### **TIGER TIMES NEWSLETTER**

PLEASANT LEA MIDDLE SCHOOL
January 29, 2016 NO. 12

630 SW Persels Rd., Lee's Summit, MO 64081

plms.lsr7.org

### IMPORTANT 2016-2017 9<sup>TH</sup> GRADE ONLINE ENROLLMENT

Online high school enrollment for current 8th graders will be open from February 10th to February 17th. A copy of all enrollment information turned in before will be sent home to use as a reference. Feel free to give Angela Martin, 8th grade counselor, a call if you have any questions.

This is the link for online registration instructions -

https://drive.google.com/a/lsr7.net/file/d/0BwOa2b-gO7BXUmJ3ZkhBTDM1NIJNU2NPWFhNeHg5Um5CZDhR/view?usp=sharing

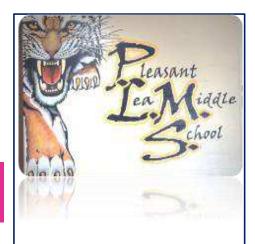
### SAVE THE DATE 2016-2017 9<sup>TH</sup> GRADER PARENT INFORMATION NIGHT



9th grade parent information night is

# February 10<sup>th</sup>

You will receive more information from LSHS soon.



# UPCOMING EVENTS – SCHOOL COUNSELOR'S WEEK

MONDAY, FEBRUARY 1-COLLEGE SHIRT DAY

### TUESDAY, FEBRUARY 2 - MAKING A DIFFERENCE

Wear shirts with inspirational quote

6:30pm 7<sup>th</sup> Grade Choosing the Best Path Parent meeting (see page 2)

WEDNESDAY, FEBRUARY 3 – DRESS TO IMPRESS

Dress up

### THURSDAY, FEBRUARY 4 – RANDOM ACTS OF KINDNESS

Wear hearts or red and be intentional about doing something nice for another

#### FRIDAY, FEBRUARY 5 – ATTITUDE OF GRADITITUDE

Wear black and gold – post something you're are grateful on social media

4:45 - ALL MIDDLE SCHOOL DODGEBALL TOURNAMENT AT BERNARD CAMPBELL

TIGER TIMES - PLMS NEWSLETTER

Page 1 of 4

## 7<sup>TH</sup> GRADE PARENT OVERVIEW OF "CHOOSING THE BEST PATH" FEBRUARY 2 6:30PM-8:00PM AT SLC

Annually, the Lee's Summit R-7 School District presents a Human Growth and Development Unit for seventh grade students. Health classes will be using abstinence-based curriculum materials from the "Choosing the Best Path" curriculum. Due to the sensitivity of the subject matter, boys and girls will meet separately for portions of this unit.

We feel a shared responsibility with the parents and the community to disseminate information that will assist students in making intelligent and informed decisions concerning their health, safety, and wellbeing. To better support your understanding of the curriculum, we have scheduled informational parent meetings to allow you to obtain an overview of the videos/student workbook from the "Choosing the Best Path" curriculum. For parents of students taking Health second semester, the meeting will be held on Tuesday, February 2 from 6:30 -8:00 PM. Parents need only attend one meeting. The meetings will be held at in the Boardroom of the Stansberry Leadership Center located at 301 NE Tudor, Lee's Summit, MO 64086. If you prefer that your child opt out of the "Choosing the Best" portion of the curriculum or you prefer that your child not receive instruction during the Human Growth and Development or AIDS unit, including videos, please provide a written notice to Mr. Reece or Mr. Wolverton.



#### PLMS TIGERS FOR HEARTS K<sub>5</sub> RUN/WALK

May 7 at 8:00 am at Unity Village

- Kids Dash event after the 5K
- \* "Sleeping Hearts" option: Sleep in but still support PLMS
- $^{\ensuremath{\mathcal{F}}}$  BONUS overall female and male runner will received our TOP Award
- Food trucks available with refreshments to purchase
- Glitter tattoos for the kids
- Our very own PLMS mascot, Strutter, will entertain!

  Signing up is easy, just click the link below to complete your journey.

https://trws.afterhoursathlete.net/EventRegister?id=4110

\$25 before March 18th

\$30 March 18th-May 4th

\$35 May 7th, Day of the Race

A portion of the proceeds from this event will benefit the Emma Marie Aronson Foundation to assist families with early detection heart screenings for children. Funds will also be used to support our PLMS Tiger's Backpack Program, field trip scholarship assistance and other student programs.

\*Let's TIGER UP and ma

Make this the best fundraising event ever for PLMS!!

TIGER TIMES – PLMS NEWSLETTER

Page 2 of 4



# **PARENTING**

With LOVE AND LOGIC®

PRESENTED BY LEE'S SUMMIT CARES

When parenting youth, the focus is often on the early years. However; as youth transition through adolescents to adulthood their parental needs change. Wise parents learn how to adapt their parenting approach to guide their teens toward a successful future. Join us and learn effective ways to communicate with your teen, set limits you can enforce, increase school motivation and much more!

Parenting the Love and Logic Way

(A special offering for parents of youth 11 to 18 years of age)

Pleasant Lea Middle School

630 SW Persels

Tuesdays, February 16 through March 15

6:30 to 8:00 pm

The cost for the class is \$42 per person. Previous participants may return to this class at no cost. Scholarships are available to residents who live within the Lee's Summit R-7 school district boundaries. Please contact Bev at ReDiscover at, 816.347.3259 or visit, www.LSCARES.Org for more information.

February 2016   Teen		***Please register by Feb. 15 ***		
NAME:		PHONE:		
MAILING OR EMAIL ADDRE	ESS:			
PAYMENT METHOD:	CASH	CHECK	CREDIT CARD	SCHOLARSHIP
CREDIT CARD NUMBER:_			EXPIRATION:	
SIGNATURE:		IF CH	IARGING, PROVIDE CO	OMPLETE ADDRESS

PLEASE MAIL COMPLETED FORM TO:

ReDiscover c/o Bev Hatley | 901 NE Independence Ave | Lee's Summit, MO 64086



Lee's Summit CARES has offered the Becoming a Love and Logic Parent program for 17 years through a collaborative relationship with ReDiscover and the Lee's Summit R-7 School District. United Way of Greater Kansas City and the city of Lee's Summit assist with funding and program scholarships.

### 2016-2017 CHEERLEADER TRYOUTS

Any 7th Grade girl interested in trying out for the PLMS Cheerleading squad for the 2016-17 school year should see Coaches Stanley or Zornes. We have tryout forms available and would love to have you! There is no specific skill required, just a great attitude and a general aptitude for dance and cheer. We will hold clinics Tuesday, February 16th through Thursday, February 18th with a general tryout on Friday, February 19th. Come show us your Tiger Spirit!

#### TIGER WINTER WORKOUTS AVAILABLE TO ALL STUDENTS

Do you want to get faster and stronger for an upcoming sport season or just get in better shape? Join us for a workout before school 6:30 am to 7:20 am or after school 3:00 pm to 3:50 pm

<u>Before school workouts</u> will focus on running mechanics, acceleration, flexibility, agility, and overall speed development

<u>After school workouts</u> will focus on some speed dynamics, strength, flexibility, and conditioning.

STUDENTS MUST HAVE A CURRENT SPORTS PHYSICAL CLEARED THROUGH THE STAD OFFICE.

If you have questions, email Coach Oswald at <a href="joe.oswald@lsr7.net">joe.oswald@lsr7.net</a>.

#### **BEFORE SCHOOL (TUESDAY AND FRIDAY)**

JAN. 22, 26, 29, FEB. 2, 5, 9,16, AND 19

#### AFTER SCHOOL (MONDAY AND THURSDAY)

JAN. 21, 25, 28, FEB. 1, 4, 8, 11 AND 18