# Winchester Soccer Club

# Sachems FC

2010 Advanced Clinic U9-18



Dates: April 19<sup>th</sup> – April 23, 2010

**Boys & Girls U9 - 12** 

Time: 9:00-11:00am

Location: Mullen Field, Winchester, MA 01890

Cost: 5 days, \$150 3 days, \$110

Please visit the Sachems FC website and make a single payment of \$150 or \$110.

http://www.bluesombrero.com/winchestersoccer.

Bring: A ball & water bottle

Boys & Girls U13 - 18

Date & Time: Monday 4.19.10 12:00-2:00pm Manchester Turf Field, Winchester, MA 01890

Manchester Turf Field Tuesday 4.20.10 12:00-2:00pm Wednesday 4.21.10 Manchester Turf Field 7:00-9:00am Thursday 4.22.10 12:00-2:00pm Manchester Turf Field Friday 4.23.10 7:00-9:00am Manchester Turf Field

Cost: 5 days, \$150

3 days, \$110

Please visit the Sachems FC website and make a single payment of \$150 or \$110.

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Bring: A ball & water bottle

### **Clinic Philosophy**

Player development will occur when technical ability, tactical understanding and physical fitness are trained in a positive, challenging and competitive environment. This clinic has been designed to teach each player how to fully reach his/her potential through a demanding week of functional training exercises that teach individual techniques and tactics. This clinic's objective is to develop players who will respond to the challenges of the game in a confident and creative manner. Each day small sided games will be played to challenge all players in a competitive environment. The small sided game method is used so that each player gets more touches on the ball. This method will enable players to have more time on the ball, to improve their field awareness, to help their decision making and to increase their ability to read the game and anticipate the play.

### David Suvak, Clinic Director

David is entering his fourth season as the Associate Head Men's Soccer coach at Emerson College. He is a graduate of Boston College and holds his USSF "B" coaching license and his NSCAA Advanced Diploma. He is currently the Sachems FC Executive Director of Soccer. He recently coached his G17 team to a 2009 Presidents Cup National Championship and a MAPLE Division 1 Championship. He is a 2009 United States Youth Soccer National Girl's Competitive Coach of the year Finalist. He was 2009 USYSA Region 1 Girl's Competitive Coach of the year. David is a Massachusetts Olympic Development Head Coach for the Boys 13 team. If you should have any questions or need further information; please do not hesitate to email me at dsuvak@suvakdesigns.com

#### **Jared Scarpaci, Clinic Director**

Jared is entering his sixth session as the Head Men's Soccer coach at Emerson College. In 2004 he led the team to the best record in school history (14-6) with a semifinal birth in the GNAC Tournament. The team was also awarded the NSCAA Academic All-American team the last three years. He is a graduate of Clemson University and holds his USSF "B" coaching license and his NSCAA Advanced Diploma. He is currently a social studies teacher at Masconomet Regional High School.

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## Leo Figueiredo, Clinic Director

Leo is currently the Sachems FC Academy Director. He skillfully runs the program as an All-American Soccer Player. Coach Figueiredo moved to the United States from Brazil at the age of 14. He graduated from Somerville High School where he was inducted into the Hall of Fame. From there, he continued his notable soccer career by becoming an All-American Soccer Player at BOTH Massasoit C.C. and Southern Connecticut State College. He went on to play professional soccer with the MISL. He comes to the Sachems FC Academy with an impressive coaching resume --having been an Assistant Coach at Boston College, Coach-Player in the semi-professional league (L.A.S.A.), Reading High School Coach for the 1994 Middlesex League undefeated champions, 15 years of coaching In-town Travel soccer programs, and 10 years coaching in MAPLE

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Home/Business Phone:			
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