coastal estates and heritage sites under National Trust control span a substantial part of the walk, preserving the sense of remoteness as well as providing an historical perspective. With over 3000 photos I now have the challenge of distilling out the key features for a slide presentation later this year.



- 1 Durdle Door on the Jurassic Coast
- 2 Fields of Bluebells everywhere
- 3 B&B's can be a 'home away from home'

Ian Mair

BEERIPMO WALK 25-26 APRIL 2015



Disappearing into the mist.

The two-day pack carry was bound to be an adventure with rain predicted for both days and even the chance of a thunderstorm on the Saturday night. As a result, only 5 brave walkers (Jamie – Leader, Steve, Jeanette, Jaime and Arron) ventured up into the sub-alpine area of Mt Cole State Forest.

Due to a large part of the Beeripmo track running along the mountain ridgeline, the weather conditions meant that the majority of the walk was quite literally done in the clouds. The first day was mostly a descent from the highest point of the walk circuit down to the surrounding plains. The highlights of the day were passing beautiful gullies of forest ferns and even a quick view of the surrounding farmlands in a momentary clearing of the weather. On the first day, there was also some extra time spare to explore a 4WDing track near one of the campgrounds.

Due to the desire for some creature comforts after a day of wet weather, the group decided that a trip to the pub at Beaufort for dinner was in order. After a short drive to the Golden Age Hotel, a quiet drink and good pub grub was had. Most chose the 'Roast and Pavlova' meal option; however 'The Megadog', a foot long hot dog with cheese, onions, mustards and other yummy things, was a heavily discussed topic. Due to fears of clogged arteries, nobody quite had the courage to eat 'The Megadog'. The first day was concluded at the campground shelter, gathered around a warm fireplace drinking red wine, eating Lindt chocolate and having a robust group discussion about the challenges of dating.

The second day began with breakfast talk about an owl and kookaburra having a contest during the night to see who could make the most noise. The writer of this article slept through the contest but apparently it was pretty impressive. The walk on day 2 led the group back up onto the mountain ridgeline after which we slowly climbed a number of hills as the ridgeline ascended higher. Although the weather was cold and wet, the views of richly-green woodlands engulfed in rolling fog were truly stunning and worthy of belonging in any nature calendar. A number of black-tailed wallabies were spotted along the way as well as a mob of kangaroos. At one of the lookouts, there



Through the rock garden.

was also a very unexpected 'god-like moment' where a comment made about the beautiful views seen during the walk preview was soon followed by a clearing of the clouds to provide a clear view of the surrounding valley and wind turbines in the distance. Given that the clouds had not cleared all morning, this was a 'WOW' moment for the walkers.

Walkers were no doubt wet after the walk. However everyone enjoyed the diverse scenery offered by the Beeripmo walk and agreed that those who didn't attend missed out on a great weekend. A final thanks needs to go to our leader Jamie, whose prior walk planning yet flexibility in adapting to the weather situation meant that fun was had by all.



Sunday morning. Our camp and shelter.

Arron Laki

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:
http://www.mbw.org.au/mbw_activities/MBW_activities_program.php

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



CROSS-COUNTRY SKIING

REGISTRATION OF INTEREST

DATE	Between 1 and 31 July
STANDARD	Easy/Medium
DISTANCE	Various
ELEVATION	Various
COORDINATOR	Doug Pocock: jan-doug@bigpond.com
TRANSPORT	Private

One of the joys of winter is to rug up warm, put on cross-country skis and explore the alpine country. Jan and I are proof that you don't have to be an expert to enjoy the experience.

For some years now the Club has not programmed ski trips because of the uncertainty of snow conditions. This is a pity because it has also meant that we have not run introductory trips to enable people to get some basic skills. In the past, Jan and I have used the opportunity of an unexpected snow fall to nick up and have a very pleasant time.

I propose a system whereby members can register an interest so that a list can be drawn up and, if someone wants to organise a trip (with very little notice) then contact be made and a trip organised.

These would be Club trips and members would be covered by Club insurance.

Information required would be;

Name • e-mail address • Address (for car sharing)

Do you have a car? (4wd? Chains?)

Are you available all week or only weekends?

Are you a beginner interested in an introduction to skiing?

Are you experienced and would like to organise a trip?



SUNDAY BUS

DAYLESFORD MARKET – TIPPERARY WALK

DATE	Sunday 5 July 2015
STANDARDS	Easy / Easy/Medium
DISTANCE	9 km / 15 km
LEADERS	Cathy Merrick and Ian Mair
TRANSPORT	Bus – Leaving Southbank Blvd at 8:45 am
AREA	Daylesford / Hepburn Springs
MAP REF	Eganstown 7712-3-4



Daylesford Lake in autumn



TOFS WALK

DATE	Thursday 2 July 2015
STANDARD	Easy
DISTANCE	Approx. 10 km
LEADER	Merilyn Whippey
TRANSPORT	I don't know yet
MAP REFERENCE	Melway 63

I've only just volunteered to lead this walk as Alister hasn't been well. So I don't really know much about it. Contact me closer to the time and I'll have some idea. I'll put a preview on the Club's website when I've checked out the walk.

Daylesford is one of those towns that have something for everyone and with this in mind for this week's Sunday Bus we are planning something a little different for your enjoyment. We will be travelling direct to Daylesford where everyone will have an hour's leisure time before the walks commence to visit the famous Daylesford Sunday Market where a long lost hidden treasure (or maybe just some interesting junk) can be found, or just relax over a morning coffee and hearty breakfast if you wish. Both walks will then commence along the Tipperary trail.

The Easy walk will commence about 9 km from Daylesford and end at the Daylesford Lake – we have shortened the Easy walk so those going on it will have time at the completion to explore the local sights in the town (the old Convent on the hill is a must-see in Daylesford) or for those that are still keen

to walk further, there is a lovely circuit walk around the lake of a couple of kilometres with a coffee stop at the end. For the more energetic walkers, the Easy/Medium longer walk along the Tipperary Track will be about 15 km starting at Hepburn Springs at a slightly faster pace and will also end at the Daylesford Lake where we hope to have enough time for a social coffee or cold ale or two before our return to Melbourne. Ian and I hope to make this a relaxing day combining the beauty of the bush with the sights of Daylesford.



WEDNESDAY WALK

KINGLAKE NP – ANDREWS HILL

DATE Wednesday 8 July 2015
STANDARD Easy/Medium
DISTANCE 13 km
LEADER Doug Pocock
TRANSPORT Private
AREA Kinglake
MAP REF Kinglake NP 1:50,000

A fairly short walk for a short winter's day. Meet at carpark on Mountain Creek Road 595479 at 10:00 for a 10:15 start. Take Melba Highway from Yarra Glen. Cross Kinglake Road and 3.4 km further turn left into Gordons Bridge Road. Travel 1.3 km along here and turn right into Mountain Creek Road and the carpark. The walk will start with an invigorating 320 m climb up Andrews Hill followed by a 320 m drop to The Gums. Toilets here. We will continue along Blackfish Way to lunch at Island Creek picnic area for lunch. Toilets and picnic tables. From here we will follow Stringybark track for a gentle 100 m climb before dropping to the cars. We should finish in time to have a coffee in Yarra Glen. The track down from Andrews Hill is a bit rough and steep in places. Walking poles may prove useful.



NAVIGATION TRAINING

WERRIBEE GORGE

DATE Saturday 11 July 2015
STANDARD Easy/Medium
DISTANCE 5-6 km
ELEVATION 120 m fluctuation
LEADER Roger Wyett
TRANSPORT Car Pool
AREA Werribee Gorge
MAP REF Melway Key Map 7 B5
TRANSPORT COSTS (PER PERSON) Approx \$20
TIME OF RETURN By 4 pm

We will car pool from the Club Rooms, departing at 0845 and meeting in the top car park at the entrance to Werribee Gorge at approx 0945. After a short 1.5 km walk we will undertake the theory aspects in a shed (in case of rain) and then a number of group navigation tasks across country to gain experience navigating on a bearing. As well as a few tips and tricks to make navigation easy. The group will be limited to 6 participants, so all participants will have a chance to navigate in a small group, without any pressure, as this is all about learning. Please bring a compass (borrow one from another club member) and standard day pack, as we will be away from the cars all day, but likely to be an early finish, as long as no one gets lost!



CYCLING

MOUNT ELIZA SUMMIT

DATE Saturday 11 July 2015
STANDARD Easy / Medium
DISTANCE 45 km (option 62 km)
LEADER Ross Berner
TRANSPORT Train to Seaford (Frankston Line)
RETURN TIME About 4:00 pm
AREA Frankston, Mount Eliza
MAP REFERENCE Melway maps 99, 102, 103, 106, 105, 107 & 100 (97 & 93)

The meeting place for the ride is the east side of Seaford Station (Railway Parade, Melway 99 E3) at 9:30 am. If you are travelling by train, you will need to take Frankston Line Train departing from Flinders Street at 8:18 am and arriving at 9:22. Check timetable closer to the date. The aim of the ride is to reach the summit of Mount Eliza. Just over half the ride is on bike trails, with the remainder on side streets. We will head from Seaford to Long Island (in Frankston) by side streets. We will then use the Frankston–Baxter Rail Trail and the Peninsula Link Trail to Tower Hill (in Frankston South). From here we follow the ridge to the summit of Mount Eliza, then down a steep descent to Mount Eliza Regional Park for lunch. We will return to Seaford by the Peninsula Link Trail. If the weather is good and time allows, we can take an optional ride to the world's smallest mountain (Mount Chelsea). Note: If trains are not running on the day of the ride, because we will start and finish at Seaford Station, travelling by car to the ride start is an option. If you wish to discuss the ride ring Ross.



SUNDAY CAR POOL

SUGARLOAF RESERVOIR

DATE Sunday 12 July 2015
RETURN TIME 5:00 pm to City
STANDARD Easy
DISTANCE 15 km
ELEVATIONS Minor
LEADER Richard Hanson
TRANSPORT Carpool – Leaving Southbank Blvd at 8:45am
AREA Christmas Hills (before Yarra Glen)
MAP REF Melways Map 273 and Parks Vic notes

This reservoir is an hour's drive to the north east of Melbourne, off the Eltham–Yarra Glen Road. The walk is fairly flat with nice views across the reservoir set amidst the Christmas Hills. You will see kangaroos. In July it could be very cold and wet so please come well prepared. However it is nice wild walk that we should enjoy. Please join us for a walk around the reservoir.



SUNDAY BUS

SERENDIP SANCTUARY AND YOU YANGS

DATE Sunday 19 July 2015
RETURN TIME 6:00 pm to City
STANDARDS Easy and Easy Medium
DISTANCES 12 and 15 km
ELEVATIONS about 300m

LEADERS Del Franks and Halina Sarbinowski
TRANSPORT Bus – Leaving Southbank Blvd at 8:45am
AREA Serendip Sanctuary and You Yang Regional Park
MAP REF Serendip Sanctuary and You Yang Regional Park – Park Notes

The You Yangs Regional Park is an area relatively close to Melbourne, about 55 km, near the small settlement of Lara on the way to Geelong. As such it is often overlooked as a walk destination, yet it offers some wonderful views over the surrounding countryside as well as walks of differing standards

We will first visit the Serendip Sanctuary.

The sanctuary, an excellent example of the open grassy woodlands and wetlands of the volcanic Western Plains, is the perfect place to learn about and experience birdlife and wetlands ecology.

We will do the Wildlife and Wet Land Walks which offer close encounters with wildlife. Meander past emus and eastern grey kangaroos grazing to viewing areas, hides and flight aviaries perfect for bird watching. You may be treated to brogas trumpeting, whistling kites soaring high overhead, magnificent yellow-billed spoonbills wading through the shallow water, or even a glimpse of the well hidden tawny frogmouth as it watches you pass by.

Next we will visit the You Yang Regional Park.

The harder walk will start at the Park Office and walk to the top of Flinders Peak, spending some time to take in the views from the Big Rock and then continue onto the Peak. From there they will do a few other tracks to take in the full impact of the park.

The easier walk will start at the turntable car park and this walk takes you to the highest point of the You Yangs. There are 450 steps and some sections with steep gradients. After the Peak they will return to the car park and then onto the Branding Yard Trail.

Both walks will be able to view the Bunjil which is best viewed from Flinders Peak Track. It can also be viewed from the East Walk. Access to Bunjil is from Branding Yard Walk.

So come join Halina and me on what should be a wonderful walk.



MOFS WALK

LONG BEACH TRAIL – EDITHVALE WETLANDS

DATE Monday 20 July 2015
RETURN TIME 2:30 pm Mordialloc
STANDARD Easy
DISTANCE 10 km
ELEVATION Flat
LEADER Ron Evans
TRANSPORT Private/Public Transport
AREA Mordialloc – Carrum
MAP REFERENCE Melway Maps 92, 93, 97

This is an easy 10 km walk from Mordialloc Creek to Patterson River along the Long Beach Trail

The trail travels along the Mordialloc creek for a short distance before it runs along the side of the creek's flood plain before joining up with the Edithvale wetlands, and then to the Patterson River. On the preview in April this year I saw plenty of birds including cockatoos, parrots, galahs and a number of water birds that inhabit the wetlands.

When we get to the river, there is a 2 km walk along its banks before we finish at the mouth of the river as it meets Port Phillip Bay.



WEDNESDAY WALK

ALONG THE WARBURTON TRAIL

DATE Wednesday 22 July 2015
STANDARD Easy/Medium
DISTANCE 17 km
LEADER Susan Maughan
TRANSPORT Private
AREA Warburton
MAP REF Mel 286–290



Meet at The Warburton Trail Parking and Picnic Area at Woori Yallock (Melway 286 E10).

We will depart at 11 am and follow the trail to its conclusion at Warburton.

This is a gentle walk for autumn, with the promise of hot drinks stops and, of course, goodies at the end.

The house for the 2 night stay-over is now fully booked. However, should you wish to organise your own accommodation for Wednesday night, you are very welcome to join us for our bring-a-plate supper that evening.

Book with Susan.



SOCIAL WALK

BUNDOORA PARKS/LATROBE UNI PARKLANDS

DATE Thursday 23 July 2015
STANDARD Easy
DISTANCE 5 km + 1 km
ELEVATION Slightly undulating
LEADER Jean Giese
TRANSPORT Private
AREA Bundoora
MAP REF Melway 19 and 20

There is a lovely walk to be had around the LaTrobe University Parklands, commencing in the Greswell Forest Nature Conservation Reserve and taking in Cascade Park and tracks beside the 'Moat' which flows through the campus. After lunch at the café, there will be a further 1 km walk to the cars.

Because parking is difficult, we will need a 4 km car shuffle, so please book early with leader so this can be arranged smoothly. Meet to start walking by 10:30 in the parking area off Greenwood Drive (Melway 20B3).



SATURDAY EXPLORER

MT MACEDON

DATE Saturday 25 June 2015
STANDARD Easy/Medium
LEADER Tracey Jamieson
TRANSPORT Private

We will meet at the Trading Post at Mt Macedon at 10:00 am. The walk will begin with a slow climb up to The Cross. We will begin walking on a country lane with magnificent homes and gardens to see. We will then continue to climb up on a narrow walking track until we get to the top. After lunch we will meander back on a number of tracks down the mountain. The walk is approximately 14 kilometres.



SUNDAY CAR POOL

ARTHURS SEAT – KINGS FALLS CIRCUIT

DATE Sunday 26 July 2015
STANDARD Easy/Medium
DISTANCE 18 km
ELEVATION 800 m
LEADER Brett Daniel
TRANSPORT Car – Leaving Southbank Blvd at 8:45am
AREA Dromana
MAP REF Melway maps 159, 170, 171

Starting near 2 Bays walking track we will be going up towards Arthurs Seat with some breathtaking views over Port Phillip Bay and the city skyline. Passing through attractive bush lands where we saw some kangaroos and pelicans on preview, then we will head down to McLarens Dam.

The walk will climb again to Kings Falls, hopefully with some water; not much on preview but we were lucky to see yellow tailed black cockatoos. After falls we will then enter some grassland to the beautiful Seawinds Garden with more million dollar views. There are some sculptures by William Rickett in the garden, and this is where we come to Arthurs Seat. Then there is a steep downhill section under the old chair lift back towards the cars.

EXPRESSONS OF INTEREST

Calling for expressions of interest to walk the Australian Alps Walking Track commencing in October 2015.

The AAWT is a long distance walking track approx. 660km, extends from Walhalla in Victoria to outskirts of Canberra walking the high peaks and plateaus of the Australian Alps.

At the moment I'm interested to see if anyone else is interested in this walk, it maybe that you would like to do a section/s, a weekend, a couple of weeks or the entire length. Or you might like to assist with logistical support such as food drops or transport. etc.

Claire Luxford



**ADVANCE NOTICE
 CROSS COUNTRY SKIING,
 BOGONG HIGH PLAINS
 AUGUST 8-15 2015**



Announcing our annual X-C skiing trip to the untracked expanses of the High Plains. We stay in the comfortable Rovers Chalet 12 km from Falls Creek and tend to have the snow to ourselves. Two or three trips are organised each day catering to everyone's inclinations or abilities. A voluntary roster is drawn up to ensure all jobs are done and the week runs smoothly, giving maximum time for skiing. Past skiers are welcome to return and newcomers are encouraged to discuss requirements for joining us.

Doug Pocock or Marilyn Whimpey

THE 2015 FEDERATION WALKS

This year's walks take place over the weekend of 24-25 October around picturesque Daylesford.

You can come for the weekend or just a day.

Accommodation is DIY if you wish to stay up there but it may be possible to camp on a private property near Daylesford.

Local caterer Spade-to-Blade is supplying the dinner on Saturday night (\$35) and there is a talk by historian David Bannear, goldfields archaeologist with Heritage Victoria to follow.

There is a registration fee for the walks: \$20 for one day and \$30 for two days. Walk bookings start on 15th June and finish 30th September – first in best dressed!

Check out the website www.fedwalks.org.au for more details about walks and please contact Mark Heath if you are interested.

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!

July 2015				
1-31	SKI: X-C Skiing: Registration of interest	Pvt	E/M	D. Pocock: jan-doug@bigpond.com
Thu 2	TOF: Campbells Croft, Dandenong Creek	Pvt	Easy	Alister Rowe
Sun 5	DAY: Daylesford Market – Tipperary Track	Bus	E & E/M	Cathy Merrick and Ian Mair
Wed 8	DAY: Kinglake NP: Andrews Hill	Pvt	E/M	Doug Pocock
Sat 11	TRG: Navigation Training – Werribee Gorge	Pvt	E/M	Roger Wyett
Sat 11	CYC: Mount Eliza Summit	Pvt	Med	Ross Berner
Sun 12	DAY: Sugarloaf Reservoir	Car	E/M	Richard Hanson
Sun 19	DAY: Serendip Sanctuary – You Yangs	Bus	E/M & M	Del Franks and Nigel Holmes
Mon 20	MOF: Long Beach Trail, Edithvale Wetlands	Pvt	Easy	Ron Evans
Tue 21	DAY: Warburton Lodge – mid week until 23/7	Pvt	E/M	Susan Maughan
Thu 23	SOC: Bundoora Parks, LaTrobe Uni Parklands	Pvt	Easy	Jean Giese
Sat 25	DAY: Saturday Explorer: Macedon	Pvt	E/M	Tracey Jamieson
Sun 26	DAY: Arthur’s Seat – Kings Falls	Car	E/M	Brett Daniel

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