

BCM[®]

Baylor College of Medicine

Advances in Clinical Psychiatry 2010



Saturday, October 30, 2010

Onstead Auditorium

The University of Texas MD Anderson Cancer Center

Basic Sciences Research Building

6767 Bertner Avenue, 3rd Floor

Houston, Texas 77030

Presented by
Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine & The Menninger Clinic

Co-Sponsored by
Baylor College of Medicine & The Menninger Clinic

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The University of Texas MD Anderson Cancer Center
Basic Sciences Research Building
6767 Bertner Avenue, 3rd Floor, Houston, Texas 77030
Activity Director: John M. Oldham, MD, MS
Activity Coordinator: David Madrigal, MHA, CCMEP

Statement of Need

Psychiatrists need the latest evidence-based recommendations for clinical decision-making, and practical information for the assessment and treatment of disorders commonly encountered in practice. This is supported by the 2008 Institute of Medicine Report on evidence-based medicine. The report indicates a widening gap between a clinician's cognitive capacity and the number of facts necessary to consider in a single clinical decision. Presentation of advances in knowledge focused on selected high-priority clinical concerns help to address this growing challenge.

Educational Objectives

At the conclusion of the activity, the participant should be able to:

- + Explore a patient's religious beliefs and spiritual values in addressing psychological problems
- + Employ strategies to recognize and treat anxiety, depression, and other psychosocial problems in patients diagnosed with cancer
- + Prescribe appropriate medication and supportive therapy for patients with bipolar disorder, individually tailored for each patient
- + Appropriately apply the proposed DSM-5 evaluation and diagnostic criteria in treating patients with personality disorders
- + Develop skills in the use of cognitive behavior therapy (CBT) for treating patients with anxiety disorders
- + Recognize, diagnose, and provide treatment for patients with post-traumatic stress disorder (PTSD)
- + Identify patients at risk for or involved with stimulant abuse and employ appropriate treatment strategies

Target Audience

This course is designed for specialists in psychiatry. This course may also be of interest to other health professionals.

Educational Methods

Lectures ♦ Syllabus

Evaluation

Evaluation by questionnaire will address program content, presentation, and possible bias.

Accreditation/Credit Designation

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this educational activity for a maximum of 7.0 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

PRESENTERS

Stuart C. Yudofsky, MD

D.C. and Irene Ellwood Professor and Chairman
Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine
Chairman, Department of Psychiatry, The Methodist Hospital

James W. Lomax, II, MD

Karl Menninger Chair for Psychiatric Education & Associate Chairman
Professor of Psychiatry & Director of Educational Programs
Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine
Adjunct Faculty, Institute for Spirituality and Health

Michelle B. Riba, MD, MS

Professor and Associate Chair for Integrated Medical and Psychiatric Services,
University of Michigan Department of Psychiatry
Director, PsychOncology Program
University of Michigan Comprehensive Cancer Center
Associate Director, Michigan Institute for Clinical and Health Research

Sanjay J. Mathew, MD

Director, Mood Disorders Research
Associate Professor of Psychiatry
Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine

John M. Oldham, MD

Senior Vice President and Chief of Staff
The Menninger Clinic
Professor and Executive Vice Chair
Menninger Department of Psychiatry and Behavioral Sciences
Baylor College of Medicine
President, American College of Psychiatrists
President-Elect, American Psychiatric Association

Joyce E. Davidson, MD

Assistant Professor of Psychiatry
Baylor College of Medicine
Staff Psychiatrist, Compass Young Adult Program
The Menninger Clinic

B. Christopher Frueh, PhD

Professor of Psychology and Director of the Division of Social Sciences, University of Hawaii, Hilo
McNair Scholar and Director of Clinical Research, The Menninger Clinic
Adjunct Professor of Psychiatry, Baylor College of Medicine
Adjunct Professor of Psychiatry, Medical University of South Carolina, Charleston

Thomas F. Newton, MD

Professor of Pharmacology
Menninger Department of Psychiatry and Behavioral Sciences
Co-Director, Stimulant Abuse Research Program
Baylor College of Medicine

AGENDA

Saturday, October 30, 2010

- 7:30 AM **Registration and Continental Breakfast**
- 8:00 **Welcome and Introduction**
Stuart C. Yudofsky, MD
- 8:15 **Seeking “Sacred Moments” in Psychotherapy and in Life**
James W. Lomax, II, MD
- 9:15 **Update on PsychOncology**
Michelle B. Riba, MD
- 10:15 **Break**
- 10:45 **Update on Pharmacotherapy in Bipolar Disorder**
Sanjay J. Mathew, MD
- 11:45 **Personality Disorders and DSM-V**
John M. Oldham, MD
- 12:45 PM **Lunch**
- 1:45 **Exposure Therapy for Anxiety Disorders**
Joyce E. Davidson, MD
- 2:45 **Improving Mental Healthcare for Adults with PTSD**
B. Christopher Frueh, PhD
- 3:45 **Advances in the Treatment of Stimulant Dependence**
Thomas F. Newton, MD
- 4:45 **Closing Remarks**
John M. Oldham, MD
- 5:00 **Adjourn**

FEE, REGISTRATION AND CONFIRMATION INFORMATION

Please refer to the registration form for the fee schedule. Your registration will be processed and confirmed upon receipt of payment. If you have not received confirmation at least 5 (five) days before the conference date, contact the Office of Continuing Medical Education (OCME) at 713.798.8237.

If you plan to register on site, contact OCME at least 24 hours in advance of the conference date to confirm space availability. The OCME reserves the right to limit the number of participants. The OCME is not responsible for expenses incurred by individuals whose registrations are not confirmed and for whom space is unavailable.

Continental breakfast, lunch, and course syllabus are included in the registration fee.

REGISTER ONLINE AT BAYLORCME.ORG/CME/1444

CANCELLATION/REFUND POLICY

Requests for registration refunds must be made in writing and received by the Office of Continuing Medical Education (OCME) before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Refunds are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

The OCME reserves the right to cancel activities not less than ten business days before the scheduled date, if extenuating circumstances make cancellation necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, the OCME's liability is limited to the registration fee paid. Note: If payment is made by check, a Social Security number is required to process the refund.

CONFERENCE LOCATION

Onstead Auditorium, The University of Texas MD Anderson Cancer Center Basic Sciences Research Building, 6767 Bertner Avenue, 3rd Floor, Houston, Texas 77030

Parking is "on your own" and available in the McGovern Commons parking garage. The Onstead Auditorium may be accessed from the McGovern Commons through the 1st floor breezeway.

ACCOMMODATIONS

Please arrange accommodations directly with the Marriott Medical Center Hotel. Identify yourself as an attendee of the **Baylor College of Medicine PSYCHIATRY CONFERENCE** when making reservations in order to benefit from the special group rate (\$109 plus tax, single/double). Rooms have been reserved on a space-available basis. Deadline for receiving the special rate is **October 15th, 2010**, unless the room block has been filled by that date. **Reserve your room early.**

Shuttle: The hotel has a complimentary shuttle for transportation to various locations (including Onstead Auditorium). However, arrangements must be made in advance with the front desk for availability and times.

FOR FURTHER INFORMATION CONTACT

Baylor College of Medicine
Office of Continuing Medical Education
One Baylor Plaza, MS: BCM 155
Houston, Texas 77030
Phone: 713.798.8237
Fax: 713.798.7955

**VISIT OUR WEBSITE, BAYLORCME.ORG, FOR INFORMATION ABOUT
OTHER BAYLOR COLLEGE OF MEDICINE CME ACTIVITIES.**

NOTICE

In order to meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine (Baylor) that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

Faculty, topics, program schedule, and credit are subject to change.

Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.

PLANNING COMMITTEE

William P. Gaupp, MBA
Patricia Hoffman
James W. Lomax, II, MD
John M. Oldham, MD, MS
Stuart C. Yudofsky, MD

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FOR OFFICIAL USE ONLY

Check CC Cash

Date:

Amount:

REGISTRATION FORM

Name (last, first, MI)		
Affiliation		
Address		
City	State	Zip
Office Number		
Fax Number		
Email	BCM alum <input type="checkbox"/>	

REGISTRATION FEE (Put an X in the appropriate box below)

Physician	\$350 <input type="checkbox"/>	Nurse	\$250 <input type="checkbox"/>	Other	\$250 <input type="checkbox"/>	Resident*	\$75 <input type="checkbox"/>
Psychologist	\$250 <input type="checkbox"/>	Social Worker	\$250 <input type="checkbox"/>	BCM Faculty*	\$150 <input type="checkbox"/>	Fellow*	\$75 <input type="checkbox"/>
Pharmacist	\$250 <input type="checkbox"/>	Counselor	\$250 <input type="checkbox"/>	Student*	\$75 <input type="checkbox"/>		

*Verification of status must accompany registration form. Fax to 713.798.7955

AMEX__ Discover__ VISA__ MasterCard__

Cr Card # _____

Name on Card _____

Authorized Signature _____

With credit card payment, you may fax completed registration form to 713.798.7955.

If sending a check, return completed registration form and payment to:

Baylor College of Medicine, Office of Continuing Medical Education

P.O. Box 4708, Houston, Texas 77210-4708