SUPPORTING
BLACKPOOL,
WYRE &
FYLDE.
It's our 80th
ANNIVERSARY!

# E Bulletin 2014



Volume 2 Issue 14

14.04.2014

## SPECIAL POINTS OF INTEREST:

- Three funding streams!
- Stage Set for the Fylde Coast Shakespeare Festival

#### **INSIDE THIS ISSUE:**

Blackpool Open Access D of E Award Group	2
Festival marks the launch of Fleetwood's lofty ambitions	3
Wyre Together Awards	3
Stage Set for the Fylde Coast Shakespeare	4
Butterfly group last remaining items	5
Cherwell Centre car boot sale date correction	5
Volunteer Drivers desperately needed	5
Fylde Coast YMCA - Health and Safety (H&S) courses	6
Ears Wide Open Sound Project	6
Lloyds Bank Community Fund Invites Nominations	7
Save money while you spring clean	8
Housing Community Investment Fund	8
Choose well this Easter	9
Sport England Inspired Facilities	Bacl
mophica i admitica	Dage

Fund Gets £20 Million

## **CVS Updates**

elcome to the new edition of the CVS e-bulletin. We hope you find the information useful. Don't forget for constantly updated news and vacancies go to our website. There's lots going on in our Facebook page and Twitter feed too! See address at the foot of this page.

#### Wyre Together Showcase 2014

Over 70 Wyre community groups got together recently to promote their work and services and also to network with other local groups providing services in the area. As always there was a real buzz in the air with new partnerships being developed and information being shared. There are not many opportunities for this number of groups to get together in one place so Wyre Together were pleased to be able to facilitate such a great event.





Jenie Phillips, the Chair of Wyre Together said - " I am delighted to be involved in another Wyre Together Showcase Event ---it is a really great Good News Event as they are always heart-warming , positive and great for networking and for promoting the work of local groups to the people of Wyre."



#### Save the Date! Tuesday 16th September 2014

We are holding an anniversary celebration event to mark the work of the CVS in supporting Blackpool, Wyre and Fylde communities for the last 80 years. We will be releasing further information on the event shortly but we would love as many of you come and celebrate with us as possible.



If you need help with websites or social media, we can help - just let us know what you need and we'll send you a volunteer, and best of all it's **FREE!** 

For further information on any of the above, phone us on **01253 624505** or e-mail on: <u>angela.glass@cvsbwf.org.uk</u> To get the latest updates on what CVS is up to, visit our <u>website</u> or our new <u>updated Facebook page</u>

We are also on Twitter @cvsbwf

#### Blackpool Open Access Duke of Edinburgh Award Group

The DOE Group



For many,
it's the first
time they've
been out unaccompanied
in the
countryside,
finding their
way with a
map across
forests, hills
and streams
in all
weathers...
and they

love it!

Spring is here, and for members of Blackpool's 'Open D of E' group, that means expedition season! They'll be donning their waterproofs and walking boots and heading off into the wilds.

The Duke of Edinburgh Award is a national for young programme people aged 14 to 24 that provides opportunities to get fit, improve their skills for life and fulfil their potential. The programme has three levels - Bronze, Silver and Gold - and four that sections each m u s t participant complete to receive each level:

**Skills** – any activity requiring focus and commitment

Physical activity – encouraging fitness and healthy lifestyles.

Volunteering with a local **Expedition** – from two to four days.

The Blackpool Open DofE group is for those who cannot, for whatever reason, attend a school-based group when they start. It also provides Silver and Gold

levels of the Award, which aren't provided at schools. The group currently has around 30 active members from a wide range backgrounds, including some from the most disadvantaged areas of Blackpool. For these young people the Award is a key lifelong achievement. For many, it's the first time they've been o u t unaccompanied the countryside, finding their way with a map across forests, hills and streams in all weathers... and they love

"Our first walk was a fantastic experience for everyone. Everyone was cheerful and we enjoyed every minute of it despite the weather" – Daniel

These young people also benefit greatly from social activity within the group and in volunteering placements, and the focus and commitment they need for the skills and physical sections. Several members come from difficult backgrounds and have had trouble at school, but thrive of E, not only benefitting themselves but going on to become young volunteers and helping other members.

"I love this DofE group. I have friends here, and if it wasn't for DofE I'd just be in trouble all the time." Chloe

At Gold level participants must complete a four-day expedition, and this summer a group from Blackpool will be exploring the wilds of Dartmoor and Exmoor. So far this year five members have completed their Gold Award, and will be attending a presentation day at St James Palace in London. Nine more are currently working towards their Gold.

The Open DofE group is a successful example public/voluntary sector joint working. The group is supported bу two part-time Council staff, but independent is an constituted charity with a committee of trustees, and half a dozen volunteers helping to run training sessions and expeditions.

Elgee, the Council worker for the group, says that the secret of its success is focus. "The Open Award group isn't solely an outdoor activities group - we don't climb big mountains or do abseiling or ghyll scrambling. We focus on getting young people through their Duke of Edinburgh Award, and that includes supporting them with e-DofE (the online assessment system) with their physical and volunteering sections."

To contact the Blackpool Open Access DofE group, e-mail

anna.elgee@blackpool.gov.uk

#### Festival marks the launch of Fleetwood's lofty ambitions

A world record diving attempt, a zip wire across the promenade and hot air balloon rides are just a taste of what's on offer at a free festival on Fleetwood's waterfront next month.

Dizzy Heights is a celebration of the town aiming higher, serving as the official launch of the £1.5m Five For Fleetwood scheme.

People are invited to pack the **Esplanade on Saturday 24 May** and while they enjoy five hours of festivities, they can learn more about Wyre Council's plans to transform the area with a skate park, splash zone, boats on Marine Lake, a refurbished Euston Gardens and more besides.

Most of the festival's focus

takes place around Marine Hall Gardens and the Esplanade, which will be closed to traffic. One highlight will be a display by La Quebrada, the Mexican high diving company who caused a splash on Britain's Got Talent. They intend to attempt a world record towards the end of the event, definitely one not to be missed.

Local bands will perform live throughout the afternoon while families test their head for heights on a zip wire and climbing walls. Look out for hilarious street theatre, arts and crafts workshops and plenty of food and drink.

And to mark the fact that Fleetwood is really going places, a land train will operate along the promenade.

Councillor Peter Gibson, Leader of Wyre Council, said: "We have some lofty ambitions for Fleetwood that we can now fulfil thanks to the Coastal Communities Fund.

"What better way to showcase our plans than a festival that invites the whole community to make the most of their seafront and celebrate with us."

**Dizzy Heights runs from noon to 5pm**. Any local businesses wanting to be involved in the event can do so via the Eventbrite website



#### Wyre Together Awards

The Wyre Together Awards are a great way of recognising local achievements and contributions and this year there are four categories to choose from:

- Best Volunteer
- Best Young Volunteer
  - Best Community Group
- Best Environmental Group

There will a special celebration event on 4th June to present all the nominees with a certificate and to announce the winners so go on, fill in the application form and let people know how appreciated they are. Closing date is 9th May.

Contact Jane Williams on 01253 887437

Awards Guidance





Nomination Form



## Stage Set for the Fylde Coast Shakespeare Festival



h brainchild of David Cllr Owen, Deputy Mayor of Blackpool, the festival has proven hugely

popular and has attracted applicants, both younger and older, from across the Fylde coast.

He asked people from across the region to come forward to perform one of Shakespeare's plays or sonnets to celebrate the 450th anniversary Shakespeare's birth.

And groups have rushed to take part with a huge programme featuring everything from puppetry performance of A Comedy of Errors to The Merchant of Venice now in place.

Cllr Owen said: "I'm very pleased with the response we've had and the programme we have in place.

"There are a large number of organisations taking part at locations up and down the Fylde coast.

"It is wonderful chance for people to more about learn Shakespeare, tο celebrate his work and to have some fun with friends and colleagues.

"I hope people will go along to watch some of the performances and really get into the spirit of things."

Among the Blackpool entrants are the Friends of Stanley Park and Salisbury Woodland, who are performing The Merry Wives of Windsor, staff from the Blackpool n e w Sainsbury's store at the Talbot Gateway Central Business District, who will be performing Pyramus and Thisbe for John's Primary School a n d collaboration between Fylde Coast Youth Dance Company and Revoelution Choir, who are staging contemporary dance and song adaptation of A Midsummer Night's

Dream in Blackpool's historic Tower Circus. Young People will also play their part with events a n d performances from Blackpool Sixth Form College, South Shore Highfield Academy, Humanities College, Lady of the Our Assumption Primary School, Millfield Science and Performing Arts College and Hodgson Academy in Wyre.

And councillors are even doing their bit, performing Richard III Council the in Chamber.

The festival runs from April 23 - 26.

For more information festival a n d a programme of all the performances taking place throughout the festival, please go to the Shakespeare Festival

#### website

or pick up a copy of the programme at your Blackpool nearest library.

Source Visit Fylde Coast.

"I hope people will go along to watch some of the performances and really get into the spirit of things."

#### News in brief

#### Butterfly group last remaining items

5ft Dress Rails in good condition suitable for fundraising, craft fairs, etc. - £6.50 each.

Chrome Circular 4 armed adjustable professional dress rail in very good condition and complete suitable for charity shop, fundraising, craft fairs, etc. - £22.50

Display Unit suitable for Home or Business with a Modern look. Matt Black Metal Display Stand with 3 dark smoked glass shelves. - £65.00

Under Stairs Shoe Storage Unit - Beech Effect. This shoe unit is designed to sit underneath a staircase -  $\pounds 10.00$ 

Hand Held Collection Boxes in Red and Green. 45 in total (5 are used, 40 brand new). In perfect condition, 'thank you' stickers included. £1.50 each Please call for any of the above items on 316000 or 07708 689411 for further details or email thebutterflygroup@live.co.uk.

#### Cherwell Centre car boot sale date correction

Please note that the Cherwell Centre car boot sale is on **Monday 21st April** and not Sunday 20th April as reported in last week's issue.

It starts at 7am and ends at around 3pm. It will be at the Cherwell Centre, Chepstow Road on Grange Park.

The car boot sale is in aid of raising funds for improvements on the Cherwell Centre. If you'd like a table then contact Debbie Black on 07725 986105.

There are some restrictions on entry including no vans or trailers, and on certain items being sold e.g. no alcohol, no tobacco, or counterfeit DVDs or CDs

Come on down to grab yourself some

bargains!!

#### Volunteer Drivers desperately needed

Blackpool Food Distribution **Partnership** work with t h e Discretionary Team to provide food for people experiencing currently poverty food while supporting people to resolve the underlying long-term issues. We require drivers to help take food from the storage depot to food distribution centres and from donation collection points, such as schools, superstores

and churches back to the food storage depot. Monday and Friday afternoon or early evening are our priority times but we are also looking for drivers on Tuesday and Thursdays.

The following requirements are essential:

Clean driving license
 (spent speeding fines are ok)
 Ability to load and unload food parcels with help from an assistant

- · Ability to drive a van.
- · Hours and amount of time to suit.
- DBS check required

If you are able to help us by providing your driving skills for a regular 2-3 hour slot once a week they would be very appreciative.

Please contact Nikki Hart on 07400 960 507.



## Fylde Coast YMCA - Health and Safety (H&S) courses

Fylde Coast YMCA is an inclusive organisation providing high quality services and activities across health and physical activity, housing, outdoor education, young people, and training sectors.

The Fylde Coast YMCA have been running H&S courses for years such as: IOSH, First Aid at Work and Fire Safety.

All fees charged by Fylde Coast YMCA are re-invested back into the local community and on their Youth Scheme projects for our Young People. The courses can be reduced as well if they have sufficient numbers.

Their team of experienced training and development professionals are dedicated to providing the tools needed for success across all sectors. They work with a range of Partners and are accredited with IOSH among other organisations.

Attached is the 2014 Training Programme,

You can also visit their website

http://www.fyldecoastymca.org/training.



## Ears Wide Open Sound Project



This sound project aims to take two sets of residents

(Preston and Blackpool) and take them on a journey to reconnect with the sounds of the place they call home. Bringing together volunteers from Community stations and Community Arts organisations they aim to create exciting an engaging Soundscape using a mixture of traditional methods recording capture the often ignored sounds, as well as digital techniques to bring to life the

encoded sounds which emit from the technology which makes a town/city function.

Funded by the Community Media Association's Modulate 2014 project, they are able to run a series of workshops in the Blackpool and Preston areas for those interested in learning more about bringing arts to radio.

Blackpool Workshops

Aunty Social, The Old Rock Factory, Deansgate (behind Brighthouse), Blackpool, FYI IBN 7-9pm, on the following dates: 21/4/14 - Digital Storytelling

24/4/14 - Digital Storytelling 24/4/14 - Identifying Sounds

13/5/14 - "Ears Open" Soundwalks

14/5/14 - Making Soundscapes

You will get the most benefit out

of the project if you attend all 4 workshops. To register your attendance, please email Info@digienable.co.uk with your name, contact details and postcode, and if you have any access needs.

At time of booking please let them know if you have any access needs, as currently the venue room booked is up two flights of stairs.

There will be a celebration event to screen the final soundscape and it will be broadcast on both Preston FM and Blackpool Victoria radio stations. There will also be listening pods available to the public at Aunty Social's Charabanc and Korova Arts Café.

#### Lloyds Bank Community Fund Invites Nominations

Lloyds Bank is running its annual community fund promotion as part of its responsible business programme and inviting nominations for local good causes in the UK.

Anyone over the age of 18 years and who is resident in the UK can nominate a project or a service that makes a positive difference to the local community for a cash prize. Awards range from £3,000 for a first place to £2,000 for a second place, £1,000 for a third place, and £500 for a fourth place.

Last year more than 1,560 community groups, in almost 400 communities across the UK, received an award. It expected that there will be even more winners this year.

In 2014, the programme is hoping to support a wide range of projects, including but not limited to the following examples:

Enterprise - Programmes which provide opportunities for young and elderly to understand or develop new enterprise.

Community connections projects which help build communities through provision of group classes, coffee mornings, etc.

Employability - Initiatives which help develop employability skills (CV writing / interview techniques) for those out of work.

Upgrading of local community-based facilities, ie sports centres, community halls, libraries or community cafes/hubs.

Access to facilities - support the young, elderly or disabled groups to help create new facilities, access to, or engagement with support facilities, ie libraries, baking clubs, farmers markets, meals on wheels.

Regeneration of community spaces, ie public parks, garden allotments, etc.

Specialist equipment or help for groups which support young people, elderly, families or disabled groups, ie sports kit for youth centres, yoga instructors for elderly care homes.

To be eligible for nomination, the organisation must:

Be a registered charity, not-for -profit community organisation or group or social enterprise.

Have a bank account.

Be established before I January 2014.

Be based, operate and benefit communities within the UK.

Make local communities better for the people who live and work in them.

The process is straightforward. Lloyds Bank will review the nominees and the groups which are eligible will be invited to apply. Lloyds Bank colleagues will then assess the completed applications and draw up a shortlist which will go to public vote in September and October. The public will decide which good causes will receive an award within each community.

The following are not eligible:

Organisations who received a £3,000 Community Fund award in 2013.

Political charities or projects.

Animal welfare charities and projects where the end beneficiary is an animal.

A grant giving organisation where the funds will be further distributed.

The deadline for nominations is 30 April 2014 (6:00pm).

Full details, including an online nomination form, can be found on the Lloyds Bank Community Fund website

Nominations for Scotland should go through the Bank of Scotland website

Source: Lloyds Bank, 31/04/2014



Click for link to website

#### Save money while you spring clean



Wyre residents looking to get rid of large pieces of household waste can enjoy a springtime offer - four items for the price of three.

Bulky Matters is a service offered through Wyre Council that collects the likes of furniture, soft furnishings, domestic electrical appliances,

bric-a-brac, IT equipment and bicycles from people's homes for recycling or re-use where possible.

Cost is usually £18 for three items (with discounts for certain benefit recipients), but customers can add a fourth item for free during April and May.

Items can be collected from inside your home and evening collections are possible. To arrange a collection contact 01253 891000. Details of what can and can't be removed via

the service are available at wyre.gov.uk/bulkymatters. Bulky Matters is a partnership between the council and the Furniture Matters charity. Items are either recycled or distributed to local re-use organisations and charities or sold at low cost.

Wherever possible landfilling of the items is the last resort – to assist with this, please try and keep the items for collection in your home or under cover to prevent damage.

## **Housing Community Investment Fund**



#### What is the Community Investment Fund?

It is a £1.5 million fund to support projects that will benefit communities in which New Progress Housing Association and New Fylde Housing operate.

They operate in South Ribble, Chorley, Preston, Fylde and Wyre. They also operate in some other parts of Lancashire for further details please contact them

## Examples of the types of projects that the fund would support are:

- Training and skills development
- Encouraging volunteering
- Encouraging involvement in Progress

Housing Group's tenant involvement activities

- Improving the quality of life for residents in a particular area
- · Reducing anti-social behaviour
- Encouraging community involvement in improving the physical environment
- Providing activities for young people
- Promoting energy efficiency
- Offering financial advice and support

Please note that this is not an exhaustive list.

#### Who can apply for funding?

Anyone can make an application for a grant from the Community Investment Fund.

How can I apply for funding?

In order to be considered for grant funding from the Community Investment Fund, an applicant must first complete a project proposal form. This form can be obtained from Customer Services on 01772 450600 or enquiries@progressgroup.org.uk. This form must contain the following information:

- I. A clear project plan, which gives the background to the project, and its aims and objectives.
- 2. The level of grant funding required from the fund, and how this demonstrates good value for money.
- 3. Any other grant funding received.
- 4. The key partners involved in delivering the project.
- 5. The identified outcomes from the project that contribute to one or more of the aims outlined in the Group's Community Investment Strategy or related strategies, such as the Anti-Social Behaviour Strategy. All applications made are considered on a quarterly basis by the Community Investment Panel, which is made up Board members and tenants from both New Progress Housing Association and New Fylde Housing.

All applications must be submitted at least six weeks before the meeting date.

#### How will I find out if my application has been successful?

If the project is supported by the Panel, and the application is approved for grant funding, the applicant will be written to confirming this approval, and monies will be paid to the application within 60 days.

#### Choose well this Easter

Doctors in Fylde and Wyre are urging local residents to plan ahead this Easter.

With minor ailments such as coughs and colds still common during Easter, NHS Fylde and Wyre Clinical Commissioning Group (CCG) are advising people to take a few simple steps to look after their health this month.

By knowing when their GP surgery is open, re-stocking their medicine cabinet and making sure they order any repeat prescriptions they need for themselves and those they look after ahead of Easter, people can ensure they make the most of the holiday weekend.

Dr Tony Naughton, Clinical Chief Officer of NHS Fylde and Wyre CCG, said: "With many GP surgeries across the local area closed for up to four days over the Easter holiday weekend, it's vital to plan ahead and have any medicines you may need during this time available to you."

The four key steps that doctors recommend this Easter are:

I. Know when your GP surgery will be open.

Your local doctor's surgery

may be closed for four days during the Easter weekend, from April 18 to April 21.

2. Use your local pharmacy

Your pharmacist can provide confidential, expert advice and treatment for a range of common illnesses and complaints, without having to wait for a GP appointment or A&E. First to aid for treatments minor accidents such as plasters and antiseptic creams can also be obtained from the pharmacy.

To find your nearest local pharmacy, visit <a href="https://www.nhs.uk/service-search">www.nhs.uk/service-search</a> or text 'pharmacy' to 64746.

To check the Easter opening hours for your local pharmacy in Fylde and Wyre, visit

www.fyldeandwyreccg.nhs.uk.

3. Restock your medicine cabinet

A range of common illnesses and complaints, such as coughs, colds, sore throats, upset stomachs and aches and pains can be treated with a well-stocked medicine cabinet and plenty of rest.

4. Make sure you have enough repeat prescription

If you or someone you care for requires medicines regularly, make sure you order and collect repeat prescriptions in good time to ensure you have enough medicine to last over the holiday period.

If you require help and advice for a non 999 emergency you can also call NHS III. This is a free service, available seven days a week, 24 hours a day. It offers help and advice for when it's not a 999 emergency such as:

- you think you need to go to A&E or need another NHS urgent care service
- · you don't know who to call or you don't have a GP to call
- · you need health information or reassurance about what to do next

A fully trained adviser, supported by experienced nurses and paramedics, will be able to provide any advice you need or direct you to the local service that can best help you.

Please find attached a full list of <u>Pharmacy opening times</u> in Fylde and Wyre.

Fylde and Wyre Clinical Commissioning Group

## Sport England Inspired Facilities Fund Gets £20 Million

Sport England announced earlier this week that there is an additional £20 million of National Lottery money for its £110 million Inspired Facilities fund which will run until 2017.

It has also made the application process easier. Based on feedback from previous applicants, the Inspired Facilities fund is now an open programme which means groups can submit applications as soon as they are ready rather than having to rush to get them in by a specific deadline. Applications are considered twice a year, and there are cut-off dates for each meeting. Currently applications are being accepted for Round 6 which has a closing date of 6 June 2014. These applications will be reviewed in September.

Inspired Facilities provides grants to sports clubs, schools, parish councils and

local authorities to help repair and upgrade sporting venues that are unattractive, expensive to run and difficult to maintain. The funding can also be used to convert existing buildings into venues that are suitable for grassroots sport.

Community and voluntary organisations can apply for grants of between £20,000 and £75,000, with other organisations such as councils and schools able to apply for grants of up to £150,000.

Groups can apply for the funding as long as they can show:

- How their project will keep and, ideally, attract more people to sport.
- Their local community wants and needs the project.
- How the project will cover its running costs and remain open for sporting use for years to come.

Sport England Property Director, Charles Johnston, said:

"Since 2011, Inspired Facilities has invested £71 million of funding into more than 1,300 projects to improve and refurbish sports clubs and transform non-sporting venues into modern grassroots sports facilities.

"Now we're making it even easier for more projects to benefit by keeping the fund open all year round, allowing them to apply at a time that suits them."

The deadline for Round 6 applications is 6 June 2014. Applications will be considered in September 2014.

Further information can be found on the Sport England <u>website</u>

Source: Sport England, 28/03/2014



## Blackpool, Wyre & Fylde Council for Voluntary Service

Registered Address 95 Abingdon Street Blackpool FY1 1PP

Phone: 01253 624505

E-mail: admin@cvsbwf.org.uk

- f Like us on Facebook: <a href="http://facebook.com/cvsblackpoolwyreandfylde">http://facebook.com/cvsblackpoolwyreandfylde</a>
- Follow us on Twitter @cvsbwf

We are a registered charity and work with groups and organisations in the Voluntary, Community and Faith sector helping to ensure Blackpool Wyre and Fylde has thriving, strong communities providing opportunities to build capacity and enhance effectiveness of the sector. Our website contains information about the projects that CVS run and our news pages provide updates on news items, events, funding, jobs etc. We also have a community events diary confirming all the upcoming events across the 3 districts. You can find out more about the history of CVS as well as meeting the staff and trustees and there are also useful links to other local voluntary and community groups. We hope you enjoy the site and find the information useful.

Working with Communities across Blackpool, Wyre & Fylde

