

# Volunteer Voices

2312 Alexandria Drive  
Lexington, KY 40504

Spring 2008

## And the Survey Says...

Hospice would like to thank the volunteers who completed the annual Volunteer Satisfaction Survey. This survey allows us to gather important information that will help us shape the hospice volunteer program and better serve our volunteers. We are always looking for new ideas and welcome suggestions for improving our program. This year an impressive 228 surveys were returned with strong representation from all Hospice sites. So what did we learn?

- 96 % of Hospice volunteers agree/strongly agree that volunteering at hospice allows them to use their talents and skills!
- 100 % of volunteers answered that they feel the staff respect them, the volunteer, as an important member of the team.
- 100 % of volunteers answered that they are proud to tell their family and friends that they volunteer with hospice.
- 100 % of volunteers would recommend volunteering at hospice to their family and friends.

### Where did we improve?

Survey results showed the volunteer program improved in the following areas:

- Training and preparation.

- Communication regarding volunteer assignments.
- Quality of continuing education opportunities.

So what do our volunteers really think? Below are some common answers to the survey's open ended questions.

### What is the one best thing about being a hospice volunteer?

- Helping others.
- Just knowing that families benefit from my volunteering.
- Good feelings when you can brighten another's day.
- Knowing you make a difference.
- Being able to give some much needed relief to the families.
- Just seeing the look of family faces when you walk through the door.
- Appreciated by all employees.
- I feel like I make a difference.
- It allows me the opportunity to grow as a person.

### What types of educational offerings would help you in your volunteer efforts with us?

- Activities to use with Alzheimer's patients.
- Elderly care abuse.

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## 2007 Volunteer Stats!

The numbers are in and we are proud to give a great big *Thank You* to the over 600 volunteers in 2007 who gave their time and their hearts to hospice. Hospice volunteers performed over 36,000 hours of service, providing support both directly and indirectly to our patients and families.

Together hospice volunteers were able to make over 7000 visits to our patients, providing companionship, respite care, and transportation. Just as remarkable, hospice volunteers provided over 3500 hours of administrative support to our staff.

We look forward to working with each of you in 2008 and once again thank you for playing such a significant role in the important work of Hospice.

### More stats:

#### Donated Hours by Service:

- 11<sup>th</sup> Hour Program- 400 Hours
- Massage Therapist- 175 Hours
- Hospice Thrift Store (Hazard) - 2000 Hours
- Therapeutic Musicians -120 Hours
- Meals- 850 Hours
- Fundraising- 1500 Hours
- Pet Therapy/Friendship- 175 Hours

*Volunteers provided a cost savings in excess of \$600,000 in 2007!*

## Volunteers Needed for Bereavement Camps and Retreats

*A fantastic opportunity to make a positive difference in the lives of grieving children and teens!*

Each year Hospice of the Bluegrass offers several bereavement camps and one-day retreats for children who have experienced the death of a significant person in their life. Grieving children and teens often feel very alone because most of their friends do not understand how it feels when someone special dies. Hospice's grief camps give children and teens the opportunity to meet others who have also lost a loved one and provide them with a safe place where they can express their grief.

The three camps most in need of volunteers are:

**Great Escape – A Family Camp: June 6 - 8** (Located at Camp KYSOC in Carrollton, KY). This is the third year for the HOB Family Camp weekend which is for parents/guardians and children who have experienced a death in the family. Opportunities are provided for both adults and children to explore their grief while participating in recreational activities including swimming, climbing a tower to go down a zip line, and roasting marshmallows over a campfire.

**Camp ECHO: September 19 - 21** (Located at the 4-H Camp in Carlisle). Camp Echo is a weekend experience for children ages 6 to 12 who have experienced the death of a significant person in their lives. This is HOB's first and oldest bereavement camp with many well-known traditions.

### Did you know?

According to a 2005 study conducted by the Corporation for National and Community Service an estimated 15.5 million youth (ages 12-18) participate in volunteer activities, contributing more than 1.3 billion hours of community service each year. These youth are commonly referred to as volunTEENS. This remarkable number indicates that more and more community serving organizations are experiencing first hand the advantages to having teen involvement in their programs. Hospice of the Bluegrass is one of these organizations. Hospice recognizes the skills and talents of the younger members of our community and believes that our patients, families, and staff can benefit from the gifts that teens can bring to the organization. Whether it's through providing companionship to a patient in one of our inpatient units, making goodies for a family in our bereavement program, or helping out with special events and office work, teen volunteers bring about fresh faces and ideas that are sure to make a positive difference.

**Camp HOPE: Sept. 26 - 28** (Located at Camp Bethel, in Breathitt County). A weekend camp for children ages 6 to 12 that have experienced the death of a loved one. Mountain Community and Mountain Heritage co-sponsor this camp held in a scenic, fall leaf-viewing area of the state that presents great hiking and photo opportunities.

The volunteer roles vary with each camp. Opportunities include: camper buddy, floater, child care, facility set up, group leader, drama coordinator, storyteller, photographer, recreation leader, transportation (bus rider), and general support. Prior to each camp a specialized training session on working with grieving children and families will be required to ensure that all volunteers have the knowledge they will need to feel well prepared and comfortable in their role as a camp volunteer. *If you can not attend camp but would like to help with camp preparation, or if you have a favorite camp activity you'd like to share (camp songs, games, activities) that could be incorporated into grief and loss programming, we'd love to hear from you!*

For more information please contact your Coordinator of Volunteer Services or visit our website to download a Camp Volunteer Application.

Not only will teen involvement help Hospice provide quality services to Hospice clients, but teens themselves will also get many rewards from being involved. Some of these benefits include; meeting other teens who share common interests, learning new skills, learning responsibility, and learning about the value in helping others. It is also a great opportunity for those needing to fulfill school service hour requirements.

*Teens follow in a family members footsteps...*

Interestingly, the study (titled the *Youth Volunteering and Civic Engagement Survey*), also showed that a youth from a family where one parent is a volunteer is almost twice as likely to volunteer than as a youth with no family members who volunteer. So if you are a parent, grandparent, aunt, uncle, or sibling who wants to share the benefits of volunteering for Hospice with the teen in your life- contact the Coordinator of Volunteer Services at the site nearest you to find out how to get started!

## Volunteer Highlights: Karen Bear



*Karen Bear*

Karen Bear has been a volunteer with the Cynthiana Office since January of 2002. She is a Therapeutic Musician and uses her singing talents to brighten patients and families in

Harrison, Scott, Bourbon, & Nicholas Counties.

Karen and her husband Avi moved to Cynthiana from Cincinnati in 1996. They are co owners of Avi's Oven Art that serves gourmet desserts to city restaurants as well as Cynthiana. Both have been great supporters of fundraising efforts by Hospice in this area.

Karen has a degree in Voice performance and Music Education and taught music for 20 years before retiring to the "country". She sings professionally with the Cincinnati May Festival Chorus which is with the Cincinnati Symphony Orchestra. She has been involved with this orchestra for the past 18 years and continues with this love.

Since joining the Hospice of the Bluegrass volunteer program she regularly shares her musical talents with patients and families. She brings the human voice to patients and families during a difficult time in their lives. Many of our patients will sing along if able or listen to hymns, happy music, or special requests which helps soothe all who hear. Most of the music will conjure up memories for all that are blessed with her vocal talents and interaction with all she visits.

Hospice is privileged to have Karen as a Music Therapist and use her many talents. Thank you Karen for all you do!

## Stitching Groups

Volunteering with Hospice does not always mean going into a person's home. Many volunteers can volunteer their time and talents without leaving the confines of their own home.

Cynthiana Office is honored to have several women who use their sewing talents to improve the quality of life of patients and families.

Inez Burgan, Julie Edwards, Charlene Dawson, and Gaye Marsh all are stitchers in the Cynthiana Office. Memory bears, pillows of all shape and sizes, and bibs are just a few of the items that families can use. All of these women can make these items within a few hours and always keep our office in supply of the much needed items.

Many thanks, from our staff in the Cynthiana Office, for all of the time and effort put into helping our patients and their families!



*Bears and pillows made by Cynthiana Stitching Group*

### Welcome New Volunteers

Janet Crooks  
David Foster  
Robin Gray  
Dottie Spears

Willene Thomas  
Michael Vaughn  
Linda Wells

## Volunteer Highlights:

### 11<sup>th</sup> Hour Volunteers

I would like to give a big thanks to all of our **11<sup>th</sup> Hour volunteers**. Many hours are spent sitting at patients' bedsides while they are actively dying. Our 11<sup>th</sup> Hour volunteers go out at all hours of the night and do so, so willingly. These volunteers really do give it their ALL!! Hope Barrett, Jerry Bennett, Linda Blair, Valerie Brock, Shirley Bubany, Brenda Bush, Marlene Castle, Maggie Friel, Kathy Kimbel, Barbara Koos, Sue Kurtz, Doug Luscher, Judy McDonald, Henry and Dorothy Meier, Opal Phillips, Shelba Risner, Wayne Rucker, Floyd Scott, Pat Settlemyre, Leslie Shane, Alice Shryock, Ginny Smith, Elizabeth Taylor, and Susan Taylor. Staff, patients and families want you to know how much you make a difference!

#### Welcome New Volunteers

Betty Bosworth  
Roger Futrell  
Erin Schaffner

Mie Sloan  
Diane Simmons

## HOB -- Jessamine County Community Library

Hospice of the Bluegrass, Jessamine County library is getting a 'face lift'. Community Liaison, Michele Heim in collaboration with Susan Byers, Hospice Librarian, have been working hard to update the library with new materials and resources. Anyone seeking information on grief, care giving, palliative care, death, dying, spirituality and other related issues can visit the library and review a large selection of books, audio material and tapes. A wide selection of informational brochures is also available. All materials are available for check-out. The library is open to all Hospice patients and families as well as the general community. Hours of operation are Monday - Friday from 8:30 a.m. - 5:00 p.m. Volunteers are also needed to assist with library operations. Library volunteers can work a flexible schedule and are asked to work a minimum of one hour a week.

#### Welcome New Volunteers

Kathy Ellis

Betty Hamilton

## Holiday Babies

Opal Phillips, one of our most dedicated volunteers of 6 years, became a grandmother on February 14, 2008. Yes, Cassidy Rose Phillips is a **VALENTINES BABY**. Cassidy was born at 4:20pm weighing 7lbs 7oz and 18 inches long. Opal is a very proud grandmother! Although this is Opal's first biological grandbaby, she is no stranger to the spoiling and sending grandbabies home to mama and daddy. Opal has 3 more grandchildren that came into her life when her son married their mother and loves them all so very much. Congratulations Opal on your new grandbaby!

Carla Johnson, one of our dedicated office volunteers, became a grandmother AGAIN on December 31, 2007. A **New Years Eve Baby!** Aiden Kelly Johnson weighed 8lbs 9oz. Carla has 3 other grandchildren and loves them all very much. Congratulations Carla on your new grandbaby!



*Ronda May, Volunteer Program Assistant, looks over some of the many community resources that are available.*

## Current Needs

Jessamine County is currently in need of volunteer men and women interested in providing in-home companionship and respite care for our patients and families living in Jessamine County. There is also a need for volunteers interested in providing companionship and support to Jessamine County bereavement clients.



## The Hospice Library: A Wonderful Resource for Volunteers

*Susan Byers, Hospice Librarian*

The hospice library is a unique resource, with books, professional journals, audiovisual material, CDs, pamphlets, and two computers for Internet access, for volunteers as well as staff, hospice families and the community. Located in Lexington in the Center for Grief Education, the library is open to the public 9 a.m. – 5 p.m. Monday through Friday. It is often used by students, school counselors, and nurses as well as by hospice staff and families coping with terminal illness or the death of a loved one. The words, images and music found in the library can speak to the mind and the soul to inform and provide a measure of comfort and hope.

Care is taken to choose quality materials that reflect a variety of perspectives on the universal experience of loss and grief. Many points of view are represented and offered in a variety of formats.

From clinical discussions on symptom management, to poetry and inspirational stories of struggle and courage, to basic “no nonsense” strategies for surviving difficult days, the collection includes resources

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*Hospice librarian Susan Byers (left), with volunteer Carolne Simmons*

## Hospice Volunteers Recognized

Hospice of the Bluegrass volunteers have been nominated for several awards in 2008.

**Carol Porter** is nominated for the United Way 2008 Central Kentucky Volunteer Awards. Hospice volunteer Jody Lambert nominated Carol not only for her work with hospice patients and families but for her other work in the community.

**Greg Powell** is nominated for both the 2008 United Way Central Kentucky Volunteer Awards and the National Hospice Volunteer Award. Greg has been steadfast in his support of our grief camps and he

played an instrumental role in the work of the 5191 Memorial Committee.

**Barbara Call** is a nominee for the 2008 Governor’s Award for her work with hospice patients and their families. Barbara provides a variety of services for our patients including but not limited to companionship, transportation and pet therapy.

Like all of our volunteers, these individuals are a gift to our patients and families, good ambassadors for hospice care in general, and friendly neighbors to the community as a whole.

### Welcome New Volunteers

Elizabeth Billhymer  
Cynthia Cinquina  
Laura Damron  
Patricia Elswick  
Shalena Gilliam  
Amber Goodlett  
Glenn Parks  
Liz Radcliff  
Sue Ramsay  
Stephanie Sherman  
Jacob Sither  
Cynthia Smith  
Catherine Trout

### Get back to volunteering

If you have not volunteered in a while or you are not sure where you fit in, please let me know (Turner West 859.276.5344 or [twest@hospicebg.org](mailto:twest@hospicebg.org)). There are opportunities for companionship, respite care, life review, administrative work and work in nursing homes and the Hospice Care Center. Currently we are looking at increasing the volunteer presence at the Hospice Care Center.

Volunteers are needed to bake cookies, visit patients and help with administrative duties.

### New 24 hour number:

Hospice of the Bluegrass, Lexington office, has a new 24-hour-number. If you are with a patient on the evening or weekend and need to reach a hospice staff member, please call (859) 276-7580. The 335 number is still functional but we prefer you use the new number.

## Veteran Volunteer Tells All



Betty Warren

In May, Betty Warren will celebrate her tenth anniversary as a Hospice volunteer. When asked about her length of service, she responds by saying “time gets away from me.” But don’t let her modest reply trick you into believing that she has been idle for the last ten years.

Betty has served as a companion to patients in the nursing home. She is currently helping the caring quilters group who stitch lap quilts for patients. She also works on fundraising projects and is a member of the development council. Betty is a valued member of the Advisory Board as well.

We asked Betty to share with us what it is that has kept her volunteering at Hospice of the Bluegrass, Mountain Community. Her response: “Volunteering provides a wonderful sense of helping someone, even if it is in a minute way.” She goes on to describe it as “finding a new friend – someone who needs you.”

As Betty recalls some past and emotionally taxing assignments she encourages others to try something new, she says that there are so many avenues that a person can serve in. She states “everybody has a talent and in hospice care there is a need for that talent.” Betty says she is “thankful to serve in any capacity.”

Betty, we take this opportunity to say thanks for all you do!



*Back Row L – R: Charlotte Ditty and Janet Hounshell.  
Front Row L-R: Velma Sparkman, Vivian Niece, Wanda  
Armstrong and Goldie Strong*

## Quilters Warm Things Up!

The Caring Quilters are a group of volunteers who spend their time sewing lap quilts for our patients. They work diligently all through the year and in December 2007 they donated these works of art to be distributed to patients. We took these lovely quilts to the homes of 13 patients in Breathitt County.

We collected the stories and pictures of the recipients of these quilts and shared the information with the group who worked with such dedication to finish these quilts.

Thanks Caring Quilters for blanketing our patients with physical and emotional warmth!

### Welcome New Volunteers

Wanda Collier

Diane Watts

## Harlan Happenings

2008 looks to be a promising year for Hospice of the Bluegrass-Mountain Heritage. We have set a goal to double our volunteer pool and so far this year we have trained 5 new volunteers. Last year we took a big stride in improving our volunteer program and this year we hope to do even better as we hope to offer some new volunteer opportunities in our office. In 2007 we started a music program having volunteers go out and perform for patients and with the four members we have in this group we have been able to provide a viable service that helps lift the spirits of our patients and their families. We are hoping to

get some volunteers and pets involved so look for that information in a later issue of volunteer voices. As an agency we are trying to expand our teen program and I look forward to getting more involved with the schools not only with teenagers, but with children of all ages on some level.

As we need to always place importance on our already established programs (especially home and nursing visits) we don't like to restrict our volunteer opportunities so if there is something that you think could benefit our patients be sure to tell us about it and maybe it could become a new volunteer service.

## Volunteer Highlights: Burchell and Annetta Napier

What a team! Although volunteers Burchell and Annetta Napier are new to hospice, they have made a huge impact on our program in Harlan. Burchell is a retired U.S. Army Command Sergeant's Major so I'm confident that he will never face a situation or problem that he can't handle. Annetta is just as poised and prepared, I imagine being the wife of a military man also prepared her for anything. They came to Hospice of the Bluegrass on the basis that they felt like it was the right thing for them to do and their religious beliefs played a big part in that, which is probably why they are such good volunteers. They are doing it for all the right reasons. You can tell the patient and the family are their number one priority.

With one patient in particular they covered several duties as volunteers. Not only did they visit with the patient and family frequently, they ran errands and yard work on a regular basis. This isn't the only time they have gone above and beyond but it is one that sticks out.

They are always very willing to take on whatever is asked of them and are very compassionate when dealing with a patient and their family. You may never meet two other people who like to be more prepared than they do. I guess that also comes along with the military background. When they accept a patient assignment they want to get every bit of information they can get, so they can deliver the highest quality care possible. They don't just send in volunteer notes they call in with concerns and to give updates on what is going on. Burchell and Annetta Napier are truly two of a kind!



*Annetta Napier*



*Burchell Napier*

### Welcome New Volunteers

Mikey Clem  
Shannon Jackson

Karen Quillen  
April Simpson

## Volunteer Highlights: Linda Wood

Linda Wood joined Hospice of the Bluegrass – Northern Kentucky in June of 2007, and has been a steady and constant presence at the Hospice Care Center at St. Luke East in Ft. Thomas, KY ever since. Linda comes every week, without fail, and fills in wherever she is needed. She's answered phones, sat with patients, put together admission packets, visited with families, and utilized the Cheer Cart, just to name a few of her many activities!



*Linda Wood "at work"  
at the Care Center*

Services, recalls a time when she called Linda with an emergency request for a pediatric patient. "Linda went immediately, even though it was some distance to drive. The family actually cancelled the request after Linda was on her way! Linda took the news with ease, and said if the family needed anything else, she was available. To me, this is just one example of how Linda is an asset to this organization."

Fran Wetterich, Nursing Supervisor at the Hospice Care Center, had this to say about Linda. "She's one of the best volunteers we've ever had. She's reliable, and dependable."

In addition, Linda is always there when you call her with an emergency request. She is willing to give all she can, and it's greatly appreciated. Carolyn Condren, Coordinator of Volunteer

Linda has been at the Care Center on slow days, busy days, and Joint Commission days. She always comes with a smile on her face and with the mission of Hospice of the Bluegrass in her heart. Fran Wetterich pointed out that Linda's presence brightens everyone's day. "The Hospice Care Center looks forward to her visits. She is helpful to staff, patients and families."

## Ways You Can Help

We are looking for an office volunteer for the Florence location to work on copying, mailings, and other administrative duties.

We are looking for a weekend volunteer to answer phones at the Hospice Care Center in St. Luke East, Ft. Thomas. This could be Saturday or Sunday morning. Training will be provided.

Family Camp is coming to Northern Kentucky! This is a bereavement camp for families to come and grieve together, as well as engage in age-appropriate activities. Camp will be the weekend

of June 6 -8 at Camp KYSOC in Carrollton, KY. Volunteers are greatly needed to assist before and during camp. There will be additional interviews and training for those volunteers who wish to attend camp. Volunteers and staff will be arriving on Friday evening, with families arriving on Saturday.

If you or anyone you know would be interested in volunteering in any of these capacities, please call Carolyn Condren at (859) 441-6332 or email her at [ccondren@hospicebg.org](mailto:ccondren@hospicebg.org).

## Volunteer Happenings

Are you over 50? Are you looking to meet other volunteers in the area? Look no further than RSVP! The Retired and Senior Volunteer Program is always looking for new volunteers. You can continue to volunteer with Hospice of the Bluegrass, but enjoy a recognition luncheon and other perks through RSVP! If you're interested, you can contact Nina Prysock, RSVP Coordinator, at 859-491-8303, extension 2336.

### Welcome New Volunteers

Heidi Brown and Jojo, Pet Therapy  
Susan Gladson



# continued from...

## Survey from page 1

- Refresher course for seasoned volunteers.
- Medical and Spiritual topics.
- Activities to do with 'able' patients.

## Additional Comments:

- I love my Hospice volunteer work- it's a spiritual part of my life and an extension of my faith.
- The Hospice staff provides a wonderful service to our community. I am very glad and humbled to be a very small part of what they do for their patients and families.
- Hospice is the most rewarding experience in helping others.
- Sometimes I wonder if my visits help, feedback would be helpful.
- I am proud to be a volunteer with HOB.

Thank you to everyone who took the time to complete this survey! We look forward to reviewing your suggestions and comments and will use them as we continue to improve and expand our volunteer program. Please keep in mind that you do not have to wait until survey time to share your ideas with your Coordinator of Volunteer Services. Volunteer involvement and input is desired in all aspects of the volunteer program and is welcomed throughout the year!

*Complete survey results are available to all volunteers. If you would like more information please contact Amanda Hope, Director of Volunteer Services at 859-887-2696 or email [ahope@hospicebg.org](mailto:ahope@hospicebg.org)*

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## lexington

## Library from page 5

to address the interests and needs of people of all ages. The library is staffed by Susan Byars, a medical librarian and hospice volunteers, Caroline Simmons, Bessie McCord, Samye Stith and Jill Shafer.

Hospice also maintains reference collections in each of our offices. If you are interested in using resources or in helping with the library in the office serving your area, contact your Hospice Community Resource Coordinator.

Below are a few books which volunteers will find interesting:

Canfield, Jack. *Chicken Soup for the Volunteer's Soul: Stories to Celebrate the Spirit of Courage, Caring and Community*. Deerfield Beach, FL: Health Communications, 2002.

Hospice Foundation of America. *The Dying Process: A Guide for Caregivers*. Washington, D C: Hospice Foundation of America, 2005.

Kisslinger, Susan. *So Many Faces of Love: True Stories and Thoughtful Reflections of Hospice Volunteers, Nurses, and Family Members*. Portsmouth, N.H: So Many Voices Press, 1998.

Olson, Sharon. *Your Gift: An Educational, Spiritual, and Personal Resource for Hospice Volunteers*. Grand Rapids, MI: Michigan Hospice Organization, 1987.

Ray, M. Catherine *I'm Here to Help: A Hospice Worker's Guide to Communicating With Dying People and Their Loved Ones*. Mound, MN: Hospice Handouts, 1992.

Rosen, Elliott J. *Families Facing Death: A Guide for Health Care Professionals and Volunteers*. San Francisco: Jossey-Bass, 2001.

Shore, Bill. *The Cathedral Within: Transforming Your Life by Giving Something Back*. New York: Random House, 2001.

# community events and support

## cynthiana

Contact Kelly Kendall (859) 234-6462 or  
(800) 756-6005; [kkendall@hospicebg.org](mailto:kkendall@hospicebg.org)

**6<sup>th</sup> Annual “CHURCH ON CHURCH”** – Saturday, October 25, LeBus Tobacco Warehouse 7:00pm to midnight. Music by The Jimmy Church Band, dinner, live and silent auctions. The cost is \$60.00 per person, tables and sponsorship opportunities are available.

## frankfort

Contact Shellie Brown (502) 223-1744 or  
(800) 926-1302; [sbrown@hospicebg.org](mailto:sbrown@hospicebg.org)

**Volunteer Support Group** – last Thursday of every month @ 6pm- Frankfort Office

**Volunteer Appreciation Cookout** – Wednesday April 30, 12-3pm @ Frankfort Plant Board, Frankfort

**Spring Memorial Services for Franklin, Anderson, Owen and Woodford Counties** – Thursday May 8, 6-7:30pm @ Forks of Elkhorn Baptist Church, Midway

**Safety Awareness In-Service** – Wednesday May 14, 1-2pm @ Paul Sawyier Public Library, Frankfort

**Woodford County Spring Memorial Reunion** – Friday May 16, 5-7pm @ the Woodford County Park, Versailles

## jessamine county

Contact Amanda Hope (859) 887-2696 or  
(800) 279-0750; [ahope@hospicebg.org](mailto:ahope@hospicebg.org)

**Memories in the Garden** – Saturday, May 31. Luncheon & memorial event for people that have lost a loved one. Seating is limited. This event will be at the Hospice of the Bluegrass Memorial Garden, 109 Shannon Parkway.

## mountain community

Contact Linda Eversole (859) 439-2111 or  
(800) 560-1101 [leversole@hospicebg.org](mailto:leversole@hospicebg.org)

**14<sup>th</sup> Annual Bass Tournament** – Saturday May 17 at Grove Marina on Laurel Lake. All proceeds go to Camp Hope. (We are accepting volunteer help, fishers for tournament and donations of financial support.)

**Daniel’s Care Fun Day** – June 7. It is a day filled with fun activities for children with special health care needs. This is open to the community and we can also use volunteers the help organize and work the event.

## mountain heritage

Contact: Jeremey Clem (859) 573-6111 or  
(800) 371-6112 [jclem@hospicebg.org](mailto:jclem@hospicebg.org)

**Rapids of Life Rafting Adventure** – Saturday, May 24, a one day retreat for children dealing with grief and loss issues. Volunteers are needed be a “buddy” to a child campers for a day of whitewater rafting.

## northern kentucky

Contact Carolyn Condren (859) 441-6332 or  
(800) 200-5408; [ccondren@hospicebg.org](mailto:ccondren@hospicebg.org)

**Volunteer Journey** – Saturday, May 24, 10:30 am - noon, Florence office.

# volunteer training

## cynthiana

Contact Kelly Kendall (859) 234-6462 or  
(800) 756-6005; [kkendall@hospicebg.org](mailto:kkendall@hospicebg.org)

**Volunteer Training Scott County: Thursday, April 24.**  
9:30 am – 3:30 pm, Georgetown-Scott County Public Library.

**Volunteer Training Nicholas County: June**

**Volunteer Training Harrison County: September**

## frankfort

Contact Shellie Brown (502) 223-1744 or  
(800) 926-1302; [sbrown@hospicebg.org](mailto:sbrown@hospicebg.org)

**Volunteer Training: Friday, May 30,** 10 am – 5pm @  
Paul Sawyer Public Library, Frankfort.

## lexington & jessamine

Contact Turner West (859) 276-5344 or  
(800) 876-6005; [twest@hospicebg.org](mailto:twest@hospicebg.org)

**Volunteer Training: Friday, May 9,** 10am – 3pm at the  
Jessamine County Office.

**Volunteer Training: Friday, June 6,** 10am – 3pm at the  
Jessamine County Office.

## mountain community

Contact Linda Eversole (859) 439-2111 or  
(800) 560-1101 [leversole@hospicebg.org](mailto:leversole@hospicebg.org)

**Volunteer Training Perry County: March 27,** 10:00 am  
— 1:00 pm, HOB Office

**11<sup>th</sup> Hour: April 8,** 1:00 — 3:00 pm, HOB office

**Volunteer Training Knott County April 17,** 4:00 —  
6:30 pm, Knott Co. Extension Office

**Volunteer Training Breathitt County: May 29,** 10:00  
am — 1:00 pm, Breathitt Co. Public Library

**Volunteer Training Leslie County: June 12,** Time and  
Location TBA

## mountain heritage

Contact: Jeremy Clem (859) 573-6111 or  
(800) 371-6112 [jclem@hospicebg.org](mailto:jclem@hospicebg.org)

**Volunteer Training Harlan County: April 23** 10:00 am,  
Hospice of the Bluegrass-Mountain Heritage Office.

**Volunteer Training Harlan County: May 14** 10:00 am,  
Hospice of the Bluegrass-Mountain Heritage Office

**Volunteer Training Bell County: May**

## northern kentucky

Contact Carolyn Condren (859) 441-6332 or  
(800) 200-5408; [ccondren@hospicebg.org](mailto:ccondren@hospicebg.org).

**ALL TRAININGS WILL TAKE PLACE IN THE  
FIRST FLOOR TRAINING ROOM OF THE  
FLORENCE ADMINISTRATIVE OFFICES**

**Volunteer Training: April 30:** 9:30 am — 3:30 pm

**Volunteer Training: June 17 and 19:** 5:30 pm — 9:00  
pm

## We Need Your Help

Volunteers are invited to participate in a focus group at Hospice of the Bluegrass' Jessamine County office on April 21 from 11:30 – 12:30. The focus group, led by the local Health Department, will give you the opportunity to share your thoughts on clean indoor air ordinances and tobacco use.

This will be a small group and there no “right” or “wrong” answers. Lunch will be provided. Please call Michele at the Hospice office if you can attend at 887-2696.

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Hospice of the Bluegrass is certified by Medicare and Medicaid; and is a member of the Kentucky Hospices and Palliative Care and the National Hospice and Palliative Care Organization. The agency is accredited by the Joint Commission on Accreditation of Healthcare Organizations and complies with Equal Opportunity and Title XIV guidelines. Employment at Hospice of the Bluegrass, as well as Hospice services, are available to all qualified individuals, regardless of race, color, religion, national origin, age, sex or disability.

**Hospice of the Bluegrass**  
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