Cheer Champs was developed as a fun and safe cardiovascular workout utilizing basic cheerleading techniques combined with dance and fitness training for the purpose of exercise. Cheer Champs promotes learning all about cheer while having fun and getting fit too! Our math is simple:

Fitness

Cheerleading

Champions!

Cheer Champs after-school enrichment program offers not only a fun outlet and training for your little cheerleader, but because we also focus on fitness, your daughter will be getting in shape and staying healthy! A unique cheer and fitness program for all ages, our personal trainers will introduce basic stunting and exercises while putting it all together in a hip heartpumping cardio dance routine for our semester end Cheer Champs Showcase.

> -Cheer Champs Fee: \$ 100.00 Includes: -Cheer Champs T-Shirt - Set of CC Pom Poms

UGA Graduate and Former UGA Cheerleader Elycia Phelps is excited to work with WIA!

To register your child/ren please submit the following registration form with payment on the first day of class. Checks can be made payable to: CFG, LLC

Student Name:	Nickname:
Student Grade:	
Parent/Guardian Name:	Phone Number:
Parent Email:	

Child Shirt Size: S M L XL