

Parents,

If you are interested in your child participating in one of the groups listed below, please fill out the bottom of this form and turn it in at the front office. You will be contacted with additional information before the group's start date.

#### **Bereavement**

This is a group for students coping with the loss of a loved one and/or limitations posed by illness. Students share relevant emotional experiences and learn to recognize, communicate, and value their feelings.

#### **Friendship**

This is a group for students who need help making and maintaining friendships. Students will develop social skills and learn how to relate to others.

#### **Social Skills/Communication**

This group is for students who need specific social skill instruction and learning how to interact with others.

#### **Shining Stars**

This is a group for students who need self-esteem boost. Students are engaged in activities that encourage them to feel good about themselves.

#### **Banana Splits**

This group is for students who are living through family dissolution. Students will have the opportunity to explore and resolve feelings about the separation or divorce of their parents.

#### **Anger Busters**

This group is for students who are having a difficult time controlling their anger. Students will learn different techniques for calming themselves down and releasing their anger.

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Student Name:

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Type of Group \_\_\_\_\_

Parent's Name and Phone Number: \_\_\_\_\_