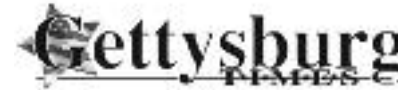


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25th anniversary 5K

annual spirit of GETTYSBURG

eliminating racism
empowering women **ywca**

June 20, 2015

YWCA Gettysburg & Adams County
909 Fairfield Road
Gettysburg, PA 17325
www.ywcagettsburg.org

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Schedule

Friday, June 19
Noon - 7 p.m. Registration, packet pick-up (YW gym)

Saturday, June 20
6 a.m. Registration (YWCA Gym) and vendor booths.
Chip pick-up (in front of YWCA)
7:50 a.m. 5K Wheelchair Race start
8 a.m. 5K Run start
9 a.m. 1-mile Fun Run/Fitness Walk (ages 13+)
9:20 a.m. Kids' 1/4 Mile Sprint (ages 4-12)
9:30 a.m. Mini Trot (Ages 4 and under)

Registration, Packet Pick-up and Chip Pick-up

To avoid race day delays, runners should register in advance and pick up race packets on Friday, June 19. Packets cannot be mailed. **Chip pick-up is in front of the YWCA on Saturday, June 20.** NO REFUNDS.

Course

The 5K course passes the famous Eternal Light Peace Memorial. Walkers are welcome; there is a 50-minute time limit. Baby joggers are permitted at the rear of the pack. The kids' races and 1-mile Fun Run will begin on Springs Avenue Extended promptly at the times listed above. Please meet 10 minutes prior to the start.

Restrictions: For safety and liability insurance requirements, unauthorized vehicles, bicycles, skateboards, and roller and inline skates are prohibited on the 5K course.



Awards

You must be present to receive an award. Unclaimed awards will be forfeited.

- 1st Place Overall Female & Male**
\$250 prize money and race commemoration
- 2nd Place Overall Female & Male**
\$125 prize money and race commemoration
- 3rd Place Overall Female & Male**
\$100 prize money and race commemoration
- 4th Place Overall Female & Male**
\$75 prize money and race commemoration
- 5th Place Overall Female & Male**
\$50 prize money and race commemoration

Wheelchair Division

1st and 2nd Overall: race commemoration

5K Age Group Awards

Presented to the top women and men in the following age groups (1st, 2nd and 3rd place). Awards may be added depending upon number of entries in age group.

10 & under	30-34	55-59
11-14	35-39	60-64
15-18	40-44	65-69
19-24	45-49	70+
25-29	50-54	

Other Prizes (Must be pre-registered)

• Door prizes will be posted during the race announcements. Winners must be present to collect prizes; prizes and awards will not be mailed.

The awards ceremony will follow the Kids' Sprint events. No duplication of awards.

Additional Information

For additional information about the race and to see race maps, visit ywcagettsburg.org, call 717-334-9171, ext. 116 or email ahayes@ywcagettsburg.org.

Photography

Cox Sports Photos at coxsportsphotos.com

Online Registration Option

Runners can register online at active.com.

Chip Timing System

Runner's High will score the race with the ChampionChip Timing System. Timing chips are issued on Saturday. Chips are attached to the runner's shoe lace and worn throughout the race. Chips must be returned at the finish line. There is a \$35 fee per lost chip. Runners providing their own chip must list their chip number on their application.

Send form with payment to the YWCA Gettysburg & Adams County, Spirit of Gettysburg, 909 Fairfield Road, Gettysburg, PA 17325.

ONE APPLICATION PER PERSON, PER EVENT. Additional applications available at ywcagettsburg.org

Name _____

Address _____ City _____

State _____ ZIP _____ Phone _____ - _____ - _____

E-mail _____

Age on race day ____ DOB (Required) ____/____/____ Gender Male Female

Race Fees

Hi-tech wicking shirts are only guaranteed until June 1. 100% cotton shirts will be available on a first-come, first-serve basis for those who register after June 1.

5K Run/Walk

\$25 \$ _____

\$30 (race day)

Circle T-shirt Size: S M L XL

5K Wheelchair

\$25 \$ _____

\$30 (race day)

Circle T-shirt Size: S M L XL

1-Mile Fun Run/Fitness Walk (13 years +) \$ _____

\$15

\$20 (race day)

Circle T-shirt Size: S M L XL

Kids' events(12 and under) (Circle one):

1/4-mile Kids' Sprint or Mini Trot

\$7 \$ _____

\$10 (race day)

Circle Youth T-shirt size: S (6-8) M (10-12) L (14-16) XL (18-20)

Extra Shirts (must be ordered by May 20) \$ _____

Adult Wicking T-shirt - \$15
Quantity and size: S__ M__ L__ XL__

Youth 50/50 T-shirt - \$6
Quantity and size: S__ M__ L__ XL__

Childcare for children under 10, from 7 - 10 a.m.

Must register by June 17

Number of children requiring care ____ x\$2 = \$ _____

Names/Ages _____

YWCA Run Series

Those who run in the YWCA's Race Against Racism on April 25, the Spirit of Gettysburg and the Encore Breast Cancer Awareness 5K on Oct. 10 will receive a free t-shirt with logos from all three races acknowledging that you completed the YWCA Run Series.

Encore 5K (Oct. 10) \$25 \$ _____
Circle T-shirt Size: S M L XL

Total enclosed \$ _____

Contributions

Proceeds from the Spirit of Gettysburg 5K benefit the community-based programs and services provided year-round by the YWCA Gettysburg & Adams County.

I would like to make a donation to the YWCA \$ _____

Payment

Check Mastercard/VISA/Discover (check one)

Card # _____

Exp. Date _____

Waiver

By electing to participate in the programs or activities sponsored by or at the YWCA Gettysburg & Adams County, I do voluntarily, and with full knowledge, assume any and all risks of harm or injury to my person, my property, my health and my well-being which may result from such participation. I further agree to release, indemnify and hold harmless the YWCA Gettysburg & Adams County, its staff, employees and agents for any and all claims and demands for damages resulting from my, or my child's, participation in said programs or activities.

I HAVE READ THE ABOVE WAIVER AND RELEASE. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING BELOW. I HAVE SIGNED THIS RELEASE VOLUNTARILY.

Signature _____ Date _____