

Beginner Basketball Quiz

Name _____ Date _____

Teacher _____ Class _____

True or False

Read each statement carefully. If the statement is true, write a *T* in the column to the left. If the statement is false, write an *F*. If using a grid sheet, blacken in the appropriate column for each question, making sure to use the correctly numbered line for each question and its answer.

- _____ 1. If you dribble to a stop in two steps, you are allowed to move the front foot as often as you like as long as you keep the back foot stationary.
- _____ 2. Players who are fouled while they are shooting get two foul shots if their first shot misses the basket and only one if it goes in.
- _____ 3. A layup shot is worth 2 points.
- _____ 4. When a player travels with the ball, an opponent takes the ball and puts it back in play with a pass from outside the court.
- _____ 5. Boxing out helps teams take a good rebounding position near the hoop.
- _____ 6. Meeting the dribble at shoulder height is good technique and is also legal.
- _____ 7. To play the pass-and-go strategy correctly, you should pass the ball and stay.
- _____ 8. When guarding an opponent, keep your eyes on the backboard.
- _____ 9. Stopping an opponent's pass or shot is poor sportsmanship.
- _____ 10. For the best ball control, spread out the fingers of your hands on the ball.