

BE MY VALENTINE

A SOCIAL LIFE NIGHT

BE MY VALENTINE

A Social Life Night LIFE NIGHT OUTLINE

NOTES

GOAL

The goal of this Life Night is to have a Valentine's Day social to build community and fellowship. This night will also give a brief overview of St. Valentine and the virtue of charity.

ABOUT THIS NIGHT

There's love in the air—must be Valentine's Day. This is a social Life Night to celebrate Valentine's Day. This Life Night is intentionally written to be very simple. Be sure to plan in advance and enlist help from parents and other volunteers. The Life Night begins with a brief explanation of St. Valentine and our call to the virtue of charity. The night continues with the movie *Lady and the Tramp* and a few games/activities on love. The night closes in prayer by praying for an increase of charity.

PARENTAL NOTICE

The Life Night for this week will be a simple Valentine's Day social. We will briefly discuss why we celebrate Valentine's Day and our call to the virtue of charity. We will watch the movie *Lady and the Tramp* and play a few games.

The following are a few discussion questions for home:

1. What does love mean to you?
2. Who is someone that is hard for you to love? Why?
3. How can we increase the virtue of charity at home?

ENVIRONMENT

Keep the environment for this night simple. Cut our pink and red hearts from butcher paper and place them on the walls. On some of the hearts write phrase like “be mine,” “I love you,” “UR A QT” “You Rock.” Be as creative as possible. Buy a pack of candy hearts for inspiration. For an added touch, have quotes about love from Scripture on poster board. Have a large “Happy Valentine’s Day” sign draped across the room with fishing wire. Set up a table with snacks like cookies, candy, popcorn and soda for the teens to eat. In the front of the room, have the screen set up for the movie and have comfortable seating like beanbag chairs for the teens to use during the movie.

MEDIA SUGGESTIONS

Movie: *Lady and the Tramp*

NOTES

GATHER *3 Minutes*

WELCOME AND INTRODUCTIONS (3 min)

The youth minister should gather all the teens together and welcome them to the Life Night. He/She should introduce the night and all the teens at Life Night for the first time. Take a few minutes to explain the night and a few of the games available. The game explanations can be found in the Break portion of the night.

PROCLAIM *7 Minutes*

WHY VALENTINE’S DAY?

TEACHING (10 min)

Before the night begins, start with a brief explanation of why we celebrate Valentine’s Day:

1. Why Valentine’s day?

- 1.1 Valentine’s Day is one of those holidays that most of us don’t know the origin. Who is Valentine? Why was he so crazy about romance? Did the card companies invent the holiday for sales? Why do we make such a big deal about love on one day? Why do guys spend so much money on flowers and chocolate? We all have these questions about this day. Here’s the real story about St. Valentine. In the tradition of the Church, there are numerous Christian martyrs named Valentine. We celebrate two of them on February 14th. Valentine of Rome was a priest and martyred around AD 269. Valentine of Terri was a bishop and martyred around AD 197. There is little more known about these two saints.

- 1.2 Today is a day that we celebrate love and although it can be overly cheesy, we can learn something and be challenged to pray for an increase in charity. As Christians, we are called to love one another as Christ has loved us. We are called to practice charity at all times. Today is a good day to remember the call to charity—especially towards those that are hardest to love. As we continue this night, let us ask God to increase the virtue of charity in our hearts.

BREAK *75 Minutes*

MOVIE:

LADY AND THE TRAMP (DISNEY) (75 min)

What is a Valentine’s Day without a romantic movie? *Lady and the Tramp* is a classic Disney love story that most teens will enjoy. Set up a screen and projector and play the movie during the night. Have popcorn, soda, and other Valentine’s Day candy available. Below is the USCCB movie review (usccb.org) but be sure to preview the movie as well:

Lady and the Tramp -- Walt Disney’s animated feature about a cute little cocker spaniel in a Victorian family who loses her place in the couple’s affections with the birth of their first child but who is reinstated through the efforts of a freedom-loving mongrel. The cast of lovable dog characters and some delightful songs by Peggy Lee still appeal to youngsters. (A-I) (G) (1955)

VALENTINE’S DAY GAMES (75 min)

Although many teens will watch the movie, have a few games available for the teens that are not interested in watching the movie. If possible, have these games in a different room or area as the movie as the games require a bit of noise. Make sure to have at least three Core Members to facilitate the games. Below are a few ideas for games. Feel free to create different games as well.

SING THAT SONG

Have the teens get into two groups. Explain that each group has to come up with as many songs with the word "love" in it as possible. Give the groups five minutes to come up with a list of songs. After, explain that now they will take turns and sing the line of the song that the word "love" is said. If the other group has that song on their list, they must cross it off and not use it. Keep going until one group is out of songs. The group with the most songs sung wins. Give the winning group a cheesy valentine and a bag of candy.

FAMOUS COUPLES MATCH GAME

This game works like a regular matching game. Create cards with either pictures or names of famous couples. Each card should have one person/name on the card. Lay all the cards face down on a table. The object of the game is to match the famous Hollywood couples. Use the list below as a starting point for famous couples. Try to have at least 20 matches.

- David and Victoria Beckham
- Tom Cruise and Katie Holmes
- Will Smith and Jada Pinkett-Smith
- Brad Pitt and Angelia Jolie
- Jay-Z and Beyonce
- Ashton Kutcher and Demi Moore
- Barack and Michelle Obama
- George and Laura Bush
- Heidi Montag and Spencer Pratt
- Keith Urban and Nicole Kidman
- Vanessa Hudgens and Zac Efran
- Courtney Cox and David Arquette
- Jennifer Lopez and Marc Anthony
- Justin Timberlake and Jessica Biel
- Arnold Schwarzenegger and Maria Shriver

VALENTINE'S DAY MAD LIBS

A fun and creative game for anyone is Mad Libs. Mad Libs has a "Valentines Letters" book. Search a local store to see if they carry the book. Buy a few books for the night and allow the teens to complete them. Encourage them to think outside the box but keep their answers appropriate. At the end of the night, share some of the funniest letters.

A sample Mad Lib can be found on page 47.

MAD LIB READING (5 min)

If any of the Mad Libs are worth sharing, take a few minutes to share a few that are extra funny.

CLOSING PRAYER (5 min)

Remind the teens that this day calls us to pray for an increase in the virtue of charity. Close the night by asking St. Valentine and Mary, our Mother, to pray and intercede for the teens by praying the Hail Mary and Ave Maria.

VALENTINE'S DAY MAD LIB

<http://hubpages.com/hub/Valentines-Day-Fun-Party-Madlib-Game->
Complete the following "Love Letter" by asking your friends for words to fill in the blanks. The type of word needed is in parenthesis.

Dear (ladies name) _____ my most (adjective) _____ Valentine,
You are in my (adjective) _____ thoughts every moment of the day. My (part of body) _____ skips a beat every time I think of your (adjective) _____ hair flowing down your (part of body) _____. Mere words cannot express the (adjective) _____ feelings that I have for your my darling (noun) _____."

"Valentine, you are the most (adjective) _____ lady in the world, all my friends are jealous. When you (action verb) _____ into the room everyone (action verb) _____ at you. My friend (guy name) _____ said you look like a delicate (noun) _____. My other friend (guy name) _____ said you reminded him of a (noun) _____ because of your (adjective) _____ complexion.

"Baby you have it all. Your smell is like a (noun) _____ waving in the breeze. Your lips are tender as a (noun) _____, every time we kiss I feel (plural noun) _____ in my (part of body) _____. Your (number) _____ inch waist is the envy of every lady in (Your town) _____. My sweet (noun) _____ if you ever left me I would feel like jumping in to a (noun) _____. Since you promised me your love and completely broke off your relationship with (a guys name) _____ I feel I can do what I am about to do. My sweet (noun) _____ my net worth is (number) _____ dollars so I feel I am established enough. I couldn't wait until we were together in person so just imagine me bending my (part of body) _____."

(The first name) _____, "Will You Marry Me?" "Enclosed is a velvet covered (noun) _____ with a (noun) _____ as a token of my love. I hope you say yes."

(Form of communication)" _____ me with your reply. I am making reservations to fly out to (place) _____ for our honeymoon. Go ahead and get that wedding dress at (store) _____ you have been eyeing a long time." I have already asked your dad he said, (a remark or gesture)" _____." I took that as a "yes." Just in case this is worrying you I told (girl name) _____ to "Eat your heart out I'm taken."

"Next thing you know it we'll have (number) _____ kids trailing behind us. You ought to see the (number) _____ story house I have built for us and it's your favorite color (color) _____."

"Valentine, I have to go (action verb) _____, I will see you soon."

Love your (noun) _____,
(guy name) _____